

THE ORIGINAL **SPIRIT YEARBOOK** PUBLISHED EVERY YEAR SINCE 1912



ALSO FEATURING FACTS AND FIGURES TRACING AMES H.S. HISTORY

PERSON  
ACADEM

272 PA

FACTS,  
WARDS.



## To our readers

### To Patrons

This year of the 200th birthday of our nation, SPIRIT salutes the almanac — both today's and yesterday's.

By joyously blending these two elements throughout the book we acknowledge the potent effect of the past and present in our lives and our projections into our futures.

By vivid essays and significant tidbits of information are included which resplendently portray diversified sentiments and interests of some of our students. We heartily encourage the reader to peruse this book thoroughly, where one can find *La Knutson's* opinions concerning the "typical student" (p. 52) or *Mark Eshelman's* description of his part religion plays in his active life. (p. 43)

Honest reactions of the football players to a long season is far from disheartening (p. 108) but if you wish to indulge in a little cheer, turn to p. 49 for a yarn of the gallant deeds executed by conservative students in an effort to salvage our environment.

And fashions are with us year after year. For word about C.B. talk see p. 177-176 where *Jeff Littlebe* relates his veteran affiliation with the aforementioned instrument. Did you know our honorable country allotted \$20,000 of our tax money for the study of *Polish Zlotnika pigs* (p. 226) and speaking of pigs, how many *Big Macs* do our students consume over a year's time?

Find out why being an infamous "rail" can come lonely, investigate the educational changes which jolted our fair high school this year. (p. 14-15). So you thought cheerleaders only went "ah, rah. Go team!" Well, that's hardly an accurate description. On p. 112-113 see how our squad compares to the 1950's version. Discover what to expect on a *Saturday night* within your home on p. 52 or delve into the intricacies of an *APB teacher's* lively past (p. 204). All these selections and more are guaranteed to satisfy your whim for knowledge as well as amuse and entertain you, bringing to life memoirs of your career as a high school student.

Lastly we again appraise and congratulate the almanac for its fastidious publications since 1792 and the boundless contributive information secured within its pages designed to implement survival of many and soften some of life's harder blows with tasteful humor throughout the past and in the years to come.



# SPIRIT







IT SALUTES THE ALMANAC



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“Love blows the Trumpet  
of Fame!”

**THAT’S SO!  
AND THUS THE BLAST!**

Ames Senior High  
1976

Spirit Almanac

Ames, Iowa 50010

Volume 64

August, 1975-May, 1976

concepts, design, and coverage by  
the Spirit Staff  
printed by Josten’s American Year-  
book Co.



pages 6-105

Automobile mechanics, gramophones  
emit flowing rhapsodies, gardeners,  
lackadaisical teens and articulate  
compositionalists, excursions delivering  
groceries for \$1 a day, uniforms and  
styles, socials and commencement  
terminate the quarter.

## FEATURES

F

pages 106-151

Reportage of competitive contests on all grade  
and ability levels inclusive of outcome, rosters,  
portraits and snapshots and accounts plus  
leisure pastimes.

## SPORTS

S

pages 152-215

Frank snapshots of matriculates, intimate looks  
into the private thoughts of various pupils,  
candid comments and portraits of schoolmasters  
and marmes.

## PEOPLE

P

pages 216-251

With appropriate dignity, some puff and  
ballyhoo, the advertising section runs the gamut  
from haberdasheries to purveyors of culinary  
delights plus a listing of financial contributors.

## ADS

A

pages 252-267

Registry of accolades, rosters of dramatic  
performances, student parliament, gazette,  
senior grade accomplishments, and a common  
catalogue of matriculants, schoolmasters,  
schoolmistresses, alliances, and subjects.

## INDEX

I



# F

## Features

pages 6-105

Grease monkeys, the best in stereophonic sound, nurturing a greenhouse as a hobby, senioritis and term papers, transcontinental expeditions to France and Spain, denims and jap-flaps, junior-senior prom and graduation to top off the year.

# S

## Sports

pages 106-151

Varsity, junior varsity, and sophomore, male and female team sports, coverage including complete candids, and reports plus seasonal recreation.

# P

## People

pages 152-215

Photos of all classes, comprehensive interviews of randomly selected students, candids, and a complete picture, interview section on the faculty and administration.

# A

## Ads

pages 216-251

Advertisements for community businesses, industries, and services and a list of financial sponsors complete the section.

# I

## Index

pages 252-267

Complete listing of awards, student council membership, play casts, WEB, senior class credits and a general index of students, staff, organizations and courses.







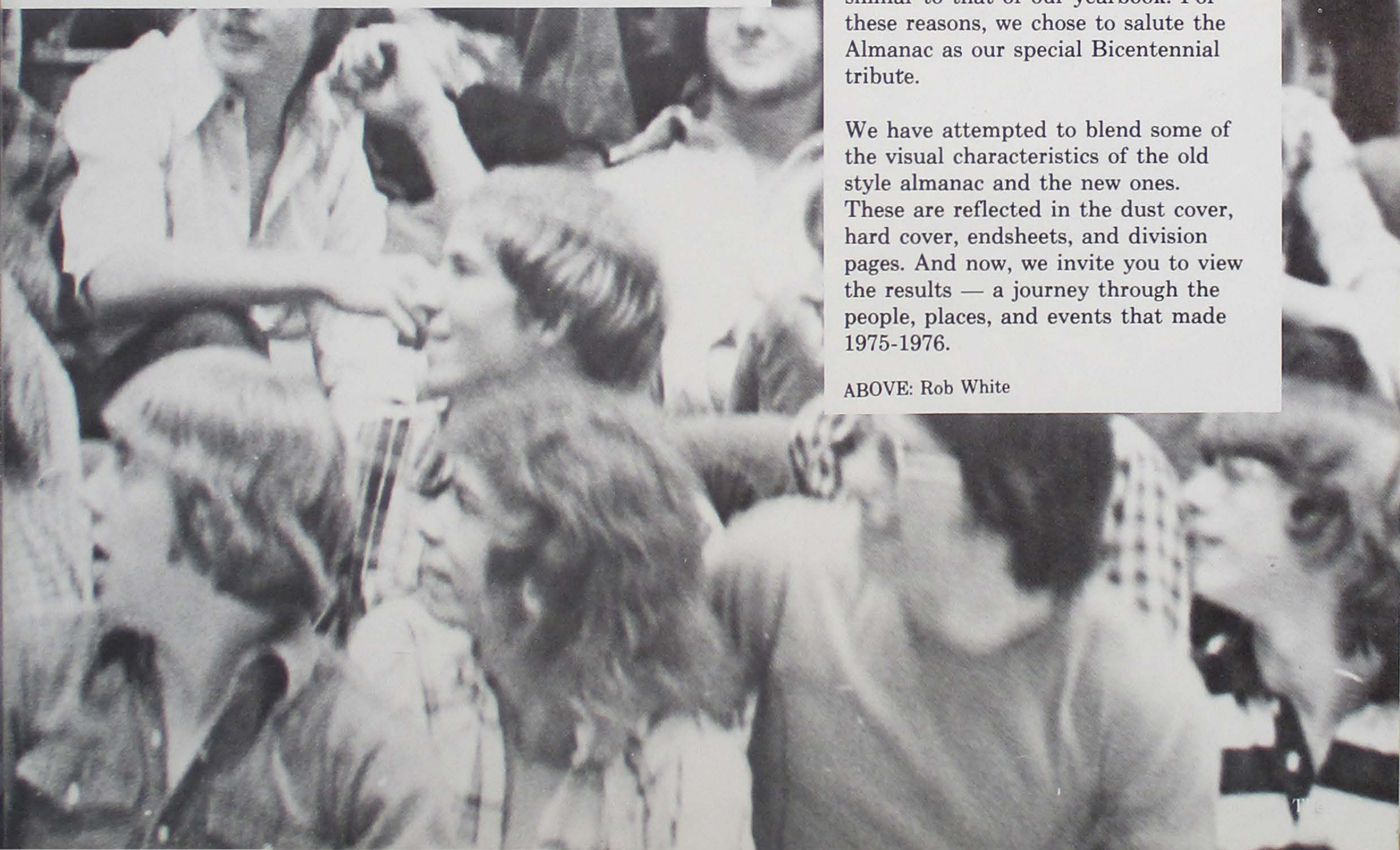


If you were hoping the 1976 SPIRIT would commemorate the Bicentennial with a red, white and blue cover, a pop-out flag and a genuine autograph of John Hancock, you will be disappointed. The Bicentennial has become a Buy-Centennial binge for too many Ames residents who have purchased Snoopy "Spirit of 76" bumperstickers, and considered that their tribute to our nation. The SPIRIT staff rejected such crass commercialism in favor of a less pretentious commemoration to our heritage.

The FARMER'S ALMANAC, in publication for 184 years, remains a part of our folk culture, and its contemporary competitors are a great aid in our education. In addition, the content and purpose of an almanac is similar to that of our yearbook. For these reasons, we chose to salute the Almanac as our special Bicentennial tribute.

We have attempted to blend some of the visual characteristics of the old style almanac and the new ones. These are reflected in the dust cover, hard cover, endsheets, and division pages. And now, we invite you to view the results — a journey through the people, places, and events that made 1975-1976.

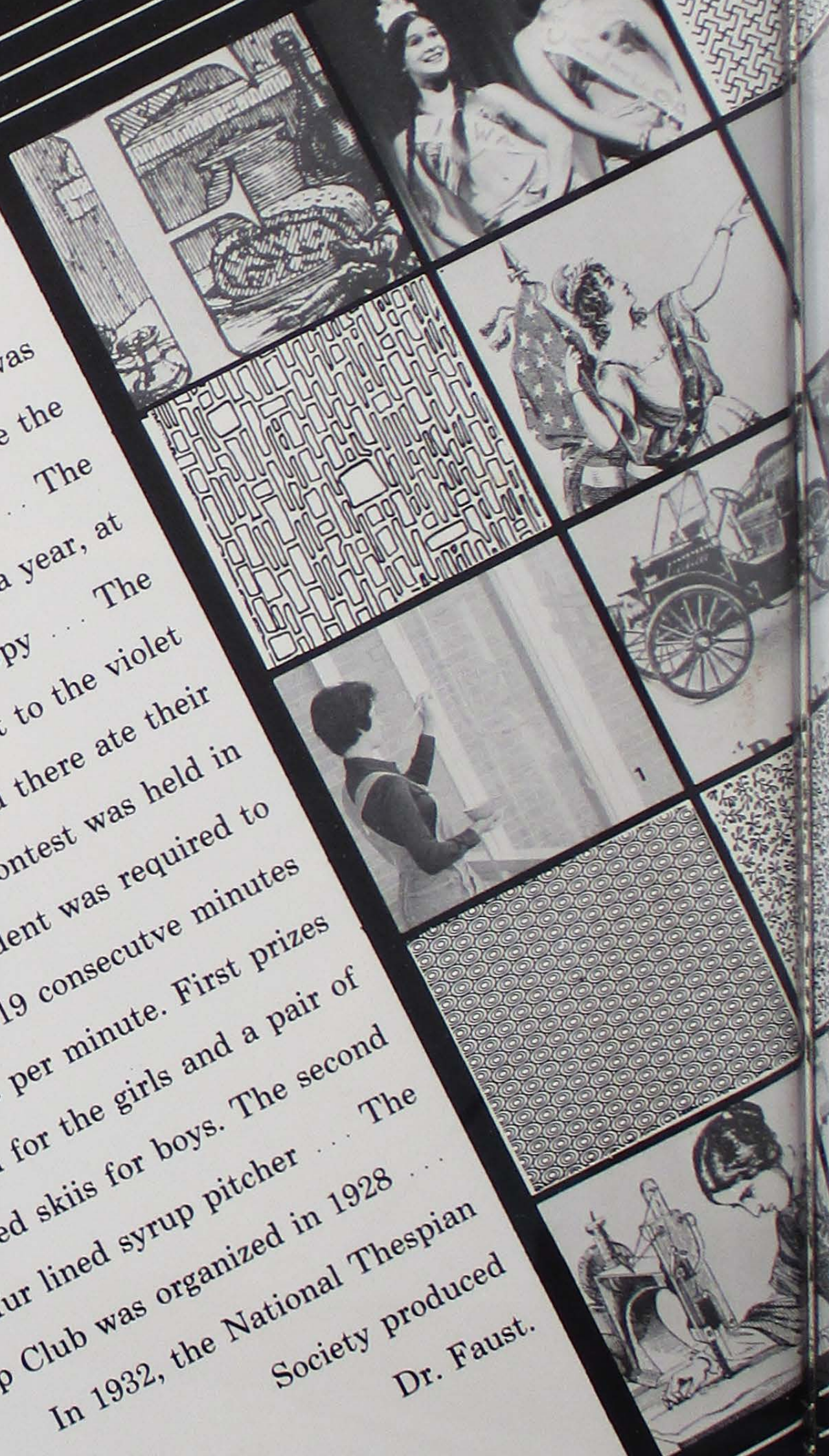
ABOVE: Rob White





# Features

The senior class flower of 1912 was the yellow rose . . . Sailor suits were the height of fashion for girls in 1912 . . . The 1912 Spirit was published four times a year, at 30¢ per year, or 15¢ per copy . . . The Ahwenhatagi Camp Fire Girls hiked out to the violet patch May 13, 1921, and there ate their suppers . . . A gum chewing contest was held in April, 1924. To enter, a student was required to chew 10 sticks of gum at a time for 19 consecutive minutes at a rate of 100 chews per minute. First prizes consisted of a wax flat iron for the girls and a pair of felt lined skis for boys. The second prize was fur lined syrup pitcher . . . The first Pep Club was organized in 1928 . . . In 1932, the National Thespian Society produced Dr. Faust.





Graduation in 1932

was held June 10. School

began the following year

on September 18 . . . The cost to publish

the Spirit in 1934 was \$852. In 1975, the

cost exceeded \$10,000 . . . The 29th

Annual Friendship Week at Ames High was held in

January of 1937 . . . The senior picnic of 1939

was held at the YMCA camp in Boone . . . One of the

accomplishments in 1945 was the addition to

the record books of a 49 second fire drill in

which five seconds were slashed

from the old time . . . 1945 was the first

year for AHS to have a Spirit Sweetheart.

The election received great

approval from the student body.

1. Rimma Abian. 2. Barb Sibley. Sarah  
Campbell. 3. Bill Riley, Russell Pounds. 4. Paul  
Hempe, Brian Runge, Tom Rockwell. 5. Steve  
Buchele, Marilyn Dunham.

# FEATURES

**THE KODAK CAMERA**

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Surveying and Mapping; Electrical or Mechanical Engineering; Refrigeration; Locomotive Steam Engineering; Marine or Gas Engineering; Shipbuilding; Ship Repairing; Welding or Brazing; Welding or Brazing; Metal, Coal or Mechanical Drawing; Architectural Drafting; Mechanical Design; Prospecting; Metal Machine Design; Metal Machine Design; Metal Machine Design.

**GUARANTEED SUCCESS**

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# OVERFLOW

'If I had a car I'd drive it which is too bad because too many people drive alone in their own cars now.'

**T**ransportation became an increased necessity for students. Many relied on the family car or their own. "I've become really dependent upon using my parent's second car. I'd never be able to keep up with my tight schedule without it," explained Ann Swan.

The growing number of cars became evident when so many drove to school that even the overflow lot overflowed into 20th Street, over the curbs and onto every available patch of grass.

Some privileged few were allowed to park in the chuckhole-riddled north lot with a special permit. Another overflow poured over at the bike racks every day when weather permitted pedaling and even sometimes when it didn't.

The irreplaceable school bus was a regular mode of transportation for many students. Laury Goll said of riding the bus, "I ride the bus home, but when the weather permits, I'd rather run the six miles home instead." Of the crowded parking

conditions, she added, "If I had a car I'd drive it which is too bad because too many people drive alone in their own cars now."

A new method of transportation provided salvation for a few carless students. For 75 cents and about an hour's wait, you could be chauffeured anywhere in town by the new minibus service, Cy-ride. So with more drivers and Cy-ride, "getting there" became less of a hassle.



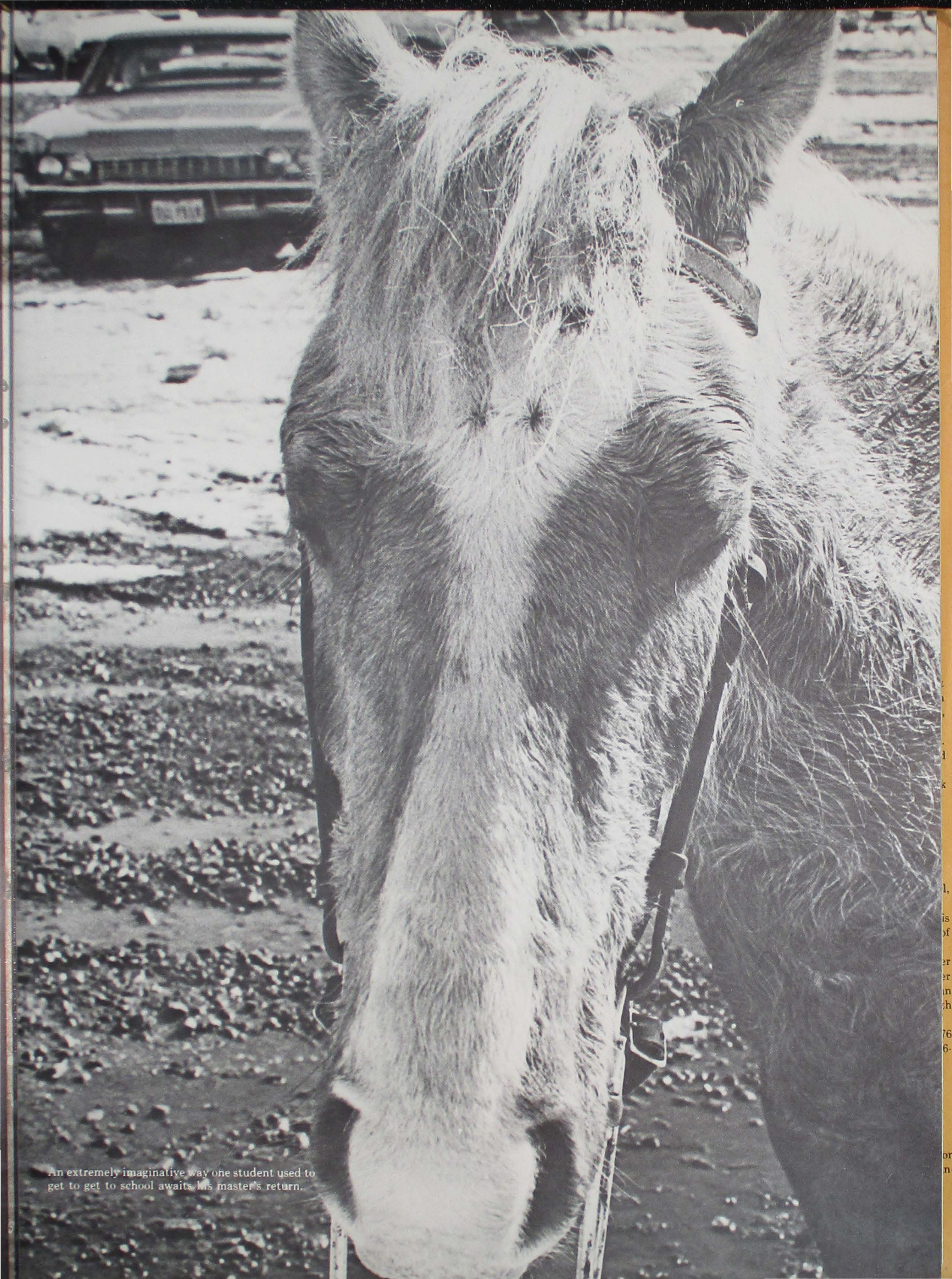
Parked cars crowd every available space of the school from buses, cars, and walking.



A group of students arrives at school from buses, cars, and walking.







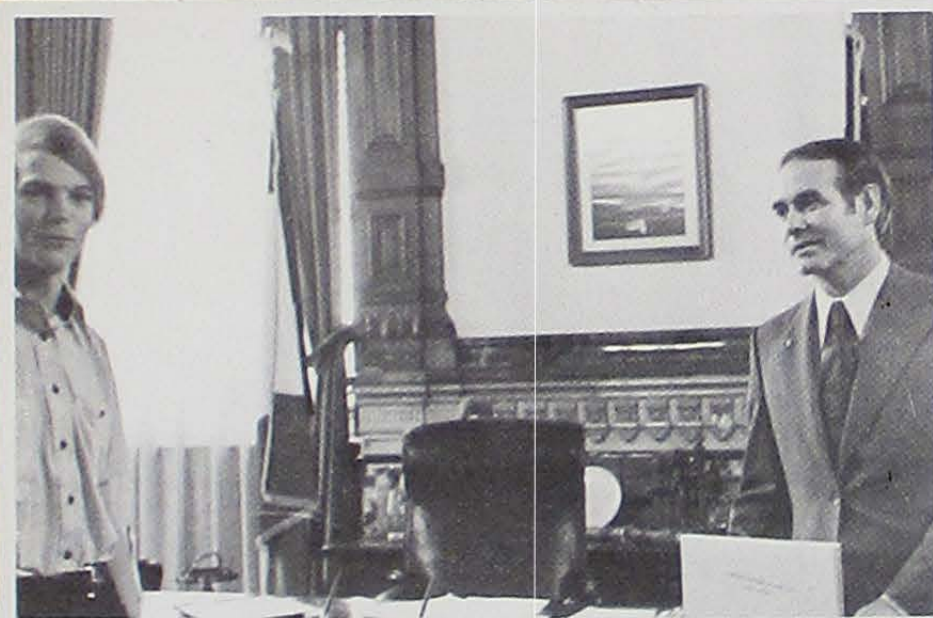
An extremely imaginative way one student used to get to get to school awaits his master's return.



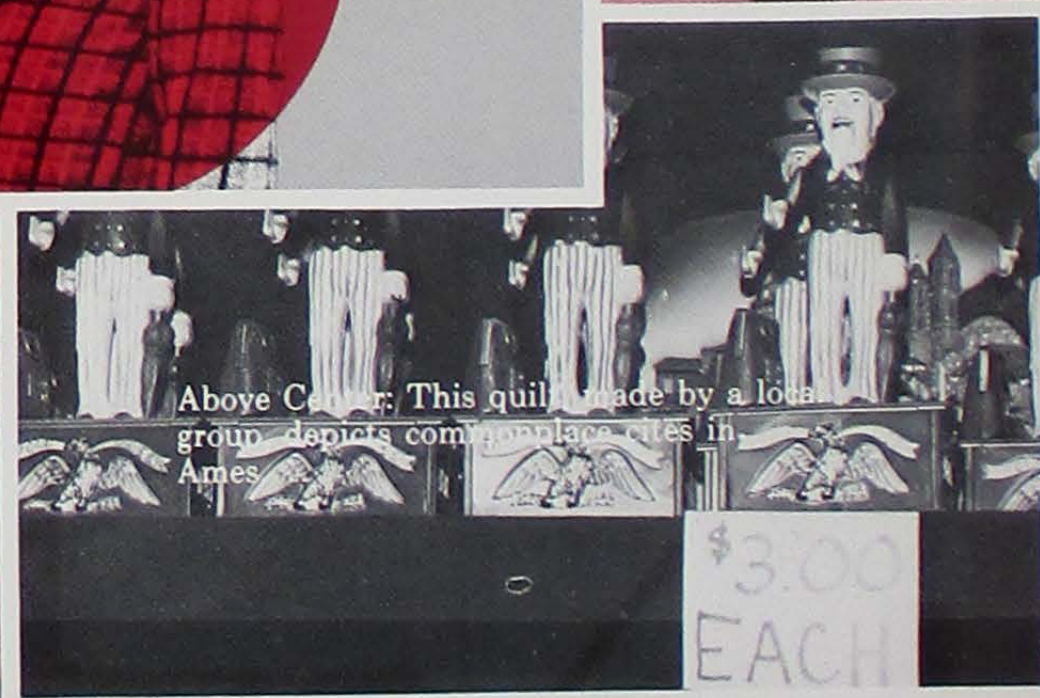
# Celebrate?



"Kids just don't seem to get the full impact."



Above Left: As at all Ames public schools, a special flag is flown each day. Above Center: Karen Willham, Steve Huston, Owen Herrnsstadt and Julie Carey, student representatives, meet to discuss upcoming events. Above Right: Items as this bank, have become essential souvenirs. Lower Left: Mark Fredrickson, choir representative, presents the first copy of their album to Governor Robert D. Ray. Below Center: An elementary school child solemnly pledges allegiance to his country. Below Right: Decked out in Bicentennial finery, Julie Gilman and Julie Herrick flaunt yet another example of commercialism.



Above Center: This quilt made by a local group depicts commonplace cities in Ames

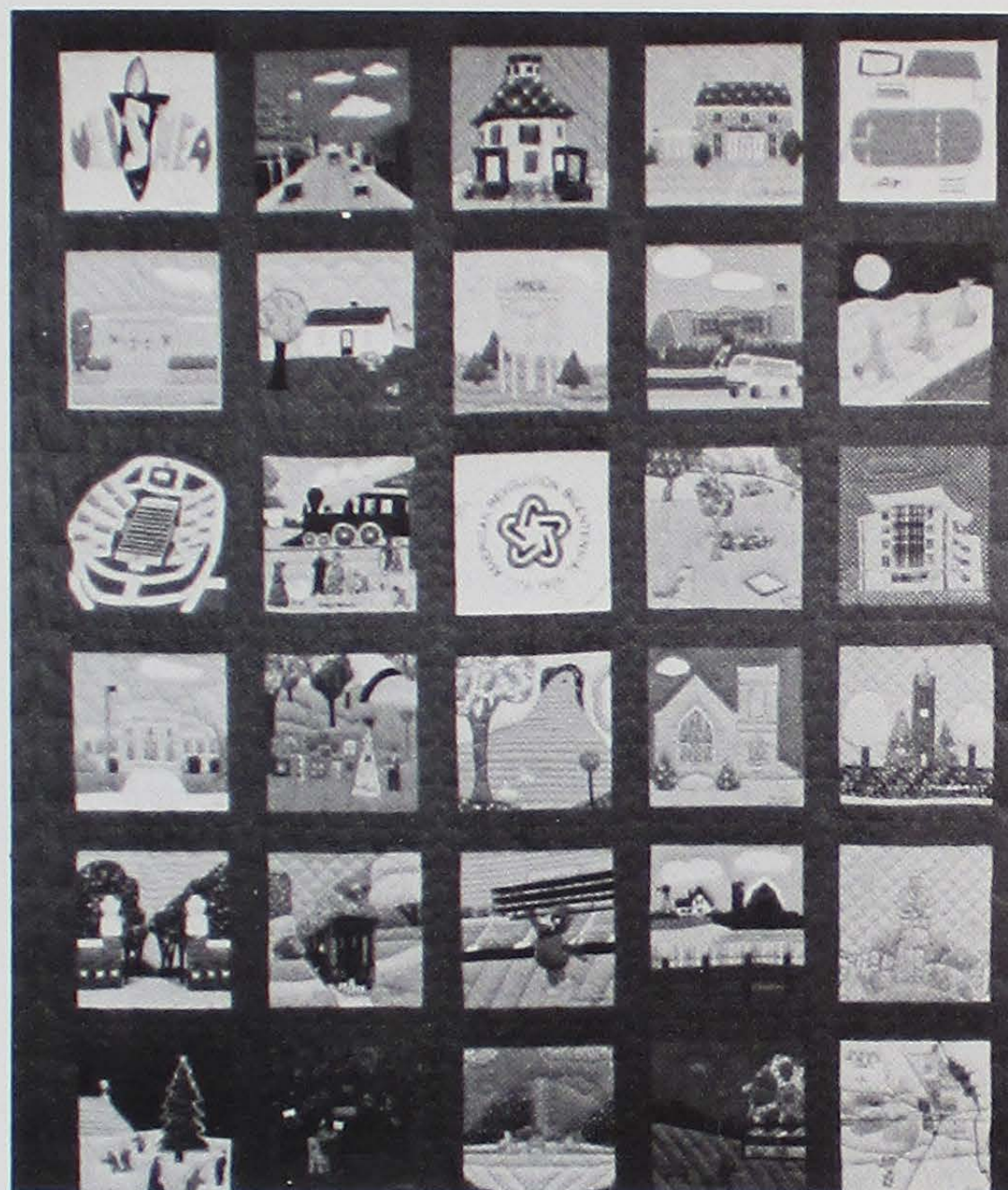


Seventy-six emerged as a heyday for historians who basked in the limelight of public attention, gloating over secretive stockpiles of information, and juicy tidbits of historical controversy concerning Ben Franklin's sex life. We've seen brides abandon the traditional and turn to the red, white and blue for their processional array, while store owners cashed in on a universal, unseasonal theme, and thousands trek to the East, righteously paying homage to marble monuments and grassy battlefields. Squalling babes are commemoratively christened "George" or "Martha", whichever may be the case, and even vanilla ice cream has been outmoded with red, white and blueberry serving as a contemporary successor. We've found ourselves surrounded by thematic unification, tossed into a tumult of "burning" patriotism and reverent tribute, but has AHS's reaction been one of celebration or rejection? Ames High had an early start two years ago, complying with a request to supply student members to the soon-to-be-meshed Ames Bicentennial Commission. A special flag also displayed occasionally, as it was at most Ames public schools. But, within, there were no evident signs of patriotic regard, no halls or rooms revamped in accordance with the red, white and blue trend. For many

students the idea of celebration was sadly subverted by the overpowering intrusion of commercialism. It became apparent to many, that the Bicentennial was concocted solely for the purpose of making a quick buck.

Owen Herrnsstadt, a member of the

Julie Gilman echoed this response commenting, "I've noticed the Bicentennial means a lot more to older people than younger. They are very conscious of the various projects underway in the community, for example. Kids just don't seem to get the full impact."



Bicentennial Commission, reverberated this attitude saying, "The Bicentennial is great and we have reason to be proud of our nation, but we shouldn't have to wait 200 years to feel this pride. A nation such as ours should be insulted by the exploitation of commercialization."

One admirable exception was the colossal project undertaken by the choir, band and orchestra. In their undying efforts to obtain a grand piano they decided to produce an album consisting of Bicentennial selections. After endless hours of rehearsal and apprehension, their masterpiece was completed. Encouraged by favorable reactions, they ordered 2,000 copies originally for door-to-door sales and proceeded with a robust campaign. But even this project had ulterior motives — it's primary objective was to raise money, not arouse loyalist sentiments or provoke a flag-waving revival.

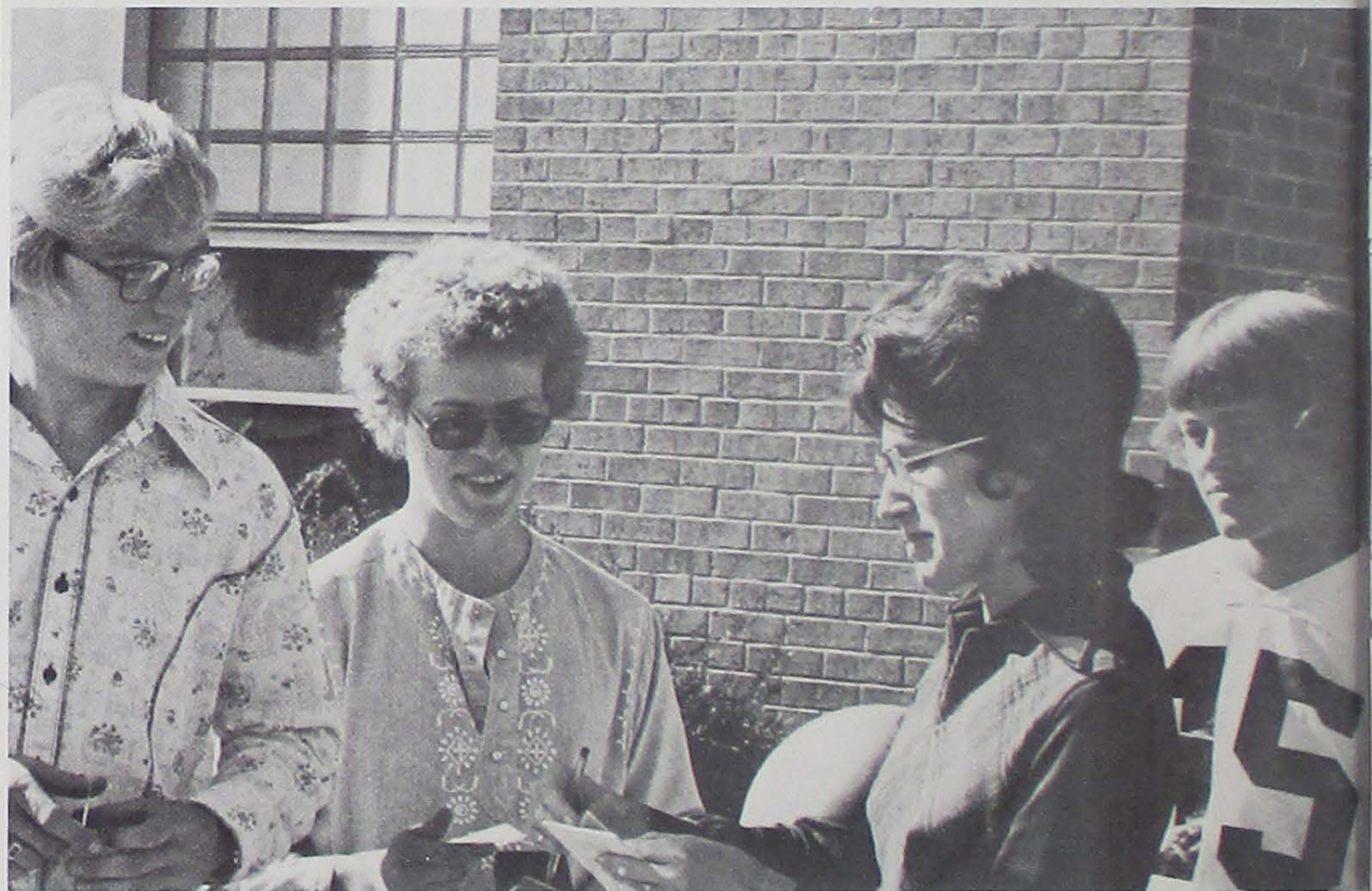
Perhaps our nonchallant regard for the Bicentennial is actually a positive

consequence, reflecting an undiverted concentration upon the future — a future which capriciously holds our unpredictable dreams and yet another inevitable centennial celebration.



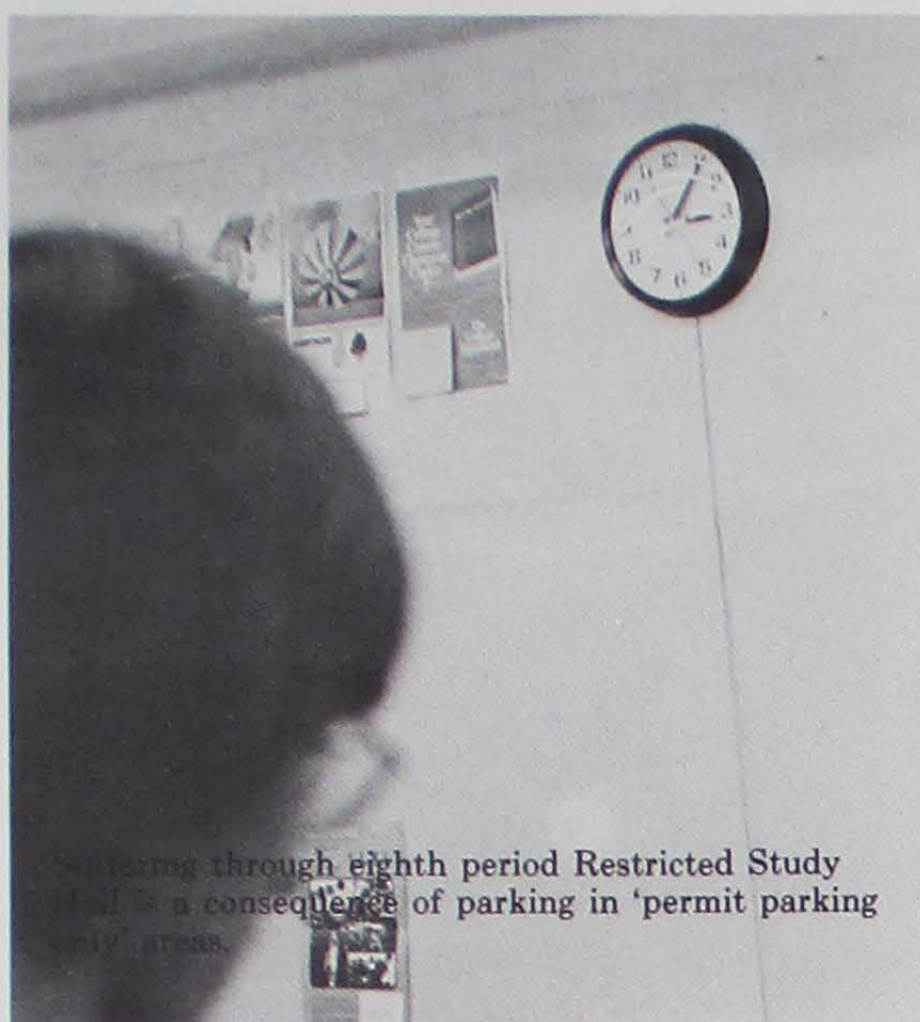


Above: As he keeps a careful lookout, Dan McCullough, senior, demonstrates the art of getting off the rail just in time. Right: Checking for open campus passes, Mrs. Alvord stops seniors Jon Crawford, Mitch Johnson and Frank Brady.





PERMIT  
PARKING  
ONLY



Entering through eighth period Restricted Study Hall is a consequence of parking in 'permit parking only' areas.

# Changes

'Furniture that was made to sit on has seats.'

III **R**ail-sitting' became 'rail-hopping' as reinforced rules lined with new ones make the year look like it might get the students down.

Although the new measures of discipline ranged from academic requirements to changes to rules concerning tardies, the most disputed was the controversy over the rail. Assistant Principal William R. explained, "The rail was installed as a safety device to keep people from falling. Sitting on the rail is not only breaking it, but interrupting the flow of traffic. Besides, furniture that was made to sit on has seats." Looking at the hodge-podge of wheels over curbs and cars squeezed into very tight spots, it was evident that finding the right parking place was a problem. Students were not

allowed to park in 'permit parking only' areas which included the southernmost row of the main lot, the north lot and the Fine Arts Wing lot. The unfortunate who illegally parked were almost certain to find a ticket issued by the assistant principals entitling them to a few days in Restricted Study Hall, (which could now include eighth period.)

Students found that they really needed open campus and open lunch passes to leave: an insistent Barbara Alvord checked them. "It's almost impossible for sophomores to go out to lunch now!" lamented Jaye McMasters, sophomore.

Working around an ominous amount of new do's and don't's, students learned to adapt to the changes.

Date 10/10 1975  
License No. GLA-000  
Nature of Violation no permit  
Report to:  
VICE PRINCIPAL'S Office  
Before 8:00 A.M. Tomorrow  
Q-89089

PARKING VIOLATION  
Ames High School

Date 10/10 1975  
License No. GLA-000  
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Nature of Violation no permit



# Basics

'Given this community . . . I surely don't see as much individualism as I would've expected.'

"I think high school should be an opportunity to taste from a cafeteria of many things," said Richard White. "The people who are eating all salads, or all desserts are missing exposure to a number of things." Whatever a high school education should be, it has caused controversy between advocates of the traditional education and career or work programs. Several teachers expressed their concerns about where emphasis on education should be placed.

"It seems to me there are some people who believe that the experiences a student has outside the classroom are very important to a student's all-around education.

It happens that I think a student's first obligation is to expose himself or herself to as many possible areas of learning as he can during the time he is in high school, because you have that time only once in your



Dick Byers

whole life. I guess I am accused of being too strong on academics, but it reflects my background," commented Robin Murray.

"I think we do an excellent job of college preparation, and an adequate job on the vocational level. I sometimes question what we are doing for kids who are out of here and walking on to a job," said Jerry Dunn. "I think there is a real fine balance here as far as math, science, social sciences and language arts. I like the way the curriculum is set up. I feel it's geared towards those who are academically talented and going to go on to some higher form of education. I don't think I've known very many kids, including myself, who knew what they were really going to do when they get out of school. It

"I sometimes question what we are doing for kids who are walking out of here and walking onto a job." Jerry Dunn.

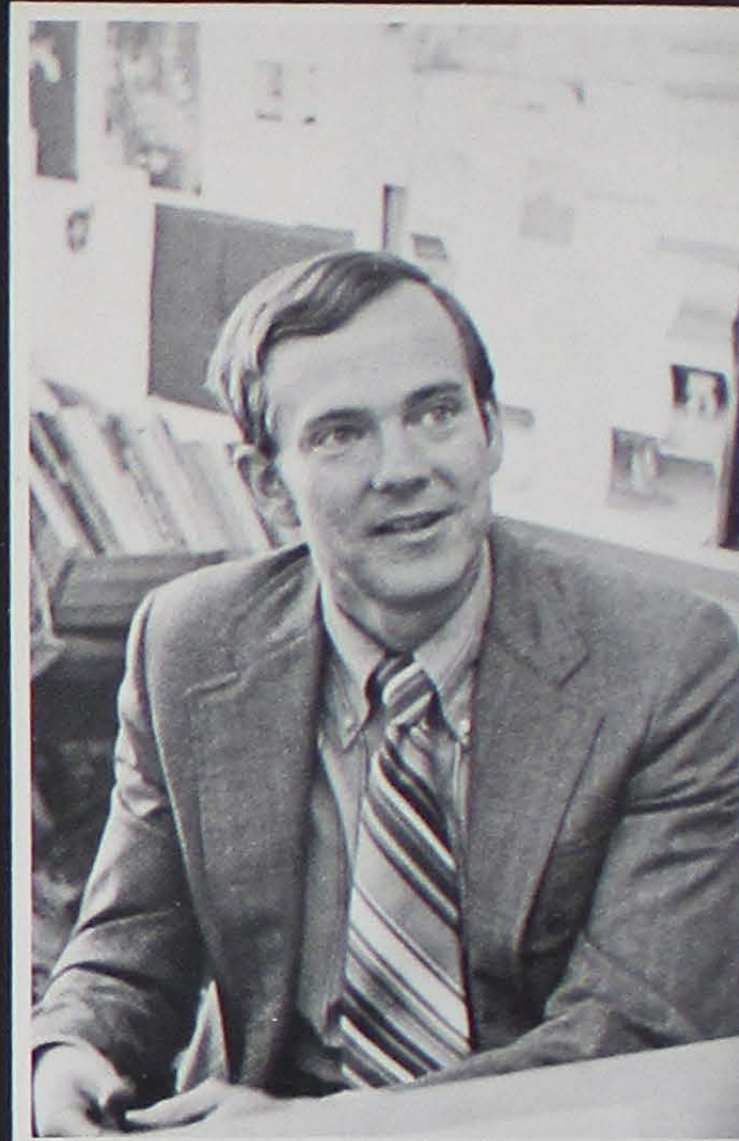
always seemed to me that the broader your education, the better chances you have. Case in point . . . myself. My high school was a very broad type of high school. I have done probably 10 to 15 different kinds of jobs before I finally became a teacher," Dunn added. "I had no idea what I was going to do and I think that the background I got in high school has helped me to

be versatile."

Sally Mason thinks that how well an Ames High School education prepares a student for his later life "depends on how well the student is motivated, either by his own drives, or by the teachers he or she has.

The education is here if the student wants it."

"I think the compelling thing is



Richard White

that we help each student become himself, and maximize his individual opportunities and not worry so much about judging the whole group," added White.

"I think there is sort of a problem at Ames High School in that we give students the feeling, living in this community, hey!, you are expected to go to college if you are at least average."

Iowa State University, being located in Ames, has influence over students, and over teachers' ideas of what their students are apt to be like.

"Given this community, and the kind of people who are here, I surely don't see as much individualism as I would have



expected," said Murray. "It depends on the individual student, but I think more students are capable of absorbing and becoming involved in more

"I think more students are capable of absorbing and becoming involved in more areas than they are,"  
Robin Murray.

areas than they are."

White noted a different attitude in the AHS student, that he found "refreshing. Student are willing to let their hair down and try something new. I find them



Jerry Dunn

ready to try new things and new approaches."

Even though career and vocational training programs are offered, some teachers found their students' jobs a hinderance to their classroom performance. "I've had quite a number of students who've said they didn't get their homework done because



Robin Murray

they had to work. I think students' working has had a tremendous effect on what students are willing to do in terms of preparation," Murray commented. "Many students pay a penalty for the economic advantage of a job," agreed White.

Dick Byers didn't think of jobs as a deterrent. "I haven't found

"... give students the feeling, living in this community, hey!, you are expected to go to college if you are at least average,"  
Richard White.

jobs a conflict with my students' output. Even though they aren't always available after school to make up tests, etc. we always get things worked out."

"Ames High is a super place to go to school," Mason exclaimed. "The kids (and I'm not cutting

down kids or anything ... you can't blame them) really don't know how good they have it. The

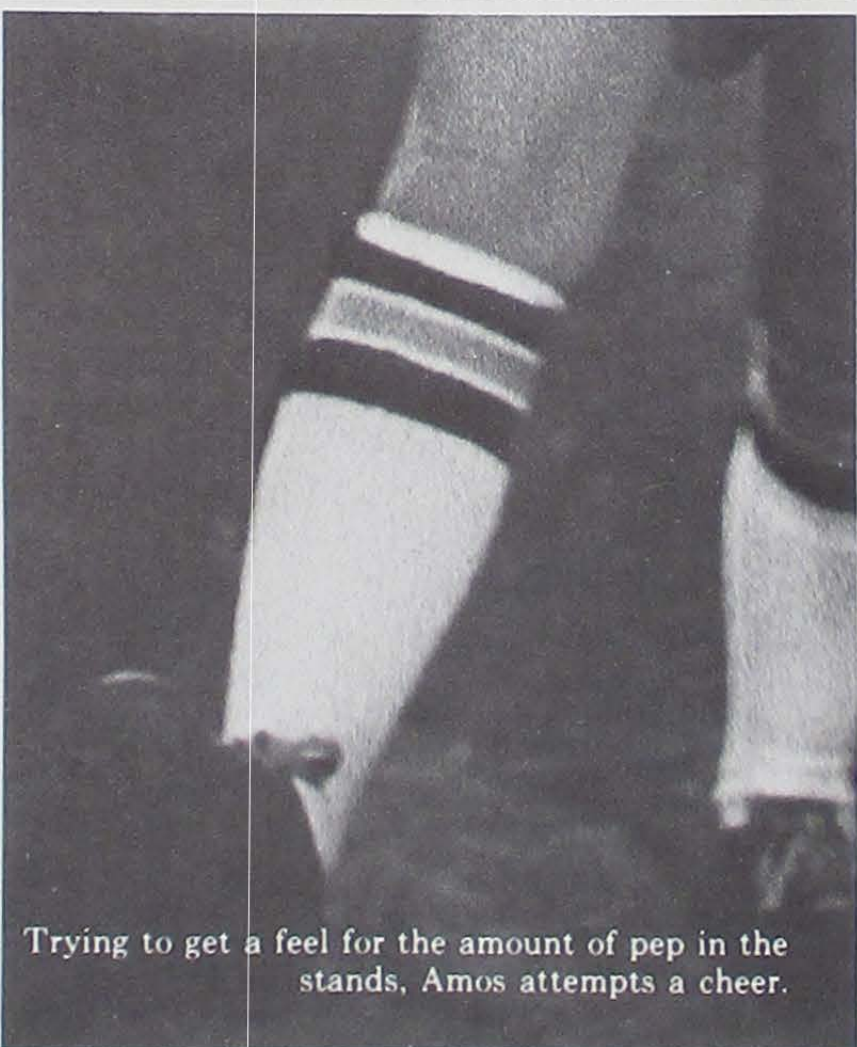
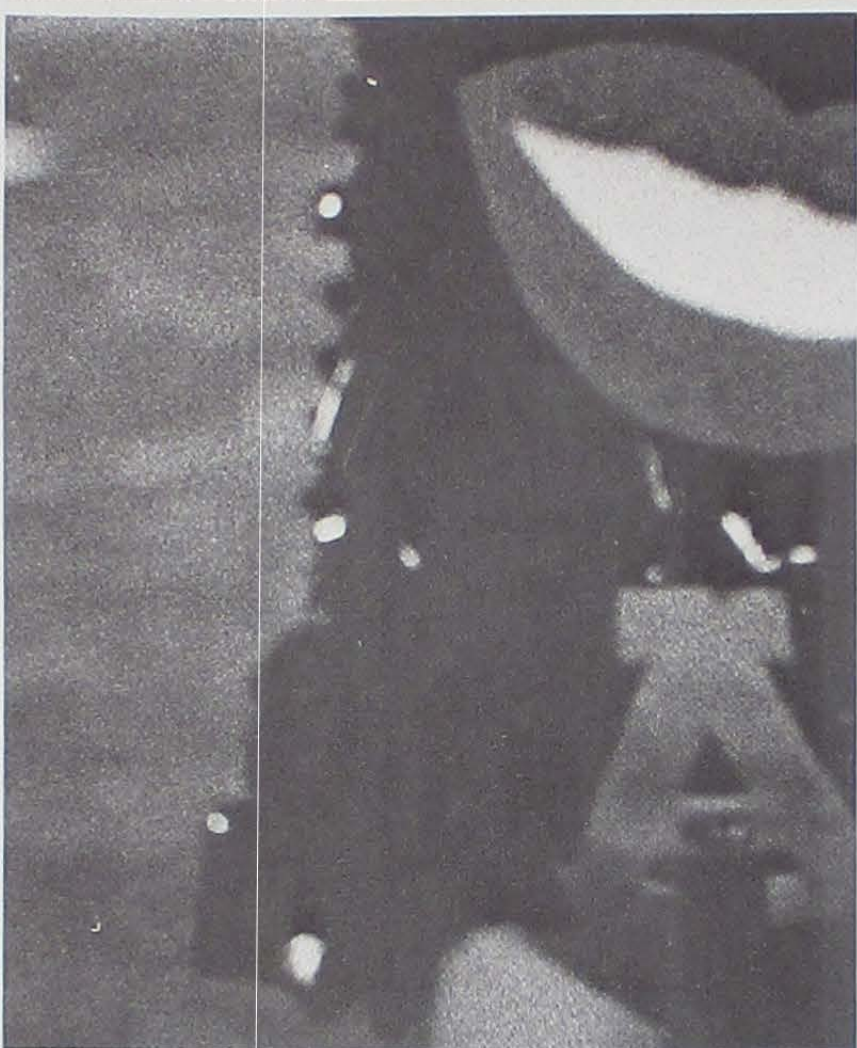
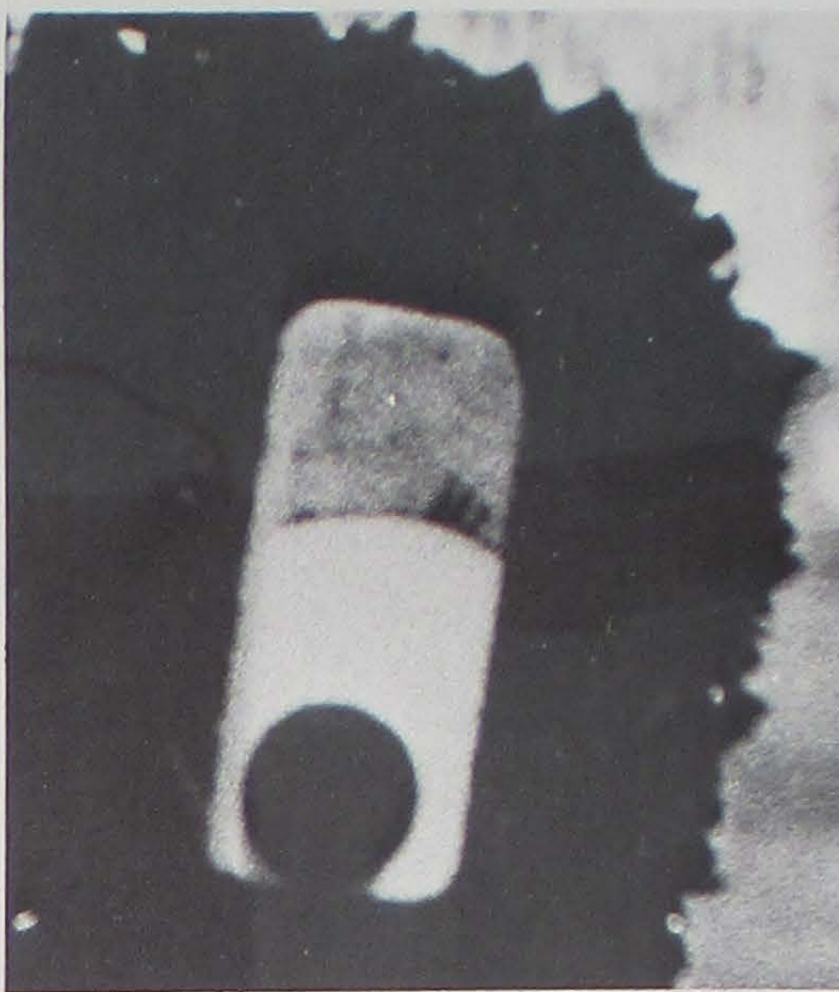
"The education is here if the student wants it," Sally Mason.

problems that many other school systems have, we don't have here."

Sally Mason







Trying to get a feel for the amount of pep in the stands, Amos attempts a cheer.





# Support

'I feel pep should be a voluntary thing.'

**A**nnouncement: There will be an all school pep assembly third period in the gym. It is not required.

Pep started in the assemblies, but expanded into other activities. The support of interested students brought back the pep that had faded away. Pep Club was organized and put into a new dimension after being pushed aside last year. Members took basic activities of a pep club and added their own individual touches. Their goal was to get spirit moving throughout the student body.

Spirited colors of orange and black not only covered the school, but extended to downtown and North Grand stores. Students also displayed the colors at the

Homecoming game. A cannon sounded for the first time at Ames High after each touchdown during the Homecoming game. All supplies and the cannon were paid for by money raised from Pep Club cake sales.

Ideas came freely from members. There were no required attendances and all participation was voluntary. Chris Catus felt this was one reason the display of enthusiasm from the members held throughout the year. "It was made possible because people did volunteer. I feel pep should be a volunteer thing."

Brought back from near extinction was the school mascot. Cheering along with the students was Amos, a black cyclone worn by Sheri George. Senior Kim Bailey summed up the idea behind Amos. "People are supporting the team and Amos is a way of giving this support."

Lynn Freeman, president of Pep Club, thinks spirit will continue. "I think we will always have pep activities. There's enough spirit so it won't die out!"



Above: Lisa Johnson shows her talent by painting windows in downtown Ames. Center Above: Tantalized by the array of food, Kary Bahr treats herself to some of Pep Club's goodies. Center Below: Newly recruited supporter, foreign exchange student Maria Flores discovers the uncertainties of a football game.



# SHOWDOWN!



n your mark, get set go! Off at the gun, plunging into a flurry of activities.

Homecoming spirit was motivated by the theme, "Headed for a showdown." Pieces of the wild west popped up throughout the building. In the hall, a huge boot hung, decorated with the week's schedule of events. As Lynn Freeman, junior commented, "Homecoming was a week of events that took a lot more than a week's work but it was worth it." Homecoming provided festivities for some and memories for all.

Some of these memories might be: — topping the car's antenna with a 25 cent AHS pennant.  
— becoming an overnight mum salesman.

- dressing up like a clown for half time game entertainment.
- jumping at the boom of the Homecoming cannon.
- decorating a car like a hearse.
- belting out an enthusiastic round of "Hackman's Song" at the bonfire.
- voting for Minnie Mouse as the new Homecoming queen.
- bestowing toilet paper upon the front lawns of football players.
- missing the Homecoming dance again for a Saturday morning track meet.
- anxiously awaiting the return of Monday morning and a normal, uninterrupted week.
- headin' for a showdown!

These are all ways of celebrating the spirit of alumni and the competition called Homecoming.

'Homecoming — a lot of work, but worth it'







Top: Senior Dave Wedin kindles the bonfire with his music. Center: Cyclones fight hard against Fort Dodge but lose their Homecoming game; 14-7. Above Left: Queen Sue Ricketts presides over her court. From Left are; Dave Crawford, Connie Birdsall, Brian Jenkins, Candy Block, Mark Eshelman, Sue Ricketts, Jeff Owings, Jody Dunlap, Matt Burgason, and Sharee Tschetter. Above: Sophomores Kelly Smay and Patty Vandermaaten paint the school. Far Left: Howard Cosell (Owen Herrnstadt) interviews Charla Cheerleader (Mitch Delaney) in the cross country skit at the kick off assembly. Left: Couples move to the music of Benson.





# SMILES

'They love the attention and they need it'

**O**ver 100 students took time from their class schedules to become involved in the Ames High Volunteer Service. They combined their interests in such things as the environment, teaching and swimming, to make the program successful.

Out of the 16 programs set up by a student committee of seven and sponsor Dale Tramp, the Elementary Volunteer Service (EVS) held the most interest. Students volunteering for EVS were able to suggest what school, teacher and course they wanted to help with. Peggy Newell chose to assist with Home Economics at Central Jr. High.

"I'm interested in Home Ec and

helping at Central have me a good idea of how the kids would act." At the elementary level, Marc Drexler tutored at Fellows. "I like working with children. I remember what it was like in grade school working ahead in math until there was nothing to do. Now I can give them a chance to learn more and continue."

Volunteers feel their teaching is beneficial to both they and those that they help. "I think the kids can relate to me better than the teacher," said Newell.

"They love extra attention," said Rita Millegan, "and they need it." After working with EVS for two years, Lynn Baker, a member of the committee, believes some people have the wrong idea about EVS. "People think volunteers just put up bulletin boards, but they should see the smiles ..."

Project ECO brought volunteers and students together, learning more about the environment from each other.

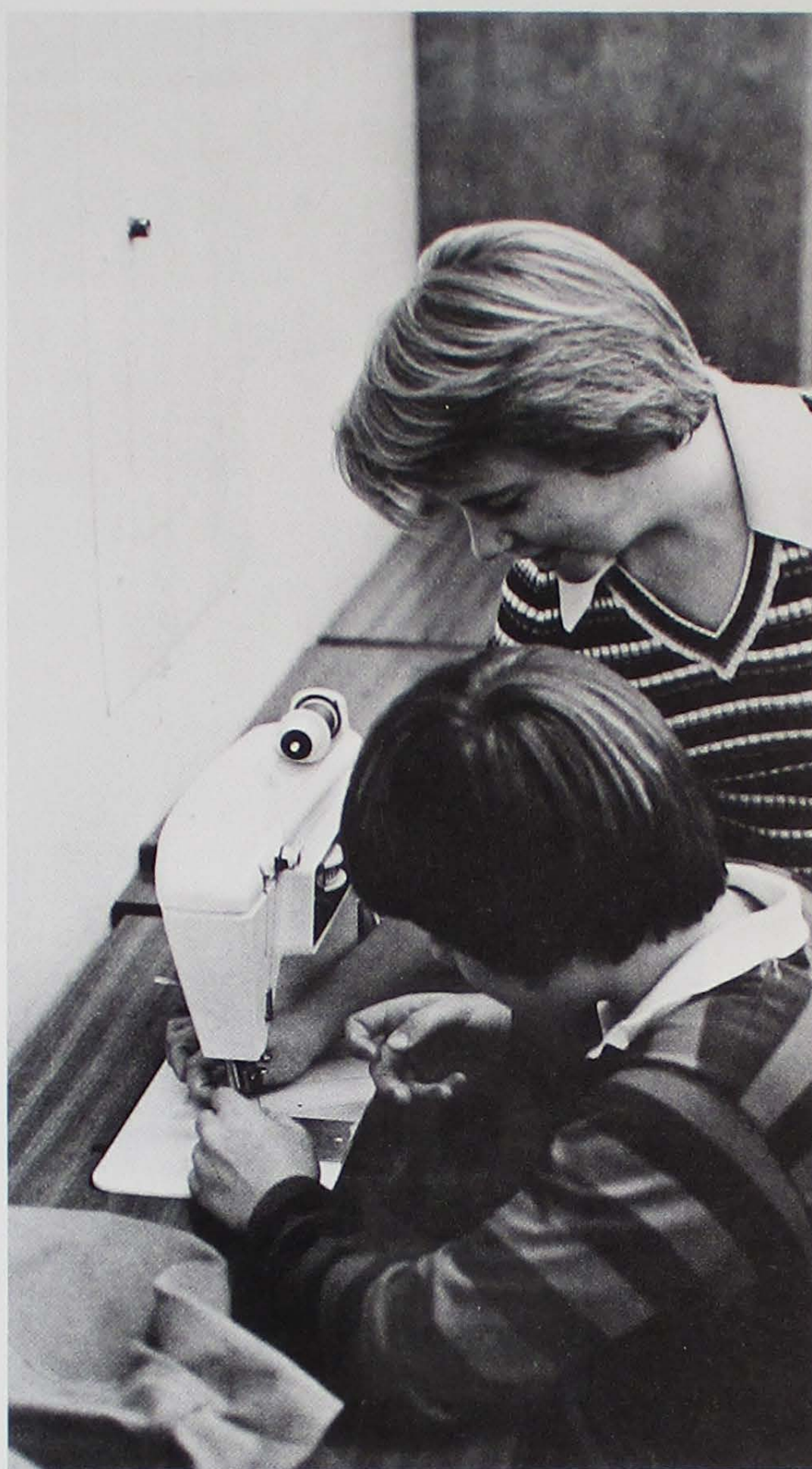
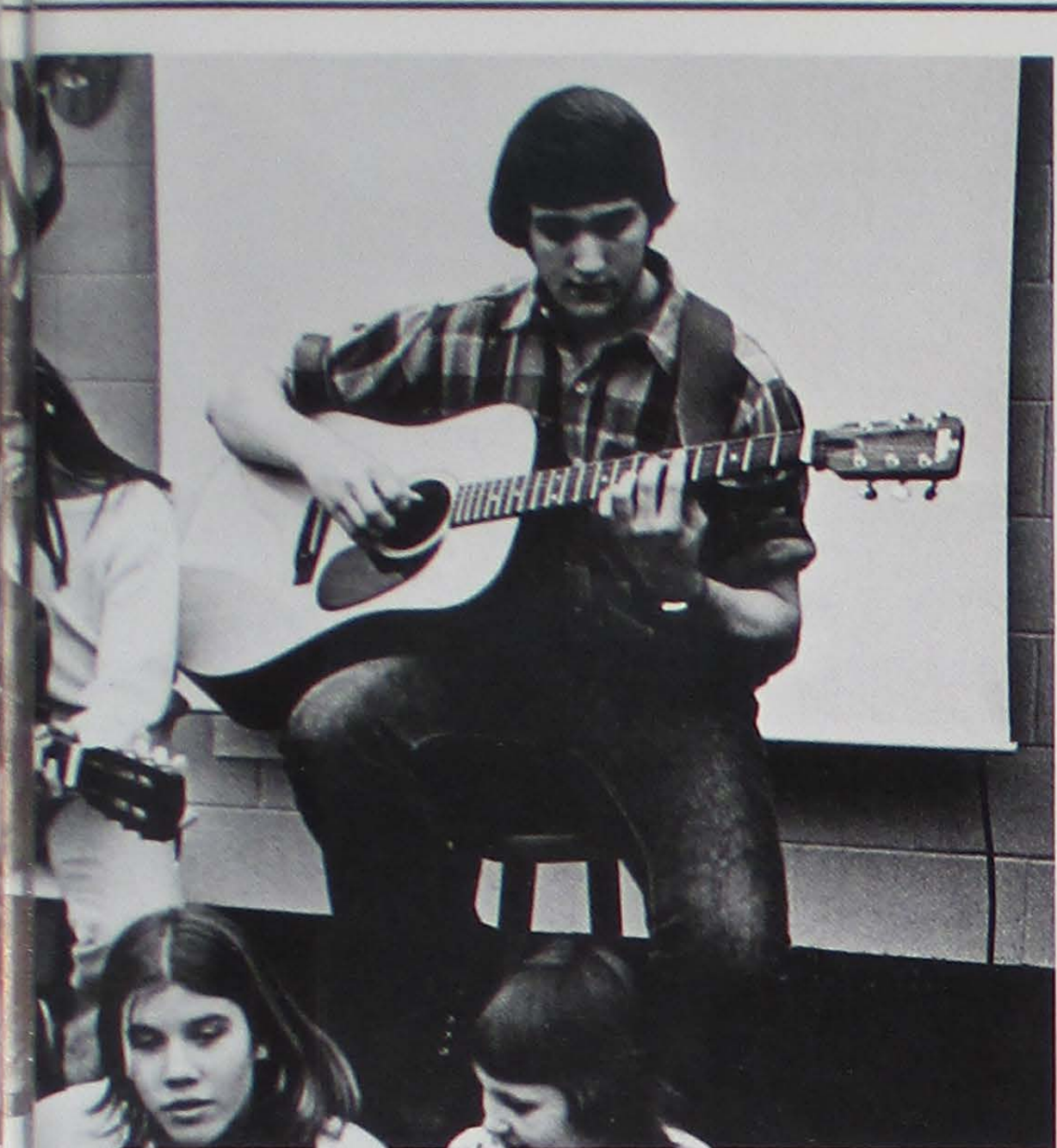
"I've learned a lot from ECO," commented Marla Anderson, "but ECO helps the kids the most. It gives them somebody they can question and rely on."

Although there were many volunteer service projects, they all gave the volunteers a sense of accomplishment. They helped and were helped.

Left: Marla Anderson explains to ECO children what nature leaves behind during winter. Right: Creativity is seen as Jana Jennings helps a student at Kate Mitchell. Above Center: Music students listen as Dave Sherman plays one of his favorite songs.





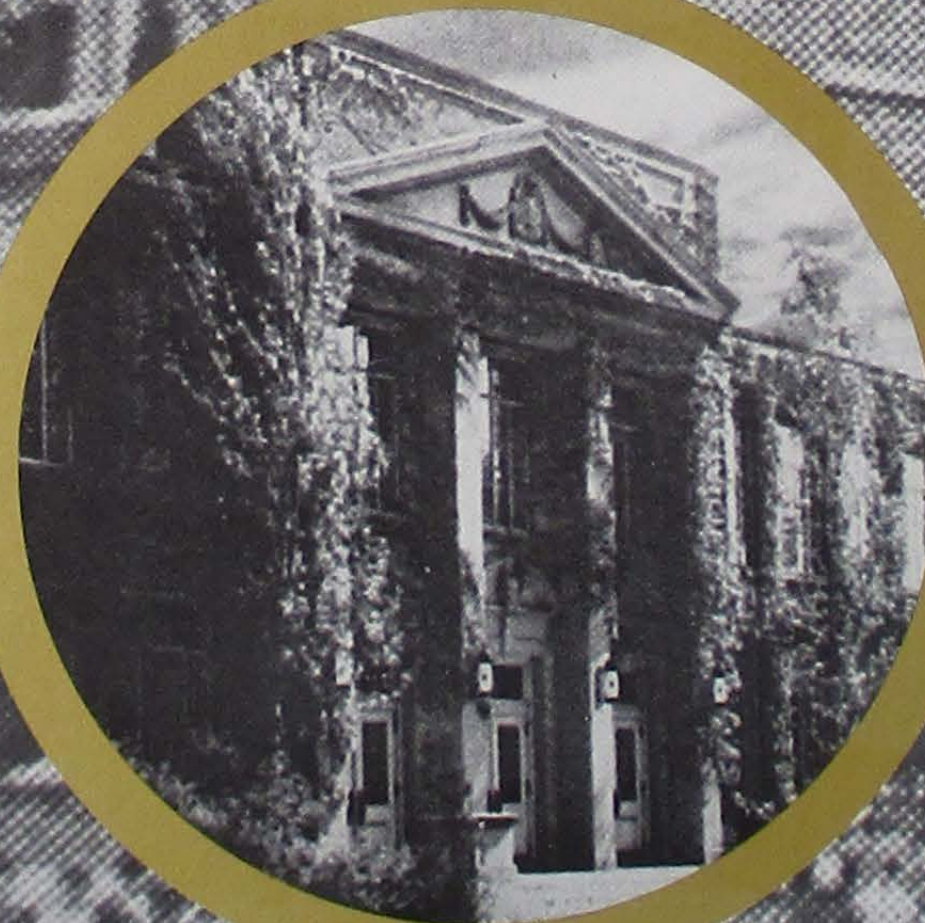
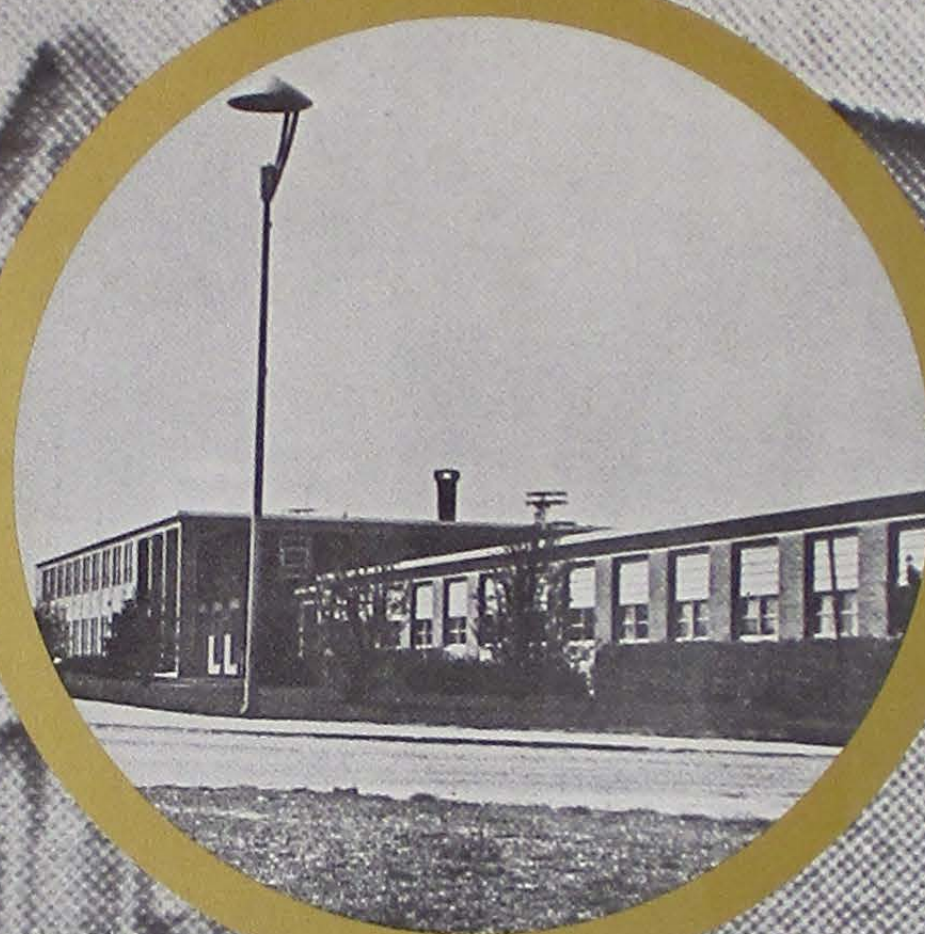


Above: Peggy Newell pulls her fingers away as the needle just misses them. Left: Volunteer Paul Shultz watches the smiles of mentally retarded children as they swim. Above Left: Showing some displays at AHS, Tammy Edwards spends some time with new student Pam Bower.



'Our schools are open to all who wish to obtain a higher education.'

# Relics



*Above Left:* "Old" Central, (1911-1937) complete with auditorium, gym and ten classrooms, exemplified "modern education."  
*Center:* The present abode, atop 76 acres of natural prairie. *Left:* The third high school, (1937-1961) prompted considerable community discussion as to where it should be located.  
*Above:* The first secondary school to rise above the pioneer community, tangible evidence of progress.



**1** 876 — a cyclone and subsequent wave killed 200,000 in India. Back in the states, Ulysses S. Grant reigned supreme as president, basking in the spoils of the Union victory while Alexander Bell invented the telephone and your great grandmother was born. What transpires in 100 years time? Faces sag, amassed with laugh lines, and memories, as well as hairlines, recede into dim obscurity. Venerable ivy-shrouded buildings splinter and crumble with age until wrecking crews arrive with their cranes and booms to condemn what once stood as a landmark of progress. Progress was inherent in the minds of those who conceived and constructed the first high school in 1881. It was a vast improvement when compared to the former four room clapboard structure used in 1876, which housed a mere 50 pupils. Nonetheless, this was the origin of Ames High today and the class of 100 years ago that we commemorate. Students from these early institutions would recall scarlet cheeked boys made to sit among the

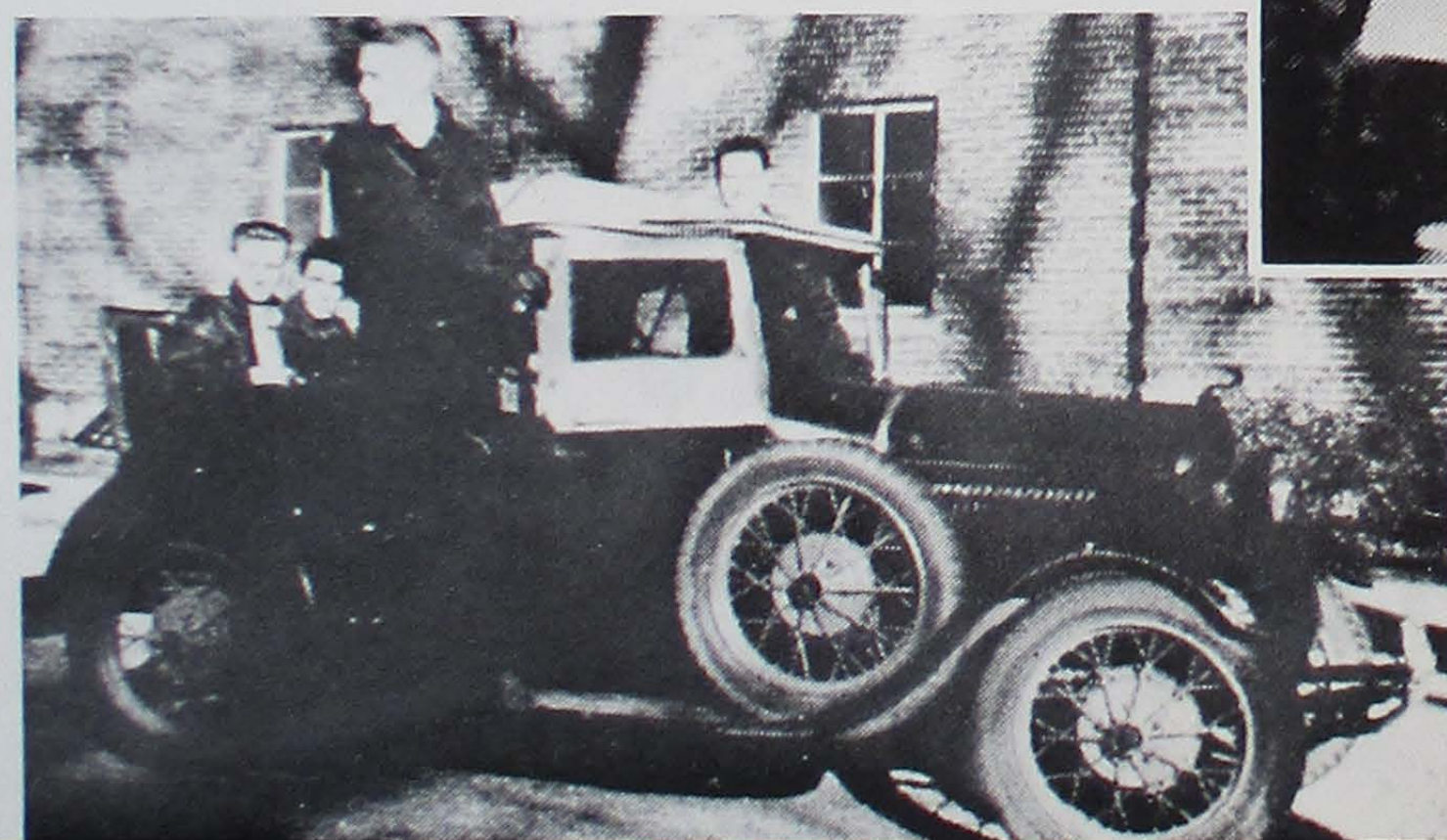
girls for punishment, fires built on bleak winter days, and the spinetingling screech of misguided pencils upon writing slates. The class of 1885 contrived the motto, "Not ending, but begun," an optimistic vision into a hazy future. But it did end in 1910 when the structure was condemned and later bowled over, leaving only rubble in its wake, however the ebullient spirit lived on, residing next in "Old" Central.

In 1891, principal M.F. Morgan firmly stated, "Make up your mind to what you wish to accomplish . . . then submit willingly to the mental drills and discipline of your teachers." The mental drills can be likened to some exercised today, but the discipline paralleled that of the military. There was virtually no flexibility, no bending of rules and no second chances. Zac Dunlap, a 1934 graduate, remembers, "It was the same row, same seat each day of the year. The faculty had absolute control. Each student was expected to meet prescribed standards." A cigarette in hand doomed prospective athletes as well as alienating the

individual socially.

By 1937, the third high school was erected across from "Old" Central. Its recipients produced a new motto, the familiar, "Ames High, Aims Hi", the mainstay and undeclared by-law of our present niche, occupied in 1961. "More permissiveness, numerous distractions in the way of extracurricular options and diversified morals," comprised the bulk of transition. Past teachers would most likely view our contemporary lifestyle with astonishment, awe and a touch of abhorrence at the radical changes in teaching, curriculum and student behavior.

Yes, 1876 was only a beginning, a segment of the past few of us bother to reflect upon, but neither do we credit the first day of our lives with much import. In a sense it was the birth of Ames High as we know it, a model of excellence and opportunity evolved through decades of contribution from faculty and students who looked with zest upon the future and strived for its betterment.



*Above Right: A rendezvous at the malt shop is a welcome respite after a full day of classes. Above: A portion of the 1952 cheersquad rallies at a weekly pep assembly. Left: This racy jalopy provided no parking problems in 1943.*



# Crueling

No one ever likes practice, but it's a necessity in any sport.'

**T**hough the old cliché, "practice makes perfect", didn't hold true for the football squad, that didn't mean practice was any easier for the players.

Football practice, it always seems, is ushered in on a heat wave, and this year was no exception. With temperatures in the 90's and the

humidity like that of a sauna, practice opened in late August.

Somehow a hot, muggy August day didn't seem right lugging 15 pounds of equipment around. "Two-a-days weren't so bad physically," commented senior John Hackman. "It's just that we went crazy praying for a blizzard."

It was not uncommon for players to lose eight to ten pounds in an afternoon. "The heat wasn't all that unbearable," lamented Dave Crawford, senior, "but the humidity — you felt like a soggy towel." Those were the days when nothing felt better than a cold shower, an ice cold glass of water, and a soft bed.

There was one element of practice that has become a virtual tradition for one group of players. That, of course, could be nothing less than pushing the seven man blocking sled. This privilege is strictly reserved for lineman, both offensive and defensive. They seemed to take a special pride in pushing the 1500 pound piece of iron, pads, and springs over the field.

Senior Tom Carney thought of it this way, "It's the highlight of a lineman's practice. I love it so much I have a picture of it pinned up in my room."

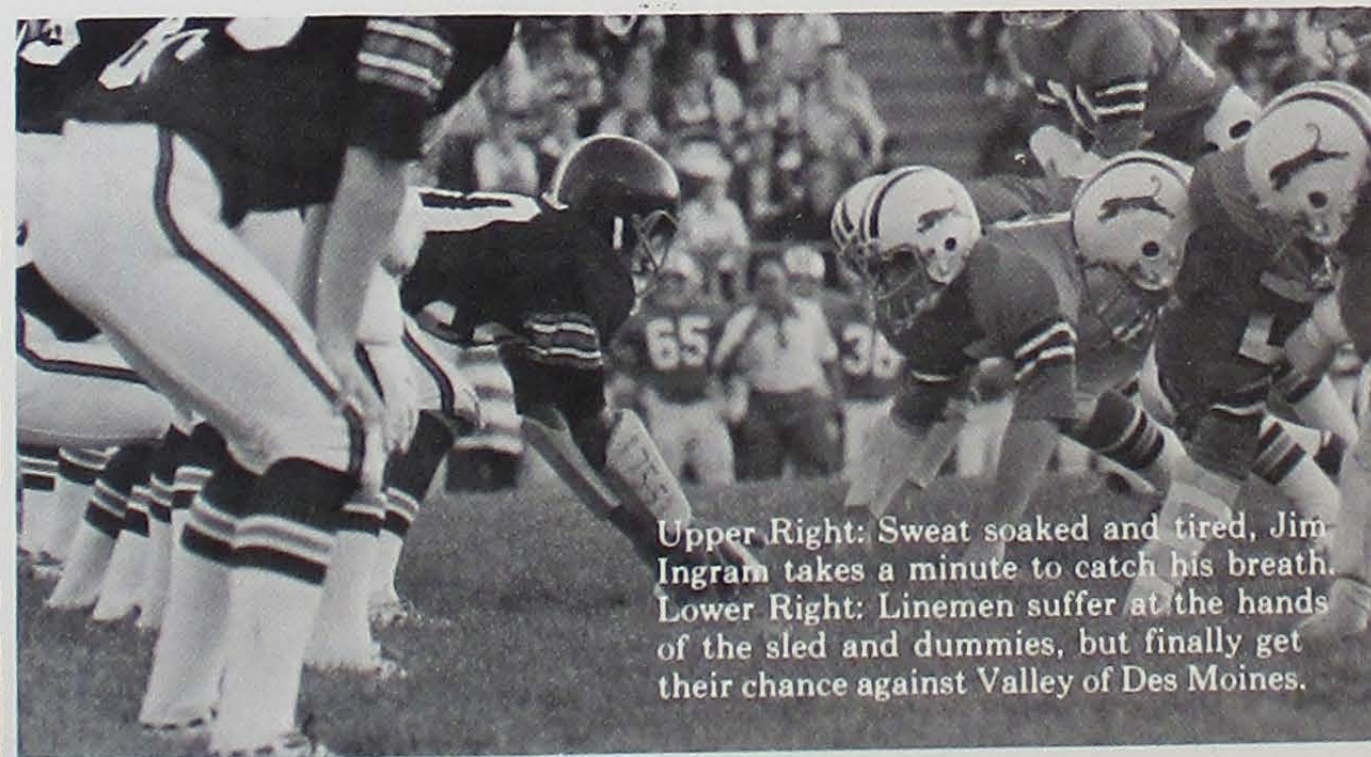
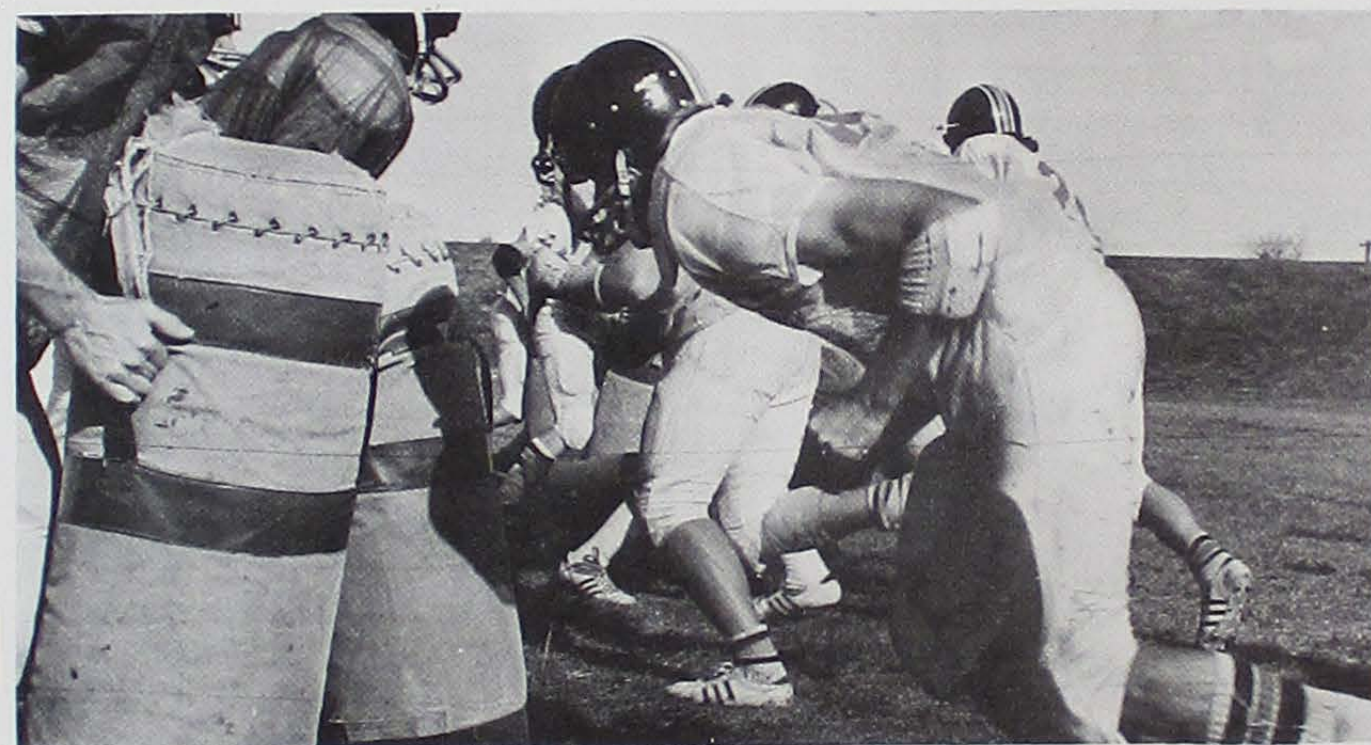
As the season wore on and the gridders found it hard to win; practice could have become a real challenge, but a great attitude and a desire to win pulled them through the season. Practice always appears at the bottom of the list in popularity. But as one player stated, "No one ever likes practice, but it's a necessity in any sport." So, though only a few may admit it, practice is a major part of the school's athletic success story.



Above: Junior Tom Wandersee has one more long look at the refreshing ice chest before going back to work during practice. Center: Coach Keith Bailey is determined to teach his "yahoos" (Steve Stoecker, Jim Bump and Rick Ewan) something new.







Upper Right: Sweat soaked and tired, Jim Ingram takes a minute to catch his breath. Lower Right: Linemen suffer at the hands of the sled and dummies, but finally get their chance against Valley of Des Moines.





CONCERT BAND: Front: D. McCormack, J. McCully, J. Seidel, A. Brearly, D. Schiel, M. Read, E. Cross, J. Johnson, N. Sturtevant, K. Allen, J. Frahm. Second: J. Tryon, D. Kline, J. Straker, B. Richards, A. Seim, M. Johnson, J. Randolph, B. Smith, P. Greve, J. Cheville, A. Bonnicksen, C. Barta, K. Coria, T. Vandergaast, S. Greve. Third: T. Edwards, S. Mendenhall, M. Pritchard, R. Robinson, T. Callies, D. Zimmerman, D. Phillips, A. Trenkle, D. Fullhart, D. Wedin, P.

Beeman, R. Jones, P. Zbracki, J. Corbett, B. Joensen, K. Thomas, D. Hansen, K. Kellog, A. Burckhardt, B. Pesek, R. Balmer, M. Allen, L. Liming, W. Swenson. Fourth: J. Apel, P. Pady, D. Dennis, K. Soderhold, L. Mangels, A. Wiggins, E. Beaudry, R. Harrington, J. Lewis, M. Anderson, B. Jones, S. Kendall, J. Larkins, M. Johnson, J. Oswald, H. Gartz, D. Presely, D. Anderson, C. Thomson, S. Atkins, N. Dowell, J. Kolmer, K. Heer.



VARSITY BAND: Front: D. Stadler, J. Boston, C. Nelson, S. Campbell, G. Runge, B. Buss, C. Stout, J. Blum, A. Hulse, T. Ortigies, M. Schroeder. Second: P. Vandermatan, D. Stevens, C. Hofer, J. Klas, L. Roe, D. Spear, P. Bower, K. Rod, C. Dieckman, M. Zbracki, S. Stephen, T. Dornek, L. Sanders, P. Griffen, S. Buchele, S. Davis, D.

Rougvie. Third: C. Love, T. Game, D. M. Hansen, A. Young, Kniss, D. Pope, A. McRoberts, N. Dahl, D. Wheelock, L. Imsande, S. Bran, M. K. Nickel, M. Inouye, . Anderson, J. Oberecht, K. Powell, J. Standish, D. Sherman, D. Smith, B. Richards, G. Gleason. Fourth: J. Schlunz, K. Pille, J. Adams, T. Clark.





**MARCHING BAND:** Front: R. Harrington, T. Clark, T. Heidman, M. Johnson, J. Larkins, J. Schlunz, S. Kendall, J. Adams, K. Pille, T. Domek, A. Wiggins, D. McCormack, C. Dickman, J. Lewis, M. Anderson, B. Jones, K. Heer. Second: H. Gartz, R. Willisher, A. Hulse, J. Boston, J. Frahm, J. Blum, S. Campbell, N. Sturtevant, E. Cross, S. Cook, C. Stout, D. Stadler, A. Brearly, D. Schiel, D. Sikorski, R. Robinson, L. Holbrook, W. Holt. Third: T. Ortages, K. Nielson, J. Johnson, G. Runge, M. Schroeder, M. Read, K. Bell, Y. Vandergaast, S. Greve, J. Klaus, B. Buss, P. Hammond. Fourth: M. Johnson, P.

Greve, K. Allen, P. Pady, M. Pritchard, K. Soderholm, P. Bowers, L. Mangels, D. Dennis, B. Richards, P. Vandermatan, L. Swenson. Fifth: W. Swenson, D. Rougvie, K. Kellog, B. Pesek, M. Allen, A. Burckhart, P. Griffen, L. Sanders, C. Hofer, T. Edwards, D. Spear, K. Gerber. Sixth: D. Phillips, L. Liming, S. Buchele, S. Davis, R. Balmer, A. Bonnicksen, J. Cheville, K. Rod, J. Apel, D. Kline, J. Tryon, B. Staggs. Seventh: D. Stevens, K. Coria, J. Straker, S. Mendenhall, C. Barta, J. McCully, J. Seidell, S. Stephens, K. Kniss.

This year seemed like one of the busiest band members could recall. The band took their tir-annual sojourn. They decided to go to Kansas City.

On the morning of April 27, they loaded themselves and their baggage into four busses and departed. The trip was tiring, but once they got there, it was worth the long hours of travel and the time the musicians spent in the fall selling candy to finance the trip. The purpose of the three day holiday was to give two concerts at Kansas City high schools,

but the members squeezed in other things.

All of them visited Worlds of Fun, The Truman Library, and the Kansas Kansas City Zoo. Some students visited a few of the other attractions; such as the Armco steel plant, the Nelson Art Gallery, and the Kansas City city hall. All enjoyed the trip, with Worlds of Fun apparently the favorite. Junior Reggie Harrington put it best. "The trip was a good opportunity to see some other things, some other schools, and besides that it was a real blast!"

## TRIP

'It was a blast.'



**T**he band really rolled this year. The concert band was credited by many with; (a) being the best band ever, (b) sounding like a college band, and (c) recording so well on the Bicentennial record that the recording artists considered using their recording as an example of "how to do it right."

The concert band and varsity bands were made up of individuals, and as in chemistry, these individuals arranged themselves in "independent structures" known as groups.

These groups consisted of Pep Band, Stage BAnd 1 and 2, and Marching Band, as well as those students who preferred to work together in ensembles, or even hack it on their own as a soloist.

But even though many said they were the best instrumental music department ever, the band didn't rest much at all. In between their concerts and rehearsals, band members sold candy bars, individually participated in the All State Music Festival and State Music Contests, helped record and sell a Bicentennial record, and took a trip to Kansas City in late April.

Senior trombonist Jim Kolmer, summed up the band's feelings this way: "Yes, we were busy; but I think there has to be more involvement in the band's activities and concerts with the students. The band just doesn't get as much publicity as other activities do."

## 'We were busy'



LEFT: Linda Liming becomes intimate with 'Dan'l Coon' on the band trip. ABOVE: Malcolm Johnson leads the drums in Marching band. CENTER TOP: Julie Johnson, Nicki Sturtevant, Craig Thompson all concentrate to play each note correctly. CENTER BOTTOM: Head Twirler, Rhonda Willsher, performs with the band at a football game. FAR RIGHT: Homer Gartz prepares to conduct Concert Band in recording the Bicentennial Album.



# EXCELS







# Excels









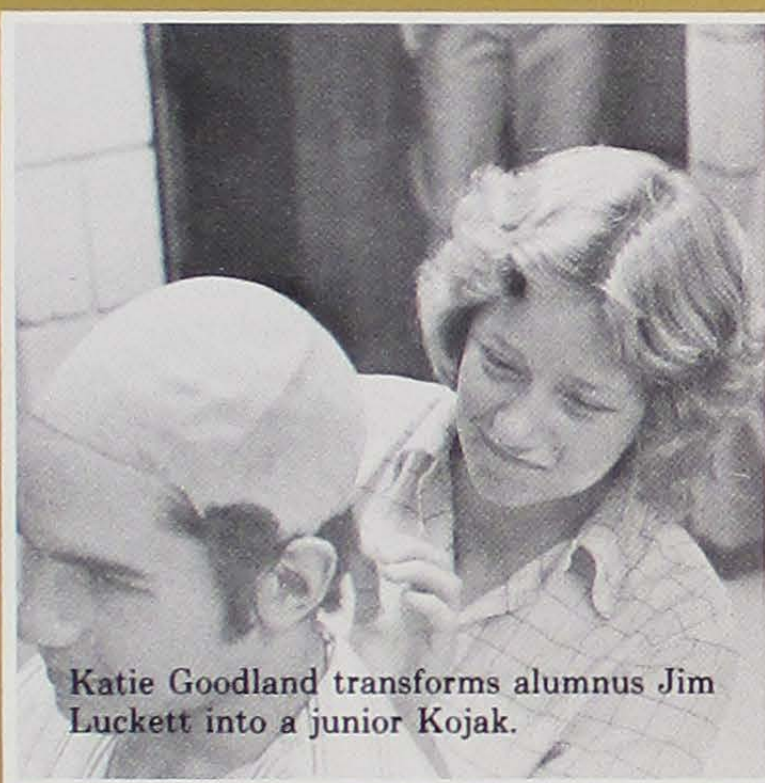
## 'When it comes to running for president one should have a soldier who won't drop his pants'

**W**hen it comes to running for president, there are certain things you should have ... like a platform, a first lady and a soldier who won't drop his pants. When it comes to "Of Thee I Sing," the fall musical, those things can be a scream.

This Pulitzer prize-winning play followed the election trail of John P. Wintergreen (Brian Jenkins) and Alexander Throttle-something (Kelley Farrar) into and almost out of the White House. A contest was held to select a first lady; however, the candidate's head was turned by his muffin-making secretary (Laura Hickman). The glamorous winner's (Cindy Jackson) complaints led to international complications with hilarious results. The government was further satirized by a campaign committee still unsure of their political party, several swingin' senators and Supreme Court judges who had cardiacs at the drop of a diplomat. France did its share by importing tippy-toeing soldiers. Although it was necessary to cram eight weeks' work into six weeks' time, including dance routines and a special five-minute film, the show picked up two sardine-



King Kong rises above the debris in Mildred's bedroom.



Katie Goodland transforms alumnus Jim Luckett into a junior Kojak.

packed houses and three standing ovations. Junior Cindy Wooldridge said, "It was fantastic. It's the best play I've seen up here ... The whole cast did a real good job."

Lovers of theater and drama from all over Iowa met at Ames High September 13 for the annual State Thespian conference. Of the 27 troupes attending, five had presentations for the general session, while several others participated in "production exchanges." This consisted of either performing a short segment of a play or a "behind-the-scenes" demonstration.

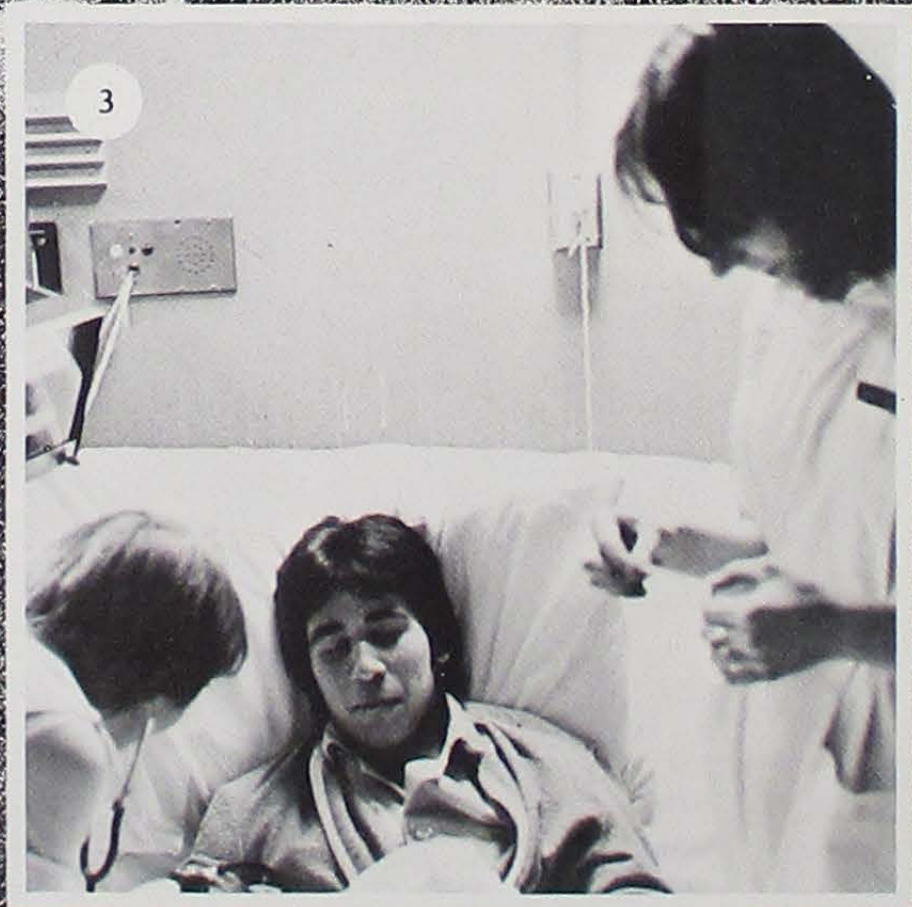
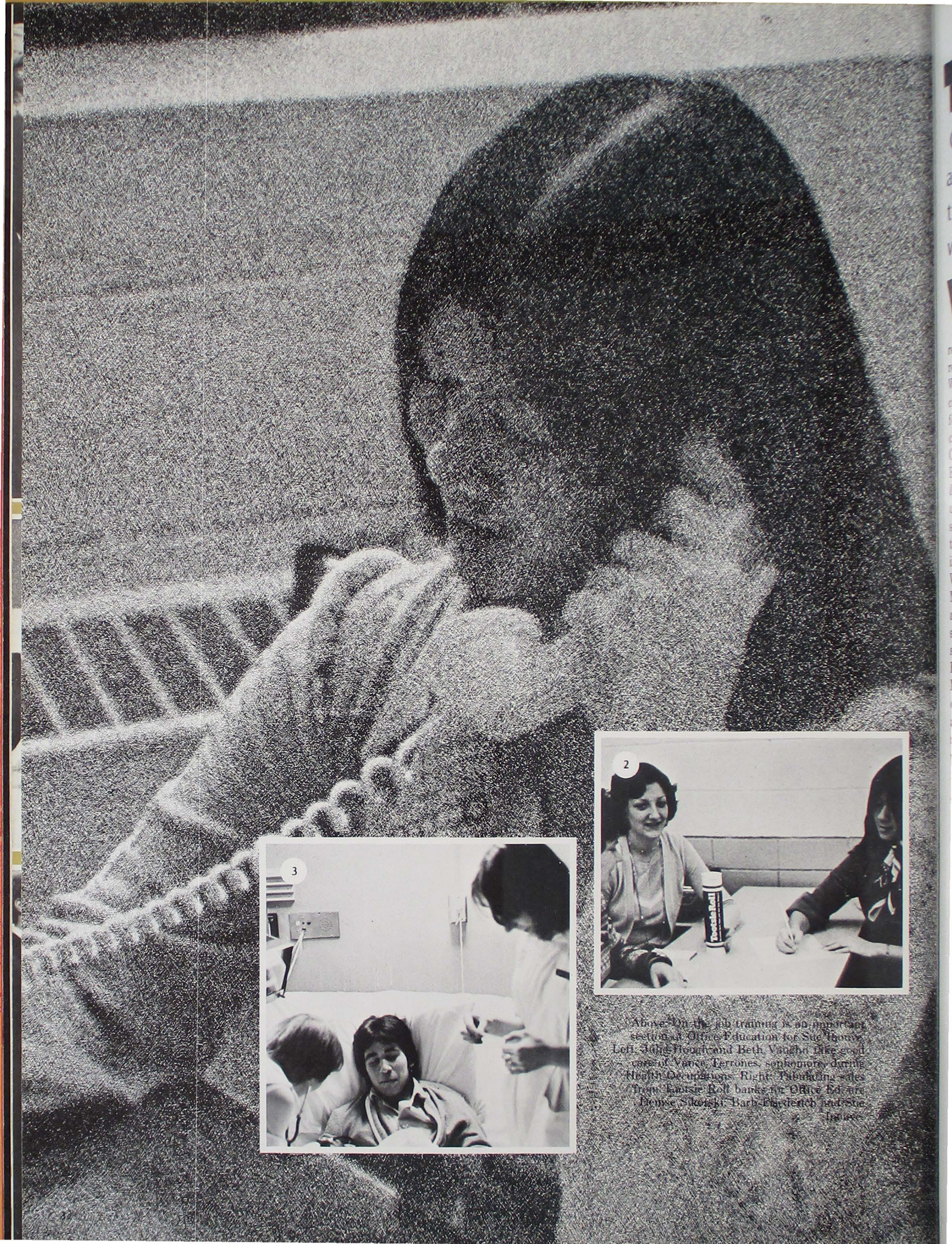
Valley of West Des Moines, the first troupe to perform, did a series of mimes that had the audience rolling in the aisles. A Reader's Theater, lighting demonstration and marionette show followed in general session. Rounding out the day after the production exchanges was the Ames High Thespians' offering, "The Secret Affairs of Mildred Wild", a repeat from the previous summer. It received a standing ovation at the conference. This year's conference had the highest attendance of any previous ones, and if that is any indication, the future can only be bigger and better.



Left Page, Above Left: Rejoice in the beauty of Article 12! Above Right: John and Mary (quaint, quaint!) bask in the glory of muffins ... and love. Center Left: "... There's a love light shining just because of you ..." Center Right: The pigeon-toed committee trucks off after a first lady. Below Left: Diana wonders if John really has a fraternity pin. Below Right: Which is more important, corn muffins or justice? Right Page, Faces Left, Clockwise: Throttlebottom, Jenkins, Lippman, Miss Benson. Faces Right, Clockwise: French Ambassador, Yussef Yassovitch, Fulton, Jones.







Above: On the job training is an important section of Office Education for Sue Thove. Left: Julie Hough and Beth Vaughn take good care of Vance Ferrones, sophomore, during Health Occupations. Right: Tabulating sales from Karsie Roll banks for Office Ed are Denise Sikorski, Barb Eberditch and Sue Thove.



# Trades

Gain experience  
and  
training through  
work.'

**W**orking during school hours versus taking a variety of classes during that time. Being in the real world versus staying in school and reading about exciting experiences. Which is better? This is a difficult controversy at Ames High. There are four vocational programs built around classroom and working at Ames High: Office Education, Distributive Education, Health Occupations and T & I. Students in these programs spend up to half a day working outside school. "They gain experience and training through working with adults in a different situation," says Rose Wilcox, Office Education instructor. Mixing a job and studies has its good and bad side. "Working can boost a student's moral. He is producing something and is part of a team," says Kay Garrett, guidance counselor. Missing school activities and elective classes for students is one draw back against working. Wilcox feels, "It's the students' choice as to what they want." Peggy Samuelson, DECA member, feels, "It's fine as long as the job load goes along with the student's school load." As with most everything, "It depends on the student," comments Garrett.

If working and studying are to be compatible, the student must be motivated and have the required time. Garrett added, "The majority, however, are able to handle it."



Above: Working on the bumper car project for T & I, Craig Kinart, Steve Borts and Tom Carney take instruction for Dan Faas. Below: Darrill Able, DECA coordinator, shows Peggy Samuelson the calendars to be sold for a fund raising project.



# Diversion

'The Godspell assembly was best because I knew some of the kids and recognized the music.'



Entertainment, information, and free time were provided by assemblies, depending on the way students chose to use the allotted time. "The assemblies gave me a good chance to catch up on my homework," Dave Bergeson explained.

"I didn't go to any of them, I'd rather do something else. I guess I've learned from past experience," said Becky Cowan.

Some of the assemblies presented by students were of Christmas in foreign lands, as well as in the good 'ole USA, Student Council candidate speeches for second semester, the modern dance performance and the usual number of pep assemblies.

Many programs were brought in from outside the school for morning assemblies; live excerpts from the ISU production of Godspell, two pop singers from Marshalltown, and question and answer sessions with all three of the Ames mayorial candidates.

"There weren't enough assemblies. The modern dance assembly was the best but I liked them all," commented Lisa Abian. "The Christmas assembly was kind of screwy, because the divider was closed but it gave us a break we needed," said one student. "Of all of the assemblies given this year, the pep assemblies were by far the most entertaining," said Mikey Miller.

So, for fun, facts, or just free time, assemblies served the purpose.







Far Left: Foreign exchange student from Sweden, Per Nilsson tells of Christmas traditions in his country. Above Left: ISU students present excerpts from their production of Godspell. Center Left: Sometimes pep assemblies are kid stuff. Below Left: This barbershop sextet prepares for a state swim meet. Top: For a special assembly, two singers from Marshalltown entertain students. Above: Student Council co-presidential candidates, Forrest Jensen and David Hadwiger listen to student requests.



# Metric

**T**he Metric System is on its way to the US and Ames High, and may arrive by 1980. Already, the change is foreshadowed by the use of degrees Celsius instead of Fahrenheit and grams replacing ounces. Perhaps four years from now, students will be using measurements completely different from those used now.

Students of 1980 will spend their free time driving the 3.218 kilometers to McDonald's. Since the day is a beautiful 24°C, they will roll down all the windows, cautiously staying below the 40.25 kilometer per hour speed

'Girls will be horrified to find out their measurements are 90-66-90.'

limit in order to avoid an encounter with the law.

Once there, they will probably order the .113 kilogramer and about a liter of coke. Of course, since McDonald's has quick service, they will order and be served in about ten deciseconds.

Back at school, students in the foods classes will be measuring the .25 liters of milk and 100 grams of flour needed to bake a cake. In housing and home furnishings, students will be deciding if seven dollars is a reasonable price for a square meter of carpet. In sewing class, girls will be horrified to

find out their measurements are 90-66-90.

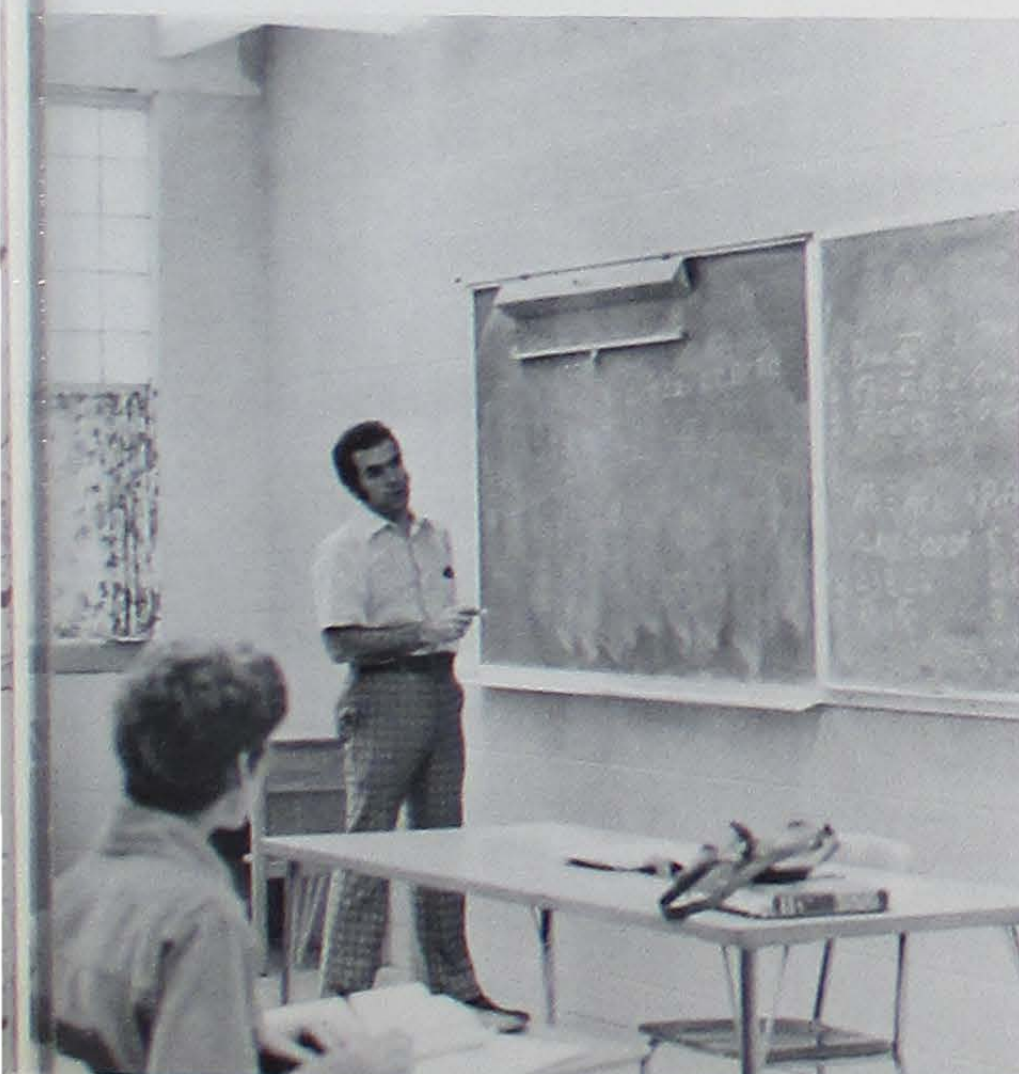
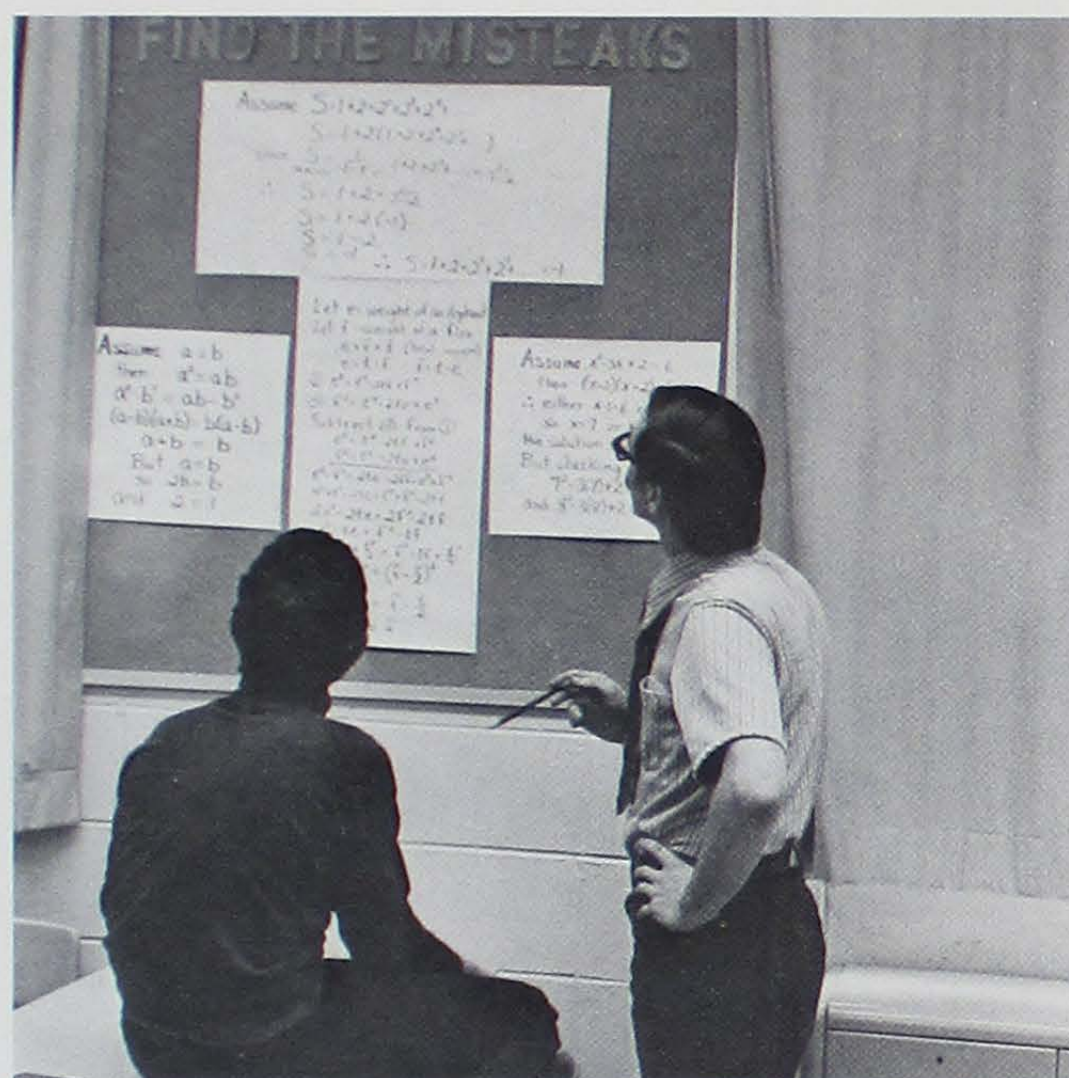
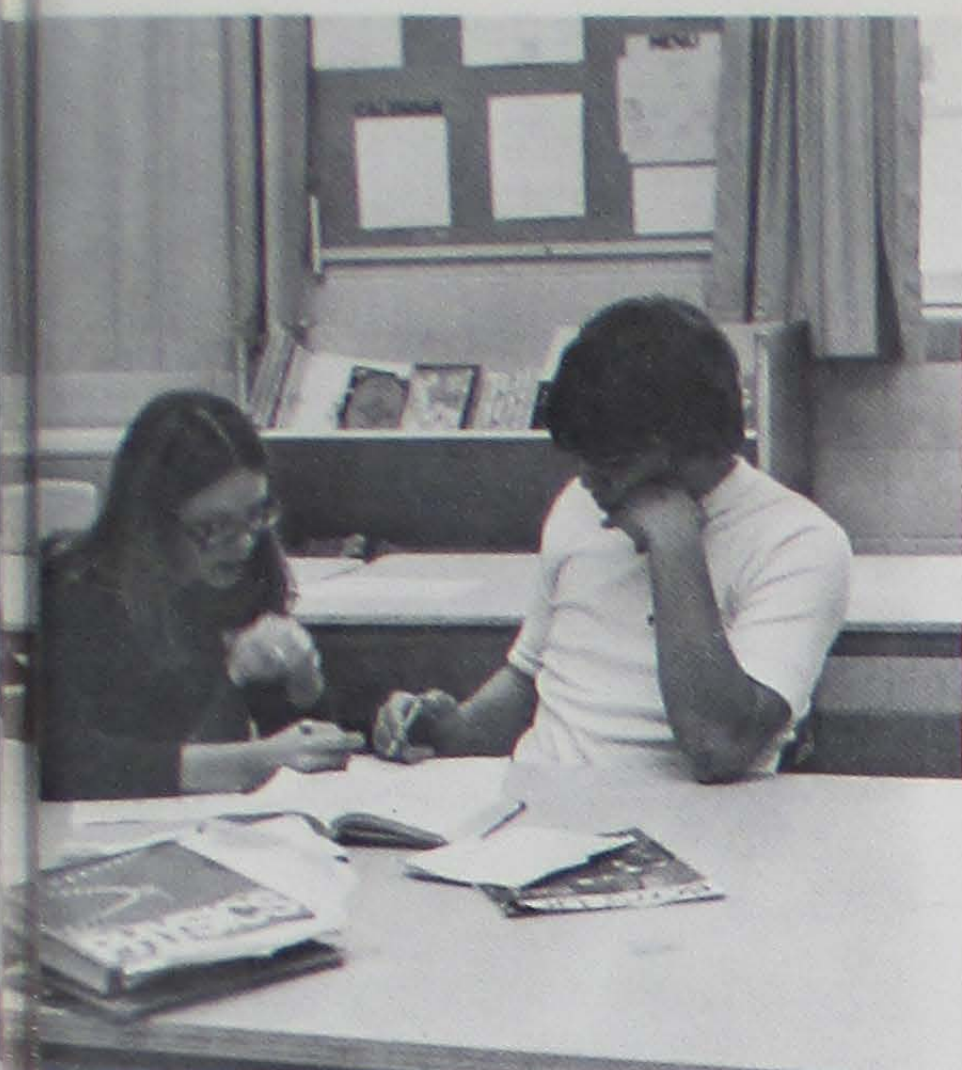
While students will be thinking and measuring in kilograms and meters, housewives will be baking cakes with measurements of grams and liters; police will be attempting to snare speeders going over the 88.55 kilometer per hour speed limit and thermometers will be reading 24°C on a nice day and 45°C on a real scorcher. All this may seem to be in the distant future, however, it is a necessary and fast approaching change for all of the United States.



Left: Commercial identities follow the metric trend, also. Center: No math class is complete without a party once in a while and Dale Hiedeman, trigonometry instructor, enjoys the cake just as much as the students. Right: Grams are becoming a common sight on most grocery store items. Below: Metric Man fights on to clear up misunderstandings between the metric world and the world of inches and yards.





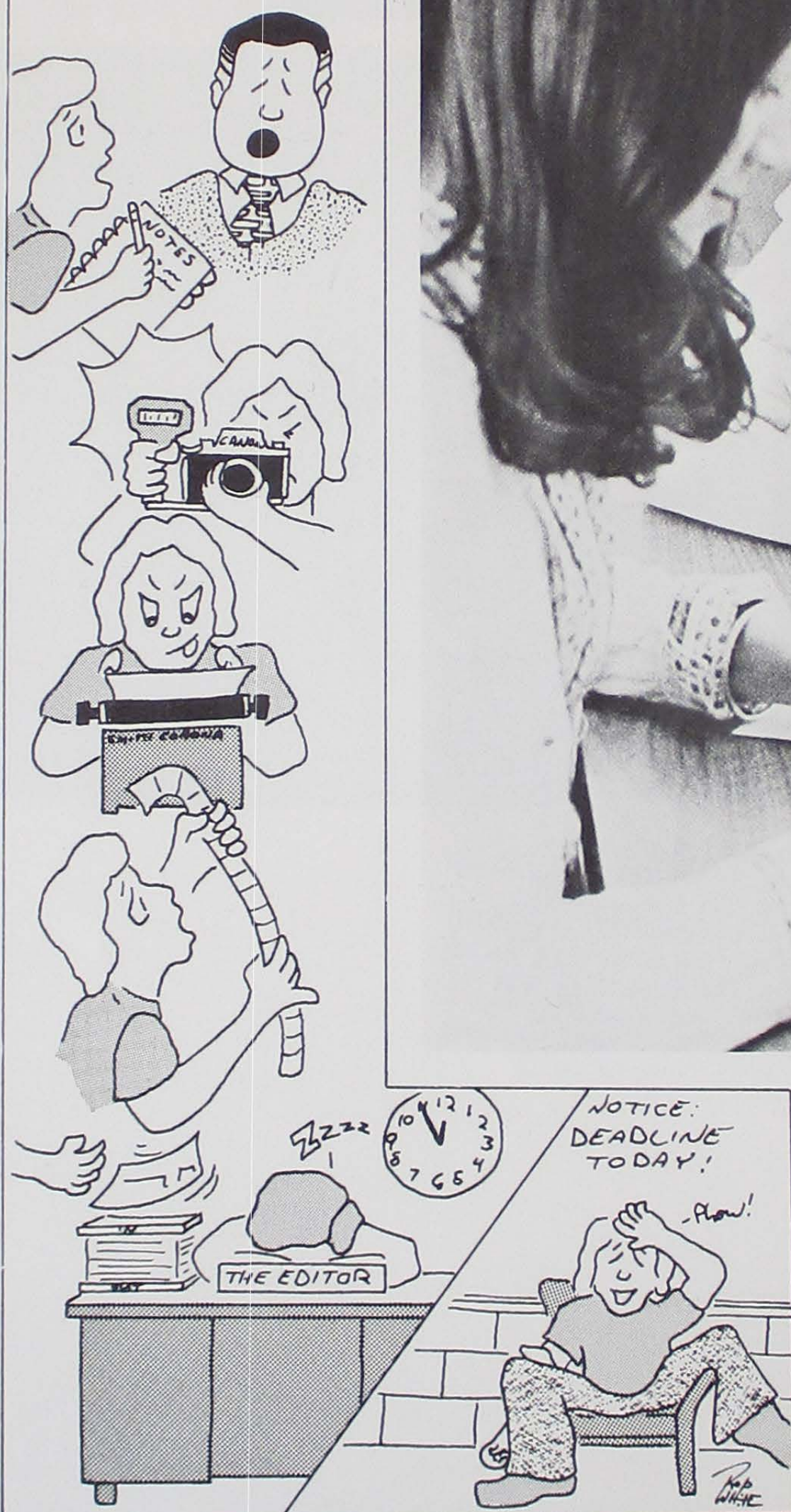


Top Left: Judy Meierkord tries to help Tom Wandersee, junior, in the Math IMC. Top Right: Not only grams, but liters are showing up on household products. Left: To find the mistakes is the challenge put before Mark Drexler, junior. Right: The Apple Jacks' box shows consumers that 11 ounces equal 311 grams. Below: Bob Impeccoven attempts to explain a geometric proof during his formal geometry class.





## DEADLINES:



Left: How do you operate a video tape camera? Mark Eschelman, senior, finds out in his mass media class. Right: Tagging Web pictures is one of the many jobs Diana Marcum and Pat Freeman do as editors of the first semester staff.





# FRANTIC

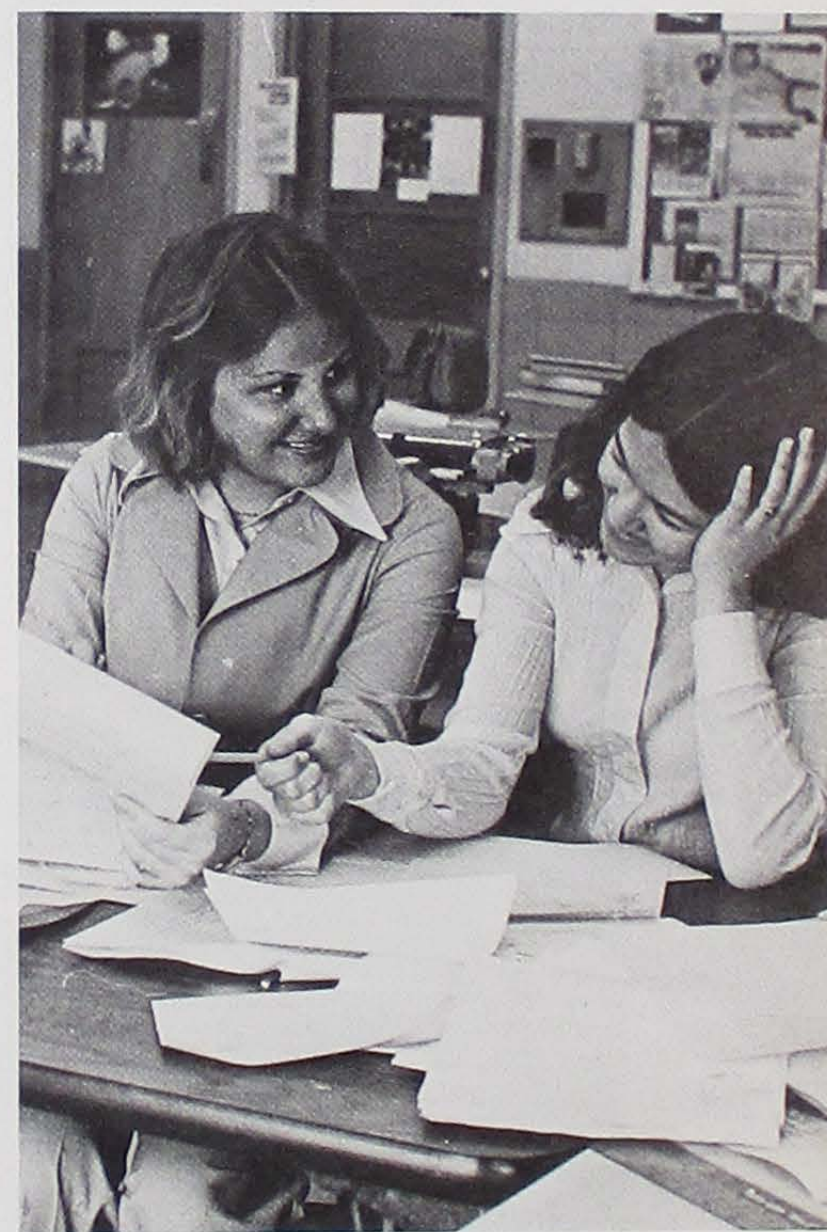
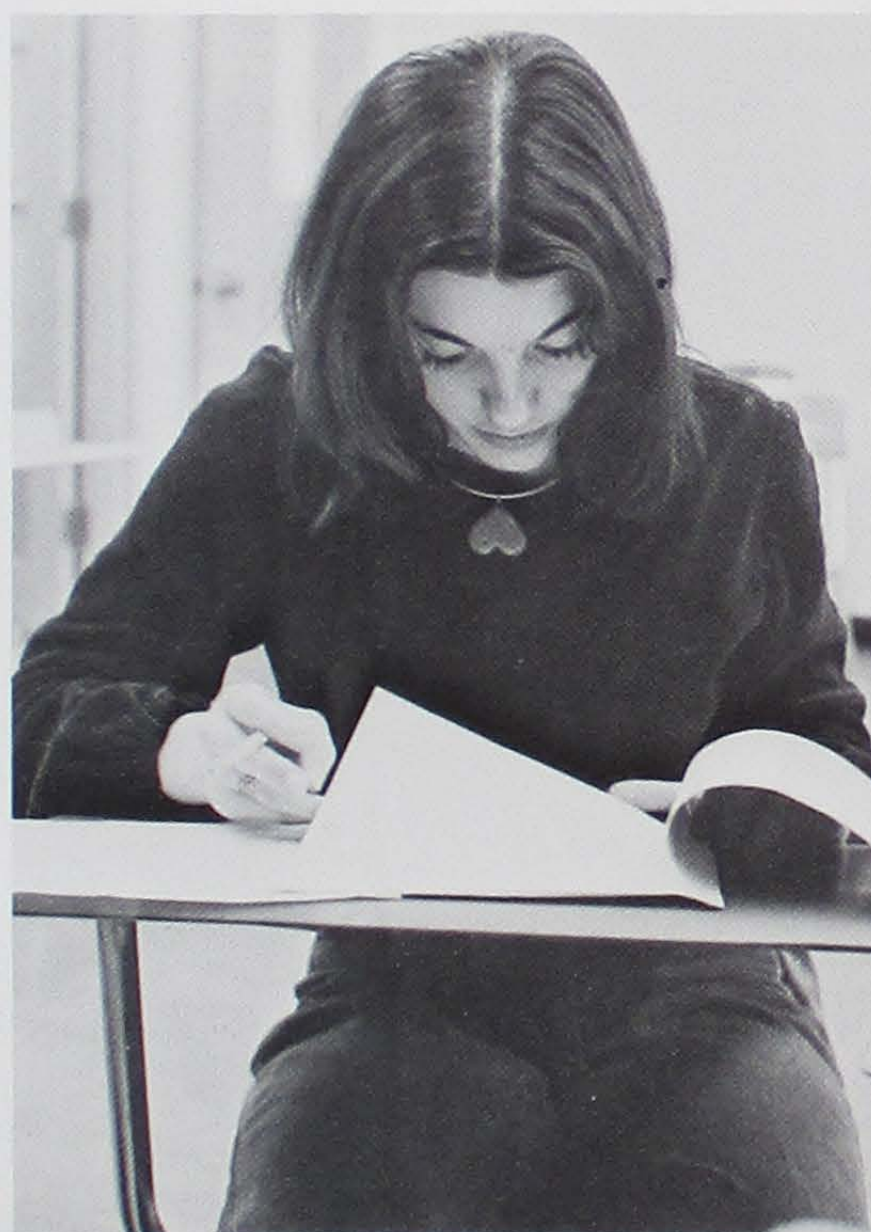
'Each person has to do his own thing.'

**D**eadline in 13 days ... Jami, you do the editorial on the play ... We don't have enough illustrations for the book ... A whole television program in two weeks? ... Deadline in 6 days ... Who's going to do the newsbriefs? ... This poem is fantastic ... I'm not a television actress! ... Deadline in 1 day ... What pica size is my article? I think we're going to make it ... We better get an A on this ... Deadline today ... Help! ... Help! ... Help! ... FINISHED.

Web, Scratch Pad and Mass Media all

deal with publications and all have to face deadlines. "I almost have heart failure when the deadline is here and half the articles aren't in," says Jodie Tryon, managing editor of one of the Web staffs. Though there is panic, nervousness and heart failure on deadline day, there is just as much relief on the day after when it is all over. Whether it is the editor or the news writer, the chairman or the follower, every person has their own important part in meeting the deadline. If even the smallest assigned job is unfinished at the deadline, the entire product will suffer. "With the Web, each person has to do their own thing, no one else can do it for them," comments Tryon.

When the deadline is coming, there is panic and hope that everything will get done. When it is passed, there is relief that everything was completed and that it was done well. What is left to do? Only to start work on the next deadline!



Left: Typing up an article for one of the second semester Web classes are Owen Herrnstadt and Linda Knutson. Center: Lillian Svec, sophomore, evaluates one of the Scratch Pad entries. Right: Copy reading keeps Melinda Homer and Jodi Tryon, two of the second semester Web editors, busy.



# Equivalent

'We were way ahead with equal programs even before Title IX came around.'

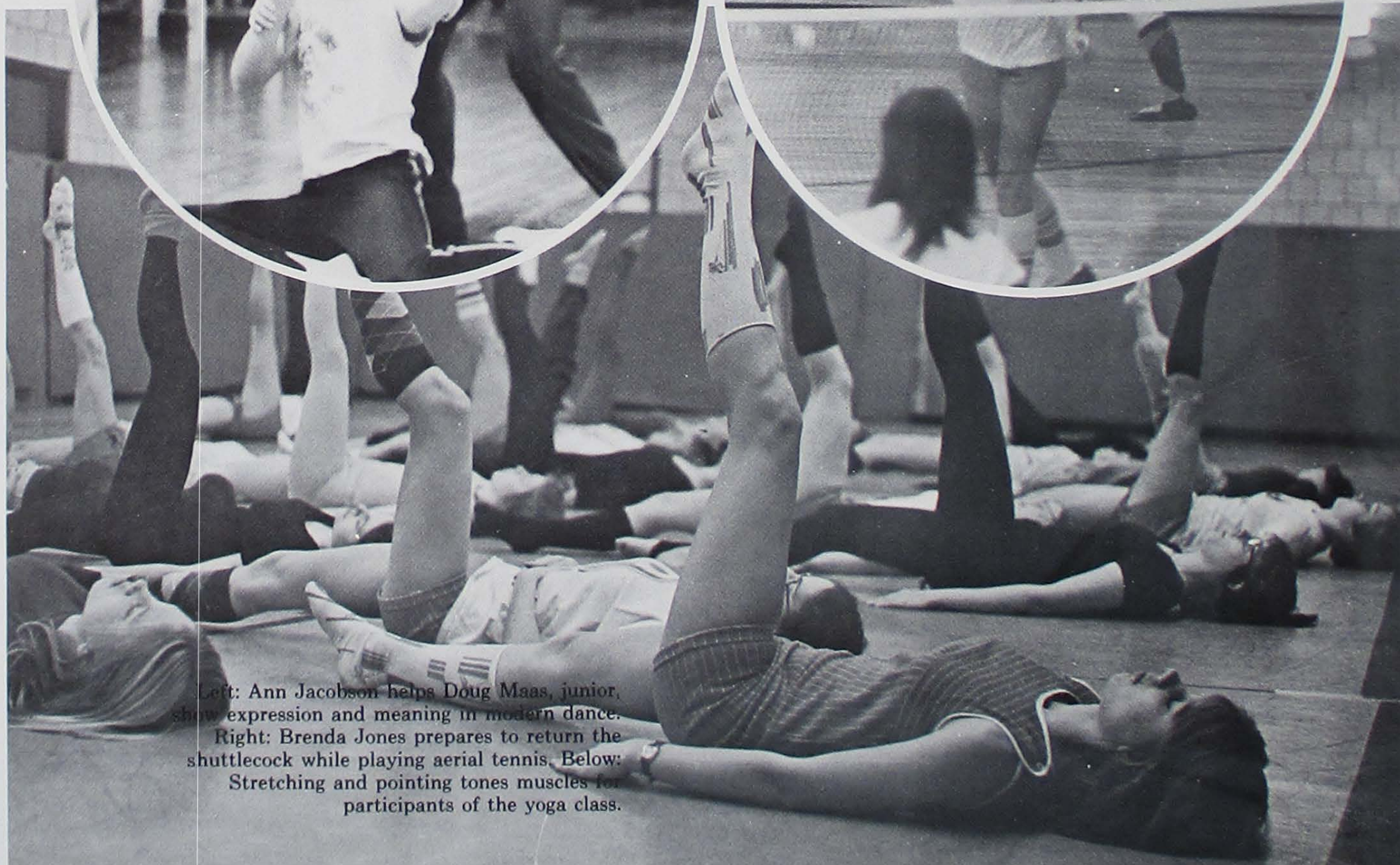
**T**itle IX is a regulation prohibiting discrimination on the basis of sex. All educational programs and activities benefiting from federal financial aid must adhere to this regulation.

What does all this fancy talk about discrimination have to do with Ames High? As far as academics, Title IX says there can be no segregated classes. The only exception is in PE where contact sports are involved. Tammy Edwards, senior, comments, "It's good girls should have the same opportunities." Dave Wedin, senior, thought, "Girls should have equal but separate opportunities, especially in PE."

On the side of athletics, the equal opportunity and equal facility rule still holds. Boys and girls do not need the same activity but an equivalent one. Ray Smalling, athletic director, felt, "We were way ahead with equal programs even before Title IX came around." In fact, in the AHS athletic department, girls are offered one more program than boys.

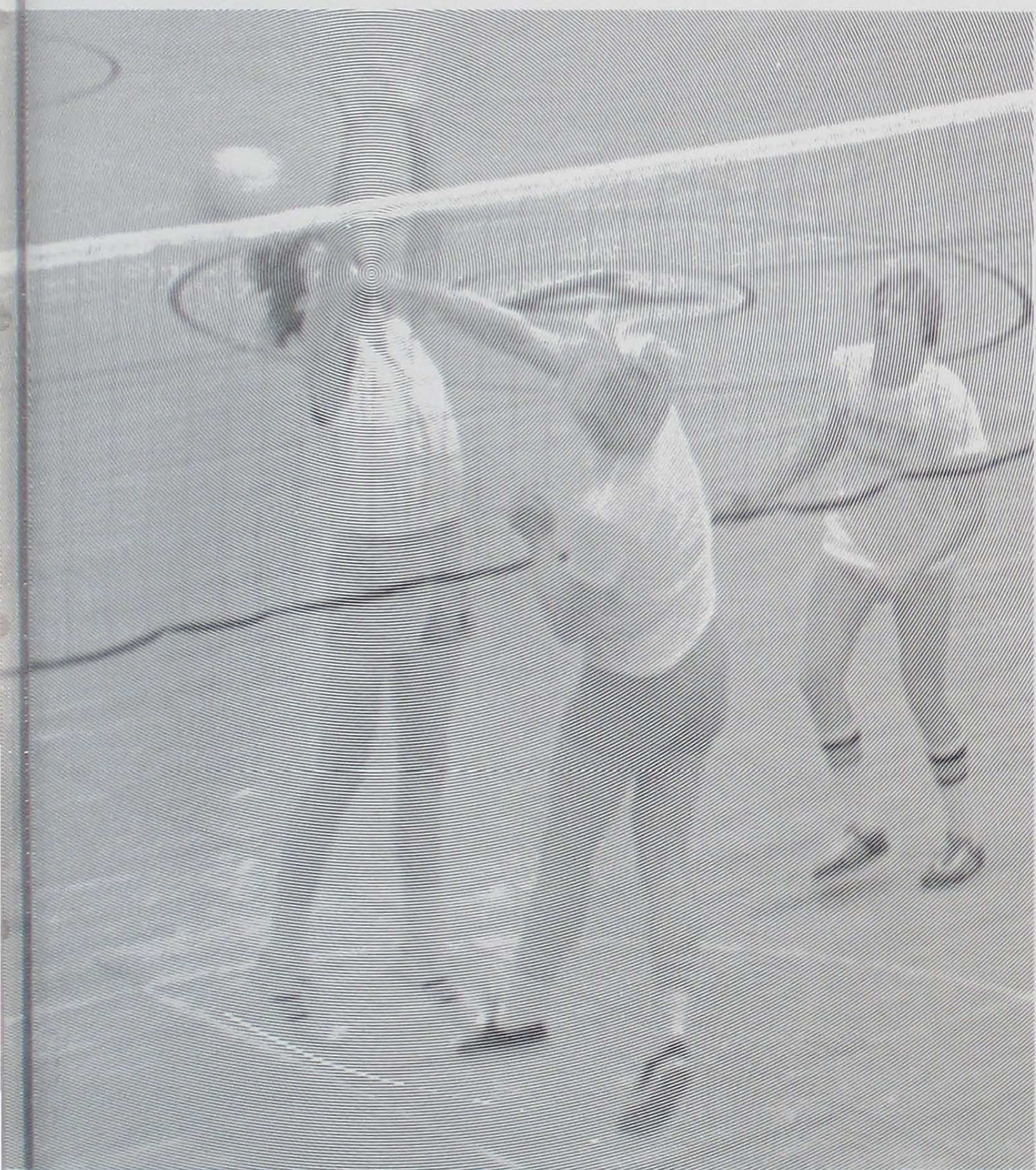
"As far as academic classes, girls have equal opportunities," said Edwards.

For sometime now, practically all academic classes have been open to both sexes. Only gym classes were defined as girls' or boys' but now, everything is co-educational.



Left: Ann Jacobson helps Doug Maas, junior, show expression and meaning in modern dance. Right: Brenda Jones prepares to return the shuttlecock while playing aerial tennis. Below: Stretching and pointing tones muscles for participants of the yoga class.



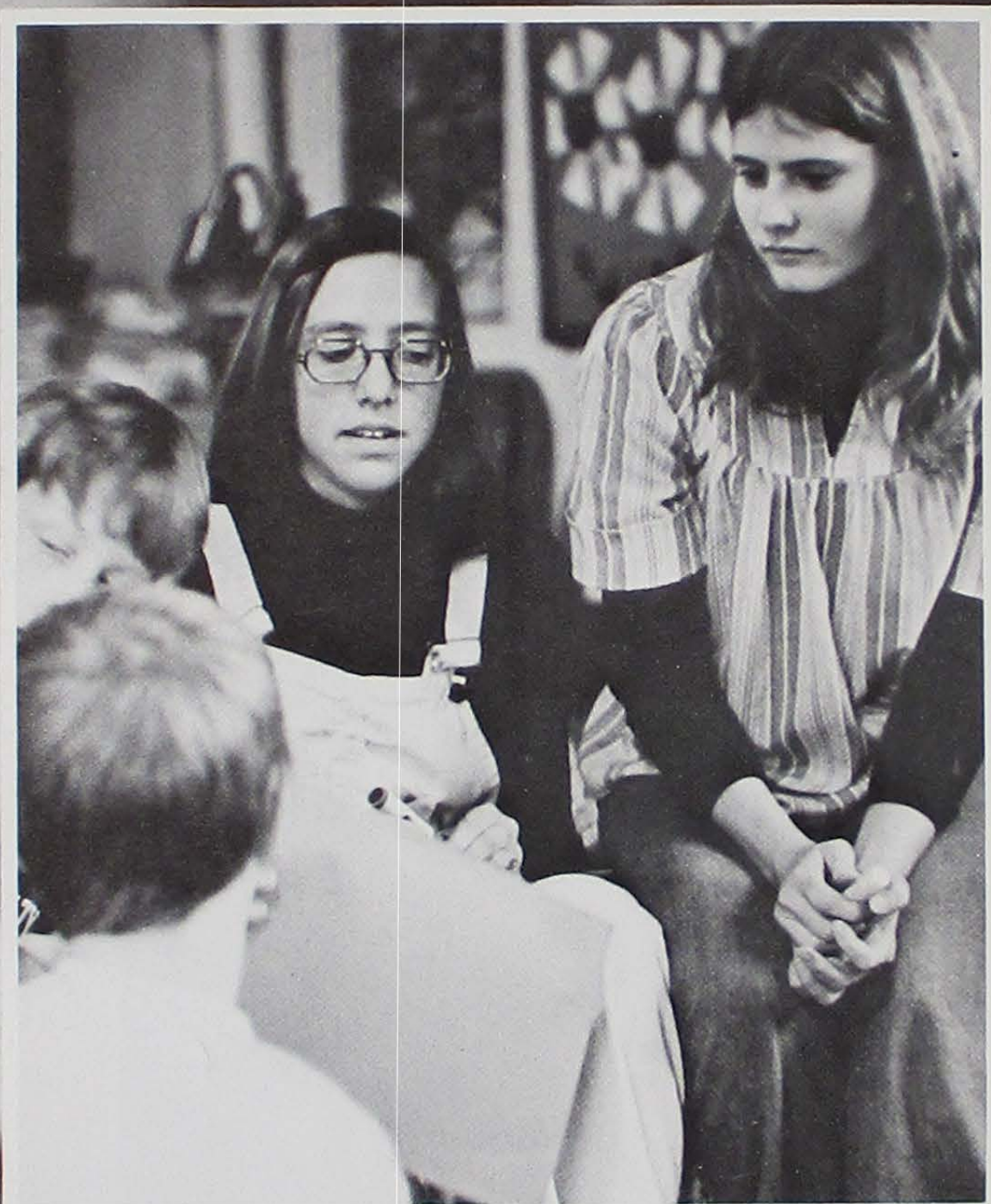


Above: A call of men star left sets square dancers into motion in their square, folk and social dance class. Below: PE students are intent upon getting control of the volleyball.



# Religion

'A person's own beliefs should not be condemned by another who thinks he has the answer.'



Top: Junior Merrill reads out of her Book of Mormon. Above: Karen Johanna and Yvette Vander Gaast, seniors, teach lessons of the Bible to Sunday School children. Right: Amy Cook, senior, lights a Sabbath candle. Far Right: A self-organized Bible study group discusses a passage. Members are; Gretchen Potter, Candy Block, Cindy Lacey, Lynn Freeman, Mark Eshelman, Jim Westman.





**W**ith all the hassles and conflicts of high school life, it would seem easy to get lost and give up. But surprisingly, students seem to survive week after week and still be optimistic.

Everyone must have something within that they can turn to when the going is hard and there find help to see their way through. For many students this is their religion. Religion plays many different roles in high school life. For some it sets guidelines and defines morals. Mark Eshelman, senior, explains this, "My parents are not the judges of how I live, God is the judge. I no longer feel compelled to go out and get bombed."

Many students teach religion classes to young children. Yvette Vander Gaast, senior explained, "It makes you feel good that you're teaching something to someone." Deana Slater added, "Each time you teach you realize something you didn't before. It strengthens your religion. A person's own beliefs should not be condemned by another who thinks he has the answer."

Having faith in her religion means a great deal to Sarah Townsend. "I feel as though Jesus Christ is a very unique and special friend, in the way that he will listen to you anytime and will help you in your need. I believe that if you have faith, all things are possible for the Lord is good."







# Wheels

**C**ars are an important part of American life. Learning to drive and maintain automobiles is a necessary feature of nearly everyone's education.

If inflated prices won't allow students to take their cars in for service as often as necessary, then other measures must be taken. The auto mechanics classes are saving money by learning to do their own repairs.

The program is made up of two full year courses, which are beginning and advanced auto mechanics. Even though the class is now open to all students, there is only one girl in the entire section.

Reggie Harrington, junior, says, "You learn everything from when to change the oil to how to properly install an engine. It is mainly for personal use. Students bring in their own cars, and also must furnish the parts. But the labor is free, so you save money in the long run. It's a worthwhile class, and while you save money, you also learn how to maintain your car, which is a skill you use your entire life."

Another worthwhile course to take while in high school is driver education. Although there are other places to take the course, the driver ed department gives students choices that fit into nearly every schedule.

'I usually manage to grab the wheel before anything happens.'

In addition to the classes now offered during the school year and the summer, a new phase has been added. Driver education is now offered after school and at night. Robert Heiberger, a teacher in the department says, "We currently have 24 students enrolled in our night program. This is basically designed for the student who cannot fit the regular classes into his daily schedule. The course is about the same, except that there is no range instruction and more on the street driving. But the student still must meet the 30 hours required by the state for driver training.

Another added feature to the program is a new communications system. "We no longer have to use the megaphone", Heiberger explains. "There are walkie-talkies in each car, and the students are instructed individually. This has proved to be a good idea, and helps us work more efficiently."

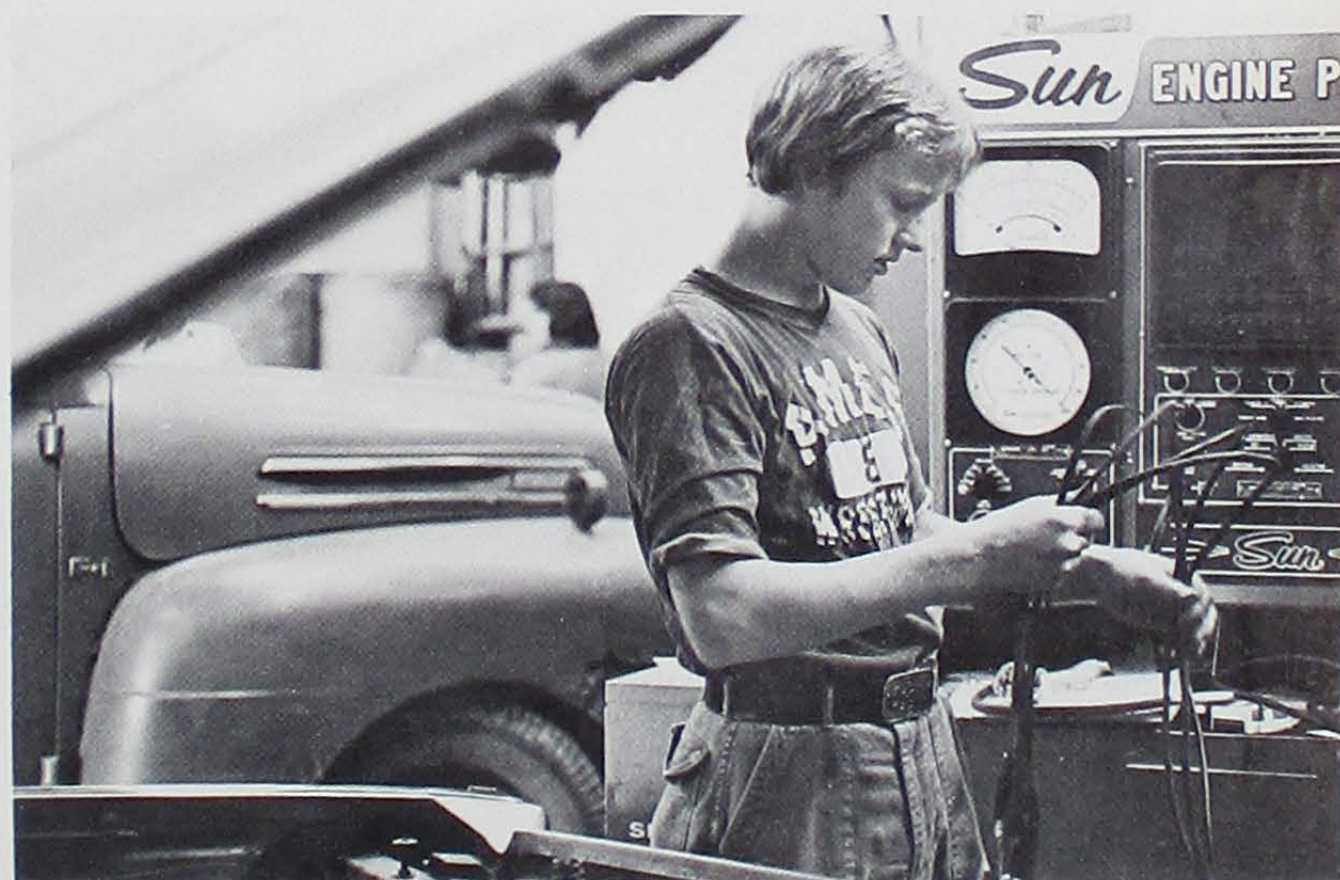
When asked about the accident rate, Heiberger stated, "We have very few accidents. I usually manage to grab the wheel before anything happens."





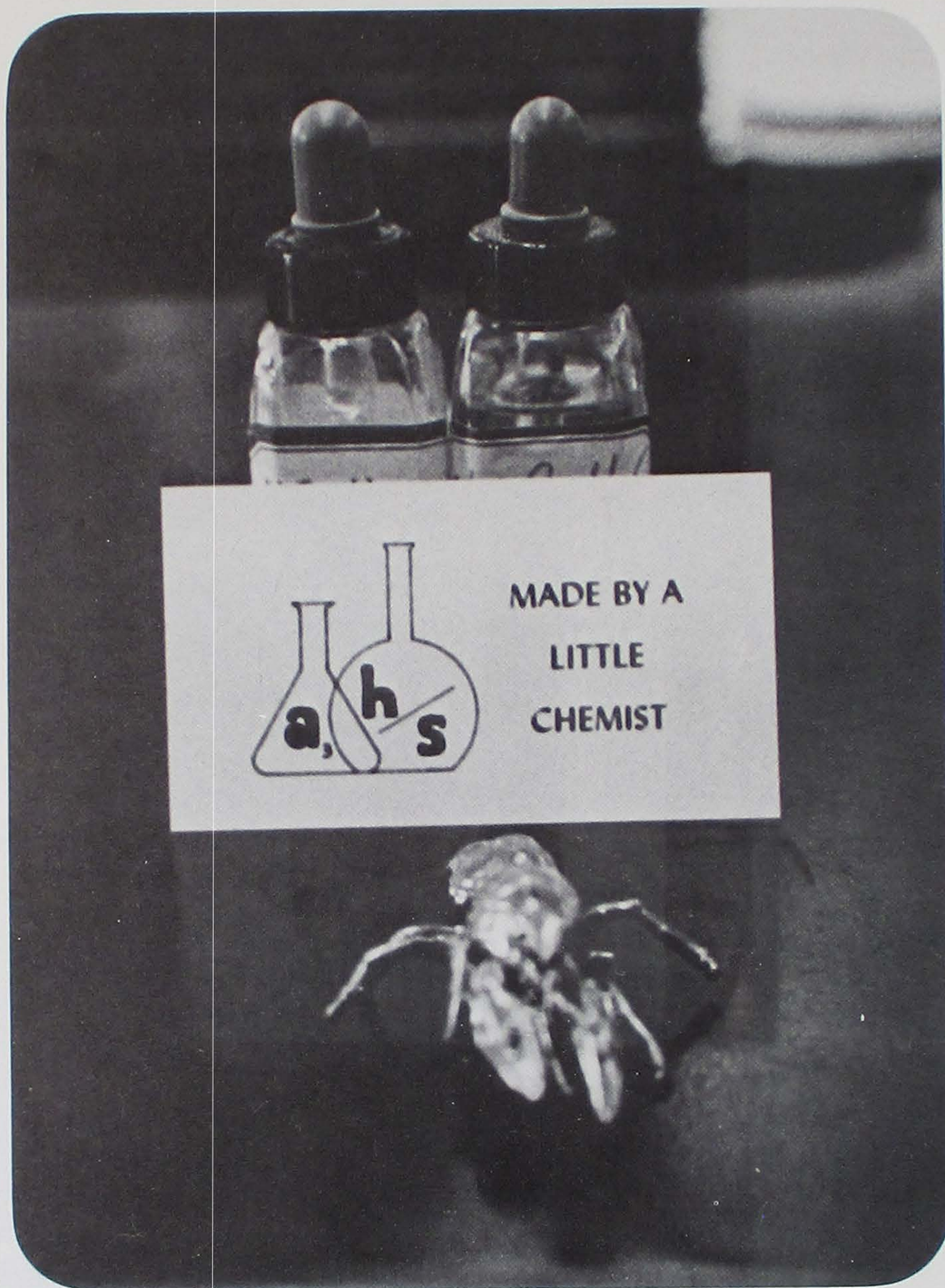


Upper Left: Robert Heiberger shows Cindy Hall the principles of the manual transmission. Upper Right: Each tool has a specific use, as explains Bob Wiederholt to Dave Soukup. Lower Left: Dave Posegate discusses the art of defensive driving with the large group. Lower Right: Trying to keep his car in working order, Doug Wierson uses one of the tuning machines in auto mechanics.





Right: Craw, the Crayfish, smiles through his copper plating. Left: Anda Galejs and Sharlene Lin, juniors, watch the coulombs go by on their volt meter.



## Touch

"**T**he little chemists this year have done some strange things," laughed Floyd Sturtevant, Chemistry B instructor. These "strange things" ranged from copper plating crayfish to analyzing toast to discovering more serious concepts of chemistry.

Sturtevant has had his students do copper and nickel plating for three years. For his work, known as the Midas Touch, he has received a National Science Teacher Award. "I saw it done in Colorado with





'It's not at perfection yet but we're working.'

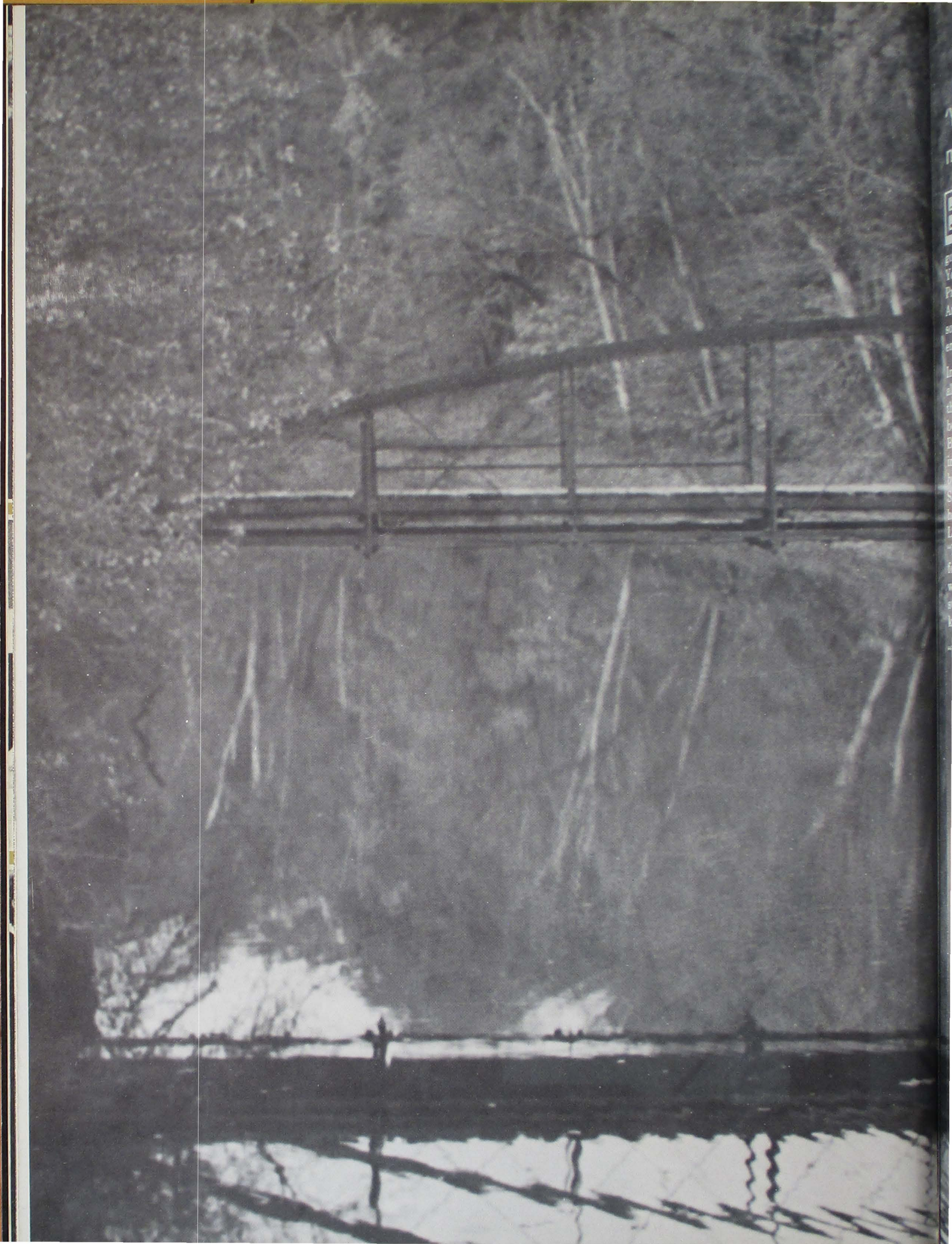
leaves and thought it might be something fun for the kids to do." With the help of Clarence Martin at Industrial Processing, who does metal plating, Sturtevant bought the chemicals he needed to start experimenting with the process. Plastic, clay, wax, plants, baby shoes, and small animals can be electroplated.

"We have a new model for next year which eliminates the electromagnetic stirrer and filtering. It's not at perfection yet but we're working on it."



Upper Right: Little chemist, Gwynn Owens fills her graduated cylinder for another exciting and enlightening lab. Above: Jerry Dunn, Biology teacher, points out some different species of grass to some of his students on the prairie.







# Aware

'Young people are more aware.'

Becoming aware of the environment is the first step to improving it, but several students at Ames High have gone on from there. Through the Youth Conservation Corps (YCC), Project ECO and Environmental Analysis Class, students are doing something to improve the environment.

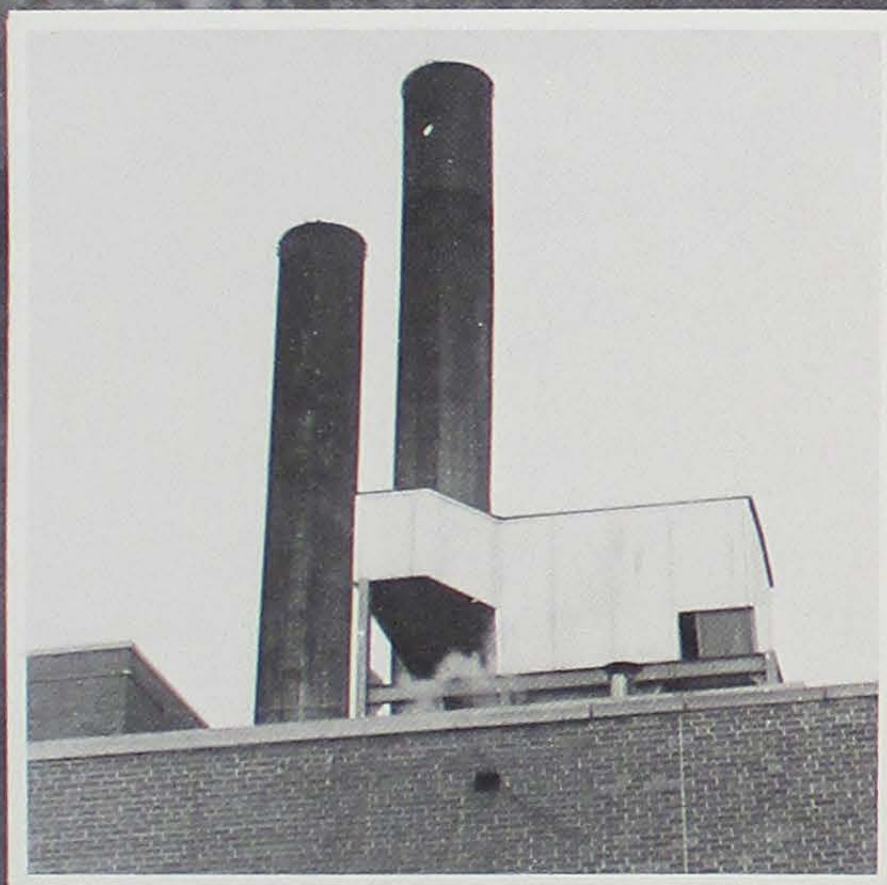
In YCC, high school students from all over Story County work during the summer towards the goal of better surroundings. Cleaning up Brookside Park after the flood, improving McFarland Lake and building a jogging course along the Skunk River are projects that have helped in moving toward this goal. Libby Beall, YCC member states, "I wanted the opportunity to work for the environment with people who feel the same way." After a summer of YCC she says, "Now I know conservation is really neat."

"Environmental Analysis Class is

designed to study the environmental problems in the Ames area," said Kenneth Hartman, the class instructor. Showing problems in the air and water helped students realize what was happening and also contributed to their personal experiences.

High school students tried to get elementary and junior high school students thinking about the environment during Project ECO. "We do such things as building a log house, boating, walking nature trails and making art projects from nature," said Julie Jones, worker in Project ECO. She added, "All the kids are so enthusiastic and easy to work with."

Though Ames is not greatly affected by smog and air pollution, there is work to be done and high school students are working. "People, especially young people, are becoming more aware of the environment," said Jerry Dunn, YCC assistant director. Jones added, "Working with the environment not only helps you become more aware of the environmental condition, but helps you as an individual as well."



Upper: Clearing brush to complete a jogging course along the Skunk River, is Libby Beall and other students from Story County. Left: Smoke stacks darken Ames' horizon. Right: Julie Jones and other YCC members help clear trees after the Ankeny tornado. Lower: John Aurand, youth leader in YCC, takes five to point out the equipment.

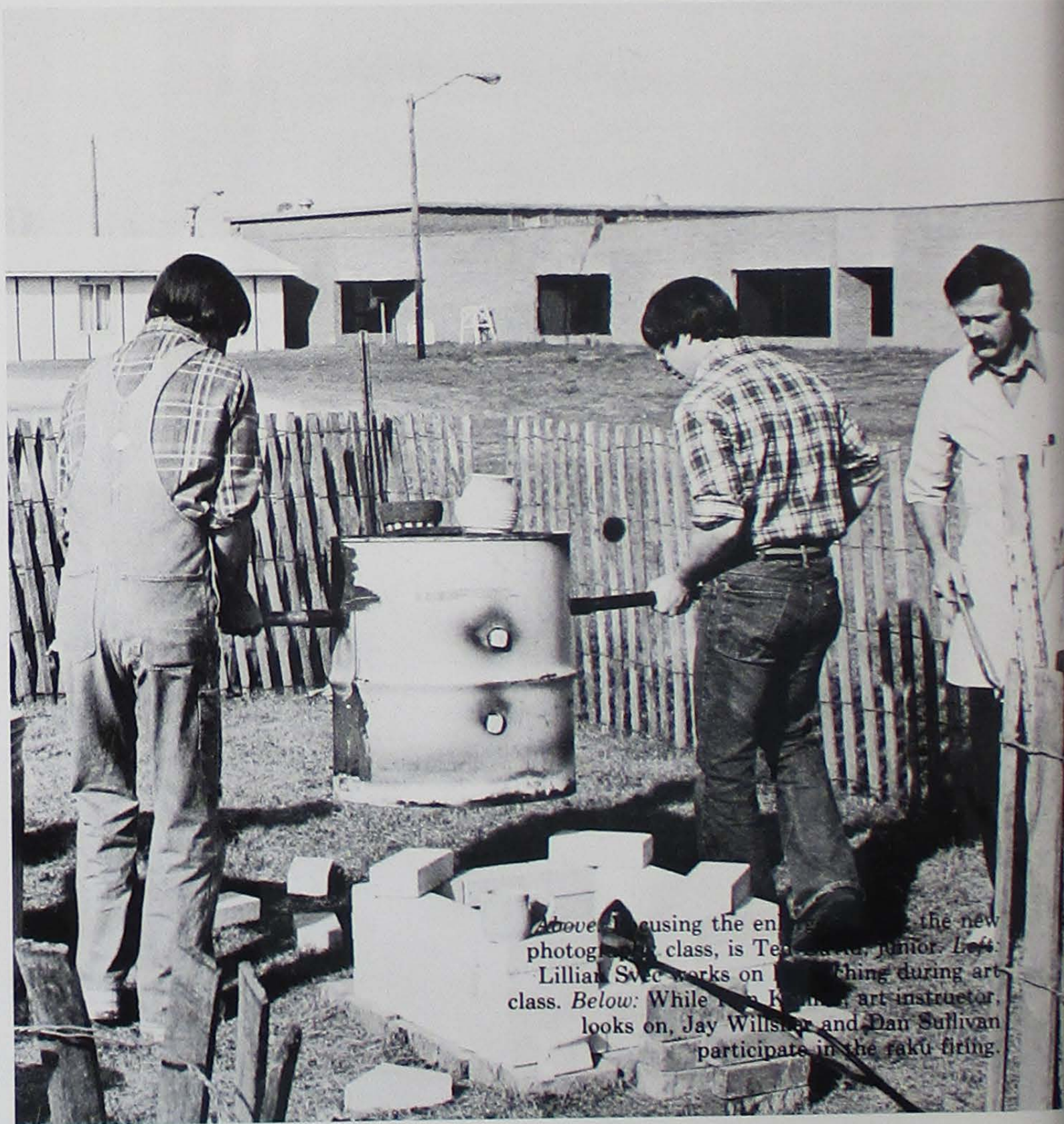


# Raku

'Raku firing has a high casualty rate.'

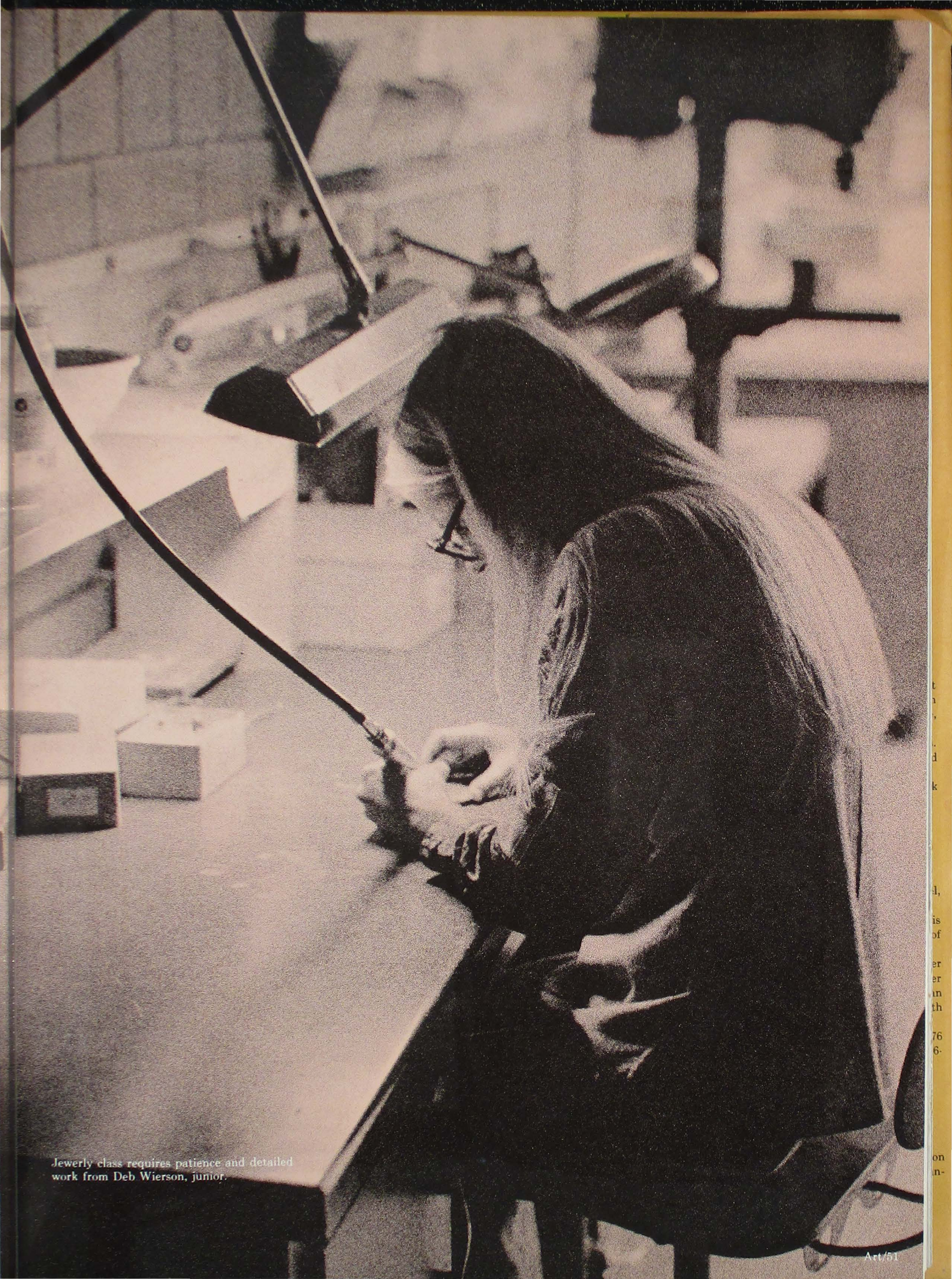


What is raku firing? It has nothing to do with raccoons and it's not a new rock group. It is, however, an ancient form of firing clay pots and was tried for the first time in the art department. With special permission to set up the kiln behind the school, students started the firing. Pots made of special raku clay were placed in the pre-heated kiln for about 15 minutes. Next, they were put in sawdust to cool and then in water for the final cooling. Sarah Mason, an art student, commented, "Because of the sudden temperature change, raku firing has a high casualty rate." Out of 15 pots she fired, five came out with no cracks. She also said, "Most of all, the firing will encourage future students to make more pots and they will know more what to do."



Above: Focusing the end of the new photographic class, is Ted... Junior. Left: Lillian Svec works on... during art class. Below: While... art instructor, looks on, Jay Willson and Dan Sullivan participate in the raku firing.





Jewelry class requires patience and detailed work from Deb Wiersen, junior.





Top: Devouring one of Minsky's 'cheesy' pizzas, Carol Birdsall, Bill Robertson, Bob Thompson and Meri Pietz represent just a few of the people who enjoy a stop in campustown. Above: Ready to roll at J-4 Rollaway are Dave Waggoner and Kelly Smay.

'I think girls asking guys out is a pretty good idea . . . '

## Dating

'Going steady' and giving-your-girl-your-high-school-ring were recognized as lingo of the

past, but the customs were not pushed aside. The coined phrase, 'going steady' was reworded as simply 'dating', and high school rings were replaced by the star sapphire.

The typical date was an informal one, not always on a one to one basis. After games or on free Friday and

Saturday nights, hoards of high schoolers inhabited local pizza hangouts in campustown, some for the product, others to play a game of foosball, meet with friends, and move on to the next popular spot.

Prices expanded, wages did not, and more AHS couples found their





Above: Roving headlights discover a couple. Right: Shelley Tryon and Scott Myers sample food at a pre-Formal dinner.



number of T.V. dates ("The Saturday Night Movie, frozen pizza) increasing. "Going out is so expensive we couldn't afford it more than once a weekend. Thank God for Monty Python!" quipped Linda Knutson.

1975 was 'The Year of the Woman', yet dating at AHS still held many

traditional aspects. "I think girls asking guys out is a pretty good idea, but I'd feel really uncomfortable doing it myself," considers Sophomore Melissa Berhow. "I don't think too many girls actually do take the initiative!"

With near record attendances, the

Christmas Formal and the Junior Senior Prom provided formal occasions where AHS couples could enjoy the high society life for a few hours and a fistFUL of dollars.

"Getting dressed up and going out to eat before the formal was really fun," recalled Jeff Klaus, senior. "It was so different than what we usually do."





The hands of Senior Dee Dee Kelly and Dee Spurgeon portray fashion trends of hands full of rings and Indian jewelry.



# Fashion

'Boys discovered chokers of wooden beads or shells . . .'

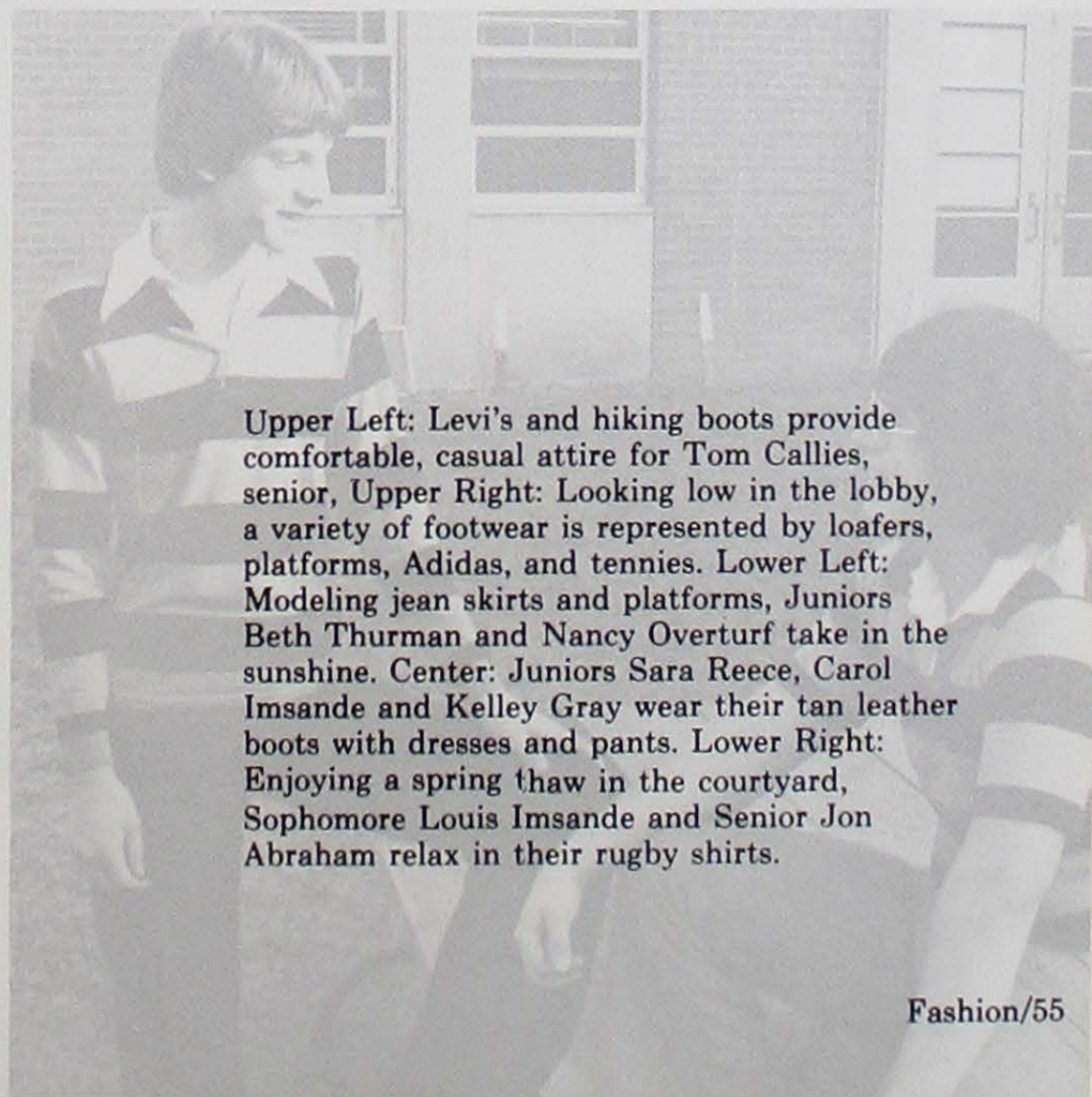
**W**hether it was with Levi's, pantsuits or blazers, denim took the pain out of stylishness for Ames High students. Girls who never wore dresses started showing up in jean skirts, and overalls were shoved to the back of closets with the birth of multicolored coveralls.

The popularity of mood rings, Indian jewelry and puka shells made jewelry

departments more profitable than ever. Boys discovered chokers of wooden beads and shells, rings were worn by the fingerfuls and accessories popular from previous years such as scarves, colorful purses and crazy socks continued to revitalize last year's wardrobe. Amidst a deluge of allowance-eating trends, Ames High students found their own creations more and more attractive. "By making my own clothes, I can pick exactly the

material and style I want," said Jeanette Merrill, junior. "And besides, they fit better too."

Stove pipe pant legs and rolled up jeans were the new trends in leg wear. "Even with all the latest pant styles, I think dresses will always be stylish," commented Rimma Abian, senior. "Most girls are somewhat fashion conscious, but there's a lot of freedom at AHS to were just what you want."

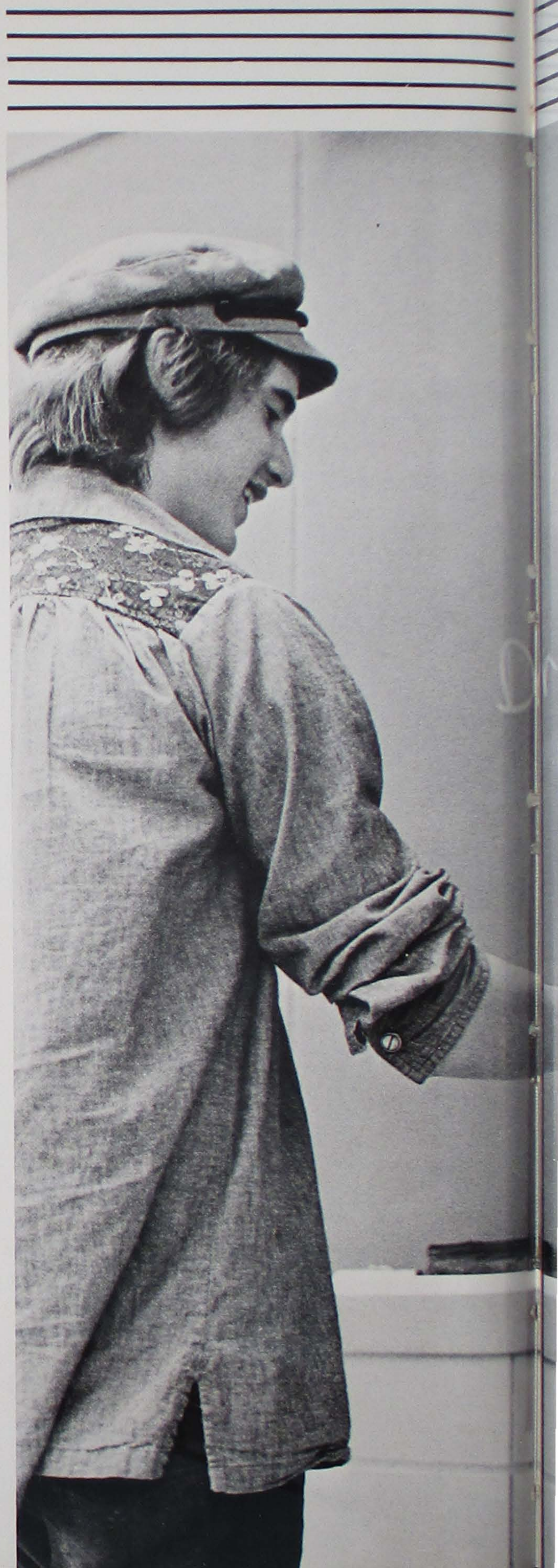


Upper Left: Levi's and hiking boots provide comfortable, casual attire for Tom Callies, senior, Upper Right: Looking low in the lobby, a variety of footwear is represented by loafers, platforms, Adidas, and tennies. Lower Left: Modeling jean skirts and platforms, Juniors Beth Thurman and Nancy Overturf take in the sunshine. Center: Juniors Sara Reece, Carol Imsande and Kelley Gray wear their tan leather boots with dresses and pants. Lower Right: Enjoying a spring thaw in the courtyard, Sophomore Louis Imsande and Senior Jon Abraham relax in their rugby shirts.





TOP: Having a good time playing Scrabble in Spanish is Junior Ann Wirtz. ABOVE: Jane Lin, senior, and Robin Murray, French teacher, have a friendly tete-a-tete. RIGHT: John Couture, senior, shows his finesse at writing German words.





# Chance

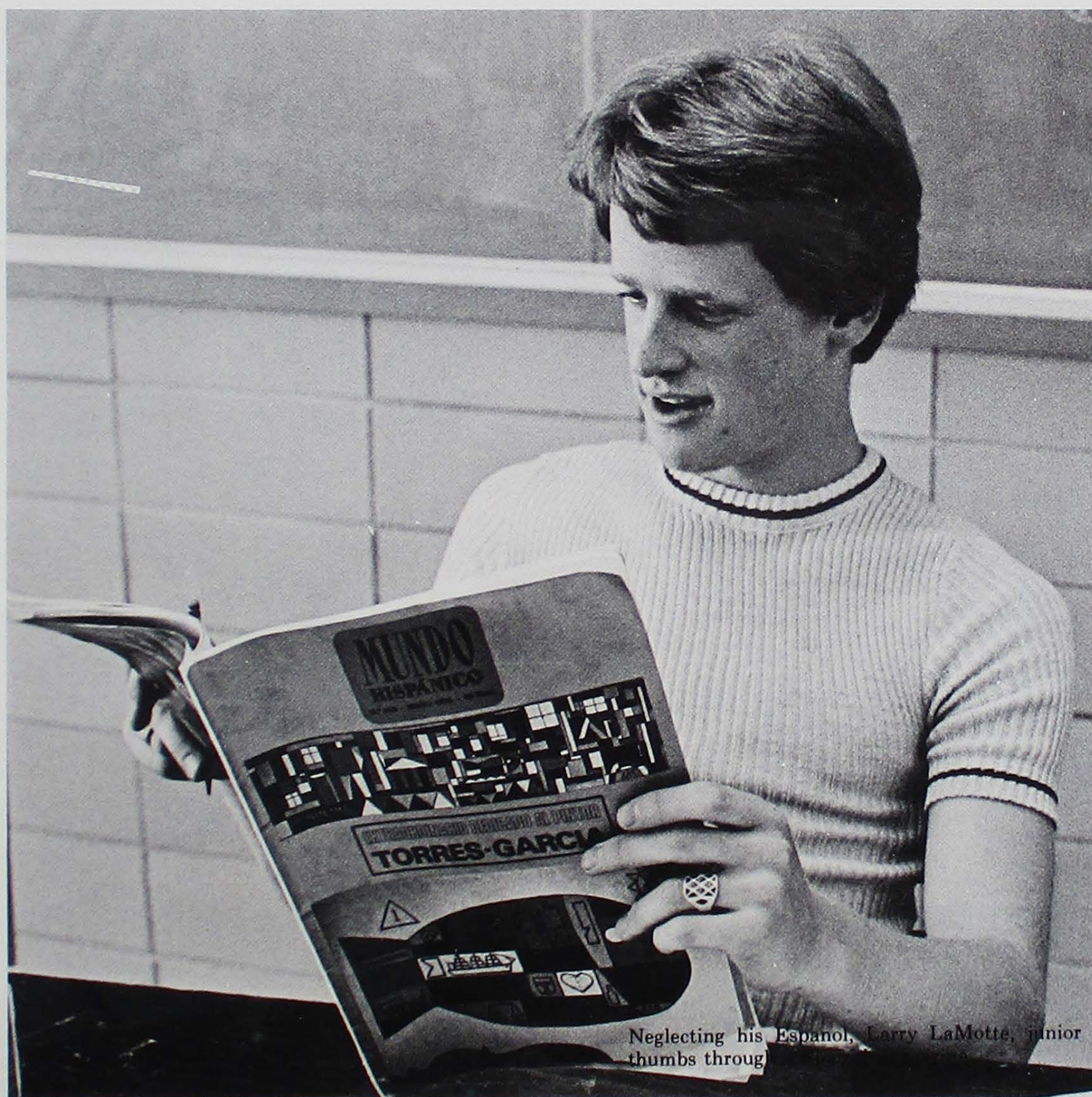
"... will never forget the indigestion."

**S**crabble, Monopoly, Match Game, Password, Charades, Hangman and Telephone are all familiar games to most students, however, they can take a different twist. They are all played in a foreign language.

"I think the games are great because they give us a chance to use the words we have learned," commented Cindy Birdseye, spanish student. Fun and frustration are combined while trying to guess the right word. "I haven't

really played that many games with the students, but they seem to enjoy language baseball," noted Robin Murray, French teacher.

Language classes are also known to try different foods from their adopted country. Spanish classes will never forget the indigestion of Gazpacho or the Spanish omelets. As for the French classes, Murray pointed out that "my fourth year class and I made a seven-course French meal. We've done crepes, strawberry tarts and cheese fondue in class." Drills are not the only thing going on in language classes these days. What fun!



Neglecting his Espanol, Larry LaMotte, junior thumbs through





The learned scholar and his servant, Mephostophilis, Faces, Left To Right: Wrath, Carter, Wagner, Sloth, Martino, Covetousness.

# Faustus

'I got so wrapped up in it I was shaking.'

"I wanted to go to see 'Doctor Faustus' because I'd heard it was one of the best productions Ames High has ever put on," said Kay Hocker, senior. "I also was interested in the costuming and I wanted to hear the dialogue. I thought it was fantastic!"

This was one reaction to Ames High's winter play, by Christopher Marlowe, which drew large audiences for its type of production. Brian Jenkins portrayed Doctor Faustus, the learned scholar who would sell his soul to Lucifer (Russ Pounds) in 24 years, in exchange for having the devil Mephostophilis (Neal Stephenson) as his servant.

Set in the 1500's, costuming for the show was elaborate, with long decorated dresses, ruffles, capes and other period fashion.

"I enjoyed everything from costumes to the acting and techniques. I was afraid, though, throughout the entire play that someone would slip and fall off the slanted stage," commented Annette Raper, senior. Most of the play's action was on a black, 45 degree angled rake. This factor, combined with spotlighting and trap doors, was effective in setting the overall mood. The play's tragic climatic mood had a definite effect on Hocker: "At the end, I was so tense and wrapped up in it that I was shaking. I really enjoyed the entire thing!"







Above Left: "Two spreading horns most strangely fastened upon the head of young Benvolio." Above Right: Carter tells Faustus her joke about the man with a wooden leg. Center: Darius of Persia and Alexander the Great battle for the Emperor's entertainment. Above: Pope Adrian defends his right to rule. Left: The Horse-Courser puzzles over the leg he pulled off Faustus.



**A**lthough not as busy as in past years, and with fewer members, the orchestra made more individual progress than in any other year, according to Director Richard McCoy. The members seemed to echo these feelings as Kevin Coria commented, "Orchestra was great this year because more people matured musically." Another member felt they lacked a strong student leader, but the enthusiasm was high. One of the highlights of the year was making a record. Playing to a Bicentennial theme, selections from "Porgy and Bess" by Gershwin and the overture from "Candide" were featured. The record was coordinated in conjunction with the band and chorus. Although it only took two days to actually produce the record, hours of practice and more practice and more practice paid off in the end. Members were kept even busier with contests and All State, with seven students being named to All State. Grapefruits and candles became as familiar to orchestra students as their instruments when trying to sell them to earn money to buy new music and new instrument cases. Juniors and sophomores looked ahead to selling the Bicentennial record commercially around Ames to finance an orchestra trip in 1976-77.

## Participating

'Orchestra was great this year because more people matured musically'



CHAMBER ORCHESTRA:  
Front: Carolyne LaGrange,  
Suzanne McCully, Sonja  
Froiland. Second: Donna Rod,

Kathrin Lassila, Susan Smith.  
Third: Melinda Homer, Peggy  
Haviland.



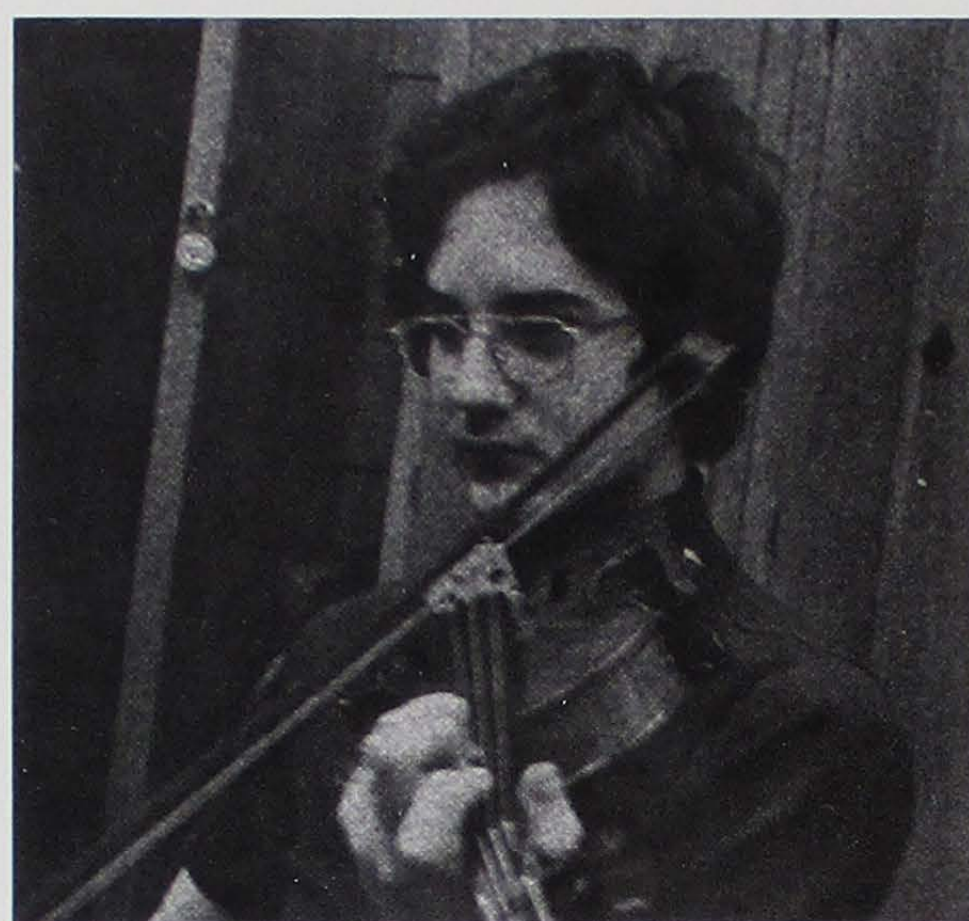
STRINGS: Front: Suzanne McCully, Kathrin Lassila,  
Donna Rod, Judy Crane, Sharon Cook, Sarah Bro, Sonja  
Froiland. Second: Barbara Deppe, Peggy Haviland,  
Carolyne LaGrange, Susan Smith, Doug Biggs. Third: Jane

Pearson, Sandra Cline, Melinda Homer, Cecelia Carbrey,  
Shawn Carbrey, Chris Barta. Fourth: Andreas Burckhardt,  
Angila Wiggins, Jim Friedrich, Harry Seker, Richard Crane,  
Kevin Shanks, Kirk Heer.





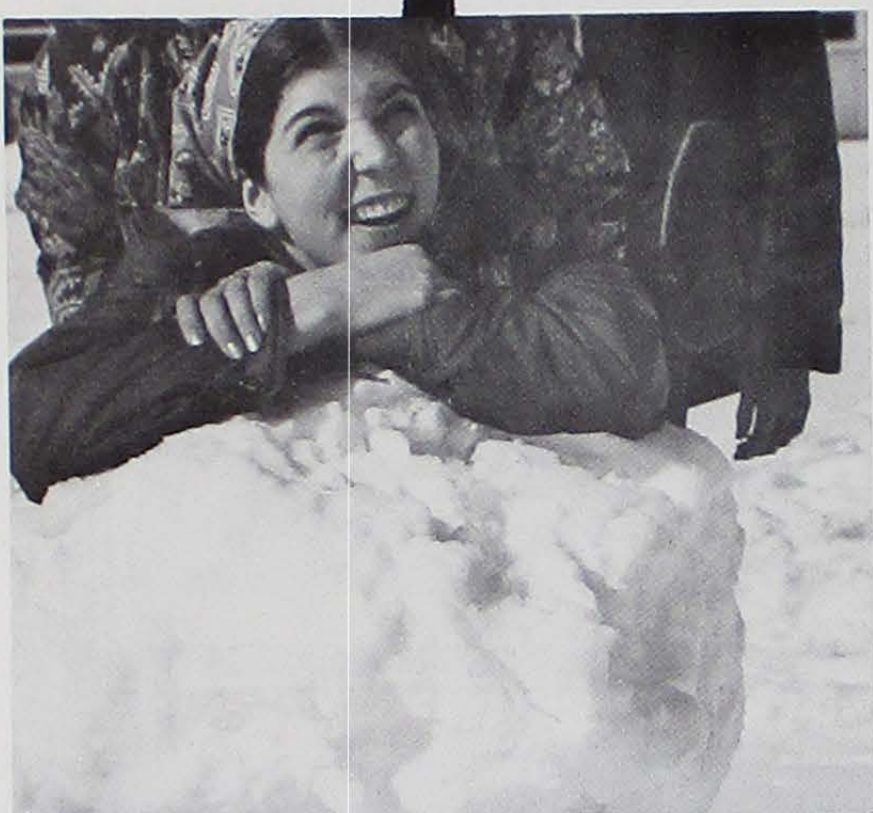
Center: Eyes on Richard McCoy, Senior Debbie Hollenbach waits for the signal to begin. Below: Sophomore Doug Biggs concentrates intently on his music.



WINDS AND PERCUSSION: Front: Delayne Stokke, John Randolph, Diney Staddler, Joy McCully, Marla Anderson, Jody Tryon, Second: Norma Dowell, Karla Bell, Malcolm

Johnson, Don McCormack. Third: George Burnet, Jim Kolmer, John Larkins, Kevin Coria, Dana Fullhart, Dave Klein, Tom Callies.







# Snowless

Things looked grim for those traditional winter activities'

**F**ew things in Iowa can be depended on. Corn is one. Girls' basketball is another. A third, snow, has been dropped from the list.

In recent years, that cold, white stuff could be counted on to give one or two days vacation during the course of a winter. But when snow hadn't covered the ground by Valentine's Day, things were looking pretty grim for traditional winter activity.

Picture this. Paying \$1000 for a new snowmobile and then watching the dust collect on it. How about trying to make snow to ski on, only to have it melt faster than you can make it. In the face of a snowless winter, students resorted to indoor activities either in front of the tube or at the gym. On various January days, when temperatures soared to record highs, some could even be found flying kites. Bicycles never found their way into winter storage. For those who found winter unbearable without snow and ice, there was skating and hockey at Hilton Coliseum. Of course there is always Aspen or Sun Valley if you had the money.

For most people though, who cannot afford a Florida vacation or Colorado ski trip, the mild winter was a pleasant fluke, just a bit too pleasant to last. In one of Iowa's patented blizzards, the brilliant white blanket reappeared. With it came the return of sled, skate, and snowmobile enthusiasts, as well as forgotten memories of slick streets and buried cars.

Above Right: Anxious girls get some tobogganing in before warm weather melts snow. Above Left: Sue Ricketts tries to remember how to create a snow angel. Left Center: Snowmen are not complete without a pretty face. Lower Left: Senior Mike Barrett sets his traps for the winter season. Center: Dave Hollenbach gets the bad end of one of the season's few snowball fights.



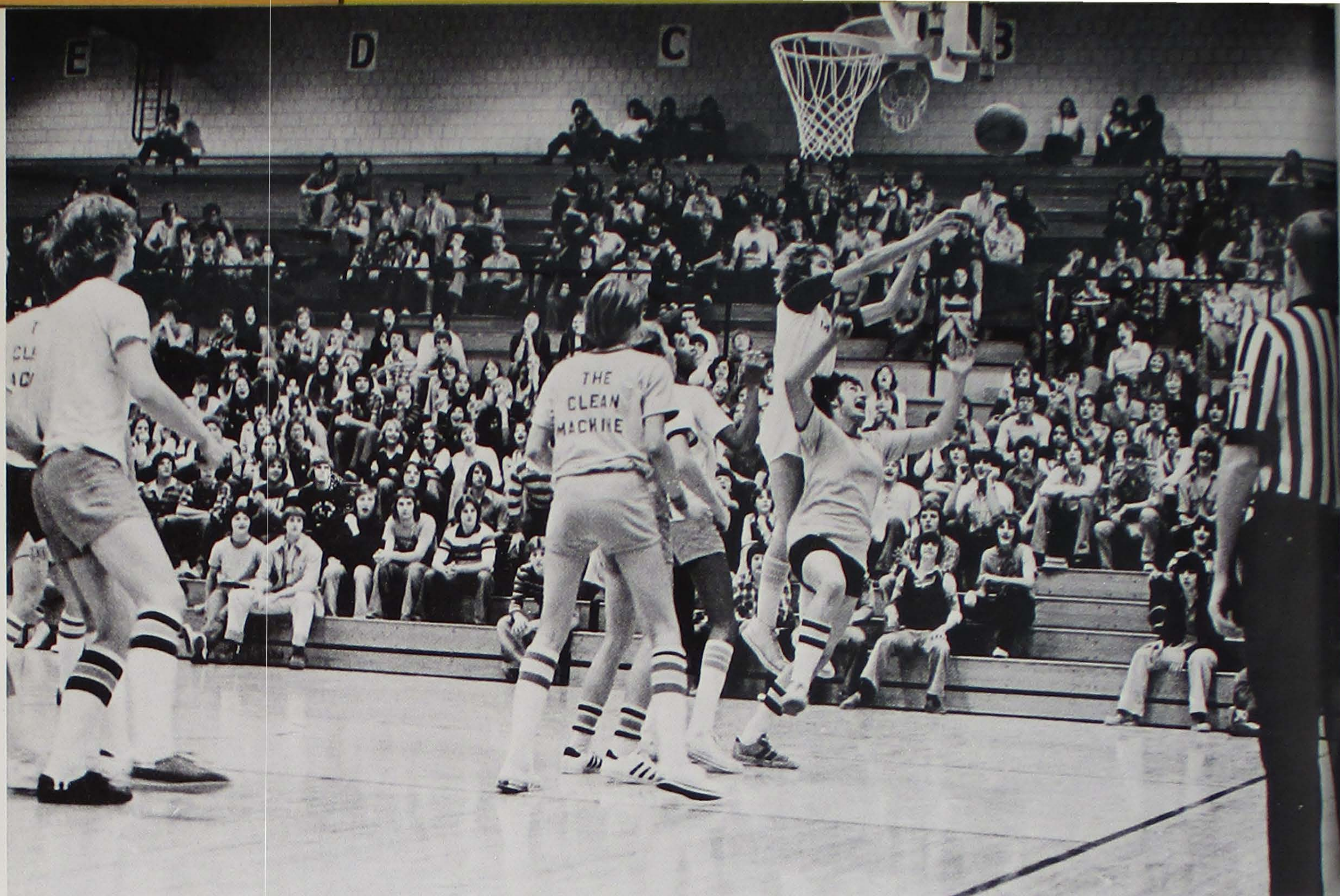
"An Iowa winter just isn't right without snow. There's nothing to do."

Winter was nonexistent."

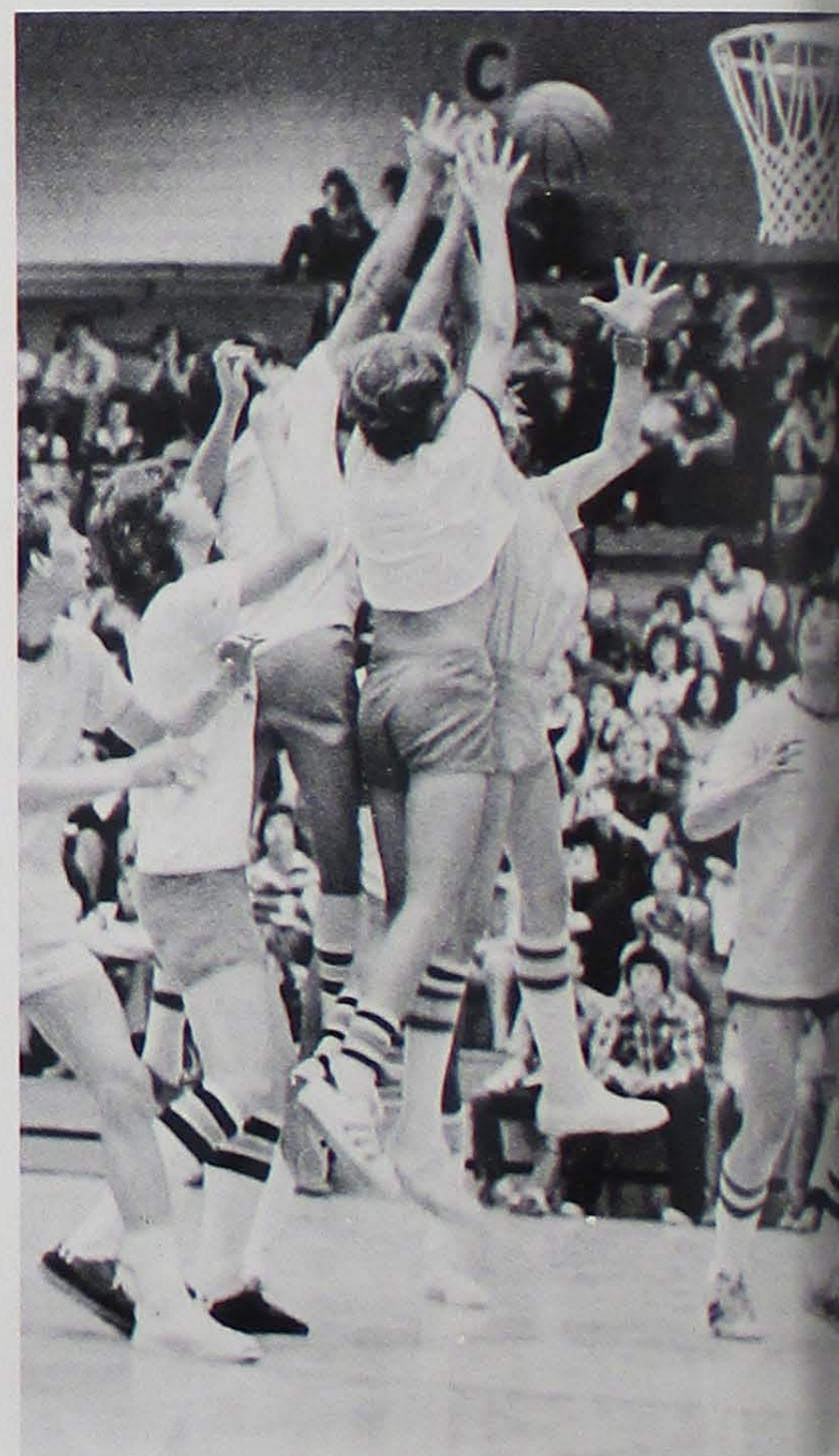
"It was a super winter; three seasons rolled into one."

"Basically it was dull."





Boys Intramurals Champions: Front: Neil Sauke, Steve Stoecker, Kelley Farrar. Second: Jim Ingram, Gary Prange, John Scott.





# Dominate

**S**pectacular, fun, exciting, and pure enjoyment, that is how to describe boys intramural basketball. It was quite an unusual season for those colorful clowns that boost Ames High athletics. The season started in early November and ended in March.

About 100 boys made up of sophomores, juniors, and seniors participated in the traditional season. The league expanded into two leagues of eight teams each.

"The captains are all seniors, said head organizer Keith Hilmer. "I decide on captains by their leadership qualities, responsible attitude, organization ability, and past basketball experience."

The teams were chosen, names decided and uniforms purchased. Names varied as much as the players from Clineys Crushed Nuggates, Cashew and Assorted Nuts to Brady Bunch and Trash Too? The uniforms were as strange as the names, ranging from personally monogrammed T-shirts, gym clothes and regular game uniforms.

"I feel we need this program as much as enjoy it," commented Eric Munn. "With only 15 boys making the varsity team, that leaves a lot of us shut out; this offers us something to do."

Each team had a game schedule of 13 to 14 games. With the top four teams in each league competing in the championship playoff.

The playoff was between number one seeded Clean Machine, Trash Too?, Cat and the Electric Casket and Cashew and Assorted Nuts from one league. And Wheels of Confusion, Fifth Artillery, Brady Bunch and Clineys Crushed Nuggates from the other league. After several games the playoff was narrowed down to two teams Clean Machine and Clineys Crushed Nuggates. The championship was played during an all school assemble. The game was highlighted by scoring leader Junior Mark Heminson who scored 26 points. It was a thrilling victory for Clean Machine, 31-28.

'We need this program as much as enjoy it'



Top Left: Leaping for a rebound is Senior Steve Clinefelter and Junior Jim Ingram as teammates and fans look on. Below Left: It's all hands as members of Clean Machine and Clineys Crushed Nuggates grab for a rebound. Above Top: Leading scorer Mark Hemington begins his break towards the basket. Above: Senior captain Neil Sauke takes control of the ball. Right: In his first year of Intramurals Sophomore Gary Prange dribbles away from basket.



# Rhythm

'I go because I just like to dance'

**"B**oogie Fever" invaded the school bringing with it the Hustle and the Bump as the Dances of the year.

Although it is true that school dances are well utilized by some groups of the student body, their popularity as a whole is on the decline. Barbara Alvord said that this decline is facing not only AHS, but seems to have affected other Big 8 schools, also.

Sophomore Kathy Sydnes felt that there were several reasons for the small attendance figures. One might have been that many who go to dances have dates, and those who don't must sit and watch or dance in groups.

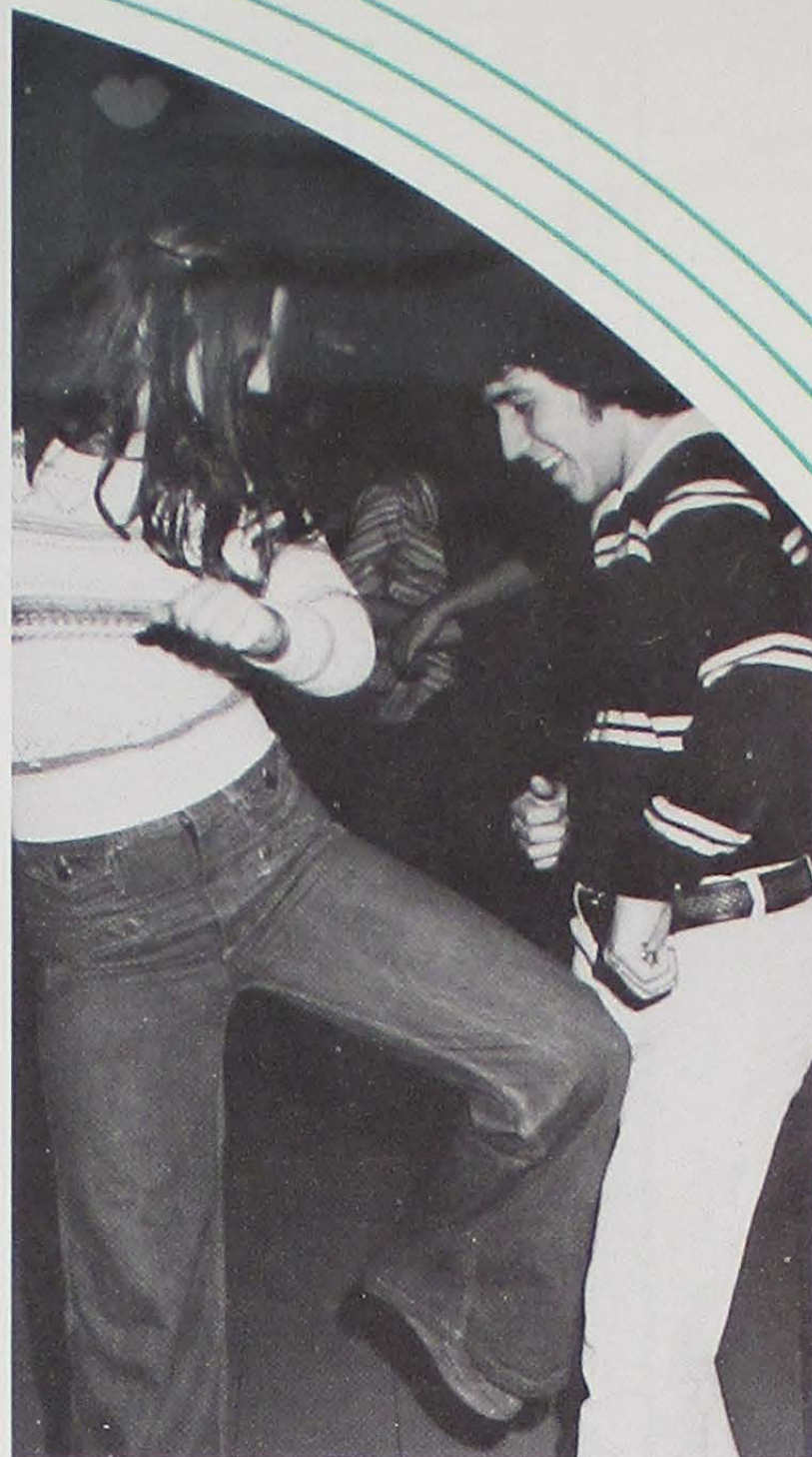
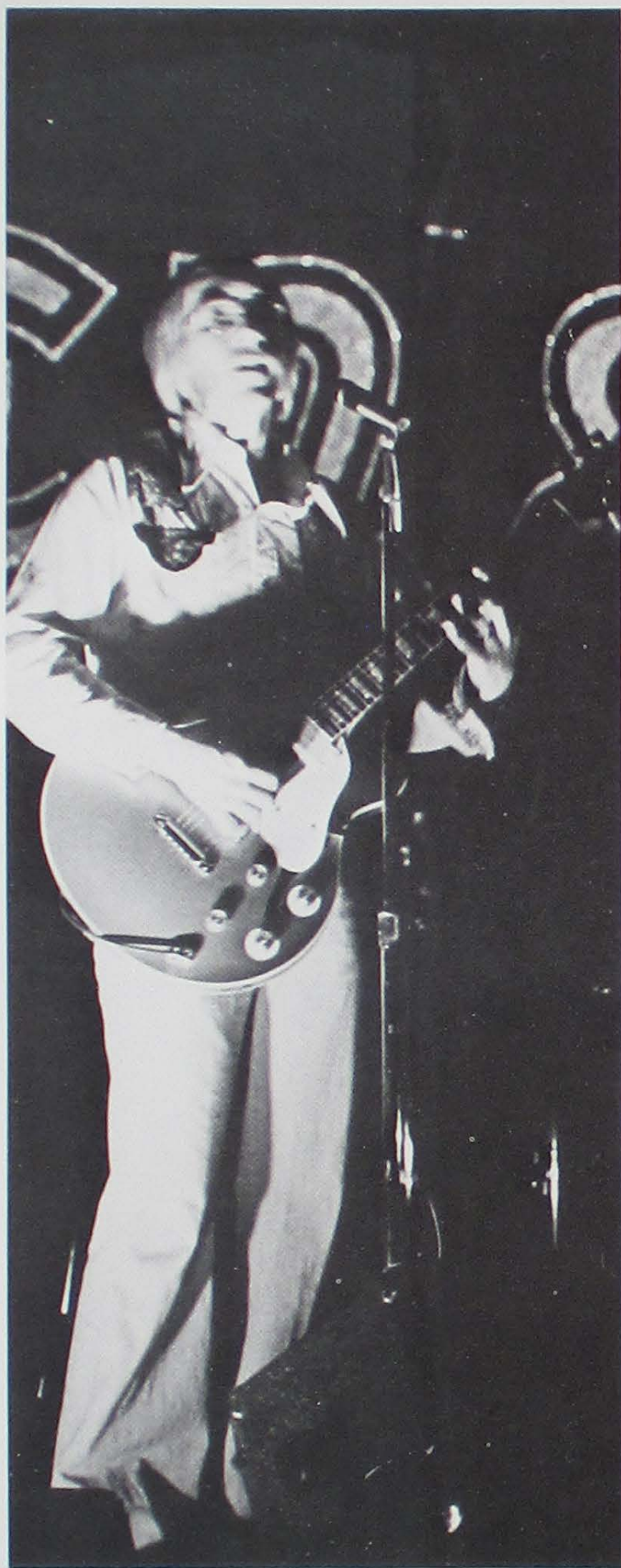
Janette Merrill suggested that perhaps another reason was the kind or quality of the band. She said she'd seen people "come in and leave" soon afterward because they didn't like the music being played. The most likely reason for the low attendance at dances was suggested by Alvord, as well as Marilyn Hanson. It was their belief that the general changes in our culture as well as the changes in students attitudes towards school functions caused the interest in dances to decline.

For those people who still like to carry on the tradition of school dances, they were available with groups like Benson, Freestone South and Flight. And why did those people go? Steph Waggoner gave her reason: "I just like to dance."

Candy Block and Brian Jenkins get down at the Homecoming Dance.







Above Left: Connie Birdsall and Dave Crawford take advantage of one of the slow songs. Above Right: Doug Maas and Steph Waggoner hold hands and boogie to the music. Right: Barb Brady and Vince Terrones do the "bump" at the Sweetheart Dance. Left: At the Sweetheart Dance, Kelley Gray stops dancing to look for a friend. Center: Benson played for the Christmas Formal as well as for one other dance.



# Firm

'If you win, you win,  
If you don't, so  
what!'

**A** year of experience" is how  
Coach Marvin Scott  
describes the 1975-76  
debate season.

Starting the year with only one senior debator, the team was "as low as we have ever been." Even though the team was made up mostly of sophomores and juniors, Scott chose not to let them take easy wins on the novice level. As the season (October 26 through April 10) progressed, the novices were moved to varsity, and those on varsity to the championship level. The tough competition produced dramatic improvement. According to Scott, Kirk Brown, Doug Wolf, Mark Zbaracki, and Susan Russell "made more progress than novices in three years," and became "varsity quality debators."

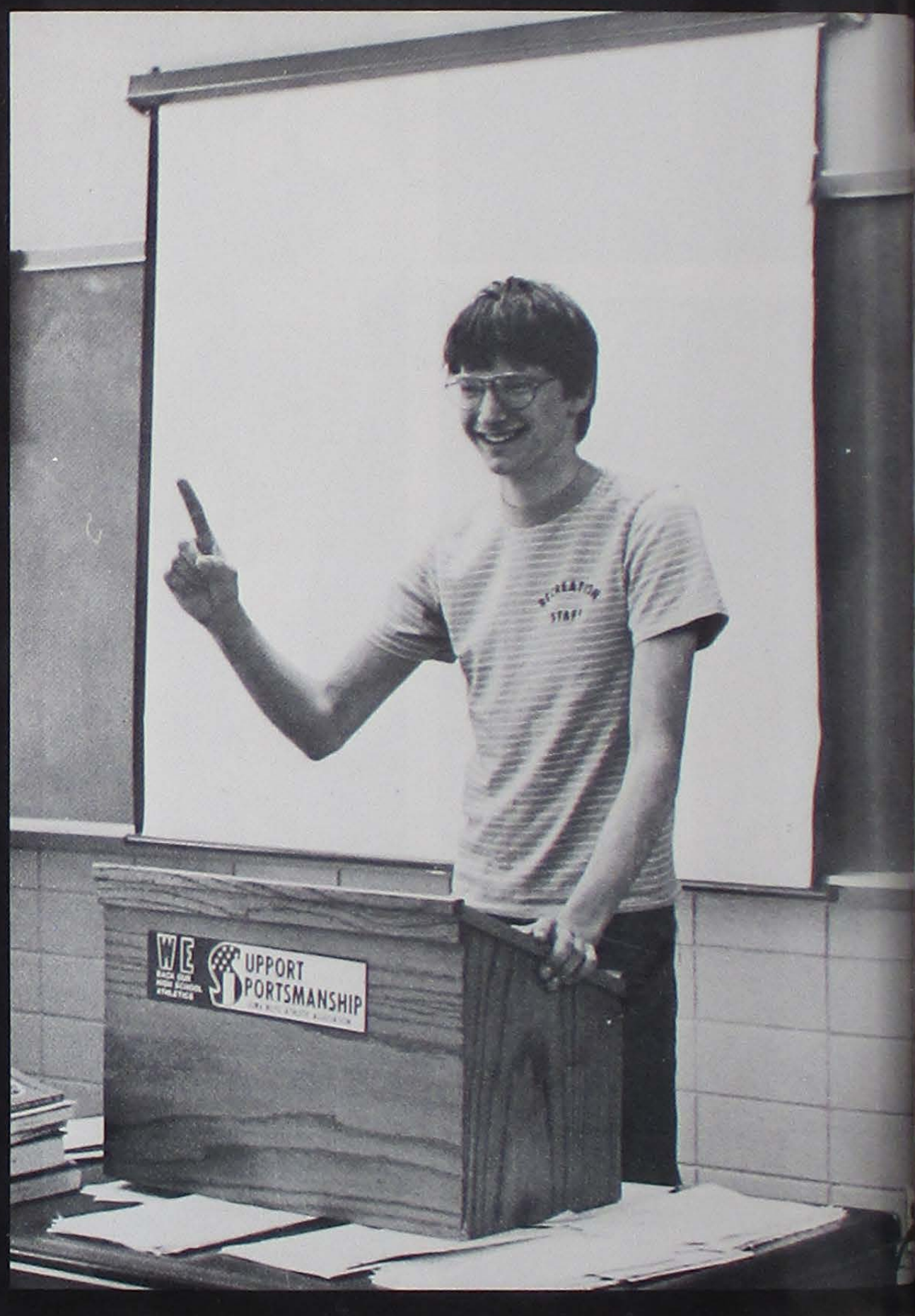
Another debator that made "really dazzling improvement" was Terri Rasmussen who became "quite a credible champ debator."

As a result of matching sophomores and juniors against seniors, they "got crunched" but adds Scott, "if we had debated novice, we would have massacred people."

An added event to this year's schedule was the Bicentennial Youth Debates. Members of the team qualified for the tournament held in St. Louis.

For Terri Rasmussen, this was one of the high points of the year. It was "relaxed and debators from Iowa were for each other." The attitude was "if you win, you win, if you don't, so what!"

With none of the team graduating, Scott predicts "the really good team will be next year."

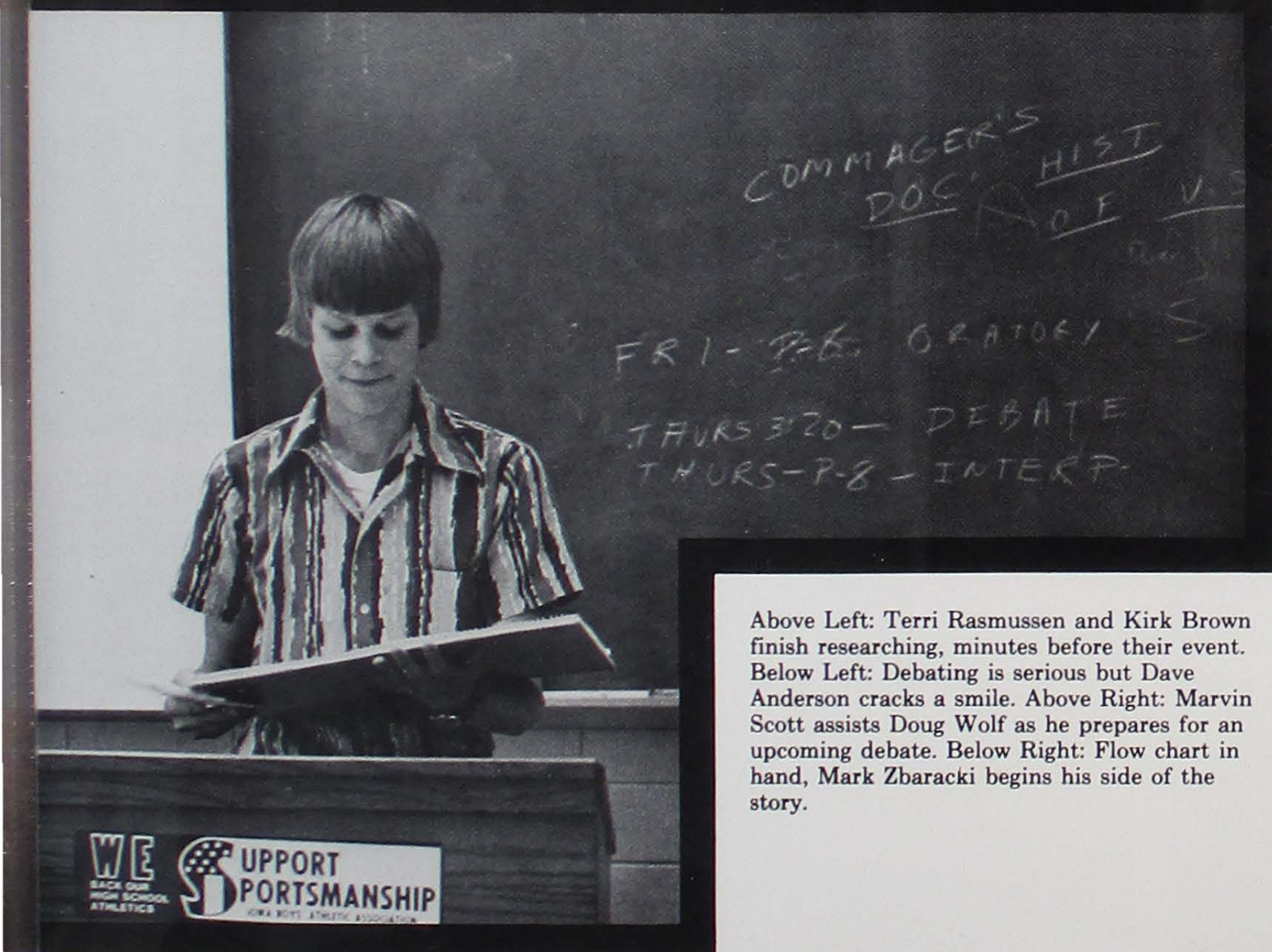




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Above Left: Terri Rasmussen and Kirk Brown finish researching, minutes before their event. Below Left: Debating is serious but Dave Anderson cracks a smile. Above Right: Marvin Scott assists Doug Wolf as he prepares for an upcoming debate. Below Right: Flow chart in hand, Mark Zbaracki begins his side of the story.

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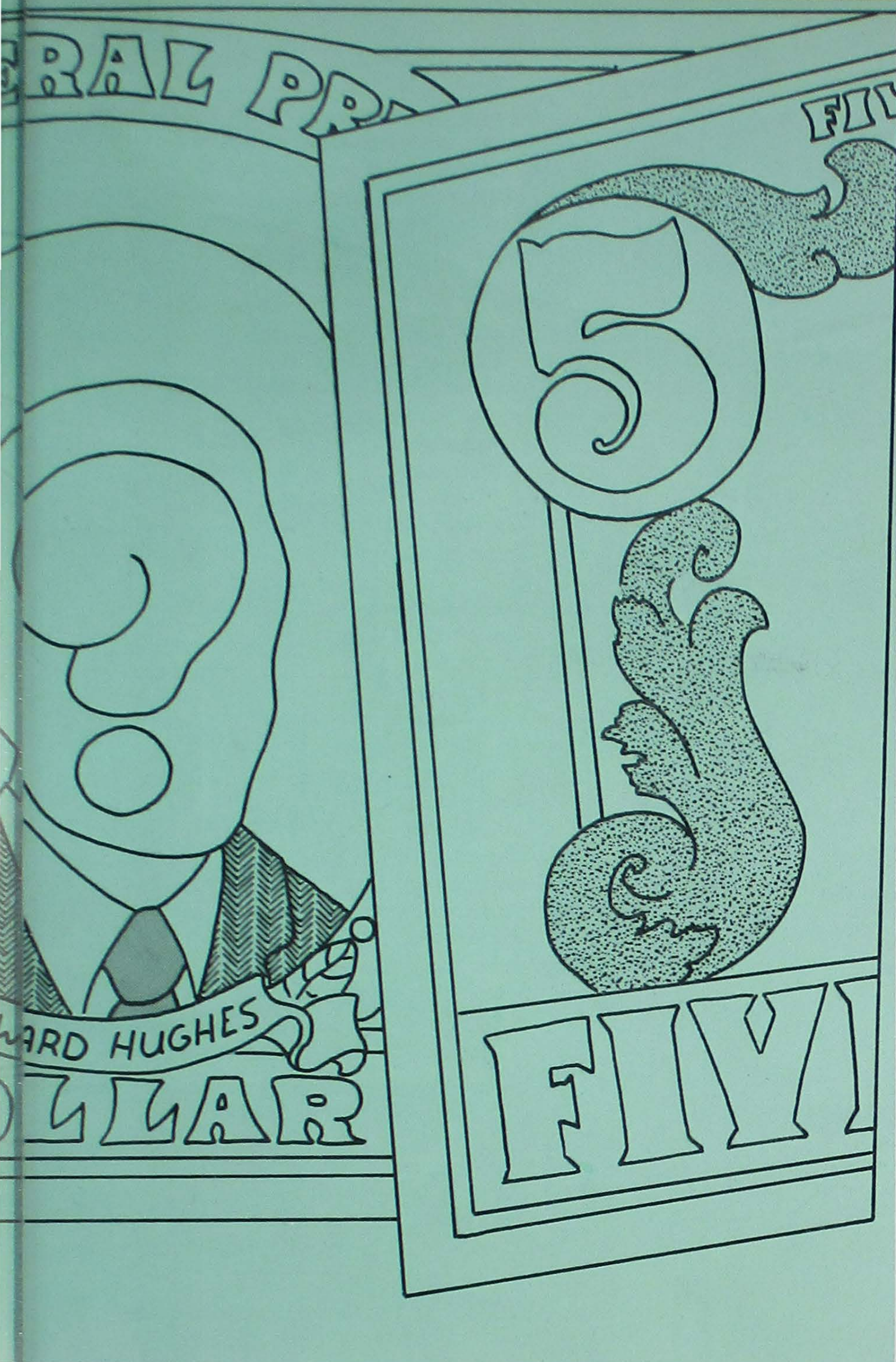
*Richard N. Nixon*  
BANKER

FIVE DO

Far Right: Rick Crom adjusts surveying equipment on the job at Ames Engineering.  
Center: In the Mary Greeley Hospital kitchen, Julie Glotfelty prepares a dinner tray for a patient.  
Left: Student teacher, Diane Impehoven works at the barre with a dancer at the Ann Dirksen Dance Studio.







# Earning

'It keeps me busy and out of trouble'

**M**oney makes the world go 'round. Jobs make the money come 'round. Yes, dollars and cents are of great concern to most students. One sure way of padding the wallet or adding to the savings account is to get a job.

A Deca member, Denise Christenson, said "I've learned a lot of basic things about working with people and dealing with money." So what do employees do with the regular pay check? Much of the hard-earned goes into a savings account for college or other costly items. "I'm saving money so I can move out and buy my own car." explained Senior Valerie Fields. Money isn't the only reason some work. T.J. Triplett, an Eco volunteer, helped elementary school children record data on Eco excursions. "I like working outdoors and with younger kids," Triplett said. In addition to the benefits of extra cash, Junior Jay Willsher, Fareway employee, said of his job, "Working keeps me busy and out of trouble."





# EXPLORE

'gets students thinking.'

"The purpose is to explore new areas in jobs and discover, perhaps, a new career choice," said Merle Garman, EBCE coordinator. He was explaining a new program in Ames High, Experience Based Career Education. EBCE has been in operation at Ames High, a pilot school for the Midwest,

for only one semester. About 20 juniors have participated in the semester program that was created by a grant from West Virginia. It is an individual program that tries to give juniors an idea of a career they would enjoy.

To help with the difficult decision of selecting a career, students choose job sites in the community that they wish to learn more about. After approximately three weeks at one location, they move on to another job site. "It is not job training," said Garman, "but observation and experience wherever possible."

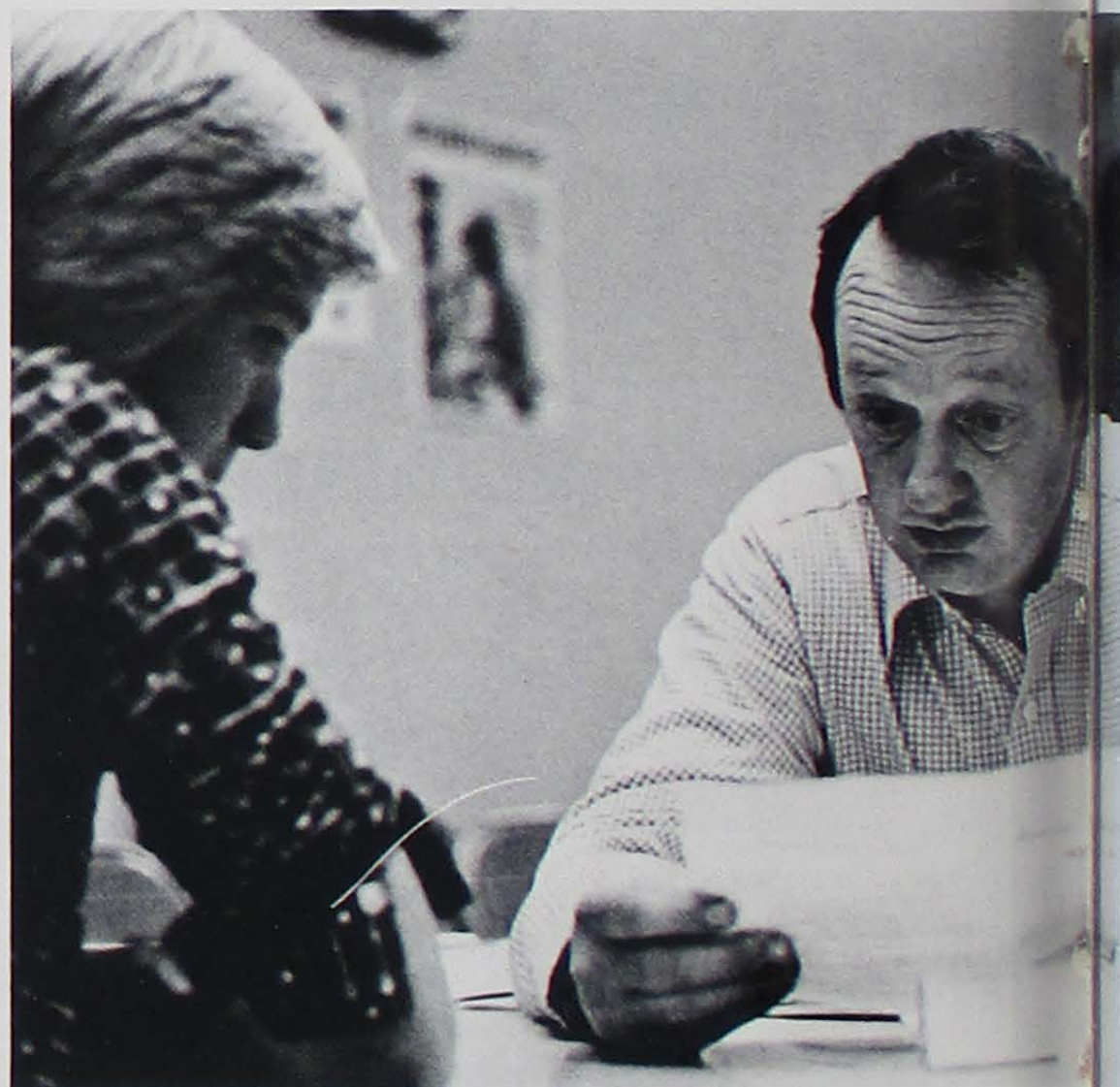
Job sites available to students range from a beauty salon to a funeral home. Students try out the career they are interested in and hopefully get a better idea of what career they would like to pursue. "EBCE gets students out and thinking about their future career," stated Garman.

Kathy Soper, EBEC student said, "It rules out what you don't like, too, so you can narrow your career choice."

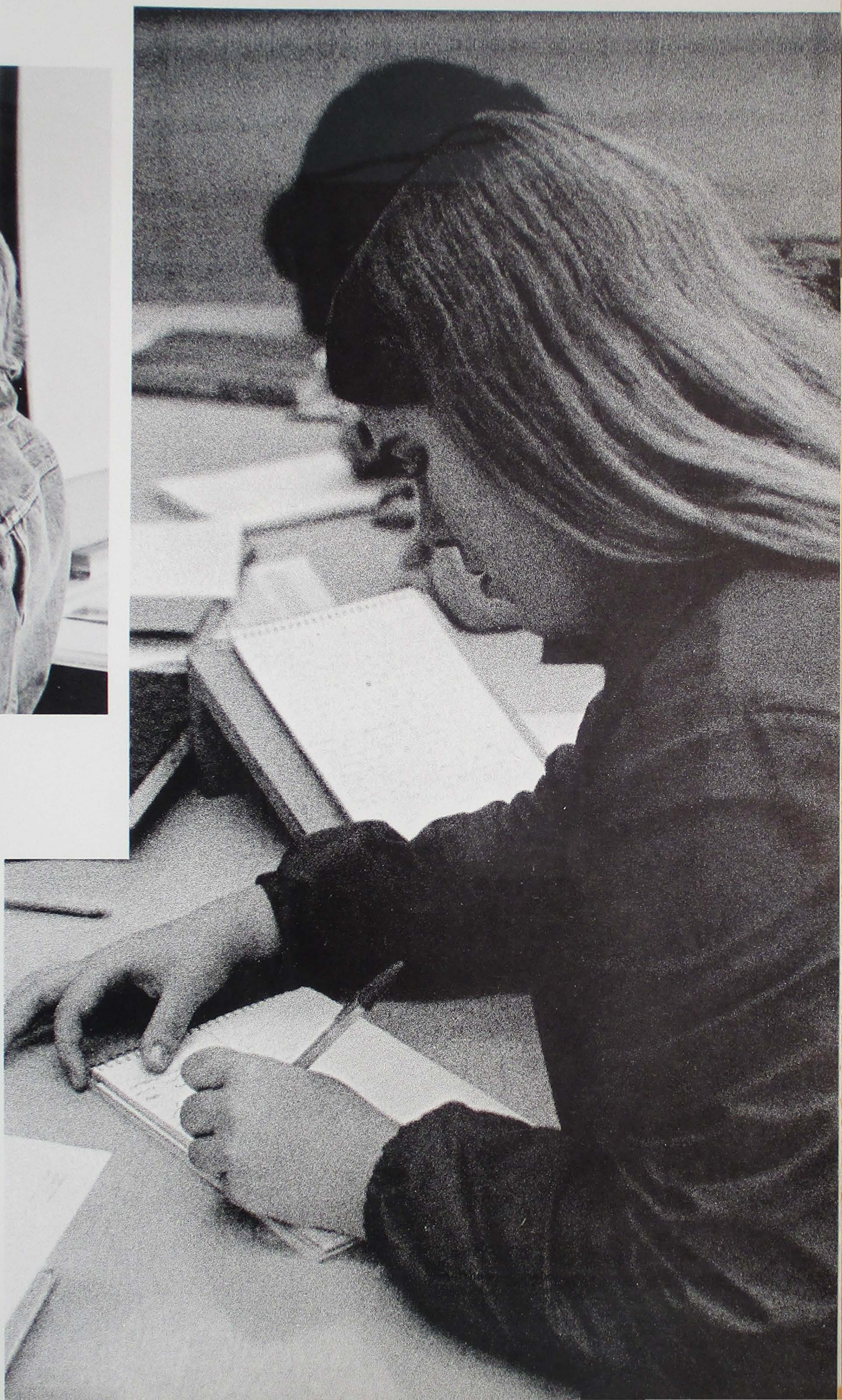
Garman added, "It's not for the student who has his career set but for the one who hasn't yet decided."



Above: Junior Cindy Wooldridge makes sure every word is right on her typing page. Above Right: Business Math student Brett Gourley scribbles furiously to complete a problem. Right: Merle Garman discusses the next job experience with an EBCE student.







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A brown belt in Tae-Kwon-Do, senior Forrest Jensen demonstrates a side kick.





*Above Left:* Senior Sue Ricketts takes time to care for her plants. *Center:* Capturing the scene, Scott Thiel, junior, spends his leisure time drawing. *Below Left:* Senior trapper Mike Barrett hides a trap in the snow. *Below:* Smoky Joe is brushed by his owner Karen Krieger, sophomore.



# Hobbies

'Making the presents gave me a feeling of accomplishing something that my friends could enjoy too.'

**W**ho would've guessed that the same students who did such routine things as eat franks-in-a-bun in the cafeteria and walk from class to class by the music of KLYF also entertained such hobbies as kicking boards two nights a week, getting up at 5:00 a.m. to set traps and talking to a Veltheimia plant? The students at AHS may have seemed to fit into similar molds from 8:05 — 3:20, but out of class they were very much individuals, with interests so varied that they lead them in 1,311 directions.

Whether spending their leisure time alone working on a bad 'carb', or bicycling on the Register's Annual Great Bike Ride Across Iowa, with friends, students found many ways to unwind from the pressures of the five day week.

In some cases, out of school interests served purposes other than just for fun or relaxation. "I want to minor in horticulture and someday own a greenhouse," said Sue Ricketts, senior. "Having lots of plants around has stirred up my interest in in this."

Some methods of occupying spare time also became money-saving. Having painted plaques for her friends' Christmas presents, Junior Cindy Lacey said, "Making the presents gave me a feeling of accomplishing something that my friends could enjoy too." Finding ways to spend the weekend and after school hours by doing things other than homework or attending athletic events broadened spectrums of personal abilities.



# Relief

The Industrial Arts wing needs room and equipment. Open for deal immediatly. Make offer. The teachers of the industrial arts classes definitely did not advertise in the want ads, but they did get a nibble which could turn in to a catch if all goes well.

The nibble came in the form of N.C.A. evaluators. All shop teachers feel expansion is needed, but when, and how much, is still being planned. Students also feel the pressure of expanding classes and deteriorating conditions. As Scott Thiel put it, "Yes, I think it could stand a little more room. It gets a little tight now and then."

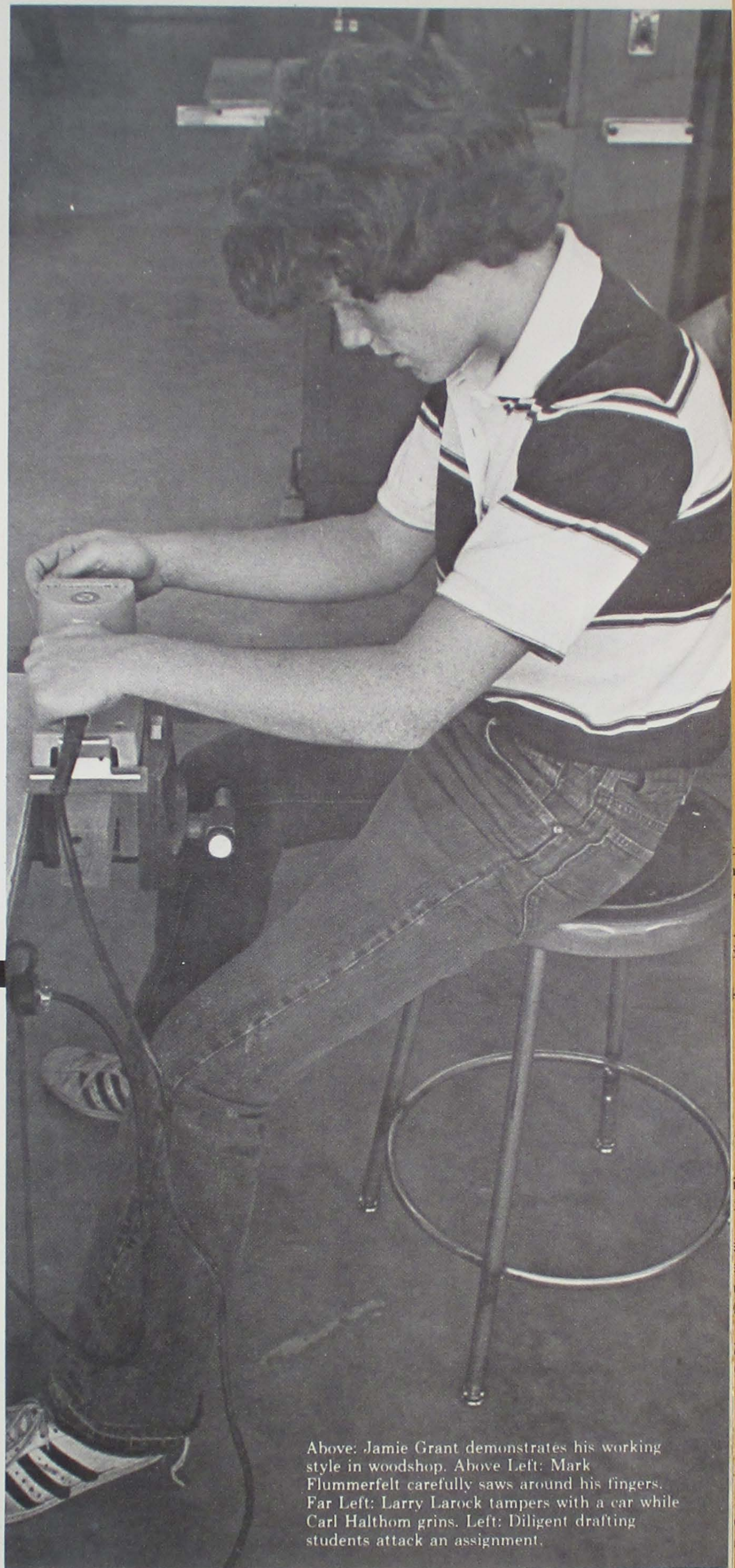
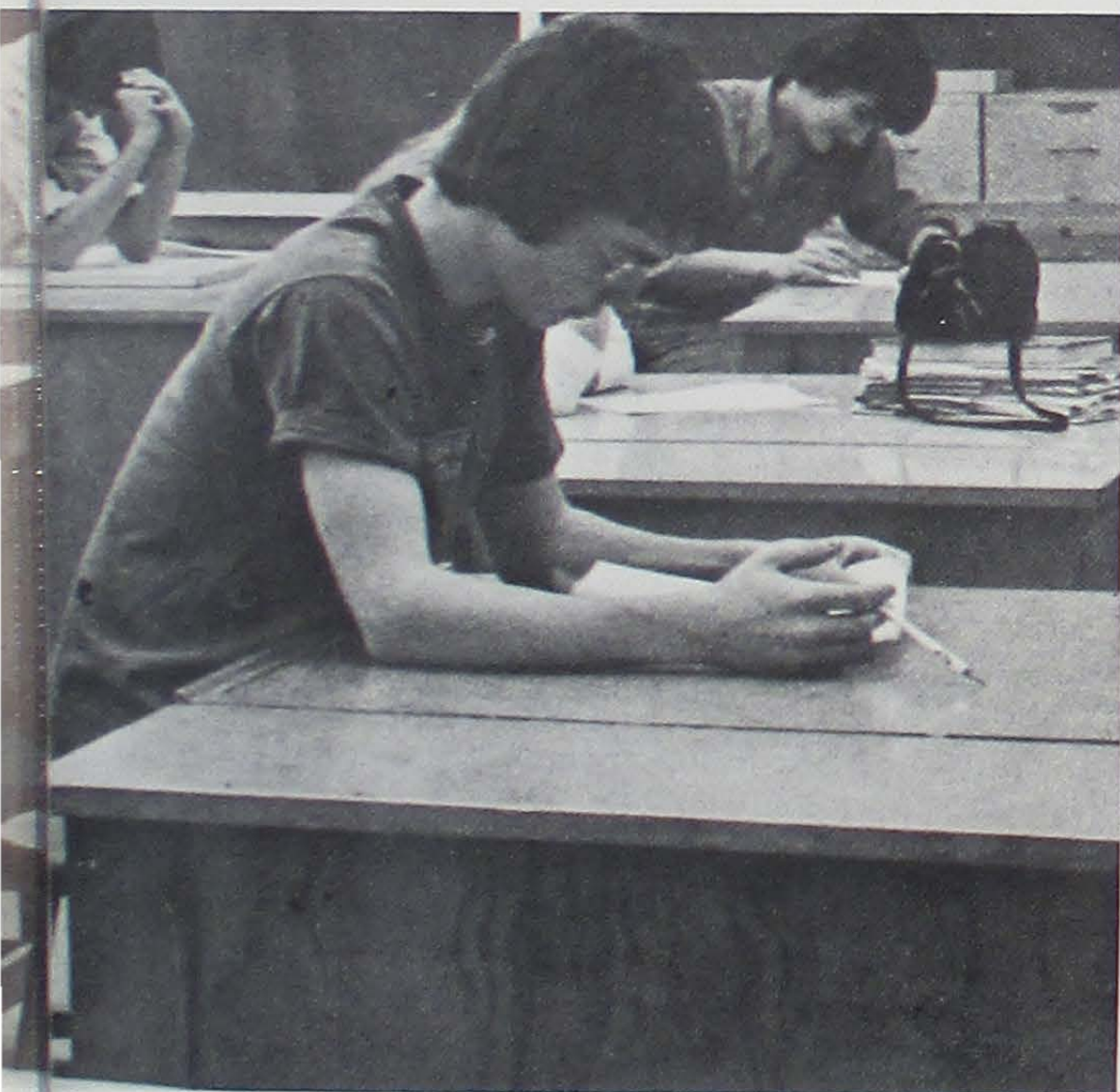
Mr. Olson, shop teacher for metals, sums it all up. "You could get a guy in here who didn't know much about shop, and he'd say, gee this room is big, I'll bet we could fit 30 people in here. But if you put 30 people in here working; you'd have chaos."

The proposed expansion is expected to move into the gravel parking lot west of the building. Tentative plans for the 6000 sq. feet of added space will possibly include a graphic arts center, a finishing center, an industrial arts I.M.C. and of course more room for work. But in the meantime, all shop teachers and their students can do is dream, and plan, and lobby, and arrange, and pray ...

'We could use more room:  
it gets tight now and then.'





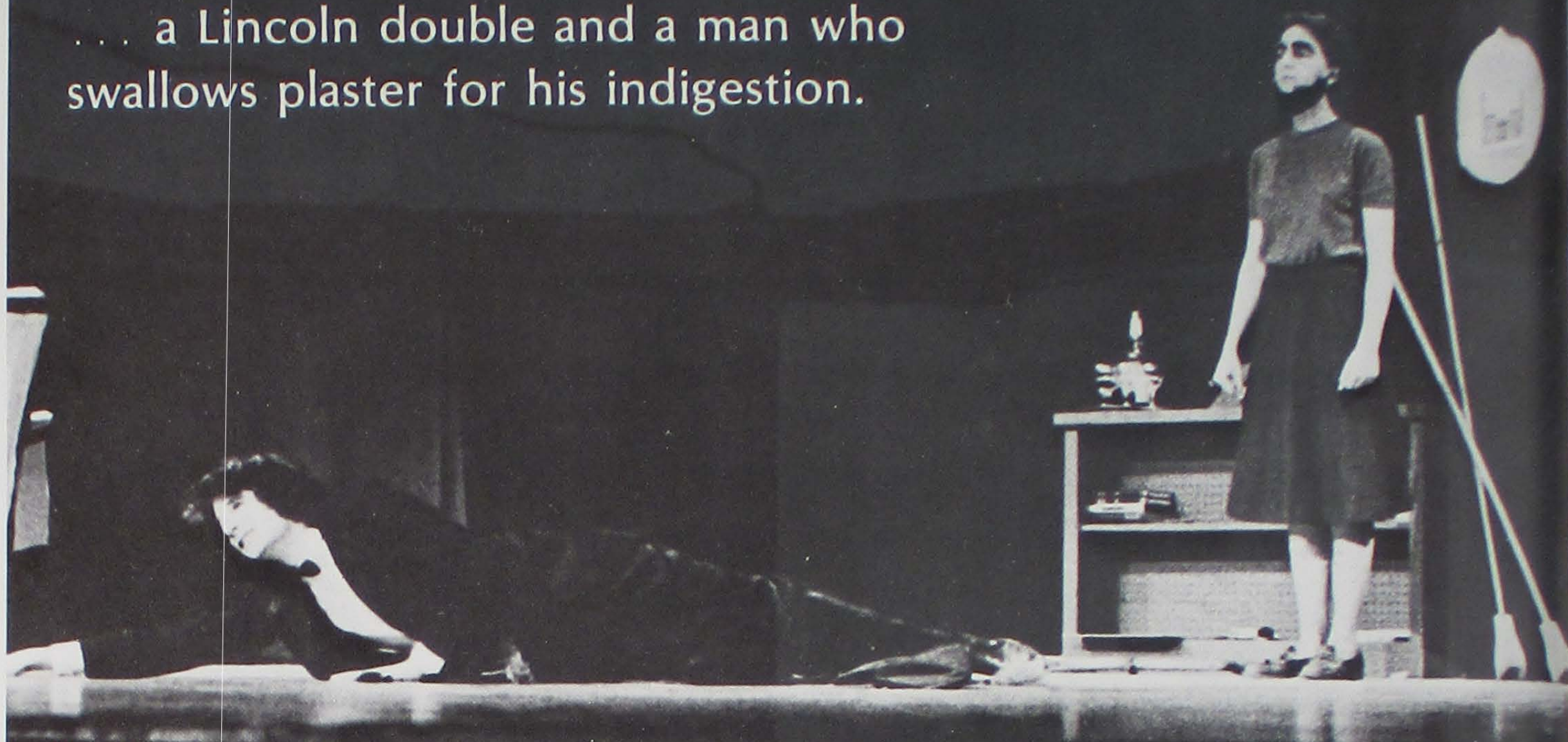


Above: Jamie Grant demonstrates his working style in woodshop. Above Left: Mark Flummerfelt carefully saws around his fingers. Far Left: Larry Larock tampers with a car while Carl Halthom grins. Left: Diligent drafting students attack an assignment.

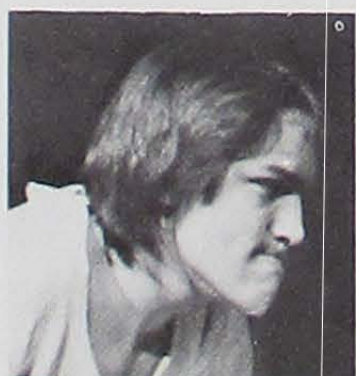


# BIZARRE

... a Lincoln double and a man who swallows plaster for his indigestion.



Above: Irene triumphs as Merton succumbs to the poison. Faces Top To Bottom: Honest Abe, the Party-Party Woman, Pudalo, no star. Below: Fitz, Magnolia and Adolphus enjoy the advantages of picnicking at home.





aking up where last year's Senior-directed One Acts left off, this year's offerings were also bizarre, with a Lincoln

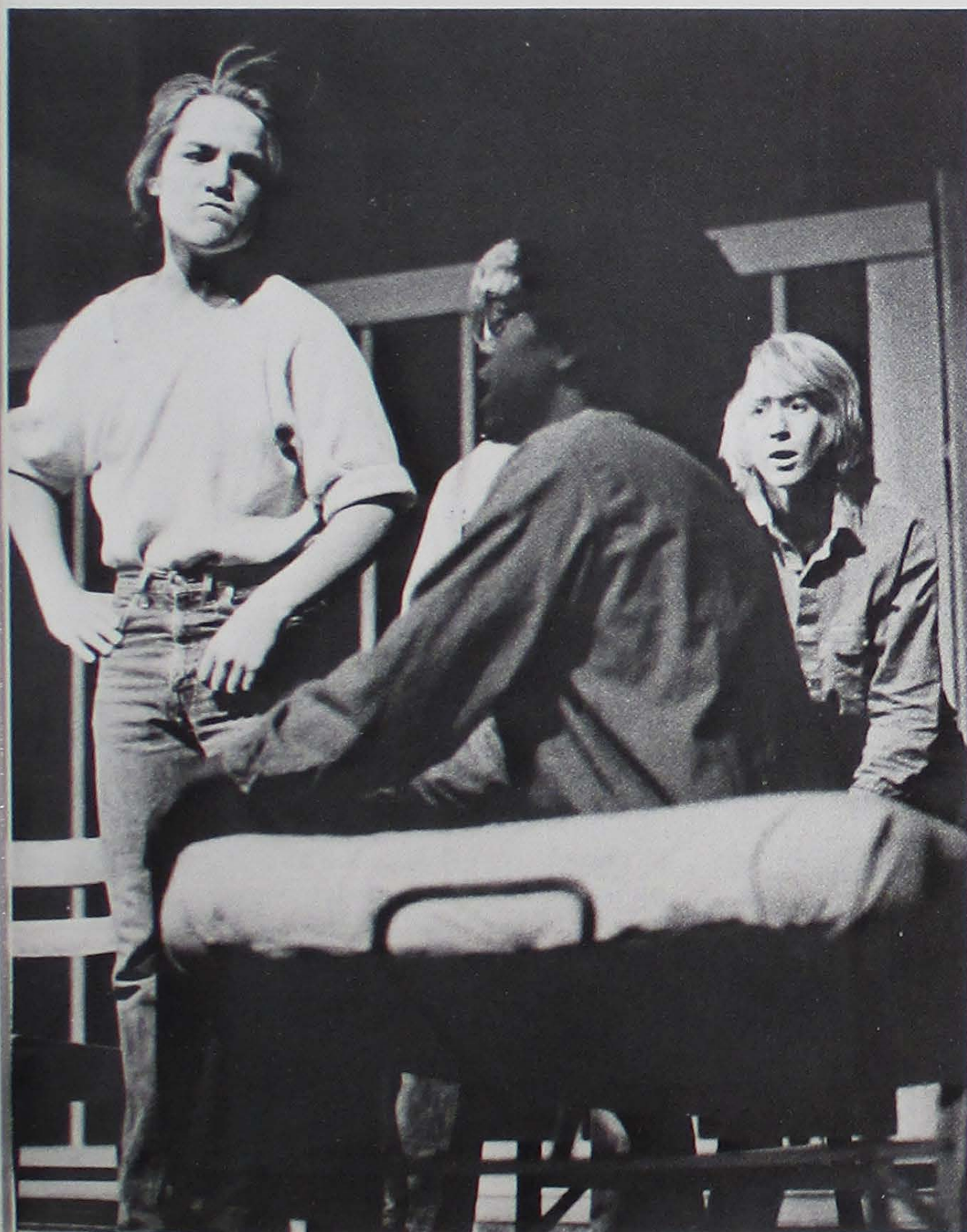
look-alike, a prison break, a mysterious locked room and a man who swallows plaster for his "indigestion."

Ron Rossmiller and Jami Simon directed "I Married Irene Because She Has Eyes Like Abraham Lincoln's," the story of a Civil War buff whose biggest kick was trying beards on his wife. A party to save their marriage was ruined by Merton's beard trick. He was almost poisoned in the end, but J.W. Booth saved the day, kind of. "Balloon Shot", the second play, involved a notorious prison escape artist and his cellmates' refusal to buy his adventures to the point where they

wanted to shut him up violently. They became believers the hard way. It was directed by Sarah Mason and Martha Stewart.

A locked room provided the suspense for "The Red Key," directed by Kary Bahr and John Couture. The audience was led to think that the room contained the body of Karen's dead father, but it actually held memories to be forgotten instead.

Rounding out the evening was "Passion, Poison, Petrification," directed by Kate Shakeshaft. This absolutely insane play had people struck by lightning, a flashy dresser who tried to swallow an entire wall, angels singing "Lady Madonna," and the audience rolling in the aisles.



Above: Nicholas refuses to unlock the mysterious room. Left: Desmond reveals yet another escape plan; the balloon.





# Trends

**'B'**umping', 'hustling' and 'bus-stopping' to the sounds of such groups as The Spinners and K.C. and the Sunshine Band, students were introduced to sex rock, C.B. music and the addition of more country influence to the Top 40 in a few months. "There certainly was a trend towards disco sound," KGGO disc jockey Christopher Collins recalled.

The hits tended to have a heavy, often repetitious beat, danceable enough to start the wallflower (or bleacher-sitter) to stepping and spinning.

A fad started by C.B. 'radidios', C.W. McCall's 'Convoy' and later the song 'Me and Old C.B.' put

Checking out turntables and stereo equipment, Sophomores Chris Berger and Steve Miller look for quality merchandise.

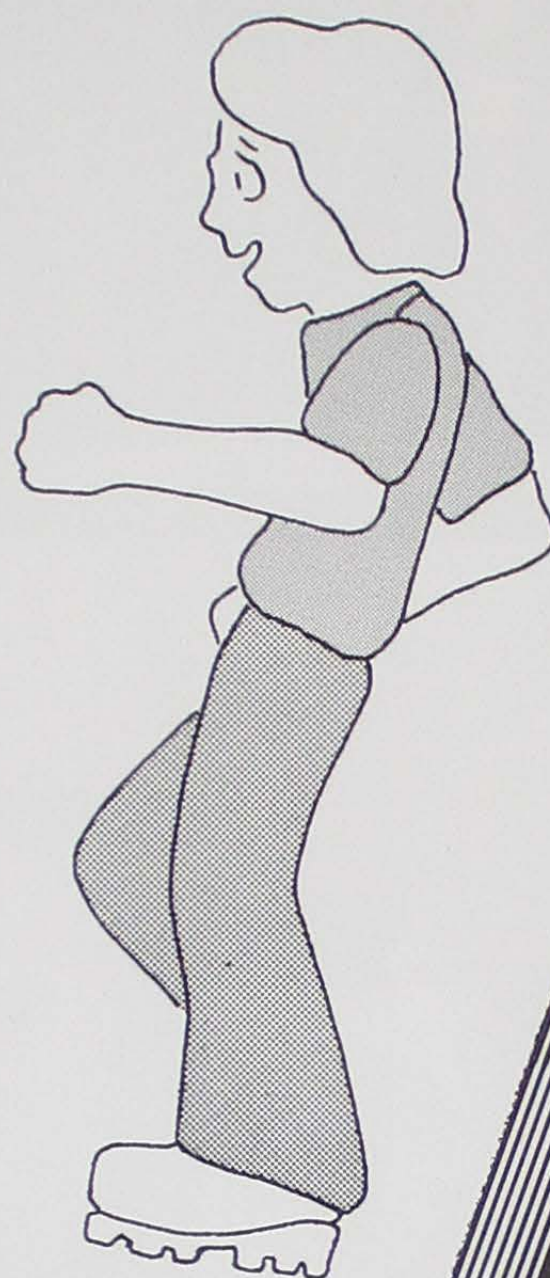




'Lots of people  
got turned on to  
lovey-dovey  
type records.'

phrases such as '10-4' and 'What's  
your 20?' into the vocabulary of  
Harold High School. But many avid  
listeners balked at the sound of  
truck talk. "They played 'Convoy to  
death!' complained Senior Wendy  
Lundquist. "In my opinion, it was  
never a good song to start with."

Driving, working and studying to  
rock around the dial, the average  
teenager listened to three hours of  
rock music daily, two and a half of  
it on the radio. According to D.J.  
Collins, "The type of music really  
making it was the romantic type.  
Lots of people got turned on to the  
lovey-dovey records."







## Prom

'Students were pleased to hear more slow tunes than in previous years.'



Despite the rain, prom-goers followed tradition and the theme and partied "To the Morning."

seniors, the roller skating rink was open from 12:30 to 2:30. Only eight couples found enough strength to lace up their skates and take a few trips around the rink.

The band, "Kris Kros," offered a variety of music, and students were pleased to hear more slow numbers than in previous years. In the Memorial Union's Sun Room, dancers were surrounded by extravagant star, rainbow, and flower decorations.

Breakfast parties, hastily moved indoors to avoid dampening of spirits, concluded the big night early Sunday morning. One senior who arrived home at 5:30 a.m., summed up the experience in reference to the theme: "It was quite a morning!"

Although there was no after party for

Top: Junior Chris Ryan proceeds to rent a tux, and leaves \$30 in return for a good fit. Above: Junior Sara Townsend concentrates on intricate decorations.





Top Right: Tired dancers Jeff Weir, Nancy McCullough, Dee Spurgeon and Paul Schuette take a break between songs. Above Left: 'Awesomely' dressed Junior Evan Geiss gets down to the music of 'Kris Kros.' Left: Dipping into the punch bowl are Judy Miller, Todd Flemmer, Julie Williams and Jeff Nordine. Above: Jeanette Merrill and Kevin Shanks, juniors, boogie amidst partying classmates.



# Living

'A lot of it was  
just general  
knowledge.'

**T**hink quick! What's the best way to get a ketchup stain out? What type of weave is best for kids' jeans? Would you know what to paint first in a room? Of course, you have to use your common sense to answer these questions and that is what 26 seniors tried to do in competing for the 22nd Annual Betty Crocker Search for Leadership in Family Living Scholarship. The examination consisted of a multiple choice section and essay. The purpose of the test was to "enhance the dignity and prestige of the American home, help students prepare for family living, and emphasize the contributions to the home being made by high schools and their teachers and to help with their important work."

More than ten million students have competed for the Betty Crocker award scholarships since it began for the



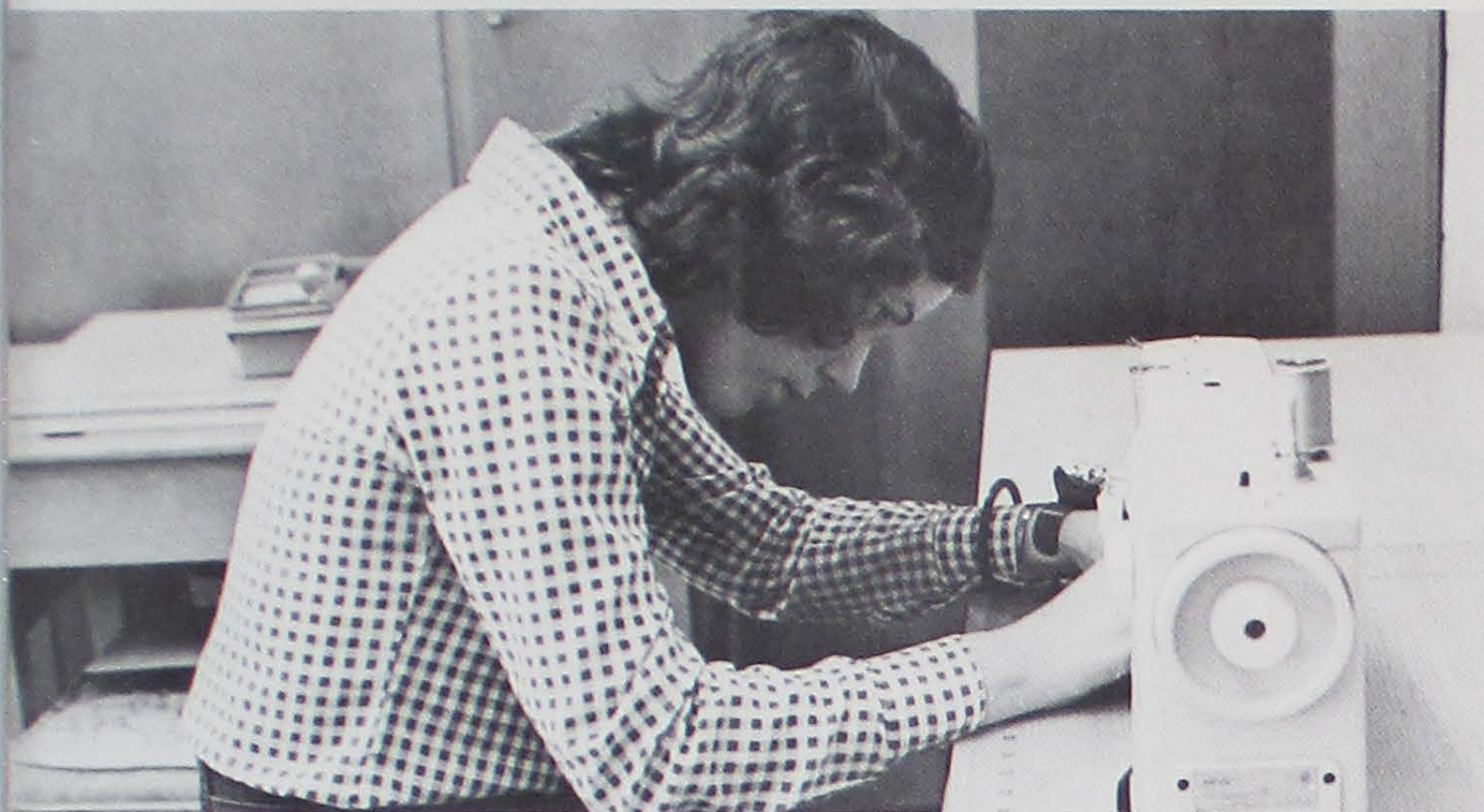
Left: Mary Truhe and Kay Hocker check some electric bills to learn the cost of adult living. Below: Confusion reigns at the front table, as students in Foods II get the ingredients for a terrific concoction.





"I took Sewing at school because I like to sew and I don't have time at home."  
Karla Bell

"I'm going to major in Home Economics so this is a chance to get more of an exposure to it in high school." Zetta Huinker



1954-1955 school year.

One winner is chosen from Ames High to compete for the \$1,500 state scholarship and from there to the \$2,000 to \$5,000 national scholarships. This year's AHS Betty Crocker Scholarship qualifier was Martha Lagomarcino. "I was really surprised it wasn't all based on Home Ec. A lot of it was just general knowledge. I was sort of expecting questions like 'how many teaspoons in a cup.'"

Some comments from other seniors who took the test varied. Patti Holter remarked that "It's a prestigious scholarship because you don't really receive anything unless you win at state." "The questions were tough to answer. Usually two of the answers seemed reasonable," explained Jane Pearson. Mike Anderson, the only boy who took the test, felt that it "was really geared to people who had taken sewing, housing, and foods. And in that respect, it was difficult for me. There were a lot of questions in too little time. Also, the essay had a broad subject with too little time to develop it in."



Above: Intent upon having perfect topstitching, Mary Beaudry checks what she has done so far. Right: Barb Guy carefully pours the final cup of flour to her "never fail" pie crust mixture. Below: Reminiscing over her baby pictures, Crae Harper shows them off to Jean Hassebrock, Child Development teacher.



# Leadership



Top: Roy Stotts and Paul Volker, junior, tryout the newly constructed ramp which makes Ames High completely assessable by wheelchair. Center: Tom Clark, junior, purchases a student directory from Junior Exec member, Sam Bran. Above: A Senior Senate member sizes up John Hackman.



SENIOR SENATE: Rick Cron, Denise Dennis, Julie Jones, Russ Rounds.



SECOND SEMESTER COUNCIL: Front: Mike Ross, Martha Lagomarcino, Annette Rapier, Katie Goodland. Back: Dave Fleming, sponsor, Wendy Swenson, Carolyn LaGrange, Paul Volker. Not pictured: Sarah Townsend, Debbie Hollenbach.



'It was a close race between two traditional parties and a radical apathy party.'

**T**aking the upper hand of responsibility, students govern themselves in three bodies: Student Council, Senior Senate, and Junior Exec. In the past few years, student interest in Student Council has declined and many of the same sentiments continued. Using the new election procedures for representatives, ten members were elected at large from each grade and other elected officers. Over 15 other students became members by the three morning

meeting rule. Student interest and involvement was building. The peak of student involvement came during the second semester co-presidential campaigns and elections. It was a close and controversial race between two traditional parties and a radical apathy party. Voter turnout figures exceeded last semester's by about 10 percent. Of one Student Council project, Anne Conzemius, junior, said, "I was really impressed with the Fine Arts Wing ramp because it was started quickly and serves a good

purpose." Senior Senate completed its tasks of planning graduation, measuring for caps and gowns, and selling graduation announcements. According to Senior Senate member Sandy Shaffer, "We do most of the work so the sponsor doesn't have to. I like that." Raising money with a chili supper and selling student directories kept Junior Exec members busy. They used these profits to finance their big project, the Junior Senior prom.



**FIRST SEMESTER COUNCIL:** Front: Jamie Simon, Martha Lagomarcino, Melissa Stoll, Candy Block. Second: Dave Fleming, sponsor, Julie Carey, Kathy Bodine, Wendy Swenson, Russ

Pounds. Third: Brian Jenkins, Owen Herrnsstadt, Ed Beaudry. Not Pictured: Rimma Abian, Esther Burchinal, Michelle Coady, Julie Gilman, Kyle Thomas, Dave Wedin.



**JUNIOR EXEC:** Clockwise: Tom Rockwell, Sarah Townsend, Stephanie Waggoner, Rita Milligan.



# Do-re-mi

...the busiest year we've had'

**T**his seems like the busiest year that we've ever had," commented Senior Lisa Berger, and most choir members tended to agree. Two of the highlights of the year were the bicentennial record, done with the band and orchestra, and the musical "Of Thee I Sing", in which many choir members participated, either in the chorus or as members of the actual cast.

A new wrinkle this year was the introduction of small group vocal lessons, which gave students the opportunity to develop their voices under the close personal supervision of Al Wiser and student teacher Laurie Meyers.

"I think the lessons have really improved my singing", remarked Junior Ted Potter.

Only two AHS students were named to the All-State chorus, a significant drop from years past, which attests to the heavy schedule pursued by choir members. The All-Staters were Chuck Robinson, Senior, and Ginny Wood, Junior.

Overall, most choir members seemed pleased and excited by the numerous and unique opportunities offered through vocal music.



GIRLS POPS CHOIR: Front: Mary Kay Nickel, Bev Buss, Vidya Sukhatme, Debbie Homer. Second: Mary Ann Love, Marilyn Dunham, Sue Parks, Kim Van Nguyen, Le Van Thi, Roxanne Newell. Third: Colleen Towns, Rhonda Rushing,

Leslea Collins, Maria Flores, Joyce Wilcox. Fourth: Kim Rowley, Cindy Silletto, Karen Rod, Linda Roe. Fifth: Al Wiser, June Hanson, Maribeth Jeska.



MADRIGAL CHOIR: Front: Jane Pearson, Sarah Beattie, Karen Gerber, Ann Moore. Second: Al Wiser, Ginny Wood, Theresa Miller, Marilyn Dunham, Martha Lagomarcino. Third: Steve Buchele, Don McCormack, Peggy

Samuelson, Katie Goodland. Fourth: Ann Trenkle, Sarah Mason, Martha Stewart, Paul Hudson, Mark Frederikson. Fifth: Cathy Wood, Chuck Robinson, Paul Griffen, Kevin Quinn, Mitch Johnson.





**CONCERT CHOIR:** Front: Beth Wessel, Karla Bell, Kymm Stokke, Melissa Stoll, Chris Catus, Martha Sagomarcino, Peggy Samuelson, Mary Ann Love, Jeanine DeWess, Sandy Morrison, Kay Hocker, Sarah Beattie, Jami Simon, Jane Pearson, Al Wiser. Second: Karen Gerber, Kelly Boon, John Larkins, Steve Van Marel, Chuck Rovinson, Mitch Johnson, Sara Reece, Sarah Mason, Laura Charles, Norma Dowell, Lori Richtsmeier, Marla Anderson, Ginny Wood, Colleen Towns. Third: Lisa Meany, Julie

Glottfelty, Sara Warman, Tami Droz, Jon Lewis, Kevin Quinn, Wilfred Colon, Paul Volker, Jim Oswald, Annette Raper, Sandy Shaffer, Kari Bahr, Sue Holt, Donna Rod, Cathy Wood. Fourth: Janis Frahm, Sandy Holthaus, Maryann Truhe, Theresa Miller, Lisa Berger, Ann Wirtz, Dave Klein, Paul Hudson, Mark Fredrickson, Neal Stephenson, Ted Potter, Paul Griffen, Steve Buchele, Cindy Jackson, Karen Johanns, Katie Goodland, Mary Montag.



**SOPHOMORE MIXED CHORUS:** Front: Laurie Meyers, Marilyn Dunham, Sue Parks, Sonja Froiland, Vidya Sukhatme, Ann Moore, Debbie Homer, Julie Carlson, Kathy Brugger, Julie Ellis, Julie Cheville, Sue Fitz, Anne Hulse, Jane Michelsen. Second: Bev Buss, Cassandra Hofer, Beth Ricketts, Cindy Silletto, Kim Rowley, Meribeth Jeska, Barb Lang, Maria Flores, Karen Rod, Carol Yeager, Ann Trenkle. Third: Mary Ann Love,

Julie Norem, Karen Albertson, Joyce Wilcox, Beth Staggs, Terri Marshall, Kelly Smay, Patty Vander Maaten, Charles Love, Steve Buchele. Fourth: Mark Behrens, Jon Lewis, Al Bates, Dave Hansen, Dan Aurand, Mike Ross, Lance Kaeberle, Mike Inouye, Brad Hilderbrand, Linda Roe, Colleen Towns.





"it was worth it"

# Choir

**C**ertainly the biggest project of the year for the chorus, (and band and orchestra) was the Bicentennial record, "Music of America", which was done in cooperation with the Ames Bicentennial Commission.

The idea for the album was conceived in October, when Delta records of Chicago approached Al Wiser with the suggestion. The Music department quickly accepted, and the planning began. One sophomore commented, "With the musical and record and all the other things we had going, it got pretty hectic." By Christmas vacation, however, things were pretty well underway.

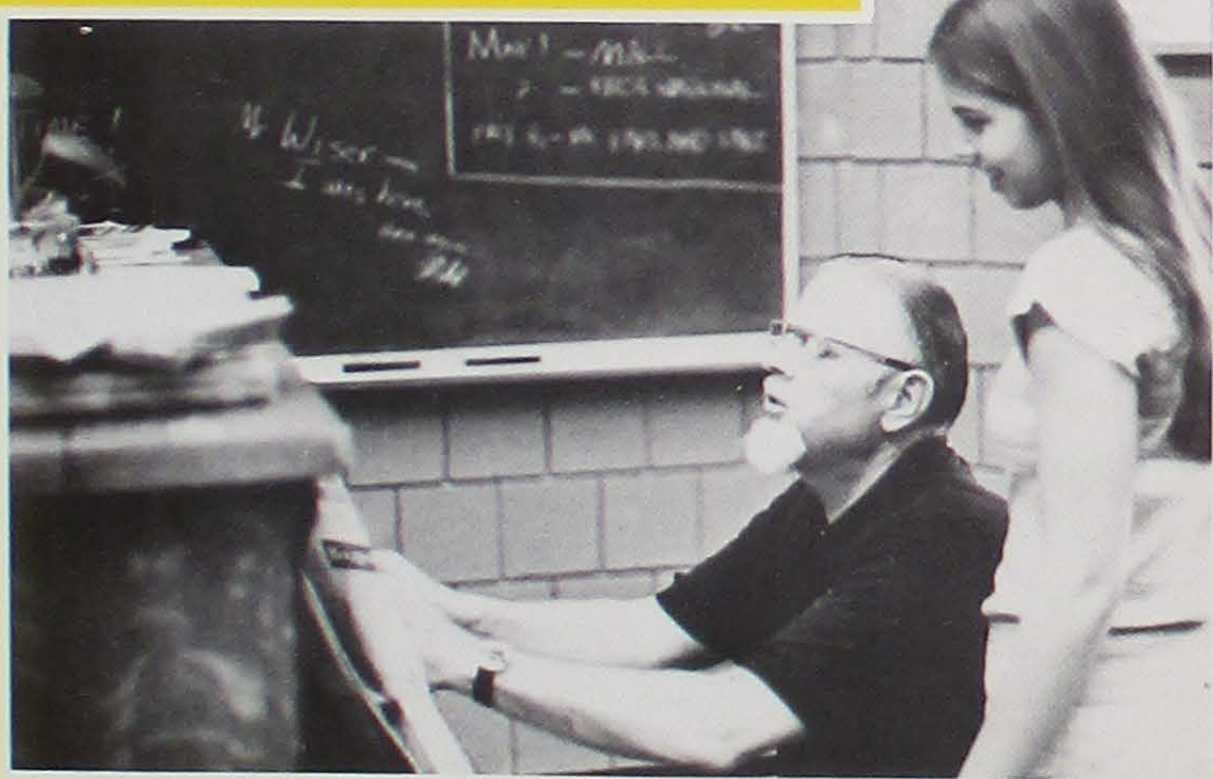
Technicians from the record company decided that Bethesda Lutheran church offered the best acoustics, so on February 16, the chorus members, accompanied by the band and orchestra, converged on the church. They put in two eight hour days, and completed the taping. "It was hard work", commented chorus member Paul Volker, it was worth it."

The record was released on April 19, with a small group of students traveling to Des Moines to present complimentary copies to Governor Robert Ray, and Representative Reid Crawford, as the kickoff of the sales.

According to chorus director Al Wiser, the record will be a valuable keepsake, as well as a delight to listen to.

Sarah Mason, senior, opens wide, her mellow alto tone blending smoothly into the melody.





Left: Counting out a tricky measure are Choir Director Al Wiser and Sophomore Marilyn Dunham. Above Left: Paul Hudson, senior, gives the pianist a cue for the downbeat. Above: Concentration is portrayed by Juniors Ted Potter and Paul Volker during the Annual Spring Pops Concert.



# Headlines

Also on the national scene, Karen Anne Quinlan, lying in a 12 month long coma with her life sustained by machines, finally won the right to die. After a lengthy New Jersey Supreme Court battle, her parents received permission to remove the machines. This came in accordance with her parent's belief that if she is capable of living without the machines when they are removed, she will.

'A top news story  
— Patty Hearst,  
millionaire heiress  
turned urban  
guerilla.'

At the time of this writing, the presidential primaries were just getting under way. Leading the GOP race was the incumbent Gerald Ford with California Governor Ronald Reagan not far behind. While in the Democratic race, Georgia Governor Jimmy Carter lead a seemingly endless list of candidates. The death of billionaire recluse Howard Hughes came as a shock to the unsuspecting world. Hughes withered and died a quiet death in his seclusion, and was buried in a simple ceremony as private and secluded as his life.

Innsbruck, Austria was in the news playing host to the 1976 winter Olympic Games. Though not as controversial as recent games, the '76 Olympics provided much entertainment for Ames High students and people around the world.

On the local scene, Ames found itself welcoming two new students from the war-torn country of Viet Nam. Tuyet Van, junior, and Kim Van, sophomore, escaped the Communist takeover of their homeland, arriving in Ames to take their place in the Ames High student body. On the state level, the Iowa Legislature began a motion to raise the drinking age from 18 to 19. This was one of the most controversial issues the legislature had tackled in quite some time. Whatever the outcome, the decision would certainly have an effect on Ames High students.

Top: Ramada Inn welcomes politician Sargent Shriver to Ames. Top Right: A poster displays the awards won by "One Flew Over the Cuckoo's Nest". Lower Right: Cy-Ride waits for approaching student. Middle: Senior Bill McCall has his ID checked at an Ames bar. Bottom Left: Vietnamese students Tuyet Van, junior, and Kim Van, sophomore pause from their studies in the library.

**R**ecounting the events of the 1975-76 school year, one would have to say it was a year of controversy.

Controversy accompanied former President Nixon on his second trip to China. The manhunt for Patty Hearst, her capture and conviction were shrouded in controversy. Likewise, the Karen Anne Quinlan case became one of the most controversial and widely publicized cases of its kind.

The top news story of the year was the capture and trial of Patty Hearst, millionaire heiress turned urban guerilla. After more than a year of eluding the FBI, she and surviving members of the Symbionese Liberation Army were finally captured and brought to justice. Patty was tried and found guilty of bank robbery and numerous other lesser charges.

Former President Nixon stepped back into public life for the first time since his resignation with his second trip to China. During his administration, China was the prime target of Nixon's foreign policy which drew much political criticism of his trip to China as a civilian.







**WINNER OF 5 ACADEMY AWARDS**

Including: **BEST PICTURE** ☆ **BEST ACTOR**  
☆ **BEST ACTRESS** ☆ **BEST DIRECTOR**



**JACK NICHOLSON**

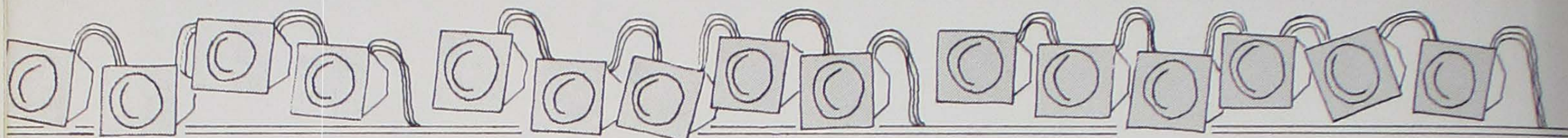
# ONE FLEW OVER THE CUCKOO'S NEST

*Fantasy Films*  
presents

LOS FORMAN FILM JACK NICHOLSON in "ONE FLEW OVER THE CUCKOO'S NEST" with FLETCHER and WILLIAM REDFIELD · Screenplay LAWRENCE HAUBEN and BILLY WYLLIE · Based on the novel by KEN KESEY · Director of Photography HASKELL WEXLER · Music JACK NICHOLSON · Produced by SAUL ZAENTZ and MICHAEL DOUGLAS · Directed by MILOS FORMAN







# Dance '... the show was the culmination of a lot of hard work for a lot of talented people.'

The show was underway. The lights came on, the music began and more than 60 AHS dancers took a deep breath, smoothed their costumes and checked their make-up. After nearly a month of rehearsals starting at 6:45 am and often lasting late into the evening, the show, 'In Bare Feet', consisted of 17 dances, 15 of which were student-choreographed.

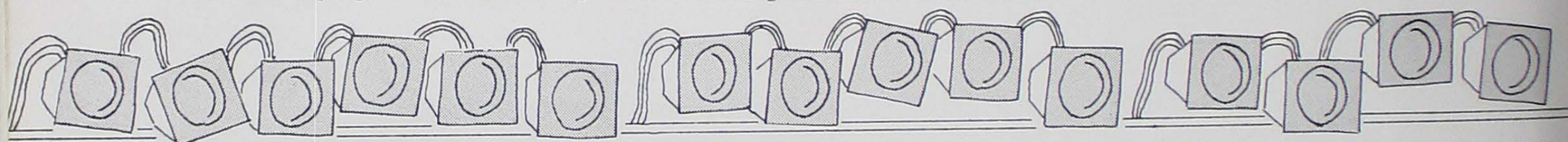
thrill for me and the success of the show was the culmination of a lot of hard work for a lot of talented people," commented Senior dancer Eric Anderson.

An AHS assembly, two evening performances and an assembly at Valley High School in Des Moines provided the cast with a cross-section of audiences, and three standing ovations.

talent right here at Ames High. I could tell they (the dancers) really put all they had into the show," reflected Nany Overturf, junior. Tryouts for the dance show became necessary for the first time, with over 100 students vieing for placement. "When I tried out for the show I didn't know what to expect," said Sophomore Nancy Rockwell. "It was great to work with so many people."

"The whole program has been a big

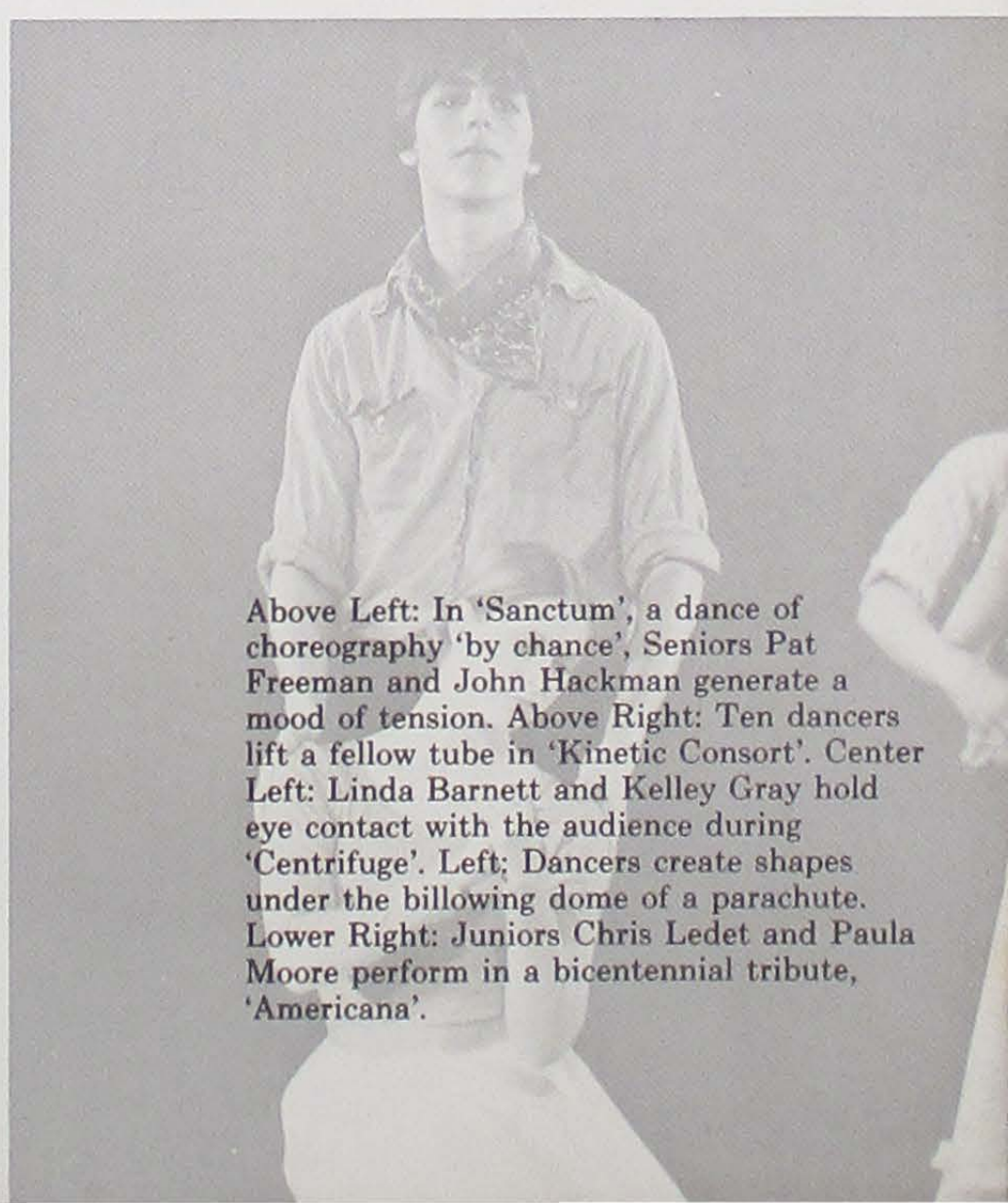
"It's amazing that there is so much



Above Left: Junior Polly Slater gives a cheesecake grin in 'The Golden 20's'. Above Center: Displaying excellent form, Sandi Shaffer and Brian Jenkins, seniors, hold the final pose in 'Rainbow Visions'. Above: Kicking high in 'Yeah, Yeah' are Seniors Kathy Bodine, Deana Slater, Jody Dunlap, Melissa Stoll, Barb Ebert and Jyoti Bal. Right: 'Faruma', an all male number, was an interpretation to primitive music.








Above Left: In 'Sanctum', a dance of choreography 'by chance', Seniors Pat Freeman and John Hackman generate a mood of tension. Above Right: Ten dancers lift a fellow tube in 'Kinetic Consort'. Center Left: Linda Barnett and Kelley Gray hold eye contact with the audience during 'Centrifuge'. Left: Dancers create shapes under the billowing dome of a parachute. Lower Right: Juniors Chris Ledet and Paula Moore perform in a bicentennial tribute, 'Americana'.

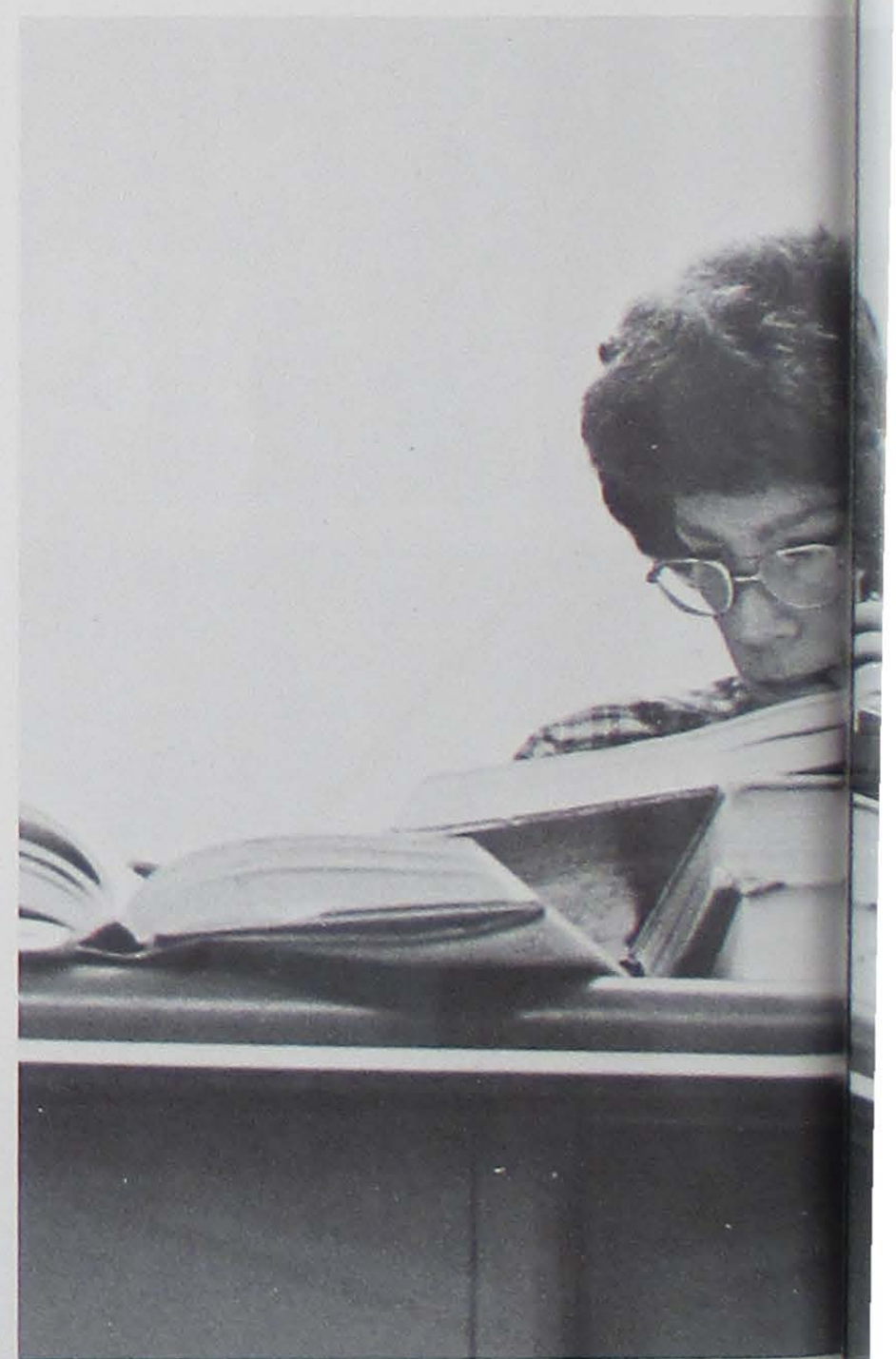


# GRAMMING

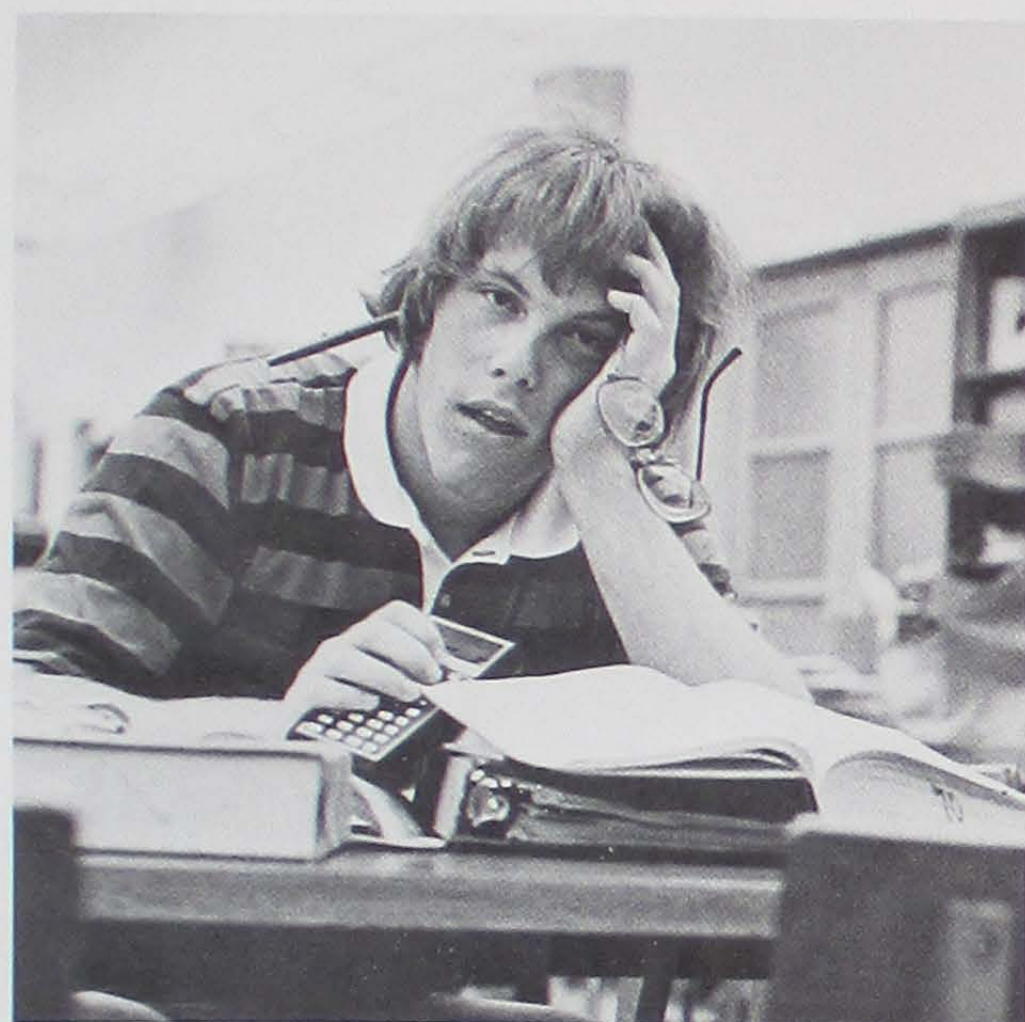
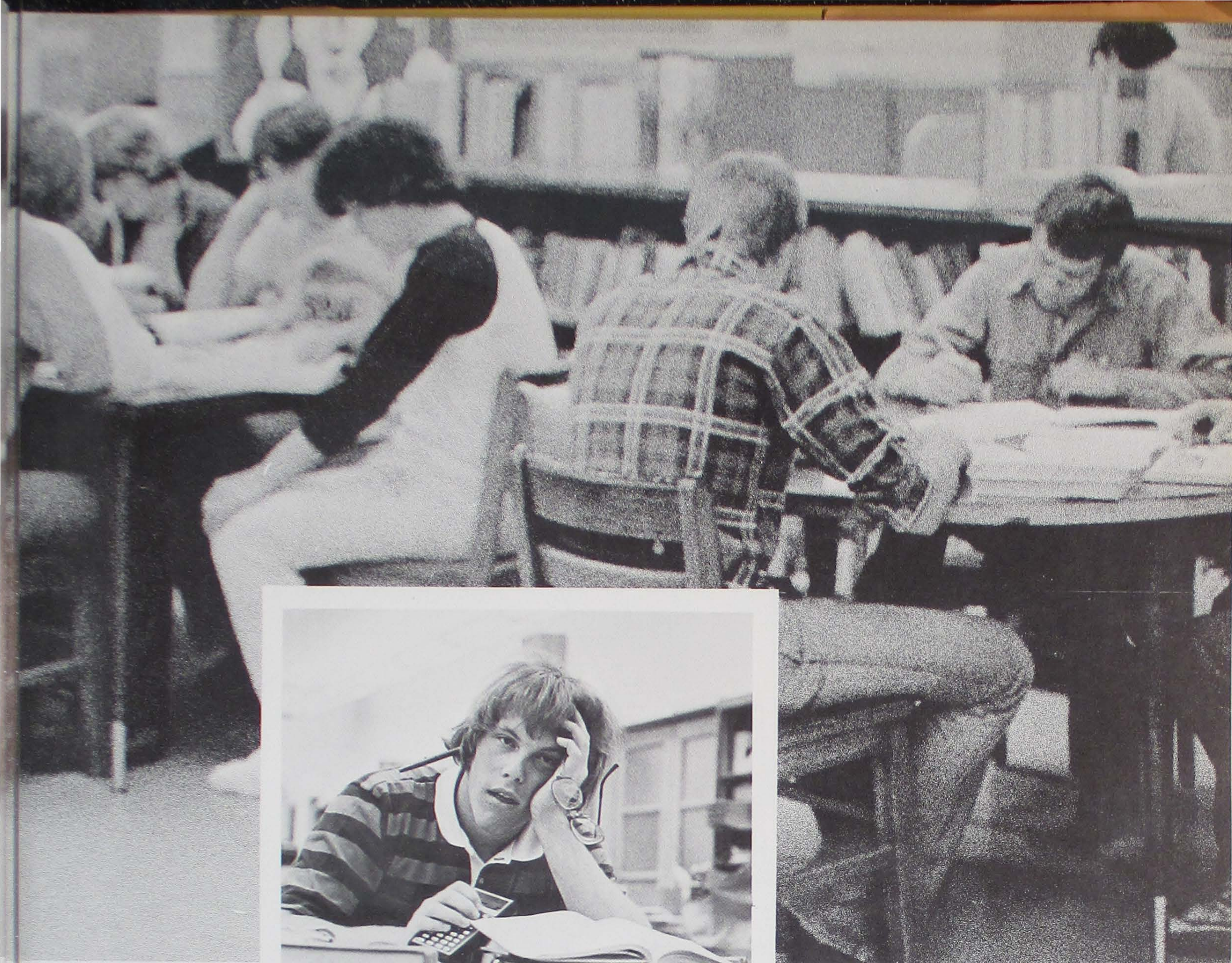
'As a sophomore, I was scared to death; I really panicked.'

 As a sophomore, I was scared to death, I really panicked. But this year, I'm not really too worried about them," said Senior Rhonda Willsher. She shares this sentiment with many seniors, juniors, as well as sophomores.

Yes, that annual tradition of grinding students to a pulp graced our presence again during the last few weeks of school. Cramming for semester tests and term papers was back again. To stifle the terrible side effects of spring fever and in some cases, complicated by rashes and senioritis, many victims resorted to the recovery room atmosphere of the library. Others were recommended to seek their treatments in the breezy close-to-the-environment courtyard. Another easy route to recovery was also sought in the comforting halls of home, provided you could get a moving van cheap enough to transport your 15 volume locker/library to your doorstep. Junior John Crudele said of the required career research for English class, "It took a lot of time. I learned a lot about the career I was studying so I guess it was worthwhile. But I'm sure most students hated to do it."





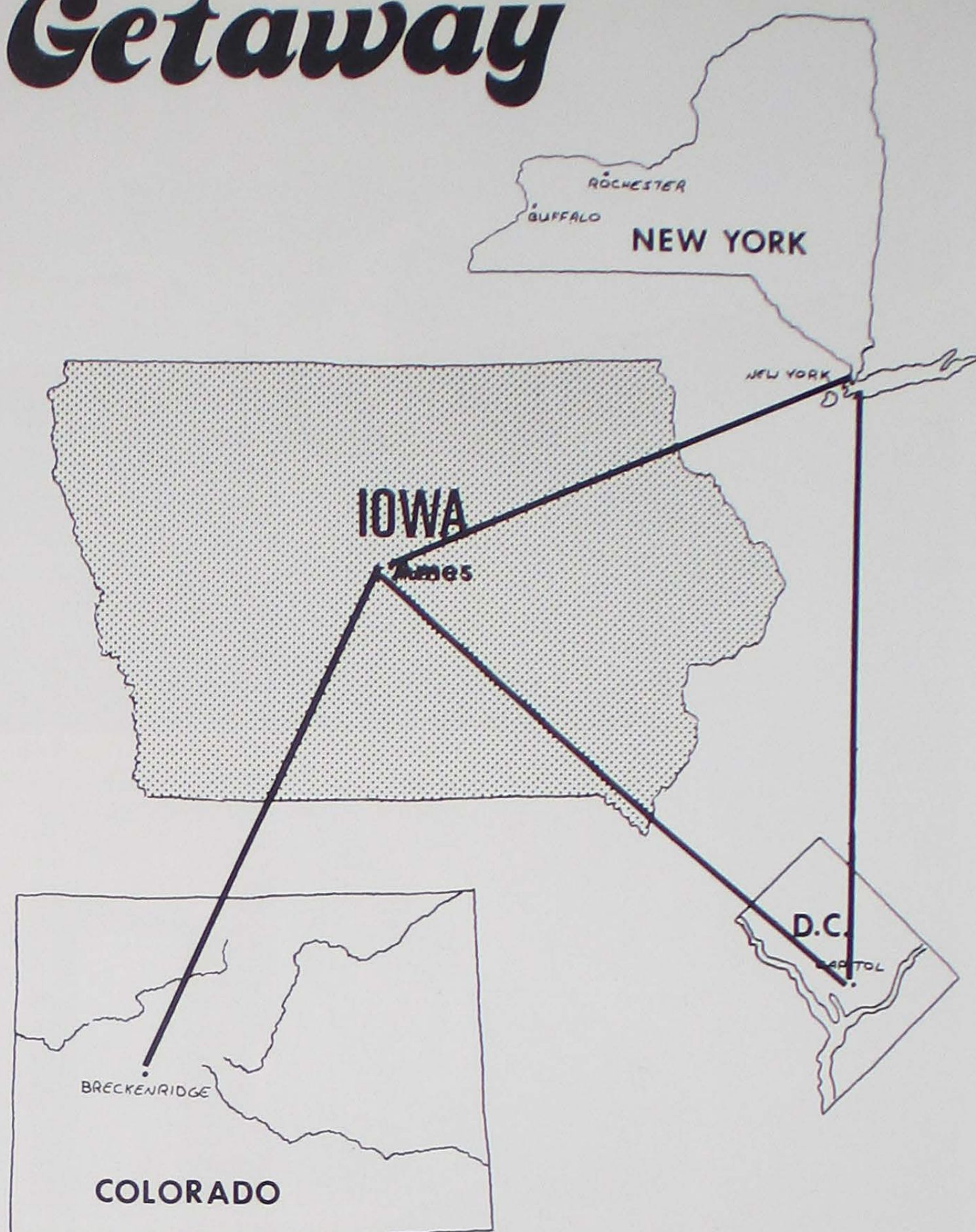


Above: The library fills as finals grow near. Far Left: Jim Corbett struggles through piles of books to review for an exam. Top Left: Tom Clark pauses for a moment of serenity as he calculates the odds of passing his math final. Left: An old hand at the art of cramming, Ted Rood, the starlet, finishes up a few last minute assignments.





# Getaway



**'Everyone ought to be able to go on a trip. It's a unique experience.'**

**S**chool-sponsored trips provided getaways to Spain, France, Colorado, New York and Washington D.C. At the expense of hasseling with prior arrangement slips, making up homework in advance and begging or saving for the money, 80 students got one or two weeks of relaxation and valuable experiences.

During March and April, AHS students travelled to Spain and France with the Intra-Cultural Student Experiences Program where they toured the country and spent four to five days living with a European family. "While we stayed with the families, I didn't feel like a tourist," France-tripper Marty Finnemore commented. "I felt French."

The lure of 'real' ski slopes drew 30

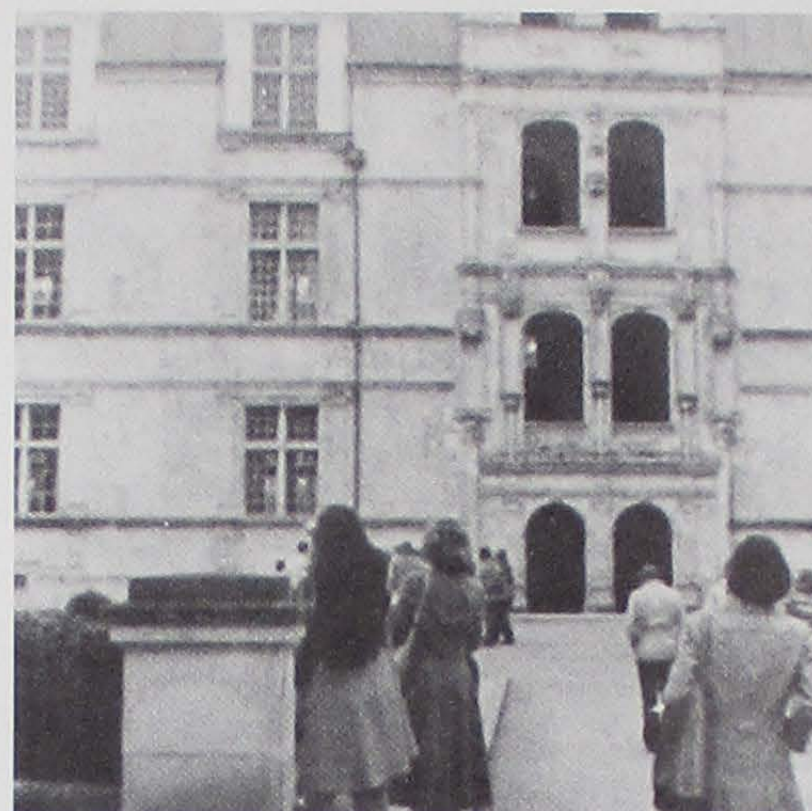
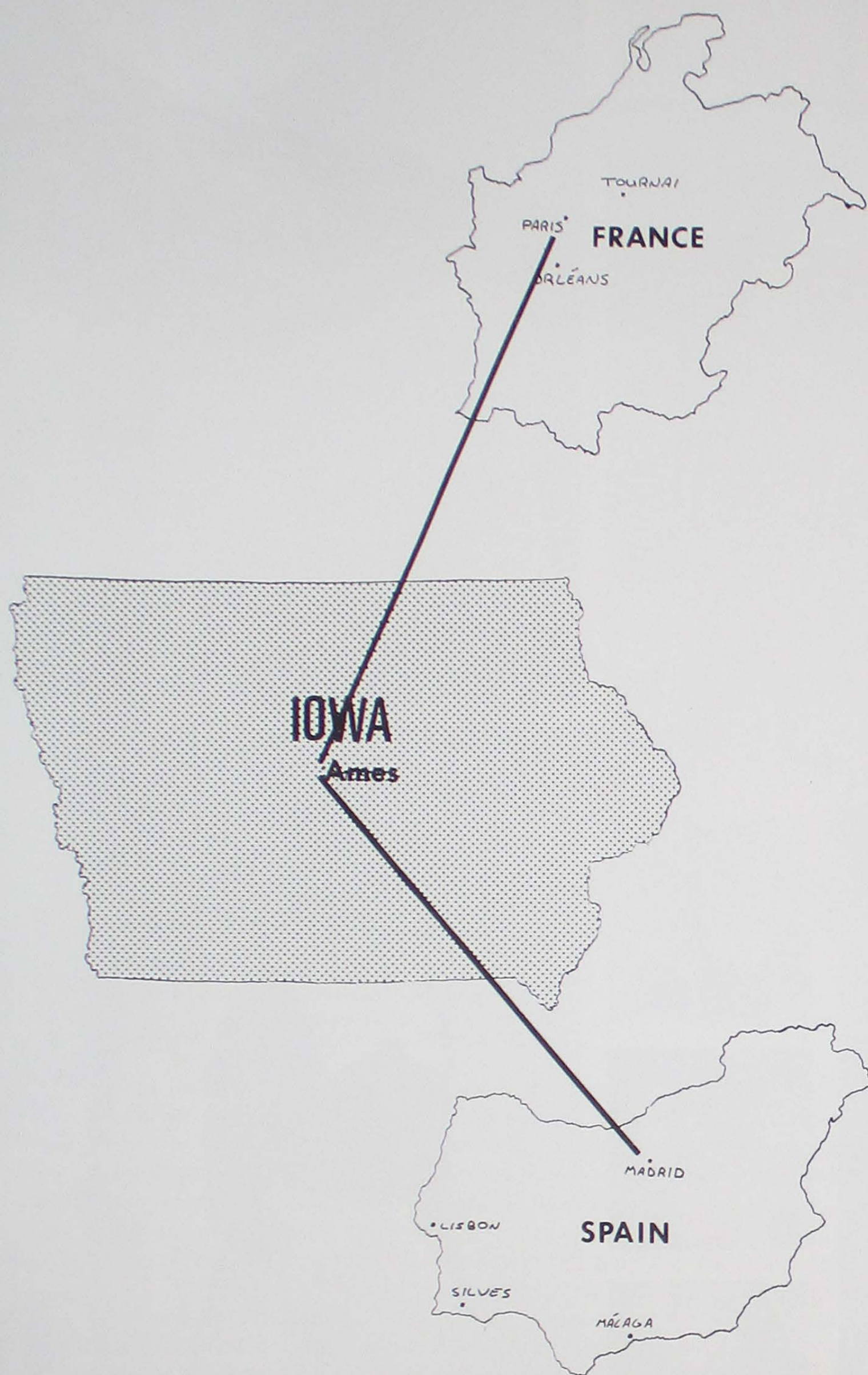
Ames High Skiers to Breckenridge, Colorado for a week of the sport. "I'd never skied before, and it was the biggest thrill for me! They took us fast: it was scary, but that's what kept us going," recalled Rimma Abian, senior. Junior Jan Peterson added. "Everyone ought to be able to go on a trip. It's a unique experience." March 25 — April 1 36 AHS students took in the sights of Washington D.C. and New York City on the East Coast Trip. Senior Andreas Burckhardt, one of the three boys on the trip commented, "With 33 girls around, I didn't get bored!"

Like every vacation, there were memorable times. East Coast Trip participant Peggy Newell thinks meeting Nipsy Russell at the Stage Deli in N.Y.C. was one. The ski-trippers claim to top that: they were mooned twice on the ski lift.



Above Left: Skis on and poles in hand, AHS skiers are ready for a week at Breckenridge. Center Left: Ski Trip participants enjoy the view of mountainous scenery from their rooms. Below Left: Seniors Marilyn Schnormeier, Annette Raper and Karen Allen get jostled on a New York City subway. Left: From the Capitol stairs, students on the East Coast Trip take a look at their surroundings.

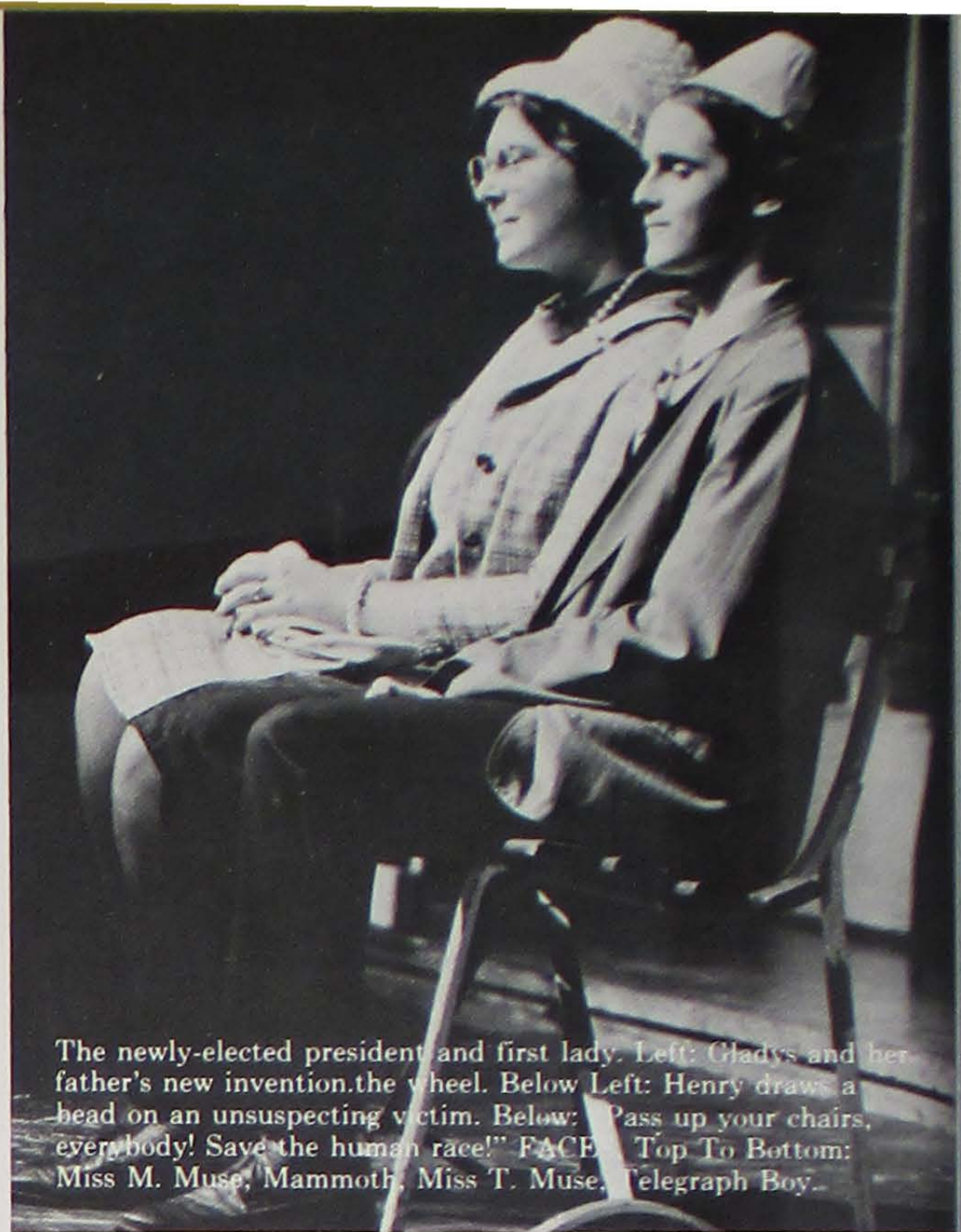




Above Right: On board the plane to France, Mike and Sue Inouye take a nap. Above Center: Ames tourists visit Chateau Blois. Below Center: Spain Trip participants talk outside the Royal Palace in Madrid. Right: Senior Libby Beall (second from right) looks out on the fountain at the Alfombra. Far Right: Spain travellers take in a bullfight.







The newly-elected president and first lady. Left: Gladys and her father's new invention, the wheel. Below Left: Henry draws a head on an unsuspecting victim. Below: "Pass up your chairs, everybody! Save the human race!" FACE. Top To Bottom: Miss M. Muse, Mammoth, Miss T. Muse, Telegraph Boy.





# Strange

'I could act like the drunk I always wanted to be.'



THE SPIANS, Left To Right: Mark Hempe, Debbie Hollenbach, Amy Cook, Susan Holt, Brian Pesek, Cindi Jorstad, Sara Reece, Sarah Mason, Martha Stewart, Jami Simon, Amy Zapan, Kary Bahr, Beth Epstein, Neal Stephenson, Mary Schroeder, Scott Stewart, Katie

Goodland, Brian Jenkins, Kate Shakeshaft, Dave Welch, Kari Varnum, Paul Volker, Kent Varnum, Carol Yager, Marty Finnemore, Nancy Weiss, Lisa Paulsen, Ron Rossmiller, John Couture, Barb Sibley.

**A**nother Pulitzer Prize-winner was in store for those who saw "The Skin of Our Teeth," by Thornton Wilder. This story traced the lives of the George Antrobus family through the Ice Age, flood, famine, wars and depression.

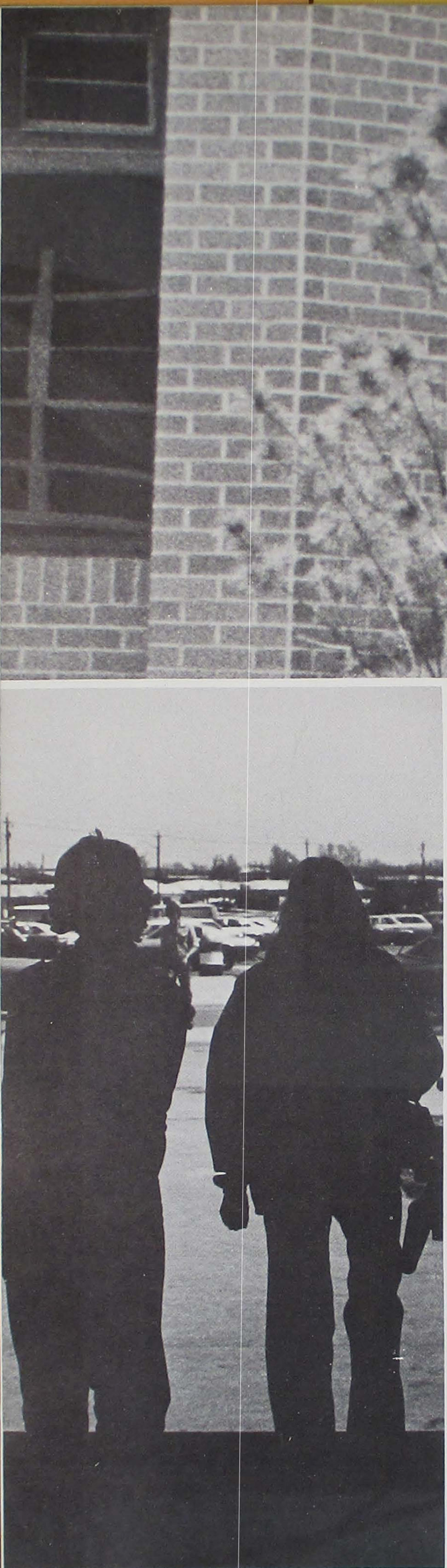
Katie Goodland played Sabina, the Antrobus' maid, who continually stopped the play's progress to complain or add a taste of her own personality. John Couture and Kate Shakeshaft were Mr. and Mrs. Antrobus, the couple married five thousand years with two children, but not always the same two. Kary Bahr and Scott Stewart portrayed the children, Gladys and Henry. Gladys was angelic, her only flaws being keeping her dress down and her stomach in; Henry was slingshot-

happy, which made life dangerous for those around him. "What I liked best about it was the way it was funny and serious at the same time," said junior Carol Bohnenkamp.

"It was a fun play for the actors to put on because it was a different type of play," added Jon Lewis, sophomore. Carol Anderson, sophomore, commented, "I tried out because I had so much fun in the musical and I'm having just as much fun now." "This is the kind of play that comes together when the audience is there to see it," said senior Paul Maakestad.

"I liked this play because it was weird, it moved fast and I got to look funny. I could act like the drunk I always wanted to be," quipped senior Aaron Ledet.





# Fever

'I like to watch everything grow'

The sky was blue, the sun warm, but within the school there were signs of suffering. Students were once again caught up in the annual epidemic of spring fever.

Seniors followed their countdown with precision — to the second, and took every opportunity to use their open campus privileges to get out.

Underclassmen skipped classes, excusing themselves for health reasons (a suntan is one of the best cures for spring fever). But besides the agony that spring fever brought to students from 8:05 am to 3:20 pm, many found

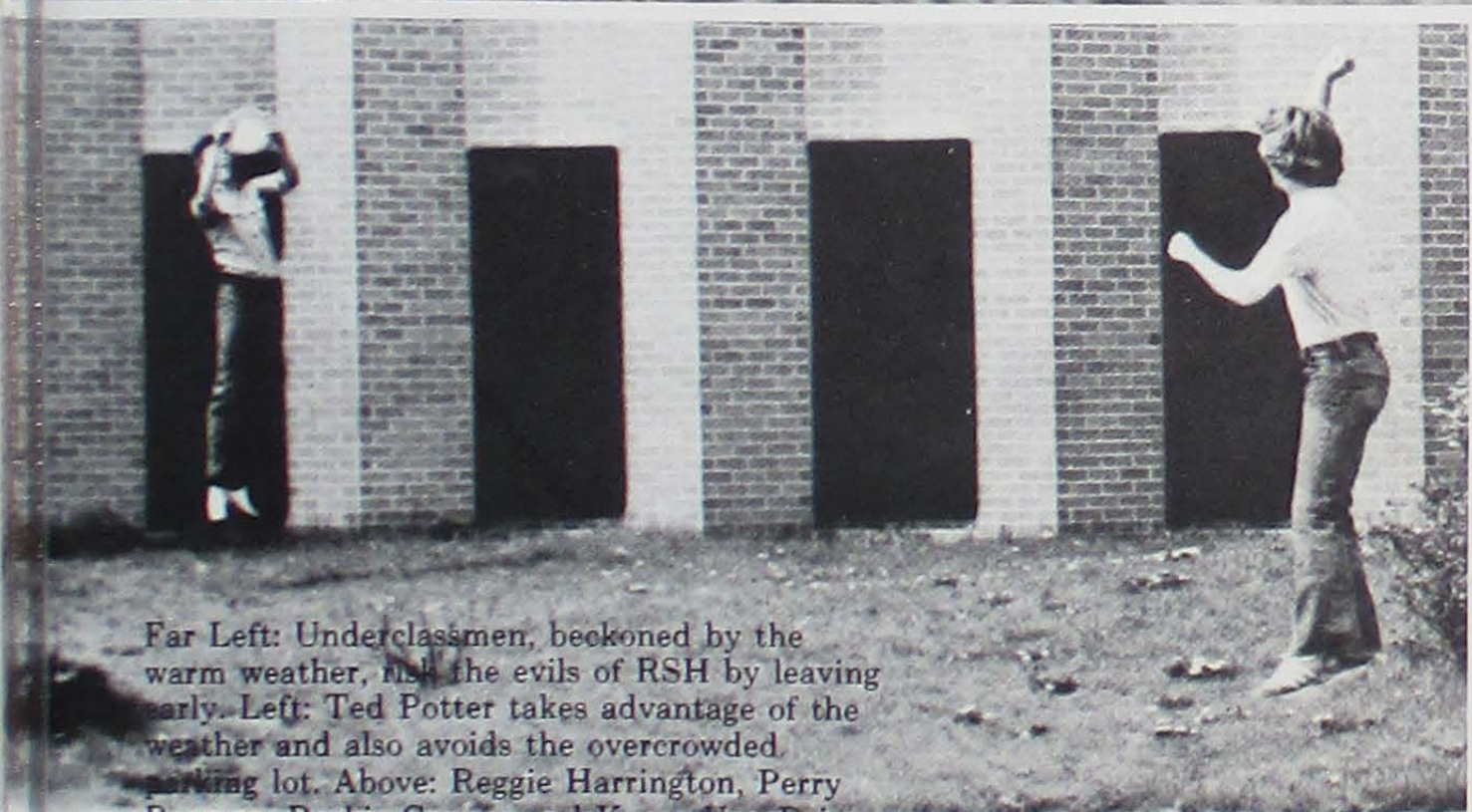
that its effects weren't all bad. Warm weather lured the frisbees and swimsuits out from dark closet corners, took convertible tops and storm windows down, and encouraged people to come out and enjoy the season, which they did in many ways.

Junior Judy Lemish admitted that spring doesn't inspire her to assume responsibility, "I don't do what I'm supposed to do — like homework.

Instead, I just want to go out and soak up the sun." "It's hard to stay in school, I hate to be inside," remarked Sophomore Jay Bro. "I like to watch everything grow and see new life."







Far Left: Underclassmen, beckoned by the warm weather, risk the evils of RSH by leaving early. Left: Ted Potter takes advantage of the weather and also avoids the overcrowded parking lot. Above: Reggie Harrington, Perry Beeman, Beckie Cowan, and Karen Van Drie relax in the courtyard. Center: With an agile leap, Dave Bergeson goes for the frisbee thrown by John Hackman. Right: Shelly Rupnow "swings" into spring.

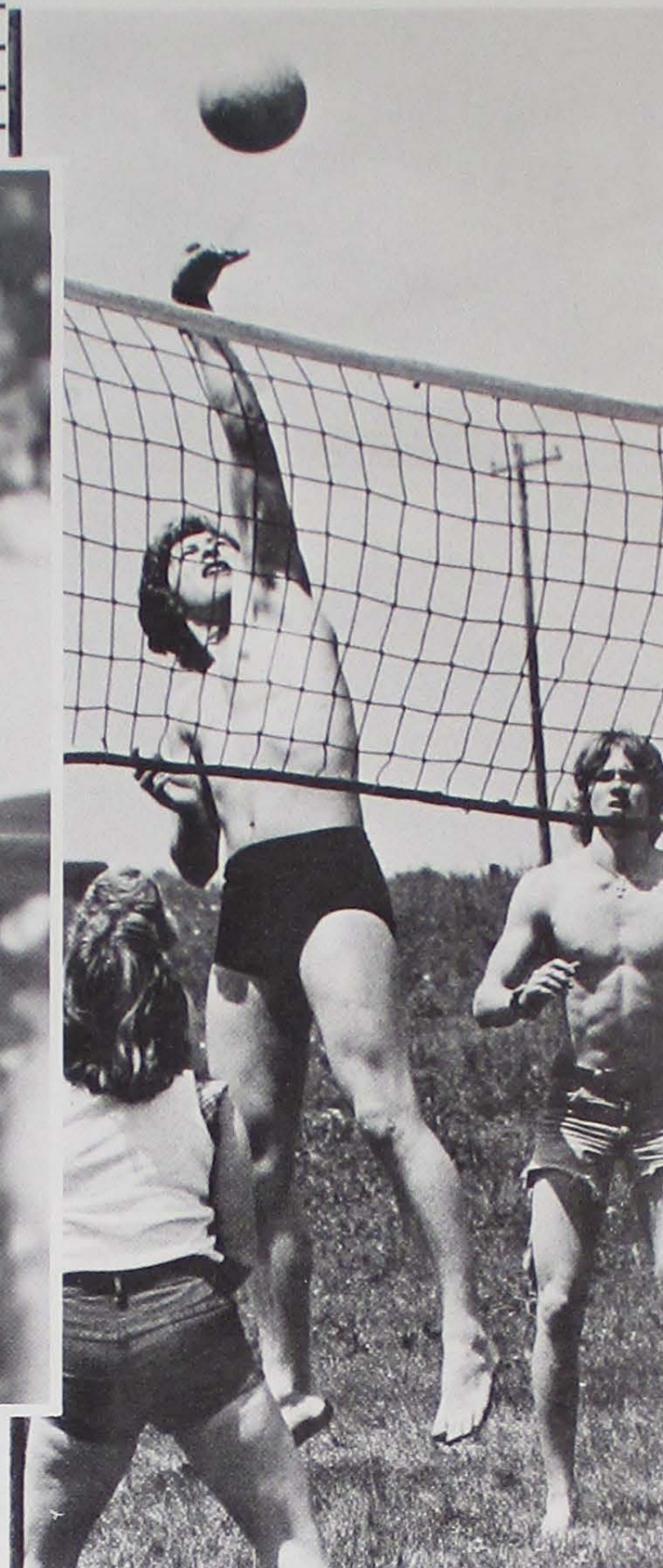






The graduates of the Class of '76 file into their seats at Fulton College. Above: Joel Morton delivers his speech to the 107 graduates, along with presents and diplomas. Above Left: Adrienne Birdsall and Laura Hickman continue to their seats. Above Right: Going for the volleyball to Paul Morgan at the Senior Picnic.





# Grads

'It never seems like it's really happening.'

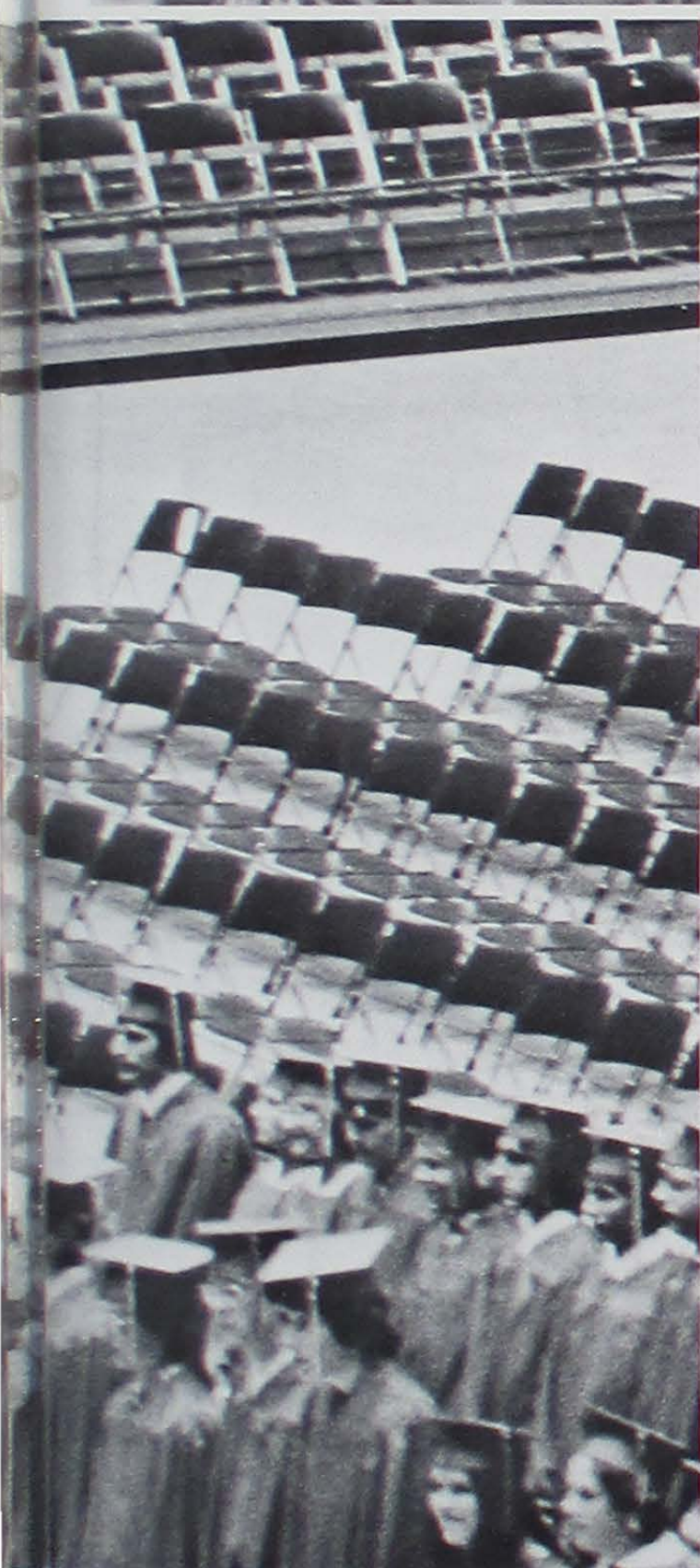
**T**he celebration of an ending, but more, a celebration of a beginning was brought to life as a way of summarizing all of the emotions that flowed from the Class of '76. The tools of wisdom and the building blocks of education were spoken of as reminders to the graduates that they are going to be the foundation of the future.

Julie Jones and Joel Morton were the class speakers. Jones' theme was a feeling of gratitude to all who had helped her, as well as her classmates, to achieve the status of graduates of the Class of '76 at A.H.S. Morton spoke of the importance of learning to know oneself and making the decision

of what you want to do. Morton saw each of his classmates as individuals, all with different faces that had before them as many different futures as there were people.

Although the future seemed just a short reach away, the past was a hard part of life to leave. The Senior Picnic was a way to go over all of the memories of the past years with friends that everyone knew might never be seen after the ceremony that night. Activities ranged from playing frisbee to softball to football and of course, swimming and sunbathing. Music was provided by Whisper and Benson.

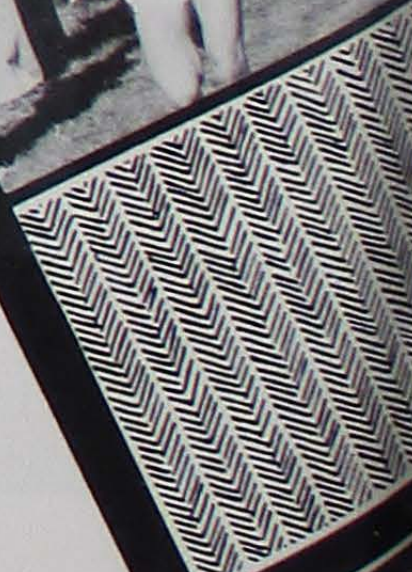
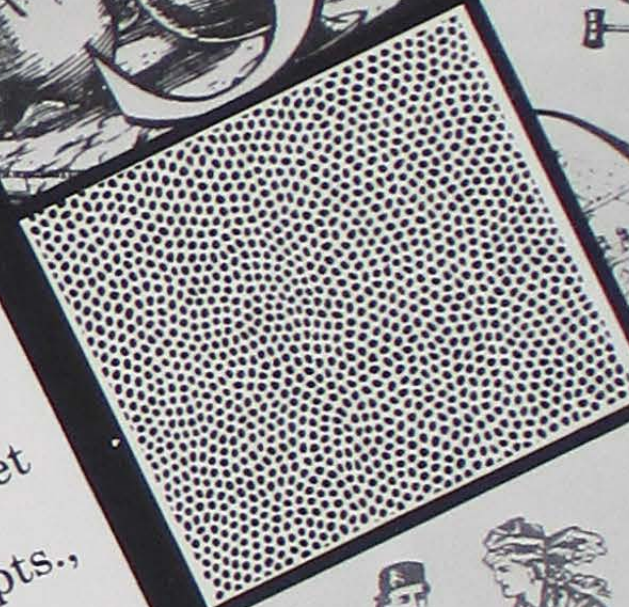
So, as the seniors walked across the stage for the last time as students of A.H.S. to receive their diplomas, they said good-bye to an old way of life to go on to seek the future.





# Sports

AHS track team beat Marshalltown 85-33 in 1912 . . . The baseball team in 1912 played only five teams . . . All basketball games were played after school and the admission was 10¢ in 1916 . . . The 1921 juniors won the interclass track meet with 50½ pts., seniors 46½ pts., sophs. 18½ pts., and the freshmen 1 pt . . . Tennis was first introduced to AHS in 1923 . . . During the 1923 season 59 boys were out for track . . . The score of the Ames vs. Story City basketball game in 1923 was Ames 17, Story City 2 . . . Ames High basketball team was State Champion in 1945 . . . George Duvall was selected on one of the all tournament teams as well as on Jack North's first basketball team in 1945 . . . The 1951 intermural program included tug-of-war . . .





The night before the  
Boone football game in 1945  
the team was given a

banquet at Lynn Fuehrer Lodge . . .  
Homecoming 1951 attracted a crowd of 4,000 . . .  
Ames High School was the setting for the 1961

version of the "Official Basketball" rules  
movie. The movie was filmed following the regular  
season with varsity, junior varsity, and the

student body participating . . . Hi Covey, long time  
track coach at Ames High, died in 1976 . . . Both

placed first in state championships  
in 1976 . . . Boys intramurals in 1976  
were forced to use the

old Central gym for games . . .

1. Jon Mathiason. 2. Steve Huston. 3. Kelley  
Gray. 4. Kevin Highland, Chris Young.

# SPORTS



# FIZZLE

'Injuries made it a real disappointment'



Junior halfback Royd Jackman threads his way through Fort Dodge defenders as quarterback Paul Schultz looks on.



VARSITY FOOTBALL: Bottom: Kevin Buck, Chris Kauffman, Dave Crawford, John Hackman, Paul Schultz, Jeff Owings, Dan McCullough, Rich Sandve, Scott Gibson, Frank Brady, Mark Ellson, George Garifo, Second: Jim Strike, Tom Carney, Jeff Weir, Craig Snider, Royd Jackman, Steve Stoecker, Arnie Seim, Steve Atkins, Tom Augustyn, Mike Hutchison, Jerry Martinson, Mike Barrett Third: Keith Ridenhour, Doug Maas, Tom Wandersee, Dave Litchfield, Dan Sullivan, Jim Bump, Clay Stockdale, Joe Milliken, Jay Miller, Jim

Ingram, Rod Middle, Rick Ewan Fourth: Randy Wandling, Ted Potter, Bill Leibold, Tom Clark, Max Duvall, Dave Minnick, Dave Bergeson, Joe Stephens, Jim Augustyn, Mark Hall Fifth: Jim Albert, Sam Lersten, Evan Geise, Mike Miller, Tom Rockwell, manager Doug Tschopp, trainer Jeff Klaus, manager Neil Sauke, manager Kyle Thomas, manager Sam Beattie Sixth: Coach Jack Mendenhall, Coach Phil Johnson, Coach Keith Bailey, Coach Tom Jorgensen, Coach Jim Dueda, Head trainer Ron (Bear) Green



For a second straight year, the Little Cyclone football squad failed to materialize as a highpoint in the fall sports season. The team, designated as a contender in preseason, dropped to last in the Big Eight with a 2-7 record. In the season debut, Ames faced Valley of West Des Moines. As it turned out, the Valley contest marked the finest performance by the gridgers all season. From there, the schedule turned to shambles. It seemed every succeeding week brought one more player to the disabled list. For the sixth game, at Cedar Falls, 11 starters were sidelined with an array of injuries, ranging from broken legs to pinched nerves. "We were all fired up for a good season," remarked senior captain Chris Kauffman, "but all the injuries made it a real disappointment."

After losing five straight, the team again captured a victory, in what had to be one of the highlights of the season. For the first time since the conference was established, East Waterloo tasted defeat at the hands of the Little Cyclone gridgers.

Though their record didn't display it, the players were not losers. "This was the best bunch of attitudes I've had," commented Coach Johnson. "It's unfortunate that we had so many unforeseen events occur." An additional highlight to the season came as all conference teams were selected. For the first time in many years, two juniors, Jim Ingram and Tom Wandersee were named all conference both to the second team at middle linebacker and defensive guard

respectively. Jeff Owings, senior tight end, joined them on the second all Big Eight team.

Varsity Football

Ames	13	Valley	3
Ames	7	Waterloo Central	27
Ames	0	Mason City	28
Ames	7	Fort Dodge	14
Ames	3	Newton	6
Ames	13	Cedar Falls	23
Ames	6	West Waterloo	35
Ames	14	East Waterloo	12
Ames	14	Marshalltown	38



Below: Coach Johnson and Bear help Kauffman off the field after he sprained a knee. Above: Coach Jorgensen expresses his feelings concerning play on the field. Center: Chris Kauffman signals touchdown in the West Waterloo game, but Steve Atkins checks the referee to be sure.





# Great

A different strategy was used by coaches Dale Tramp and Jim Duea concerning training rules. They didn't just stress the regular no drinking, no smoking, in by 9:00 and in bed by 10:00, but a new rule was added; no girls. This came about when the gridders, after stomping their last three opponents by a wide margin became over confident and weren't overly concerned with the approaching Newton game. At the completion of the game, the Cardinals had upset the Cyclones 14-22.

Coaches Tramp and Duea then decided the team needed a new and stronger pre-game guide line. On the day of the games the players weren't to associate with their female companions. In between classes, one could see the orange-shirted athletes alone or walking with teammates.

Kevin Highland commented, "At first we tried it but most of us cheated and just stayed away from the coaches. It did make us realize our need for more game concentration."

## 'As a team we had a great will to win'

This strategy worked well in the long run, as they went on to win the rest of their games, ending the season 8-1.

Leading the Little Cyclones offensively was Kyle Matthews with 558 yards for 53 carries, and Dave Hockman, who carried 84 times for 526 yards.

Defensively, the team was quite strong with Scott Eschbach leading with 64 tackles.

Sophomore Football			
Ames	49	Lincoln	0
Ames	14	Marshalltown	12
Ames	51	Carroll Kuemper	0
Ames	14	Newton	22
Ames	29	Cedar Falls	13
Ames	31	Boone	14
Ames	22	Fort Dodge	7
Ames	43	West Waterloo	22
Ames	44	WDM Valley	8

Top Left: Coaches Tramp and Duea express to each other their concerns for the upcoming game as they plan their strategy. Lower Left: The Little Cyclone line fires out to open the hole as Kevin Highland awaits to handoff to running back Dave Hockman on a line charge. Lower Right: The strain of a hard fought game is shown on the faces of Kevin Highland, Larry Nelson, Clint Fischer, Mark Redmiles and Jim Wilson as they take in another of Coach Tramp's moving halftime talks.







SOPHOMORE FOOTBALL: Bottom: Tony Shires, Mike George, Doran Geise, Mark Redmiles, Jamie Grant, Ron Wilson, Steve Kendall, Chris Ledet, Craig Conley, Scott Eschbach, Second: Kevin Israel, Jim Wilson, Wayde Cox, Bill Joensen, Clint Fischer, Kyle Matthews, Chris Delaney, Dave Hockman, Gary Bahr, Kevin Jarvis, Third: John Natt, Mark Gibson, Vern

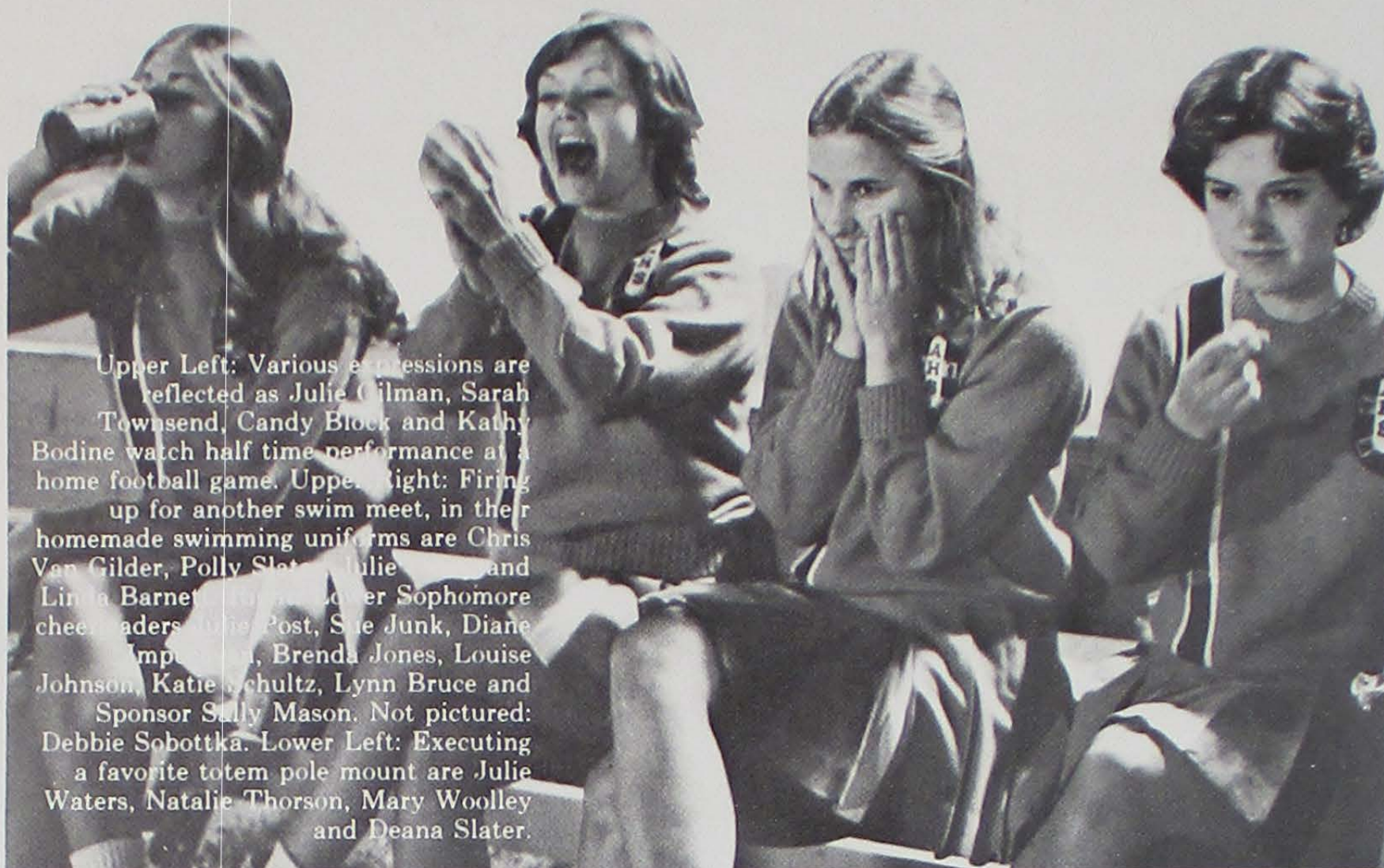
Fleshman, Mike Ross, Todd Jones, Randy Lynder, Scott Pope, Chris Young, Kevin Highland. Fourth: Rick Love, Mike Flummerfelt, Brad Hildebrand, Ed Camp, Jeff Hoerner, Jeff Sims, Dave Rougvie, Dave Collins. Fifth: Manager Tim Nordin, Coach Dale Tramp, Coach Jim Duea, Manager Scott Dunn.





# Dedication

'There is more to being a cheerleader than meets the eye'



Upper Left: Various expressions are reflected as Julie Gilman, Sarah Townsend, Candy Block and Kathy Bodine watch half time performance at a home football game. Upper Right: Firing up for another swim meet, in their homemade swimming uniforms are Chris Van Gilder, Polly Slater, Julie and Linda Barnett. Lower Sophomore cheerleaders Julie Post, Sue Junk, Diane Impson, Brenda Jones, Louise Johnson, Katie Schultz, Lynn Bruce and Sponsor Sally Mason. Not pictured: Debbie Sobottka. Lower Left: Executing a favorite totem pole mount are Julie Waters, Natalie Thorson, Mary Woolley and Deana Slater.





Upper Left: Looking over next weeks schedule are Sponsor Fern Lawler and Karen Willham. Upper Right: Cheering on the girls basketball team are Jody Dunlap, Paula Moore, Dee Spurgeon and Anne Conzemius. Lower Right: preparing pancakes for the basketball team breakfast are Erin Cross and Cheryl James. Lower Left: With extra special care, Rhonda Parrish, Sharee Tschetter and Linda Gurganus stir up a batch of Valentine cookies, to be given to winter athletes. Not pictured: Rimma Abian.



he is always painting posters and is an expert when it comes to cookies. (Due to numerous bake

sales.) She tries to support every athletic team all the time. Who is his person? An Ames High cheerleader. Along with cheering at sports events, a cheerleader assumes many other responsibilities.

"We really put a lot of work into it. There is more to being a cheerleader than meets the eye," comments Senior Deana Slater. One the average an Ames High cheerleader will have practices twice a week, each lasting one two hours. A practice usually consists of planning for upcoming sports events and the execution of cheers. "We spend up to 30 hours per week when planning special projects. For example, during tournament time we might practice four times a week, have a pep assembly on Friday, then cheer at least two times throughout the same week," says Julie Waters, junior. How does this compare with Waters' mother, Betty, once a cheerleader for Carroll, Iowa? "It wasn't nearly as time consuming for us. Mainly because we only cheered for football and basketball." A new limitation imposed states that girls can not cheer and be involved in a sport during the same season. Cheersquad Captain Linda Gurganus reacts to the rule. "It works much better this way because there are less conflicts."





Through the perfection of his coaching and the unity of his runners, John Sletten recorded the best season ever for the boys and girls cross country teams. "The boys have achieved a perfect season. This is something that in all my 14 years of coaching cross country and track I've never done before."

The girls cross country team also improved greatly, placing second in the state meet. The male harriers finished with an 11-0 season and set two school records on a two mile course; 49:27.4 with five runners and 39:10.0 with four runners.

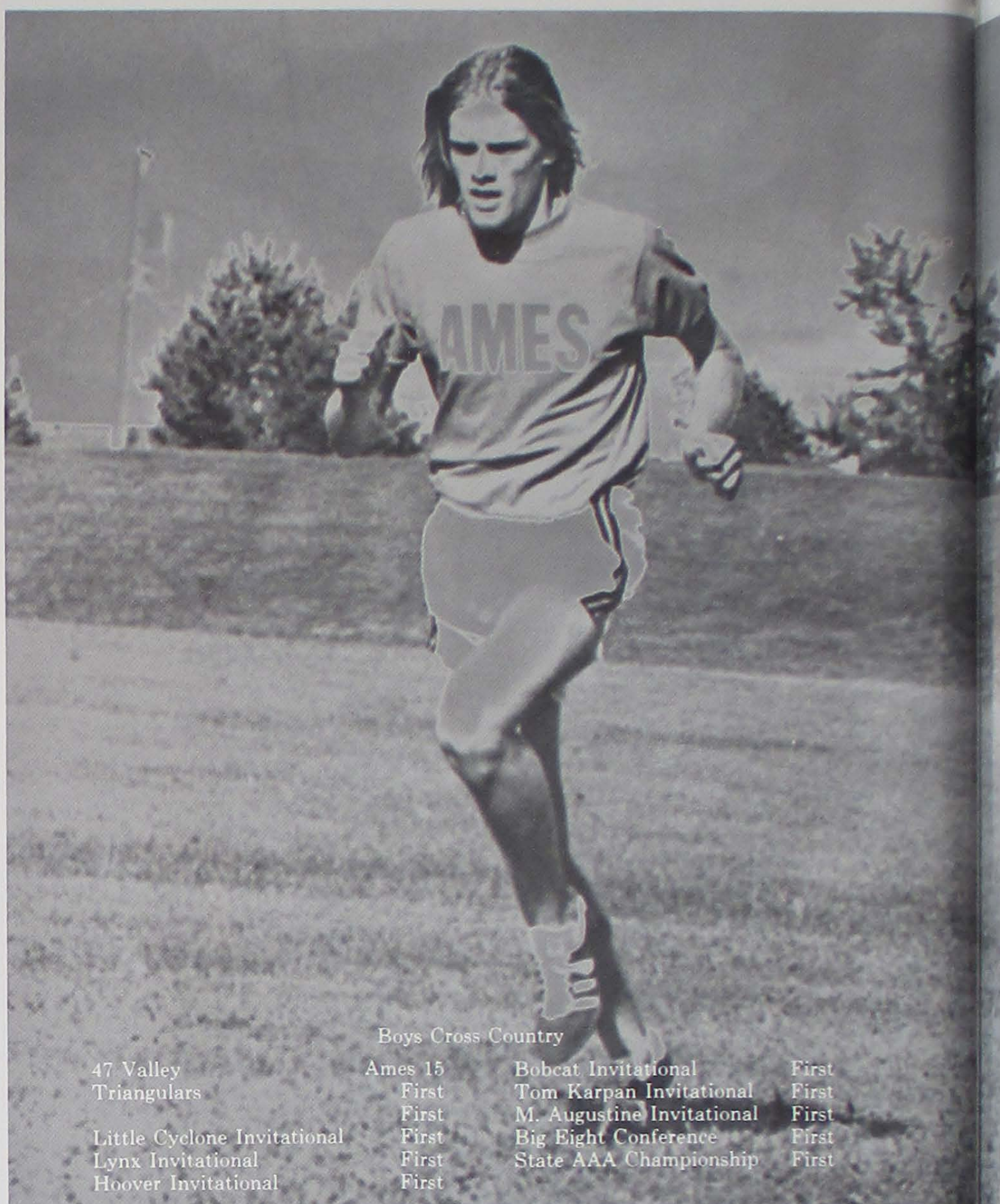
The girls team was equally impressive, scoring a record for four runners at two miles. The girls' team also traveled to an unexpected second place at state which Michelle Coady stated, "was really surprising." After a slow start the girls team got going and as Michelle said, "The season went by really fast."

Competing in the state meet for the boys and girls were Jon Mathison, second; Chuck Gratto, third; John Aurand, eighth; Mitch Delaney, 20; Owen Herrnsstadt, 30; Michelle Coady, ninth; Kim Thompson, 14; Carla Hammer, 29; Judy Rossmiller, 79; and Barb Deppe, 116.

Through all the record breaking and winning, both teams developed a unique comeraderie. Wayne Norton, senior, stated, "This year is the most fun I've had in cross country."

Mitch Delaney, also a senior, commented, "Our team really is relaxed. Everybody knows each other, and we have a great time." Cross country is a sport that needs this strong sense of togetherness. This is because of the unusually difficult training involved. Without this feeling, the team would no longer be able to keep on a reasonable level of congeniality.

Scott Thiel summed up the season, explaining what he felt was the reason for both teams' success. "We all like running."



#### Boys Cross Country

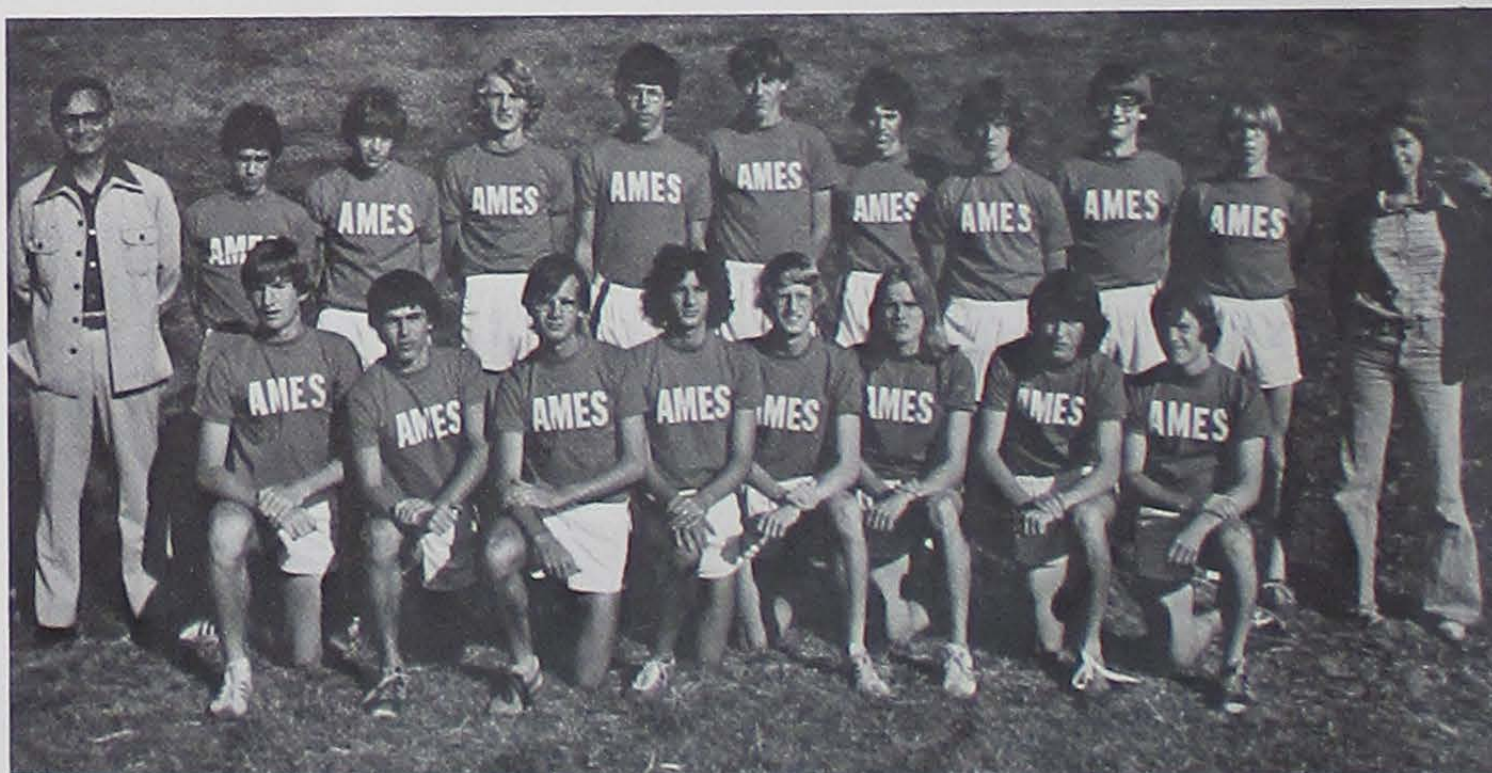
47 Valley  
Triangulars

Little Cyclone Invitational  
Lynx Invitational  
Hoover Invitational

Ames 15  
First  
First  
First  
First  
First

Bobcat Invitational  
Tom Karpan Invitational  
M. Augustine Invitational  
Big Eight Conference  
State AAA Championship

First  
First  
First  
First  
First



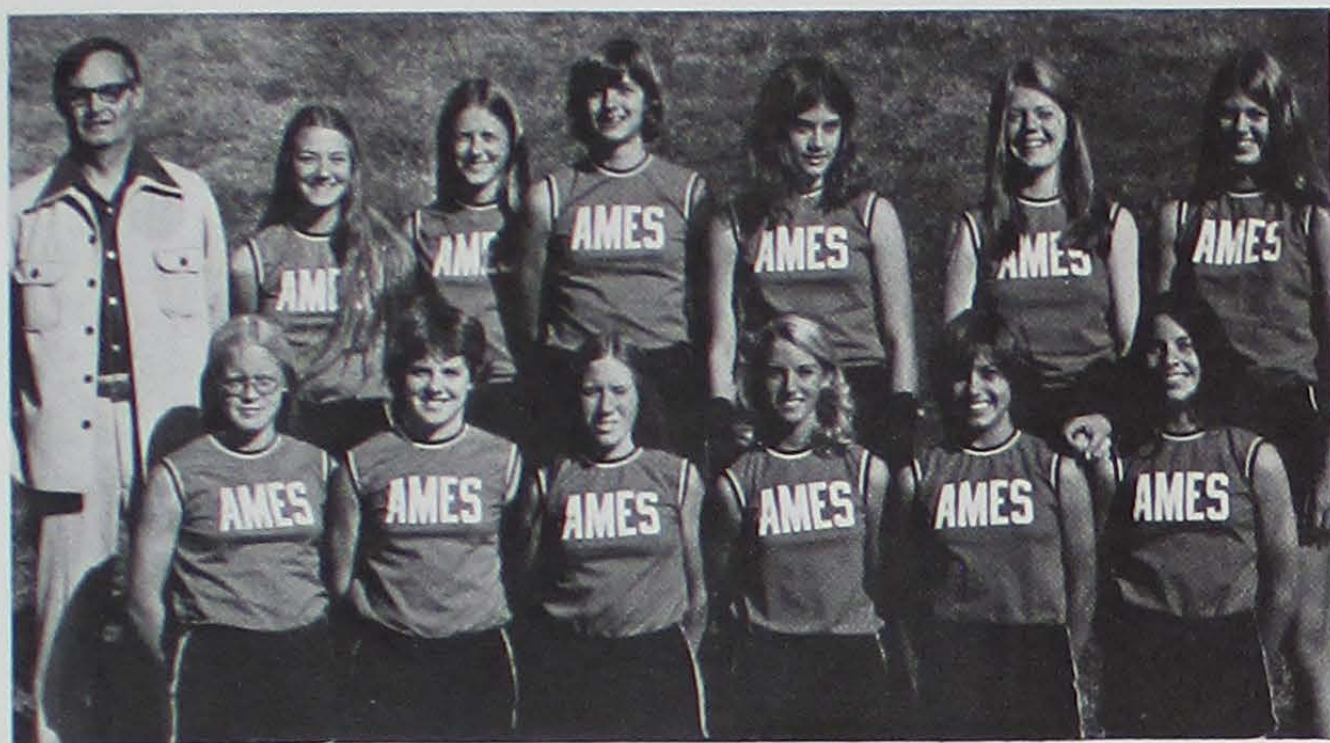
BOYS CROSS COUNTRY: Bottom: Dan Aurand, Chuck Gratto, Mitch Elaney, Owen Herrnsstadt, John Aurand, Jon Mathiason, Scott Thiel, Greg Gerstein. Second: Coach John Sletten, Scott

Impecoven, Wayne Norton, Dennis Sweeny, Mark Sturtevant, Gary Marty, Dana Fullhart, Nick Franck, Greg Anderson, Chris Rasmussen, Angie Wiggins; not pictured, Jay Bro.



Close

'We have a great time.'



**GIRLS CROSS COUNTRY:**  
Bottom: Barb Deppe, Michelle Coady, Kim Thompson, Natalie Thorson, Carla Hammer, Judy Rossmiller. Second: Coach John

Sletten, Anne Conzemius, Laura Anderson, Gileen Gleason, Celia Carbrey, Jacque Allen, Shelley Prestemon.

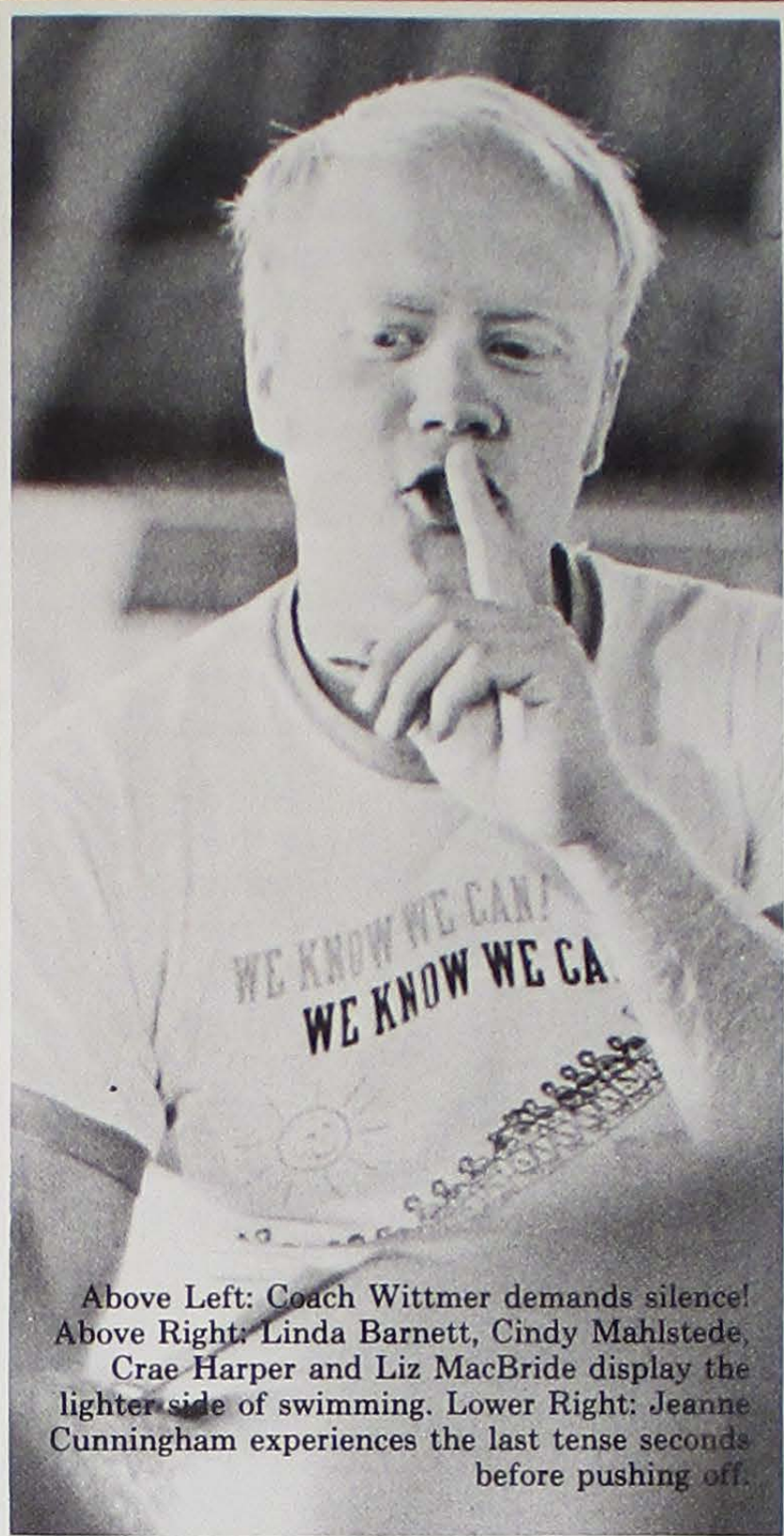


Above Left: Jon Mathison cruises away from the competition at an Ames triangular. Below Left: Owen Herrnsstadt, a senior letterman, flashes a smile while warming up for a race. Below Left: Michelle Coady closes down all systems after her race in an invitational.



Girls Cross Country	
Little Cyclone Invitational	Third
Hoover Invitational	Second
Triangulars	First
	First
Bobcat Invitational	First
Tom Karpan Invitational	Third
Adel Invitational	First
District	First
State	Second





Above Left: Coach Wittmer demands silence!  
Above Right: Linda Barnett, Cindy Mahlstedt,  
Crae Harper and Liz MacBride display the  
lighter side of swimming. Lower Right: Jeanne  
Cunningham experiences the last tense seconds  
before pushing off.



**GIRLS SWIMMING:** Front: Beth Richards,  
Cindy Mahlstedt, Cathy Wilson. Second: Erin  
Cross, Hilda Hsieh, Andy Crudele, Patty Pady,  
Jenny Karas, Carolyne La Grange, Linda  
Barnett. Third: Jeanne Cunningham, Marietjie  
Burger, Debbie Hollenbach, Liz MacBride.

Janet Bliss, Cynthia Stout, Marla Anderson,  
Kris Nass. Fourth: Kammy Bhala, Mary Jo  
MacIntosh, Stephanie Mercier, Kristie Michel,  
Tami Lichtenberg, Polly Slater, Emily Johnson,  
Jan Frahm.







Girls Swimming			
Ames	69	Valley	103
Ames	119	Newton	51
Ames	99	Ft. Dodge	72
Ames	87	Lincoln	84
Ames	94	Ft. Dodge	76
Ames	64	Hoover	19

**Tournaments**  
 Valley Relays — Fourth  
 Little Cyclone Inv. — Fourth  
 Big Eight Conference — First  
 District — Second  
 State — Seventh

## Gills

'After a day at school the physical enjoyment helps me to relax.'

With a fish-like ability, Ames girls skimmed through a four and two season, landing a first in the conference meet and placing seventh in state. The season was highlighted by the girls taking the conference title for the second straight season. Members of the 400 yard freestyle relay team, which received second at state, were Cindy Mahlstedt, Crae Harper, Linda Barnett and Liz MacBride. MacBride also put it together in the 50 yard freestyle, breaking the school and state records, and went on to place first in the 100 yard freestyle. MacBride commented on her swimming, "I started swimming when I was seven or eight and hated it until I was about twelve. If I didn't swim I'd feel like I wasn't doing anything besides, it keeps me in shape and I meet lots of people." Other place winners at state included team members Cindy Mahlstedt, Crae Harper, Janet Bliss and Hilda Hsieh.

Erin Cross states her feelings towards swimming, "After a day at school the physical enjoyment helps me relax and gives me a chance to think about the day. When I've finished a hard workout I always feel like I've accomplished something!"

MacBride concentrates on the coming race.



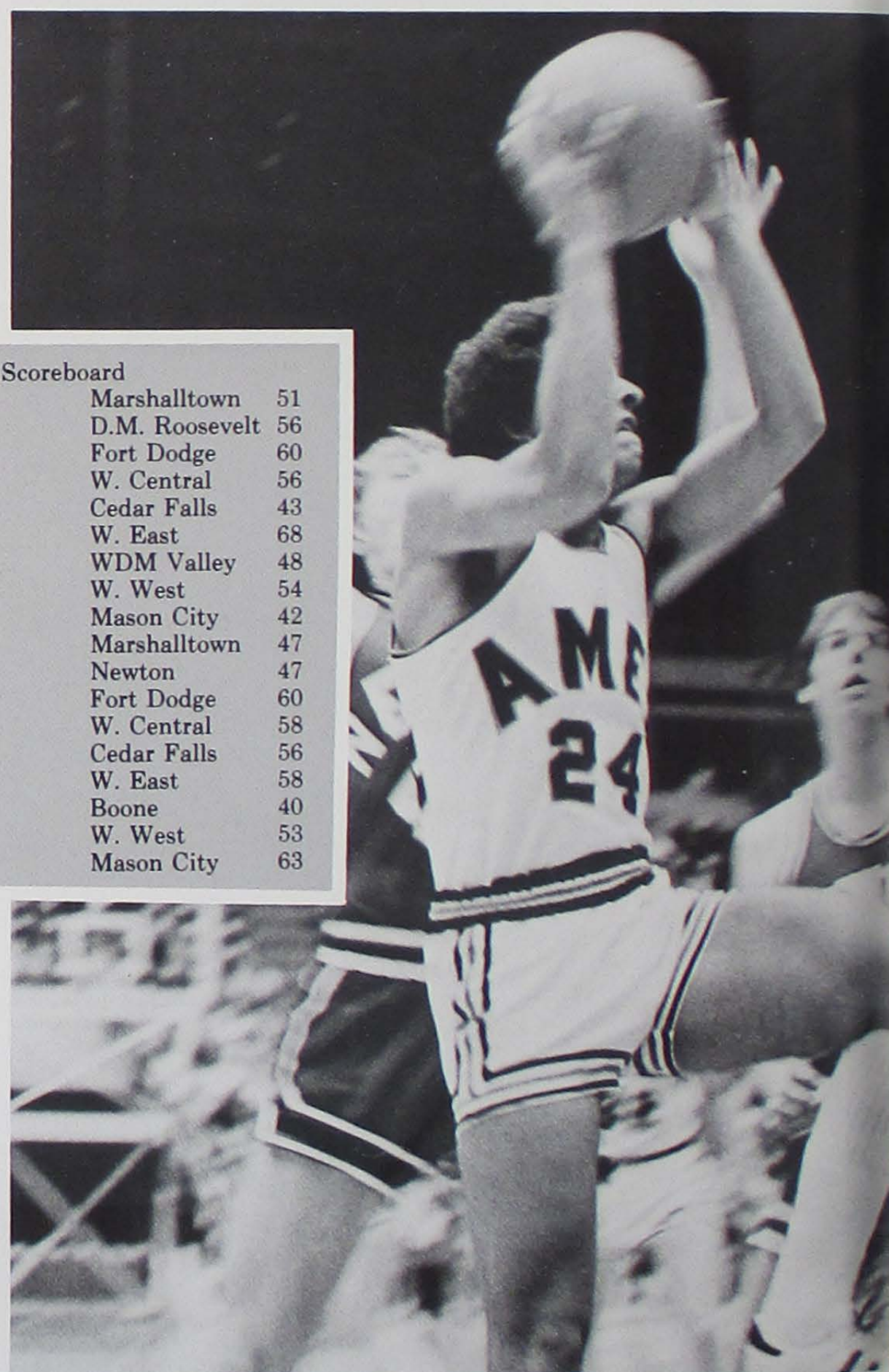
# Invincible

'We played with confidence, leaving no room for doubt'

**T**here was really no way the 1975-76 basketball season could've been better. From the first poll in November, to the final buzzer of the state championship game, no other team could claim the title of number one. Besides winning the state title by the third largest margin ever, the Little Cyclone cagers became the first team in Big Eight history to weather the rugged conference race undefeated. And enroute achieved what none of the other great Ames teams had; compiled a perfect 24-0 record. "A season like we had is the dream of every coach," said Arnie Zediker. It soon became evident after the season's start, that Ames was the team to beat.

With three starters returning from the runner-up squad of 1975, pressure for a gold trophy began to build. "We knew we had the potential to win it all," commented Chuck Harmison. "It was just a matter of proving it to everyone." The majority of the season saw the Little Cyclones completely dominate their foes, winning by an average of over 21 points per game. East Waterloo was the only team which managed any degree of success against the top ranked squad. Last quarter heroics by Joel Morton lifted Ames from an 11 point deficit to a three point win in their second meeting to preserve the unblemished record. Both Mason City contests, billed as head on clashes for the state leadership, never materialized. It was either a case of Mason City being ranked too high, or Ames just that much above the competition. The latter seems more believable.

Kevin Highland, became only the second sophomore in six years elevated to the varsity for the entire season. He came off the bench all year to provide some clutch outside shooting.



## Scoreboard

Ames 57	Marshalltown 51
Ames 73	D.M. Roosevelt 56
Ames 87	Fort Dodge 60
Ames 75	W. Central 56
Ames 60	Cedar Falls 43
Ames 78	W. East 68
Ames 79	WDM Valley 48
Ames 76	W. West 54
Ames 54	Mason City 42
Ames 67	Marshalltown 47
Ames 75	Newton 47
Ames 96	Fort Dodge 60
Ames 76	W. Central 58
Ames 68	Cedar Falls 56
Ames 60	W. East 58
Ames 87	Boone 40
Ames 83	W. West 53
Ames 84	Mason City 63





Front: Phil Engen, Pudge Rasmussen, Dave Minnick, Sam Lersten, Sam Fouad, Joel Morton, Jim Elliot, Ed Beaudry Back: Manager Dave Pope, Rob

Klingseis, Kevin Shanks, Matt Burgason, Chuck Harmison, Chris David, Ted Potter, Scott Gibson, manager Max Duvall



Top Left: Kevin Highland and Ed Beaudry clasp hands in congratulations, at the culmination of a perfect season. Far Left: Guard Sam Fouad takes it all the way to the hole on the fast break. Above: Mental involvement is etched on the faces of Coaches Dave Posegate, Pat Lawler and Arne Zediker. Left: Ted Potter jackknifes in mid-air as he muscled down another bound against the Knights of Carroll Keumper. Right: Hovering near the rim, Chuck Harmison drops in an easy two over Marshalltown's Rick DeVolder.







## It's the greatest feeling to achieve a goal you have set for yourself.

For some it had been a junior high dream; to others it was their just reward for the many hours of grueling practice. The state championship was the climax to a near perfect season which saw the cage team go 24-0 and claim the state title by 27 points against an outclassed Marshalltown team. Though the pressure had been on since the 1975 squad clinched the runner-up spot, the players knew that gold trophy was theirs. "It was very satisfying," commented coach Arnie Zediker. "It was like a great weight had been taken off my shoulders."

Paced by co-captains Joel Morton and Chuck Harmison, the team waltzed through district action, slipped by Hoover in substate, and dominated the state tourney field to take the state crown for a fifth time. Harmison, playing like a first team all-state and all-tournament selection, controlled both boards and was impregnable at the defensive end. Though not a leading scorer, Morton came through in the clutch, breaking presses, hitting important free throws and buckets, as

well as being a true team leader. He was recognized for his indispensable performances by being named to the second team all-state and first team all tournament squad.

For forward Matt Burgason the state title had been in his mind since he saw his older brother get third when he was in sixth grade. "I thought to myself," Burgason reminisced, "When I get up there, I want to win the state championship. It's the greatest feeling to achieve a goal you've set for yourself." It was Burgason who hit several key baskets in the substate win over Hoover. His rebounding was always needed. Two of the starters lost in all the publicity turmoil were Senior forward Rob Klingseis and guard Sam Fouad. Klingseis played as consistently as anyone in the state tourney, yet was excluded from the all-tourney team. A better passer than Sam Fouad there could not be. The fast break, many times led by Fouad, blitzed opponents throughout the tournament. He was perhaps the strongest link in an overpowering defense.



Upper: Left: Team members admire gold trophy which speaks for itself. Upper Right: Helpless Ankeny defenders look on as Chuck Harmison drops in two during district action. Lower Right: Sophomore Kevin Highland fires jumper against Bettendorf in the state tourney opener. Center: Surveying Bettendorf defense, floor general Joel Morton ponders offensive options.





#### TOURNAMENT SCOREBOARD

##### District

Ames	72	Ankeny	46
Ames	89	D.M. East	60

##### Substate

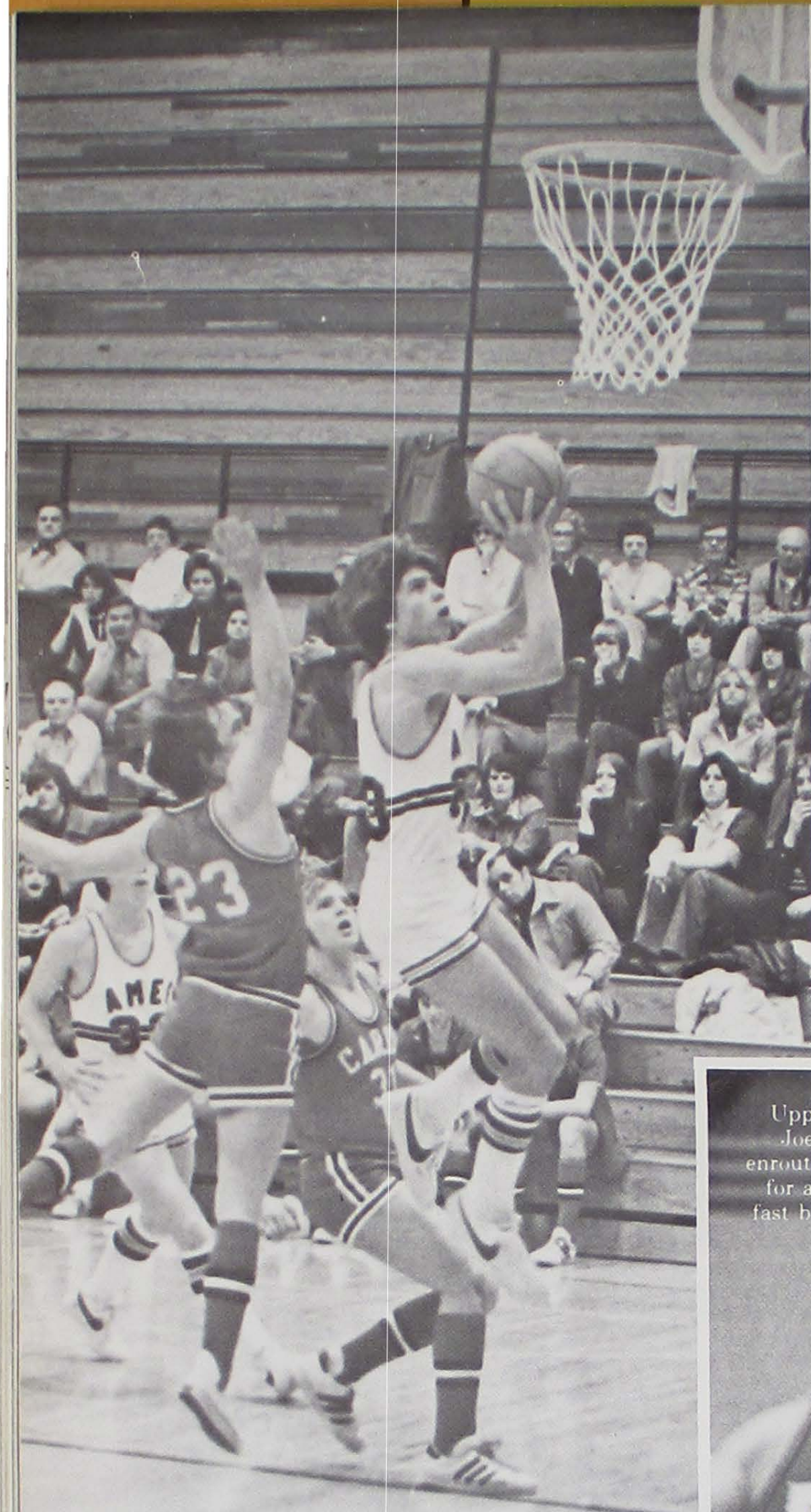
Ames	51	D.M. Hoover	45
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##### State

Ames	66	Bettendorf	66
Ames		Carroll Kuemper	
Ames	75	Marshalltown	48







Upper Left: Determination in his face, Guard Joe Stohlmeyer splits two Newton defenders enroute to lay-up. Top Center: Looking upcourt for a teammate, Mark Jensen, sophomore, leads fast break. Center: Paul Ryan drives for two in 2 win over Newton.

Ames	52	Marshalltown	59
Ames	68	Fort Dodge	54
Ames	69	C. Waterloo	42
Ames	75	Cedar Falls	76
Ames	53	E. Waterloo	47
Ames	57	Valley	53
Ames	66	W. Waterloo	43
Ames	66	Mason City	49
Ames	57	Marshalltown	60
Ames	75	Newton	61
Ames	54	Fort Dodge	59
Ames	87	C. Waterloo	67
Ames	60	Cedar Falls	58
Ames	66	E. Waterloo	60
Ames	72	Boone	66
Ames	69	W. Waterloo	38
Ames	64	Mason City	44





Front: Paul Ryan, Dan Aurand, Doran Geise, Jeff Weigle, Gary Marty, Steve Kendall, Jay Bro, Mark Jensen Back: Ellis, Joe Stohlmeyer, Jamie Grant, Rick Thompson, John Bachman, Assistant coach Mark Mattke, Coach Dave Posegate

## Balance

**U**ndaunted by the loss of a starter to the varsity in preseason, the sophomore basketball team swept to a 13-4 record, winning the last six in a row. Of the four losses, two were by one point and another by just three points. Had two shots fallen at the buzzer, the squad could have been atop the conference standings. As it turned out, the cagers finished second in the Big Eight race, one game behind Marshalltown.

"We had a very successful season, reflected Coach Dave Posegate. "The guys played well together and were unselfish. They played good defense and continued to improve throughout the year."

Depth and balance also played key roles in the season's success. The latter part of the season still found seven players fighting for starting slots. John Bachman and Jeff Weigle saw considerable action at the guard and forward position respectively. Scoring balance also sparked the sophs. Everyone of the top seven players led the team in scoring for at least one game. "We played real well

We played well together as a team!

together as a team," remarked Joe Stohlmeyer. "Our defense and scoring balance really helped too."

Leading the way was forward Jay Bro. He topped both the scoring (13.3 ppg.) and rebounding categories. Three other players were above or close to the double figure plateau. These included guards Joe Stohlmeyer (10.6 ppg.), Mark Jensen (9.8 ppg.) and Paul Ryan (9.8 ppg.).







Gileen Gleason and Michelle Coady close in on a defender.



**VARSITY BASKETBALL:** Bottom: Michelle Coady, Lori Richtsmeier, Candy Block, Julie Gilman, Michelle Cochrane, Kim Bailey. Second: Norma Dowell, Barb Guy, Amy Stohlmeyer, Janet Straker, Carole Hall, Shelly Tryon, Sheryl Bogue,

Kim Harris; Third: Coach Larry Middleton, Gileen Gleason, Robin Nissen, Sharie Mendenhall, Jacque Allen, Angie Wiggins, Teresa Shaffer, Assistant coach Bob Heiberger.





# Forward

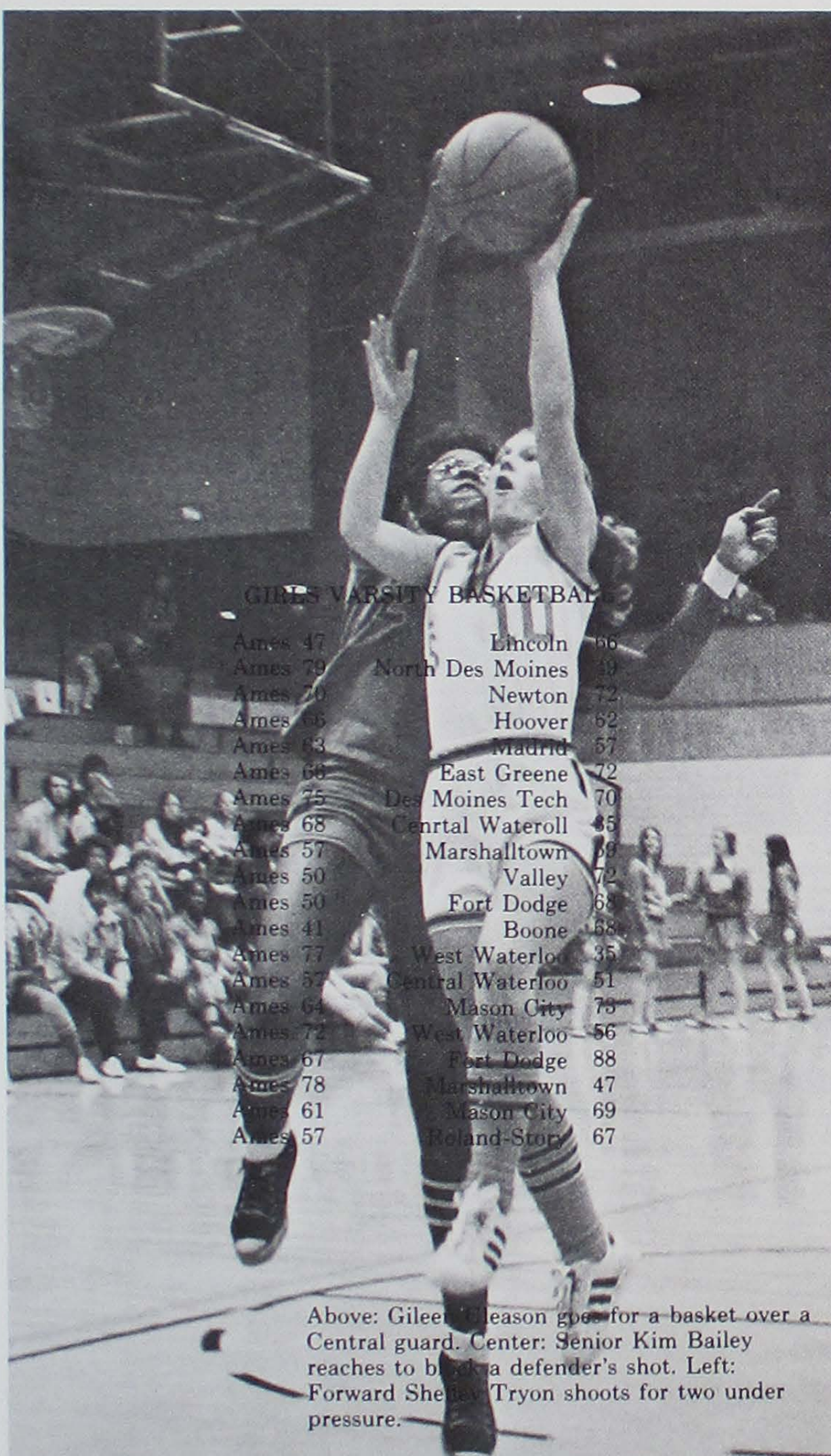
'There is very good nucleus material for the coming years.'

**A** though their record doesn't show it, the varsity girl's basketball team did have a good year. "It was a disappointing season, but I feel that we gave a good account of ourselves in the games we played," commented their coach, Larry Middleton.

"I think the Ames High girl's basketball program has really progressed from our first year. This year wasn't our best record wise, but I'm glad that I had the opportunity to play with this year's team. I really enjoyed it," stated Senior Kim Bailey.

Many of the senior girls looked forward to the future Ames High teams. Lori Richtsmeier felt that "the programs at the junior high level are getting better with more dedicated girls. The sophomores and juniors on the team have a lot of talent."

Michelle Coady went on to predict that she believed, "the girls will go to state in two years and will win at state in five years." Middleton echoed these thoughts saying, "There is very good nucleus material for the coming years."

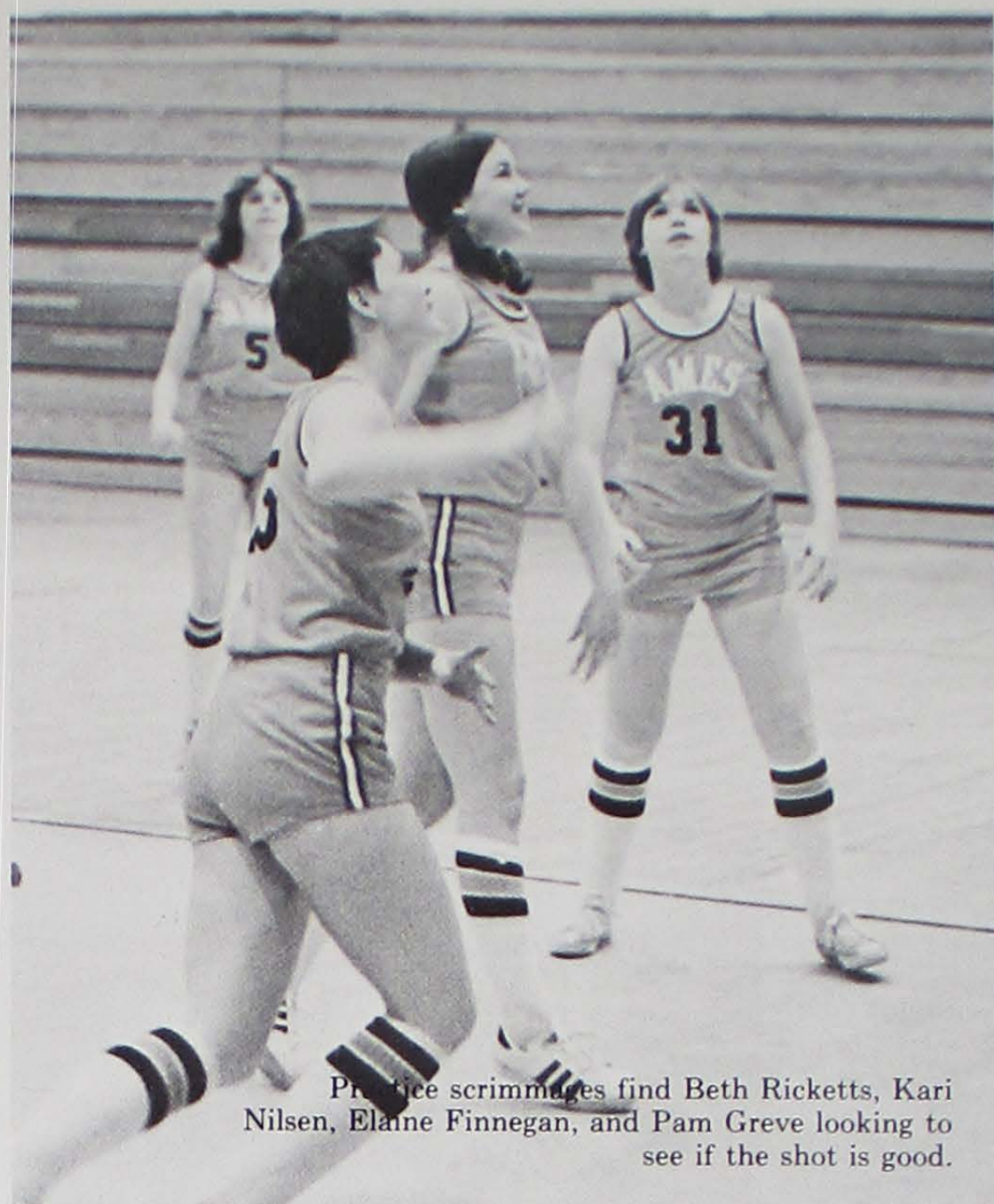


## GIRLS VARSITY BASKETBALL

Ames 47	Lincoln	66
Ames 79	North Des Moines	49
Ames 70	Newton	72
Ames 66	Hoover	62
Ames 63	Madrid	57
Ames 68	East Greene	72
Ames 75	Des Moines Tech	70
Ames 68	Central Waterroll	45
Ames 57	Marshalltown	68
Ames 50	Valley	72
Ames 50	Fort Dodge	68
Ames 41	Boone	68
Ames 77	West Waterloo	35
Ames 57	Central Waterloo	51
Ames 64	Mason City	73
Ames 72	West Waterloo	56
Ames 67	Fort Dodge	88
Ames 78	Marshalltown	47
Ames 61	Mason City	69
Ames 57	Roland-Story	67

Above: Gileet Gleason goes for a basket over a Central guard. Center: Senior Kim Bailey reaches to block a defender's shot. Left: Forward Shelby Tryon shoots for two under pressure.





Practice scrimmages find Beth Ricketts, Kari Nilsen, Elaine Finnegan, and Pam Greve looking to see if the shot is good.



GIRLS SOPHOMORE BASKETBALL:  
Bottom: Judy Rossmiller, Beth Ricketts,  
Pam Roberts, Julie Cheville, Gail Runge.  
Second: Pam Greve, Julie Carlson, Lisa

Gaarde, Cindy Hall, Nancy Rockwell. Third:  
Kari Nilsen, Celia Carbrey, Jill Boston, Lisa  
Weishaar, Elaine Finnegan, Coach Heiberger





# Tops

'Basketball was really fun! We had a blast!'

**W**inning seasons are hard to come by but the girls sophomore basketball team pulled through with a 14 and 1 record, their only loss to Des Moines Hoover.

Forward Jill Boston came out on top, leading with 326 total points, 54 rebounds, 26 assists and 23 interceptions.

Boston commented, "Basketball was really fun! We had a blast!" Leading guards were Lisa Gaarde with 65 rebounds and 29 interceptions, Lisa Weishaar with 65 rebounds and 16 blocked shots and Kari Nilsen, leading free thrower with 55 per cent.

Gail Runge stated, "Basketball is a really fun sport, that's why I went out. The whole team got along pretty well and we had a lot of fun."

Pam Roberts expressed, "I think I enjoyed the practices more than I did the games. It's kind of a bummer being the last person to play in a game."

## GIRL'S SOPHOMORE BASKETBALL

Ames	40	Mason City	22
Ames	50	Marshalltown	38
Ames	51	West Waterloo	23
Ames	47	Mason City	28
Ames	54	Central Waterloo	26
Ames	45	West Waterloo	29
Ames	48	West Des Moines Valley	36
Ames	60	Marshalltown	38
Ames	59	Central Waterloo	26
Ames	56	Des Moines Tech.	31
Ames	72	East Greene	56
Ames	54	Des Moines Hoover, J.V.	58
Ames	67	Newton	46
Ames	73	Des Moines North	33
Ames	65	Des Moines Lincoln	44

Forward Beth Ricketts shoots for two while Elaine Finnegan blocks her during practice.





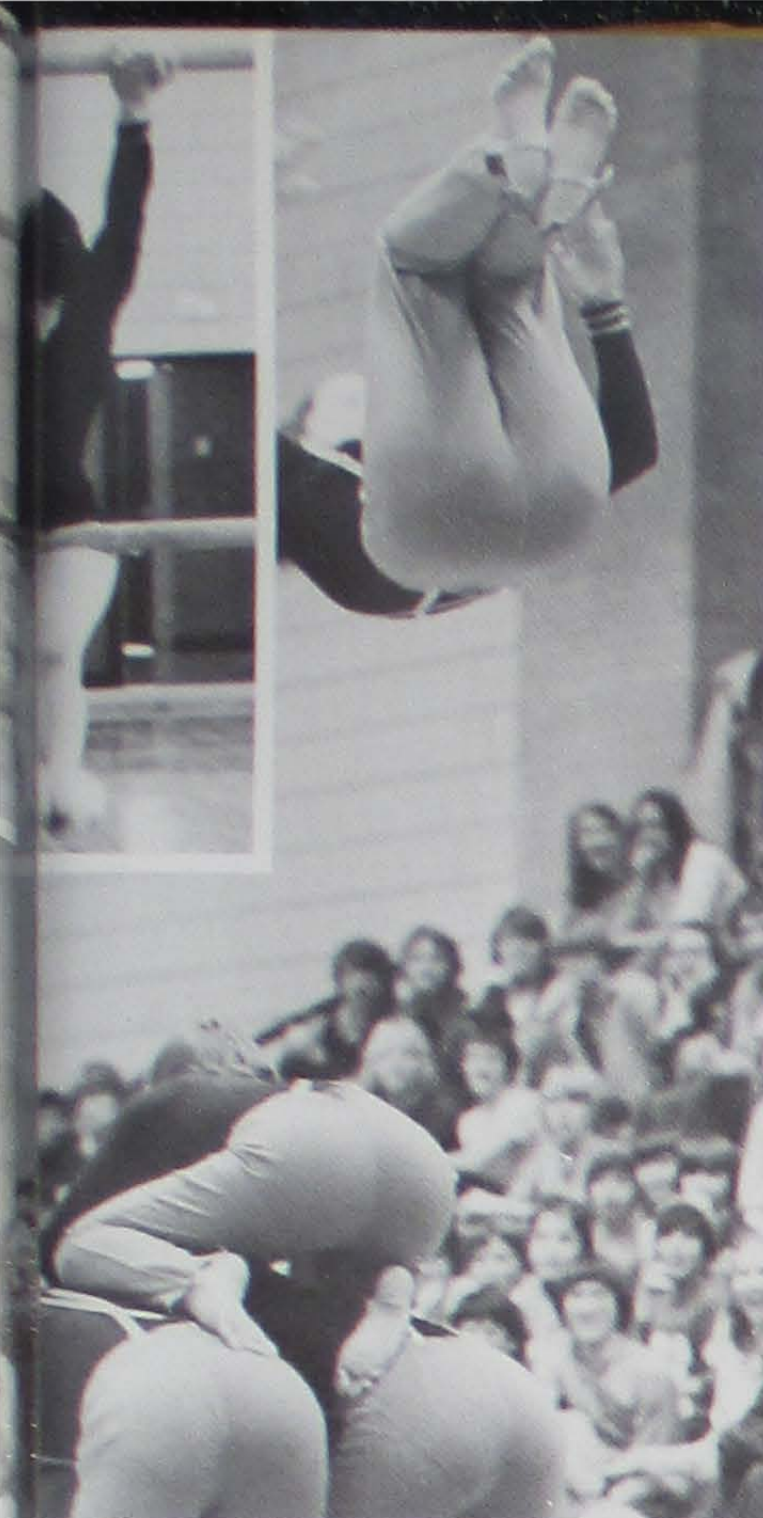
Left To Right: Ann Brakke, Kathy Kauffman,  
Karen Albertson, Jamie Miller, Sue Parks,  
Michelle Rudi, Jo Montgomery, Mary Sullivan,

Kelley Gray, Cheryl Stritzel, Bea VanFossen,  
Ann Durlam, Liz MacBride, Rimma Abian,  
Coach Kruse.



Right: Junior, Lori Siedelman holds an attitude  
position on the beam.





# Young

'They are a young experienced team.'

**T**he competition was hard but all of us worked harder to try and beat it. It was fun and by the end of the year we were all close," said Rimma Abian, the only senior on the gymnastics squad. Despite this young team they had a good season. They brought their dual meets to a close with four wins and four losses. They received second in two triangulars, second in districts and fifth in regionals. Sophomore Mary Sullivan achieved seventh in state for her bar work.

"I thought they did very well," commented Coach Kruse. "They had a tough schedule; it was never obvious if they were going to win or lose. They are a young, experienced team and I'm looking forward to working with them next year."

Practices were held several times a week on various days and times.

Cheryl Stritzel said, "Practices were fun! We usually had five or six practices a week during the regular season, most of them were after school but there were also some in the mornings and on the weekends."

Differences were sighted in respect to both the team and personal views. Bea Van Fossen felt that, "the team was more fun this year due to tougher competition and more teamwork."

Jo Montgomery noticed a difference in herself, "I worked harder this than ever before and am already looking forward to next year."

Upper Left: Mary Sullivan swings to state in parallel bars competition. Center: Ames High gymnast performs during halftime of a basketball game. Right: Michelle Rudi successfully executes a graceful vault. Left: Michelle Rudi performs one of her tumbling stunts.



# Success

'A willingness to work helped fill the gaps.'

**G**oing for greatness, the Ames High wrestling squad had a very successful season. The wrestlers took third in state, second in districts, and first in the sectional tournament.

It was a tough dual season for the Little Cyclones as they ended up 4-9 overall and placed third in both the Valley West Des Moines and Ames Invitational.

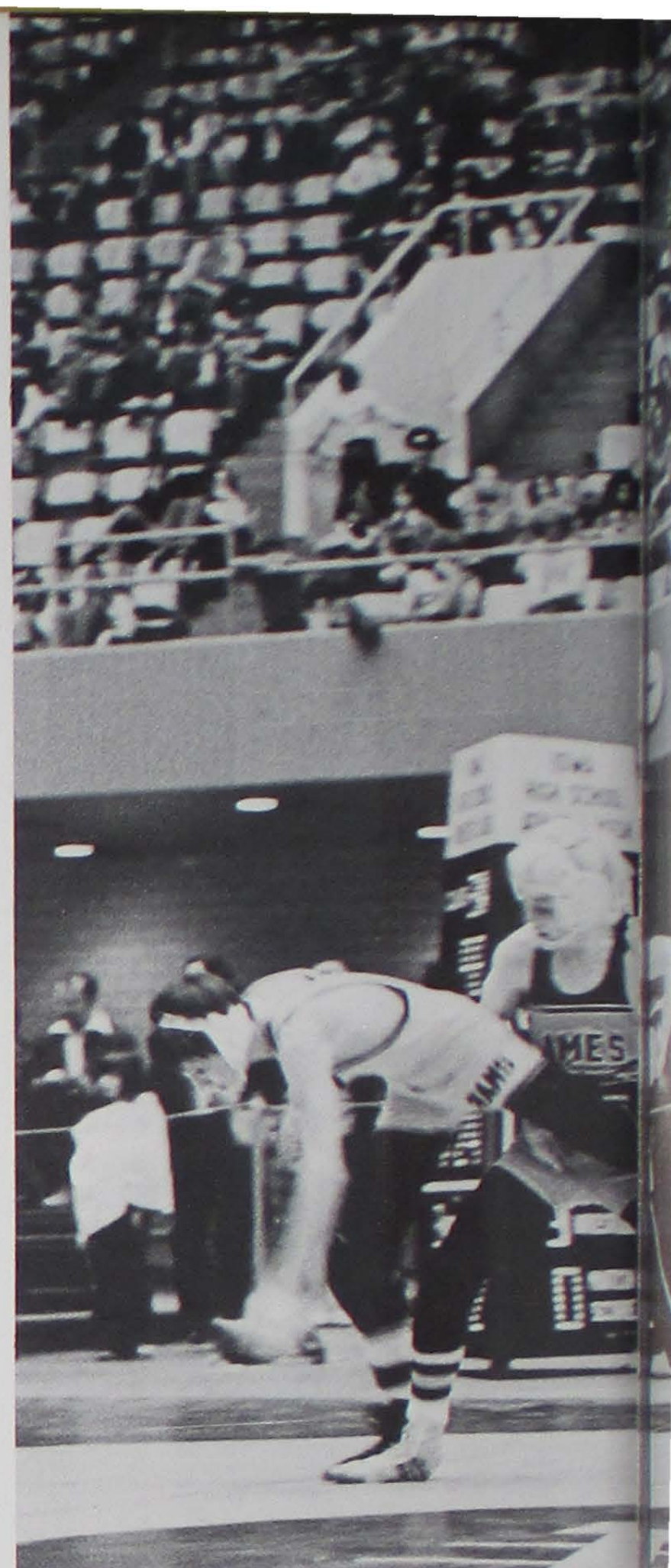
It was an unusual turnout at the start of the season as only four seniors tried out. But depth and a strong willingness to work by the underclassmen helped fill the gaps.

Inexperienced maybe, but only temporarily until the big tournaments, sectionals, districts, and state tournaments began. It was in the pre-state tournaments that Ames began its fire. They started it off by winning sectionals and placing eight of 12 wrestlers on to districts. The two day battle at Harlan was tough but again the wrestlers came through, by qualifying six of its' toughest men. At 98 pounds, Sophomore Tim Gibbons

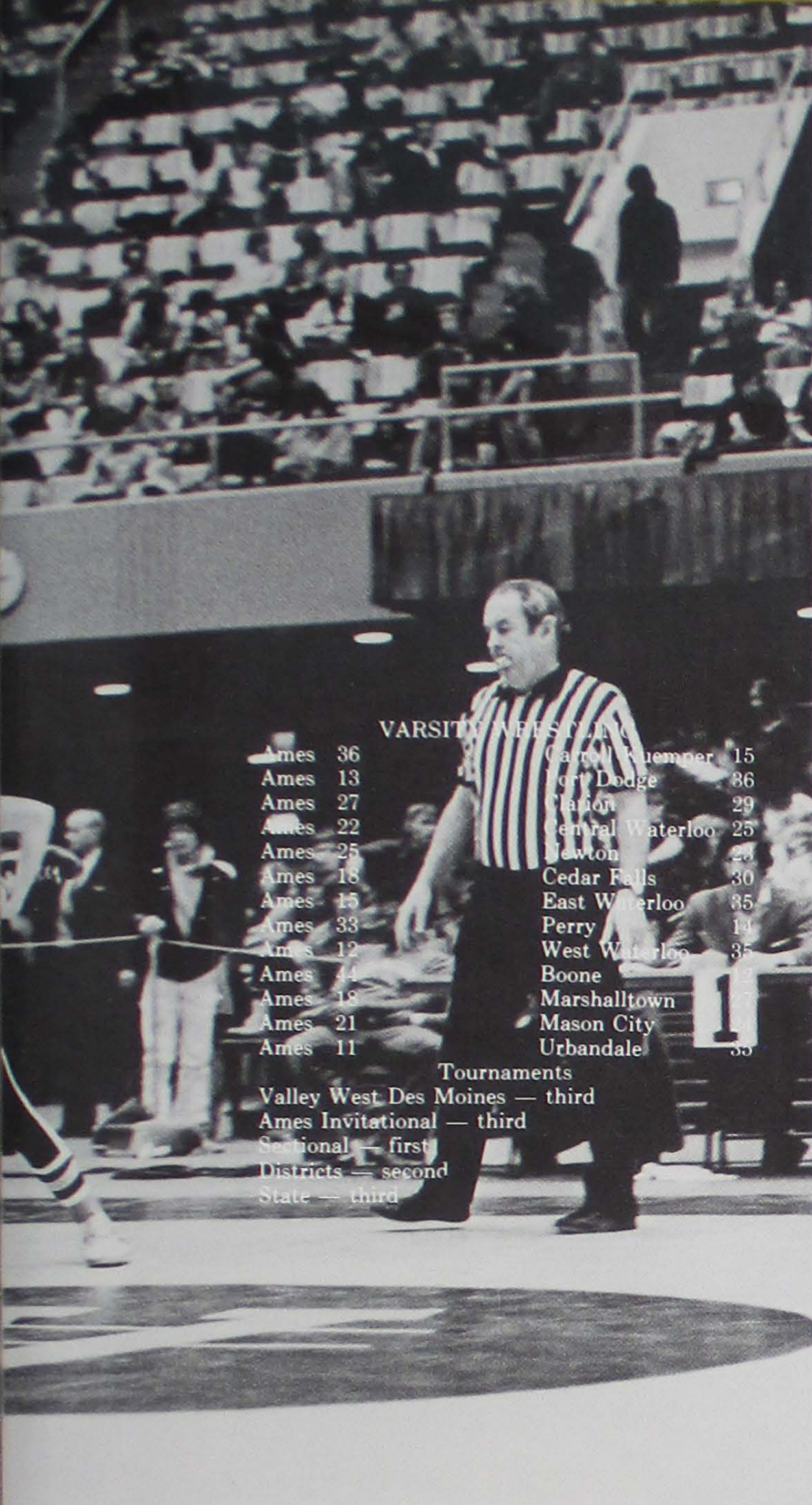
was aiming for a state championship, and Junior Jim Gibbons at 105 pounds had his mind set for his second state championship. It was Senior Scott Impecoven's third appearance at Vets Auditorium and this year, at 112 pounds. Juniors Doug Wierson, 119 pounds, and Jerry Houser, 126, were also there for their first showing. It was old stuff for Junior Tony Henson, since he also qualified last year.

After the first round, Ames had lost three of its' wrestlers; Impecoven, Wierson, and Houser. The remaining three would have to perform well; and they did, as Ames, in class AAA, had the 98 and 105 pound state champions. Both Tim and Jim Gibbons captured state championships. It was younger brother Tim's first, but was Jim's second, as he won last year at 98 pounds.

Henson did well for Ames, placing fourth in a tough weight class. Ames placed third behind Cedar Falls and Fort Dodge.







VARSITY BASKETBALL

Ames 36	Carroll 15
Ames 13	Fort Dodge 36
Ames 27	Clifton 29
Ames 22	Central Waterloo 25
Ames 25	Newton 23
Ames 18	Cedar Falls 30
Ames 15	East Waterloo 35
Ames 33	Perry 14
Ames 12	West Waterloo 35
Ames 44	Boone 12
Ames 18	Marshalltown 17
Ames 21	Mason City 17
Ames 11	Urbandale 33

Tournaments

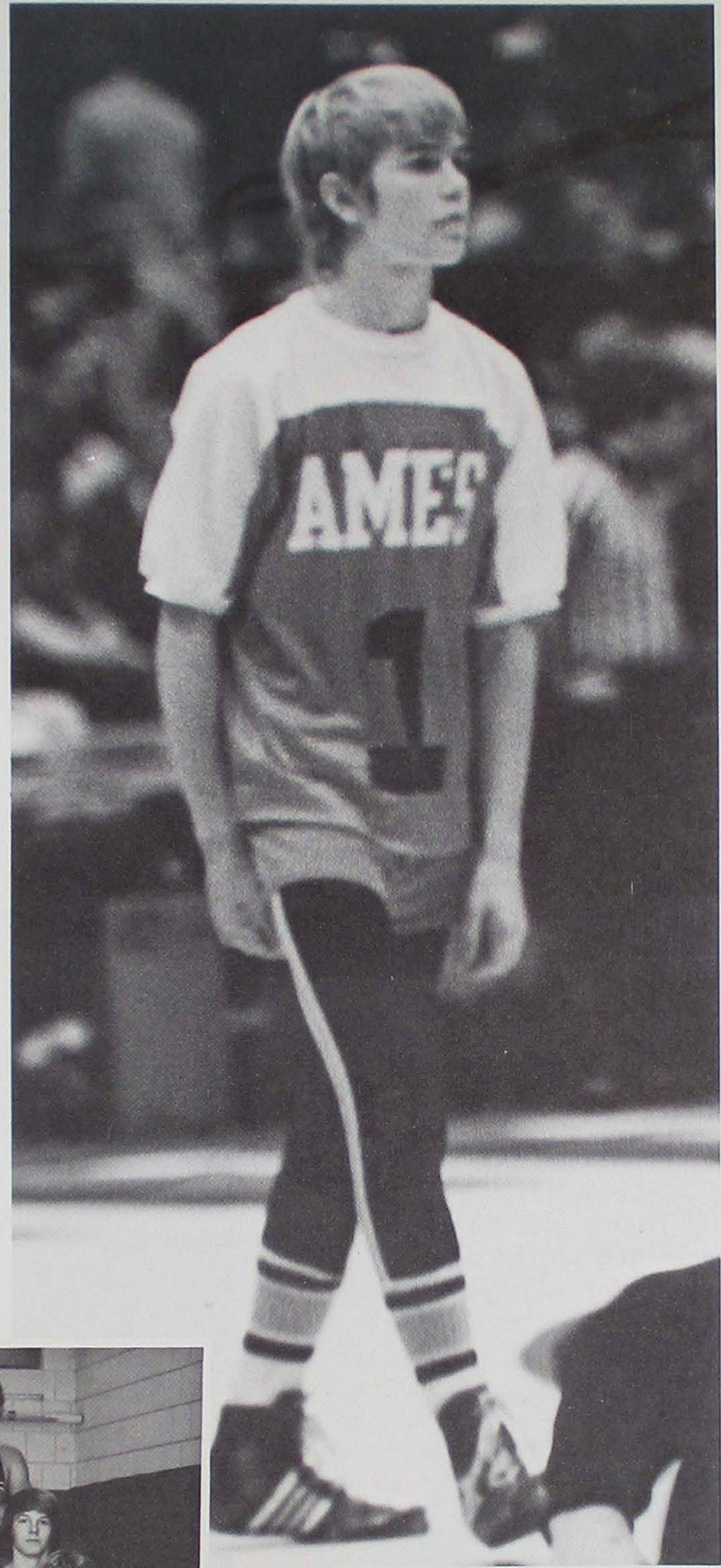
Valley West Des Moines — third

Ames Invitational — third

Sectional — first

Districts — second

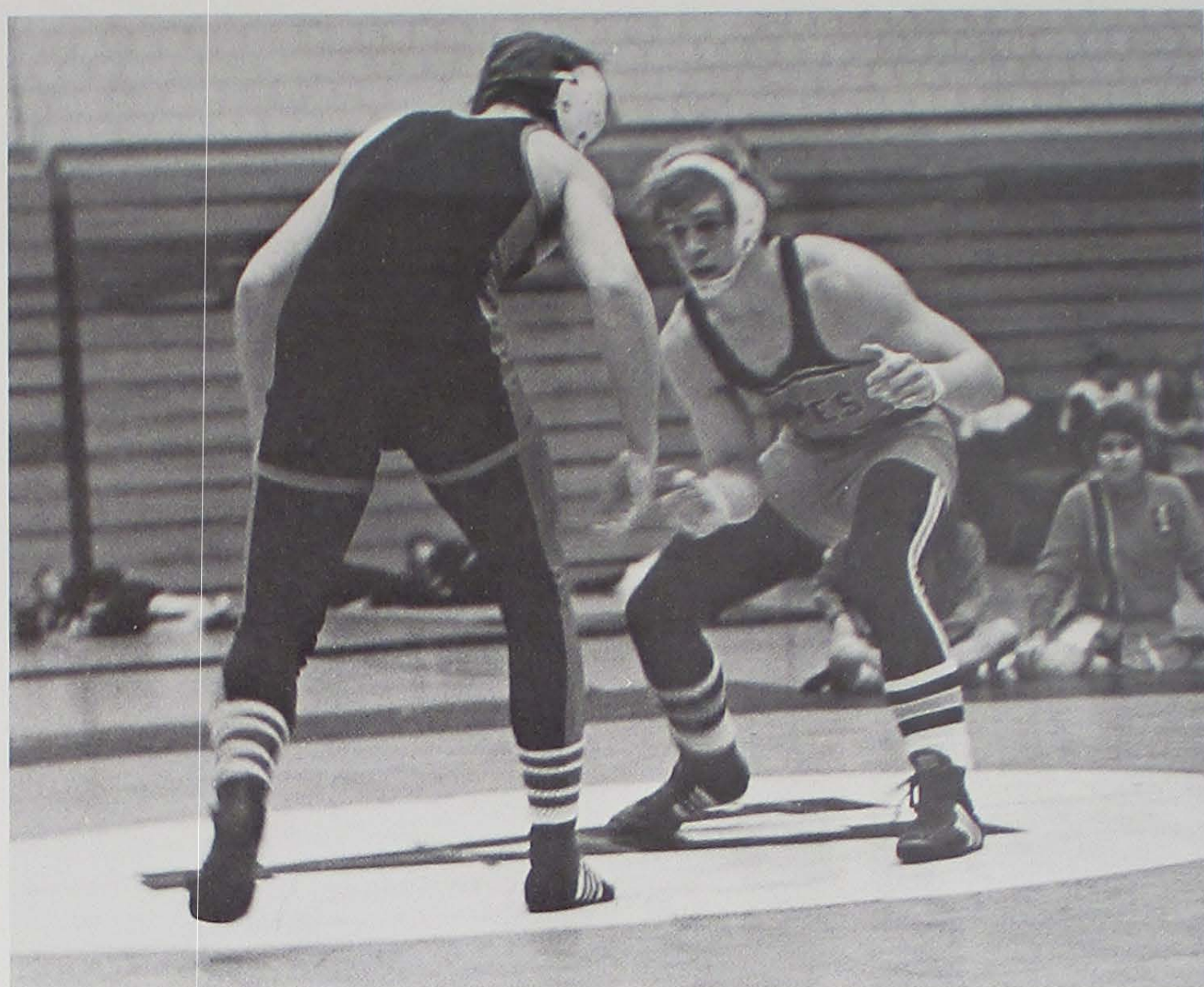
State — third



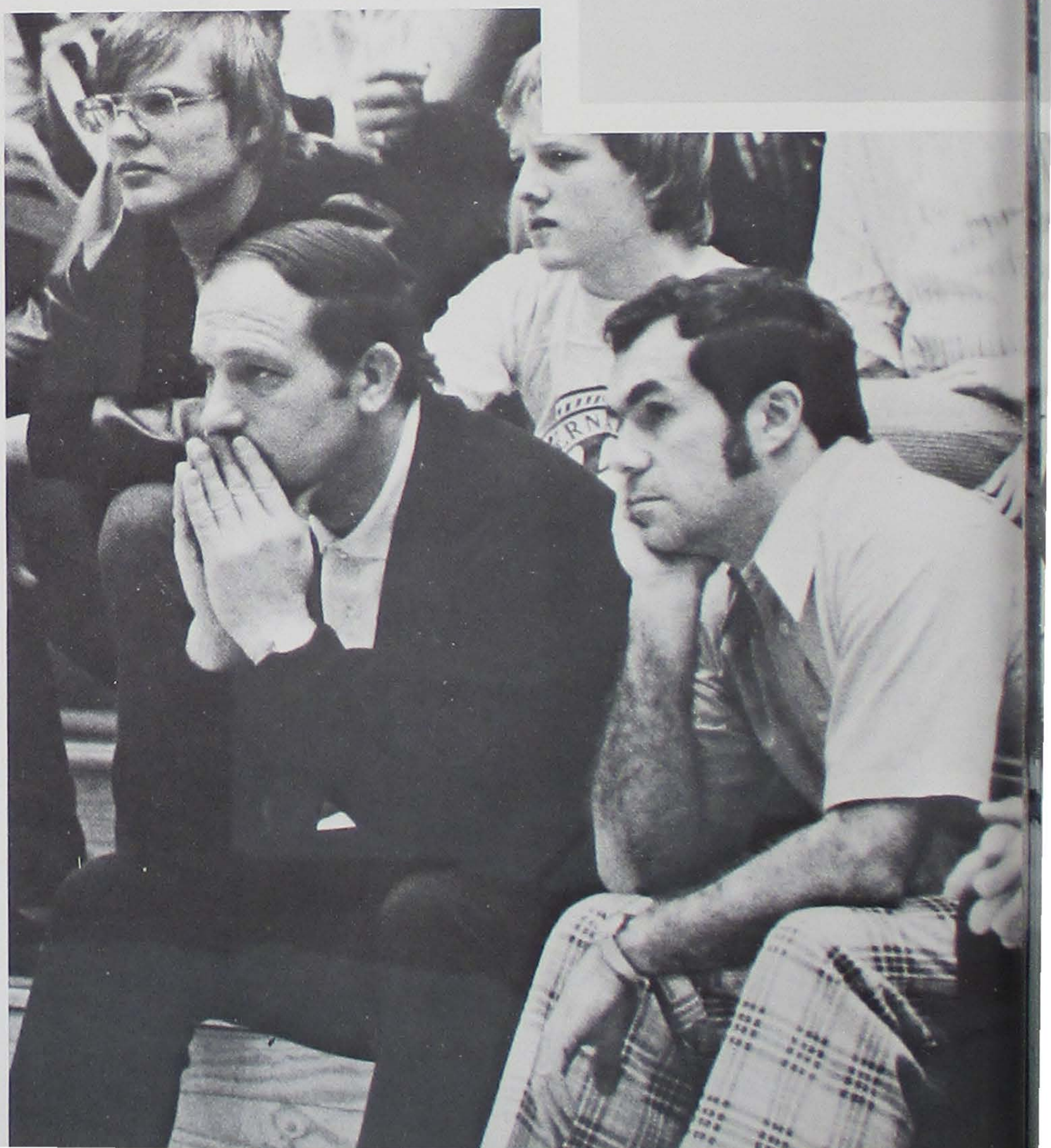
Front: Tom Rockwell, Mike Haas, Dan Stump, Jim Gibbons, Scott Impecoven, Doug Wierson, Second: Jim Olsson, Doug Maas, Rick Ewan, Jerry Houser, Tony Henson, Dave Waggoner, Third: Mike Mensing, Tom Augustyn, Dean Kopecky, Jay Miller, Paul Anderson

Far Left: Under the leadership of his father and coach, Bob Impecoven, Scott Impecoven prepares a reversal. Above Center: State champion Tim Gibbons prepares a takedown against an opponent. Above: Jim Gibbons relaxes after winning his second state championship.

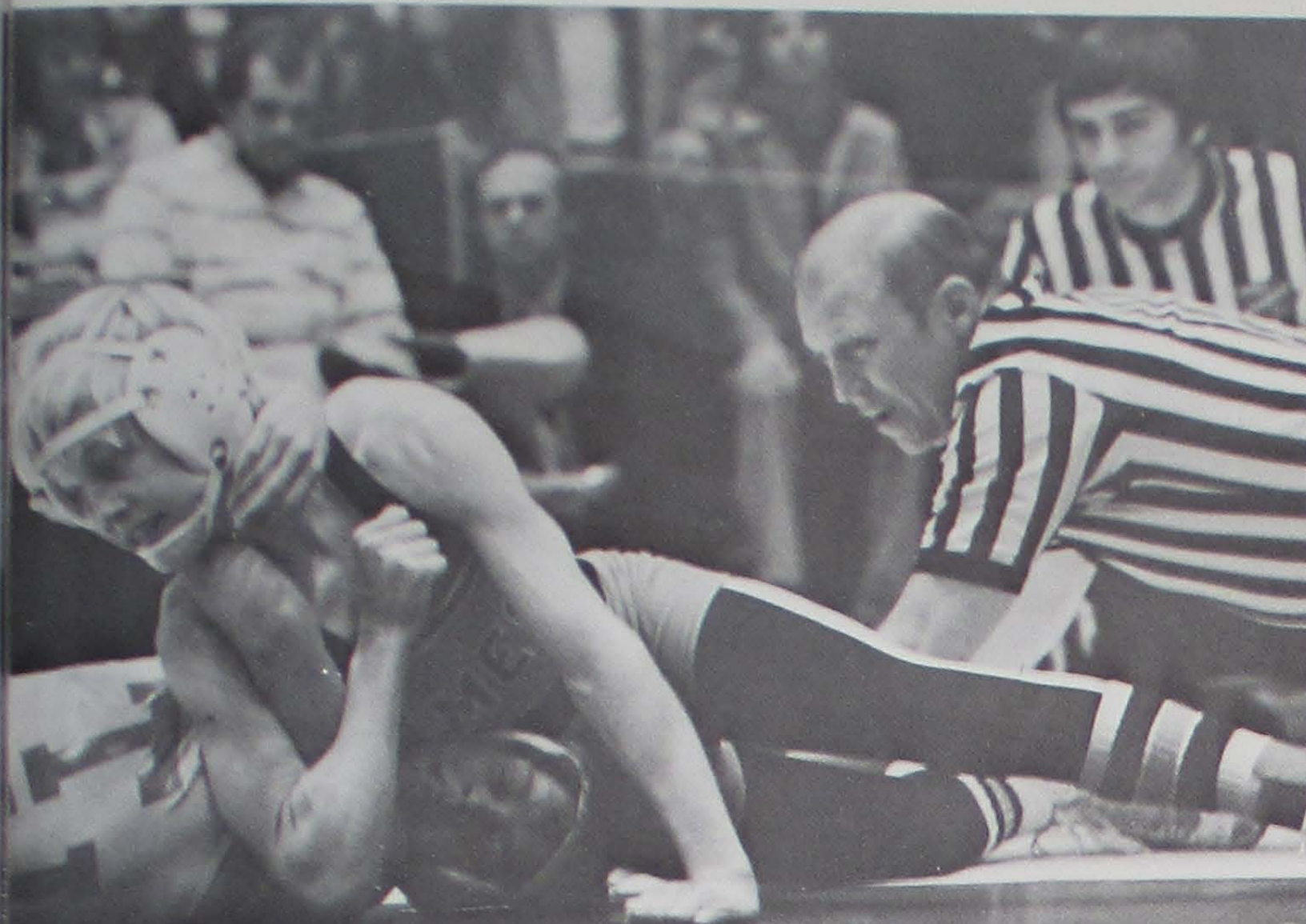




Above: Tony Henson prepares to bring down his opponent at sectionals. Top Right: Grappling with his foe, Tim Gibbons wrestles his way to State. Right: Concentration combined with patience is reflected on the faces of the coaches; Jack Mendenhall, Bob Impecoven, Keith Bailey, and Ron "Bear" Green.







# INDIVIDUAL

' Our program allows every boy that wants to wrestle to do so. '

"Our program at the sophomore and junior varsity level is basically designed to allow every boy that wants to wrestle to do so," says Keith Bailey, sophomore wrestling coach. "Even though the season was not an outstanding one, we saw a great deal of individual improvement, which is the main goal at this level of wrestling. This is different than the varsity team, which stresses winning a little more than we do."

The sophomore team finished third in the sophomore wrestling tournament. If all sophomores were required to wrestle at this level, the team probably would have placed higher. "Several of our sophomores wrestle either at the varsity or junior varsity level. They get much experience this way, and it makes our team all the stronger for the oncoming year," Bailey comments.

All the wrestling teams practice Monday through Friday, with practices running anywhere from an hour to two hours in length. "We start out at the beginning of the season by practicing two hours every night. In the middle of the season we start tapering off. On days we have meets, we practice much less than on the average days," Bailey responds.

In spite of the dual season records for the junior varsity and the sophomores which were three wins, ten losses, and two wins, two losses respectfully, Bailey is hopeful for next year. "We should improve greatly. If the boys pick up where they left off, and with an additional year of maturity, we should have a good season next year."

## JUNIOR VARSITY

Ames	45	Carroll Kuemper	0
Ames	12	Fort Dodge	46
Ames	20	Clarion	39
Ames	9	Central Waterloo	38
Ames	30	Newton	21
Ames	18	Cedar Falls	31
Ames	23	East Waterloo	36
Ames	11	Perry	29
Ames	11	West Waterloo	37
Ames	51	Boone	9
Ames	13	Marshalltown	31
Ames	8	Mason City	43
Ames	16	Urbandale	37





# 'Steamin'

'The enthusiasm from cheerleaders, parents and students was great.'

teamin' on to state was the ever present motto of the AHS boys swimming team. And steam they did, completing an undefeated 6-0-1 season. They also added a mark of two firsts, one second and a third in their four invationals. The dual victories were decisive wins by 20 to 70 points each meet. Roosevelt came close, just mustering away with a tie.

Tournaments were tough for the Cyclone tankers as they went against eventual state champions of Iowa and Nebraska along with the Iowa runner-up team. There's nothing like breaking a few records during the dual season as demonstrated by these graceful gliders.

Eric Johnson lead the speed swimmers smashing record after record and holding all four of the school freestyle records. Sharing the glory with Johnson were: Mark Eshelman in the 100 yard butterfly, Pete Kitzman in the 100 yard breast stroke, and Brett Gourley with a 397.83 score for eleven dives. "The enthusiasm from cheerleaders, parents, and students was great," commented Dave Bergeson. The strong support of Ames behind them only helped them come up with such records and an unblemished record.

Some of the highlights for the swim team included a shark mascot named Jaws. Jaws was to bring luck, give encouragement and strength, and comfort the nervous. So he took his place in the team ranks ar the 35th fish on the squad. The squad's main mass consisted of mostly underclassmen as only four seniors competed in swimming. Thirteen juniors, fourteen sophomores, and three freshmen, and Jaws, rounded out the squad.

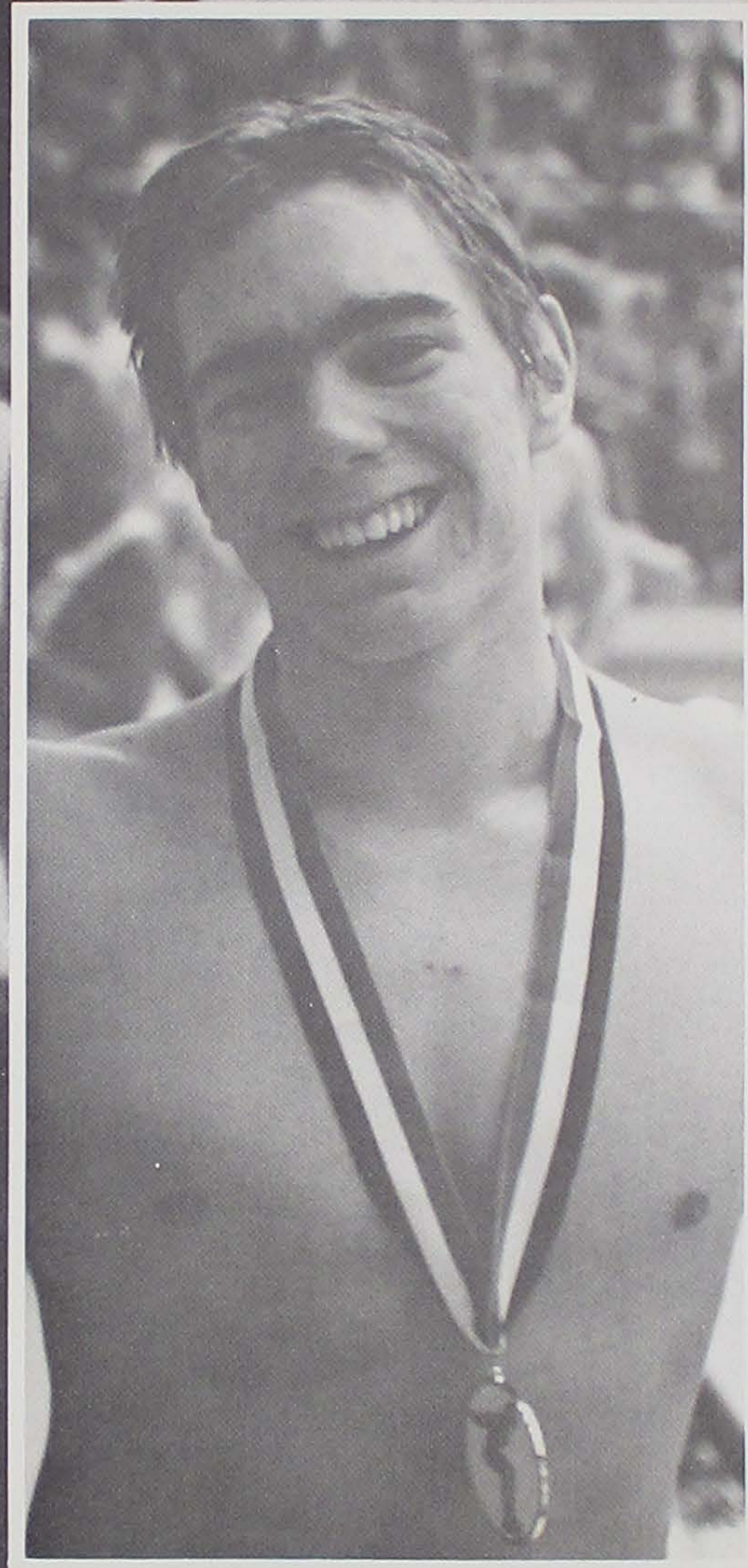
With an undefeated dual sesaon and only tournament losses to state championship teams, how did Ames do in conference, districts, and the ultimate. State?



**VARSITY SWIMMING:** Bottom: Coach Mike Wittmer, Don Holland, Les Holland, Glynn Morris, Assistant coach Bob Crawford. Second: Mark Eshelmann, Bob Powell, Chris Burger, Bret Gourley, Paul Griffen, Jim Westman, Doug Clark. Third: Rod MacBride, John Hudson, Bret Fuller, Steve Huston, Heyo Van Iten,

Dave Bergeson, Mike Williams, Andy McRoberts, Pete Kitzman, Richard Beck, Eric Johnson, Greg Wilson, Brian Smith. NOT PICTURED: Randy Fitzgerald, Greg Kiser, Kevin MacIntosh, T. J. Triplett, David Willatt, Lance Kaeverle, Steve Miller, Bert Richards, and managers Beth Richards and Laura Doak.





#### Varsity Swimming

Ames 96	Valley 76
Ames 122	Marshalltown 49
Ames 98	Fort Dodge 74
Ames 95	Hoover 77
Ames 86	Roosevelt 86
Ames 105	Fort Dodge 86
Ames 61	Boone 22

#### Tournaments

Bobcat Relays — First  
 Ames Invitational — Third  
 Fort Dodge Invitational — Second  
 Ames Relays — First

Above Left: Doug Clark and clean look shine during a meet. Above Right: Displaying a medal of triumph is Mike Williams. Center: A boost of encouragement is given by a given by poster of Jaws.





# Ames'

'You don't  
go to  
districts  
to win'



s in "Jaws" got the bite in districts and state. The difference between conference

champions and Ames seemed to swim away with the meet, winning six of 11 events. But depth and consistent seconds, thirds and fourth place finishes by many swimmers gave them the Big Meet championship.

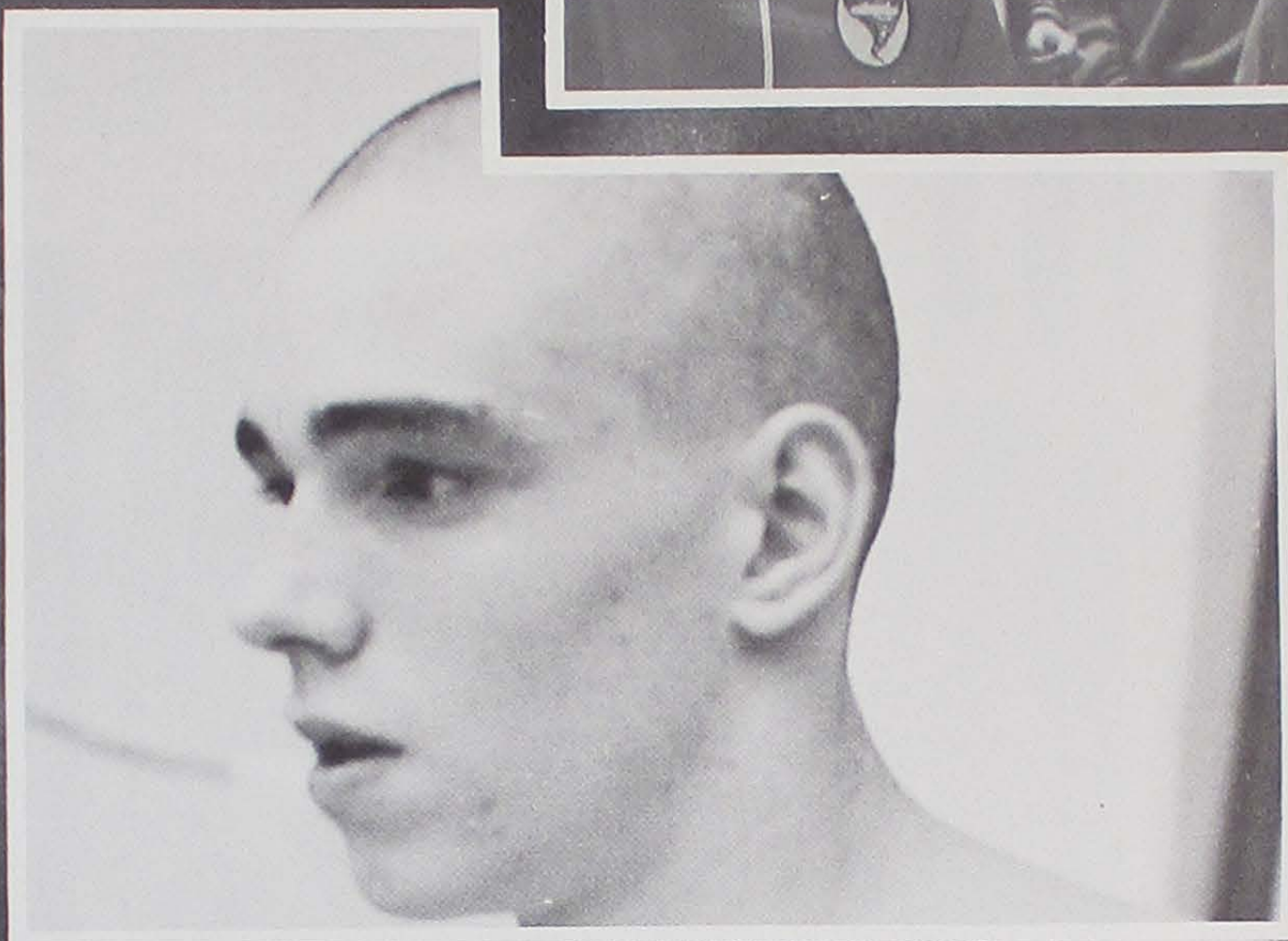
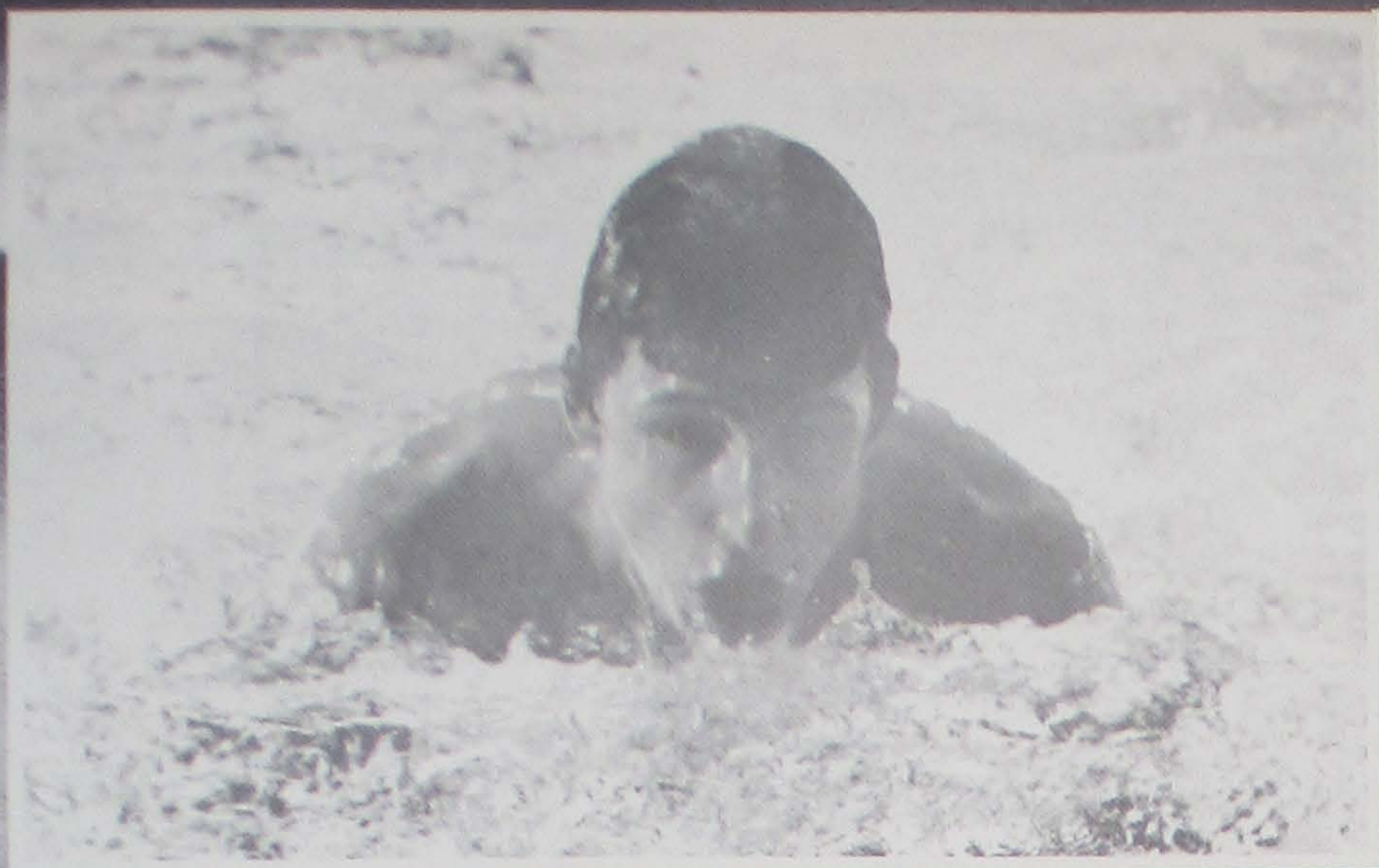
Districts followed conference and the swimmers were ready to go. "You don't go to districts to win, you go to qualify the largest and the best team you can for state," commented Head Coach Mike Wittmer. The most amazing highlight of districts was the diver that helped lead Ames to their second place finish. A school record of 397.83 records in the 200 yard freestyle with a time of 143.45 and 47.70 in the 100 freestyle, both state records. The 400 yard relay team of Johnson, Doug Clark, Andy McRoberts, and Mike Williams placed second. Williams also placed in the 500 yard freestyle with a third and a fourth in the 200 yard freestyle. Mark Eschleman placed second in the 100 yard with a third, Pete Kitzman placed seventh in the 100 yard. The 200 yard relay team of Johnson, Kitzman, Eschleman, and Williams placed fourth. Bret Gourley placed through with a tenth place in diving.

The tally was in and Ames swimmers had placed fourth in the for 11 dives was set by junior Bret Gourley.

And now finally what the steamin' was meant for, the state meet. Heads, arms, legs, eyebrows were all shaved for the big meet. The early morning practices of 3,000 yards and the 6,000 yard afternoon practices would finally pay off. The squad of 11 swimmers from Ames would meet the best in the 3-A for the state championship. Ames started the meet seeded second and with a great performance Ames could win or they could not do well.

The results were in and Ames hadn't done badly, with a double record setting performance by Eric Johnson. Johnson paced the tankers with two first places and two state meet.





Center: The joys of swimming are shared by T.J. Triplet, Pete Kitzman, Doug Smith, Mark Eschelman. Above: Many emotions are conveyed by team members as they cheer on a teammate. Above Right: Up for a breath of air is junior breast stroker Pete Kitzman. Right Center: Feeling the pressure of state competition is Eric Johnson. Lower Right: Complete concentraion is shown by Junior Bret Gourley as he prepares to dive.





Front: N. Thorson, K. Allen, B. Ricketts, L. Gaards, N. Dowell, K. Nilsen, G. Gleason.  
 Second: J. Rossmiller, A. Wiggins, J. Merrill, S. Warman, A. Conzemius, P. Slater, S. Spencer, R. Terrones, J. Carlson, P. Greve, M. Coady C.  
 Hammer. Back: Coach T. Jorgensen, J. Allen, L. Miller, C. Stritzel, C. Carbrey, S. Prestemon, E. Finnegan, J. Boston, A. Galejs, L. Anderson, B. Deppe, Coach F. Lawler.



#### Girls' Track

Marshalltown Dual	First
Jayette Invitational	Third
Boone Dual	First
Fort Dodge Triangular	Second
Eagle Grove Relays	Second
Conference	Third
State District	First





# Together

'Though we worked hard, it was fun.'

**A**fter only three years of competition, the girls track team has blossomed into a serious state title contender.

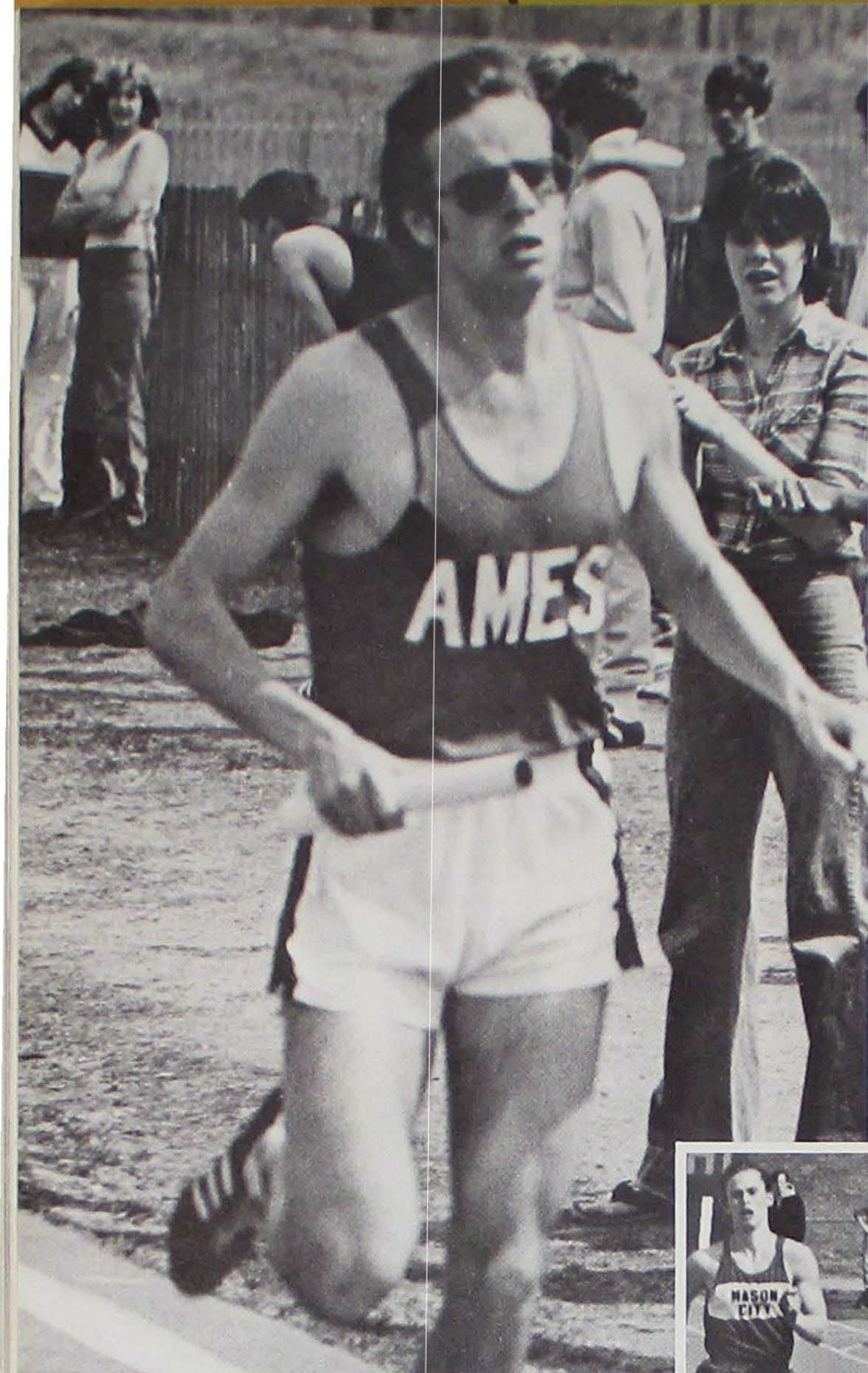
"The first year we only had about 10-15 people out," commented Senior Michelle Coady. "Now we've got over 30 girls." The team has benefited greatly from an outstanding sophomore class. Most of the sprint and hurdle events have been dominated by the sophomores. They also comprised several record setting relay units. Numerous school records were broken as the girls turned in excellent performances all spring. The Little Cyclone girls captured their

district and qualified runners in seven events for state. These included the distance Medley, mile, 880, 440, relays as well as the mile run, hurdles and the 220 yard dash. Team members participating included: Jacque Allen, Lisa Gaarde, Judy Rossmiller, Michelle Coady, Celia Carbrey, Jeanette Merrill, Natalie Thorson, Kim Thompson, and Liz MacBride. Nagging injuries, such as bruised bones and shin splints, dimmed the girls' hopes of taking the state crown. Though they may not claim the title, the season has been good. "Our team got along real well," remarked Coady. "Though we worked really hard, it was fun."



Above Center: Rae Terrones strains to finish strong in the 220 yard dash. Center: Matching each other stride for stride, Michelle Coady and Kim Thompson lead the mile run during districts. Lower Right: Exchanges are a key to relay victories as displayed by the pass from Lisa Gaarde to Beth Ricketts.





#### Boys' Track

Indoor season	
W. Columbus Dual	First
Lincoln Dual	First
Indoor Federation	
Outdoor season	
Holstein Relays	First
Ankeny Dual	First
Hi Covey Relays	First
Bobcat Relays	First
Drake Relays	
Ames Invitational	First
Sioux City Quadrangular	First
AA District	First



Center: Sophomore Dave Hockman stretches out his long jump effort. Upper Left: Co-Captain Mitch Delaney guts out the finish of the two mile relay. Above: Brian Jenkins and John Hackman finish one, two in the 440 yard dash. Lower Right: Joe Milliken, state leader in the pole vault, sails over the bar at 14'7". Left Above: Overcome with exhaustion, John Bachman can no longer stand.



# DEPTH

'We're very capable of winning state.'

Although the season had yet to reach its climax at the state meet, it looked like Ames was once again a good bet to win another title. Led by state bests in the 440 and 880 yard sprint units as well as the pole vault, the thinclads breezed through district competition qualifying in 17 events. "We're capable of winning state, if everyone performs like they can," commented Dave Crawford. The key to a state championship, however, is the depth and balance of the entire team. "We're more of a team this year

than we've ever been before," remarked Owen Herrnstadt. "It will take the second and third places to win state." The Drake Relays saw the Little Cyclones claim only the 440 relay crown, yet make a strong showing. Pole vaulter Joe Williken established a new school record by clearing 14'7". The 880 relay team of Tracy Arnold, Kevin Buck, Dave Smith, and Dave Crawford tied the school standard of 1.28.8. Captains for the squad were Seniors Mitch Delaney and Brian Jenkins.



BOYS' TRACK: Front: F. Trcka, C. Gratto, T. Arnold, K. Buck, D. Crawford, J. Hackman, D. Hollenbach, M. Delaney, M. Eshelman, K. Quinn. Second: D. Porter, D. Smith, D. Minnick, O. Herrnstadt, M. Burgason, J. Milliken, R. Sandve, D. Litchfield, J. Aurand, J. Bump, B. Leibold, M. Flummerfelt, J.

Matt, Coach P. Lawler. Third: Head Coach J. Sletten, Coach J. Duea, G. Bahr, C. Delaney, D. Hackman, J. Bro, G. Marty, K. Matthews, J. Bachman, T. Wandersee, T. Huisman, S. Thiel, Coach C. Spatcher.





**E**ven though we were young and unexperienced, I thought we had an excellent season," said Suzy Kruse, girl's tennis coach.

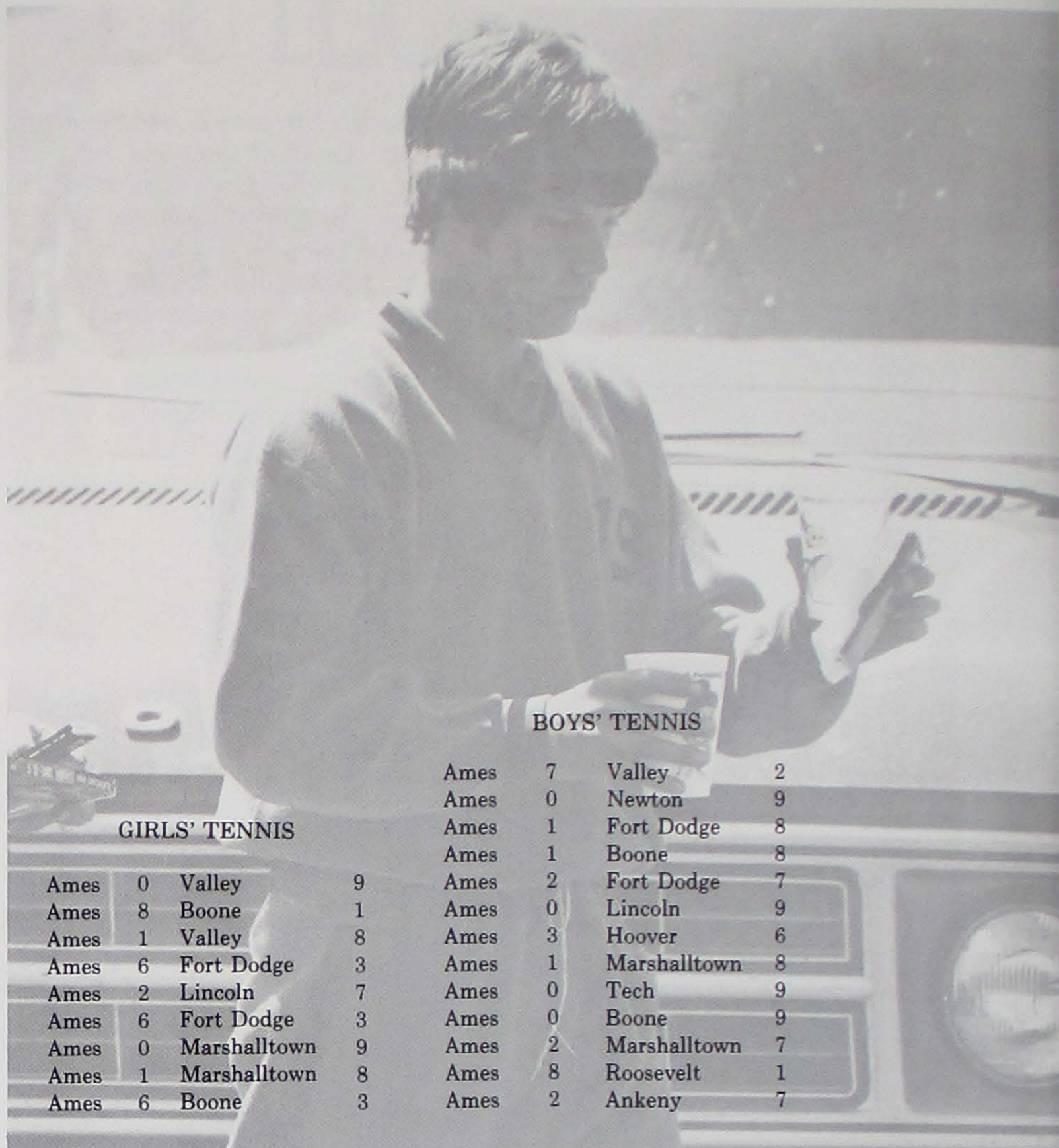
With Carlyne LaGrange and Sharlene Lin the only returning lettermen, Kruse was not sure how successful the season would be. "I was happy with our four and five record. We are losing only five seniors, which means we will have many players returning with at least one year of needed experience. This will help us considerably. We had some really close dual meets that just didn't go our way. But the closeness indicates that we performed better than our record indicates. I was pleased."

Phil Johnson, boy's tennis coach replied, "We had a lot of talent on our squad. Bob Wilson and Scott Smay, our number one and two players returned, so our varsity started the season out strong. We also had some other excellent players, which made the squad an all around great one to work with."

The team finished the season with a 12 and 2 record. "We qualified four of our players for state competition; Scott Smay and Bob Wilson in singles, and Per Nilsson and John Scott in doubles play. This has got to be one of the best seasons I've ever had."

# SMASH

'An all around great one ...'



## GIRLS' TENNIS

Ames	0	Valley	9
Ames	8	Boone	1
Ames	1	Valley	8
Ames	6	Fort Dodge	3
Ames	2	Lincoln	7
Ames	6	Fort Dodge	3
Ames	0	Marshalltown	9
Ames	1	Marshalltown	8
Ames	6	Boone	3

## BOYS' TENNIS

Ames	7	Valley	2
Ames	0	Newton	9
Ames	1	Fort Dodge	8
Ames	1	Boone	8
Ames	2	Fort Dodge	7
Ames	0	Lincoln	9
Ames	3	Hoover	6
Ames	1	Marshalltown	8
Ames	0	Tech	9
Ames	0	Boone	9
Ames	2	Marshalltown	7
Ames	8	Roosevelt	1
Ames	2	Ankeny	7

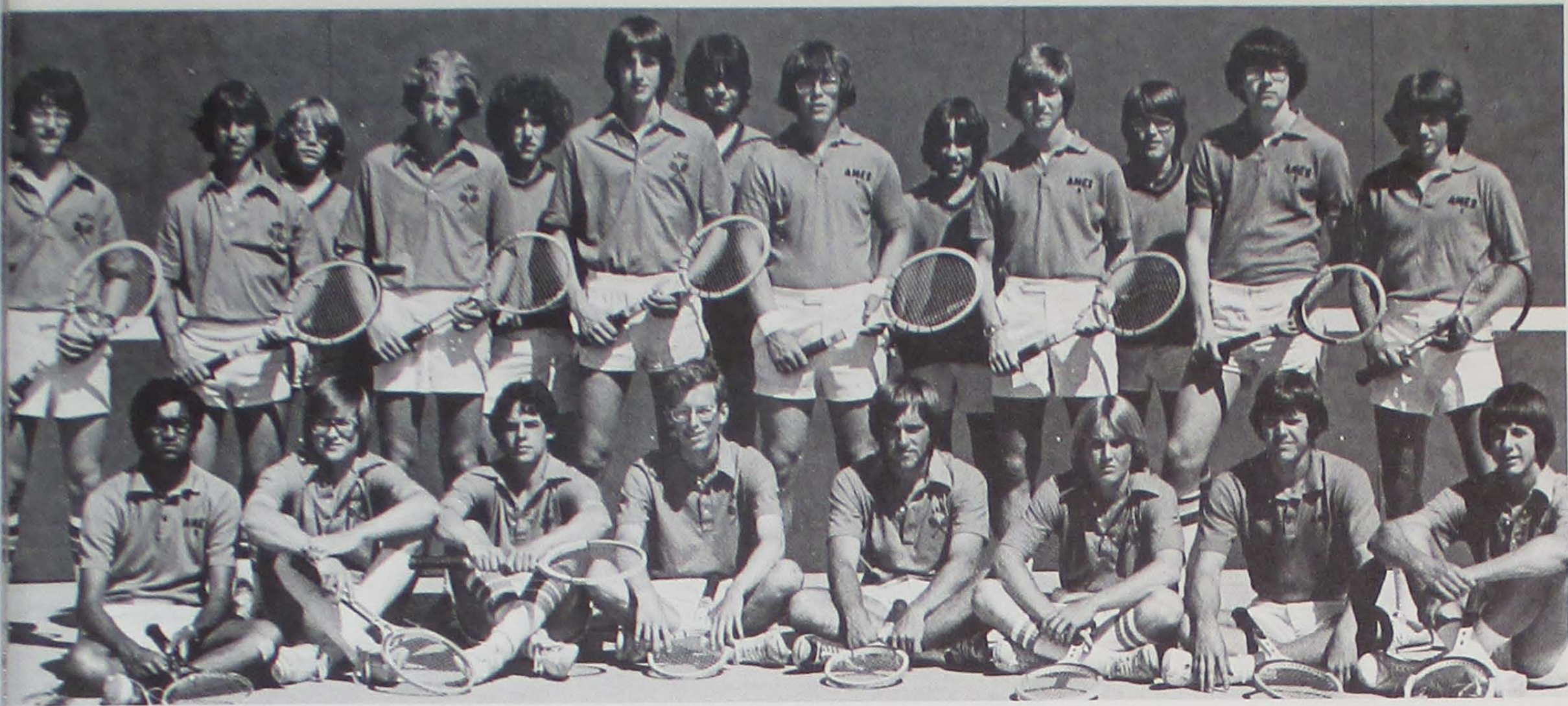


GIRLS' TENNIS: Front: Ruth Maxon, Chris VanGuilder, Carlyne LaGrange, Sharlene Lin.

Second: Shelly Alert, Jane Lin, Marietjie Burger, Martha Lagomarcino, Shelly Rupnow.

Back: Kelly Smay, Julie Glotfelty, Coach Suzy Kruse.

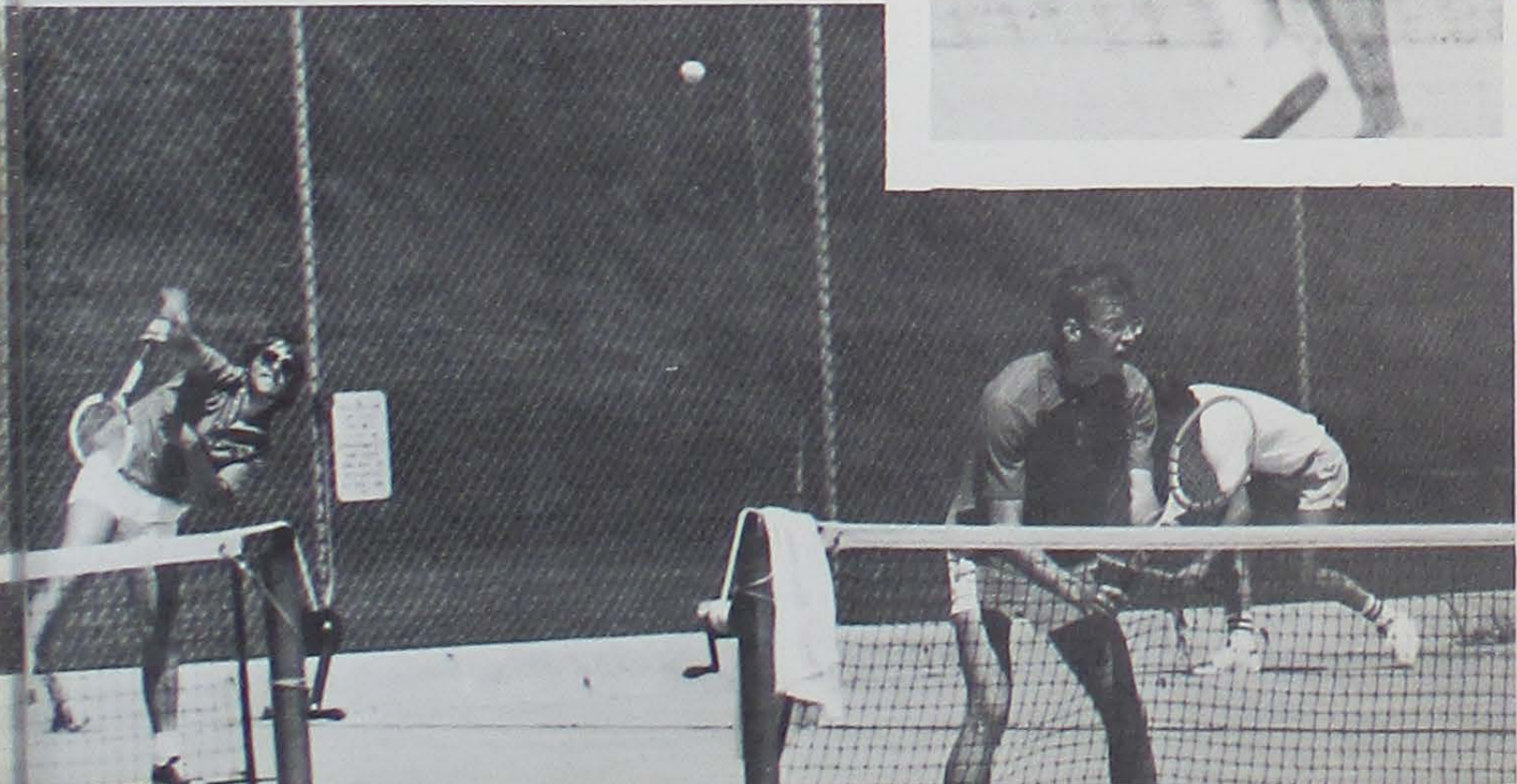
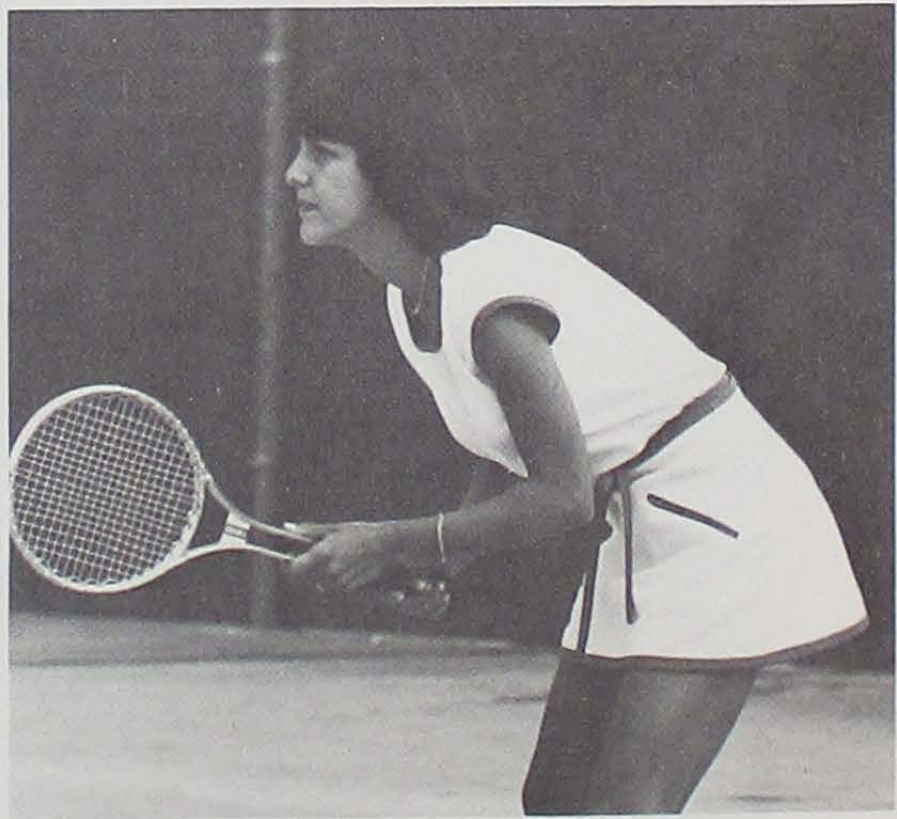




BOYS' TENNIS: Front: Anand Nariboli, Neil Duke, Sott Rowley, John Scott, Per Nilsson, Bob Wilson, Scott Smay, Steve Thompson.

Second: Kevin Burkhart, Perry Beeman, Tom Gschneider, Jim Bruene, Tom Clark, Doug Wolf, Dave Schwieder, Al Yegge. Back: Al

Johanns, Tom Rockwell, Jim Schoenrock, Scott Maffett, Dave Jespersion.



Far Left: Between games, Scott Smay finds time for refreshment. Above Left: Kelly Smay reaches for the shot. Above Center: Ruth Maxon returns a lob to her opponent. Above Right: Coach Johnson contemplates the next move. Left: Per Nilsson and John Scott team up to advance to state. Above: Chris VanGuilder concentrates on the next point.



The Ames High golf squads ended their seasons victoriously last year, with the girls turning in a handsome meet record and the boys winning four of their last five dual contests.

Behind Seniors Linda Barnett and Candy Block, and Junior Cindy Mahlstedt, the girls' team turned in a 7-2 dual meet record while finishing second at the conference meet. The girls' junior varsity finished a strong 4-0.

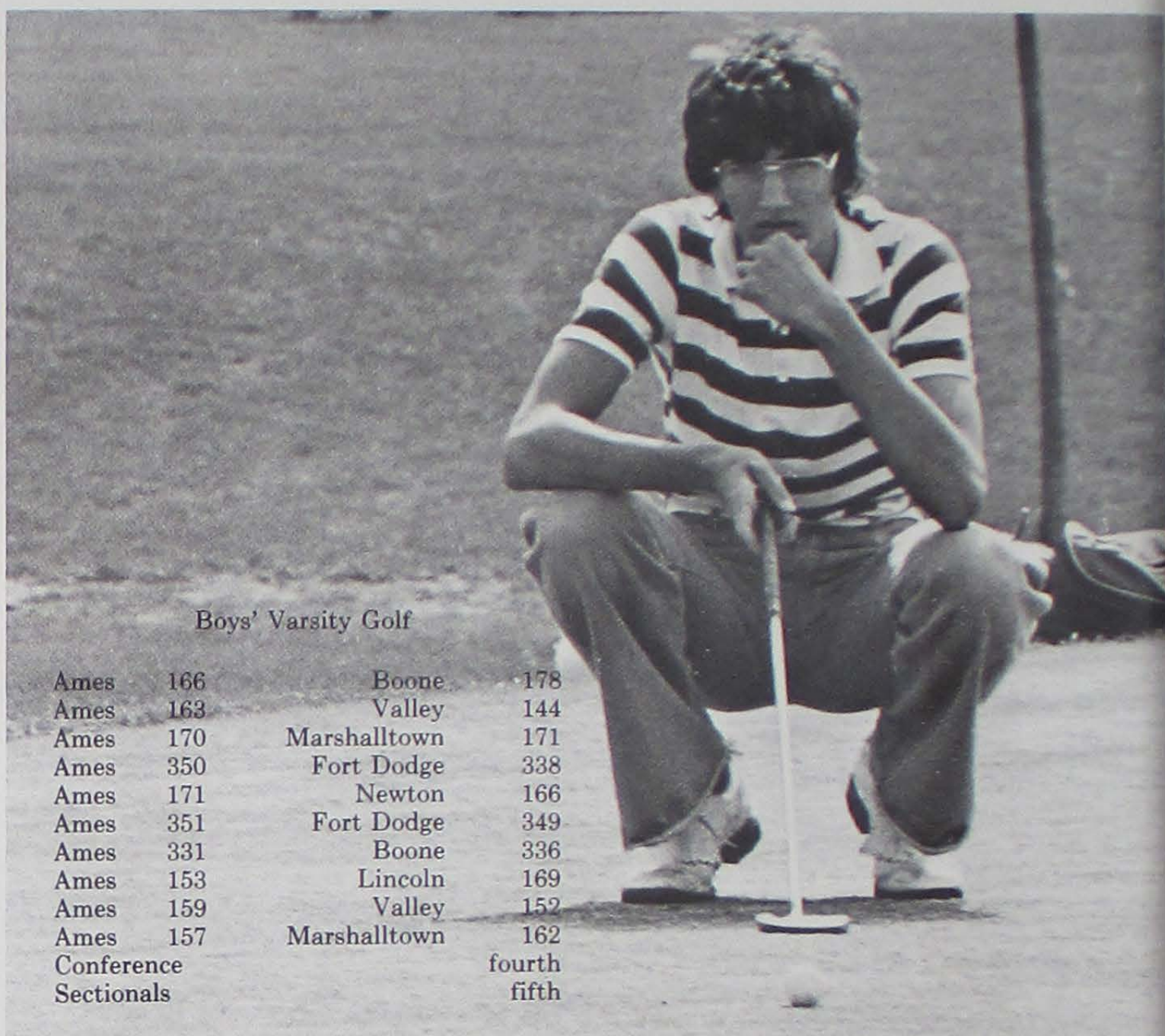
Commenting on the season, girls' coach Bob Heiberger said, "At seven and two our season has definitely been a successful one. Hopefully we will be as strong next year."

The boys' team showed improvement throughout the season and finished by winning four of their last five dual meets while turning in a 4-6 overall record. The boys were lead by returning lettermen Rob Klingseis, Dave Ross, and Craig Calhoun.

Klingseis' scores at the Big 8 conference meet qualified him for the district meet making him the only member of the team to make it three years in a row. The boys' junior varsity ended their season with a 6-3 record.

# Bogie

'Hopefully we will be as strong next year'



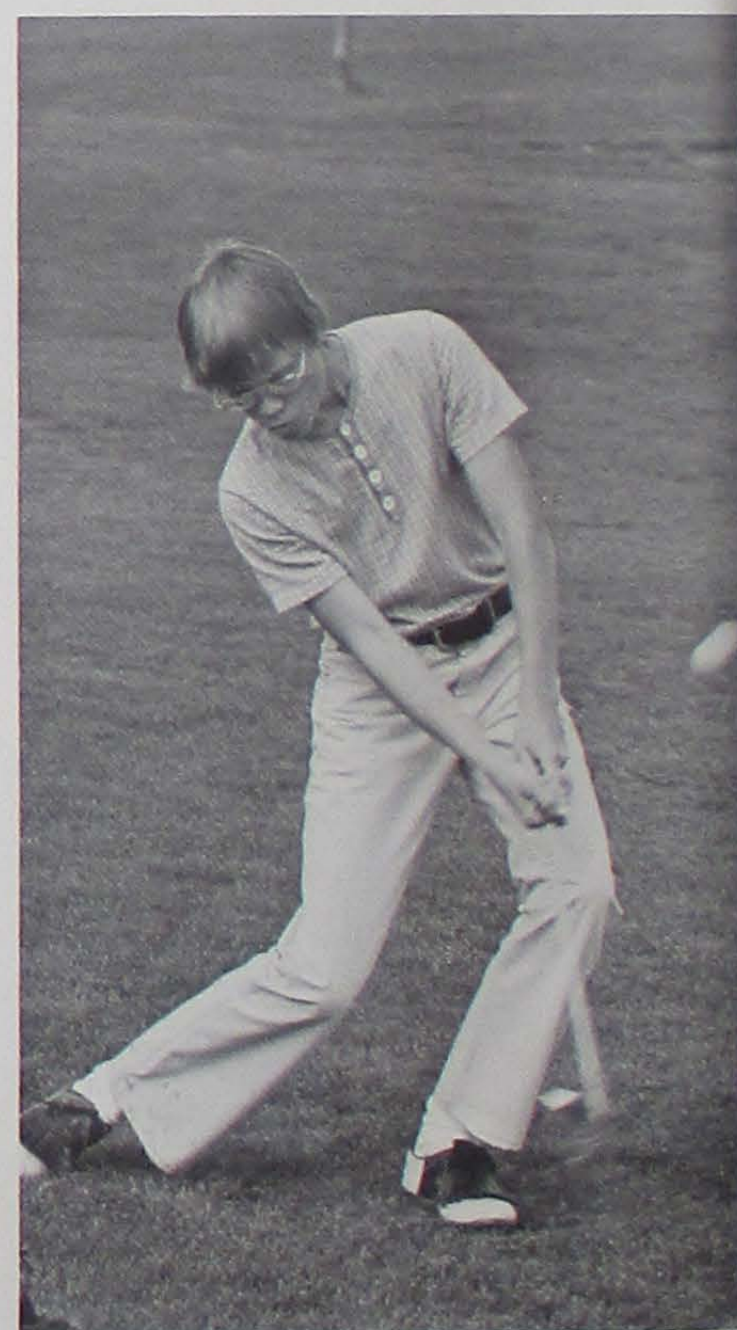
Boys' Varsity Golf

Ames	166	Boone	178
Ames	163	Valley	144
Ames	170	Marshalltown	171
Ames	350	Fort Dodge	338
Ames	171	Newton	166
Ames	351	Fort Dodge	349
Ames	331	Boone	336
Ames	153	Lincoln	169
Ames	159	Valley	152
Ames	157	Marshalltown	162
Conference			fourth
Sectionals			fifth



Boys' Golf — Front: Jeff Stratton, Pat Hansen, Rick Thompson, Steve Shuman, Alex Gaylon. Back: Jamie Grant, Rob Klingseis,

Dave Ross, Steve Atkins, Craig Calhoun. Not Pictured: Rick Ewen, Lance Kaeberle, Ted Rood, Gary Schultze, Andy Skadberg.



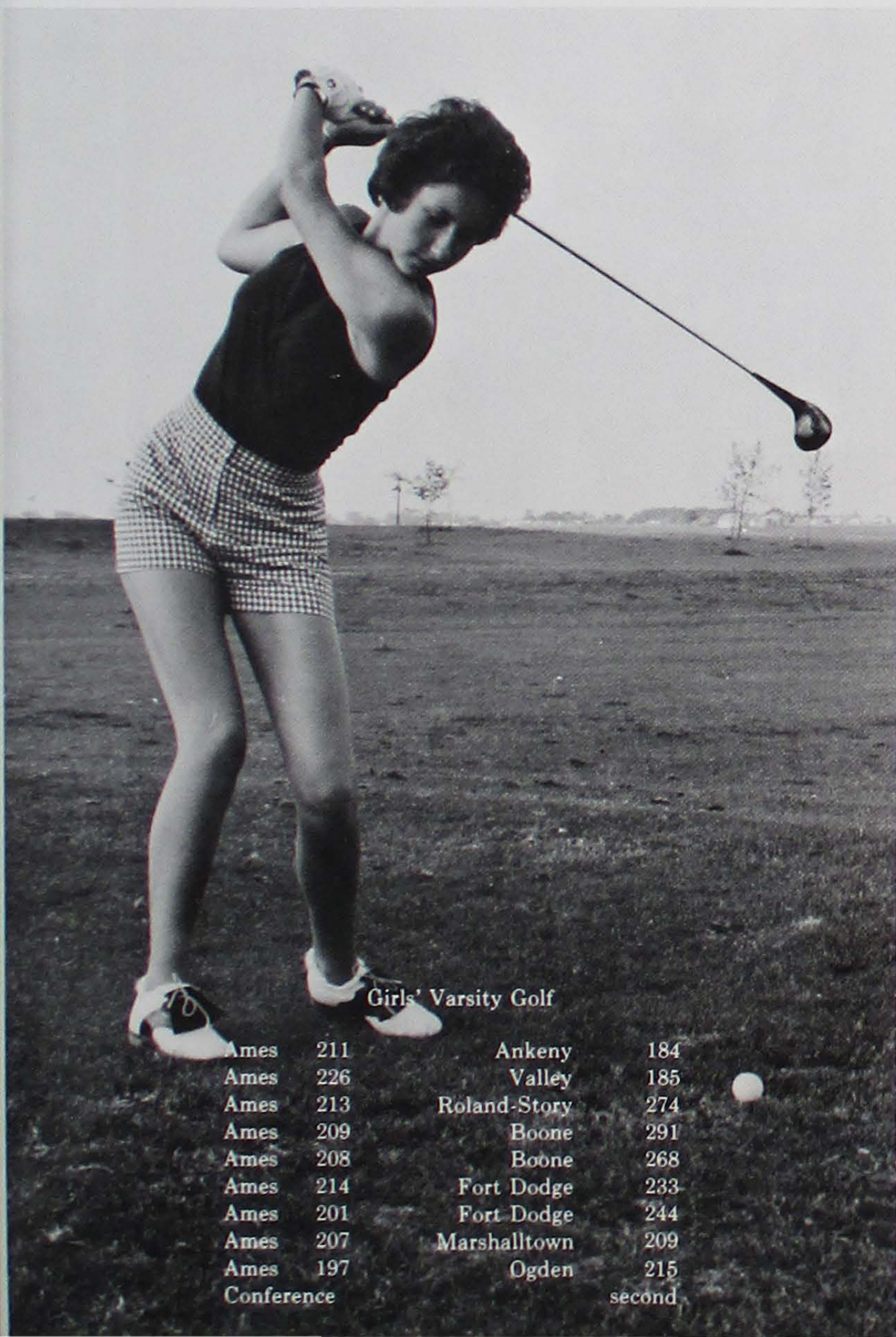




Girls' Golf — Front: Linda Richardson, Shelly Tryon, Cindy Mahlstedt. Back: Sue Parks, Chris

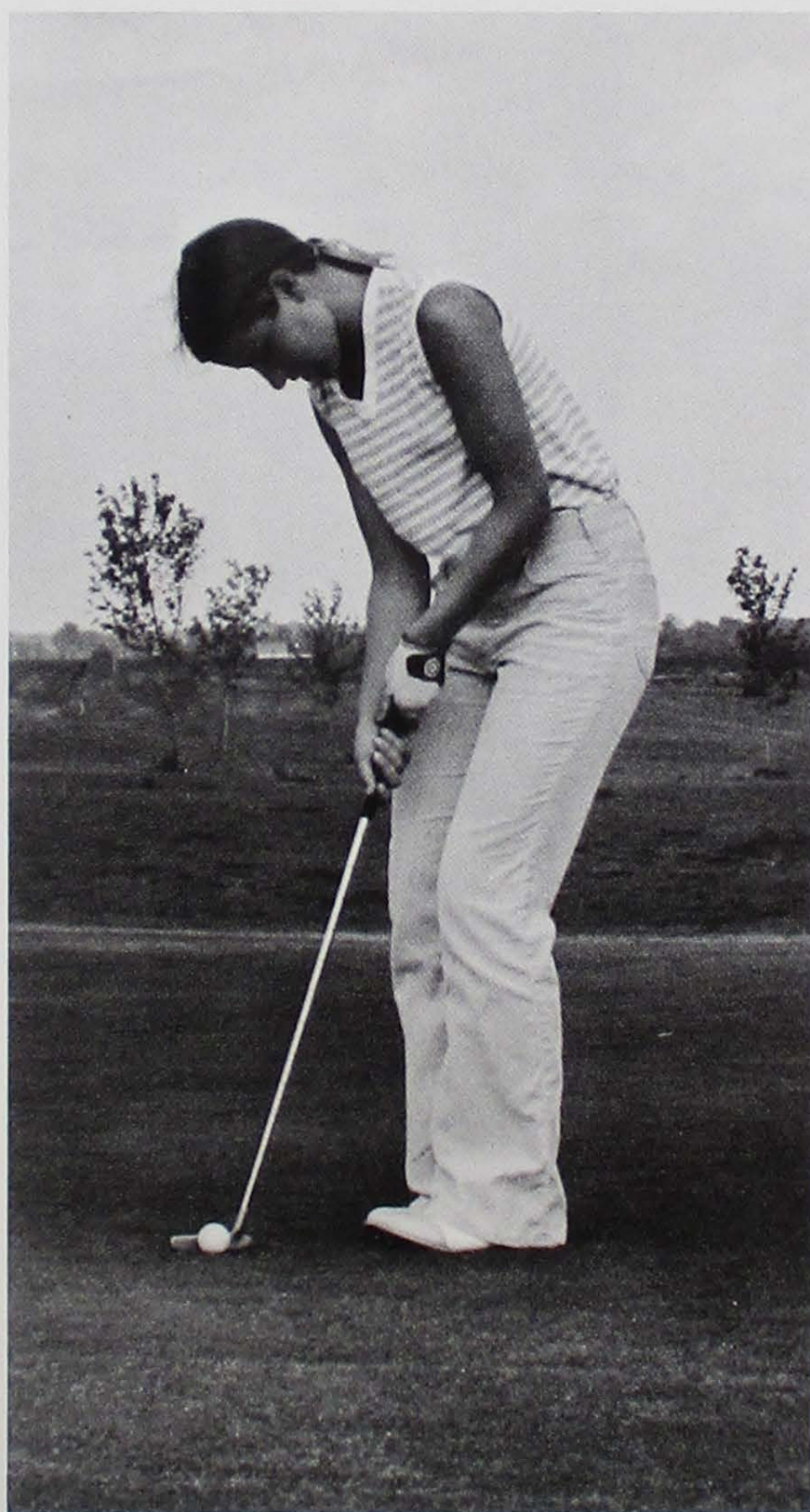
Nass, Louise Johnson, Candy Block. Not Pictured: Linda Barnett, Amy Stohlmeyer.

Far Left: Junior Dave Ross surveys an upcoming putt. Lower Left: Steve Shuman chips a shot to the green in a golf meet with Fort Dodge. Center: Linda Barnett displays her golf swing as she tees off. Below: Candy Block lines up her shot and prepares to putt.



Girls' Varsity Golf

Ames	211	Ankeny	184
Ames	226	Valley	185
Ames	213	Roland-Story	274
Ames	209	Boone	291
Ames	208	Boone	268
Ames	214	Fort Dodge	233
Ames	201	Fort Dodge	244
Ames	207	Marshalltown	209
Ames	197	Ogden	215
Conference		second	









# Young

'One thing that's different about this year's team is everyone gets along.'

A young team characterized the 1976 boys baseball team. Three of the probable starters on the team are sophomores. As SPIRIT went to press, no games were completed but early indications pointed toward a strong finish. "We expect no world records at the start of the season but by mid-season we should come along" said Coach Dave Posegate. "We have young pitchers, but Jim Ingram started for us last year and we expect that he and Scott Meyers should come along for us."

Posegate pointed toward Seniors Gary Redmiles, Frank Brady, Jeff Owings and Paul Schultz for their experience. Returning starter Jeff Owings felt the team was young and inexperienced yet coming along well. "I think we should have a pretty good team by mid-season or tournament time" said Owings. "One thing that's different about this year's team is everyone gets along well." Posegate indicated that the Big-8 will again be a tough race with West Waterloo the favored team.



OPPOSITE: Scott Meyers studies the situation at home before unleashing his fastball. UPPER LEFT: Dan Stump scrambles for a bouncing grounder. UPPER RIGHT: Starting out practice with warm-ups, Matt Vetter and Jim Ingram do their "belly work." LEFT: Head Coach Dave Posegate explains the fundamentals of the game.





Right: Kim Bailey picks up a ground ball during practice.



Front: Cindy Mahlstedt, Norma Dowell and Carole Hall. Second: Alisa Powers, Michelle Coady, Sue Junk, Katie Schultz, Mary Sullivan, Elaine Finnegan, Libby Beal and Marilyn

Hartsook. Back: Coach Clinton, Michelle Cochrane, Nancy Rockwell, Kim Bailey, Lisa Weisshaar, Lori Richtmeir and Cindy Ogden.





LEFT: Coach Clinton gives the team a pep talk after practice. BELOW: Lori Richtmeir takes a mighty swing during practice.

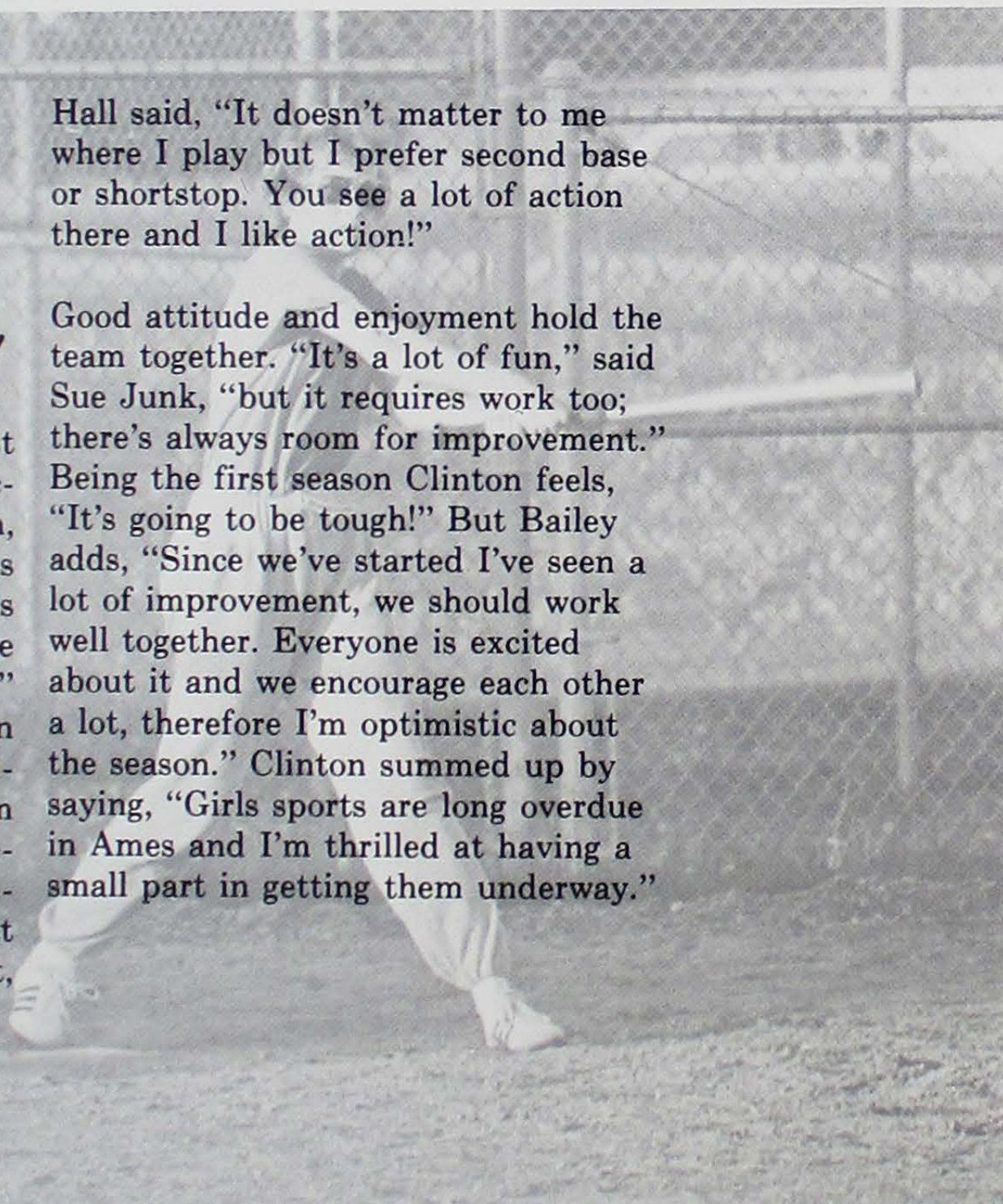
# Homerun

'It's a lot of fun but it requires work too.'

**G**irls softball has arrived; the first practice drawing 22 girls. According to Coach Clinton, "Twelve of 13 or the originals are seriously interested in playing plus we expect eight to ten athletes at the completion of other spring sports." "Considerable improvement has been shown by several girls including Michelle Cochrane, Lori Richtmeier, Kim Bailey, Carole Hall and Elaine Finnegan. Clinton said, "They all have to devote more than the little time they do at practice. They have to get out and hit, throw and catch on their own."

Hall said, "It doesn't matter to me where I play but I prefer second base or shortstop. You see a lot of action there and I like action!"

Good attitude and enjoyment hold the team together. "It's a lot of fun," said Sue Junk, "but it requires work too; there's always room for improvement." Being the first season Clinton feels, "It's going to be tough!" But Bailey adds, "Since we've started I've seen a lot of improvement, we should work well together. Everyone is excited about it and we encourage each other a lot, therefore I'm optimistic about the season." Clinton summed up by saying, "Girls sports are long overdue in Ames and I'm thrilled at having a small part in getting them underway."





# Big D

'Defense makes you a consistent winner. It was the reason we were 24-0.'







**F**lashy and crowd appealing it is not, yet defense was the influencing factor in this year's state title. Taking a backseat to offense, defense is anticipated by few. "We took pride in our defense, commented Sam Fouad. It carried us on off nights." It seems only fitting that both Indiana, national collegiate champs, and Ames, Iowa state champion, play the best defense to be found. Spearheading the defense from the inside was none other than Chuck Harmison. Not a foe could drive the middle without feeling thoroughly intimidated by the big man. Called perhaps the the best defensive pivot man the state has seen, Harmison rejected some 90 shots. Probably the most unheralded player, yet an invaluable contributor to the team was Sam Fouad. Using what coach Arnie Zediker termed, "a great sense of anticipation", Fouad throttled some of the states top backcourt men, and led a defense which gave up an average of only 50 points per game. Though this team may be remembered for its scoring and rebounding stars, defense was their real "bread and butter".

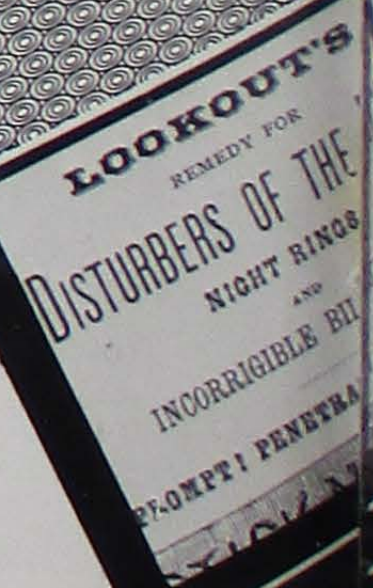
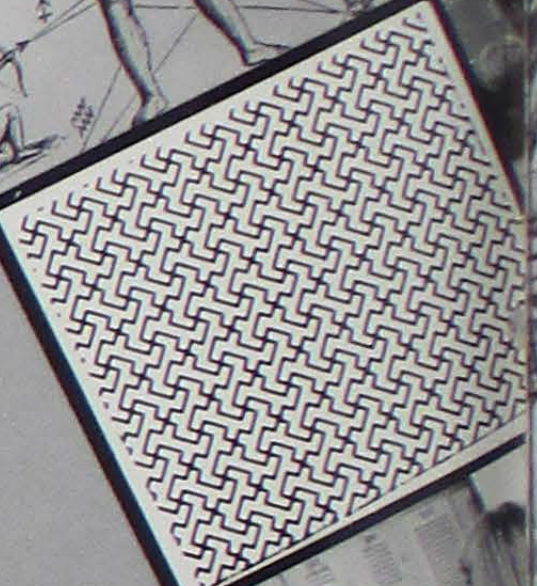
Bottom Center: Guard Sam Fouad catches Trogan Kevin Quirk sleeping in "Maryland" stall. Right Center: Getting two of his 32 points against Newton, Chuck Harmison impresses Hilton Coliseum crowd. Left Center: Rob Klingseis follows flight of shot in Newton game. Below: Matt Burgason looks for outlet pass after snaring rebound in title game against Bobcats. Lower Right: Joel Morton stops the drive of Kuemper guard during semifinal tourney game.





# People

The graduating class of 1912 included 50 seniors. However, the same class four years earlier consisted of 123 students . . . The graduating class of 1912 had an average age of 18, average weight of 150 pounds and height of 5'8" . . . The orchestra made a concert trip in 1921 to Story City . . . The "A" club was begun in 1923 with thirteen members . . . The first student council at AHS was organized in 1924 . . . On November 14, 1926, AHS began it's tradition of having a Homecoming football game . . . The weekly WEB was first published by the Ames Daily Tribune in 1937 . . . "Cheese it" was common slang for 'get lost' in 1937 . . . The senior picnic in 1945 was held at the Country Club with 150 pounds of chicken being the feature guest . . .





Mary McNally was a teacher in World Lit. in 1945 . . . There were 232 in the senior class of 1961 . . . The Homecoming queen and her attendants were chosen by a local disc jockey in 1951 . . . In 1946, the largest group of letter winners at AHS were not members of the varsity club. Most lads awarded their girls letters for participation in davenport wrestling . . . The bands annual candy drive in 1961 netted \$630, which was used to finance a trip to Sioux City . . . The location of Ames High changed to 20th and Ridgewood in 1961 . . . About 180 courses were offered at AHS in 1975-76 . . .

1. Ginny Wood, Karen Krieger, Sue Smith, Melissa Stoll, Libby Beall. 2. Deana Slater, Jody Dunlap. 3. Robin Pierson. 4. Karen Johanns, Yvette Vandergast. 5. Steve Willsher.

# PEOPLE



# Bonnie

'I'd love to live on  
the California coast.'

**L**ike the grass that always seems greener on the other side of the fence, living in Ames all her life has made Sophomore Bonnie Kopecky long to be someplace else.

Because it offers a vast difference in scenery, California appeals to Kopecky. "Pictures of the beaches and ocean make me want to be there I'd love to live on the California coast."

After visiting the Golden state for the first time several months ago, where she camped and motorbiked on the desert and tried scuba diving in the Pacific, she hopes to return some day and see the people she met there.

Meanwhile, Kopecky likes Ames High and notes that it is "much better than junior high school. The whole school seems freer and the people are much more mature. I've met alot of people here and there's still many more to get to know." Sewing is a hobby that Kopecky hopes to turn into a career. Making clothes for herself and friends is personally satisfying and she adds "it's great because its so inexpensive."

Kopecky also enjoys going to parties and socializing with her peers. "Parties are nice because you're able to see and talk to people you never get a chance to see at school. And they are less concerned about school so everyone is more relaxed."



Molly Abraham  
Marlou Abrahamsen  
Jay Adams  
Karen Albertson  
Mary Alcott  
Shelley Alert



Kellie Allison  
Amy Anderson  
Carol Anderson  
Lisa Anderson  
David Andrew  
Tim Apel



Mark Apt  
Ouna Arthur  
Dan Aurand  
Linda Avraamides  
John Bachman  
Gary Bahr



Al Bates  
Jeff Bates  
Beth Baumel  
Richard Beck  
Mark Behrens  
Beth Bell



Tim Bell  
James Benson  
Melissa Berhow  
Bev Best  
Anita Bhala  
Doug Biggs



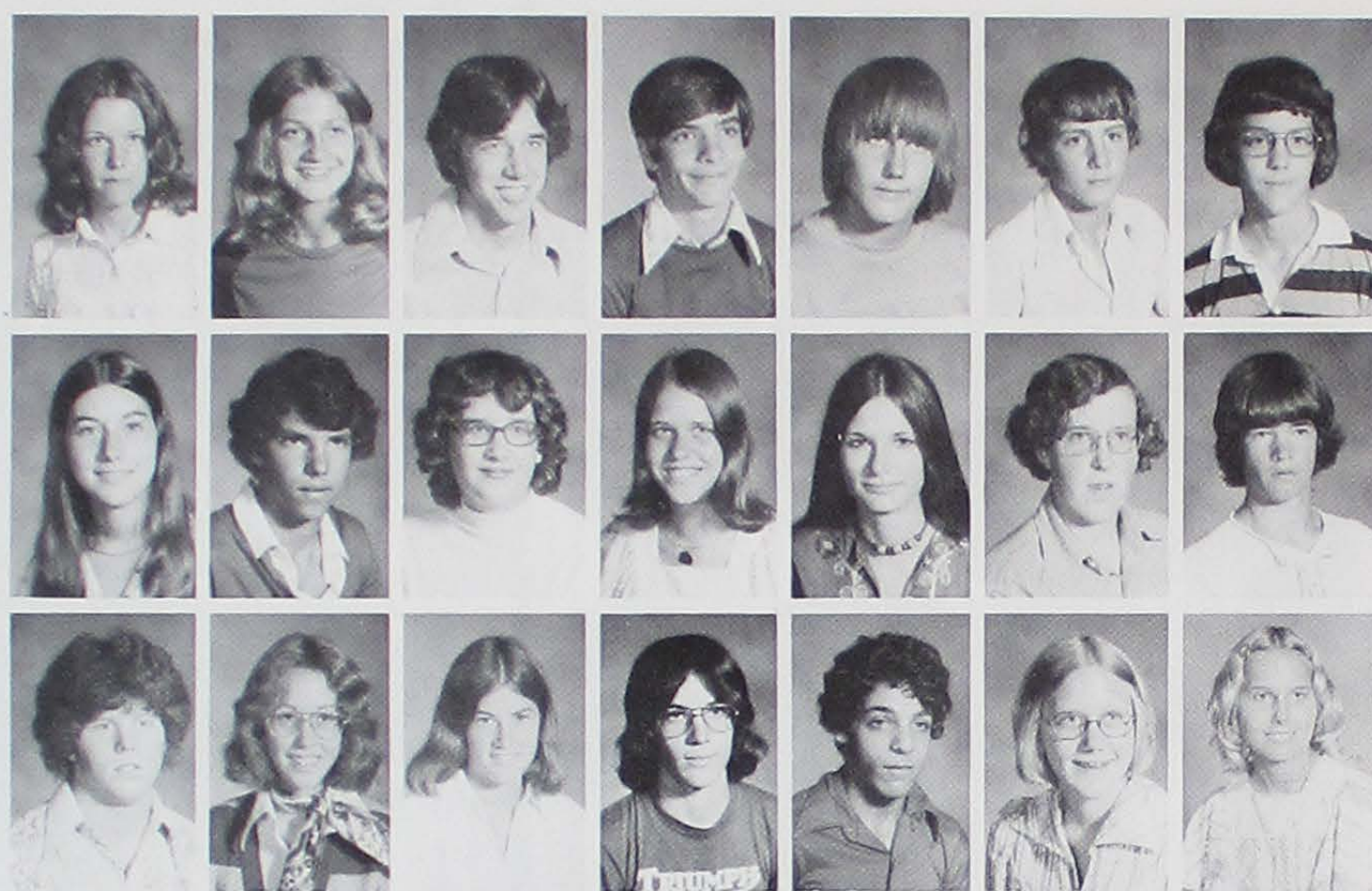
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Janet Bliss  
Jenee Bluhm  
Allan Bond  
Jill Boston  
Pam Bower



Barb Brady  
Jerri Brekke  
Barb Brentnall  
Mike Brewer  
Jay Bro  
Kirk Brown



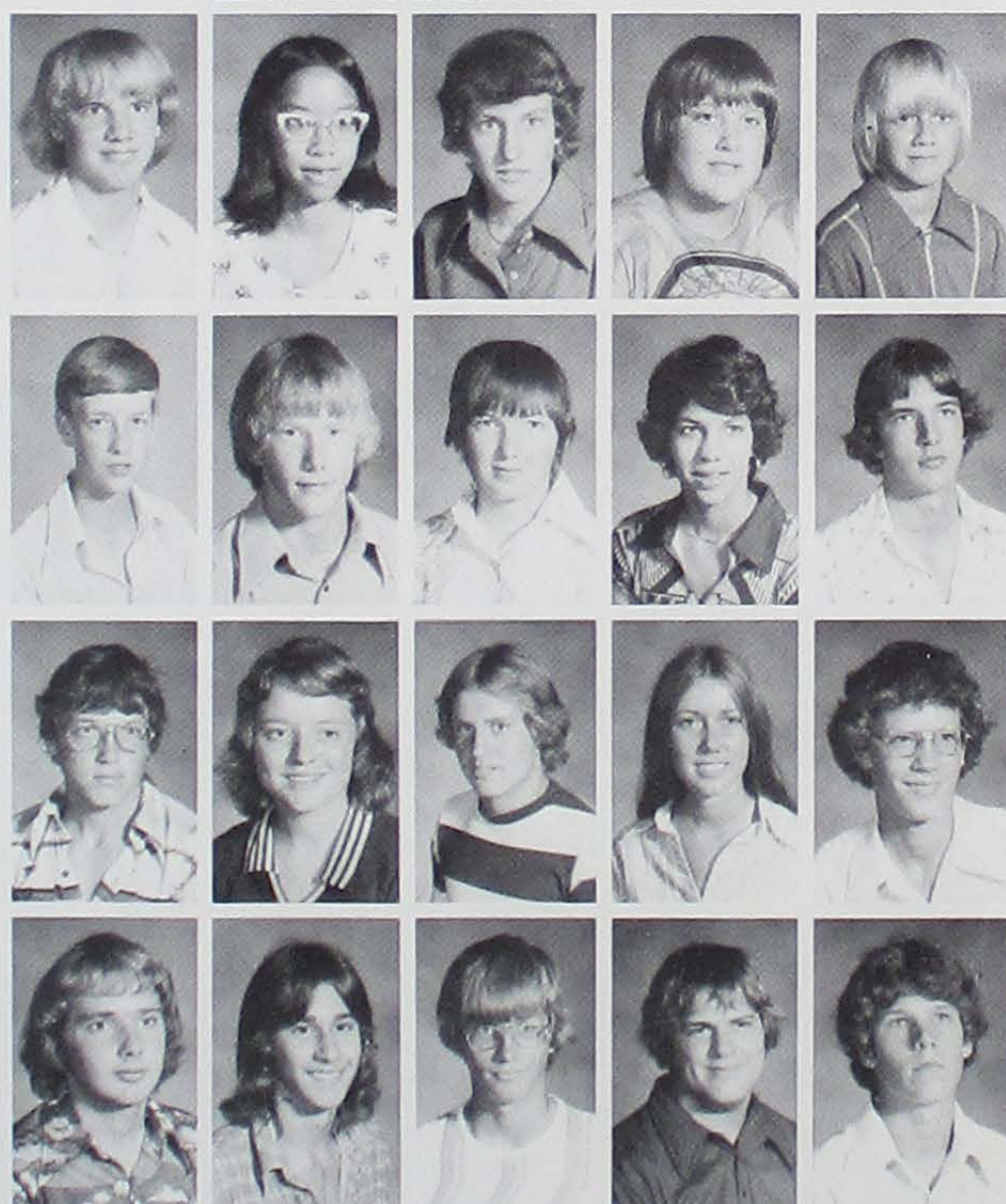
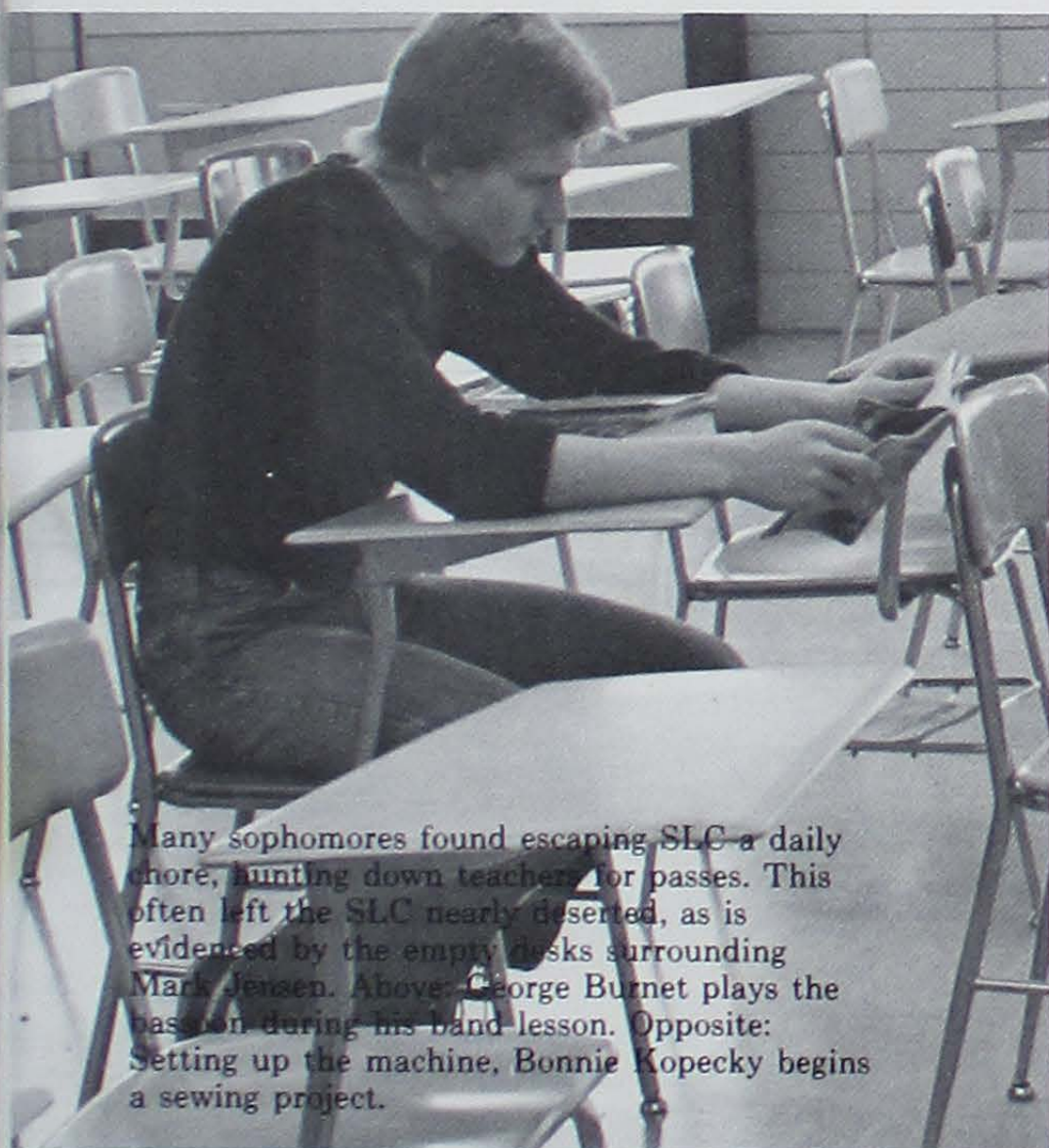




Lynn Bruce  
Kathy Brugger  
Steve Buchele  
Wayne Bulkley  
Ronald Bunting  
Chris Burger  
Kevin Burkhart

Nancy Burkholder  
George Burnet  
Donna Bushman  
Beverly Buss  
Sue Buzzard  
Bill Callies  
Ed Camp

Mark Campbell  
Sarah Campbell  
Cecelia Carbrey  
Shawn Carbrey  
Dave Cardella  
Julie Carlson  
Janel Cerwick



Matthew Champlin  
Amy Chen  
Julie Cheville  
Dave Christensen  
Kent Christianson

Don Church  
Jim Clark  
Kathy Clatt  
Sandy Cline  
Dan Coady

Dave Collins  
Leslea Collins  
Craig Conley  
Chris Conzemius  
Jim Corbett

Rick Cornelius  
Mark Cornwell  
Wayde Cox  
Doug Coy  
Greg Coy

Many sophomores found escaping SLC a daily chore, hunting down teachers for passes. This often left the SLC nearly deserted, as is evidenced by the empty desks surrounding Mark Jensen. Above: George Burnet plays the tuba during his band lesson. Opposite: Setting up the machine, Bonnie Kopecky begins a sewing project.





# Nick

'I guess I'm the average person ...'

**N**ick Franck is the habitual conception one has of a typical sophomore; complete with a ready and willing grin and an earnest, enthusiastic attitude, perfectly assimilated into the pattern of AHS. "I'm the average person all-around," Nick conceded. "At least I hope I am. Just so I have some friends."

Friends seem to be the essential ingredient in order to wholly relish high school, for without someone to share the brunt of incessant taunting, or to complain to about the overwhelming homework load and inedible school lunches, life can become downright miserable at times. "I started school a week late, and the first few days could be termed as hectic. Right now I'm very content. I'd just like to get to know as many people as I can. Sports have really helped." Franck immediately injected himself into the athletic sect here, participating in cross-country, wrestling and track. "I'd have to say cross-country is my favorite. Although there's pain involved, it's worth it when you show good times."

Yes, Franck is just like all other sophomores, but in terms of grade level only, for each of the 400 some new students imported from the juniors highs each year, A.H.S. is embellished with 400 new contributions, stemming from the unique components of character within Franck and each of his fellow sophomores.



Vernon Crowe  
Andrea Crudele  
Mark Crump  
Jeanne Cunningham



Marty Darnell  
Bill Davidson  
Sonja Davis  
Chris Delaney



Mark Dennis  
Eric Diedrick  
Chris Diekman  
Tom Diemer



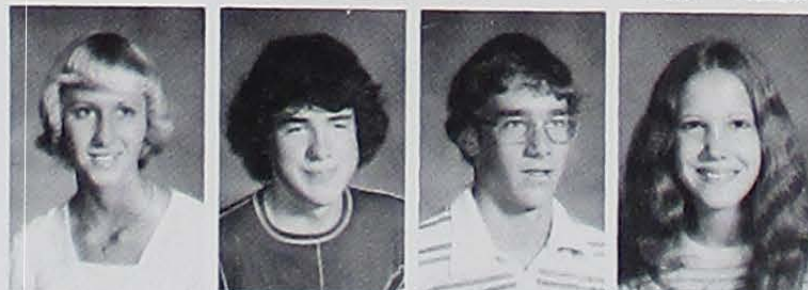
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Jack Donaldson  
Craig Dorr  
Phil Dowell



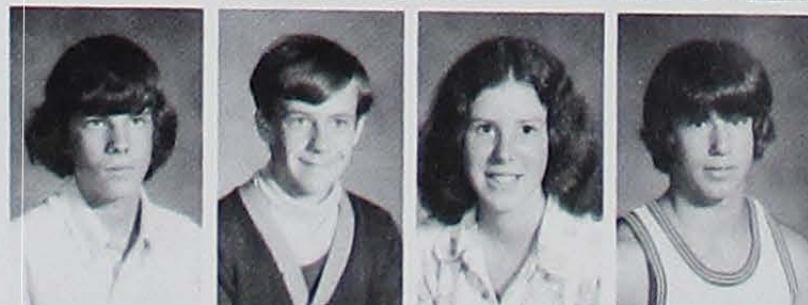
Galen Drennan  
Marilyn Dunham  
Jim Dunlap  
Scott Dunn



Ann Durlam  
Steve Edwards  
Jim Ellis  
Julie Ellis



Howie Elrick  
Kevin Erickson  
Jackie Eschbach  
Scott Eschbach







Marla Evans  
John Fenton  
Elaine Finnegan  
Clint Fischer  
Suzanne Fitz  
Tom Flesch  
Vern Fleshman

Mike Flummerfelt  
Mark Folkmann  
Nick Franck  
David Franke  
Lisa Frazier  
Sonja Froiland  
Sue Fryer

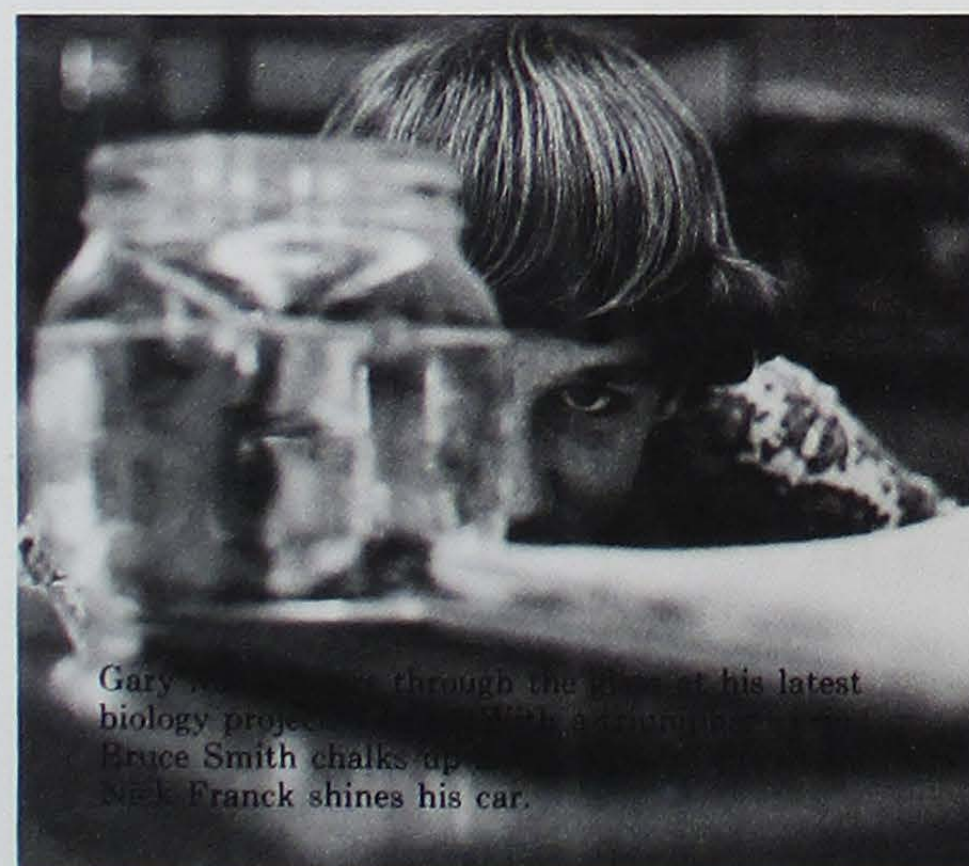
David Fung  
Lisa Gaarde  
Tim Gehm  
Doran Geise  
Mike George  
Greg Gerstein  
Tim Gibbons

Mark Gibson  
Gileen Gleason  
Linda Gourlay  
Julie Grable  
Jamie Grant  
Lee Graves  
Ginny Grebasch

Kathy Green  
Pam Greve

Paul Griffen  
Kevin Griffin

David Gschneider  
Vicki Gulliver



Gary looks through the glass at his latest biology project.  
Bruce Smith chalks up.  
Nick Franck shines his car.



Dan Habbab  
Bill Hadaway  
Cindy Hall  
Sheryll Hall



Steve Hall  
Martin Haltom  
Carla Hammer  
David D. Hansen



David M. Hansen  
Pat Hansen  
Lee Harms  
Jill Harpool



Debbie Hatfield  
Tim Haviland  
Deidre Hempe  
Dave Hendrickson



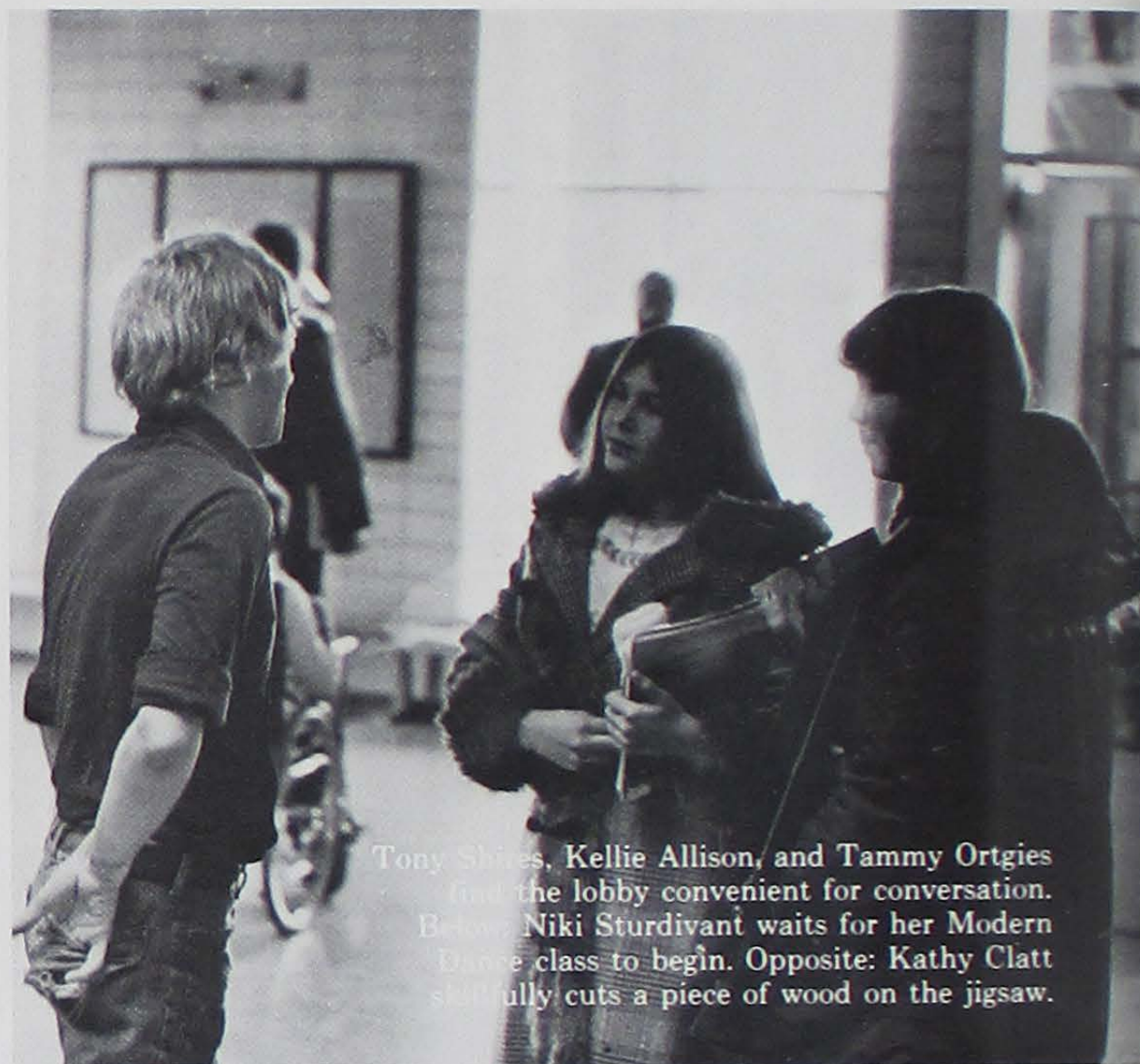
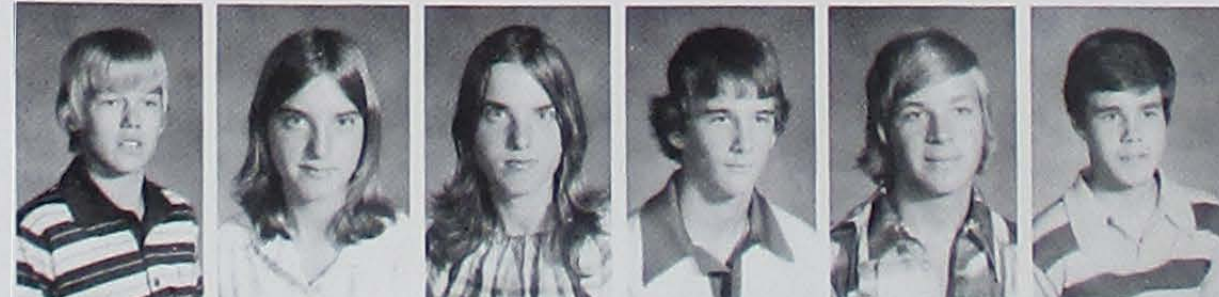
Jeff Hiatt  
Kevin Highland  
Brad Hildebrand  
Scott Hillman  
Jeff Hines  
Karla Hocker



David Hockman  
Jeff Hoerner  
Cassandra Hofer  
Bob Hoffman  
Jeff Hogle  
Penny Holbrook



Leslie Holland  
April Holveck  
Robin Holveck  
Dan Houk  
Russell Howard  
John Hudson



Tony Shires, Kellie Allison, and Tammy Ortgies find the lobby convenient for conversation. Below: Niki Sturdivant waits for her Modern Dance class to begin. Opposite: Kathy Clatt skillfully cuts a piece of wood on the jigsaw.





# Kathy

'I didn't want to come to high school.'

**P**odging the leering, mocking upperclassmen and at the same time desperately seeking out the mythical "south gym stairs," the typical sophomore often finds the "big" high school an abrupt transition when compared to the sedate junior high routine. In a sense, it's a "boot out of the nest" and the newcomers discover they're no longer constantly plagued by the watchful eye of a teacher, or an irascible bell reminding them to toddle on to their next class.

Despite this, Kathy Clatt recalled she was not exactly bubbling with excitement at the prospect. "I didn't want to come to high school. I'd heard a lot of stories about the teachers that worried me."

Clatt is a quiet person, somewhat remote, in fact she classifies herself as a "low person at the high school. I don't talk much in class — I just try to learn." Although removed from any high school extra-curricular activities, Clatt feels she's kept quite busy. She has a flare for woodworking and an adept faculty with tools, as well as being an experienced cook, often preparing the family meals.

Both her devotion to schoolwork and home, exemplify a staid resolve that Clatt radiates, simply "to get things done, no matter how long it takes," a valuable resource for the future.



Zetta Huinker  
Anne Hulse  
Bret Hutchison  
Diane Impeccoven  
Louis Imsande  
Mike Inouye

Sharon Irwin  
Kevin Israel  
Kevin Jarvis  
Joseph Jennings  
Joni Jensen  
Mark Jensen

Meribeth Jeska  
Dave Jespersen  
Bill Joensen  
Alan Johanns  
Brian Johnson  
Dan Johnson

Emily Johnson  
Julie Johnson  
Lisa Johnson  
Louise Johnson  
Tom Johnson  
Brad Jones

Brenda Jones  
Larry Jones  
Teri Jones  
Craig Jordison  
Larry Juncker  
Chris Juncker

Sue Junk  
Lance Kaeberle  
Kris Kelly  
Steve Kendall  
Dana Kever  
Tim Killam

Nguyenthi Kimvan  
Jane Klaus  
Paul Klucas  
Kevin Klute  
Clark Knutson  
Bonnie Kopecky



# Mark

'... listening to Deep Purple or Yes ...'



**M**ark Sogard likes to be alone ... with his stereo. He can usually be found wearing headphones, listening to Deep Purple or Yes while doing his homework. In order to finance his sound equipment, Sogard worked most of the summer for the Iowa State Botany department. The job was offered to him by his neighbor and involved research work for a graduate student.

He and the other members of his crew planted weeds in soybean fields (to see which would survive) and counted the number of corn stalks in a row (to find the percent that germinated).

In addition to the work, the crew had its share of fun. During their lunch break they had rock-putting competitions with a rock kept in the back of their pickup. The champion was a marine, "who thought he was pretty big," with a distance of 20 feet.

Sogard doesn't think he'll go into Botany. "Maybe Forestry — but that's a big maybe!" He's also considering a career in Electronics. Sogard became interested when his father took an electronics course. He decided to take an electronics course at the high school and put together a digital clock.

Ann Kramer  
Karen Krieger  
Dave Kuehl  
Naylene Kyle  
David Kylo  
Christy Laflen



Barb Lang  
Chris Ledet  
Stephanie Lendt  
Jonathan Lewis  
Glenn Libby  
Carolyn Lockamy



Jerry Lockridge  
Charles Love  
Rick Lowe  
Brad Lundquist  
Randy Lynder  
Larry Lyons



Dave Maas  
Mary Jo MacIntosh  
Scott Maffett  
Cheryl Maitland  
Tammy Manatt  
Karen Marion



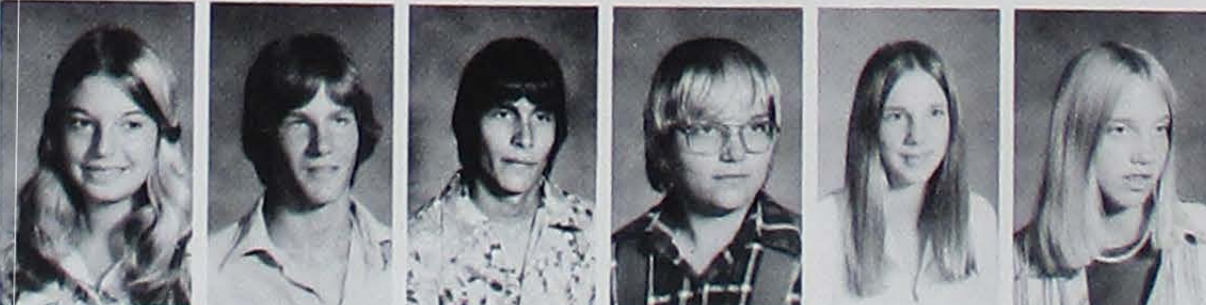
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Ann Martens  
Crystle Martin  
Mike Martin  
Gary Marty  
Kyle Mathews



John Matt  
Mike Maxwell  
Dave McCall  
Peter McCoy  
Jon McCrary  
Kay McFarlin



Jaye McMasters  
Andy McRoberts  
Steve Meals  
Steve Meyer  
Kristie Michel  
Janet Michelsen







Sileen Gleason and Celia Carney anticipate the next day's food test lab. Below: Kristie Michel concentrates on a geometry proof. Opposite: At home, Mark Sogard relaxes by listening to his stereo.



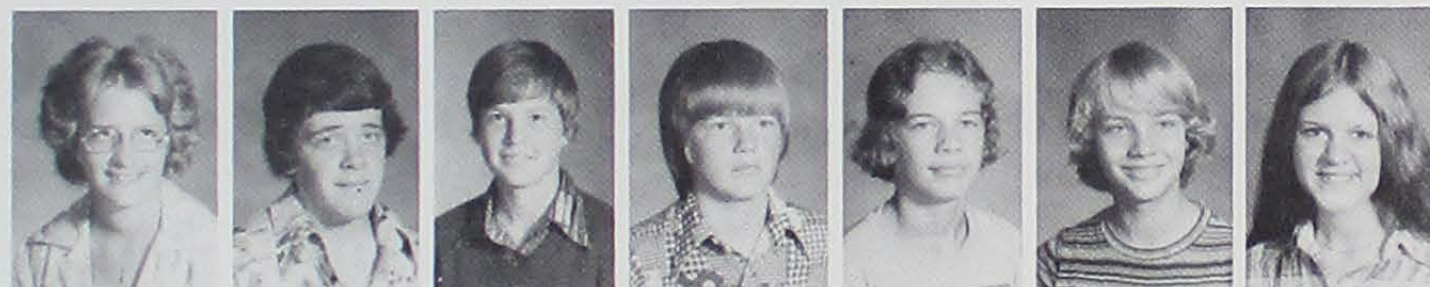
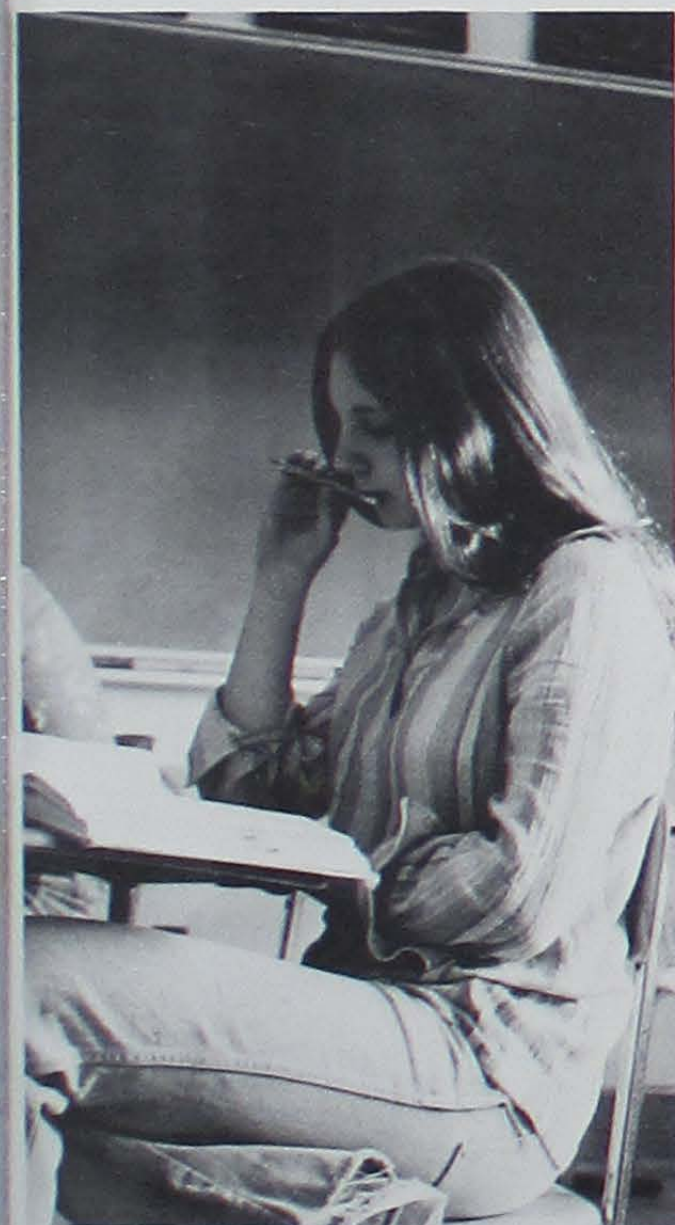
Brenda Middle  
Doug Miller  
Jamie Miller  
Lynette Miller  
Mike Miller



Steve Miller  
Lisa Mimnaugh  
Miriam Moberly  
Beth Montag  
Ann Moore



Brian Morrison  
Carol Morton  
Kristin Nass  
Larry Nelson  
Kim Netcott



Mary Kay Nickel  
Steve Nickey  
Kari Nilsen  
Bruce Nilsson  
Tim Nordin  
Julie Norem  
Kathy Norris



Carol Norton  
Jim Obrecht  
Cindy Ogden  
John Ogden  
Tim Olson  
Cindy Oppedal  
Kim Orsinger



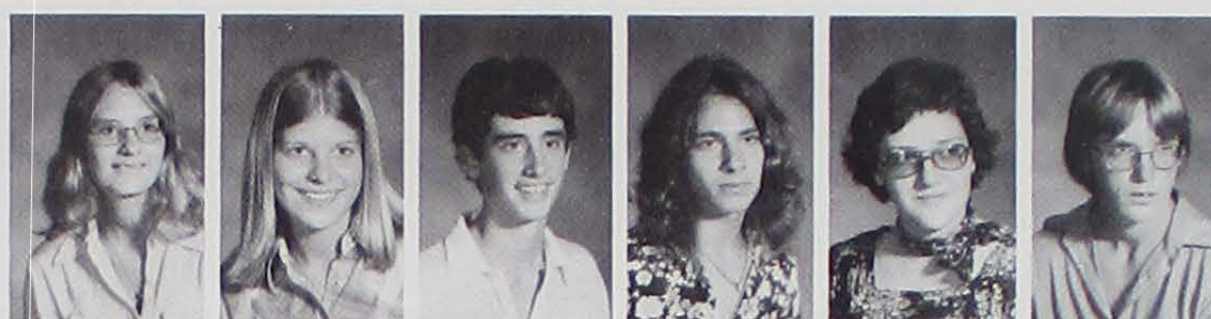
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Ann Osgood  
David Outka  
Ginger Overholtzer  
Annette Palmer  
Sue Parks  
Dan Parsons



Robbin Patten  
Pam Pearce  
Craig Perrin  
Carl Petersen  
Carol Petrus  
Robin Petrus  
Delana Phillips



Sandy Picht  
Meri Pietz  
Doug Pletcher  
Dan Poffenberger  
Julie Poorman  
Scott Pope



Janet Popelka  
Curt Porath  
Julie Post  
Gretchen Potter  
Kevin Powell  
Robert Powell



Mike Powelson  
Gary Prange  
Mark Pritchard  
Mike Radosevich



Chris Rasmussen  
Mark Redmiles  
Juli Reedholm  
Rick Reedholm



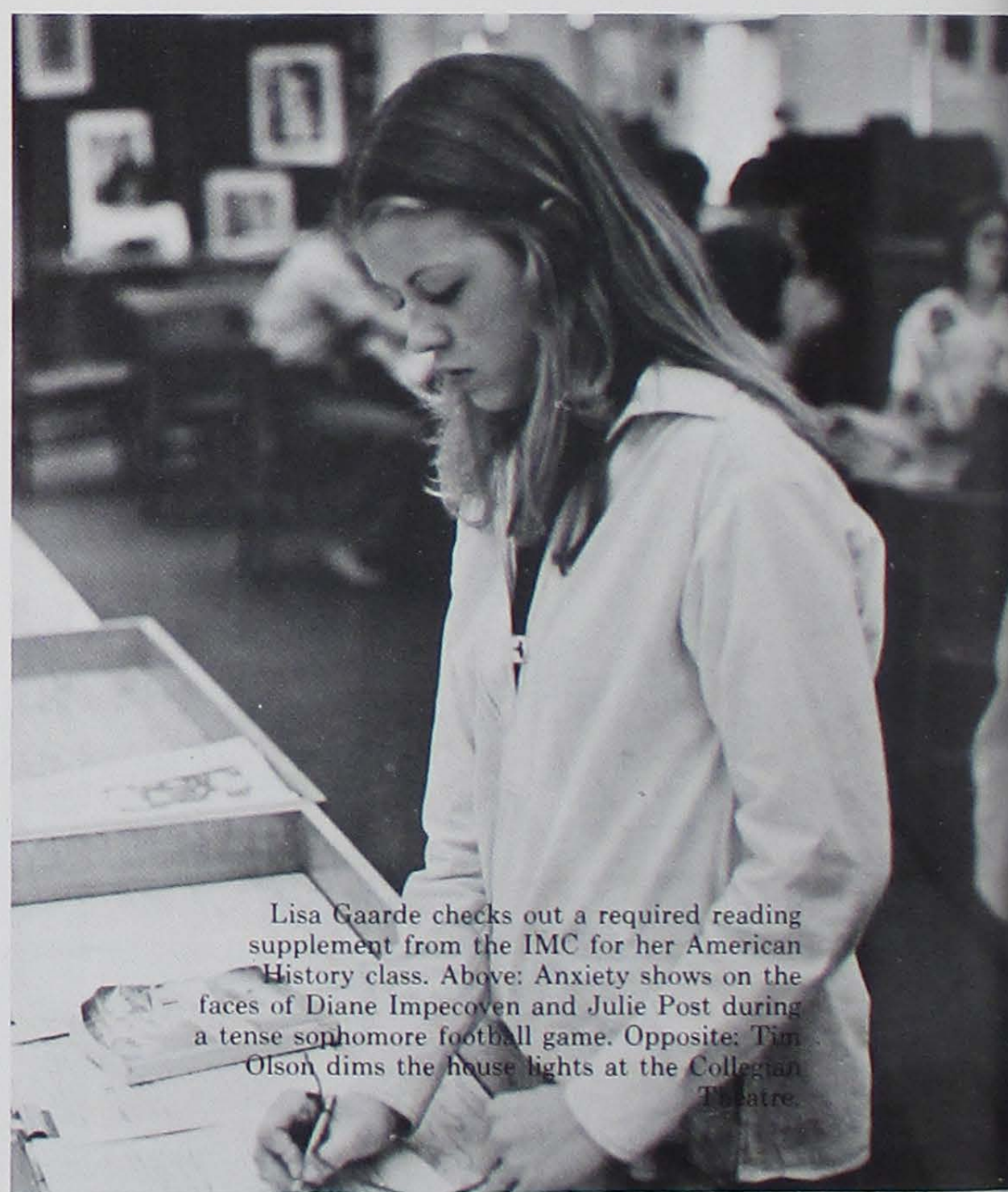
Karen Reichardt  
Joe Reynolds  
Stacey Rhoades  
Bert Richards



Beth Ricketts  
Tom Ries  
Debbie Rizzo  
Pam Roberts



Pete Roberts  
Nancy Rockwell  
Karen Rod  
Linda Roe



Lisa Gaarde checks out a required reading supplement from the IMC for her American History class. Above: Anxiety shows on the faces of Diane Impeccoven and Julie Post during a tense sophomore football game. Opposite: Tim Olson dims the house lights at the Collegian Theatre.



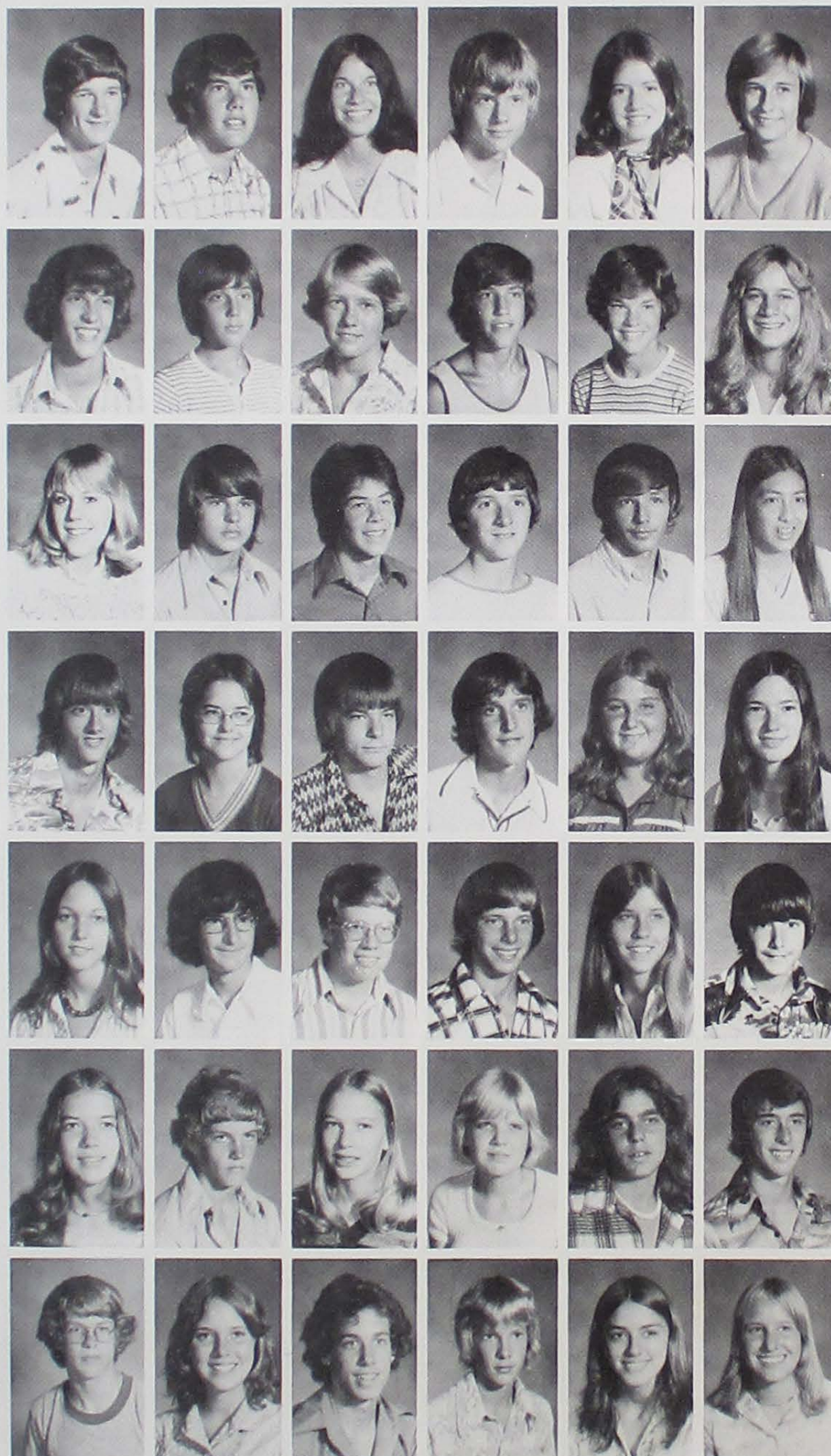


# Tim

'What I'm good at  
I'm verygood at.'

**W**hat is a loner? Maybe Tim Olson can explain, because he describes himself as just that — a loner, the rank of which is often stereotyped as being the sort of person who shuns group involvement, preferring instead, perhaps, long musing walks through a deep forest. But Olson quickly dispels this habitual misconception with his boisterous, impelling air, which he credits to his independent nature. Olson resides in Dallas Center with his family and drives approximately 40 miles each morning to school. Their farmhouse has two stoves, both coal and wood burning for heating, and the grounds are inhabited by goats, chickens and rabbits. Olson comments jokingly, "you get used to waiting in the chicken coop while a hen lays an egg for your breakfast." Another area he's directed his talents to is the recent theatre arts program for area high school students. Olson is now acting as the technical director. "I'm the only one who knows how to pound a nail," he boasts. "What I'm good at I'm very good at."

So, it seems Olson effectively disproves the fabled definition of the aloof loner. His self-motivation is, on the contrary, a virtuous example of individualism. It makes one wonder just what some students are like once they step outside the buildings' regimented confines.



Kevin Rose  
Mike Ross  
Judy Rossmiller  
David Rougvie  
Kim Rowley  
Renee Royer

Doug Ruden  
Emanuel Ruedenberg  
Ann Rudi  
Scott Rumsey  
Gail Runge  
Shelly Rupnow

Susan Russell  
Rick Rutter  
Paul Ryan  
Jim Samuelson  
Marty Sandve  
Arlene Sandvick

Dave Satre  
Jonelle Sauke  
Bob Schlunz  
Steve Schmidt  
Mary Schroeder  
Kate Schultz

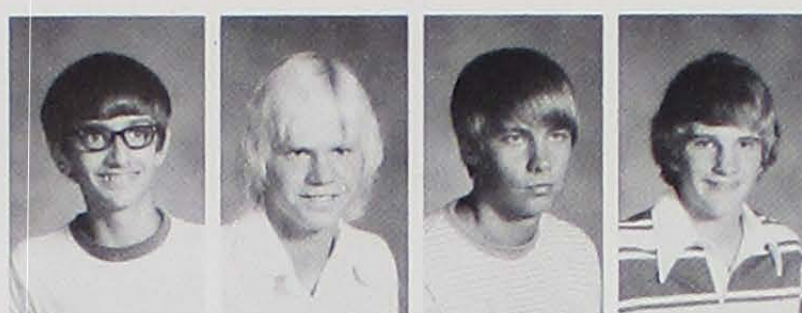
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Keith Seifert  
Mike Self  
Sam Shaffer  
Kathy Shaughnessy  
Jeff Shaw

Sandy Shinn  
Tony Shires  
Cindy Silletto  
Cheryl Simmerman  
Richard Simms  
Geoff Sims

Andy Skadberg  
Kelly Smay  
Bruce Smith  
Dwight Smith  
Kay Snook  
Debbie Sobottka



Mark Sogard  
Dan Sondrol  
Blake Sorem  
Brian Sorenson



Beth Staggs  
Jim Standish  
Deanne Stevens  
Scott Stewart



Joe Stohlmeyer  
Cynthia Stout  
Jeff Stratton  
Niki Sturdivant



Mark Sturtevant  
Peg Stuve  
Vidya Sukhatme  
Mary Sullivan



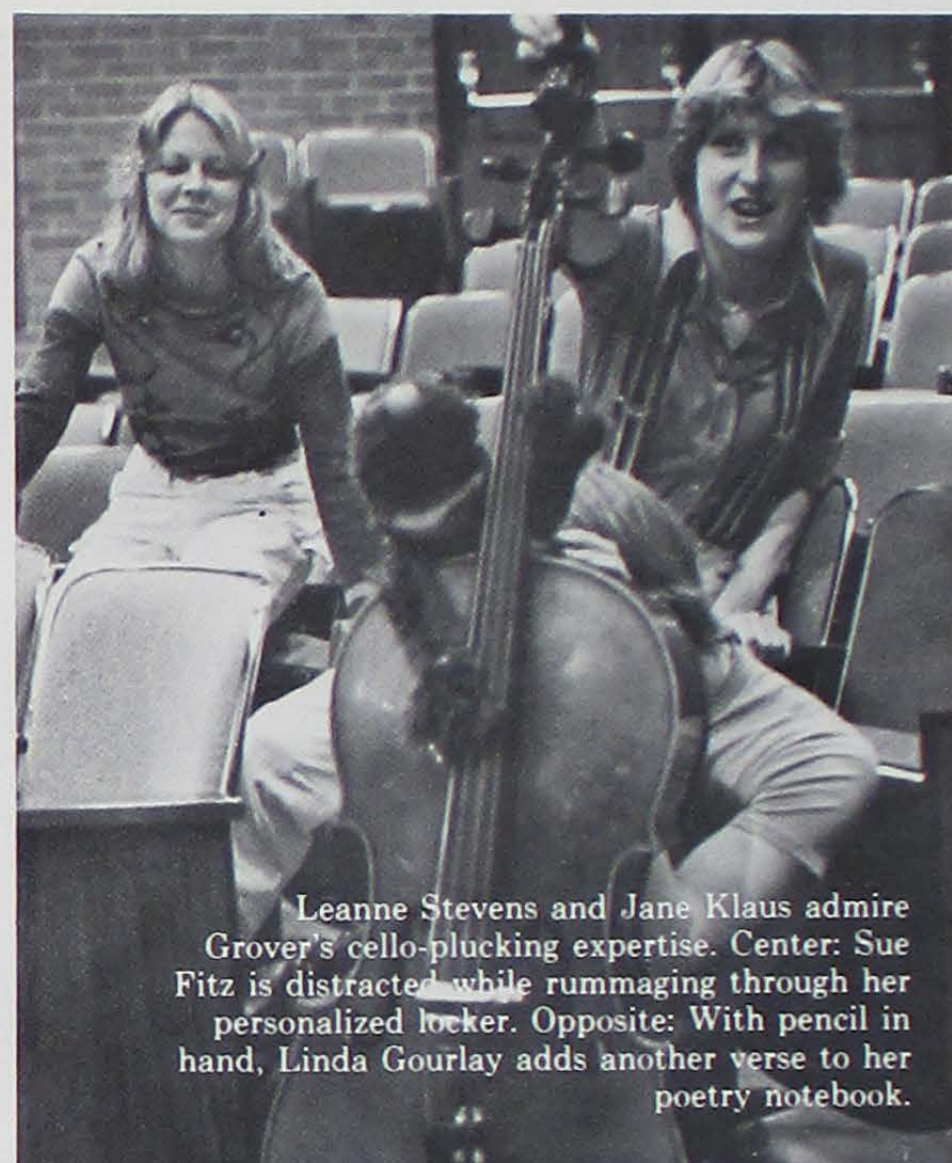
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Lillian Svec  
Tracy Swank  
Bill Sweeney  
Gary Swenson  
Mark Swenson  
Kathy Sydnies  
Stacy Tamoglia  
Scott Taylor



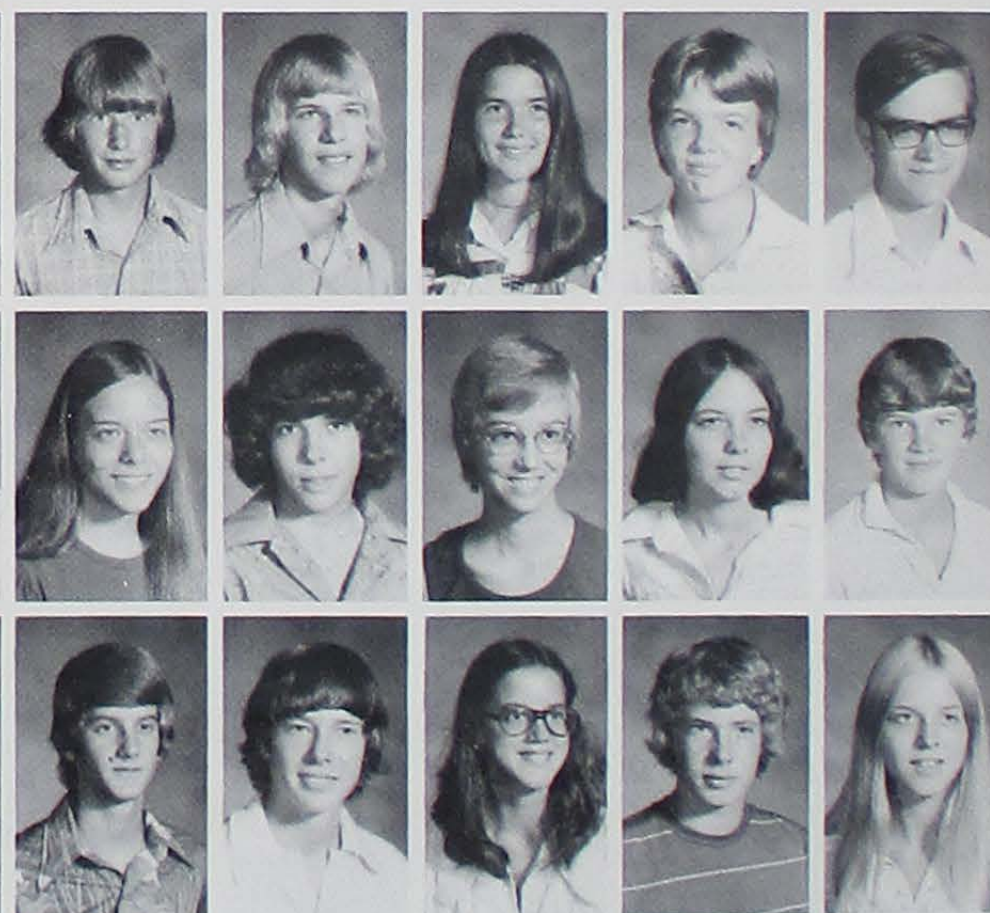
Brad Teal  
Vince Terrones  
Rick Thompson  
Don Tice  
Colleen Towns  
Tony Townsend  
Ann Trenkle  
Melody Trickle  
Jeff Tryon



Patty Van Der Maaten  
Linda Van Soelen  
Kari Varnum  
Kent Varnum  
Mark Weigel  
Jeff Weigle  
Lisa Weisshaar  
Dave Welch  
Vicki Wenlund



Leanne Stevens and Jane Klaus admire Grover's cello-plucking expertise. Center: Sue Fitz is distracted while rummaging through her personalized locker. Opposite: With pencil in hand, Linda Gourlay adds another verse to her poetry notebook.





# Linda

'I really like to draw and write poetry.'



Keep memories close to your heart, for you will be sad if they part. How then will you remember the past, if your memories no longer last. A reflection of a senior's thoughts? No, simply a sample of the poetry written by Sophomore Linda Gourlay. "I really like to draw and write poetry. I draw a lot, animals mostly. Art is a big part of my life." Not only is Linda into art and poetry but also music. Linda has played the guitar for six years and was at one time considering forming a group. "I play for people when they need me but mostly I play alone or with friends." Linda prefers soft type music because she feels it has "more meaning." With so many interests it seems Linda would have no time for anything more but she also sews, travels, and builds terrariums. "My room is all plants. I've always liked them." About her travels she says, "I travel a lot. I've been most everywhere in the U.S. and when I was young I traveled throughout Europe and Asia. I was born in Seoul, Korea. I'd like to go to the Mediterranean and the Caribbean. I love oceans and I have always wanted to go there." Linda's goal in life is to "live a full life, to know I haven't wasted any time or missed anything. I want happiness and I want to make others happy, too."



Jim Westman  
David Wheelock  
Jerry Whetstone



Jeff Whitefield  
Alan Widener  
David Wiersen



Joyce Wilcox  
Ruth Willatt  
Connie Williams



James Wilson  
Ron Wilson  
Doug Wolf



Mark Woodward  
Ann Wright  
Carol Yager



Alan Yegge  
Alan Young  
Chris Young



Greg Young  
Mark Zbaracki  
Walter Zwierzycki

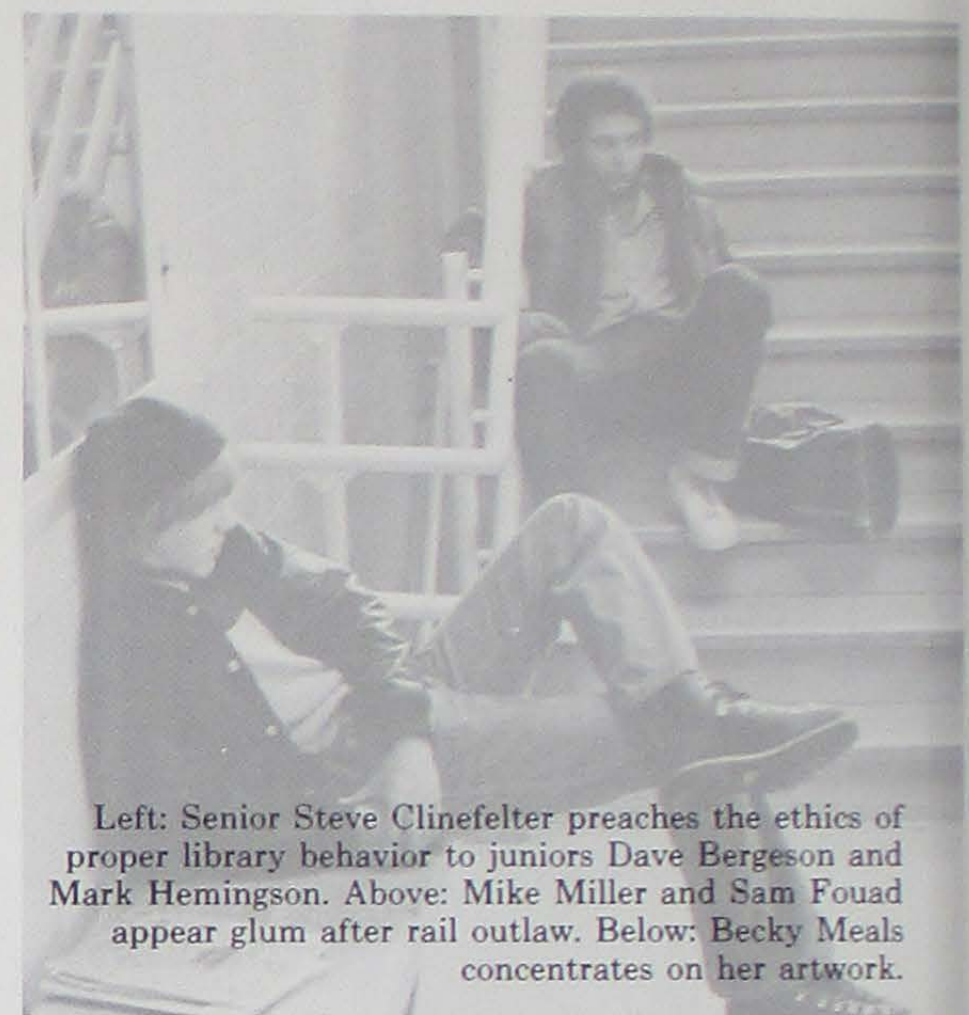




Greg Abel  
Lisa Abian  
Jim Albert  
Dana Alford  
Jacque Allen  
Kris Allen  
Marce Allen



Kim Allfree  
Kirk Amtower  
David Andersen  
Dan Anderson  
Dennis Anderson  
Greg Anderson  
Julie Anderson



Left: Senior Steve Clinefelter preaches the ethics of proper library behavior to juniors Dave Bergeson and Mark Hemingson. Above: Mike Miller and Sam Fouad appear glum after rail outlaw. Below: Becky Meals concentrates on her artwork.

Laura Anderson  
Paul Anderson



Mary Andreae  
Jim Augustyn  
John Aurand



Marly Baena  
Ron Balmer  
Lonnie Barber



Chris Barta  
Lorina Beach  
Sarah Beattie



Mary Beaudry  
Perry Beeman  
Lisa Belle  
Dave Bergeson  
Kammy Bhala  
Cindy Birdseye  
Caroline Blackwell



Karl Bockhop  
Sheryl Bogue  
Carol Bohnenkamp  
Adele Bonnicksen  
Kelly Boon  
Cheryl Borgen  
Mary Bower







Cindy Bowers  
Ann Brakke  
Sam Bran  
Doug Braymen  
Ann Brearley



Tom Brekke  
Sarah Bro  
Dia Brown  
Jim Bruene  
Diane Buchman



Brian Buck  
Lisa Buck  
Tom Burke  
Chris Butler  
Patrick Callahan



Donna Canon  
Mike Canon  
Diane Capellen  
Mary Carlson  
Deanna Carmikle

# Tony

'I love glory! I'll do anything to get it.'

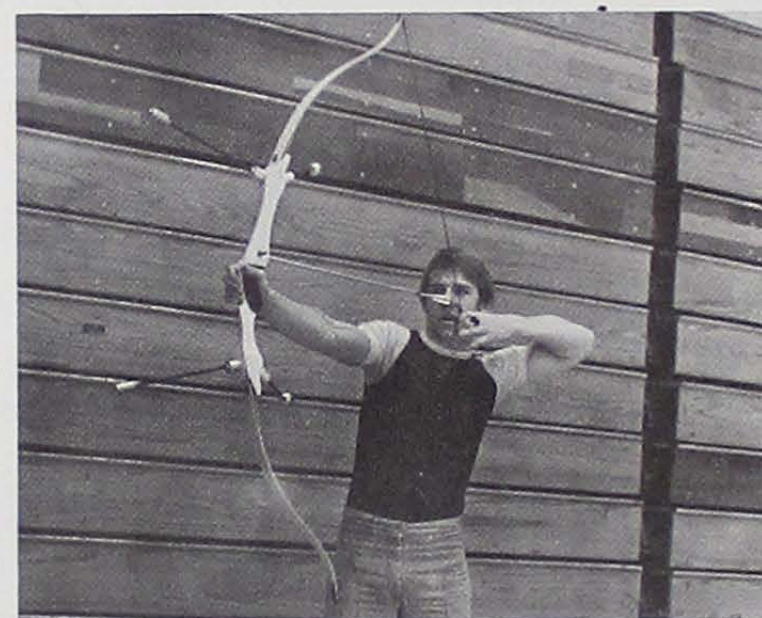
**C**ontrol and confidence exemplified by an easygoing attitude and flashing smile is a combination many would term as "together" but Tony Henson calls it style. He possesses an immutable sort of harmony that singles him out from the pulsing throng which populates our halls. Henson is, in other words, an individual, one whose character is self-imposed, not manufactured by others.

Success seems to coincide with his efforts in each venture he embarks upon. In his sophomore year he was

the only tenth grader competing in his weight class of 132 at the state tournament. The past summer in Jay, Vermont, entered in the class of amateur men, he placed fifth and fourth respectively in the national and world archery competition. In Ottumwa he nabbed first place honors in a motorcycle race, just another one of his many pursuits. Wrestling is a predominant influence in his life, the agonies and trials of weight loss and workouts incomprehensible to most. "Wrestling is different from other sports in that when you lose, there's no one you can blame but yourself." His aim — state championship and his philosophy is concordant with that goal. "It's no fun to be hot, tired and sweaty but the harder you work the better you become, all depending on how much you put out."

"I love glory!" Henson emphatically

declares. "I'll do anything I can to get it." Joking? Maybe, maybe not, but in either sense it is void of conceit, and instead reverberates Henson's intense



desire to excel and achieve to the extent of his prowess and ability, in essence; to make the most out of living.



Tracy Carpenter  
Doug Carr  
Dave Carter  
Chris Catus  
Laura Charles



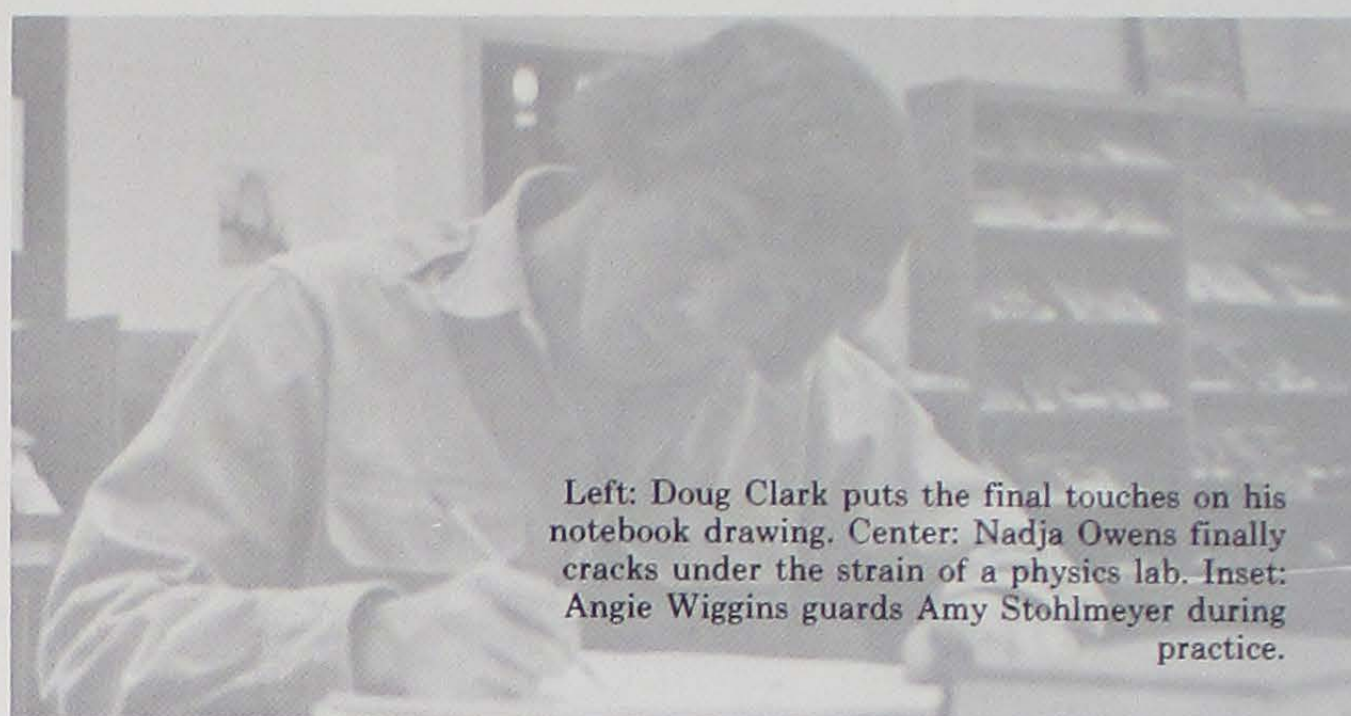
Emily Chen  
Brooke Cholvin  
Kevin Christianson  
Doug Clark  
Tom Clark



Ron Clatt  
 Jeff Clemens  
 Ron Collins  
 Marcia Colt  
 Charles Conard  
 Anne Conzemius  
 Jim Cook



Sharon Cook  
 Rachele Corbin  
 Kevin Coria  
 Beckie Cowan  
 Terry Coyle



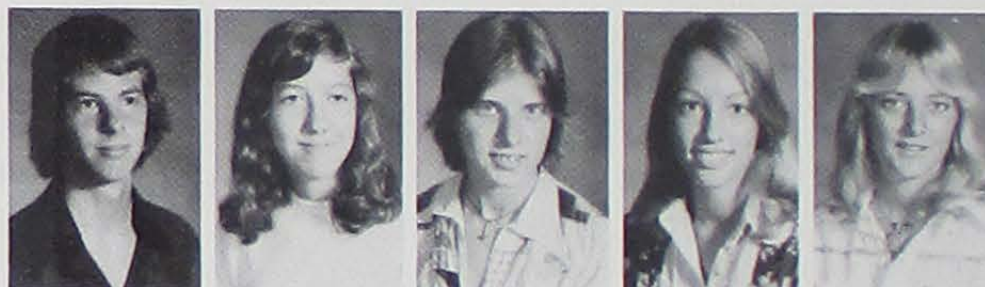
Left: Doug Clark puts the final touches on his notebook drawing. Center: Nadja Owens finally cracks under the strain of a physics lab. Inset: Angie Wiggins guards Amy Stohlmeyer during practice.



Judy Crane  
 Erin Cross  
 John Crudele  
 Mike Cyr  
 Steve Cysewski



Nick Dahl  
 Beatrice Darveau  
 Ann Dass  
 Barbara Daub  
 Sandy Daulton



Chris David  
 Ted David  
 Lisa Davis  
 Kevin Deal  
 Annick Dellmann  
 Barbara Deppe  
 Kathy Dilts



Terri Dirks  
 Laura Doak  
 Dan DoBell  
 Tom Domek  
 Marc Drexler  
 Tami Droz  
 Mark Dular



Mark Duncan  
 John Dunkin  
 Dave Dunlap  
 Jean Dunleavy  
 Max Duvall  
 Karen Edwards  
 Scott Eide



Jim Elliot  
 Beth Epstein  
 Karen Erickson  
 Rick Ewan  
 Paul Falck  
 Kelly Farrar  
 Ed Finn







Martha Finnemore  
Maria Flores  
Janet Fosberg  
Sam Fouad  
David Francis



# Angie

'I enjoy life as it comes.'

**F**or Angie Wiggins, high school is preparing for college and having fun at the same time. Carrying a full schedule of classes, she still finds time for numerous activities. She does it all casually and says, "I enjoy life as it comes."

Sports takes up a majority of Wiggins' time. She was a guard on the basketball team, managed the cross country team and participated in outdoor track. Wiggins enjoys sports, she says, "because I like to run . . . sometimes." An official member of the ORA, (Orchestra Rats of America), Wiggins is very interested in music and art, and is thinking about the possibilities of a career in music or general business. After playing the bass with the orchestra for only two years,

Wiggins qualified for the All-state orchestra. She also plays in the Chamber orchestra and her church's bell choir.

As do many high school students, Wiggins discovered the benefits of extra money. She works in a concession stand at a local theater and waits tables for banquets at the Memorial Union. She works, "for the money. It's fun, too." Wiggins likes Ames High. "It's a lot of fun! But being a Junior—in between. You have to set an example for sophomores, but the seniors still think you're dumb."



Kris Frangos  
Alice Franzen  
Lynn Freeman  
James Friederich  
Dana Fullhart



Steve Futrell  
Anda Galejs  
Alex Galyon  
Craig Garrey  
Nancy Geiger



Evan Geise  
Jim Gibbons  
Julie Glotfelty  
Brian Graves  
Kelley Gray



Missy Gregory  
Sue Greve  
Julie Griffin  
Jeff Groen  
Cathy Grover



Tom Gschneidner  
Linda Gurganus  
Barb Guy  
Mike Haas  
Bill Habhab



Carole Hall  
Mark Hall  
Carl Haltom  
Dean Halverson  
Pam Hammond



# Marc

'... from tutoring to  
collecting butterflies ...'

"M"ake a million dollars" is his goal for the future, but, as realizing it isn't possible at present, junior Marc Drexler concentrates on the many varied and unusual occupations and hobbies he is involved in.

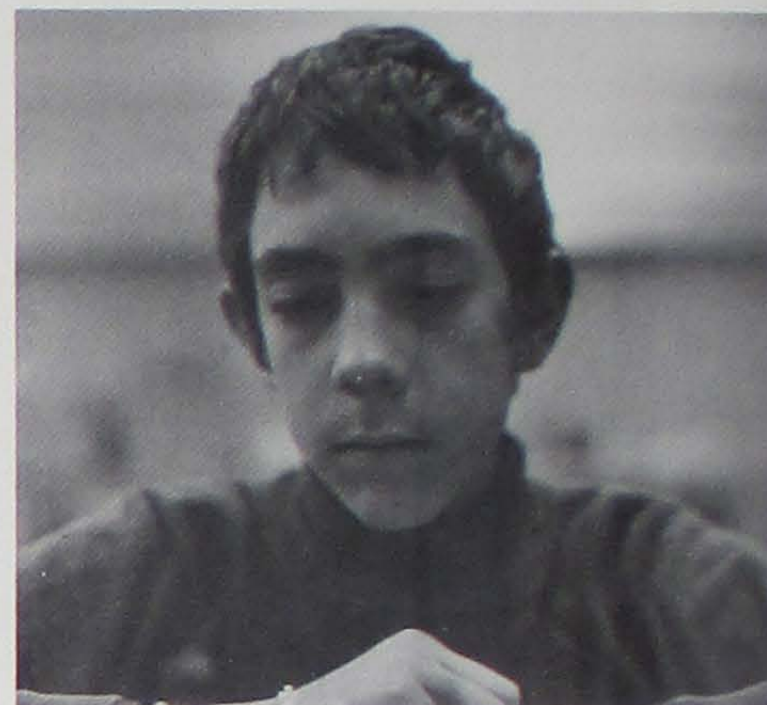
Applying his knowledge of mathematics and science, Drexler tutors other students voluntarily. He hopes to assist elementary children in their studies in the near future.

Along with tutoring, Drexler spends

his free time playing chess, solving math problems, keeping up his collections of butterflies, coins and stamps, and "doing stuff with nature." He enjoys working with computers, and during the football season uses them for scouting purposes. His predictions on the outcomes of varsity games have become famous and often controversial.

His interest in nature, especially animals, is clearly reflected by the zoo-like atmosphere at his home. His family keeps eight turtles, three cats, three snakes, fish and a Shetland pony. A mathematician is the title Drexler would like to hold in the future, but since there is not a great demand for specialists of this sort, he is considering teaching or research as a career choice.

Drexler likes AHS and thinks that it



has many attributes, notably the science and math IMCs. The one exception to this is the library, which he says "... is dumb because it doesn't have the materials I'd like to see in it."

Dave Hansel  
June Hanson  
Crae Harper  
Reginald Harrington  
Kimberly Harris



Van Harris  
John Hatten  
Ann Hawthorne  
Stephanie Helland  
Mark Hemingson



Paul Hempe  
Tony Henson  
Jenny Herbert  
Julie Herrick  
Katie Hiatt



Ted Hiedeman  
Sara Hilton  
Cyndi Hiner  
Kim Hogle  
Sandy Holthaus







Debbie Homer  
Gretchen Hougnon  
Jerry Houser  
Ted Huisman  
Bart Huscher  
Chari Huston  
Cindy Hutt



Carol Imsande  
Jim Ingram  
Jeff Inks  
Royd Jackman  
Cindy Jackson  
Cheryl James  
Stacey James



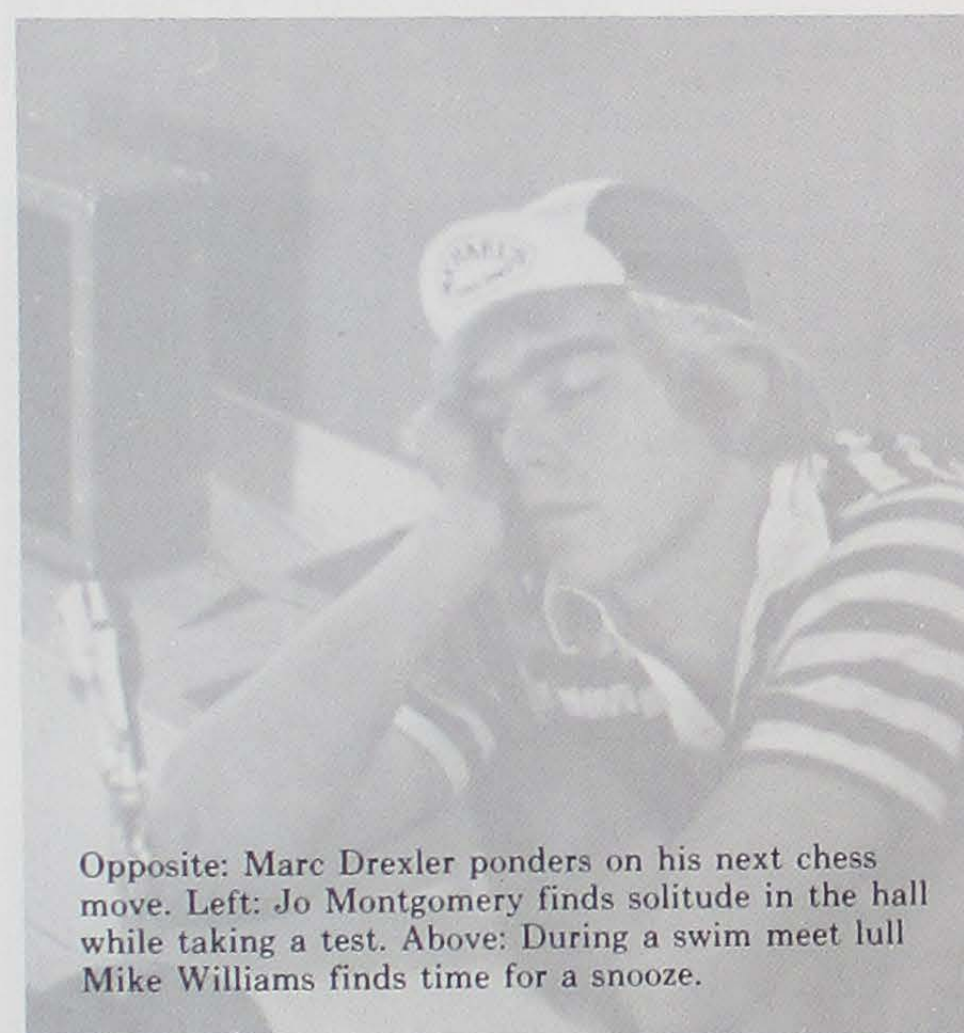
Jana Jennings  
Diane Johannes  
Dan Johns  
Malcolm Johnson  
Roger Jones  
Ron Jones  
Cindi Jorstad



Laurie Junkhan  
Mary Kane  
Mark Karas  
Belinda Kauffman  
Kathy Kauffman  
Dan Kayser  
Kevin Kellogg



Greg Kiser  
Peter Kitzman  
Mary Jo Klucas



Opposite: Marc Drexler ponders on his next chess move. Left: Jo Montgomery finds solitude in the hall while taking a test. Above: During a swim meet lull Mike Williams finds time for a snooze.



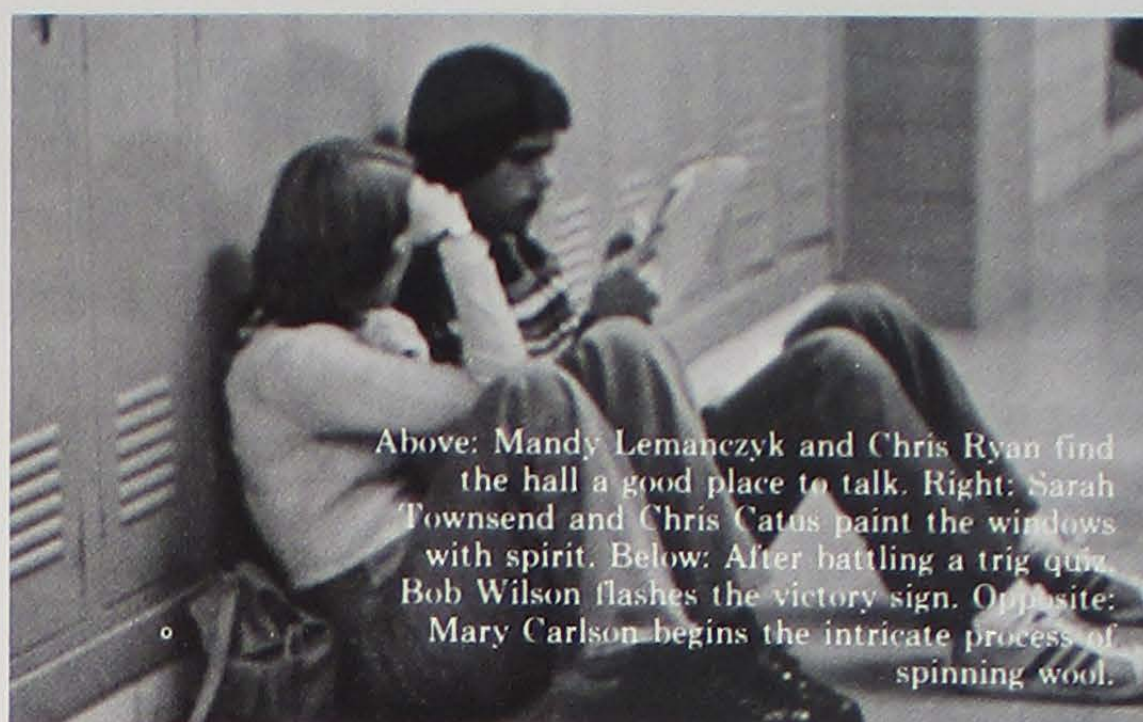
Paula Kluge  
Kent Kniss  
Wayne Knutson  
Dean Kopecky  
Mary Kopplin  
Cindy Lacey  
Lawrence LaMotte



Amy Landers  
John Larkins  
Tom Larsen  
Kathrin Lassila  
Donna Lawson  
Richard Lee  
Richard Leibold



Mandy Lemanczyk  
Judy Lemish  
Sam Lersten  
Dave Lesan  
Linda Liming  
Sharlene Lin  
Nancy Lippe



Above: Mandy Lemanczyk and Chris Ryan find the hall a good place to talk. Right: Sarah Townsend and Chris Catus paint the windows with spirit. Below: After battling a trig quiz, Bob Wilson flashes the victory sign. Opposite: Mary Carlson begins the intricate process of spinning wool.



David Litchfield  
Dennis Little  
Derek Lockamy  
Marcio Loureiro



Karen Luchan  
Royce Luft  
Gregory Lynder  
Doug Maas  
Liz MacBride  
Kevin MacIntosh  
Cindy Mahlstedt



Lisa Mangels  
Mari Marcum  
Bill Martin  
Leah Martin  
Mike Martin  
Cheryl Matheason  
John Mathias



Jon Mathiason  
Gale McClean  
Don McCormack  
Suzanne McCully  
Rhonda McIlwain  
Becky Meals  
Lisa Meany



Irma Mejia  
Sharie Mendenhall  
Janette Merrill  
Beth Methum



Joe Metzger  
Lori Michaud  
Kathy Michel  
Rod Middle



Jay Miller  
Mike Miller  
Sheila Miller  
Rita Milligan







Dave Minnick  
Mark Moberly  
Cheryl Montegna  
Jo Montgomery  
Paul Moore



Richard Morris  
Lori Mulhall  
Lisa Mully  
Erik Munn  
Scott Myers

# Mary

'All I want out of life is to be happy.'

A growing regard for the spinning of wool has captured the attention of many students, including junior Mary Carlson. Spinning is a process of taking wool in its natural form, carding it and making it into yarn. It then may be used in creating art projects.

Carlson's interest in this art was sparked when taking a weaving and spinning class, and she now hopes to perfect the technique. As a senior, she



plans to continue the art and would also like to get started in ceramics. Outside of school, Carlson enjoys foosball, bowling, and going out with friends. Commenting on her foosball ability, she says, "I can't play, but I do anyway!"

Carlson is also in a local bowling league. She spends several nights each week practicing and feels she is doing pretty well. "The reason I do it is to have a good time — It's fun!" Most of her free time, though, is spent with friends and cruising in her car. "I really enjoy having my own car. It doesn't cost as much as I thought it would." Her job as a cashier at a local grocery store helps cushion the expenses of her car.

After graduation Carlson would like to travel. She plans to visit Colorado, California, England, and Switzerland. These are the only future plans she has. "I live more day to day. All I want out of life is to be happy and to be myself."



Dave Nelson  
Kevin Netcott  
Peggy Newell  
Robin Nissen  
Sharon Norris



Tracy Nowlin  
William Nutty  
Carol Ogden  
Scott Olsen



Jim Olsson  
Carol Opheim  
Jim Oswald  
Nancy Overturf



Nadja Owens  
Joy Oxley  
Patty Pady  
Vance Pals



Toni Panos  
Rhonda Parrish  
Don Parsons  
Lisa Paulsen  
Mark Pearson



Brian Peters  
Anna Peterson  
Jan Peterson  
Robin Pierson  
Mike Pietz



Penny Poorman  
David Pope  
Ted Potter  
Alisa Powers  
Jo Powers



Shelley Prestemon  
Chrys Protnick  
John Pyle  
Tammy Rach  
Liz Radosevich



# Cheryl

'I like my job and I need the money.'

**T**raveling from one place to another allows a person to view the differences between schools and the students. The past year, Cheryl Montegna moved to Moline, Illinois for six months. After returning to Ames High, she feels she can see many differences between the two schools. "There was a lot of rioting at Moline High. Here it's quieter. Also, Ames has better sports and school equipment. The facilities here are fantastic." Montegna also enjoys traveling. While traveling, she takes the opportunity to meet people. Through her experiences, she has found that the people are the best part of AHS.

Because of her love for travel,



Montegna plans to become an airline stewardess. However, she is presently employed as a secretary at a Navy recruiting office. "I like my job, and I need the money. My car is always in the garage and I have to pay for it."

Like so many other people, Montegna fills her time with many activities. She dances two to three hours a day. While taking a traditional ballet class, she is also enrolled in modern dance. "I really enjoy dancing. The modern dance class is really good."

Although Montegna looks forward to traveling in the future, she seems to have found time to settle down and relax with people.



John Randolph  
Arlen Rasmussen  
Pat Rasmussen  
Teri Rasmussen  
Rob Ratashak







Tammy Ratliff  
Sara Reece  
Linda Richardson  
Kim Richer  
Kathleen Rinebarger  
Doug Robinson  
Mike Robinson



Tom Rockwell  
Tammie Rohovit  
Mark Rosewell  
Scott Rosheim  
David Ross  
Julie Rutter  
Chris Ryan



Kevin Sand  
Linda Sanders  
Jim Schlunz  
Cheryl Schmidt  
Jim Schoenrock  
Dave Schwieder  
John Scott



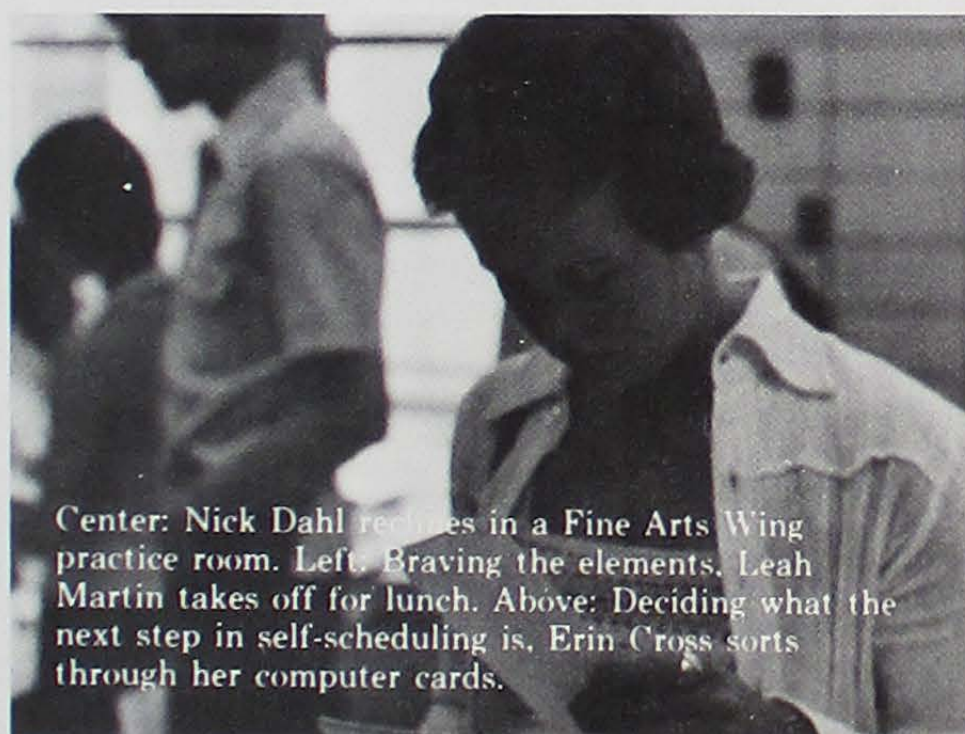
Greg Seaton  
Jean Seidel  
Jeff Server  
Kevin Shanks  
Brian Shears  
David Sherman  
Mark Sherwin



Chris Shires  
Julie Shoeman  
Kelly Shreve  
Steve Shuman  
Barb Sibley  
Lori Siedelmann



Rich Simmons  
Mark Simpson  
Polly Slater



Center: Nick Dahl reclines in a Fine Arts Wing practice room. Left: Braving the elements, Leah Martin takes off for lunch. Above: Deciding what the next step in self-scheduling is, Erin Cross sorts through her computer cards.



Becki Slavik  
Sonia Slavik  
Brian Smith  
David Smith  
Rob Smith  
Susan J. Smith



Susan R. Smith  
Kevin Snyder  
Kristy Soderholm  
Kathy Soper  
Terry Sorenson  
Suzy Spencer  
Kim Spurgeon



Gayla Steenhard  
Scott Stephan  
Joe Stephens  
JoAnne Stephenson  
Neal Stephenson



Karen Stewart  
Amy Stohlmeyer  
Kymm Stokke  
Janet Straker  
Cheryl Stritzel



Dan Stump  
Dennis Sutter  
Leanne Swenson  
Mike Temple  
Mark Templeton



Rae Terrones  
Scott Thiel  
Kyle Thomas  
Craig Thomson  
John Thornton



## 'I like working on cars ... motorcycles.'

**B**reak 10" Go Break "This is Rubber Duck breaking for Blue Angel, got your ears on?" Hearing this isn't uncommon for many people including CB owner Jeff Tostlebe.

Like many other students he has joined the recent craze and finds it a lot of fun. "I use my CB mostly while cruising. I think it's great!"

Besides being a CB fan, Tostlebe has many other pasttimes. He is presently involved in auto mechanics because he has an interest in the working of

engines. "I like working on cars; I do it when I have time. I work better on motorcycles because I spend a lot of time keeping mine running. I ride motorcycles just for the fun of it."

What time Tostlebe has left, he spends water skiing, hunting, at concerts, or working. Most of his time is spent working at a gas station. "I do it for the money but also I like the work and the people."

Tostlebe likes school for the learning and friends. He feels "school takes up too much time. I'm always wishing I were somewhere other than class. I'd rather be traveling, going most anywhere." "I don't know exactly what I'm going to do after high school.

I might take a little time off but not much because it is to hard to get

back into school. I haven't decided between going to college or entering the service. I've been thinking about joining the Navy or Air Force, I don't know which."



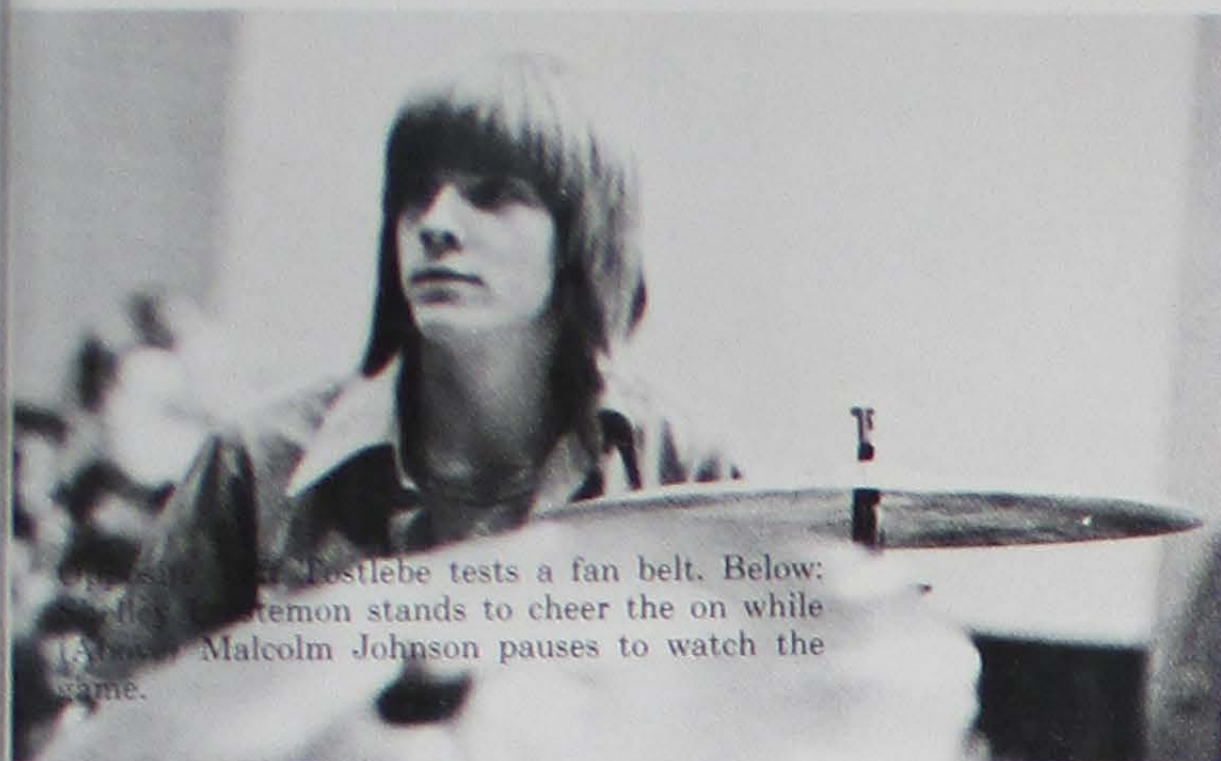
Beth Thurman  
Jeff Tostlebe  
Sandor Toth  
Sarah Townsend  
TJ Triplett



Mary Truhe  
Michelle Tryon  
Douglas Tschopp  
Vickie Valker  
Le Thi Van





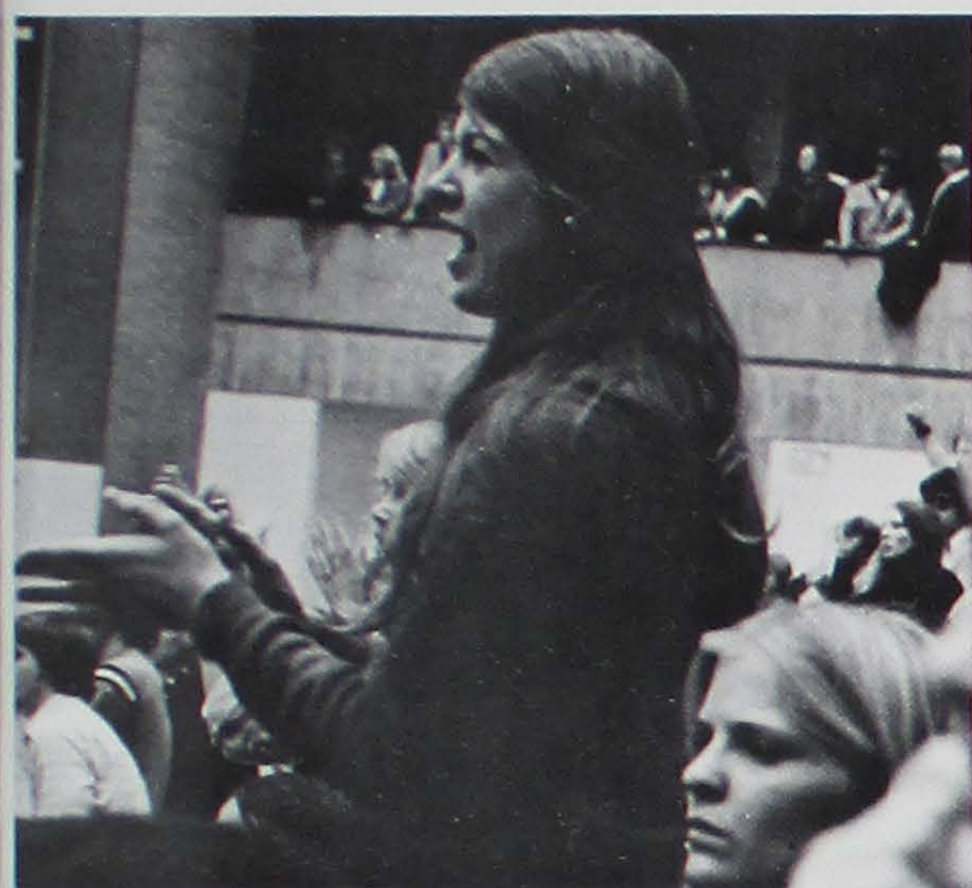


Malcolm Johnson tests a fan belt. Below: Johnson stands to cheer the on while Johnson pauses to watch the game.

#### SOPHOMORES NOT PICTURED:

Thang Chu  
Diane Kelly  
Reed McPhail  
Douglas Porter  
Sheri Powers  
Mike Pratt  
Debi Schwabbauer  
Diney Stadler  
Tom Sullivan  
Gerald Young  
JUNIORS NOT PICTURED:  
Steve Aitchison  
Jim Ball  
Dirk Beal  
Craig Charlson

Kevin Dale  
Alborz Eshaghzadeh  
Brett Gourley  
Jean Hassenfritz  
Garry Holdredge  
Steve Kuehl  
Larry LaRock  
Ralph Maxwell  
Janelle McKinney  
John Mehle  
Keith Ridenhour  
Bob Shaffer  
Tim Shahan  
Bruce Weber  
Cindy Williams  
Peggy Wright  
Melinda Young



Karen Van Drie  
Bea Van Fossen

Chris Van Guilder  
Heyo Van Iten

Steve Van Marel  
Matt Vetter



Paul Volker  
Dave Waggoner  
Julie Waggoner  
Stephanie Waggoner  
Tori Wagner  
Lee Wallize  
Tom Wandersee



George Wandling  
Sara Warman  
Julie Waters  
Diane Weigel  
Nancy Weiss  
Beth Wessel  
Lee Whitmer



Debbie Wierson  
Doug Wierson  
Angila Wiggins  
Bruce Wilder  
Dave Willatt  
Julie Williams  
Mike Williams



Jay Willsher  
Bob Wilson  
Greg Wilson  
Ann Wirtz  
Virginia Wood  
Joann Woodley  
Cindy Wooldridge



Mary Ellen Woolley  
Rick Yegge  
Lisa Young  
Kevin Yungclas  
Paul Zbaracki  
Rick Zickefoose  
Amy Zupan



# Steve

'I hope to write my own music some day.'

**I**t was the easiest \$1.50 he had ever made. "There was a piano down in the cafeteria one day," said Steve Thompson, senior. "I sat down and started to play. People gathered around. When I was done, they started clapping and throwing dimes. They also asked me to play more. I sure didn't mind the money." Thompson has been playing the piano for nine years, but took lessons for only the first seven. "The first time I touched a piano, my teacher taught me a song." Now Thompson plays about a half hour a day, either using sheet music or listening to the radio and then playing the songs from



memory. The amount of harmonizing Thompson uses depends on the type of music he plays. With Barry Manilow's music, he breaks up the chords playing one note at a time with the left hand, while rearranging the melody with his right.

Neil Diamond is the easiest to play according to Thompson. But Neil Sedaka, Elton John and Barry Manilow are his favorite artists to listen to and play.

Thompson doesn't sit around all week just playing the piano or doing his homework. Tennis or squash is second on his priority list. "I like tennis best, but I play squash when I can't find a tennis court."

Once a week for two hours is all Thompson plays tennis during the winter when there are few courts available. So instead he gets out his squash racket and pounds the ball against the squash court at Beyer Hall. "Squash goes well with tennis because you use full strokes as needed for tennis."

Pianos and tennis will stay in Thompson's life; he says, "A true musician writes his own music, plays it, and performs it. I hope to write my own some day. But right now, I'll play from the radio . . . . My dad likes to hear me play anyway."

Michelle Abbott



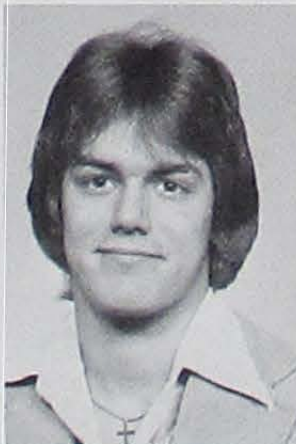
Rimma Abian



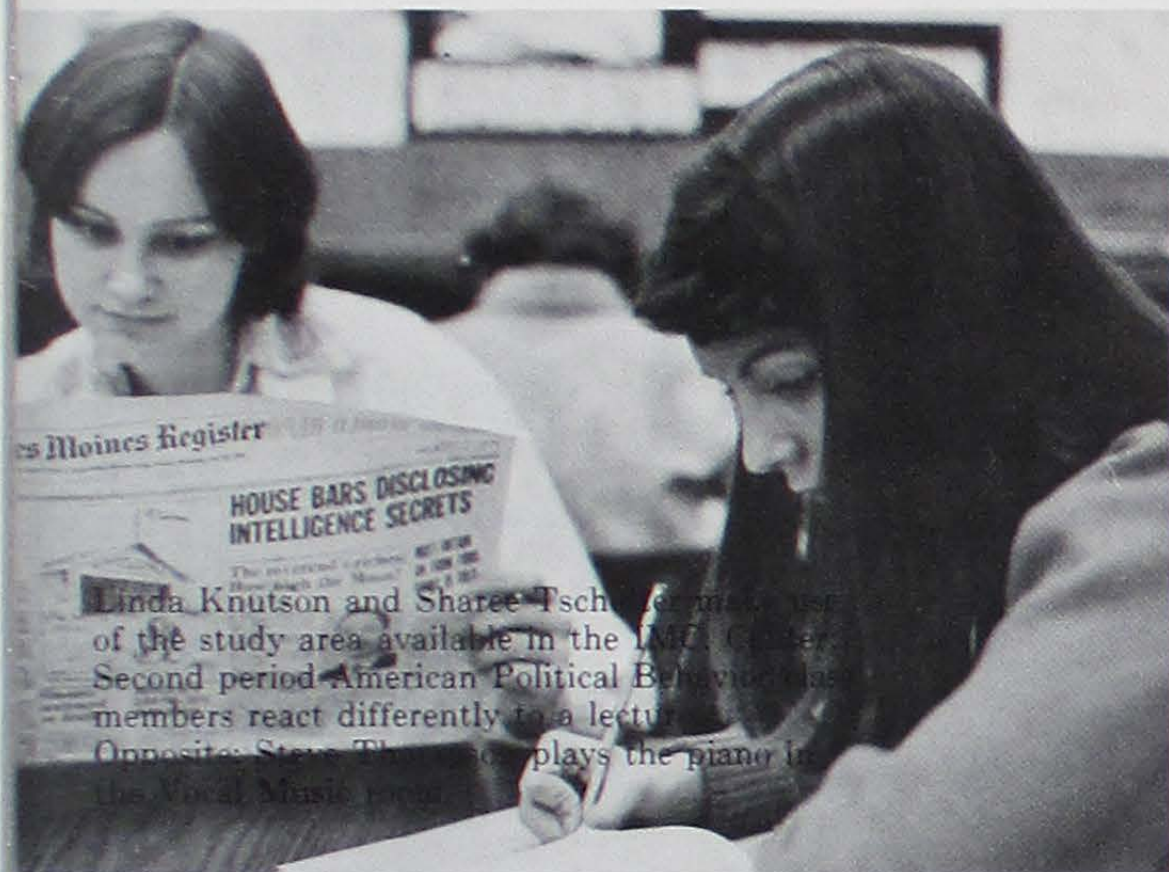
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Karen Allen  
Paula Allison



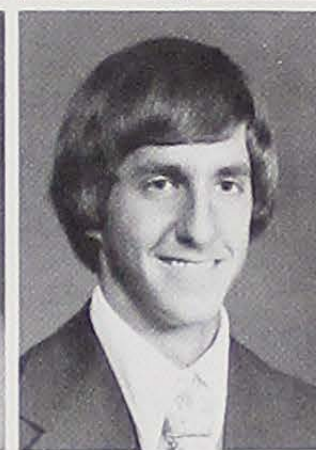
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Kay Anderson  
Marla Anderson  
Mike Anderson







Jay Apel  
Mike Arnette  
Tracy Arnold



Steve Atkins  
Tom Augustyn  
Tim Babcock



Marly Baena  
Kary Bahr  
Kim Bailey  
Lynn Baker  
Jyoti Bal



Ron Ball  
Christina Barnes  
Linda Barnett  
Renee Barnhouse  
Mike Barrett



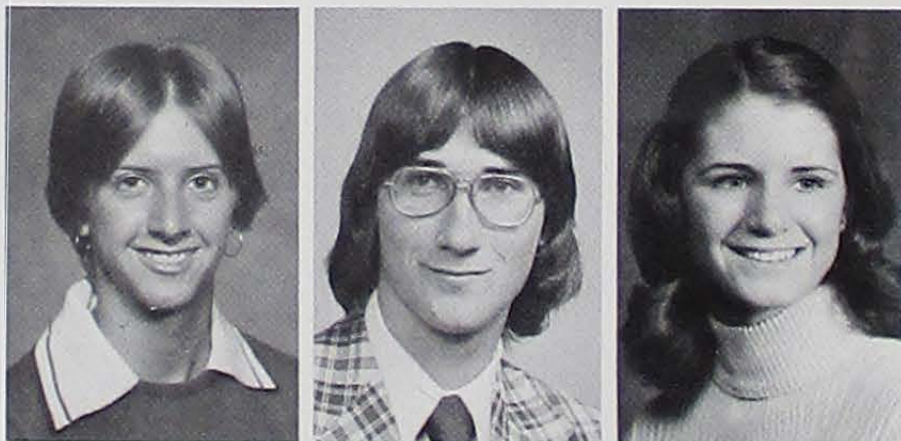
Mollie Baumel  
Libby Beall  
Sam Beattie



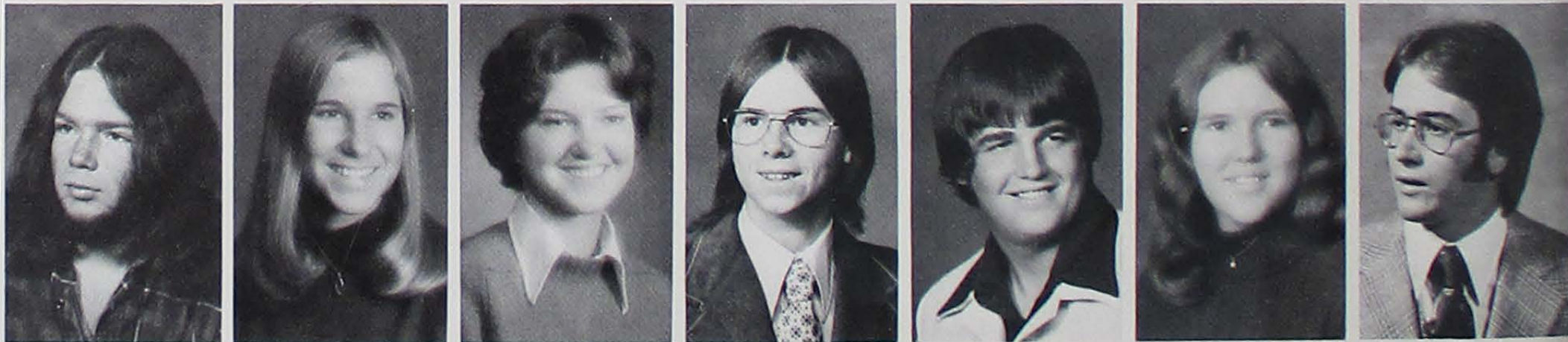
Ed Beaudry  
Karla Bell  
Ross Bell



Lisa Berger  
Mike Besch  
Connie Birdsall



Read Blinn  
Candy Block  
Kathy Bodine  
Rob Bohnenkamp  
Steve Borts  
Cindy Bowers  
Jon Boyd



Jay Apple during class. Lower  
Right: At the Discovery Dinner,  
Mary [unclear] her lil' sis. Upper  
Right: Donna [unclear] on her piano at  
home.



# Donna

'I didn't really think about going into music until high school.'

Ever since third grade, when she began taking piano lessons, music has played a major role in the life of Senior Donna Rod.

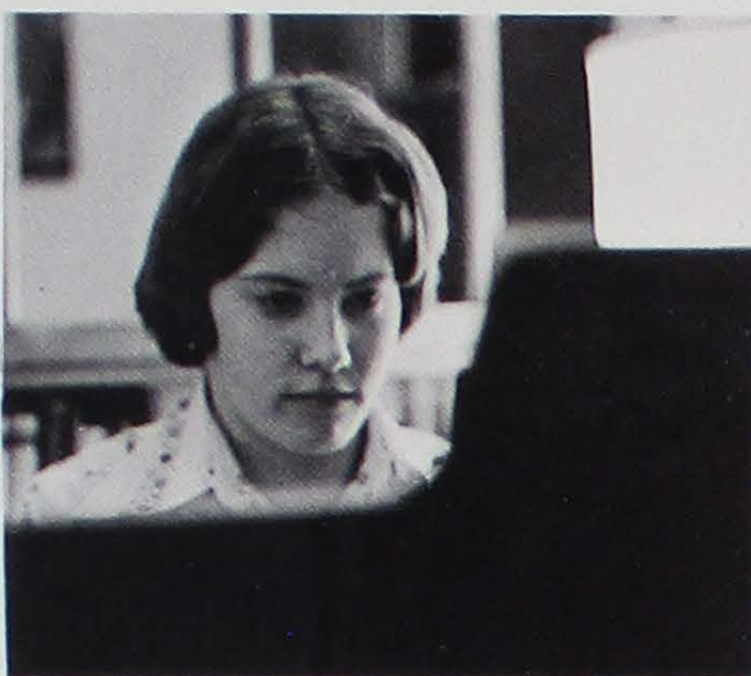
Rod is involved in the usual activities one would expect a typical music student to be in. She plays the viola and piano in orchestra and choir. In her underclass years she went on both the choir and orchestra trips. But Rod is more than the typical music student in that her talent has brought her some impressive accomplishments. For the past two years, Rod has played in the all State Orchestra, and the Iowa State Symphony, where concerts are given five or six times a year.

Although it wasn't a childhood dream, Rod is now planning a career in music. "I didn't really think about going into music until high school."

Rod is certain of her future, at least

for the next few years. She received two \$300 scholarships from Augustana College, for outstanding grades and musical achievements, and plans to attend the small liberal arts school in Rock Island, Illinois. One of the many qualities of Augustana, Rod mentions, is that it is located near the Tri-Cities Symphony, which she hopes to play in some day. "I'll miss Ames High," Rod says, when thinking of graduation, "but I'm looking forward to going on to something new."

Rod thinks that the "freedom, wide



course selection, and opportunity for special trips," are the nicest aspects of high school. She agrees with many members of her class that "Senior year is the greatest," and adds, "with fewer courses and more free time, I've gotten to know more people."



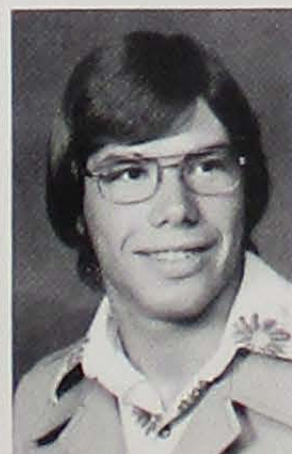
Frank Brady



Steve Braymen



Kim Breckenridge  
Carolyn Brown  
Dan Brown  
Diane Brown



Kevin Buck  
Sara Buck  
Jim Bump  
Esther Burchinal





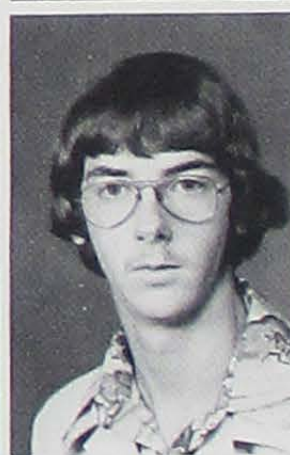
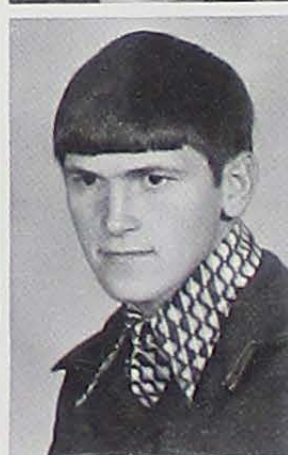
Andreas Burckhardt  
Matt Burgason  
Marietjie Burger  
Elaine Burnet  
Eric Butler  
Craig Calhoun  
Tom Callies



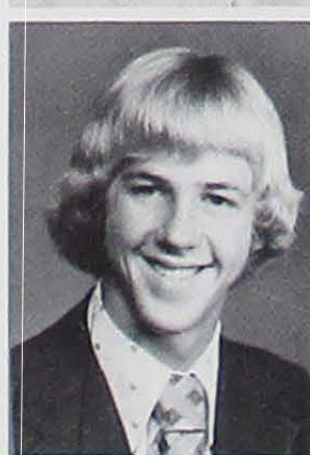
Julie Carey  
Tim Carr  
Bob Christenson  
Denise Christenson



Joel Christianson  
Ken Clark  
Mike Clatt  
Dave Clinefelter



Steve Clinefelter  
Michelle Coady  
Michelle Cochrane  
Patti Collins



Taking a breather, Dave Wedin watches intramural basketball action at the Central Junior High gym. Opposite: Dave Crawford rests after a workout in the weight room.



# Dave

'I take one day at a time and, do the best I can.'



**E**xactly what does it take to become a senior? According to Dave Crawford, becoming a senior means controlling your freedom and combining it with responsibility. "For example, here, teachers don't treat you as children; they don't act superior." Another prerequisite is making an effort to get to know a lot of people, in fact, Crawford rates this as one of the high points of his high school year.

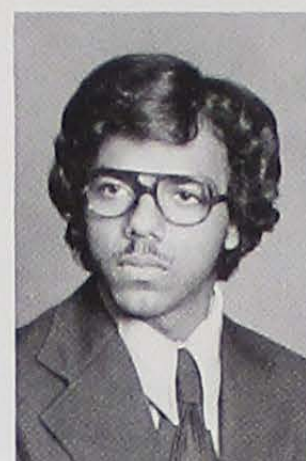
Athletics has been Crawford's top-

notch priority. He chose to spread his talents among football, basketball and track in his sophomore and junior years, but as a senior he opted for intramurals instead of the varsity program. Although highly adept at all three sports, track seems to be his favorite. After finishing fifth in the state meet as a junior member of the 880 relay, Crawford has launched even higher hopes for the '76 season.

With the indoor season well underway, Crawford noted the many alterations since last spring. He commented, "Last year we were divided. The seniors acted superior. Now we're more of a team. I'm also trying harder. I came into the season aiming to start off where I finished last year."

Anticipation of the Drake Relays and the state meet enable Crawford to overcome any mental barriers that may develop. His prerogative is to "always do better than before," a valuable guideline when it is incorporated and fulfilled as in Crawford's track career, yet academics too are important and run a close second. However Crawford reasons that "I'd rather have a B and have a little fun than cram my brain all of the time."

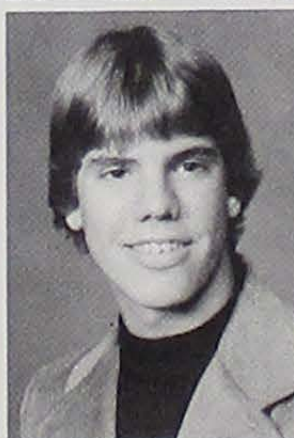
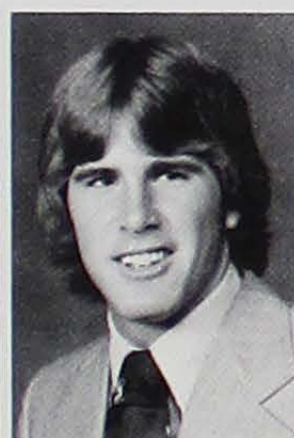
"I take one day at a time, and do the best I can — but I still have fun while I do it."



Wilfred Colon



Joyce Conley



Amy Cook  
Lori Coon  
John Couture  
Richard Crane  
Dave Crawford  
John Crawford  
Rick Crom



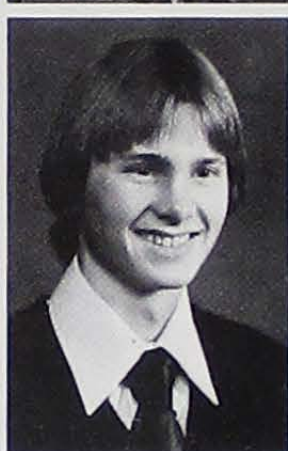
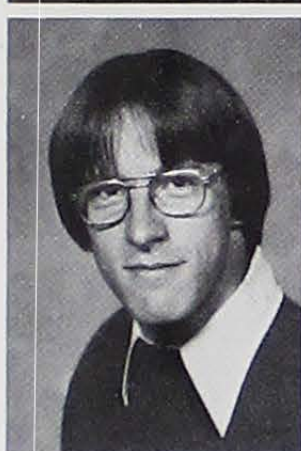
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Mitch Delaney  
Lois Deming  
Denise Dennis  
Jeannine DeWees  
Sam Doty  
Norma Dowell



Jody Dunlap  
David Dunn  
Barb Ebert  
Tammy Edwards



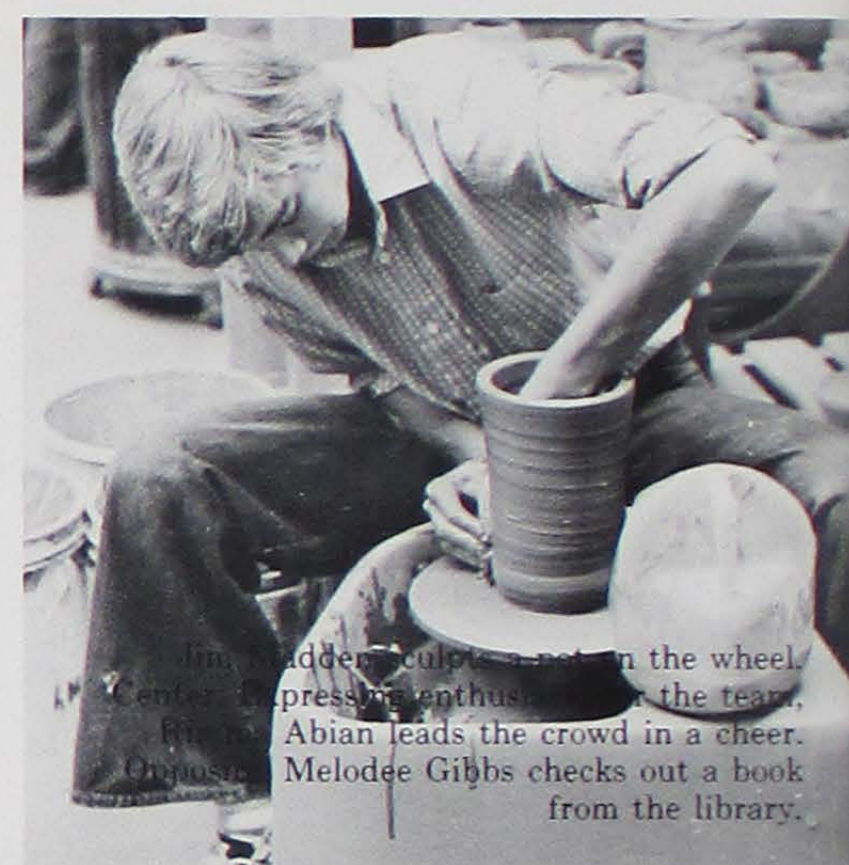
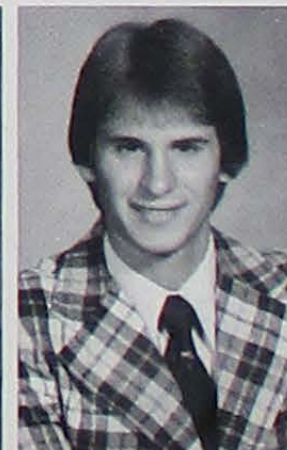
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John Elbert  
Dave Elliott  
Barb Ellis



Terri Ellis  
Mark Ellson  
Jackie Elrick  
Kris Engelstad  
Phil Engen  
Mark Eshelman



Lisa Fawcett  
Dyann Fields  
Valerie Fields  
Randy Fitzgerald  
Todd Flemmer  
Cindy Fournier





# Melodee

'I'm looking forward to college, but I know it's going to be hard.'

**W**ith future plans fairly concrete, Senior Melodee Gibbs is ready to take on a whole new life style, and she isn't going to waste a second! Gibbs' first plans are "going to Lake Okoboji during senior week to relax." Upon her return and directly after graduation Gibbs plans to move into a trailer with a close friend. The rest of her summer will "hopefully" be spent traveling. "I want to go to Texas and stay with my uncle. I've always wanted to go there and I'd stay for two or three weeks, however long I can get off work. I'll then be able to visit New Mexico which will be exciting. I love to travel though I haven't done it very much. I've been to Seattle and loved it; it's beautiful country! If I did travel a lot I'd fly. I think it's exciting to fly."

To help finance her travels Gibbs

works full time at a local pizza establishment. "I like working there because I enjoy working with people."

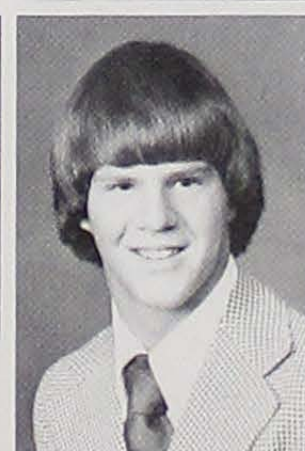
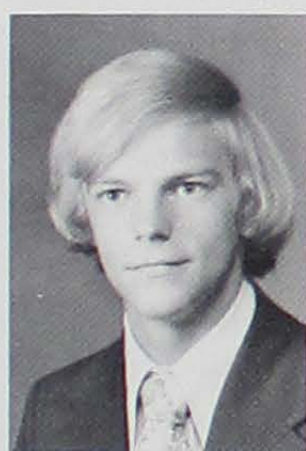
In the fall Gibbs plans to attend the University of Northern Iowa and major in business. Her decision to enter this field was basically influenced by DECA. "DECA really helped me settle on this field. I think business management or advertising sounds very interesting. I'll have to work my way through college. Hopefully I can get a better job. I'm looking forward to college, but I know it's going to be hard. I've always had to work hard for my grades but — I'm going to make it!"



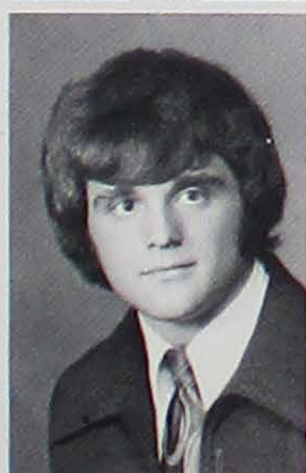
Janis Frahm



Stephanie Frangos



Mark Frederiksen  
Pat Freeman  
Barb Friederich  
Doug Fuller



George Garifo  
Sandy Gass  
Nancy Gehm  
Sheri George





# Diane

'... in projects  
ranging  
from gardening to  
veterinary science  
,  
....

Involved and busy are the two words that best describe Senior Diane Schwieder.

She has been a cadet teacher, and a health occupations student at the hospital where, she notes, "I especially enjoyed the patient rapport." This program has encouraged Schwieder to consider a career in nursing. She will "probably" attend an Iowa college, such as Simpson or Cornell. A trip to France highlighted Schwieder's junior year, but she describes it as frustrating. "I wasn't prepared for the trip because I didn't know enough French; I did get a lot out of it though."

When in France, Schwieder expected to find many differences between Americans and the French, but instead she found them very much alike. "I was amazed at the

similarities. I guess people are the same around the world."

Outside of school Schwieder is very active in her church. She is on her church's district youth council, and helped organize a Bible study group which she participates in. Involved in 4-H Club for years, in projects ranging from gardening to veterinary science, Schwieder is currently in art, studying macrame. She also rides her Arabian gelding, Dhondo, in horse shows and modestly admits that she has "brought home a couple of trophies."

Schwieder prefers her senior year over



any other because, "I feel I have more placing than I did in previous grades."

"The people and the activities that bring them together" are her favorite aspects of high school. Schwieder's feelings about graduation are mixed.

"I want to get out, yet I'm wary because I'll miss the security that high school offers."

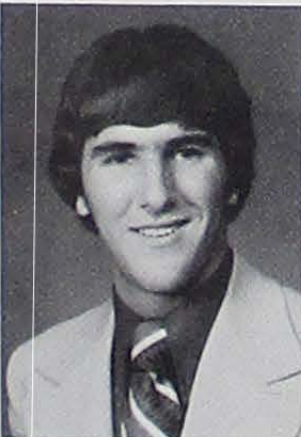
Karen Gerber



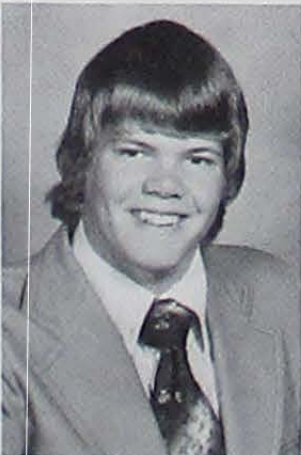
Melodee Gibbs



Scott Gibson  
Julie Gilman  
Laury Goll  
Katie Goodland  
Chuck Gratto  
Cheryl Green  
Melissa Gregory



John Greve  
Curt Griffin  
Dave Grindeland  
Lynn Gruber  
John Hackman  
Chuck Harmison  
Barb Hart







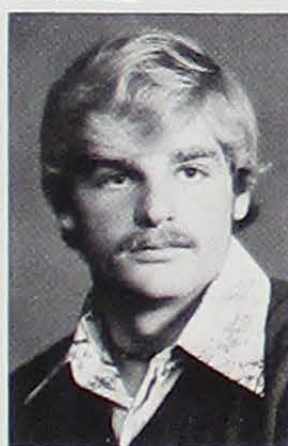
Tuba player Ed Beaudry prepares to leave on the band trip to the Cedar Falls game. Opposite: Diane Schwieder participates in a Bible study group.



Mark Hartman  
Todd Hauser  
Peggy Haviland  
Kirk Heer



Mark Hempe  
Jack Hensley  
Owen Herrnstadt  
Laura Hickman



Peggy Highland  
Tom Hinders  
Greg Hobbs  
Kay Hocker



LeAnn Holbrook  
Dave Hollenbach  
Debbie Hollenbach  
Susan Holt



# KARL

'In the future, I'd like to get into something . . . with the outdoors.'

**E**xperiences. Some people brag about them, some tuck them secretly away to review in privacy, others simply wish they had more. Experiences abound in high school life, enriching character and refining capabilities. Yes, experiences are what life is made of and Karl Methum is someone who has certainly acquired his share.

As a young child, Methum's father kept a boa constrictor as a pet.

Apparently the idea caught on, for Methum, over the years, has cared for some 100 snakes, a misguided ground hog and disabled pigeons. "I really like animals. In the future I'd like to get into something with animal behaviour or forestry-something having to do with the outdoors."

Coming to Ames from Minnesota just before his sophomore year, Methum found quite a few transitions. Instead

of reeling in northern, the streams were populated with carp, while hockey, "which was bigger than basketball in Minnesota," was almost non-existent, and Hilton coliseum somehow failed to draw the same assortment of groups that drifted into Minneapolis each week. Methum, however, adapted admirably.

After his sophomore year he hitchhiked to Wolfman Jack's three day concert in Sedalia, Missouri, enduring 103 degree heat, but meeting "more people than I could count." Last summer he traveled with friends to Canada to fish, armed with only minimal supplies.

In response to the sudden hockey boom in Ames, Methum grabbed the open opportunity and conquered the season, possessing the most assists and goals on his team, which finished fifth in the state.

If experience and a resourceful background is a measure of readiness for the future, then Methum is ready for anything.



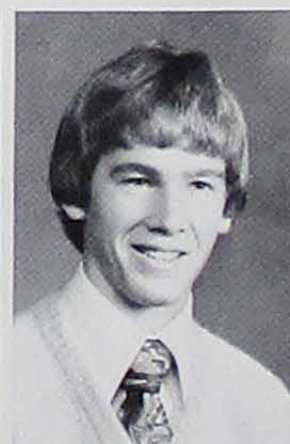
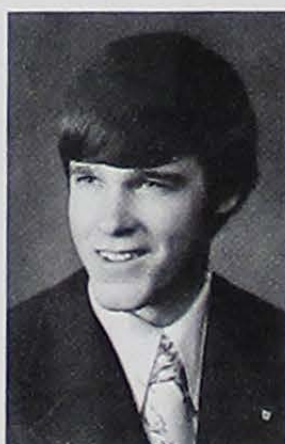
Patty Holter



Melinda Homer



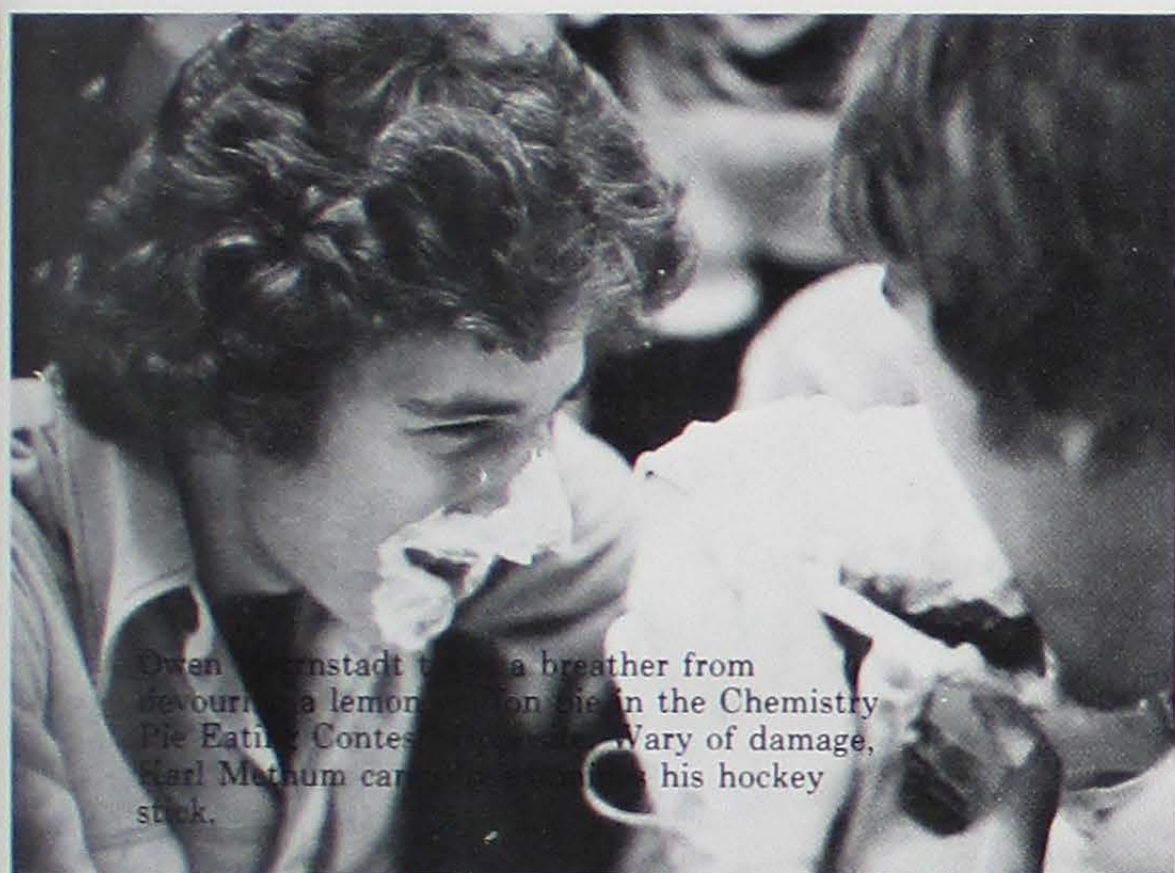
Julie Hough  
Paul Hudson  
Steve Huston  
Mike Hutchison  
Scott Impehoven  
Sue Inouye  
Brian Jenkins



Forrest Jensen  
Karen Johanns  
Eric Johnson  
Melinda Johnson  
Mitch Johnson  
Quent Johnson  
Julie Jones







Owen Ernst takes a breather from devouring a lemon pie in the Chemistry Pie Eating Contest. Wary of damage, Earl Methum carries around his hockey stick.



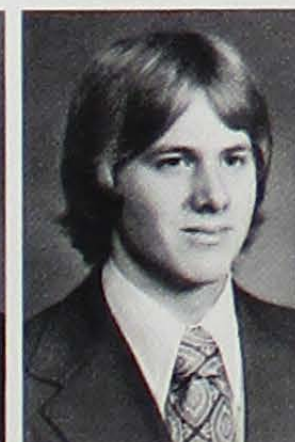
Chris Kauffman  
DeeDee Kelly  
Karen Kever



Craig Kinart  
Jeff Klaus  
David Kline



Rob Klingseis  
Linda Knutson  
Ron Knutson  
Jim Kolmer  
Ann Kreamer  
Martha Lagomarcino  
Carolyn LaGrange



Teresa Lassegard  
Aaron Ledet  
Mark Lockridge  
Bob Louis  
Mike Louis  
Mary Ann Love  
Kathy Lowary



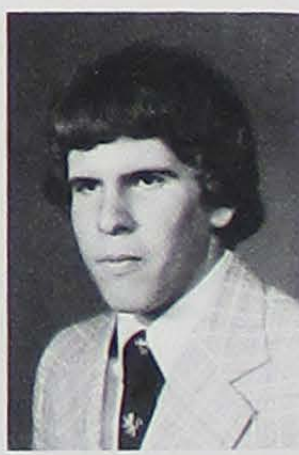
Wendy Lundquist  
Paul Maakestad



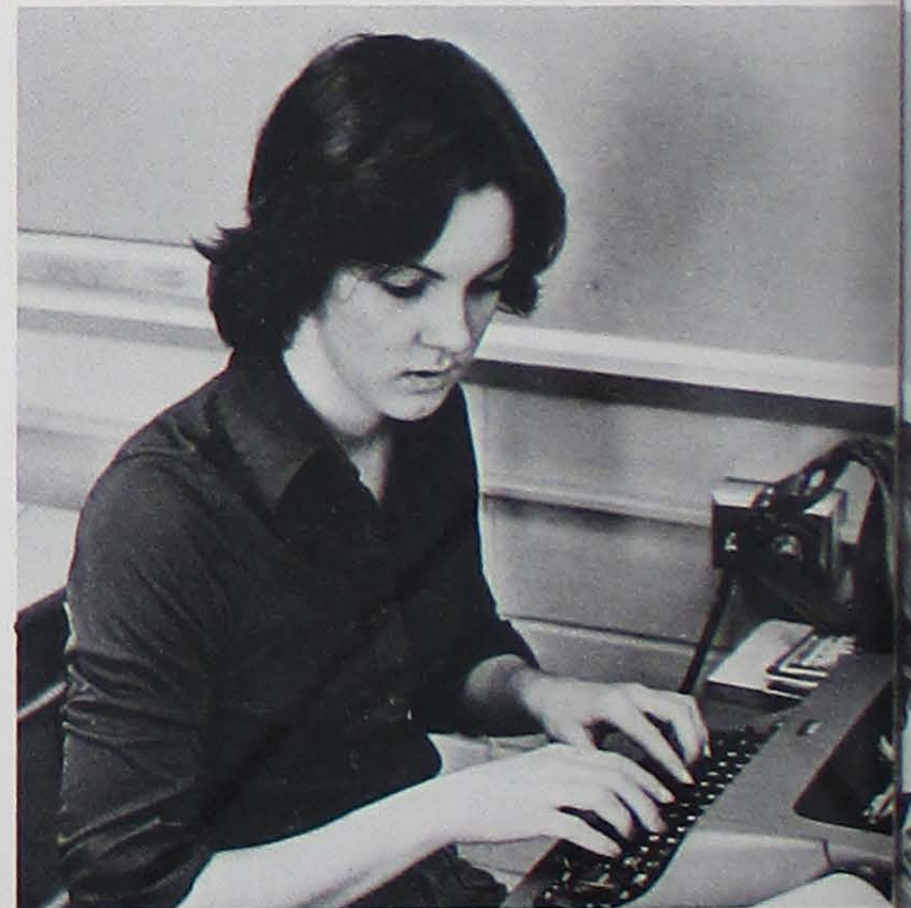
Jim Madden  
Angie Madsen



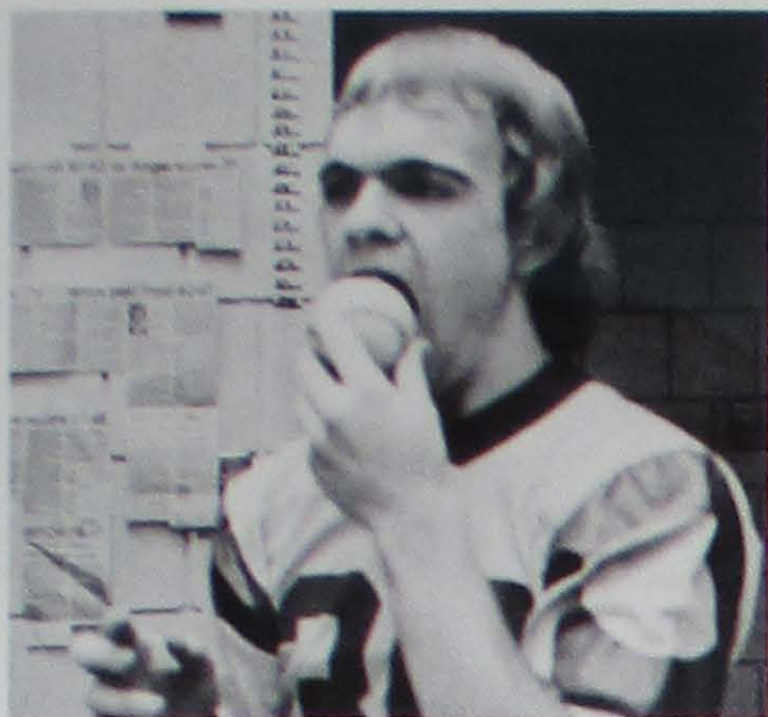
Diana Marcum  
Don Maroney  
Connie Martin  
Jerry Martinson



Sarah Mason  
Toni Mason  
Monica Matt  
Ruth Maxon







# Gary

'I set no real goal

... just relax and enjoy.'

**A**mes High has changed Gary Redmiles — not drastically, but there have been a few minor adjustments since he first stepped through the doors of A.H.S.

Sophomores often find that high school is an abrupt transition from junior high. No longer are they in the spotlight. All recognition is directed toward the senior class, leaving the soph out in the cold, an unfamiliar

position. In order to retain their status, many sophomores assume a disposition characterized as rowdy, and Redmiles fit this description fairly well. As sophomores, Redmiles recalls, "Before, rules were adjusted to the situation. Now it's all on the line; everyone's going by the rules."

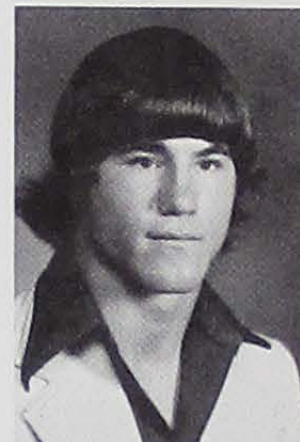
As a sophomore or junior, Redmiles' recreational activities included such pasttimes as pulling "capers," for example, strategically planting a "lawn of the month" sign in a yard with a four foot high overgrowth. Redmiles theorizes that, "You have to be able to find humor in everything — no matter how terrible things might get."

Now, two years later, Redmiles spends his free time working at Nims, quite a shift from the happy-go-lucky sophomore days. Redmiles explains, "You have to readjust to go on the job. There, freedom is tied in with responsibility, a mix which I feel is a good combination."

Redmiles also broke into the starting line-up for baseball, a "finesse" sport, as he terms it, and one which requires ultimate self-discipline. Nonetheless, Redmiles could be accurately classified as a "free spirit" — easygoing, even-tempered, liberated from any overbearing responsibility. He summarizes his outlook by saying, "I set no real goals. I take life as it comes — just relax and enjoy it."



Bill McCall



Dan McCullough



Nancy McCullough  
Joy McCully  
Jim McGee  
Barb McVeigh  
Mary Meador  
Mike Mensing



Dave Mercier  
Dave Merritt  
Karl Methum  
Mary Michel  
Merna Middle  
Judy Miller



# Tom

'Consider me a drifter; I never want to settle down.'

A true "on the go" person is Senior Tom Augustyn. Tom is always moving, whether on the wrestling mat, the football field, or moving from state to state. Augustyn has been on both the wrestling team and football team for two years. "I wrestle and play football and baseball. I always have been interested in wrestling and had heard Iowa was good in it so when I moved here before my junior year I was really interested in the sport. Coach Mendenhall helped convince me to compete on the team. Also, just for fun, I'd like to learn to box. I'd really like to do it but it's only an idea right now. I spend probably half to three-fourths of my time with sports. The other time is taken up with school. I can't stand to just stay at home, I'd rather be working out."

Besides sports Tom is especially on the go when it comes to continuing education. Several days after graduation Tom is moving to Emporia, Kansas to attend a



carpentry trade school for one year. After that he hopes to either attend college in Emporia or possibly join the service. The service appeals to Tom because he feels "it helps a person to grow up and really helps one learn about life."

Augustyn is very enthusiastic about living in Emporia. He was born near there and every summer he returns and lives on a ranch with his brother.

Comparing Ames High students to people of Kansas he says "people are different here. You have to get to know them, they won't come to you."

Tom hopes to always be on the go. "Consider me a drifter; I *never* want to settle down!"

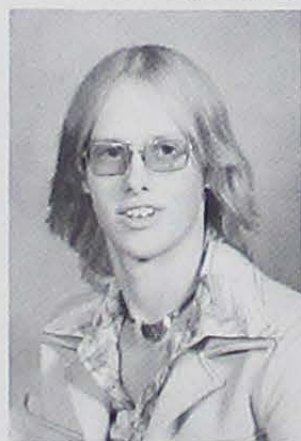
Teresa Miller



Joe Milliken



Steve Mimnaugh  
Jim Mischke  
Dan Mohr

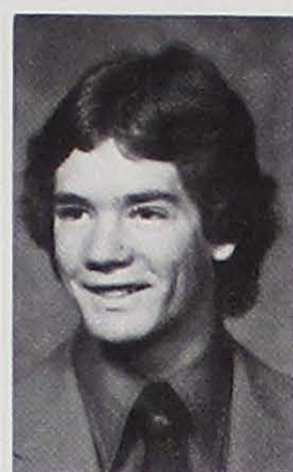


Mary Montag  
Angie Moody  
Mary Moore



Propping themselves up against the lockers are Randy Moore and Dennis Sweeney. Above: Tom Augustyn studies in the Library during a free period. Opposite: Half-silhouetted by the window, Janis Frahm celebrates another girls' swim team victory.

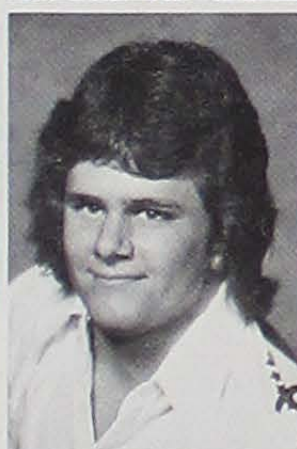




Mike Moore  
Randy Moore  
Betty Morgan  
Walter Morris  
Sandy Morrison  
Joel Morton  
Joel Mount



Eric Nelson  
Kim Nelson  
Roxanne Newell  
Per Nilsson



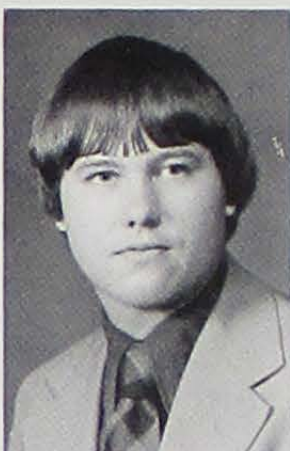
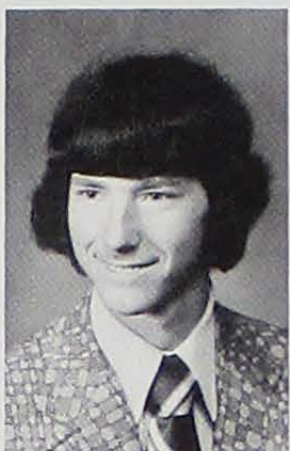
Rhonda Nilsson  
Jeff Nordin  
Wayne Norton  
Pat O'Connor



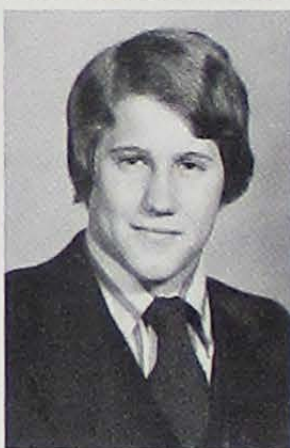
Judy Olson  
Lisa Olson  
Paul Orngard  
Gwynn Owens



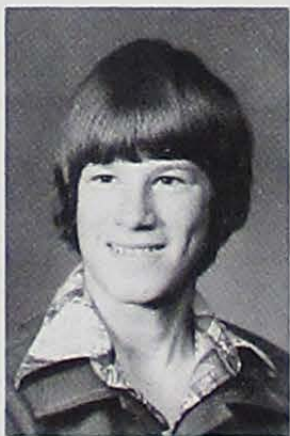
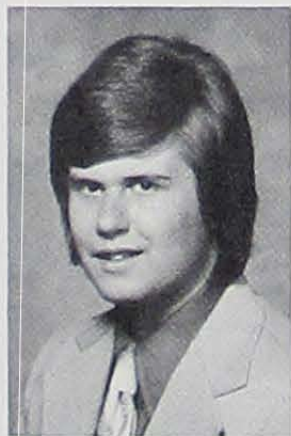
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John Packer  
Greg Paulson  
Jane Pearson



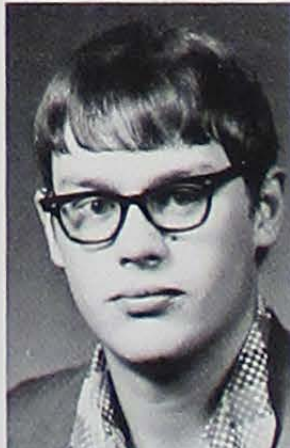
Linda Pearston  
Debbie Pelz  
Rick Perrin  
Tom Perry



Brian Pesek  
Mark Peters  
Karen Pille  
Jennifer Poorman



Russ Pounds  
Kathy Powelson  
Dan Presley  
Lisa Prestemon  
Peggy Prim  
evin Quinn  
Annette Raper





# Teresa

'I like working with people . . . little children.'

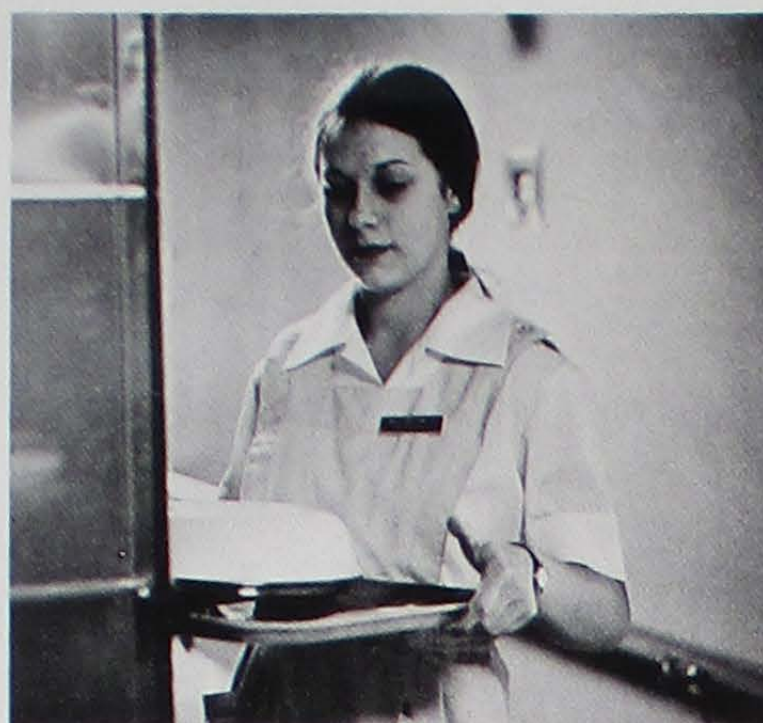
**T**eresa Miller has always wanted to be a nurse. "I like working with people," she says. She enjoys social and church work and nursing is her way of combining "helping and witnessing."

Miller is involved in Health Occupations which takes up a good part of her time. The program involves class work and floor work. Each student is assigned to help care for one to three patients.

College plans for Miller include three years of nursing school at either Iowa Methodist or Iowa Lutheran. She plans to earn her RN degree and then get a job, hopefully as a pediatrics nurse. "I enjoy working with little kids." After working awhile, Miller would like to go back to school and major in pediatrics.

With her full schedule, Miller has little time for things she really enjoys. She was forced to drop choir, but continued to take voice lessons with a

student teacher. One of Miller's best experiences in high school was a choir trip in her junior year. She notes that it "unified the group a lot" and in the process the choir developed a "fantastic sound."



Over the past year Miller has gotten involved in her church group and participates in the Onward Ambassadors for Christ program. She spends the weekend meeting people, singing songs and having a great time. She describes the program as a "fantastic experience."

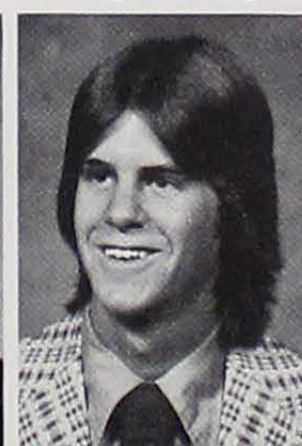
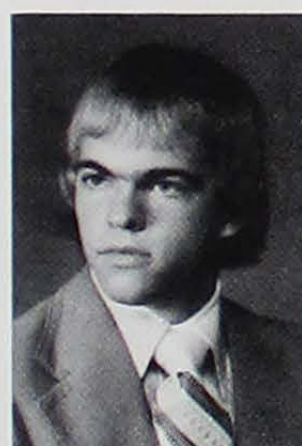
Miller is looking forward to graduation and college, "It's scary but exciting!" She offers this advice to incoming students, "Don't get bogged down with studies, or you'll miss out on fun," and adds "Work for trips, those are great!"



Alison Rasch



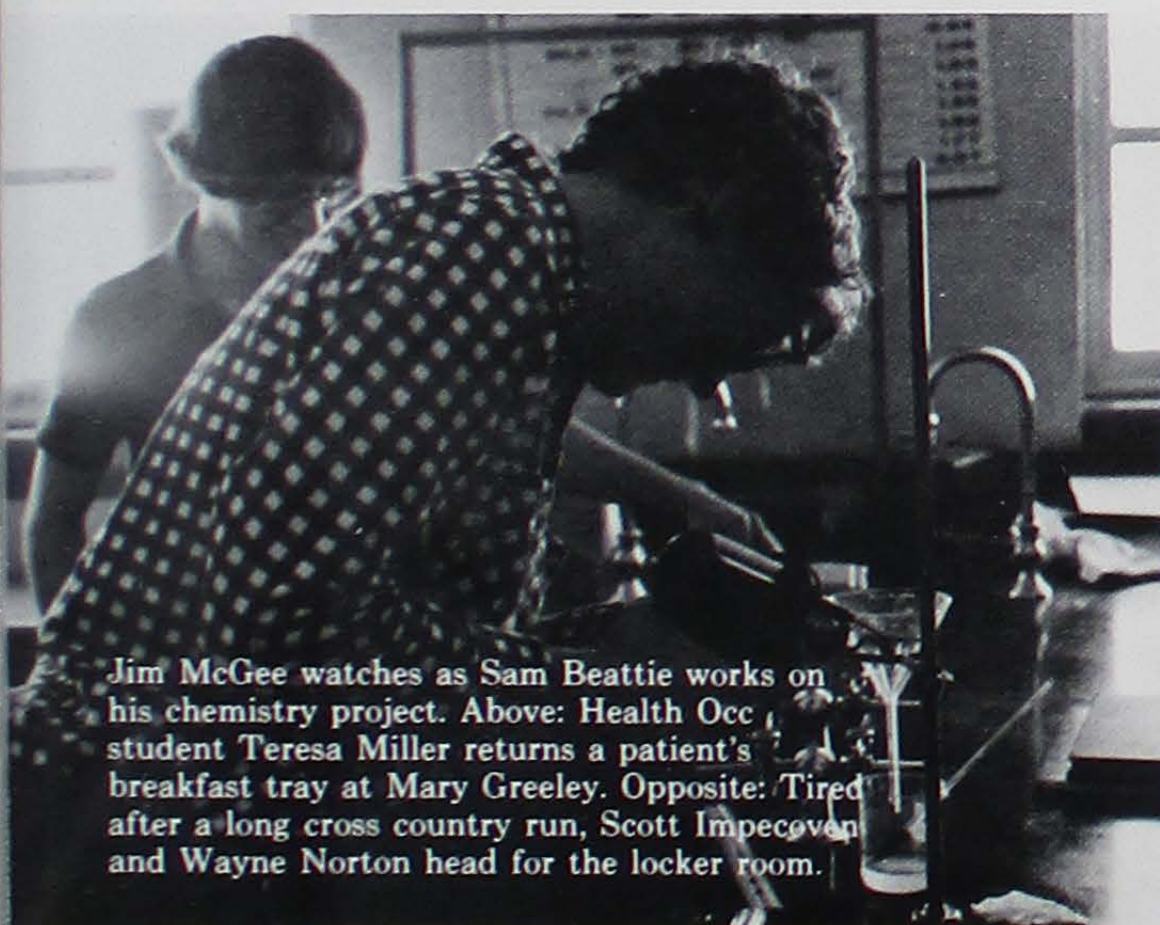
Marsha Read



Gary Redmiles  
Eric Reed  
John Reger



Janice Rhead  
Beth Richards  
Lori Richtsmeier



Jim McGee watches as Sam Beattie works on his chemistry project. Above: Health Occ student Teresa Miller returns a patient's breakfast tray at Mary Greeley. Opposite: Tired after a long cross country run, Scott Impeccoven and Wayne Norton head for the locker room.



Brian Rinebarger  
Bill Robertson  
Brett Robinson



Chuck Robinson  
Renee Robinson  
Donna Rod



Jean Romans  
Ted Rood  
Ron Rossmiller  
Scott Rowley  
Brian Runge  
Rhonda Rushing  
Ritva Sahavirta



Peggy Samuelson  
Neil Sauke  
Debbie Schiel  
Mark Schmidt  
Marilyn Schnormeier  
Paul Schultz  
Diane Schwieder





# Mitch

Most of the time I am doing something with music.'

Living in an apartment, working 30 hours a week, and going to school is enough to keep the average person busy. But Mitch Johnson, senior, finds time for many other activities in his active schedule.

"Most of the time I am doing something with music," says Johnson. "I guess you could say that music is important in my life. Not only vocal music, but I also enjoy playing my French horn. Johnson was selected for All-State his sophomore year. "I just lucked out," he replied.

Music has not always been a vital part of Johnson's life. "I quit band after my ninth grade year, mainly because I thought I was no longer interested. But then when I came to Ames High, something happened. That 'something' was Mr. Wiser. He taught me the basic mechanical moves in directing. The more I direct, the more I know it's for me."

Aside from music, Johnson enjoys

keeping his car in working order, watching sports on TV, and cooking. Often Johnson's hobbies are pushed away for the time being because of other commitments. "I am supporting myself, so I must work. At present, I am working at Randall's."

When asked about the future, Johnson replied, "I plan to go to Iowa State for four years, majoring in Music Education. Then I plan to enter Luther Seminary in St. Paul, Minnesota. I can't imagine doing anything else."

"If I could be remembered for just one thing, I would like to be an 'Average Joe.' I want to work my entire life, because that is where success is. But if I can't be an 'Average Joe,' I'd really like to compose music that would be published."

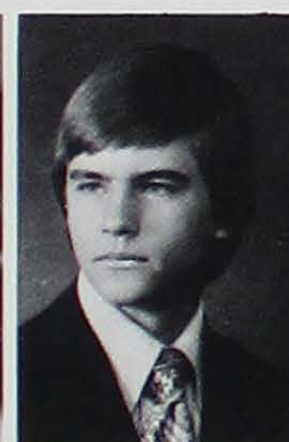
If good planning and organization are indications of success, Johnson is well on the way.



Julie Sederburg



Arne Seim



Sandy Shaffer  
Kate Shakeshaft  
Paula Sharp  
Pat Shaughnessy  
Sue Sherick  
Tammy Shubert  
Denise Sikorski



Jami Simon  
Deana Slater  
Scott Smay  
Gary Smith  
Mike Smith  
Scott Smith  
Craig Snider



# Jodie

'Try to get involved  
... you'll never have  
the chance again.'



"When you come to Ames High everyone should try and get involved and take advantage of the many opportunities offered. You'll never have the chance again," reflects Tryon. Tryon's involvement is extensive, embracing a vast array of activities.

But involvement does not restrict her, or confine her to a niche of drudgery. She sampled various things, pursuing some and rejecting others. "It is important to find where your interests lie; this is where you should spend time. This is why it is profitable to gain a lot of experiences."

Tryon's activities were all culminated this year during All State Band competition, when Tryon not only earned the honor to play with the All State group, but was made seventh chair clarinet out of 72. As a result of her many encounters, Tryon has cultivated a winning philosophy. "As a sophomore I established a goal to maintain a 4.0 grade average, but as things progressed I realized you can't always reach your goal."

But for Tryon, as well as other seniors, schoolwork has receded slightly, and just being with friends becomes a main objective as the reality of the future creeps closer. But in 10 years time, when Jodie flips through this book, will any feelings be evoked or will high school seem frozen in the photos, distant and cold?

What will high school mean to you 10 years from now? For many the only bond remaining will be a dusty book with the word SPIRIT inscribed on the cover, residing between the standby dictionary and the 20 volumes of World Book.

For many, recollections will be few, but for Jodie Tryon, it may be difficult to account for them all, simply because there are so many.

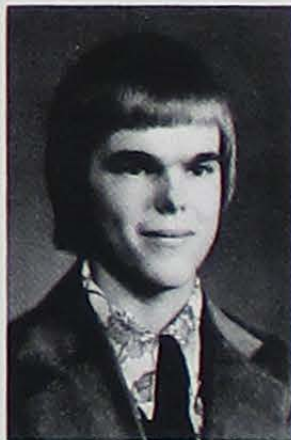
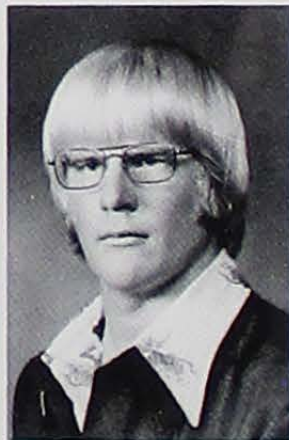
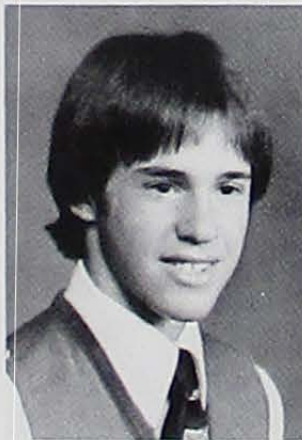
Dianne Spear



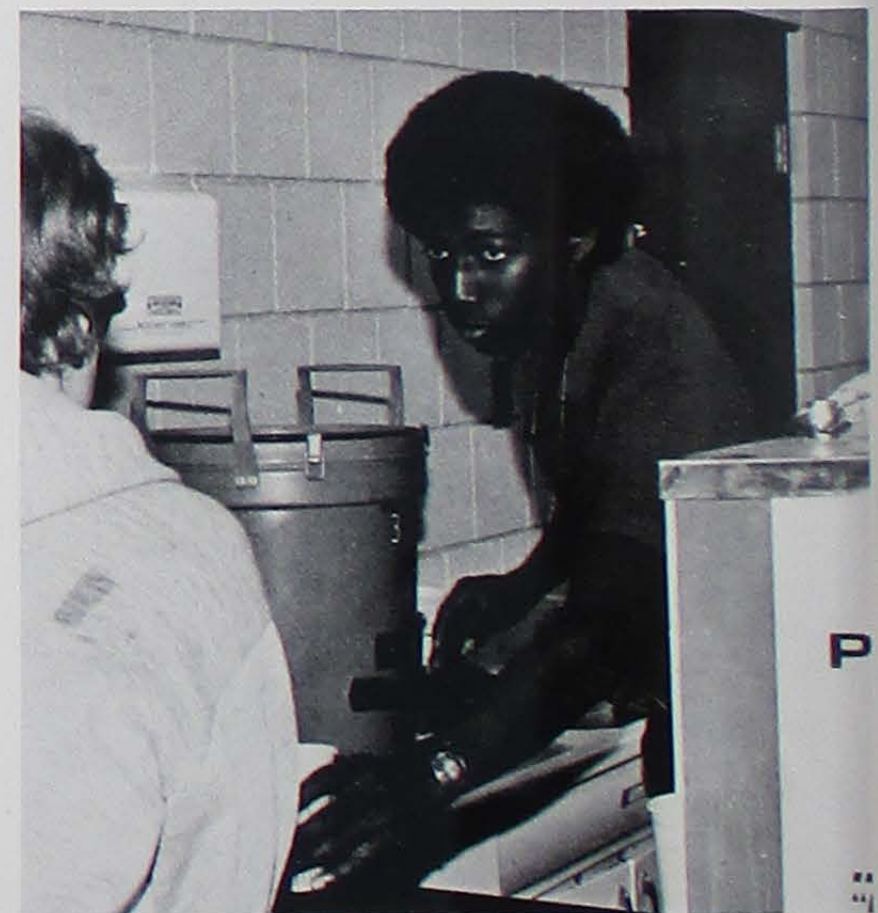
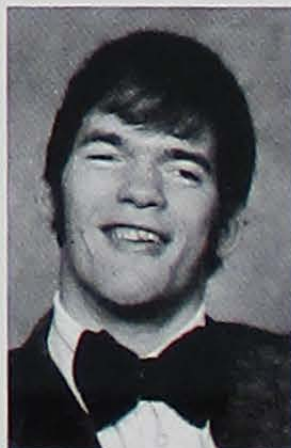
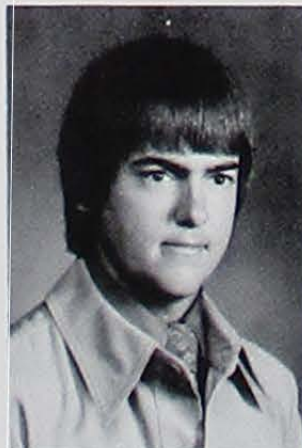
Dee Spurgeon



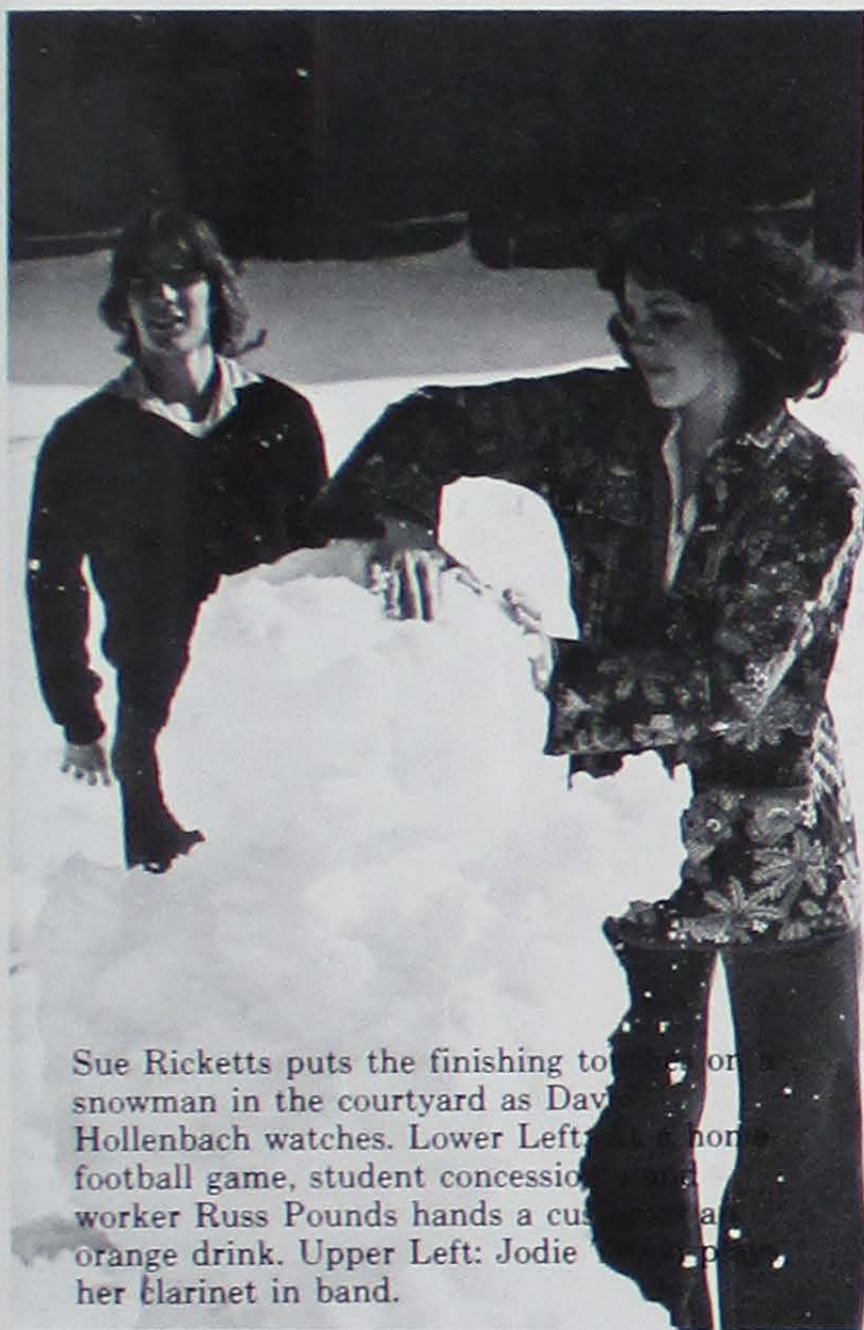
Thad Stevens  
Martha Stewart  
Clay Stockdale  
Doug Stoecker



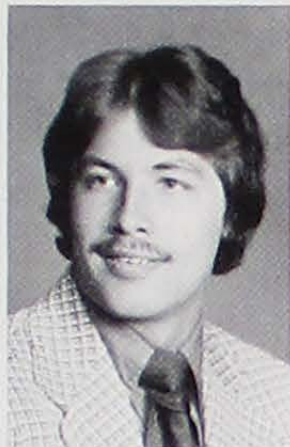
Steve Stoecker  
Delayne Stokke  
Melissa Stoll  
Roy Stotts







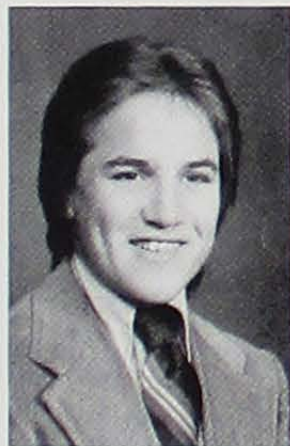
Sue Ricketts puts the finishing touches on a snowman in the courtyard as David Hollenbach watches. Lower Left: During a football game, student concession worker Russ Pounds hands a customer an orange drink. Upper Left: Jodie plays her clarinet in band.



Amy Strickler  
Jim Strickler  
John Sturtevant  
Kathy Sturtz



Kay Stuve  
Dan Sullivan  
Dan Svec  
Ann Swan



Dennis Sweeney  
Murray Sweitzer  
Wendy Swenson  
Greg Swift



Roger Sydnes  
Freda Tannous  
Keith Taylor  
Bob Thompson  
Kim Thompson  
Steve Thompson  
Natalie Thorson





## Deb

'I want to do the best at whatever I do.'

"2 any" is how Deb Dahlgren describes herself. But besides being fun-loving, she is ambitious, hard working, and plans to be a lawyer. Dahlgren is attracted to the challenge of law school. She comments, "If I make it through all the years, it will be great." She is planning to attend Rick's College in Rexberg, Idaho, a church owned school with "high standards," for two years. Then she plans to transfer to Brigham Young University to finish pre-law and law school. Dahlgren has made a lot of her

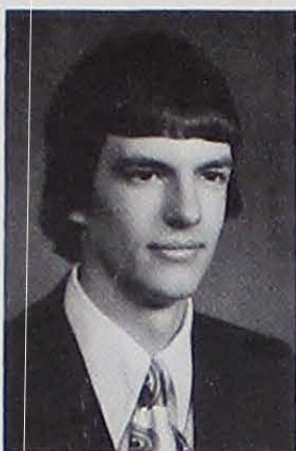
own money for college. Work at A&W has taken away most of her free time this year and as a result she had little time for her favorite activities, reading and watching TV. "I'm really a lazy person!" she quips.

Dahlgren began her high school career in South Dakota and moved to Ames as a sophomore. She didn't like it at first but now notes that it is better to graduate from Ames High because she feels it is more competitive. She adds, "Ames is a good town, a really neat town" Dahlgren has enjoyed high school; "It's been a riot!" She wishes now that she had gotten more involved in school activities. "I really regret it . . . I have just been dull." She did get involved in her church's activities, and comments, "It takes a lot of time and a lot of responsibility."

Dahlgren has planned a full summer for herself. She plans to swim, and play tennis and softball, adding, "I love to go to Hickory Grove." She also plans to work "maybe as a construction gangperson."

Looking towards graduation worries Dahlgren because she'll have to "get down to work after goofing off a little in high school." But she adds, "I want to do the best at whatever I do."

Frank J. Joka



Jodie Tryon



Sharee Tschetter  
Mike Vaclav  
Mike Valentine  
Carol Van Cleave  
Yvette Vander Gaast  
Beth Vaughn



Jean Voss  
Nancy Walker  
Dale Warren  
Renee Watson  
Dave Wedin  
Lora Wee







In the auto shop, Dave Merritt jacks up a car. Center: John Elbert works on an Industrial Arts project. Opposite: Deb Dahlgren reads her psychology text in the IMC.

#### SENIORS NOT PICTURED:

Bob Allen  
Danny Allen  
Donna Bailey  
Larry Bell  
Darlene Belle  
Rafael Bello  
Jon Benson  
Tanya Bogie  
Joni Boyer  
David Brodsky  
Stephen Brown  
Jeff Cardella  
Tom Carney  
Philip Carroll  
Todd Carter  
Cindy Cooper  
Steve Cornelius  
Chris Cysewski  
David Enzauro  
Karen Evans  
Steve Froning

Paul Gibbs  
Steve Gordon  
Ana Graupera  
Sue Grewell  
David Hadwiger  
Sue Halcomb  
Mike Hoerner  
Kent Hoff  
Mar Homer  
Scott Hopper  
James Jackson  
Cheryl Jones  
Bonnie Knoll  
Deb Lehmkuhl  
Jane Lin  
Debra Loken  
John Loseke  
Bryan McCoy  
Rick Michal  
Brian Miller  
Greg Miller  
Philip Moreland  
Cindy Mulic

Edward Mumby  
Anand Nariboli  
Wayne Osterloo  
John Panos  
Lisa K. Paulsen  
Dennis Poffen-  
berger  
Fatomeh Porheidar  
Thomas Reilly  
Susan Ricketts  
Dee Ries  
Dave Roberts  
Kent Rohovit  
Rich Sandve  
Harry Secker  
Eric Server  
Colin Tesdall  
Julia Tipton  
Tony Trembly  
Dave Weiss  
Allen Yungclas



Jeff Weir  
Jeanne Westbrook  
Rob White  
Karen Willham  
Rhonda Willsher



Cathy Wood  
Denise Woodward  
Dale Zimmerman  
Leesha Zimmerman  
Kim Zupan



# Bauske

'The kids are just great to work with.'

**E**xpressing her enthusiasm for teaching English, Grace Bauske made the comment, "The kids are just great to work with."

While stressing the basics, Bauske likes to make her classes relevant by using current books and newspapers. "I never teach a course the same way twice." One way she does this is to take vocabulary words from newspapers posted on the bulletin board. Citing differences in individual classes, Bauske said, "The classroom is exciting at AHS." She went on to relate that each student's personality merges with others to form a collective personality for a class totally different from another class of the same course.

Besides teaching English, Bauske



serves as senior class sponsor. She enjoys Senior Senate meetings because, as the students express their opinions on graduation details, they learn the intricacies of planning the ceremony. Prior to joining the Ames High faculty in 1963, Bauske had taught in her hometown of Spencer for a short time before devoting her time to raising a family.

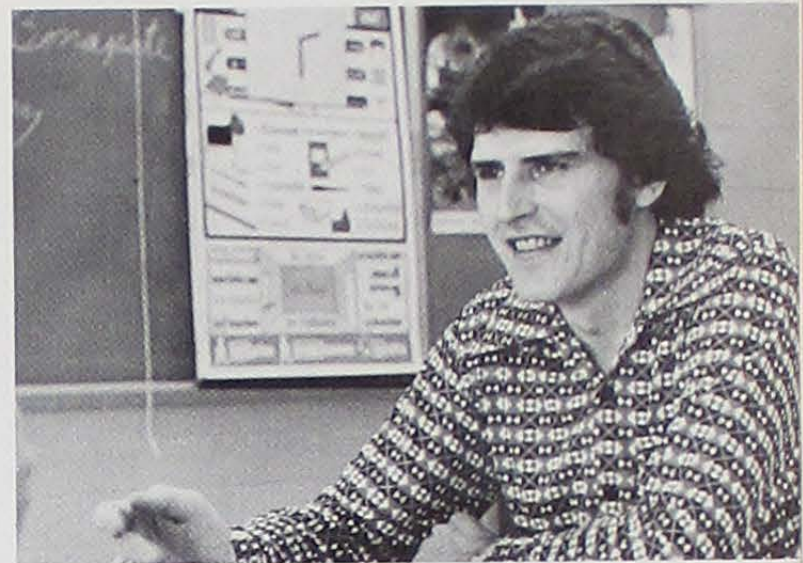
Describing herself as "an appreciator," Bauske said she spends much of her leisure time reading and attending local concerts and plays. Her appreciation of plants is evidenced by the multitude of planters in her room. She and her husband, Bob, vacation each summer at their cottage on Lake Okoboji. Bauske keeps herself busy with her teaching, but finds time to enjoy many out-of-school activities.



Far Upper Left: Darrill Abel — Distributive Practices; DECA sponsor. Far Lower Left: J. Barbara Alvord — Associate Principal for Building and Grounds; Student Council sponsor. Left: Keith Bailey receives an award from the President's Council on Physical Fitness and Sports. — Physical Education; assistant football coach, assistant wrestling coach. Above: Sheryl Barta — Career Education Center supervisor.



Inset (Opposite): Grace Bauske — English 10, Honors English 10, Perspectives in Literature, Value Definition; Senior Senate sponsor. Below Left: Nancy Brown — Walkabout (alernative school). Below Center: Mary Buck feeds the bluegills in the biology room. — Biology B; Science IMC resource assistant. Below Right: Esther Buttrey — Accounting 1,2, Typing 1-A, Business Communications. Far Upper Left: Dick Byers — German 1 — 4, Survey of American History; International Club sponsor. Far Center Right: Pauline Caldwell — General Treasurer, secretary. Far Lower Right: LoAnn Campbell assists a student in sophomore English. — English 10, Survey of American Literature, American Literary Masterpieces.





Top Left: Samuel Carlson — English Literature, Value Definition, English 10, Perspectives in Literature, Survey of American Literature. Above Left: Jim Duea — American History; assistant football coach, assistant track coach. Lower Left: Jerry Dunn explains the grading scale — Biology A, Biology B. Bottom: George Duvall — Algebra 1,2,3,4, Intermediate Algebra.



Can a person go from being a cookie pusher in Hollywood to a political behavior teacher in Iowa? It may seem unlikely, but Bill Enquist had done just that, simply because he "wanted to."

Enquist has many interests, including traveling and playing volleyball on Sundays. He and his wife, Phyllis, have journeyed throughout the U.S. and in parts of Europe.

In addition, Enquist and his wife might be seen some evening roaming about a deserted graveyard. This may seem unusual, but it's all a part of their study in genealogy, a hobby they share and find very intriguing.

Enquist has led a varied life as well. A salesman for National Biscuit Company (oreos, etc.) in



Hollywood, California, a restaurant owner in Ames, and a teacher in Hawaii are several of the occupations he has held. As an exchange teacher in Hawaii for one year, Enquist encountered a different situation as compared to teaching here, for the students come from diverse ethnic backgrounds.

"I believe Ames High has a great student body and I really enjoy living in Ames and teaching here," Enquist said.

# Enquist

... a cookie pusher in Hollywood ... a teacher in Hawaii.'







Inset (Opposite): Bill Enquist — American Political Behavior, Economics, Young Republicans and Democrats Clubs sponsor. Top: Don Faas reads announcements in homeroom — Technical and Industrial coordinator, Health Occupations coordinator; VICA sponsor. Above Left: Sharon Falck — Guidance, Special Needs coordinator. Center: Kay Fedo assists Rhonda Rushing in her studies — Special Education. Center Right: Ralph Farrar — Principal. Bottom Center: Dave Fleming — Guidance, Human Relations, Cycle club sponsor, Student Council sponsor, Pep Club sponsor. Below Right: John Forssman — Survey of American Literature, Honors American Literature, American Literary Masterpieces. Bottom Right: Ann Fryar — Secretary.





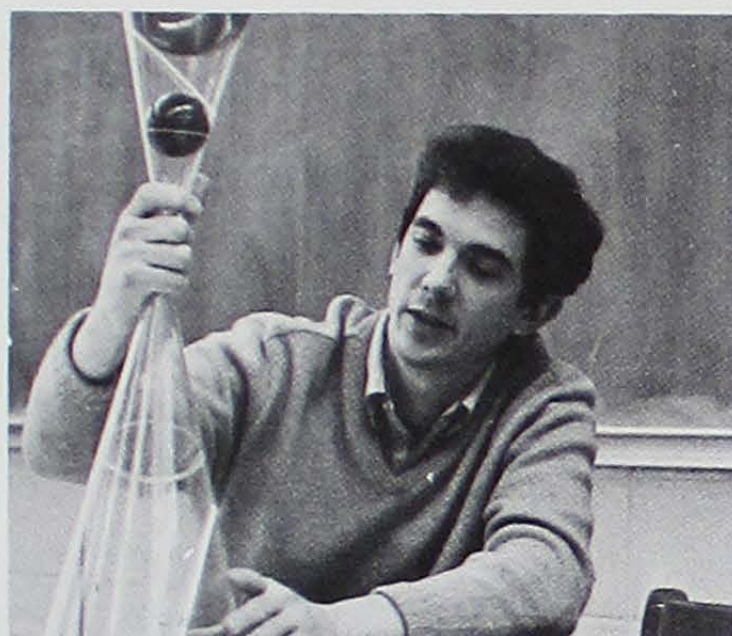
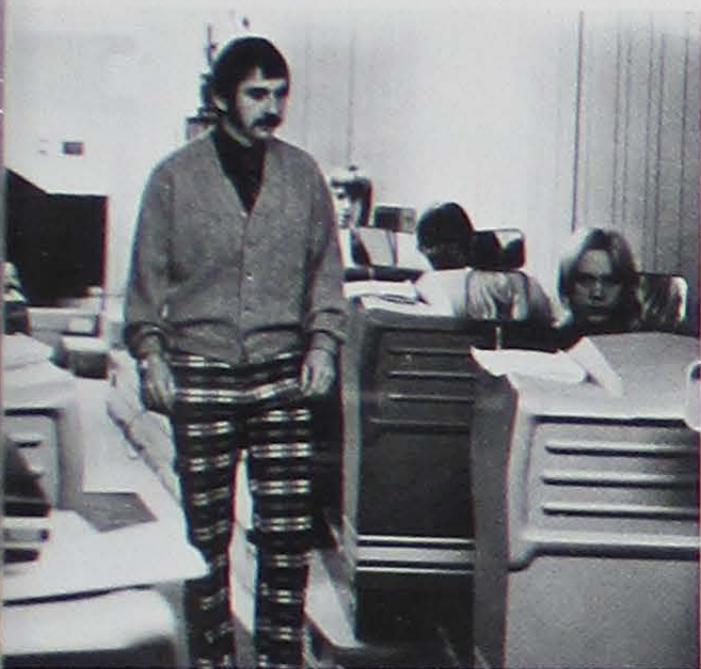


Sculpture, Commercial Design, Art History 2.  
 Lower Center: Paul Volker consults Wayne Hansen on sound cues for "Dr. Faustus" — Theater Arts, Disc. and Ag. Drama Activities, Thespians sponsor. Bottom Left: Marilyn Hanson illustrates the principles of conditional probability — Applied math, Human Math, Formal Geom., Alg. 3, Prob. and stat.; Girls' Service Sponsor. Bottom Center: Kenneth Hartman tests a solution on the PH meter — Chemistry A. Top Center: Merle Garman goes over the Experience Based Career Ed. (EBEC) program with enrollee Carole Hall — Bus. Math, Bus. Law, Org. and Mgt., Consumer Ec., EBCE coordinator; Junior Exec sponsor. Top Center: Kay Garrett discusses career plans with students in the career ed. center — Counselor; Interpersonal Relations. Upper Left: Homer Gartz conducts the pep band — Marching Concert, and Stage band lessons. Center Left: Taking an early morning call, Rosalee Goll makes note of a students absence — Attendance secretary. Upper Left: Dorothy Gugel takes Harry Seckers print out of the press as he watches — 2D expression, Painting, Printmaking, Photography.





Upper Right: Jean Hassebrock gives a sewing demonstration — Child Development, Tex. and Cloth., Housing and Home Furnishings. Center Right: Robert Heiberger checks for speeders in the simulator — Driver Ed., girls' basketball coach. Lower Center: Dale Hiedeman previews the next chapter for his Analyt class — Trig., Analytic Geo., Com. Sci., Physics A, Applied Math. Inset: Using a visual aid, Keith Hilmer explains the origin of conic sections — Analytic Geo., Calculus 1,2; intramurals sponsor. Bottom Right: William Holt directs the Varsity Band — Varsity Band.



## Hilmer

'I don't plan to ever quit teaching ...'

A typical calculus teacher might be one to sit behind a desk in an Einsteinian style and give impossible tests every other day. Not so here. Keith Hilmer, Trigonometry, Analytic Geometry, and Calculus teacher, walks to school every day, rarely sits behind a desk, and professes to be "pretty much a sports nut." (Nothing being said about impossible tests!) As a "sports nut" Hilmer enjoys watching as well as

participating in tennis and basketball. As a family man, Hilmer attends many swimming events with his two children. "My children are at the age when they want me to do things with them. They particularly like swimming."

Commenting on Ames High, Hilmer said, "AHS is a fine school; I enjoy it very much. The quality of the students and faculty is far above most places. The activities program here is excellent. Every year AHS gets better. I'd like my kids to attend here when they get older." In his spare time, Hilmer reads, listens to music, and travels. "I've been throughout the U.S. and into Canada and Mexico. I've never gone overseas, though."

In the summer, Hilmer paints houses. "That's one problem with teaching; in the summer, I'm unemployed for two months, but I don't plan on ever quitting teaching; after that, it is all downhill."





Top Far Left: In search of reading material, Anna Huffer sorts through the card catalogue — Secretary to Dorothy Brown. Top Center: Junior Cheryl Schmidt solves an algebra problem with help from Bob Impeccoven — Algebra 3,4, Formal Geometry; assistant wrestling coach, assistant track coach. Above: Tom Jorgensen waits for Santa with his wife, Jane, and daughters, Becky and Julie, in front of their Christmas tree — Sociology, American History; assistant football coach, girls' track coach. Bottom Far Left: Dennis Hurd discusses a book with Junior Ron Clatt — Project English. Left: With percussive movements, Anne Jacobson leads her class to a jazzy tune — Modern Dance 1,2,3,4; Drill team and performing dance club sponsor. Center: Phil Johnson explains the next day's assignment to sophomores Gary Bahr and Ann Durlam — Formal Geometry, Informal Geometry; football coach, tennis coach. Bottom Center: James Jones sets up the infamous ripple tank experiment — Physics A.

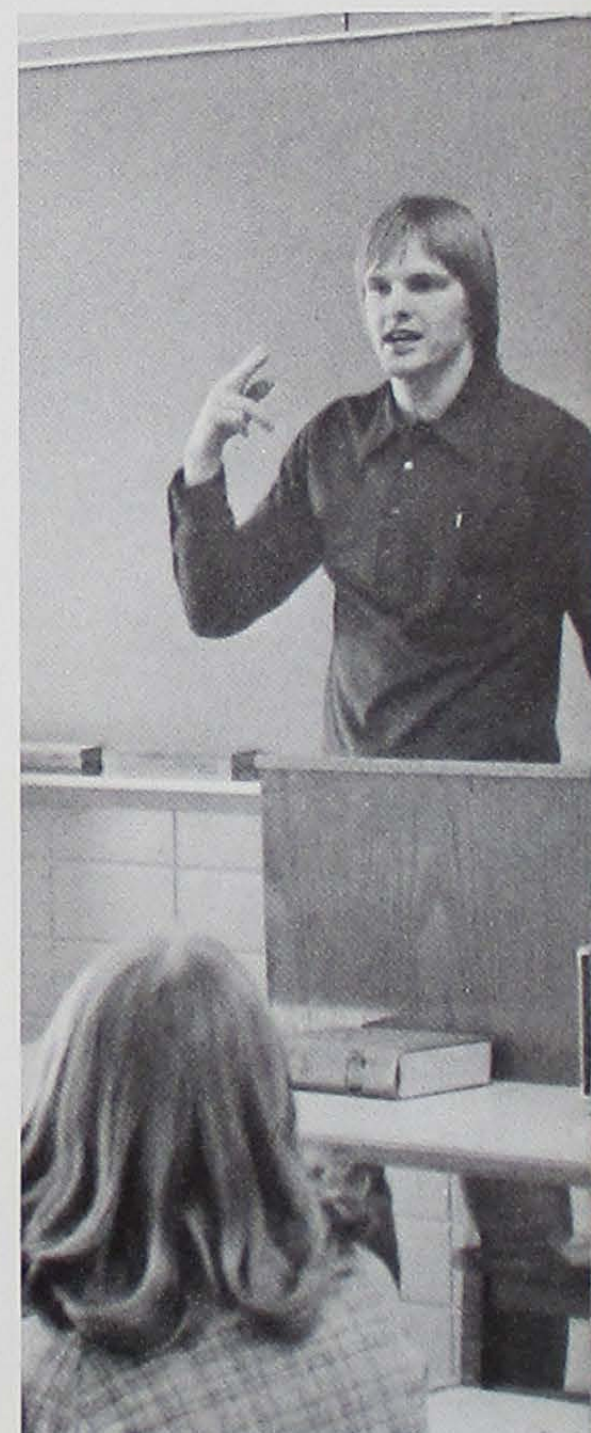


'Staying in shape — she makes it a hobby.'

# Kruse

**H**er teaching goal, "give students the impression that physical fitness is very important," is exemplified by her own interests. After a day of instructing students in activities varying from tennis to ice-skating, and then coaching the girls' gymnastics team, physical education teacher, Suzanne Kruse, bikes home and still finds the time and energy necessary to maintain a regular running and exercise schedule.

Staying in shape is important to Kruse, and she makes it a hobby rather than a chore in a number of ways. In the summer, Kruse attends classes at Iowa State, but, she admitted, "I spend most of my time on the tennis courts." Kruse takes advantage of winter's ice and snow by ice-skating, cross-country and downhill skiing. Yoga, biking and winter sports, successful gym courses recently began, were innovated by Kruse. "These individual sports are different from the 'old gym' activities and they're appealing to kids who dislike team sports." Kruse concluded that Ames High has many qualities, and notably, "the progressive attitude ... everyone is willing to consider new ideas to improve the school and give them support."



Inset: Suzanne Kruse prepares to join her students for a half hour of cross-country skiing — Physical Education; girls' gymnastics coach, girls' tennis coach. Top Far Right: Senior Thad Stevens gets a helping hand with his ceramics project from Ron Kuhnle — Ceramics, Jewelry. Above: Typing dittos is one of the many jobs of Ruth Kaldor — Teacher Associate. Center: Faye Larkins obviously enjoys her work, as she happily takes a message — Guidance Secretary. Right Center: "Keep that leg straight and that toe pointed," Fern Lawler assists a synchronette in water ballet — Physical Education; Synchronettes and Cheersquad sponsor. Far Right: Using action as well as words, Steve Linduska attempts to get a point across to his class — Mass Media, Discussion and Argumentation. Bottom Center: Pat Lawler goes over an accounting worksheet with Junior Cheryl Montegna — Business Math, Accounting 1, Typing 2, D.E. Related Class, D.E. Coop; assistant basketball coach.



# McNally

'So many roles are played in any one day'

**M**ary McNally has "always wanted to be a teacher." She loves to interact with students and to help them develop. Her aim is, "to do what I can to help someone achieve his or her goal."

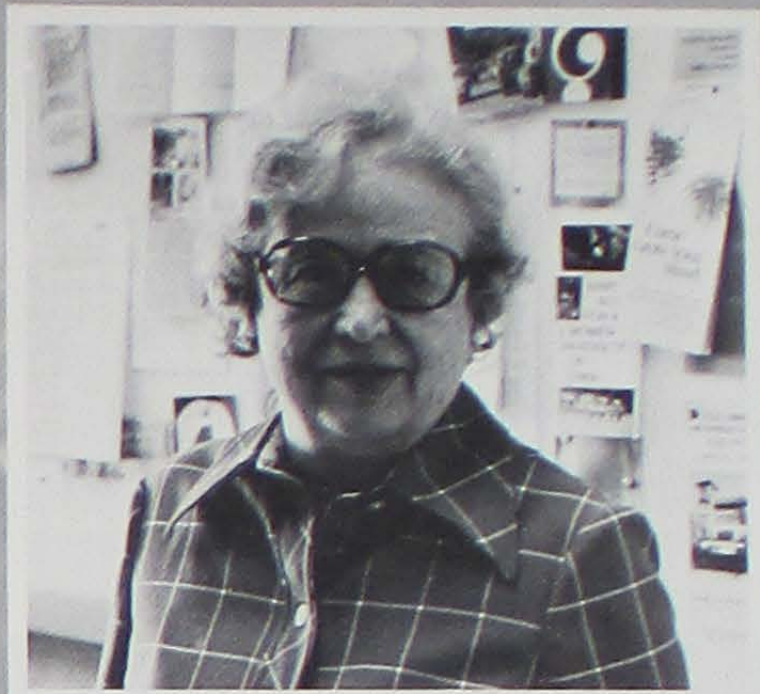
McNally has worked with students at Ames High for over 30 years. She noted that "basically, the school has enlarged . . . school is always a reflection of the times and community." She commented that the students' drive for excellence hasn't changed.

To McNally, counseling is very demanding, but never monotonous. "From period to period there are so many different experiences." She enjoys helping and getting to know

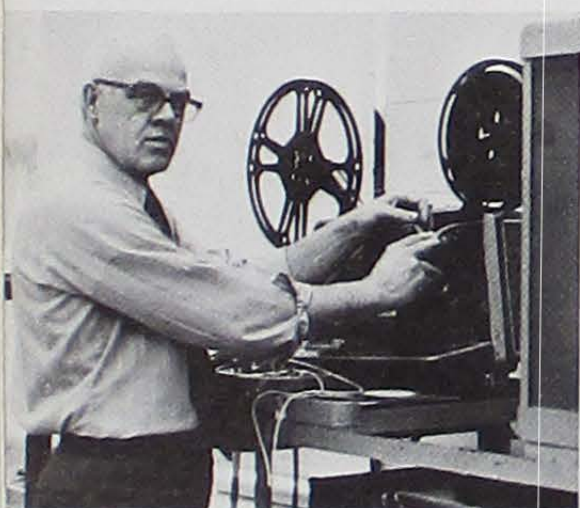
students as well as the variety in her day. "So many roles are played, it's never dull, believe me!" she remarked.

McNally noted that her job is rewarding because "I can see the students' point of view, I try to be the students' advocate in in adult world."

She finds the greatest joy of counseling is to have students come back after they've been away. To her,



counseling is to have students come back after they've been away. To her, counseling is a "continuous thing. It's hoping that what you did helped in at least some small way and being delighted when students have succeeded."



ABOVE LEFT: Sigfrid Lybeck lectures on prepositional phrases — English 10. MIDDLE LEFT: George MacBride threads a projector — Audio visual. BELOW LEFT: Sally Mason brings history to life — American History, Sociology. NEAR LEFT: Arms waving, Richard McCoy directs the orchestra — Orchestra, Music Theory. ABOVE CENTER: Sophomore Richard Beck gets help from Judy Meierkord — Math IMC. BELOW CENTER: Terri Mickleson cools it at self-scheduling — Spanish 1-9, international club. ABOVE RIGHT: Jack Mendenhall supervises the long jump — Credit P.E., head wrestling coach.

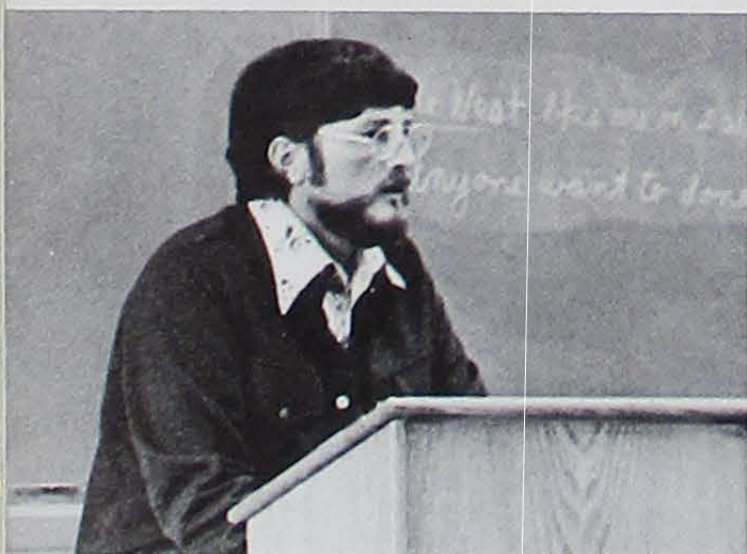




ABOVE LEFT: Adding history to language, Robin Murray points out a french chateau — French 1-9, international club. BELOW LEFT: Ken Norem leads a guidance meeting — Director guidance and career ed., Career planning. BELOW CENTER: Concentration is visable in the face of Paul Olsan, as he gives a class demonstration — General metals 1,2,3, Auto Mechanics. ABOVE: After a safe drive, Dave Posegate steps off the buss — Driver's ed., head baseball coach, sophomore basketball coach. ABOVE RIGHT: "And now class," Sandra Regnier gives the next spelling word — Language Arts, Consumer Buying. BELOW RIGHT: Always helpful, William Ripp finds a file for a student — associate principle.







Top Far Left: Tom Rolnicki demonstrates his photography techniques — Journalism, SPIRIT, Web, Photography. Top Center: Annete Rowley reacting to a class situation — English 10. Center Far Left: Donna Schepers happily samples a meal prepared by students — Adult Living, Foods. Lower Far Left: Dick Schneider leads class discussions — American History, Human Ag. and Coop.; Adult Ed. coordinator. Center Left: Marvin Scott makes a punctual note during class — European History, American History, World Communism, Contemporary Affairs Speech; debate coach. Left: Apparent anxiety creases Coach John Sletten's face as he watches relay — Perspectives in Lit., Intro. to Mass Media, Intro. to Journalism; track coach. Above: Athletic director Ray Smalling pays close attention during a state basketball game — Director of activities and athletics.



"Set a goal and reach it" — a common philosophy for most everyone is also that of Cecil Spatcher. "I had my mind made up when I was a sophomore in high school that I was going to teach. But not teach just anywhere, I wanted to teach here at AHS. I taught at several other schools but then I heard of an opening here, so I applied and, well, I finally made it! I like to work with young people and Ames students are outstanding."

Away from the classroom Spatcher is oriented towards the outdoors. "I was born in northeast Iowa and was outdoors all the time. During the winter I was always tobogganning or skating on the river. In the summer I was either fishing, hunting, or swimming. I had no fear of the outside. I still do all these things. I fish as often as I have a chance. I also like to play golf."

## Spatcher

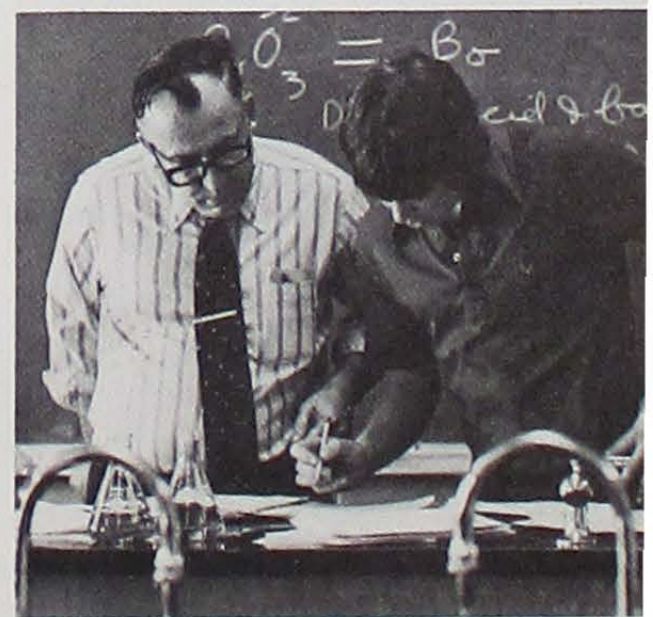
'I enjoy life and love the beauty of nature.'

In the sports world Spatcher has always been active. While in high school he participated in football, basketball, and baseball. "I was on the varsity teams for three years and in college I was on the football, basketball, baseball, and track teams. After that I became head coach in all the schools I've taught at. For a time here at Ames I was head football and track coach. Now I'm a terrible spectator, I feel I have to become involved in the game to enjoy it the most." "I also like to travel. My wife and I have been all over in the East and in many southern states. When I travel I enjoy visiting zoos. I've been through many zoos. I visit them for enjoyment and also they help enrich my background. When I served in the Air Force I was all over in the southwest Pacific. When I retire I hope my wife and I will travel. Mostly we'd like to travel throughout the west. I love to see the way people live; I enjoy watching people."

"I enjoy life and love the beauty of nature and the outdoors. There aren't too many things I don't enjoy."



Left: Mona Smith readily participates in a student skit — Human Agg. and Coop., World Lit., Creative Writing. Above: Practice makes perfect, but not always as Sharon Sorenson corrects her error — Secretary. Upper Left: Assisting sophomores Dan Houk and Stephanie Lendt during lab is Cecil Spatcher — Biology B; ass't. track coach. Right: Making sure all materials are filed is Sharon Stieglmeyer — IMC. Top Far Right: Helping to keep all library records in order is a real job for Ann Stokka — Ass't. librarian. Center Far Right: Ed Stone points out a problem to the class — Drafting, Electronics 2, Light Bldg. Construction. Lower Far Right: Floyd Sturtevant assists senior Scott Smay in Honors Chemistry — Chemistry B, Honors Chemistry.







# SWENSON

'He is the best, most patient, honest teacher'

**H**e is the best, most patient, honest teacher I've had in high school, as well as a great talent in his field. He never forces help upon you, yet he doesn't let you get by doing nothing," remarked Lynn Baker, a token female member of the advanced woodworking class. Such a gracious appraisal may present a difficult reputation to adhere to for some, but for Jerrold

Swenson, this image is projected daily to some 80 woodworking students. He is a teacher whose only regret concerning his job is in the fact that he "can't do everything for each student I'd like to do." This conscientious attitude appears to be the fundamental ingredient in his devotion to his students, which includes both high school and adult education recipients.

Summer finds Swenson working as a foreman for a construction company.

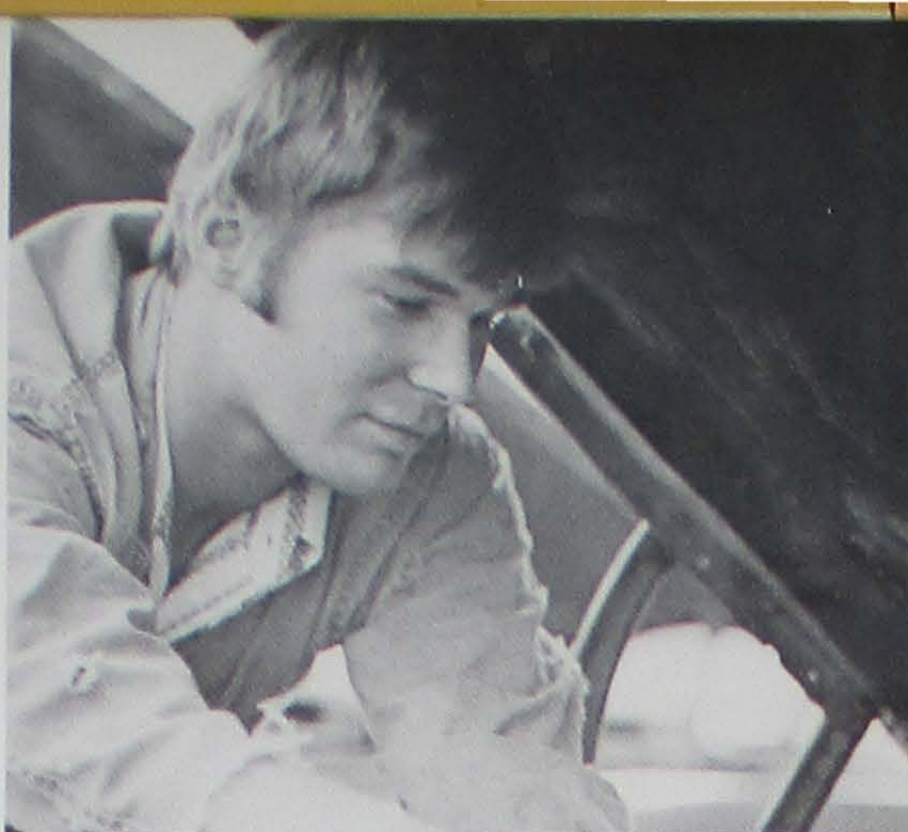
"I find my teaching and my construction work an excellent combination. In carpentry, you are creative; in good physical shape. In teaching, the contact with students, teachers, and other adults is the reward. I am able to appreciate each one more because of the other."

"Ames High has top-quality students and conditions, set within a progressive town. Ames is still on the move up, and this is reflective in our school system" Top-quality adequately describes Swenson as well, and his earnest contributions to AHS.





Inset: Junior Rick Zickefoose discusses his class project with Jerrold Swenson — Woodworking. Far Left: EleNore Tallman leads her class in a literature discussion — Project English. Opposite: Dale Tramp advises a student on career planning — Counselor, assistant football coach. Above Center: Richard Trump visits a feathered friend in the science courtyard — Biology B. Center: Georgia Vondra — Secretary. Lower Center: Barbara Ward prepares her class for a poetry film — English. Lower Left: With a backdrop of colorful displays, Richard White lectures on Man — American History, Anthropology.



Top Right: Checking a student's work, Bob Wiederholt sets to engine inspection — Auto Mechanics 1,2,3,4. Above Left: Junior Sara Warman perfects her shorthand with help from Rose Wilcox — Office Ed., Shorthand 1,2, O.E. Coop, Cadet Teaching. Above Right: Carolyn Willett corrects Junior Shelly Tryon's typing paper — Typing 1, Business Machines. Left Center: Between classes, Charles Windsor adjusts an electrolysis experiment — Physics B. Center: Al Wiser directs the chorus in preparation for an upcoming concert — Vocal Music. Right Center: Observing a water game, Mike Wittmer shouts directions to its participants — Physical Education, head swimming coach. Opposite: Walter Wood makes sure Sophomore Carla Hammer has done her assignment — Algebra 3,4, Informal Geometry. Lower Left: Arnie Zediker and Jody Dunlap, senior, argue a point — American Political Behavior, Psychology, head basketball coach.





# Advertising

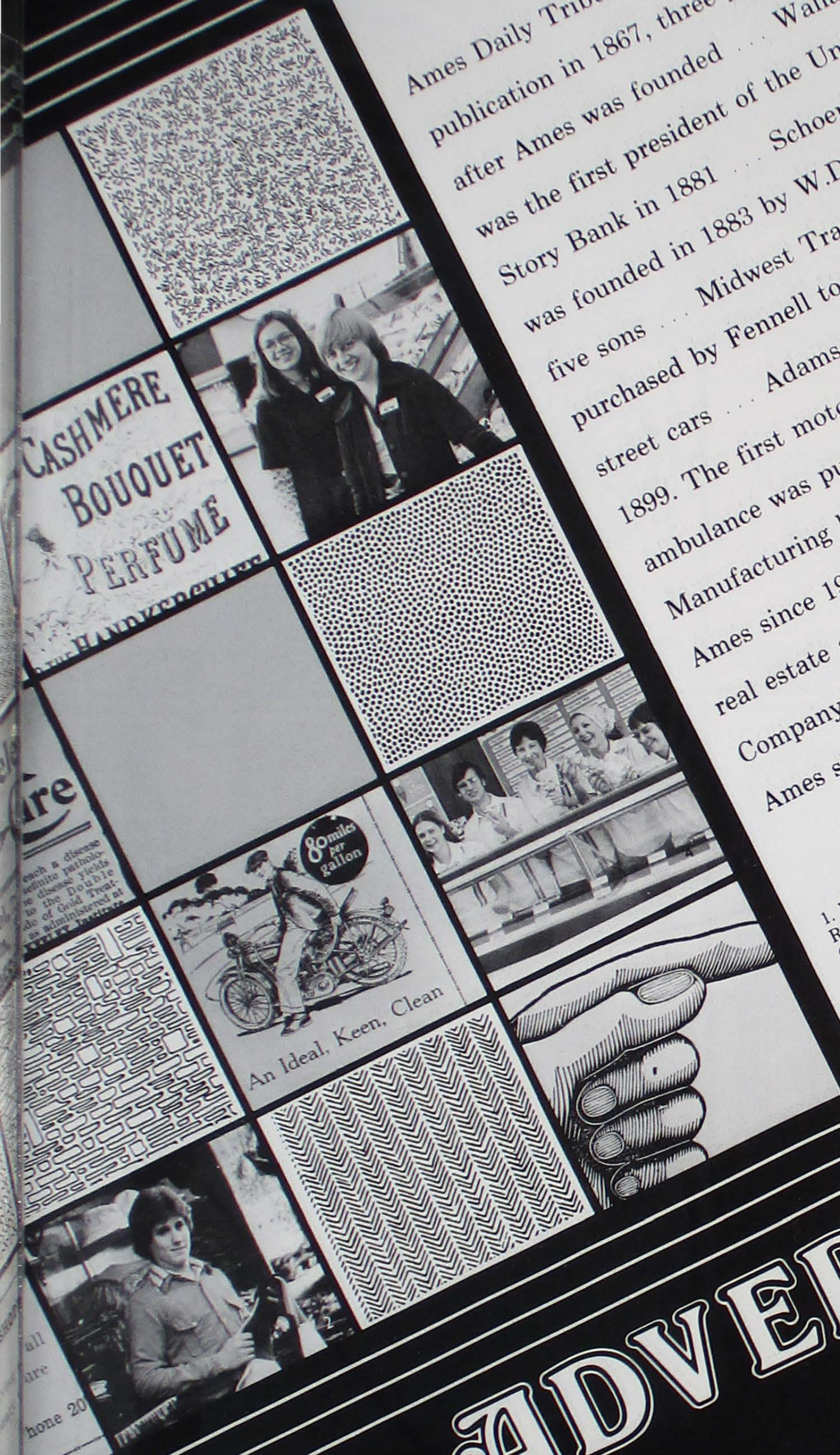
Abe Mezvensky opened his first grocery store, Ames Fruit and Grocery, in 1933 . . . . A "pot bellied" stove furnished the first heat for Penney's in Ames, opened September 6, 1925 on Main St . . . . Ames Stationers Nims still boasts its original site since 1951 . . . . Located at 128 Main, McDowells established business in 1925 by Waldo McDowell . . . . Bledsoe's replaced Ober's in 1957, when the store moved to Main and Burnett . . . . Aruther H. Eschbach, an electric engineering student at ISU, built one tube radios and sold them for \$125 to help pay his finances. In 1924 Eness Music House at 206 Main was for sale so he took it over. It is now at 302 Main . . . .



Ames Daily Tribune began publication in 1867, three years after Ames was founded . . . Wallace Greeley was the first president of the Union Story Bank in 1881 . . . Schoeneman Lumber Company was founded in 1883 by W.D. Schoeneman and his five sons . . . Midwest Transit opened in Ames in 1952; purchased by Fennell to eliminate use of street cars . . . Adams Funeral Home started in 1899. The first motor hearse and ambulance was purchased in 1916 . . . Collegiate Manufacturing has been operating in Ames since 1904 . . . Ames oldest real estate agency, Triplett Realty Company, has been in Ames since 1912 . . .

1. Kelly Alford, Steve Froning, Mike Moore. 2. Rick Perrin. 3. Julie Seiderburg, Ann Wirtz. 4. Gwen Owens, Mitch Delaney, CeBBie Schiel, Sue Ricketts, Monica Matt.

# ADVERTISING







# H.L. MUNN LUMBER CO.

ESTABLISHED IN 1891



MAIN AND DUFF

PH. 232-2112



Tony Henson shows how he can hook a rug just as fast as anyone else at his mother's store, The Spinning Wheel.



307 Main St.

232-3288

# BASKIN-ROBBINS



The senior employees at Baskin-Robbins, Gwynn Owens, Mitch Delaney, Debbie Schiel, Sue Ricketts, and Monica Matt each make their favorite ice cream dessert.

NORTH GRAND MALL 127 WELCH

# DUGAN'S DELI



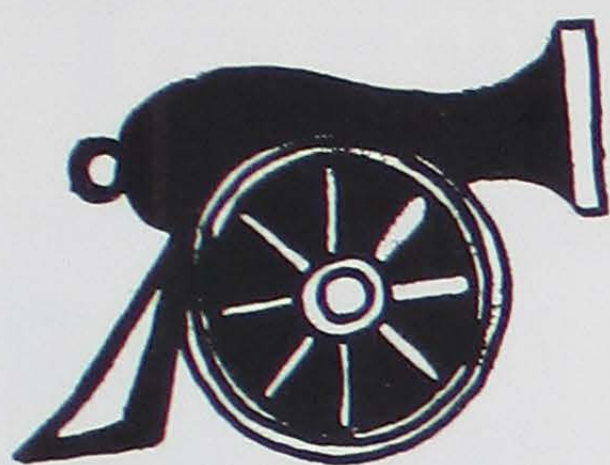
2902 WEST ST.

PH. 292-2900





Martha Lagomarcino, Linda Barnett and Evan Geise climb in the dryers for loads of fun!



## MERT'S NORGE LAUNDRY AND DRY CLEANING VILLAGE

PH. 232-9723  
129 LINCOLNWAY

## Student Supply Store inc.



Seniors Kim Bailey and Lori Richtmeier stock up on their school supplies from the Student Supply Store.



2424 LINCOLNWAY  
PHONE 292-7220



## Jones Luggage and Leather



VALLEY WEST MALL

314 M





Top Left: Stocking the shelves, Neil Sauke finds his job at Randall's enjoyable. Middle Left: Many improvements have been made to the Randall's building which is open 24 hours a day. Below Left: Looking over the produce are Julie Sederburg and Ann Wirtz. Center Below: Thinking about what to put on the shelves next, Steve Edwards checks over the boxes. Below: Putting Randall's mini-priced labels on these paper products is John Thorton.







Checking over the 1976 cars at Mathison Ford is Mandy Lemanczyk.



Deciding what to order for supper are Roxanne Newel and her Little Sis Kathy Sydnies at Hickory Park.

## Hickory Park Restaurant

508 Lincolnway  
232-2952  
Ample Free Parking

## Mayfair Cleaners

Best of Care  
For Better Wear



Finding a shirt to go with a suit is Judy Olson, working at Wards.

SHOP  
AND  
COMPARE  
ANYWHERE

FOR FEATURES!  
FOR VALUE!  
FOR PRICE!

MONTGOMERY  
**WARD**



# ESCHBACH MUSIC HOUSE

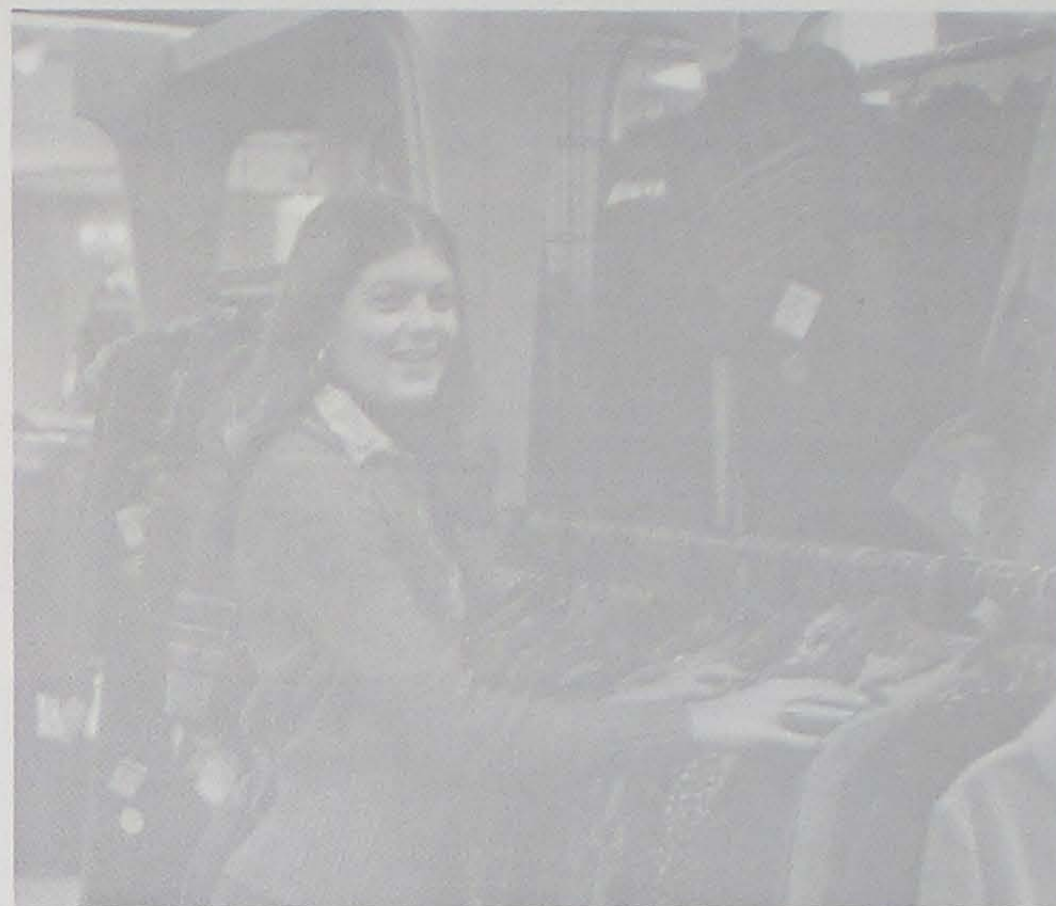
PH. 232-3624

302 MAIN



NORTH GRAND MALL  
PH. 232-2320

Julie Gilman adjusts the racks at Younkers, where she works for her DECA job.



This years teen board members, Sharee Tschetter and Barb Ebert show how to complete an outfit by adding a scarf. In the shoe department Bob Christiansen helps Patty Holter select some new shoes.

*Seigerts*





Stephanie and Kris Frangos drop in for a bite to eat at their aunt and uncle's restaurant.

## Frango's Restaurant

PH. 232-9710

210 MAIN



GARBAGE, INC.

PH. 292-1303

2520 LINCOLNWAY

## NEWELL FARM ENTERPRISES



Peggy Newell sits on a fence with one of her father's farms in the background.

PH. 232-8100

205 CLARK

*Something  
Different & Good*

福林  
(Fu-Lin)

That's

Chinese Mandarin  
Cuisine

at

**FU-LIN**  
RESTAURANT

292-2866

4010 W. Lincolnway

Tues. - Sun.

11:30-2, 5-9

Closed Monday





GO FIRST CLASS  
GO TO

**HERB'S 66**

412 South Duff     It's Performance  
That Counts!

Automatic Car Wash With  
Ten Gallons of Gas



Senior Greg Paulson helps a customer decide on some sporting goods equipment.

**CARR** *True Value* **HARDWARE**

OVER 16,000 ITEMS FOR YOUR CONVENIENCE  
Dial 232-6324

## Campus Cyclery



Expert Repair  
Services

10 Speed Bicycle Sales  
Full Line of Accessories  
2412 Lincoln Way  
292-7870

## GENERAL FILTER COMPANY

**Design — Construction —  
Erection**

### PRODUCTS:

Iron Removal Filters  
Water Softened  
Aerators and Degasifiers  
Chemical Feed Equipment  
Coagulats and Mixers  
Swimming Pool Equipment  
Ph. 232-4121  
Ames, Iowa



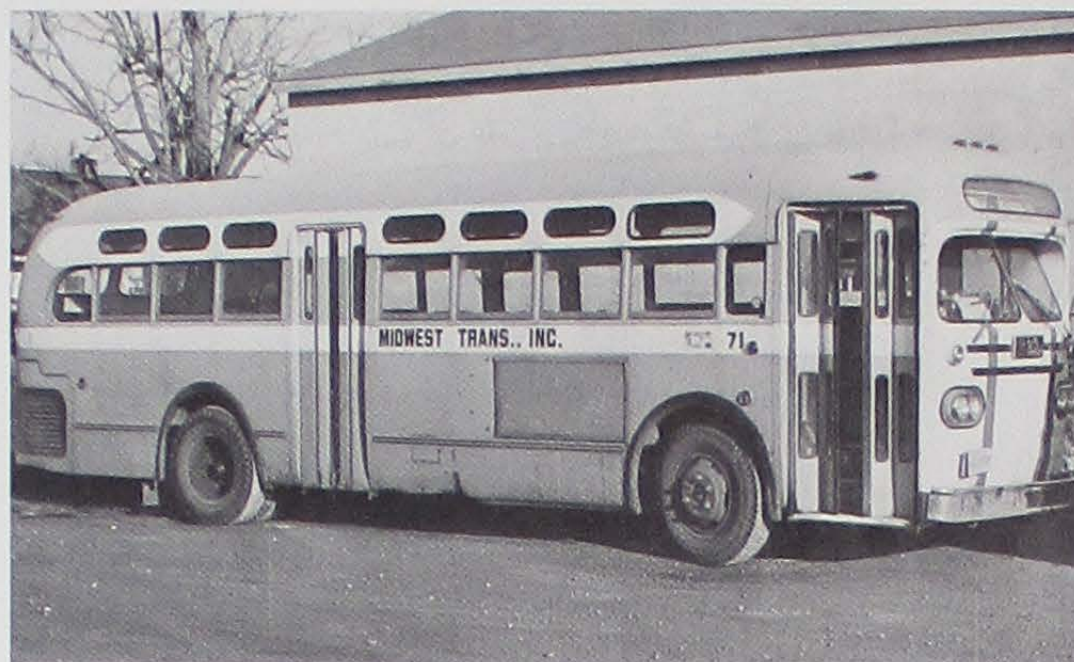


## LANDSBERG-KLUFA PHARMACY

University Rexall

Lincolnway and Stanton  
Ph. 292-6480

## MIDWEST TRANSPORTATION



Ames IA



Senior Aaron Ledet is always standing by to help you get the proper fit at Durlam and Durlam.

## Durlam & Durlam

"Known For Good Clothes"



Serving you is Junior Jeff Tostlebe's job at Sterling Standard.



Ames, Iowa



## ANECDOTES & TRIFLES

A slightly amusing, unrelated conglomeration of invaluable tips and amazing stories you'll want to remember forever.

\*\*\*\*\*

This year A.H.S. athletes heartily consumed approximately 1,100 Big Macs or quarter-pounders after out-of-town engagements. How much is a trillion? If you start right now, counting at the rate of one dollar bill per second, 24 hours a day, life would literally pass you by, for it would take 31,688 years to reach a trillion. Everyone pays taxes and inevitably queries the money's use. Here's a few examples. 1.) A "study of the mating calls of Central American toads — \$20,000." 2.) "Research on the smell of perspiration from Australian aborigines — \$70,000." 3.) A "study of the blood groups of Polish Zlotnika pigs — \$20,000."



Taking a break from their jobs at Mr. Steak are Susan Inouye, Barbara Ellis, and Leesha Zimmerman.



®  
AMERICA'S STEAK EXPERT



Trying on some of the great socks at White's, is Kim Breckenridge.

*White's*



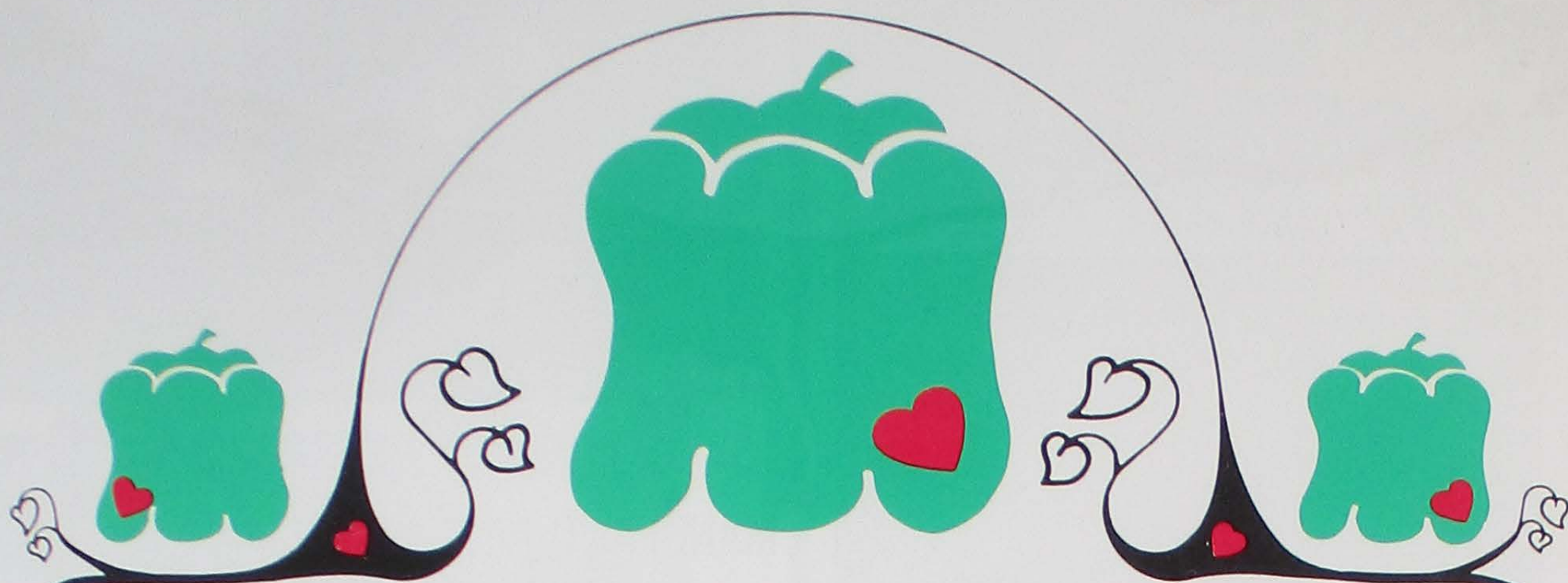
LINCOLN-MERCURY-CAPRI  
"At The Sign of The Cat"

A Good Place to Do Business

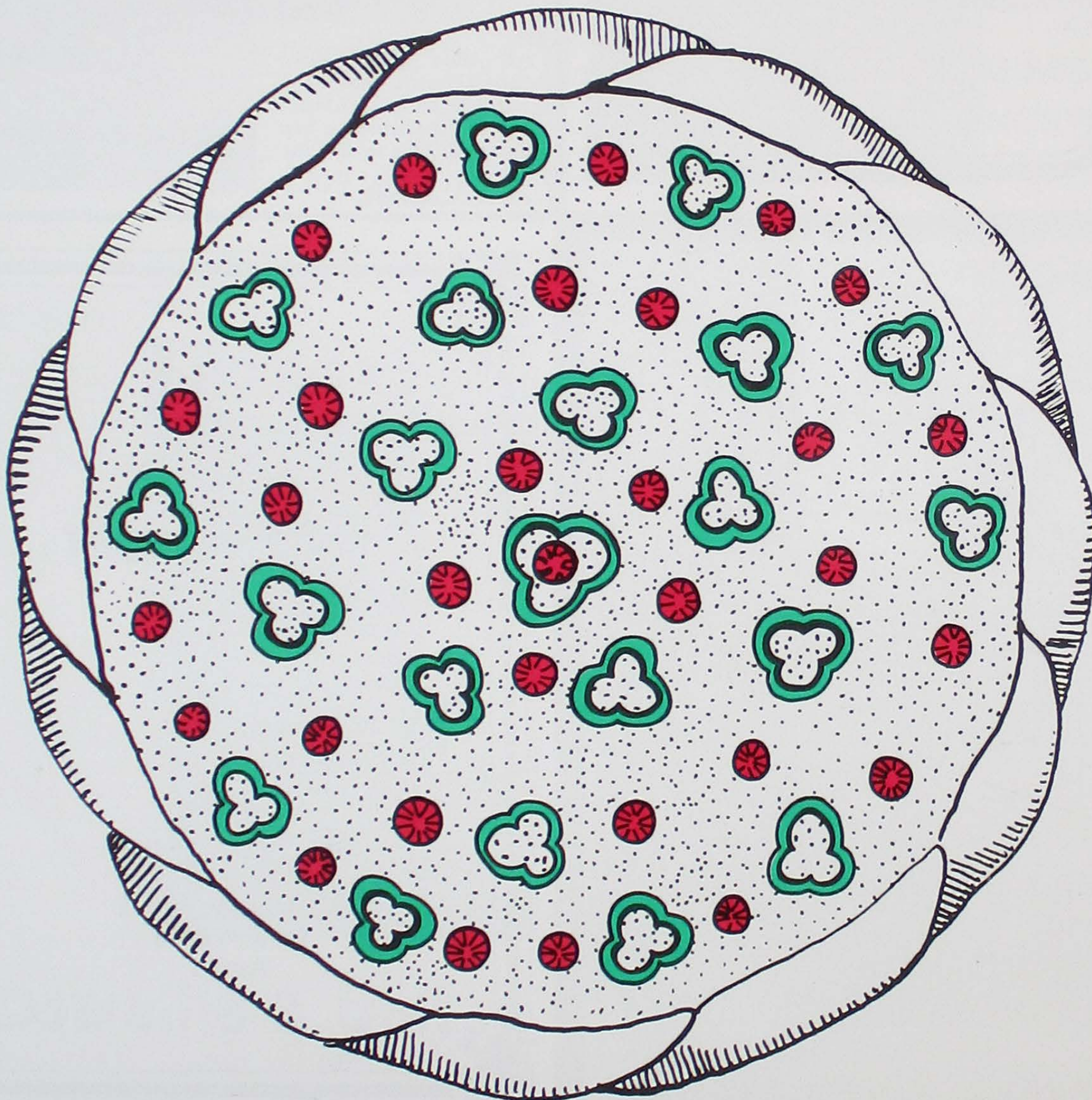
Nuzum Lincoln●Mercury Inc.

429 South Duff ● Ph. 232-7474

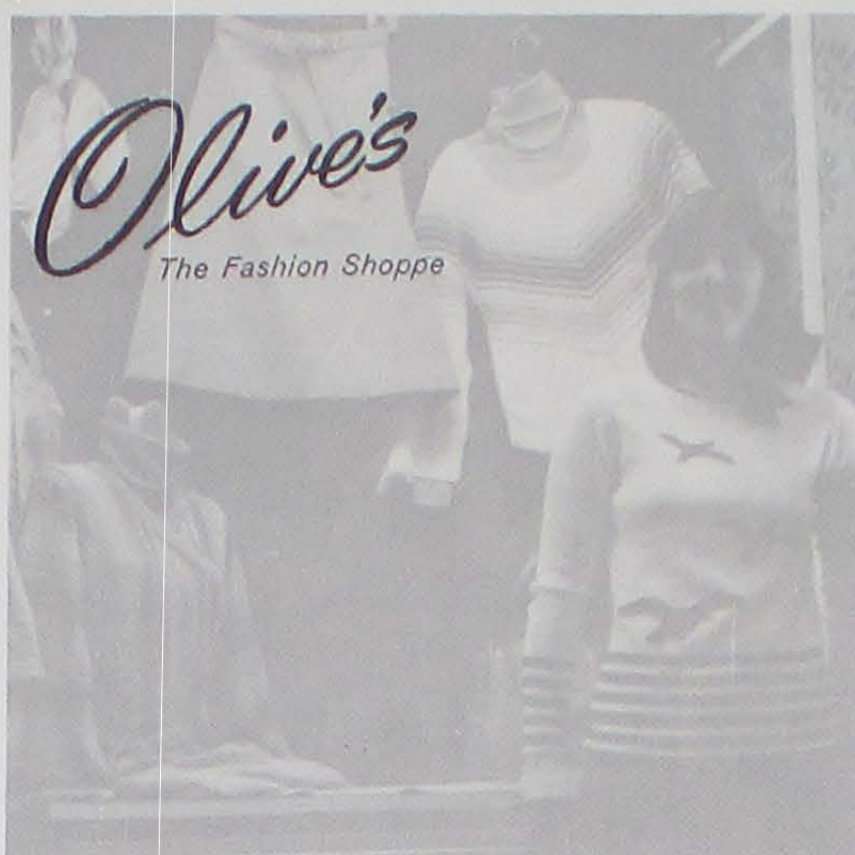




# THE GREEN PEPPER







Olives' DECA student, Nancy McCullough, rests in front of a display.

308 MAIN 233-1876



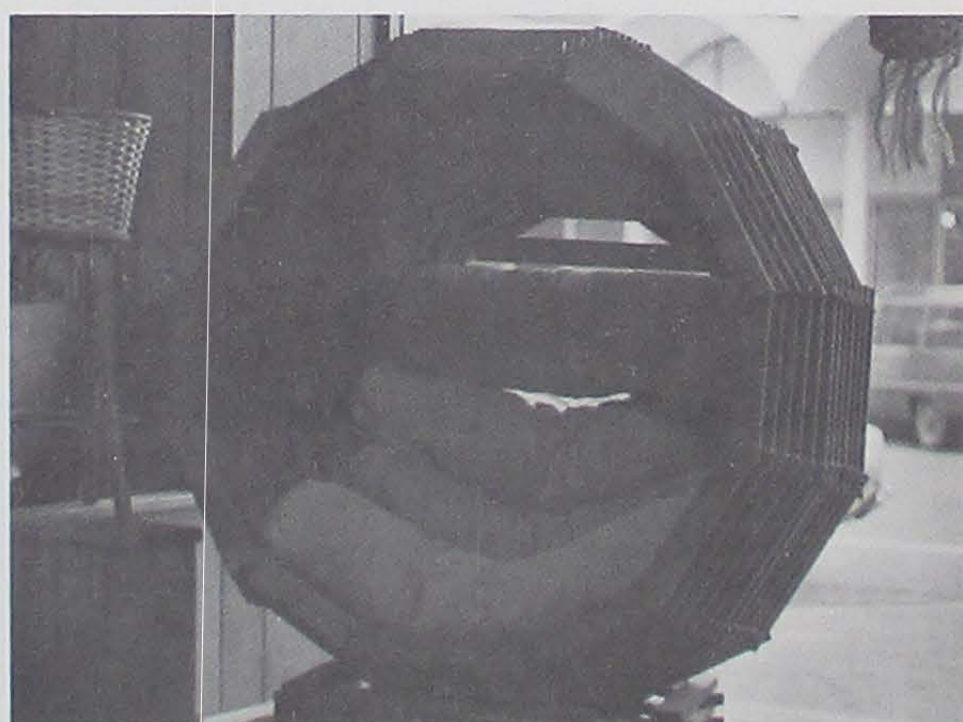
OLSON  
MANUFACTURING  
CO.

DAYTON & 13TH  
PH. 233-1344

An Ames High senior, Steve Huston, not only works for his father's business in the afternoons, but also finds time to dive for the swim team.



Poseidon's  
Odyssey



400 MAIN

PH. 232-2048

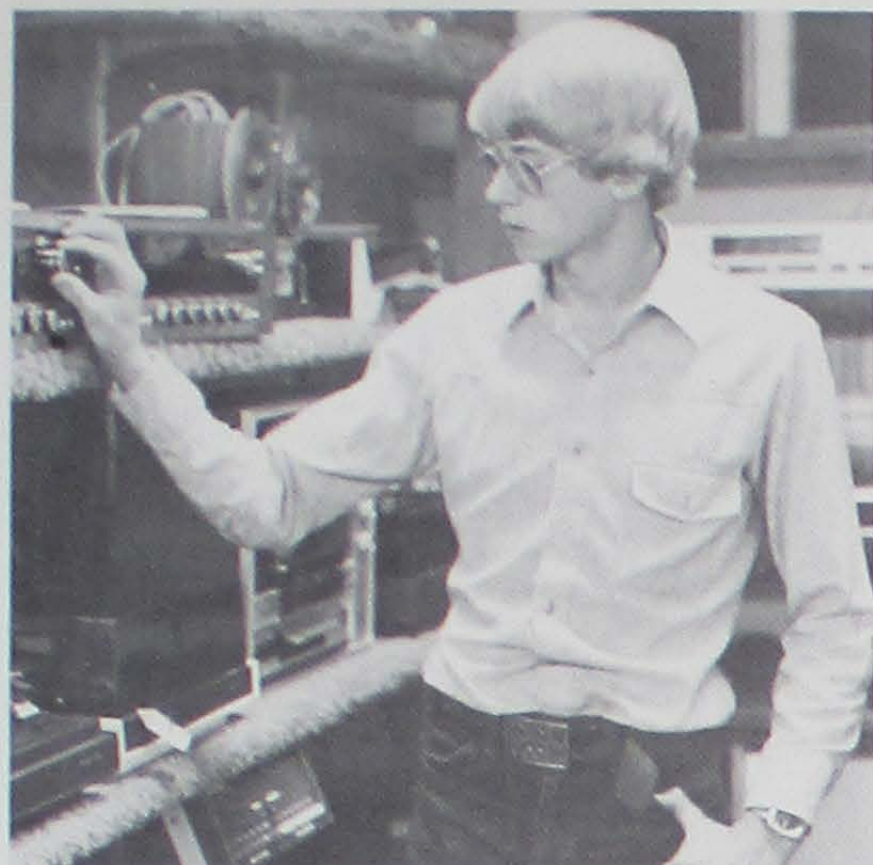


Main & Burnett  
Downtown  
Ames





# HARRIS TV & APPL.



Adjusting his favorite stereo, Van Harris works for his father almost every day after school.

335 LincolnWay

PH. 232-1109

*Bobby Rogers*



Modeling for Bobby Rogers is their DECA student, Sara Buck.

DOWNTOWN  
NORTH GRAND  
CAMPUSTOWN

426 Fifth

PH. 232-6401

Melissa Stoll and Linda Knutson boast the sign that advertises their fathers' businesses.



**McDowell's & United**

**gray real  
estate**

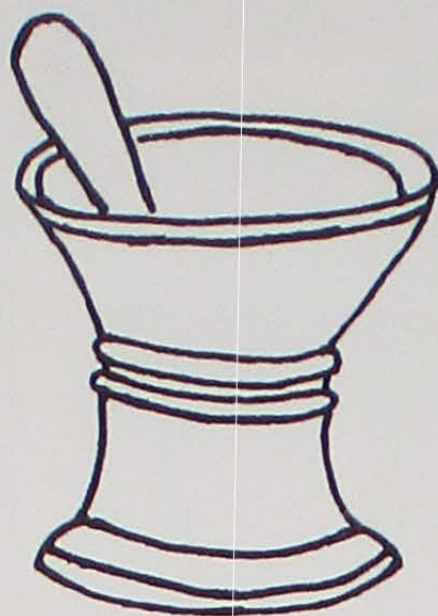


Kelley Gray helps out her father by putting up another one of those GRAY real estate signs.

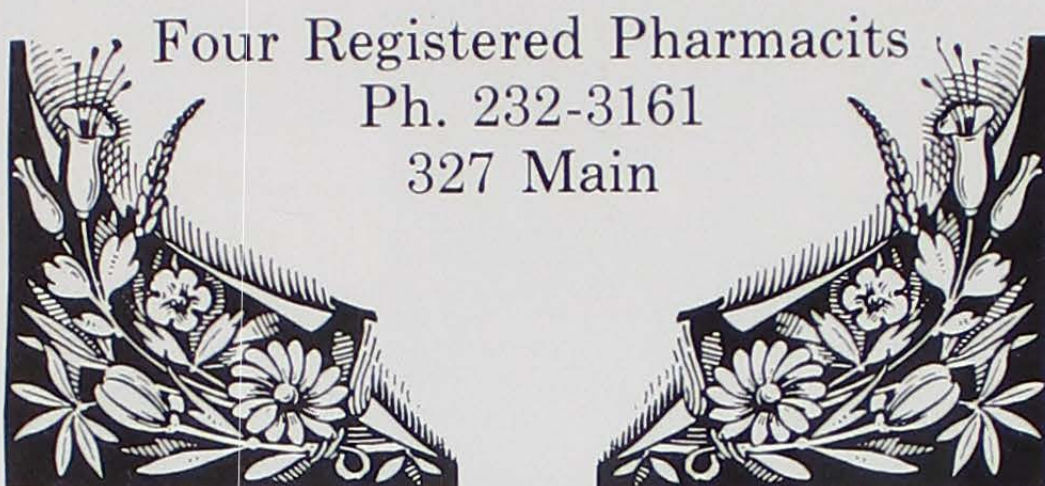
205 CLARK

232-3070





# Fastco Drug



Four Registered Pharmacists  
Ph. 232-3161  
327 Main

# ARCHIE'S SHOE REPAIR



Eric Johnson, Senior, knows he can find quality shoes to fit him at Archie's.



Juniors Steve Kuehl and Jerry Houser will tell you any time that with them Honda is #1!

# AMES HONDA HARLEY DAVIDSON

1930 East 13th

232-6273



# STEVENS MEMORIAL CHAPEL

**Congratulations to the  
Class of 76!**

28th and Grand  
Ames, Iowa 50010

232-5473





# **Ames Daily Tribune**

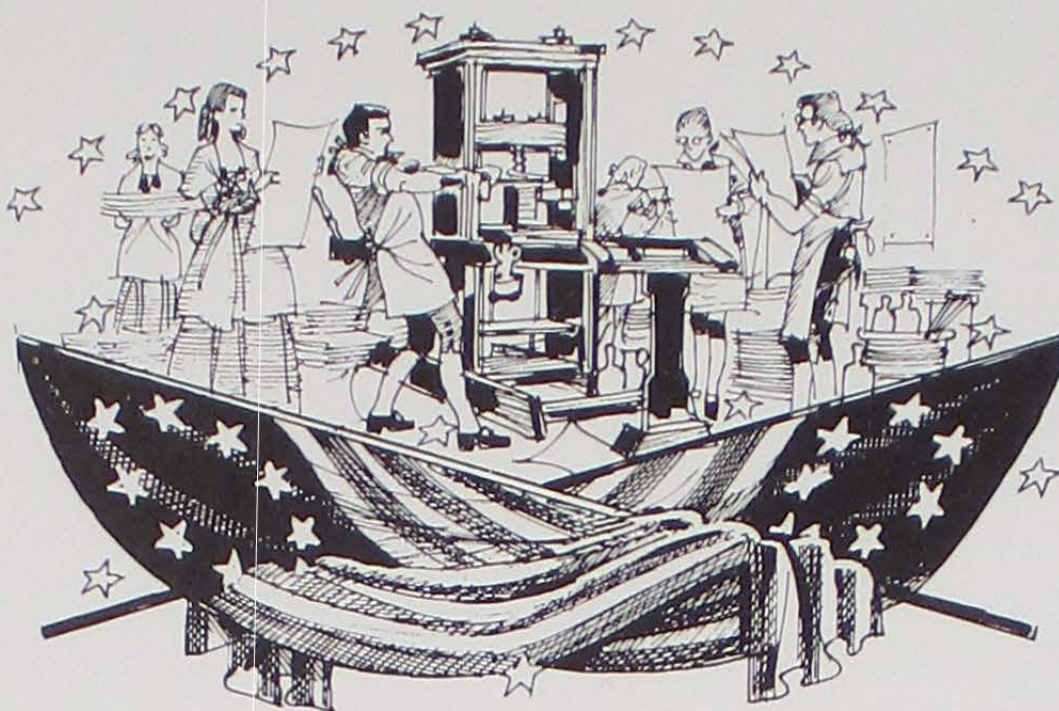
**...in the heart  
of what's happening  
in Ames...**



**... local news  
... sports  
... social news  
... sales  
... and of course,  
we bring  
you world news too...**



# CARTER PRESS



206 WELCH

PH. 292-8013

## The Soda Grill

The Best Place to Meet.

The Best Place to Eat.

Superior

Fountain Service

(1934 Spirit)

D  
O  
W  
N  
T  
O  
W  
N



THE ART THING  
120 WELCH



Vicki Knutson aids Gail Runge in finding that "something else".

*for that "something else"  
shop at*

SOMEPLACE ELSE

125 WELCH  
CAMPUSTOWN



# ENGELDINGER'S

YOUNG PEOPLE'S OUTFITTERS

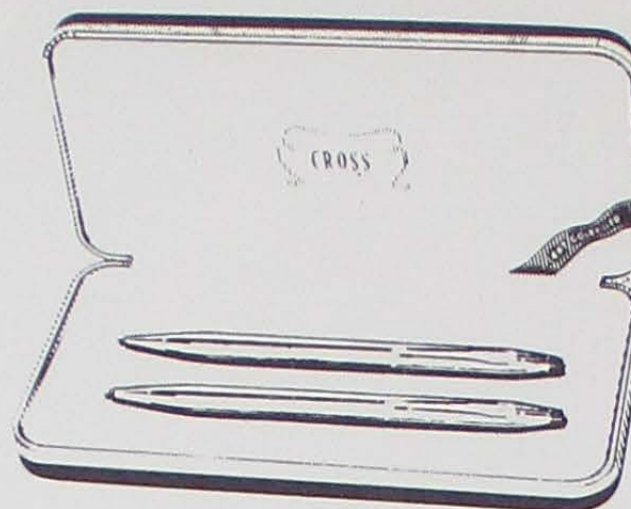


Cindy Mahlstedt can still find outfits to fit at Engeldinger's.

**NORTH GRAND  
MALL**

# Ames Stationers

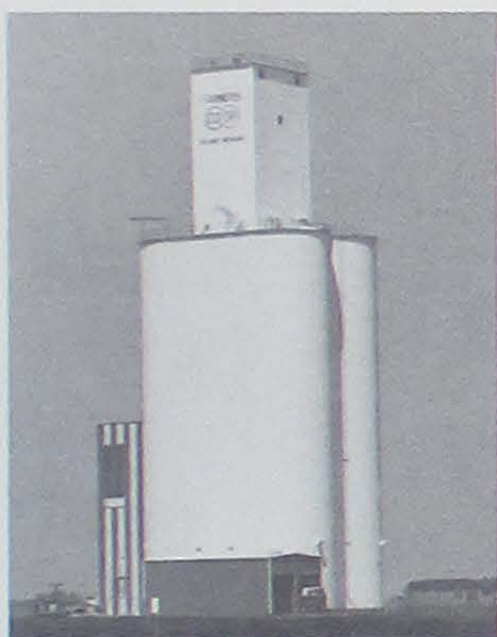
238 MAIN STREET P. O. BOX 411  
AMES, IOWA 50010



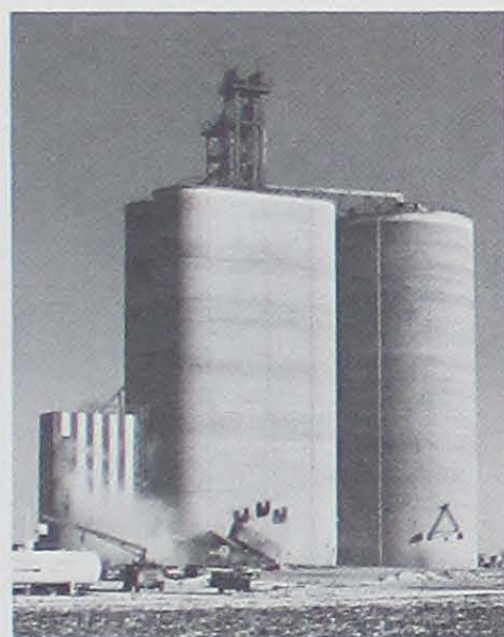
Pen and Pencil Set in Gift Package

Photographic Supplies  
Greeting Cards  
Typewriters  
Books

**GIFTS**  
**STATIONERY**  
**SCHOOL SUPPLIES**  
**OFFICE EQUIPMENT**



NEVADA, IA.



GOWRIE, IA.

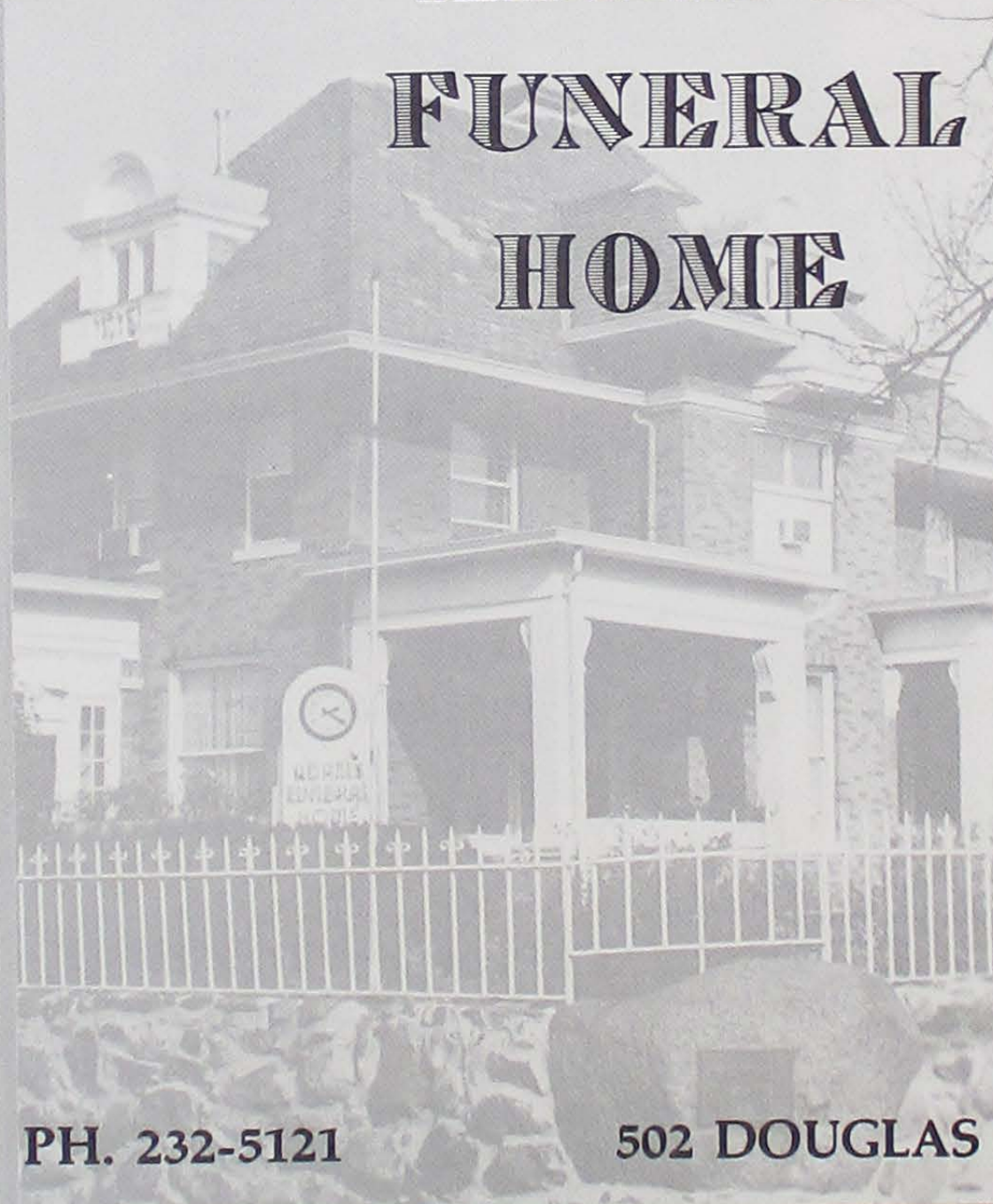
# DESIGNERS BUILDERS

GRAIN ELEVATORS & FEED MILLS

**TODD  
& SARGENT**  
AMES, IA. INC.

IN THE BICENTENNIAL SPIRIT

# ADAM'S FUNERAL HOME



PH. 232-5121

502 DOUGLAS





Kathy Kauffman looks over the large selection of plants at Coe's.

*COE'S  
HOUSE OF FLOWERS*

*6th and Grand*

*232-5432*

*WELLHOUSE  
PHOTOGRAPHERS*

*240 Main  
232-4640*



Downtown Ames in the late 1800's provides an extreme contrast to the functional efficiency of the Main Street shops today.





1975 State Championship biker Senior Dave Hollenbach rides for Michael's.

## MICHAEL'S CYCLERY

232-9125

5th and Kellogg

## DEAN'S RADIO and TV

Sales, Service and Rentals

Curtious, Expert, Reliable  
Service

108 Hayward  
292-5963

## THE UNIVERSITY SHOP

Leisure clothing for men of all ages

AND  
BJ's

## FORMAL WEAR

Formal wear with a formal flare  
111 Lynn Ave 292-2788



Sara Warman and Kim Spurgeon find shoes for every occasion at Brown's.

## BROWN-SHOE FIT

313 Main

232-6633



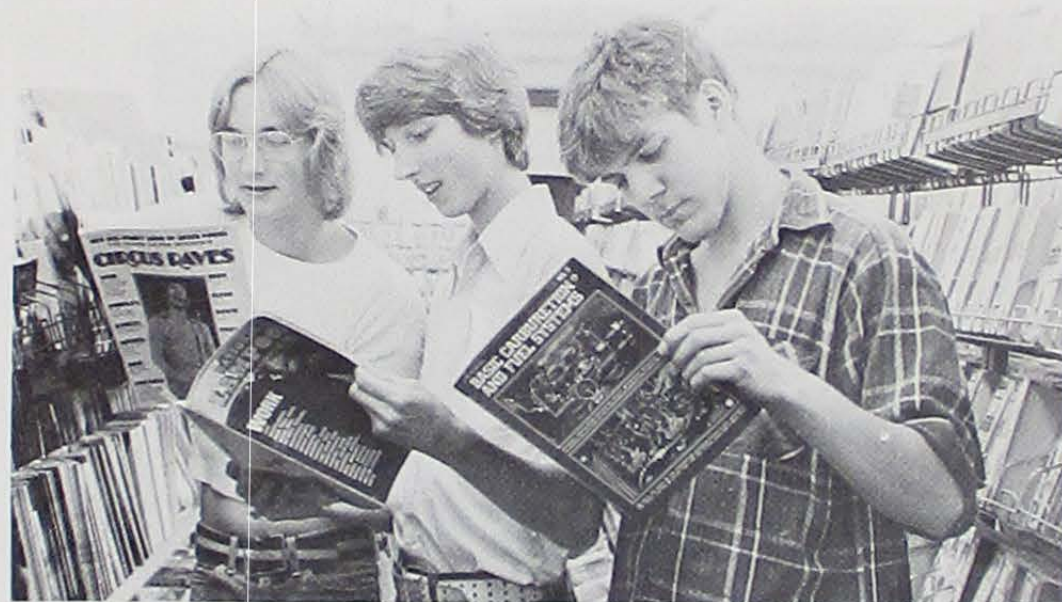
# FIRST NATIONAL BANK

We especially look forward to serving Ames High students as they grow and establish themselves financially.

DOWNTOWN  
5th and Burnett  
UNIVERSITY  
2320 Lincoln Way



Sophomore Karen Krieger poses inside her favorite savings place, First National Bank.



Ames High students Ted Huisman, Mike Anderson and Mark Templeton read some of the many magazines they stock at Walts.

## WALT'S

<i>Hallmark Cards</i>	<i>221 Main Street</i>
<i>Magazines, Books</i>	<i>Ph. 232-0455</i>
<i>Fanny Farmer Candies</i>	<i>Lincoln Center</i>
	<i>Ph. 232-3113</i>



IOWA ELECTRIC  
IS PROUD TO SERVE  
AND BE A PART OF THE  
AMES COMMUNITY  
SCHOOL DISTRICT





**H & F BUILDERS  
AND  
HUNZIKER & FURMAN  
REALTY**

New Homes and Real Estate Sales  
232-4214 803 24th St.

**FAREWAY STORES**



Senior John Elbert is always ready to sack your groceries as part of his job as a Fareway employee.

*THE BEST IN MEATS  
NATIONALLY KNOWN CANNED GOODS  
ORCHARD-FRESH FOODS*

**SCHOENMAN BUILDING CENTER**

Open Saturday till 4 p.m.

Main and Northwestern  
Ph. 232-2372  
AMPLE PARKING





# JOHN HUBER



Rick Perrin will help you find that smart looking outfit at John Huber's.

# CLOTHIER



1606 S. Duff  
PH. 232-5103

*Finesse*  
beauty ♦ salons  
incorporated



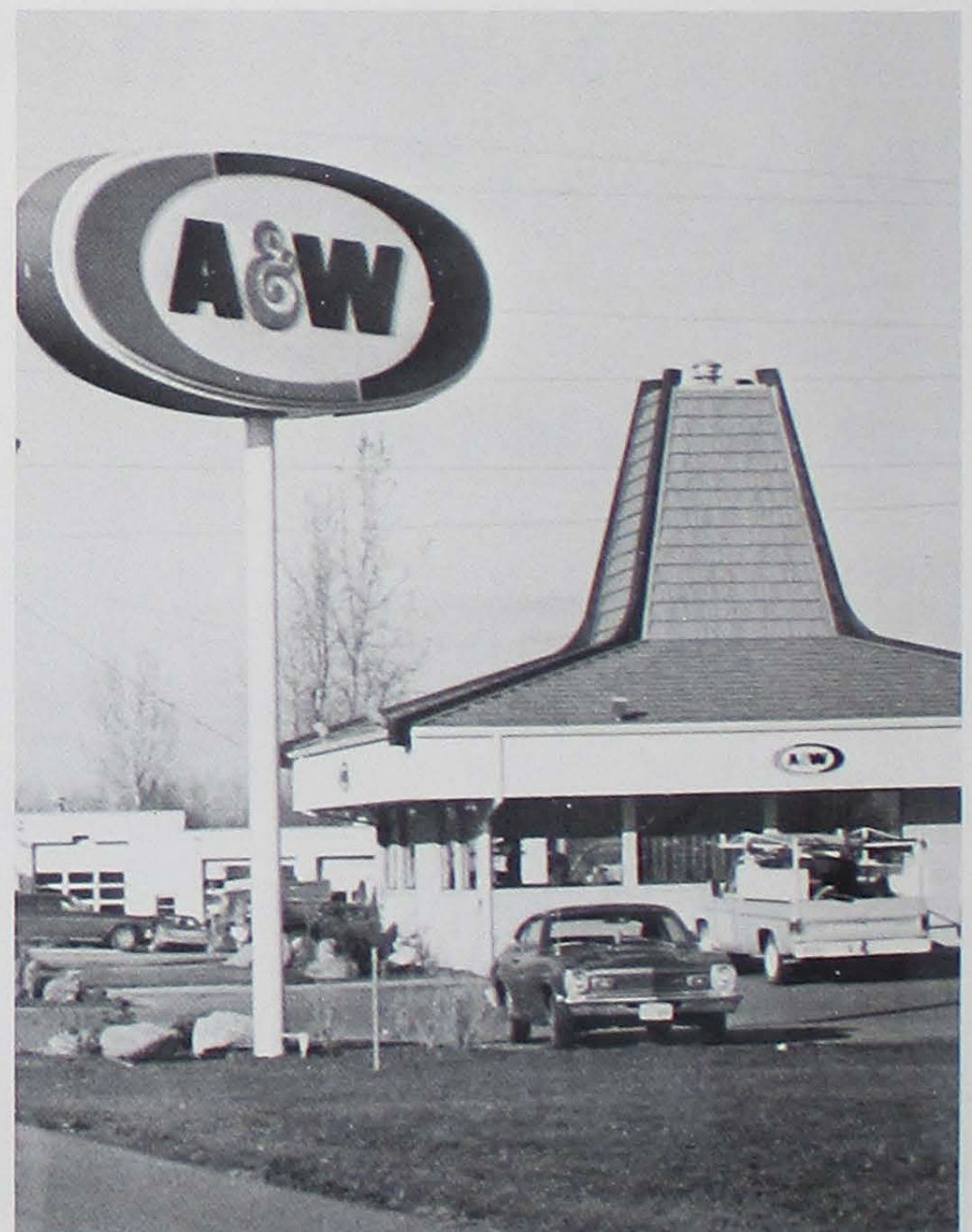
*...the Professionals*

BEAUTY & WIG SALON  
NORTH GRAND PLAZA  
232-0413

HAIR UNLIMITED  
210 WELCH  
292-1058

BY THE CAMPUS  
2408 LINCOLN WAY  
292-8136

REDKEN® **RK**





## 20th CENTURY BOWLING



Sara Warmen checks up on Dave Litchfield to see if he's keeping a fair score.

517 S. DUFF PH. 232-5530



*As old wood is best to burn,  
an old horse to ride,  
old books to read,  
and old wine to drink . . .  
so are old friends.*

We've made  
a lot of good friends  
since 1898 at . . .

**Johnson's**

712 Locust  
2404 University  
Valley West Mall, SouthRidge Mall  
North Grand Plaza/Ames

At Johnson's we're making new friends every day.

**JOLLY'S**  
PLACE

and Pizza Emporium

2522 CHAMBERLAIN PH 292-7070

**North Grand  
Rexall Drug**



Gotcha — Lisa Fawcett was caught testing the perfume at North Grand Rexall Drug.

**NORTH GRAND MALL**  
PH 232-8020





# JCPenney

NORTH GRAND MALL

233-3450

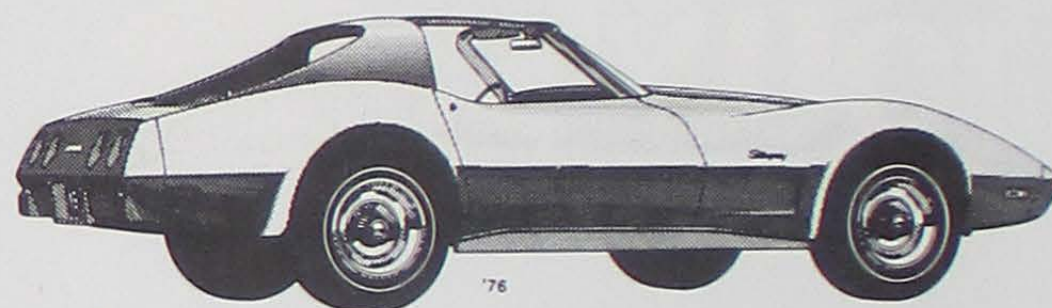


Senior, Esther Burchinal, displays one of the beautiful hanging basket plants at Mary Kay's.

*Mary Kay's*  
FLOWERS & GIFTS

3134 NORTHWOOD

232-3993



Corvette Coupe

GEORGE WHITE

CHEVROLET

AMES  
IOWA



# AMES PANTORIUM

Finest in Clothing

410 Douglas

232-4302

It pays to look your best.  
Let a professional dry cleaner  
take care of your clothes.



Working at Ames Fruit and Grocery,  
Arlene Sandvic helps customers  
through the check out line.

## AMES FRUIT AND GROCERY

24th and Grand

113 Colorado Ave.



Delivering papers every morning is part of  
Dennis Poffenberger's daily life.

## DES MOINES REGISTER AND TRIBUNE

301½ Kellogg

2500 Lincoln Way



THE  
MEDICINE  
CHEST®

... WHERE IT COSTS LESS TO KEEP HEALTHY

Low Cost Prescription Service  
and  
Discount Prices  
on all over the counter products

510 Lincoln Way

232-1653





## SHAUGHNESSYS

510 KELLOGG

## BATES JEWELERS

2502 Lincoln Way  
292-3226

## Trivia quiz

1. Who purchased the original cite of Ames?
2. What year was the town of Ames incorporated?
3. Who was Ames names after?
4. Where was the first school house located?
5. What was the name of the first schoolhouse?
6. How many students were in the first graduating class of 1878?
7. What was the original name of Lincoln Way?
8. What line ran through the town for so many years?

ANSWERS: 1. Cynthia Duff and John I. Blair, a railroad promoter. 2. 1869. 3. Oakes Ames, a congressman and railroad proprieter. 4. East of Squaw Creek Bridge and on the north side of Lincoln Way. 5. Hoggett School. 6. four. 7. Boone Street. 8. Chicago and Northwestern Railway Company.

## NEILSON ELECTRIC



Locally Owned  
Since 1908

COMMERCIAL  
INDUSTRIAL  
RESIDENTIAL

116 Clark

232-2445



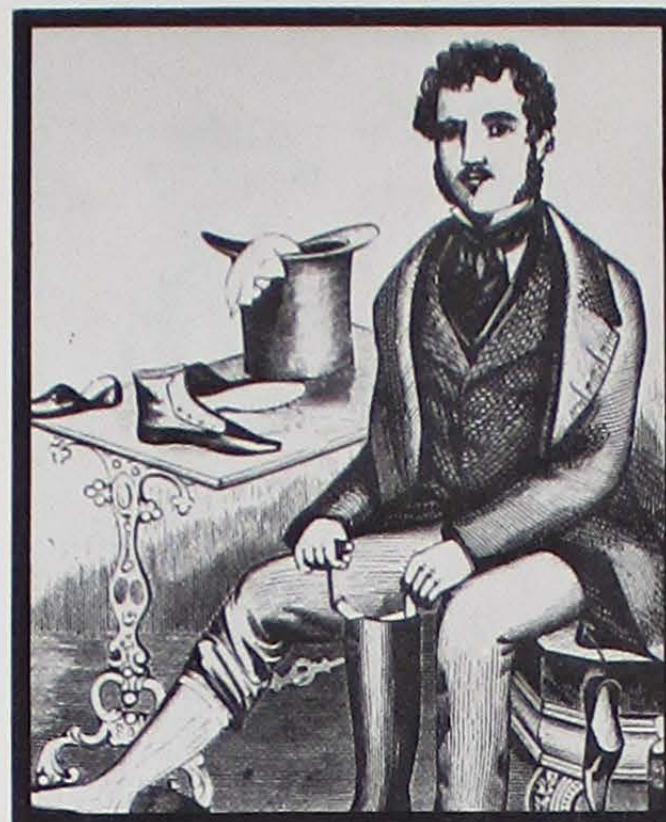
## **GRIFFIN** **COLOR CENTER**

214 Fifth Street  
 Ames Iowa 50010 515 — 232-5265



Julie Griffin pages through one of the many wallpaper books you can make selections from at Griffins.

## **COUNTRY** **COBBLER**



North Grand Mall

232-9471



## **UNION STORY TRUST AND SAVINGS BANK**

Main & Burnett — North Grand — Gilbert  
 232-8200 232-8200 232-4843

**A hometown friend**



# Sorenson's boutique and bridal salon



## WATER'S



Julie Waters learns about business from her father, Bill at Water's Firestone.

## FIRESTONE

## A.J. AUGUST



Taking a break from her work, Denise Christianson poses in front of the shirts at A.J. August in a comfortable position.

NORTH GRAND MALL PH. 232-6621





118 HAYWARD

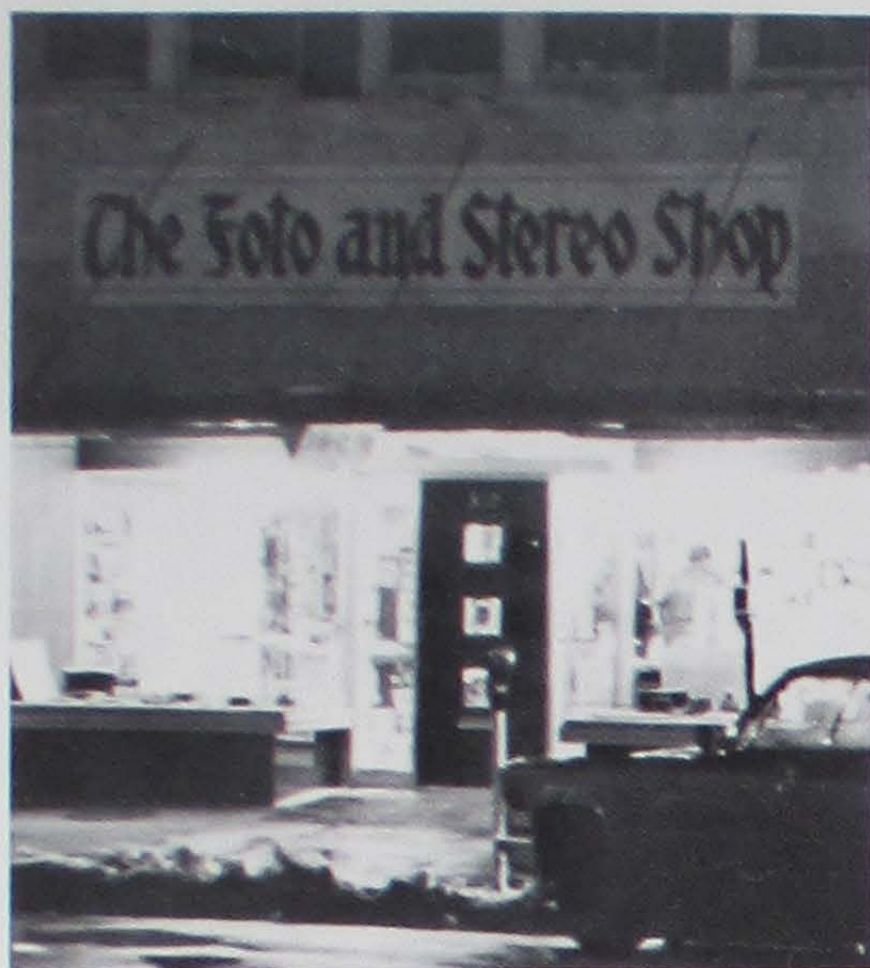
CAMPUS PLAZA



Congratulations to the Class of 1976  
and continued success to Ames High

## **THE MCFARLAND CLINIC**





**FOTO and STEREO**



## **TRIPLETT REAL ESTATE AND INSURANCE**

410 5th Street

Ames, Iowa

Ph. 232-5240



## **HY-VEE**

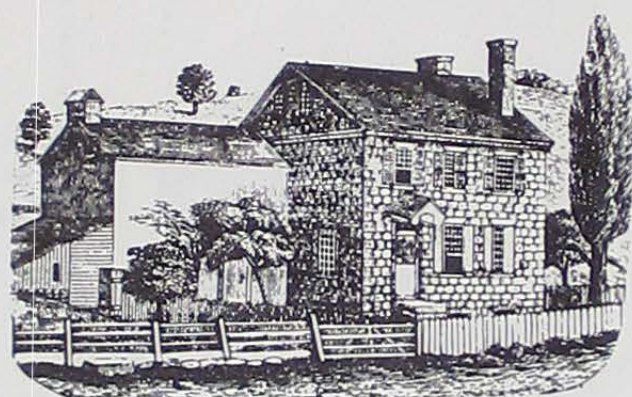
Seniors, Kelly Alford, Mike Moore, and Steve Froning demonstrate Hy-Vee's policy of "a helpful smile in every aisle".





**MCDONALD'S CREW:**  
 Front: Karen Allen, Becky Slavic, Nancy Lippe, Cindy Hutt, Jan Frahm, Ann Swan, Carol Morton. Second: Donna Rod, Kevin MacIntosh, Kelly Smay, Stephanie Lendt, Scott Stephan, Rick Yegge. Third: Shelley Prestemon, Julie Hough, Nancy Overturf, Jacque Elrick, Reg Harrington, Andreas Burckhardt, Kirk Heer. Fourth: Marilyn Schnormeier, Karen Van Drie, Kim Hogle, Kathy Michel, Jan Peterson.

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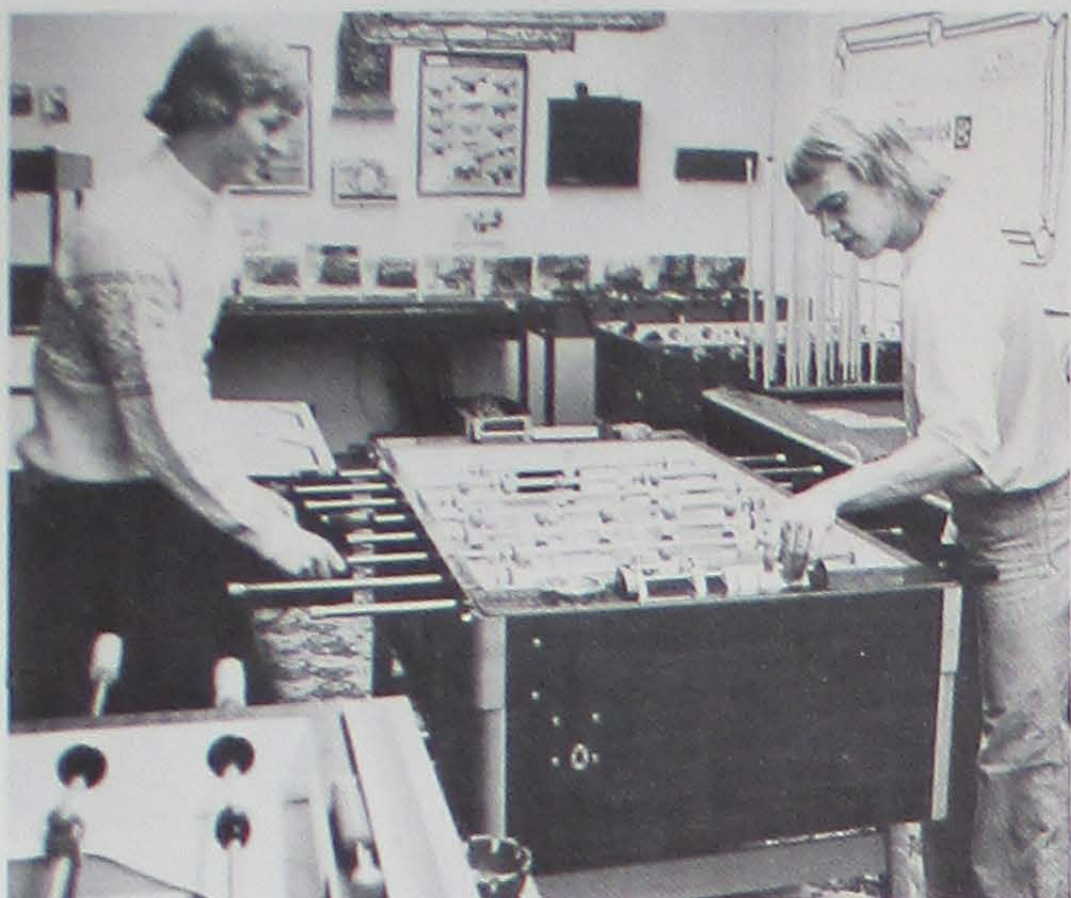
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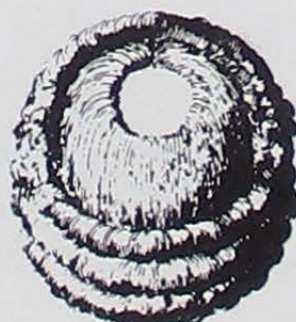
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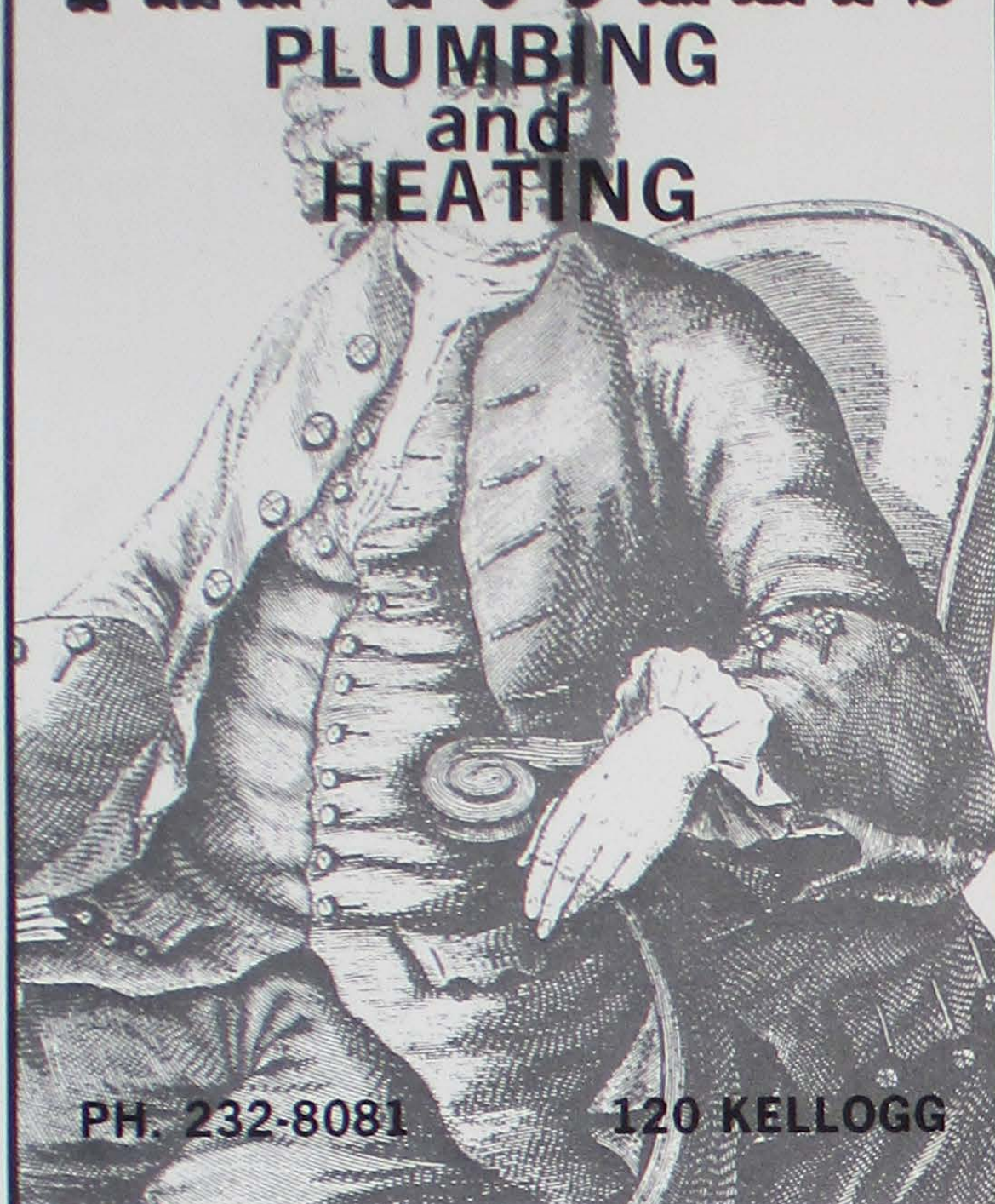
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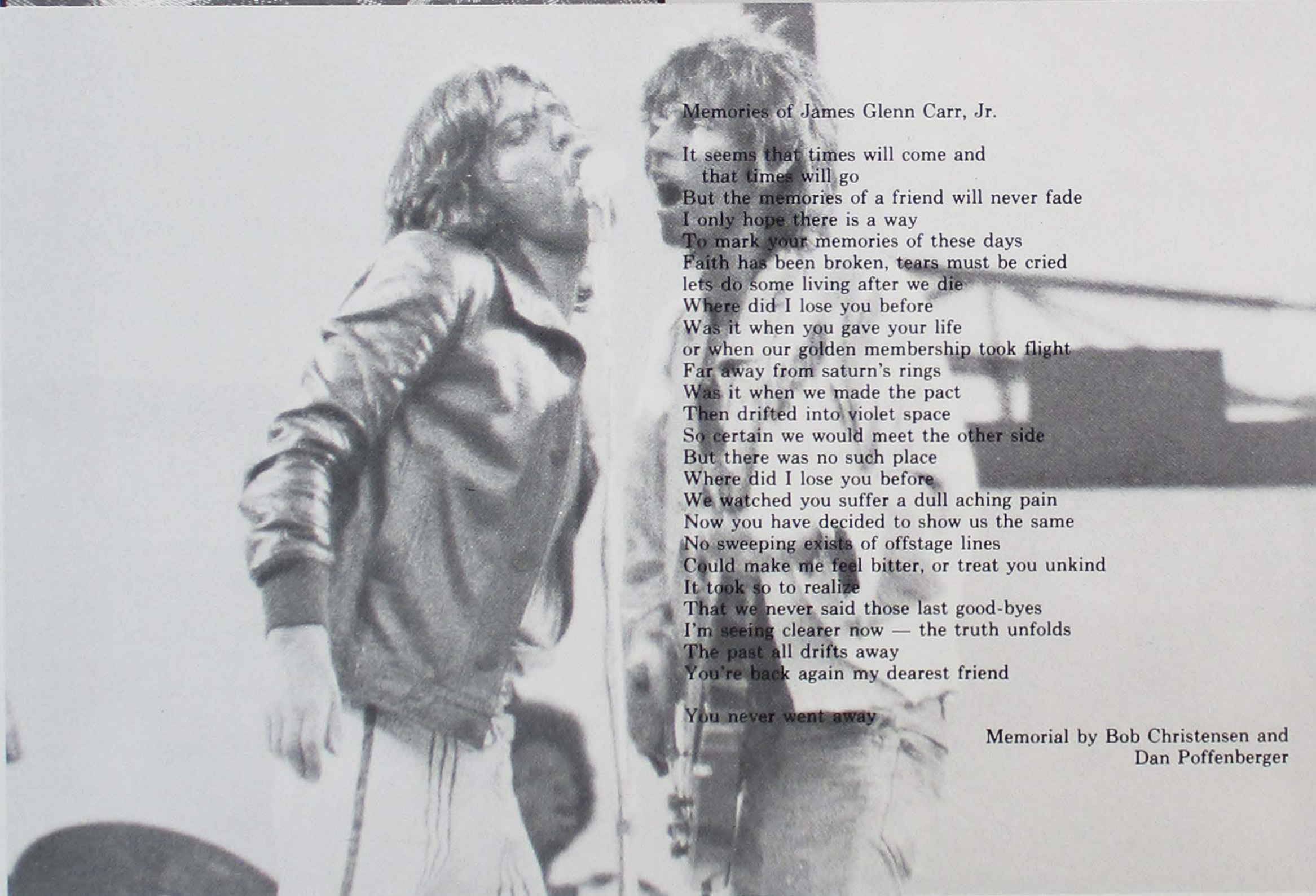


### Memories of James Glenn Carr, Jr.

It seems that times will come and  
that times will go  
But the memories of a friend will never fade  
I only hope there is a way  
To mark your memories of these days  
Faith has been broken, tears must be cried  
lets do some living after we die  
Where did I lose you before  
Was it when you gave your life  
or when our golden membership took flight  
Far away from saturn's rings  
Was it when we made the pact  
Then drifted into violet space  
So certain we would meet the other side  
But there was no such place  
Where did I lose you before  
We watched you suffer a dull aching pain  
Now you have decided to show us the same  
No sweeping exists of offstage lines  
Could make me feel bitter, or treat you unkind  
It took so to realize  
That we never said those last good-byes  
I'm seeing clearer now — the truth unfolds  
The past all drifts away  
You're back again my dearest friend

You never went away

Memorial by Bob Christensen and  
Dan Poffenberger





# scholarships

KAY ANDERSON: Beta Tau Delta Scholarship.

KIM BAILEY: Masonic Scholarship.

RENEE BARNHOUSE: American Legion Auxilliary Scholarship.

EDWARD BEAUDRY: Dow Chemical Engineering Scholarship.

FRANK BRADY: Ames Community Thrift Shop Award.

ESTHER BURCHINAL: Ames Community Thrift Shop Award.

ERIC BUTLER: Drake University Presidential Scholarship, UNI Science Symposium Physics Award.

MICHELLE COADY: Ames Community Thrift Shop Award

DENISE DENNIS: Ames Community Thrift Shop Award.

NORMA DOWELL: Music Scholarship Central College, Pella

PATRICIA FREEMAN: ISU Journalism Alumni Scholarship.

SHERYL GEORGE: ISU General Scholarship.

DEBORAH HOLLENBACK: University of Iowa Merit Scholarship for Freshman.

JAMES KOLMER: ISU Music Scholarship.

JANE LIN: AFL/CIO Scholarship.

WENDY LUNDQUIST: AEA Scholarship.

B. LLOYD MCCOY: University of Northern Iowa Art Scholarship.

SANDRA MORRISON: Ble CrossBlue-Shield Nursing Scholarship, Ames Women's Coub Scholarship.

GARY MARTY: Des Moines Register and Tribune Scholarship.

JANE PEARSON: State of Iowa Scholarship.

RUSSELL POUNDS: National Achievement Scholarship for Outstanding Negro Students.

DONNA ROD: ISU Music Scholarship. Music Scholarship Honors Scholarship, Augustana College.

SCOTT ROWLEY: College of Eastern Utah Scholarship.

JULIE SEDERBURG: Thomas J. Watson Memorial Scholarship, IBM.

KATE SHAKESHAFT: Grinnell Honors Scholarship.

JAMI SIMON: NCTE Writing Award, Soroptimists' Ames Youth Citizenship Award.

MELISSA STOLL: University of Northern Iowa Merit Scholarship.

WENDY SWENSON: American Youth Foundation "I Dare You" Award for Leadership.

DAVE WEDIN: Army (& Navy) 4 Year Scholarships.

JEFF WEIR: Ames Community Thrift Shop Award.

MARY ANN LOVE: Basic Educational Opportunities Grant.

na Barnes, Edward Beaudry, Read Blinn, Eric Butler, Amy Cook, Kirk Heer, Laura Hickman, Debbie Hollenback, Brian Jenkins, Julie Jones, Carolyn LaGrange, Joy McCully, James McGee, Randall Moore, Katherine Shakeshaft, Martha Stewart, David Wedin.

NATIONAL MERIT SEMI-FINALISTS: Daniel Mohr, Mark Peters, Pamela Schlueter.

NATIONAL MERIT FINALISTS: Jonathan Abraham, Melinda Homer, Paul Hudson, Mitchell Johnson, James Mischke, Elizabeth Richards, Ted Rood, Julie Sederburg, Scott Smay, Julia Tipton, Dale Zimmerman.

STATE OF IOWA SCHOLARS: Carolyn Brown, Eric Butler, Tammy Edwards, Scott Gibson, Carolyn LaGrange, Jane Lin, Constance Martin, Joy McCully, James Mischke, Jane Pearson, Julie Sederburg, Julia Tipton, Dale Zimmerman.

ADMISSION WITH RECOGNITION TO ISU: Stephen Atkins, Eric Butler, Tammy Edwards, Patricia Freeman, Scott Gibson, Julie Jones, Constance Martin, Elizabeth Richards.

ADMISSION WITH RECOGNITION AND SCHOLASTIC AWARD TO ISU: Christina Barnes, Edward Beaudry, Jane Lin, Joy McCully, James Mischke, Lisa Olson, Julie Sederburg, Dale Zimmerman.

KATHARINE GOODLAND: United States Military Academy at West Point Appointment.

CHRIS KAUFFMAN: United States Air Force Academy Appointment.

BRIAN JENKINS: Presidential Scholar, NCTE Writing Award, American Youth Foundation "I Dare You" Award for Leadership, Knights of Columbus Youth of the Year Award.

# honors

NATIONAL MERIT COMMENDED STUDENTS: Stephen Atkins, Christi-



RANDALL MOORE: Iowa Wesleyan College Award for Academic Excellence.

## journalism

SCRATCH PAD AWARD: Jon Abraham, Harry Secker, Scott Thiel, Julia Tipton, Ginny Wood, Mary Wooley.

IOWA PRESS WOMEN'S STATE WRITING CONTEST: Melinda Homer, Dan Svec, Julie Carey.

SPIRIT YEARBOOK RECOGNITION: Lisa Berger, Eric Butler, Connie Martin, Jami Simon, Karen Willham.

QUILL AND SCROLL NATIONAL HONOR SOCIETY FOR HIGH SCHOOL JOURNALISTS MEMBERSHIP: Connie Birdsall, Laura Hickman, Melinda Homer, Pat Freeman, Linda Knutson.

WEB MOST VALUABLE STAFFER AWARDS: Pat Freeman, Betty Morgan, Rob White.

SPIRIT MOST VALUABLE STAFFER AWARDS: Mark Karas, Betty Morgan.

FEATURE WRITING AWARD: Julie Carey.

### FIRST SEMESTER WEB:

Editor-in-chief ..... Pat Freeman  
Managing Editor ..... Diana Marcum  
News Editor ..... Karen Willham  
assistant ..... Kelly Alford  
assistant ..... Chuck Robinson  
Feature Editor ..... Julie Carey  
assistant ..... Natalie Thorson  
Opinion Editor ..... Scott Gibson  
Sports Editors ..... Julie Gilman  
Frank Brady  
assistant ..... John Crawford  
Copy Editors ..... Mitch Johnson  
Connie Martin  
Headline Coordinator ..... Kim

Breckenridge  
Layout Coordinator ..... Connie Birdsall  
assistant ..... Dyann Fields  
Photographers ..... Kathy Bodine  
Kevin Buck  
Mark Karas  
Brian Smith

Circulation Manager ..... John Crawford  
Artist ..... Chris Cysewski  
Advisor ..... Tom Rolnicki  
SECOND SEMESTER WEB:

Editor-in-chief ..... Melinda Homer  
Managing Editor ..... Jodie Tryon  
News Editor ..... Wendy Lundquist  
Opinion Editor ..... Joel Morton  
Community Editor ..... Tracy Arnold  
Chief of Graphics ..... Rob White  
Sports Editor ..... Dave Crawford  
assistant ..... Tom Rockwell  
Consumer Affairs Editor ..... Dave Mercier  
Copy Editors ..... Rimma Abian  
Jami Simon

Personality Editor ..... Monica Matt  
Photographer ..... Tom Johnson  
Layout Coordinators ..... Scott Smith  
Rimma Abian

Headline Coordinator ..... Mark Schmidt  
News Reporters ..... Rob White  
Linda Pearston

Circulation ..... John Elbert  
Advisor ..... Tom Rolnicki (T.R.)

Editor-in-chief ..... Linda Knutson  
Managing Editor ..... Owen Herrnsstadt  
News Editor ..... Mike Vaclav  
Opinion Editor ..... Dan Svec  
Community Editor ..... Dave Hadwiger  
Sports Editor ..... Brian Jenkins  
assistant ..... Mike Miller  
Consumer Affairs Editor ..... Beth  
Thurman

People-Personality Editor ..... Melissa  
Stoll

assistant ..... Sara Reece  
Copy Editors ..... Nancy Overturf  
Melissa Stoll  
Beth Thurman

Photographers ..... Scott Smay  
Anna Peterson

Headline Coordinator ..... Ann Swan  
Layout Coordinator ..... Betty Morgan  
Ann Swan

News Staff Assistants ..... Dana Fullhart

Delayne Stokke

Circulation ..... John Elbert

Advisor ..... Tom Rolnicki

## math

MATHEMATICS CONTEST AWARDS: Jim Abraham, Jim Corbett, Marc Drexler, Rick Ewan, Chris Kauffman, Jon Lewis, Gary Marty, Beth Richards, Jean Seidel

## debate

DEBATE AWARDS: David Anderson, Kirk Brown, Paul Griffen, Teri Rasmussen, Susan Russell, Douglas Wolf, Mark Zbaracki.

## industrial arts

INDUSTRIAL ARTS AWARDS AND RECOGNITION: Tim Babcock, Mike Clatt, Rick Crom, John Elbert, Mark Frederickson, Curt Griffen, Mark Hartman, Dave Merritt, John Packer.

## arts

DAVID BURTON STONE AWARD: Sarah Mason.

FIRST NATIONAL BANK AWARD: Jon Benson, Connie Birdsall, Jon Boyd, Sandy Gass, Sarah Mason, Brian McCoy.

## volunteers

AMES HIGH VOLUNTEER COMMITTEE: Kay Anderson, Lynn Baker, Kevin Christenson, Tammy Edwards, Mitch Johnson, Ann Kreamer, Julie Waters.



## history

D.A.R. AWARD FOR EXCELLENCE IN HISTORY: Carol Anderson, Janet Bliss, Brad Hildebrand, Lillian Svec.

IOWA BAR ASSOCIATION AWARD IN CITIZENSHIP: Brian Jenkins, Julie Jones, Chris Kauffman, Martha Lagomarcino.

## chorus

LETTERS: Marla Anderson, Kary Bahr, Karla Bell, Lisa Berger, Candy Block, Wilfred Colon, Jeanine DeWees, Norma Dowell, Janis Frahm, Mark Fredericksen, Karen Gerber, Katie Goodland, Laura Hickman, Kay Hocker, Sue Holt, Paul Hudson, Karen Johanns, Mitch Johnson, Dave Kline, Martha Lagomarcino, Mary Ann Love, Sarah Mason, Mary Montag, Sandy Morrison, Jane Pearson, Kevin Quinn, Annette Raper, Lori Richtsmeier, Chuck Robinson, Donna Rod, Peggy Samuelson, Sandy Shaffer, Cathy Wood, Teresa Miller, Sarah Beattie, Kelly Boon, Laura Charles, Tami Droz, Julie Glotfelty, John Larkins, Lisa Meany, Ted Potter, Sara Reece, Mary Ann Truhe, Steven Van Marel, Paul Volker, Sara Warmen, Ginny Wood.

ALL STATE VOCALISTS: Ginny Wood, Chuck Robinson.

STATE SMALL GROUP CONTEST: Jon Lewis, Mitch Johnson, Chuck Robinson.

BRONZE PINS: Laura Hickman, Chuck Robinson, Paul Hudson, Donna Rod.

GOLD PINS: Annette Raper, Mary Ann Love, Norma Dowell, Mitch Johnson, Mark Fredericksen.

## student council

FIRST SEMESTER: Brian Jenkins, Owen Herrnsstadt, Presidents; Rimma Abian, Ed Beaudry, Candy Block, Kathy Bodine, Esther Burchinal, Julie Carey, Michelle Coady, Martha Lagomarcino, Russ Pounds, Melissa Stoll, Wendy Swenson, Kyle Thomas, Committee Heads; Julie Gilman, Jami Simon, Secretaries; Ed Beaudry, Treasurer; Dave Wedin, Parliamentarian; Shelly Alert, Kelly Alford, Richard Beck, Karla Bell, Connie Birdsall, Carol Bohnenkamp, Rob Bohnenkamp, Sam Bran, Kirk Brown, Eric Butler, Amy Cook, Kris Engelstad, Pat Freeman, Laury Goll, Ann Hawthorne, Susan Holt, Susan Inouye, Julie Johnson, Linda Knutson, Carolyne LaGrange, Tom Larsen, Stephanie Lendt, Kay McFarlin, Mike Moore, Julie Norem, Nancy Overturf, Doug Pletcher, Gretchen Potter, Lisa Prestemon, Annette Raper, Doug Robinson, Tom Rockwekk, Mike Ross, Kim Rowley, Kate Schultz, Brian Smith, Kevin Snyder, Roy Stotts, Lillian Svec, Beth Thurman, Sarah Townsend, Sharee Tschetter, Paul Volker, Julie Waggoner, Diane Weigel, Leesha Zimmerman, Kim Harris, Mark Behrens.

SECOND SEMESTER: Carolyne LaGrange, Wendy Swenson, Presidents; Katie Goodland, Debbie Hollenback, Annette Raper, Martha Lagomarcino, Mike Ross, Sarah Townsend, Paul Volker, Committee Heads; Annette Raper, Jami Simon, Secretaries; Dave Wedin, Treasurer; Doug Pletcher, Parliamentarian; Shelley Alert, Marla Anderson, Candy Block, Sam Bran, Sarah Campbell, Kevin Coria, Julie Johnson, Stephanie Lendt, Julie Norem, Gretchen Potter, Kim Rowley, Barb Sibley, Brian Smith, Kevin Snyder, Roy Stotts, Rimma Abian, Mary Wooley, June Hanson, Eric Butler, Aaron Ledet, Lynn

Freeman, Sharlene Lin, David Franke, Jane Lin, Amy Cook.

## thespians

THESPIANS: Jami Simon, President; Kary Bahr, Vice President; Kate Shakeshaft, Secretary; Julia Tipton, Lisa Paulsen, Treasurers; John Couture, Ron Rosmiller, Amy Cook, Susan Holt, Amy Zupan, Cindi Jorstad, Rob Bohnenkamp, Debbie Hollenbach, Martha Stewart, Sarah Mason, Sara Reece, Paul Volker, Neal Stephenson, Beth Epstein, Brian Jenkins, Katie Goodland, Mary Schroeder, Carol Yager, Kent Varnum, Kari Varnum, Mark Hempe, Marty Finemore, Nancy Weiss, Barb Sibley, Scott Stewart, Dave Welch, Mark Rosewell, Brian Pesk, Robin Pierson.

Wayne Hanson, Sponser.

THESPIAN AWARDS: Kary Bahr, Beth Epstein, Katie Goodland, Lisa Paulsen, Kate Shakeshaft, Jami Simon, Julie Tipton, Paul Volker, Honor Bars. Kary Bahr, Lisa Paulsen, Jami Simon, Paul Volker, Kate Shakeshaft, Pins.

## plays

"OF THEE I SING"

Mark Rosewell, John Couture, Sarah Mason, Paul Hempe, Neal Stephenson, Kelly Farrar, Brian Jenkins, Paul Volker, Cindy Jackson, Laura Hickman, Katie Goodland, Brian Pesek, Ron Rosmiller, Steven Buchle, Carol Anderson, Don Anderson, Ted David, Nadja Owens, Robin Pearson, Kary Bahr, Scott Stewart, Kelly Boon, Carol Bohnenkamp, Sarah Bro, Sarah Campbell, Julie Glotfelty, Susan Holt, Ann Hawthorne, Barb Sibley, Susie Spencer,



Nancy Weiss, Beth Ricketts, Ann Swan, Laury Goll, Kathy Michel, Mary Michel, Cindy Oppedal, Deanne Stevens, Jeanne Westbrook, Sarah Beattie, Leslea Collins, Jami Simon, Teresa Miller, Ann Wirtz, Amy Cook, Melissa Stoll, Martha Lagomarcino, Kim Richer, Jane Klaus, Robin Pearson, Jyoti Bal, Barb Brady, Pat Freeman, Nancy Gehm, Barb Hart, Kay Hocker, Julie Hough, Linda Liming, Betty Morgan, Sandy Morrison, Tracy Nowlin, Ann Trenkle, Julie Waters, Ronda Willsher.

Orchestra: Kirk Heer, Norma Dowell, Wendy Swenson, Kevin Kellog, Dana Fullhart, David Fung, Marsha Rhead, Joy McCully, Kathrin Lassila, Suzanne McCully, Susan Smith, Judy Crane, Donna Rod, Melinda Homer, Angie Wiggins, Malcolm Johnson, Jon Lewis, Mary Love.

Student Choreographers: Pat Freeman, Barb Hart, Ronda Willsher, Linda Liming, Jyoti Bal.

Student Director: Sarah Mason.

Crewheads: Neal Stephenson, Katie Goodland, Sarah Mason, Jami Simon, Brian Pesek, Lisa Paulsen, Beth Epstein, Scott Stewart, Julie Tipton, Marty Finnemore, Dave Welch.

#### "DOCTOR FAUSTUS"

Paul Volker, Brian Jenkins, Craig Perin, Lisa Paulsen, Nancy Weiss, Kent Varnum, Steven Buchle, John Couture, Andy McRoberts, Dave Hollenbach, Russ Pounds, Neal Stephenson, Dave Welch, Kate Shakeshaft, Carolyne LaGrange, Martha Stewart, Katie Goodland, Beth Epstein, Ron Rosmiller, Sarah Mason, Scott Stewart, Mark Hempe, Scott Dunn, Kari Varnum, Barb Sibley, Barb Deppe, Kary Bahr, Sara Reece, Debbie Hollenbach, Wendy Swenson, Mark Hempe, Jami Simon, Carol Bohnenkamp.

Student Director: Nancy Weiss.

Crewheads: Lisa Paulsen, Katie Goodland, Steven Buchle, Kate Shakeshaft, Sara Reece, Jami Simon, Scott Stewart, Carol Yager, Mary Schroder, Karen Rod, Paul Volker.

#### THE AHS SENIOR-DIRECTED ONE ACTS

"I MARRIED IRENE BECAUSE SHE HAS EYES LIKE ABRAHAM LINCOLN"

Missy Gregory, Owen Herrnsstadt, Lisa Paulsen, Andy McRoberts, Rob Bohnenkamp, Cindy Oppedal, Gretchen Potter, Barb Sibley, Carolyne LaGrange, Deidre Hempe, Kathy Bodine, Lori Mulhall, Mark Hempe, Wendy Swenson, Jeanne Cunningham, Ron Rosmiller, Jami Simon, Directors.

#### "BALLOON SHOT"

Kelly Farrar, Paul Maakestad, Murray Sweitzer, Russ Pounds, Ted Rood, Jim Freiderich, Martha Stewart, Sarah Mason, Directors.

#### "THE RED KEY"

Deb Hollenbach, Dave Hollenbach, Sue Ricketts, Kary Bahr, John Couture, Directors.

#### "PASSION, POISON, AND PETRIFICATION"

Sara Reece, Cindy Jackson, Dave Hadwiger, Paul Hempe, Nancy Weiss, Kent Varnum, Aaron Ledet, Kate Shakeshaft, Director. Nancy Weiss, Barb Sibley, Katie Goodland, Neal Stephenson, Paul Volker, Scott Stewart, Brian Pesek, Mary Schroeder, Deb Hollenbach, Beth Epstein, Martha Finnemore, Crewheads.

#### "THE SKIN OF OUR TEETH"

Russ Pounds, Katie Goodland, Kent

Varnum, Kate Shakeshaft, Nancy Weiss, Kari Varnum, Rob Bohnenkamp, Kary Bahr, Scott Stewart, John Couture, Dave Wedin, Andy McRoberts, Paul Maakestad, Steven Buchle, Lisa Paulsen, Cindy Jackson, Carol Bohnenkamp, Mark Hempe, Dave Hansen, Martha Stewart, Dave Welch, Brian Pesek, Jon Lewis, Aaron Ledet, Paul Volker, Shelley Alert, Amy Zupan, Lisa Davis, Amy Cook, Carol Anderson, Barb Sibley, Sarah Mason, Emily Chen, Emily Johnson, Debbie Hollenbach, Cindi Jorstad, Jami Simon, Debbie Hollenbach, Student Director. Sarah Mason, Brian Jenkins, Kary Bahr, Lisa Paulsen, Sara Reece, Dave Welch, Scott Stewart, Cindy Jackson, Crewheads.



# SENIOR CREDITS

MARY MICHELLE ABBOTT — HR FAST; DECA 12; moved from Boone, Iowa.

RIMMA ABIAN — HR 305; Modern Dance Club 10; Cheersquad 10,11,12; Pep Club 10,11; Girls' Service Committee 10,11; Student Council 10,11,12, committee chairman, 11,12; Student-Faculty Coalition 12; Junior Exec 11; Web 12; Gymnastics 10,11,12

JONATHAN PAUL ABRAHAM — HR 317; Bike Club 10,11; Student Council 10,11; International Club 10,11,12; Project ECO 10; Scratch Pad 11; Intramurals 10,11,12; Nat'l. Merit Finalist.

KELLY DANISE ALFORD — HR 103; Pep Club 10,11,12; Student Council 10,11,12; Junior Exec 11; Web 12; DECA 12; AHS Volunteers 12; Batgirls 10,11,12; Basketball 10.

DANNY M. ALLEN — HR 304; DECA 12; Intramurals 10.

KAREN LYNN ALLEN — HR 108; Pep Club 12; Senior Senate 12; International Club 11,12; Track 11,12, manager 12; Intramurals 12; Concert Band 11,12; Marching Band 11,12; "Of Thee I Sing" crew 12; Christmas Formal Committee 12; moved from Newport News, Va.

ROBERT F. ALLEN -HR 120; T&I 12; VICA 12;

PAULA RAE ALLISON — HR 114B; Cadet Teaching 12.

ERIC REED ANDERSON — HR 103; Modern Dance Club 12; transferred from Phillips Exeter Academy, New Hampshire.

KAY ANN ANDERSON — HR ARTA; Student Tutor 10,11; AHS Volunteers 11,12, committee member 12; Intramurals 10; "Story Theatre" crew 11.

MARLA LEE ANDERSON — HR 102; Student Council 12; AHS Volunteers 12; Swimming 10,11,12; Timerettes 10,11,12; Concert Band 11,12; Varsity Band 10; Marching Band 10,11,12; Orchestra 12; A Cappella Choir 11,12; Sophomore Mixed Chorus 10; Madrigal 12.

MICHAEL STEPHEN ANDERSON — HR 114B; Student Council 11, Rules Committee 11; Senior Senate 12; Teen-Age Republicans 11,12; International Club 11; Parking Lot Committee 12.

MICHAEL THOMAS ANDERSON — HR B11; moved from Johnston, Iowa; Wrestling 10; Track 10,11; Cross-Country 11; Science Club.

JAY RANDALL APEL — HR FAST; Bike Club 11; Concert Band 12; Varsity Band 10,11; Pep Band 11,12; Marching Band 10,11,12; "One Flew Over the Cuckoo's Nest"

crew 10.

ROBERT ARNETTE — HR 127.

TRACY WADE ARNOLD — HR 112; Senior Senate 12; Web 12; DECA 12, vice-president 12; Indoor Track 10,11,12; Track 10,11,12; Intramurals 10,11,12.

STEVE ATKINS — HR 301; Football 10,11,12; Golf 11,12; Intramurals 10,11,12; Concert Band 10,11,12; Marching Band 10,11,12; Stage Band 11,12; Nat'l Merit Letter of Commendation.

TOM G. AUGUSTYN — HR 114B; Football 11,12; Wrestling 11,12; moved from Emporia, Kansas; Baseball 10; Football 10; Basketball 10; Track 10;

TIMOTHY LLOYD BABOCK — HR PORT; Student Council 12; T&I 12; VICA 12; Concert Band 11; Varsity Band 10; Marching Band 10,11,12.

MARLY BAENA.\*

KARY GAY BAHR — HR 114A; Thespians 10,11,12, vice-president 12; Junior Exec 11; A Cappella Choir 11,12; Sophomore Mixed Chorus 10; "Guys and Dolls," "One Flew Over the Cuckoo's Nest," "A Thurber Carnival," "Story Theatre," "Look Homeward, Angel," "Of Thee I Sing," "Doctor Faustus," "The Skin of Our Teeth," "One-Acts, casts and crews 10,11,12; Summer Theatre 10.

DONNA BAILEY.\*

KIM RUTH BAILEY — HR 206; Drill Team 10; Pep Club 10,12; Girls' Service Committee 11; Student Council 10; Senior Senate 12; International Club 10,11,12, vice-president 11; Basketball 10,11,12, co-captain 12; Tennis 10,11; Intramurals 11,12; Orchestra 10,11; Christmas Formal Committee 12.

LYNN M. BAKER — HR B11; Bike Club 11; Girls' Service Committee 11; Project ECO 11,12; Office Ed. 12; Student Tutor 10,11,12; AHS Volunteers 10,11,12; Track 10,11; Sophomore Mixed Chorus 10; Play crews 10,11.

JYOTI K. BAL — HR 105; Modern Dance Club 11,12; Drill Team 10,11.

RON D. BALL — HR 120.

CHRISTINA E. BARNES — HR BAND.\*

LINDA MARGARET BARNETT — HR 303; Modern Dance Club 10,11,12; Cheersquad 12; Gold 10,11,12, co-captain 12; Swimming 11,12, co-captain 12; Timerettes 10,11.

RENEE BARNHOUSE — HR 108.\*

MIKE BARRETT — HR 202; T&I 12; VICA 12; Football 10,11,12; Intramurals 12.

MARY ANN BAUMEL — HR 202; DECA 12.

SARA ELIZABETH BEALL — HR 317; International Club 10,11,12; SPIRIT 12; AHS Volunteers 11; Swimming 10; Timerettes 10; Intra-

murals 10,11,12; Sophomore Mixed Chorus 10.

SAMUEL E. BEATTIE — HR 103; Bike Club 10; International Club 10,11; Football 10,11,12; Intramurals 10,11.

EDWARD GERARD BEAUDRY — HR 208; Student Council 10,11,12, committee chairman 12; treasurer 12; Track 10; Basketball 10,12; Intramurals 11; Concert Band 10,11,12; Pep Band 11,12; Marching Band 10,11,12; Nat'l Merit Letter of Commendation.

KARLA JOY BELL — HR 304; Student Council 12; Concert Band 10,11,12; Varsity Band 10; Pep Band 11,12; Marching Band 10,11,12; Orchestra 11,12; A Cappella Choir 11,12; Sophomore Mixed Chorus 10.

LARRY M. BELL — HR. 318; Health Occ. 12.

ROSS M. BELL — HR ARTA.

DARLENE BELLE.\*

RAFAEL BELLO.\*

JON M. BENSON — HR 102; VICA 12.

ELIZABETH ANN BERGER — HR 114B; Girls' Service Committee 10,11; SPIRIT 11,12, business manager 12; Synchronized Swimming 10,11; A Cappella Choir 11,12; Sophomore Mixed Chorus 10; "Guys and Dolls" cast 10.

MIKE R. BESCH — HR 105.

CONNIE ANN BIRDSALL — HR FAST; Modern Dance Club 10,11,12; Cheersquad 10,11; Pep Club 10,11,12; Student Council 10,11,12, committee chairman 11; secretary 11; Student Review Board 11; Web 12; SPIRIT 11,12, co-editor 12; AHS Volunteers 12.

READ GEORGE BLINN — HR 127; "One Flew Over the Cuckoo's Nest," "A Thurber Carnival," "Story Theatre," casts and crews 10,11,12; Summer Theatre 10; Nat'l. Merit Letter of Commendation.

CANDY LEE BLOCK — HR 112; Cheersquad 10,11,12; Pep Club 10,12; Student Council 10,11,12, committee chairman 12; Rules Committee 10; Girls' State 11; SPIRIT 12; Cadet Teaching 12; AHS Volunteers 11; Gymnastics 10; Golf 10,11,12; Swimming 10; Basketball 11,12; Intramurals 10,11,12; A Cappella Choir 11,12; Sophomore Mixed Chorus 10; Madrigal 12; Homecoming Committee 11,12.

KATHY D. BODINE — HR 301; Modern Dance Club 10,11,12; Cheersquad 10,11,12; Pep Club 10,11,12; Student Council 10,11,12, committee chairman 12; Web 21; SPIRIT 12; DECA 12; AHS Volunteers; One-acts cast 12.

TANYA BOGIE.\*

ROBERT JOSEPH BOHNENKAMP — HR PORT; Student Council 12; Thespians 12; Project ECO 11,12; "Oedipus Tyrannus," "One-Acts, "The Skin of Our Teeth," casts and crews 11,12.

STEVE BORTS — HR 206; T&I 12; VICA 12; Football 10; Intramurals 11,12.

CYNTHIA BOWERS — HR B11.\*

JON BOYD — HR 104.\*

JONI BOYER.\*

FRANK PAUL BRADY — HR NCRM; Student Council 10; Web 12; DECA 12; AHS Volunteers 12; Baseball 10,11,12; Football 10,11,12; Basketball 10,11; Intramurals 12.

STEVE D. BRAYMEN — HR BAND.

KIM MARIE BRECKENRIDGE — HR 303; Web 12; DECA 12.

DVAID BRODSKY.\*

CAROLYN JANE BROWN — HR 301; Pep Club 10,11; International Club 10,11,12; A Cappella Choir 11.

DAN BROWN — HR 108.\*

DIANE BROWN — HR 315; Pep Club 10; AHS Volunteers 11.

STEPHEN C. BROWN — HR 305; T&I 12.

KEVIN BUCK — HR 317; Student Council 10,11, committee chairman 11; Junior Exec 11; Web 12; DECA 12, vice-president 12, state vice-president 12; Football 10,11,12; Indoor Track 10,11,12; Track 10,11,12.

SARA J. BUCK - HR 103; Modern Dance Club 10; Pep Club 10,11,12; DECA 12; Synchronized Swimming 11.

JAMES A. BUMP — HR 208; Junior Exec 11; Football 10,11,12; Indoor Track 10,11,12; Track 10,11,12.

ESTHER LEE BURCHINAL — HR 318; Modern Dance Club 10,11,12; Pep Club 10; Girls' Service Committee 10; Student Council 10,11,12, committee chairman 12; Senior Senate 12; International Club 11,12; DECA 12; AHS Volunteers; Synchronized Swimming 11; "Guys and Dolls" crew 10.

ANDREAS BURCKHARDT — HR PORT; International Club 12; Concert Band 12; Pep Band 12; Marching Band 12; Stage Band 12; Orchestra 12; exchange student from Kassel, Germany.

MATTHEW THOMAS BURGASON — HR ART A; Boys' State 11; Football 10; Track 11,12; Basketball 10,11,12.

MARIETJIE ELSIE BURGER — HR 102; Girls' Service Committee; Model U.N. 11,12; International Club 10,11,12; Swimming 11,12; Synchronized Swimming 10; Timerettes 10,11,12; Tennis 11,12.

ELAINE KAYE BURNET — HR 114B; Scratch Pad 11; Basketball 10; "Thurber Carnival" crew 10; Young Life 10,11,12.

ERIC ARTHUR BUTLER — HR FAST; Student Council 11,12; Rules Committee 11; Student-Faculty Coalition 11,12; Teen-Age Republicans 11,12; Environmental Action Club



11; SPIRIT 11,12; Nat'l Merit Letter of Commendation.

CRAIG T. CALHOUN — HR 301; Wrestling 10; Golf 10,11,12; Intramurals 11,12.

TOM C. CALLIES — HR 105; Project ECO 11,12; Concert 11,12; Pep Band 11,12; Marching Band 11,12; Stage Band 11,12; Orchestra 11,12; Hockey Club; moved from LaSalle-Peru, Illinois.

JEFF PAUL CARDELLA — HR PORT.

JULIE JEAN CAREY — HR 114A; Cheersquad 11,12; Pep Club 10,11,12, vice-president 10; Student Council 10,11,12; committee chairman, 12; Student-Faculty Coalition 10; Web 12; SPIRIT 12; DECA 12; Batgirls 10,11; Synchronized Swimming 10,11; Track 10,11; Basketball 10,11; Intramurals 10,11; Sophomore Mixed Chorus 10; Jr-Sr Pops 11; Bicentennial Committee.

TOM G. CARNEY — HR 206; T&I 12; DECA 12; Football 10,11,12; Intramurals 11,12.

TIM JOHN CARR — HR 105; T&I 12; Intramurals 10,11,12.

PHILIP CARROLL.\*

TODD CARTER.\*

PAT M. CASSANI — HR 318; moved from Cupertino, California; Drill Team 10,11; Pep Club 10; Girls' Service Committee 10,11; Student Council 10,11; Indoor Track 10,11; Track 10,11; Tennis 10,11; Exchange student.

ROBERT J. CHRISTENSEN — HR 128; Modern Dance Club 10,11,12; SPIRIT 11; DECA 12; "Guys and Dolls," "One Flew Over the Cuckoo's Nest," casts and crews 10.

DENISE YVONNE CHRISTENSEN — HR NCRM; Modern Dance Club 11,12; Student Council 11; DECA 12; Batgirls 10; Timerettes 10; Tennis 10; Sophomore Mixed Chorus 10;

JOEL E. CHRISTIANSON — HR BAND; T&I 12, president 12; VICA 12, president 12; Football 10,11; Indoor Track 10; Intramurals 10.

KENNETH JAMES CLARK — HR 108; Lab Assistant 11,12; Tennis 10; Concert Band 11,12; Varsity Band 10; Pep Band 11,12; Marching Band 10,11,12.

MICHAEL RAY CLATT — HR 315; T&I 12; VICA 12.

DAVE CLINEFELTER — HR 305.\*

STEVEN F. CLINEFELTER — HR 202; Bike Club 10; DECA 12; Intramurals 10,11,12.

M. MICHELLE COADY — HR 103; Pep Club 10, vice-president 10, president 10; Student Council 10,11,12, committee chairman 12; Cadet Teaching 12; Indoor Track 10,11,12; Track 10,11,12; Basketball 10,11,12; Cross-Country 10,11,12.

MICHELLE COCHRANE — HR 208; Basketball 10,11,12; Tennis 10; Intramurals 10,11,12.

PATRICIA SUZANNE COLLINS — HR 103; International Club 10; Scratch Pad 10,11; AHS Volunteers 11; "One Flew Over the Cuckoo's Nest," "Thurber Carnival," "Story Theatre," crews 10,11; Christmas Formal Committee.

WILFRED COLON — HR 127; DECA 12; AHS Volunteers 12; Indoor Track 10,11; Track 10,11; Intramurals 10,11,12; A Cappella Choir 10,11,12; Sophomore Mixed Chorus 10; Madrigal 11; All-State Choir 11.

AMY L. COOK — HR 318; Thespians 11,12; Girls' Service Committee 12; Student Council 12; Young Democrats 12; International Club 10,12; Student Tutor 12; Library Assistant 10,11; Varsity Band 10,11; Marching Band 10,11,12; "Guys and Dolls," "Thurber Carnival," "Oedipus Tyrannus," "Of Thee I Sing," "The Skin of our Teeth," One Acts, casts and crews 10,11,12; Nat'l Merit Letter of Commendation.

LORI ANN COON — HR ART A; Pep Club 10; Student Council 11; Senior Senate 12; DECA 12; Basketball 10,11; Intramurals 10, play crew 10.

CINDY ANN COOPER — HR 102; DECA 12.

STEVE DONALD CORNELIUS — HR 114B; Football 10; Wrestling 10.

JOHN CHARLES COUTURE — HR 114A; Thespians 10,11,12; AHS Volunteers 10,11,12; Intramurals 10,11; "One Flew Over the Cuckoo's Nest," "A Thurber Carnival," "Look Homeward, Angel," "Of Thee I Sing," "Doctor Faustus," "The Skin of Our Teeth," One-Acts, casts and crews 10,11,12; Summer Theatre 10,11.

RICHARD ALLEN CRANE — HR FAST; Chess Club 11,12; Orchestra 10,11,12.

DAVID JAMES CRAWFORD — HR 127; Student Council 10,11; Senior Senate 12; Web 12; Football 10,11,12; Indoor Track 10,12; Track 10,11,12; Basketball 10,11; Intramurals 12.

JOHN C. CRAWFORD — HR 112.\*

RICK CROM — HR PORT; Senior Senate 12; secretary 12; T&I 12.

CHRISTOPHER ANDREW CYSEWSKI — HR 206; Web 12; Track 10,11; Cross-Country 10,11.

DEBRA M. DAHLGREN — HR B11; Girls' Service Committee 10,11,12; Junior Exec 11; International Club 10,11; Sophomore Mixed Chorus; moved from Brookings, South Dakota.

MITCHELL SCOTT DELANEY — HR 120; Modern Dance Club 12; Indoor Track 10,11,12, co-captain 12; Track 10,11,12, co-captain 12; Cross-Country 10,11,12, tri-captain 12; Varsity Band 10; Pep Band 10; Marching Band 10.

LOIS TOMINE DEMING — HR

NCRM.

DENISE LORENE DENNIS — HR BAND; Senior Senate 12, treasurer 12; Cadet Teaching 12; Concert Band 11,12; Varsity Band 10; Marching Band 10,11,12; Student Athletic Treasurer.

JEANNINE MARIE DEWEES — HR 303; A Cappella Choir 12; Jr.-Sr. Pops 10,11; "Guys and Dolls" cast 10.

SAMUEL JEFF DOTY — HR 315; T&I 12; VICA 12.

NORMA JEAN DOWELL — HR 305; Lab Assistant 10,11,12; Track 10,11,12; Basketball 11,12, manager; Intramurals 10,11,12; Concert Band 11,12; Varsity Band 10; Pep Band 10,11,12; Marching Band 10,11,12; Stage Band 11,12; All-State Band 12; Orchestra 11,12; A Cappella Choir 11,12; Sophomore Mixed Chorus 10; "Guys and Dolls," "Of Thee I Sing," casts and crews 10,12.

JODY KAY DUNLAP — HR 202; Modern Dance Club 10,11,12; Cheersquad 11,12, captain 12; Student Council 11; DECA 12; Batgirls 10; Synchronized Swimming 10,11.

DAVID DUNN — HR 208; Project ECO; Wrestling 10,11.

BARBARA E. EBERT — HR 318; Modern Dance Club 10,11,12; Cheersquad 12; Student Council 10; Student-Faculty Coalition 10; Batgirls 10; Synchronized Swimming 10,11.

TAMMY SUE EDWARDS — HR ARTA; Student Tutor 11,12, committee member 12; Concert Band 11,12; Varsity Band 10; Pep Band 10,11,12; Sophomore Mixed Chorus 10; "Story Theatre" crew 11.

WESLEY EIDE — HR 102.

JOHN PATRICK ELBERT — HR 114 B; Junior Exec 11; Web 12.

DAVID W. ELLIOT — HR 127, T&I 12; VICA 12; Wrestling 11.

BARBARA ELLEN ELLIS — HR FAST; Pep Club 10; Health Occ. 12; AHS Volunteers; Track 10, manager 11,12.

MARK ROBERT ELLSON — HR 301; DECA 12; Football 12.

JACQUELYN ANN ELRICK — HR PORT; PEP Club 10,12; Girls' Service Committee 10; AHS Volunteers 10,12; Intramurals 10,11,12; Sophomore Mixed Chorus 10; "Guys and Dolls" crew 10.

KRISTIN MARIE ENGELSTAD — HR 114A; Pep Club 10; Student Council 12; International Club 10,11; Student Tutor 12; AHS Volunteers 12; Synchronized Swimming 11; Track 10; Intramurals 12; Sophomore Mixed Chorus 10; "Guys and Dolls" cast 10.

PHIL ENGEN — HR 206.\*

DAVID ENZAURO.\*

MARK ALAN ESHELMAN — HR B11; Boy's 6 State 11; Indoor Track 10,11; Swimming 10,11,12; Track

10,11,12.

KAREN SUE EVANS — Hr. 105; DECA 12.

LISA FAWCETT — HR 104.\*

DYANN FIELDS — HR 127.\*

VALERIE LYNN FIELDS — HR NCRM; Pep Club 10.

RANDAL SCOTT FITZGERALD — HR BAND; Swimming 10,11,12.

TODD J. FLEMMER — HR303; Baseball 10,11; Football 10.

CINDY FOURNIER — HR 108.\*

JANIS RUTH FRAHM — HR 315; Swimming 11,12; Synchronized Swimming 11,12; Timerettes 11,12; Concert Band 10,11,12; A Cappella Choir 11,12; Sophomore Mixed Chorus 10; "Guys and Dolls" cast 10.

STEPHANIE ANN FRANGOS — HR 317; Pep Club 10; Student Tutor 11; AHS Volunteers 11; Basketball 10.

MARK DAVID FREDERIKSEN — HR 103; Ham Radio Club; A Cappella Choir 10,11,12, president 12; Sophomore Mixed Chorus 10; Madrigal 10,11,12; All-State Choir 11.

PATRICIA ELLEN FREEMAN — HR 202; Modern Dance Club 10,11,12; Drill Team 10,11,12, co-captain 11,12; Pep Club 10,12, secretary-treasurer 12; Student Council 10,11,12; Student-Faculty Coalition 11; International Club 10,11,12; Web 12, editor 12; SPIRIT 12; Sophomore Mixed Chorus 10, secretary-treasurer 10; "Of Thee I Sing" cast 12.

BARBARA JEAN FRIEDERICK — HR 304; International Club 11; Office Ed. 12; Marching Band 11; Flag Corps 11; Sophomore Mixed Chorus 10; play casts and crews 10,11; Young Life.

STEVE DAN FRONING — HR 318; DECA 12; Basketball 10; Intramurals 11,12.

DOUG WAYNE FULLER — HR ARTA; Wrestling 10,11

GEORGE L. GARIFO, Jr. — Hr 102; DECA 12; Football 10,11,12; Indoor Track 10; Track 10; Basketball 10; Intramurals 11,12.

SANDY KAY GASS — HR FAST; Pep Club 10; "Guys and Dolls," "One Flew Over the Cuckoo's Nest," "Look Homeward, Angel," crews 10,11.

NANCY ANNE GEHM — HR 127; Modern Dance Club 11,12; Drill Team 10,11,12; Track 10; Basketball 10; "Of Thee I Sing" cast 12.

SHERYL ANN GEORGE — HR 102; Mascot 12; moved from Hull, Georgia.

KAREN ELIZABETH GERGER — HR 112; Thespians 12; International Club 10,11,12; Scratch Pad 12; A Cappella Choir 11,12; Sophomore Mixed Chorus 10; Madrigal 11,12; "Guys and Dolls," "One Flew Over the Cuckoo's Nest," "A Thurber Carnival," "Story Theatre," "Look



Homeward, Angel," "Oedipus Tyrannus," "Of Thee I Sing," "Doctor Faustus," One-Acts, casts and crews 10,11,12.

MELODEE ANN GIBBS — HR 301; Modern Dance Club 11; Pep Club 10; DECA 12, T&I 12.

PAUL GIBBS.\*

SCOTT MICHAEL GIBSON — HR PORT; Web 12; SPIRIT 12; Football 10,11,12; Track 10; Basketball 10,11,12.

JULIE ANN GILMAN — HR B11; Cheersquad 11,12; Pep Club 10,11,12; Girls' Service Committee 11; Student Council 10,11,12, secretary 12; Student-Faculty Coalition 11; International Club 10,11; Web 12; DECA 12; AHS Volunteers 12; Batgirls 11; Track 10,11; Basketball 10,11,12; Intramurals 10,11; Homecoming Committee 11,12; Christmas Formal Committee 12.

LAURY ELAINE GOLL — HR 105; Girls' Service Committee 12; Student Review Board 12; Junior Exec 11; Senior Senate 12; Track 10,11; Flag Corps 11,12; A Cappella Choir 11; Sophomore Mixed Chorus 10; "Guys and Dolls," "Of Thee I Sing," casts 10,12.

KATHARIN GOODLAND — HR 104; Thespians 11,12; Student Council 10,11,12, committee chairman 11,12, secretary 11; Rules Committee 10; Senior Senate 12; Scratch Pad 11; Swimming 10,11; Track 10; A Cappella Choir 11,12; Sophomore Mixed Chorus 10; Madrigal 10,12; "Look Homeward, Angel," "Oedipus Tyrannus," "Of Thee I Sing," "Doctor Faustus," "The Skin of Our Teeth," One-Acts, casts and crews 11,12; Summer Theatre 11.

STEVE GORDON — HR BAND.\*

CHUCK PHILIP GRATTO — HR 303; Indoor Track 10,11,12; Track 10,11,12; Cross-Country 10,11,12.

ANA C. GRAUPERA — HR 318; Scratch Pad 12; Lab Assistant 10,11,12; A Cappella Choir 11.

CHERYL L. GREEN — HR 108; DECA 12.

MELISSA GREGORY — HR SLCE.\*

JOHN H. GREVE — HR 315; International Club 10,11; Key Club 10.

SUE GREWELL — HR 205.\*

CURTIS R. GRIFFIN — HR 317; Varsity Band 10,11,12; Pep Band 10,11,12; Marching Band 10,11,12; Stage Band 12.

DAVE GRINDELAND — HR 103; Intramurals 11,12.

BEGONA GROSSO — HR 206; International Club 12; Tennis 12.

LYNN ELIZABETH GRUBER — HR 208; AHS Volunteers 11; A Cappella Choir 11,12; Sophomore Mixed Chorus 10.

JOHN GERALD HACKMAN — HR 304; Modern Dance Club 12; AHS Volunteers 10,11,12; Football

10,11,12; Indoor Track 10,11,12; Track 10,11,12; Intramurals 10,11,12; Concert Band 10,11; Marching Band 10,11; Stage Band 11; Orchestra Ensembles 11; Sophomore Mixed Chorus 10.

CASIMIR DAVID HADWIGER — HR 202.\*

SUE HALCOMB — HR 108.\*

CHUCK R. HARMISON — HR 318; Basketball 10,11,12.

BARBARA EILEEN HART — HR ARTA; Modern Dance Club 11,12; DECA 12; Synchronized Swimming 10; Timerettes 10; Intramurals 10; Sophomore Mixed Chorus 10.

MARK ALAN HARTMAN — HR 102; Golf 10,11.

TODD J. HAUSER - HR 114B; T&I 12; VICA 12; Wrestling 12.

MARGARET ANNE HAVILAND — HR FAST; Thespians 11; International Club 10; Orchestra 10,11,12; Chamber Orchestra 10,12; All-State Orchestra 12; "Guys and Dolls," "One Flew Over the Cuckoo's Nest," "A Thurber Carnival," "Story Theatre," "Look Homeward, Angel," casts and crews 10,11.

KIRK HEER -HR 127; International Club 10,11; Project ECO 11; Concert Band 10,11,12; Pep Band 10,11,12; Marching Band 10,11,12; Stag Band 10,11,12; Drum Major 11,12; All-State Band 12; Orchestra 10,11,12; Orchestra Ensembles 10,11,12; "Guys and Dolls," "Of Thee I Sing," casts 10,12; Nat'l Merit Letter of Commendation.

MARK A. HEMPE — HR 112; T&I 12; VICA 12; "One Flew Over the Cuckoo's Nest," "Doctor Faustus," "Look Homeward, Angel," "Of Thee I Sing," One-Acts, casts and crews 10,11,12; Summer Theatre 11.

JACK HENSLEY — HR 301; T&I 12.

OWEN EDWARD HEERNSTADT — HR PORT; Modern Dance Club 11,12; Student Council 10,11,12, committee chairman 11, co-president 12; Student Review Board 12; Student-Faculty Coalition 12; Boys' State 11; International Club 10; Web 12, managing editor 12; Indoor Track 10,11,12; Track 10,11,12; Cross-Country 10,11,12, tri-captain 12; Intramurals 10,11,12; One-Acts cast and crew 12; Mock Legislature; Bicentennial Committee.

LAURA LYNN HICKMAN — HR 114A; Pep Club 10,12; International Club 10; Web 11; SPIRIT 12, co-editor 12; AHS Volunteers 11; A Cappella Choir 11,12; Madrigal 11,12; "Guys and Dolls," "Of Thee I Sing," casts and crews 10,12; Nat'l Merit Letter of Commendation.

PEGGY ANNE HIGHLAND — HR 206; Cadet Teaching 12; Synchronized Swimming 10.

TOM MICHAEL HINDERS — HR 105; Student Council 10,11; T&I 12; Student Tutor 11; AHS Volunteers 11; Football 10,11.

GREG HOBBS — HR 104.\*

KAY ANN HOCKER — HR 120; Modern Dance Club 11,12; Drill Team 11,12; Pep Club 12; Student Council 11; Senior Senate 12; A Cappella Choir 11,12; "Of Thee I Sing," cast and crew 12.

MIKE ALLEN HOERNER — HR NCRM; DECA 12.

KENT E. HOFF — HR BAND; DECA 12; T&I 12.

LEANN HOLBROOK — HR 303; Model U.N. 10; Office Ed. 12; Track 10; Marching Band 11,12; Twirler 11,12; "One Flew Over the Cuckoo's Nest" cast 10.

DAVE PAUL HOLLENBACH — HR 108; Wrestling 10; Indoor Track 10,11,12; Track 10,11,12; Cross-Country 10,11; "Doctor Faustus," One-Acts, casts and crews 12.

DEBBIE ANNE HOLLENBACH — HR 315; Thespians 12; Student Council 10,11,12; committee chairman 12; AHS Volunteers 10; Swimming 10,11,12; Concert Band 10; Marching Band 10; A Cappella Choir 12; Orchestra 11,12; "Doctor Faustus," "The Skin of Our Teeth," One-Acts, casts and crews 12; Nat'l Merit Letter of Commendation.

SUSAN VEDA HOLT — HR 317; Thespians 11,12; Modern Dance Club 10,11,12; Student Council 12; Young Democrats 10,11,12; Model U.N. 12; International Club 10,11,12; A Cappella Choir 12; "Guys and Dolls," "Look Homeward Angel," "Story Theater," "Oedipus Tyrannus," "Of Thee I Sing," One-Acts casts and crews 10,11,12.

PATTI LYNN HOLTER — HR 103; International Club 11; Varsity Band 10,11; Marching Band 10,11,12; "Guys and Dolls," cast 10.

MARK J. HOMER — HR 208.\*

MELINDA ANNE HOMER — HR 304; Girls' Service Committee 11,12, co-chairman 12; Student Council 11; International Club 10; Scratch Pad 12; SPIRIT 12; Swimming 10; Orchestra 10,11,12; Chamber Orchestra 11,12; A Cappella Choir 11; Sophomore Mixed Chorus 10; Madrigal 10,11,12; Nat'l Merit Finalist; Pit Orchestra.

SCOTT HOPPER — HR AUD 6.\*

JULIE DIANE HOUGH — HR 318; Modern Dance Club 11; Pep Club 10; Girls' Service Committee 10,11; Junior Exec. 11; International Club 10,11,12; Health Occ. 12; Student Tutor 11; "Of Thee I Sing" cast 12.

PAUL BRUCE HUDSON — HR ART A; Health Occ. 12; Orchestra Ensembles 11,12; A Cappella Choir 11,12; Sophomore Mixed Chorus 10; Madrigal 10,11,12; Nat'l Merit Finalist.

STEVE VAUGHN HUSTON — HR 102; Student Council 10,11; T&I 12; Indoor Track 10; Swimming 10,11,12; Track 10; Cross-Country 10,11.

MICHAEL C. HUTCHISON — HR 114B; DECA 12; Baseball 11,12; Football 12; Wrestling 10; Tennis 10,11; Intramurals 12.

ROBERT SCOTT IMPECOVEN — HR 112; Wrestling 10,11,12; Cross-Country 10,11,12.

SUSAN R. INOUE — HR 301; Pep Club 10; Student Council 12; INTERNATIONAL CLUB 10,11; Office Ed. 12, secretary; Flag Corps 11; Sophomore Mixed Chorus 10.

JAMES JACKSON.\*

BRIAN GRAVES JENKINS — HR 114A; Thespians 12; Modern Dance Club 12; Student Council 10,11,12, committee chairman 11, co-president 12, treasurer 11, parliamentarian 10; Rules Committee 10; Boys' State 11, adjutant general 11; Young Democrats 11; Scratch Pad 11; Web 12; Indoor Track 10,11,12; Track 10,11,12, co-captain 12; Basketball 10; Cross-Country 11; Intramurals 11,12; Madrigal 12; "Look Homeward Angel," "Of Thee I Sing," "Doctor Faustus," casts and crews 11; Summer Theatre 11; Sex Discrimination Comm.; Nat'l Merit Letter of Commendation.

FORREST ALAN JENSON — HR 206; Debate 10,11; Model U.N. 10,11,12; Intramurals 10.

KAREN S. JOHANNIS — HR B11; AHS Volunteers 11; A Cappella Choir 11,12; Sophomore Mixed Chorus 10; Jr-Sr Pops 11; Madrigal 12.

MELINDA JOHNSON — HR 104.\*

MITCHELL ALAN JOHNSON — HR 120; Student Tutor 11; AHS Volunteers 11; Concert Band 11,12; Marching Band 11,12; Orchestra 12; A Cappella Choir 10,11,12; Sophomore Mixed Chorus 10; Madrigal 10,11,12; All-State Choir 10; Nat'l Merit Finalist.

PETER ERIC JOHNSON — HR 105; AHS Volunteers 11,12; Swimming 10,11,12 captain 12.

QUENT JOHNSON — HR NCRM; Project ECO 11; "Oedipus Tyrannus," "Doctor Faustus," crews 11,12.

JULIE M. JONES — HR 303; Pep Club 10; Girls' Service Committee 10,11; Junior Exec. 11; Senior Senate 12; International Club; Environmental Action Club 11; Project ECO 12; Nat'l Merit Letter of Commendation.

CHRIS JOHN KAUFFMAN — HR 102; Football 10,11,12; Indoor Track 10,11; Track 10,11; Intramurals 11,12.

LISA KELLY — HR 317.\*

KAREN R. KEVER — HR 103; Drill Team 11; Cheersquad 10; Synchronized Swimming 10; DECA.

CRAIG A. KINART — Hr 208; T&I 12; VICA 12; Baseball 11; Intramurals 11.

JEFF B. KLAUS — HR 304; Wrestling 10,11.

DAVID WILLIAM KLINE — HR 202; Concert Band 10,11,12; Marching Band 10,11,12; Orchestra 12; Orchestra Ensembles 10,11; All-State Orchestra 11,12; Madrigal 11,12.



ROBERT JOHN KLINGSEIS — HR ARTA; Junior Exec 11; Boys' State 11; DECA 12; Golf 10,11,12; Basketball 10,11,12.

BONNIE LYNN LLOYD KNOLL — HR 102.\*

LINDA ANN KNUTSON — HR 102; Pep Club 10,11,12; Student Council 11,12; Student Faculty Coalition 11,12; Junior Exec 11; Senior Senate 12; Intramurals 11,12; Web 12; editor 12; DECA 12; secretary-treasurer 12; "Guys and Dolls" 66 cast 10; Batgirl 10,11,12, co-captain 11,12.

RONALD KNUTSON — HR 114B.\*

JAMES A. KOLMER — HR 202; Concert Band 10,11,12; Pep Band 10,11,12; Marching Band 10,11,12; Stage Band 10,11,12; Iowa State Honor Band 12; Orchestra 11,12; Chamber Orchestra 11,12; "Guys and Dolls" pit orchestra 10.

ANN KATRINA KREAMER — HR 1127; Student-Faculty Coalition 10; Junior Exec 11; AHS Volunteers 10,11,12; Track 12; Intramurals 10,11.

MARTHA JEAN LAGOMARCINO — HR 301; Pep Club 10,12; Girls' Service Committee 11,12; Student Council 10,11,12; committee chairman 12; Student-Faculty Coalition 10,11, co-chairman 11; Junior Exec 11; Senior Senate 12; International Club 11; SPIRIT 11,12; Cadet Teaching 12; Swimming 10; Tennis 11,12; Concert Band 11; Varsity Band 10; Marching Band 10,11; A Cappella Choir 11,12; Madrigal 11,12; "Of Thee I Sing" cast and crew 12.

CAROLYNE LaGRANGE — HR 112; Student Council 12, co-president 12; Junior Exec 11; International Club 10; Swimming 10,11,12; Tennis 10,11,12; Concert Band 10; Marching Band 10; Stage Band 10; Orchestra 10,11,12; "Guys and Dolls," "A Thurber Carnival," "Look Homeward, Angel," "Oedipus Tyrannus," "Doctor Faustus," One-Acts, casts and crews 10,11,12; Nat'l Merit Letter of Commendation.

TERESA ANN LASSEGARD — HR 114A; Office Ed. 12; Sophomore Mixed Chorus 10; "Guys and Dolls" cast 10.

AARON PATRICK LEDET — HR 114A; Student Council 12; Student-Faculty Coalition 12; Senior Senate 12; ECA 12; One-Acts, casts and crews 12.

DEBRA J. LEHMKUHL — HR 127.\*

JANE MING-CHIN LIN — HR 305; Student Council 12; Rules Committee 12; International Club 12; Scratch Pad 12; Tennis 12; Moved from Springfield, Ill. 10, and Glendale, Calif. 11.

MARK ALAN LOCKRIDGE — HR B11; Wrestling 10.

DEBRA LOKEN.\*

JOHN R. LOSEKE — HR 105;

Audio-Visual 10; Tennis 12; Football 10, manager 10; Explorers — Vet Med 12.

BOB J. LOUIS — HR 120, Intramurals 10; Hockey 12.

MICHAEL J. LOUIS — HR 104.\*

MARY ANN LOVE — HR NCRM; AHS Volunteers 12; Orchestra 10,11; Chamber Orchestra 10,11; A Cappella Choir 11,12; Sophomore Mixed Chorus 10,12; Jr.-Sr. Pops 11,12; Madrigal 10,11.

KATHERINE LOWARY — HR BAND; International Club 10,11; Office Ed. 12; Student Tutor 11; AHS Volunteers 10,11,12; Track 10; Basketball 10; Intramurals 10,11,12; Varsity Band 10,11; Marching Band 10,11.

WENDY ANN LUNDQUIST — HR 303; Web 12; Cadet Teaching 12; Library Assistant 12; Flag Corps 11; "Guys and Dolls" cast 10.

PAUL MAAKESTAD — HR 108.\*

JAMES J. MADDEN — HR 315; Basketball 10.

ANGIE CHRISTINE MADSEN — HR 305; DECA 12; Drug Committee.

DIANA KAY MARCUM — HR 317; Junior Exec 11; Senior Senate 12; Web 12, managing editor 12; Batgirls 10; Golf 10; Basketball 10,11; Intramurals 12.

DON PAUL MARONY — HR 103; Indoor Track 10,11,12; Track 10,11,12.

CONSTANCE LYNN MARTIN — HR 112; Chess Club 11; Pep Club 10; Web 12; SPIRIT 11,12; DECA 12.

GERALD EUGENE MARTINSON — HR 208; Senior Senate 12; Baseball 10,11,12; Football 10,11,12; Basketball 10; Intramurals 11,12; Varsity Band 10 State Band 10.

TONI KAY MASON — HR ARTA; Summer Theatre 11.

MONICA THERESE MATT — HR 304; Pep Club 10; Web 12; Cadet Teaching 12; AHS Volunteers 12; Synchronized Swimming 10,11; Marching Band 11,12; Flag Corps 11,12.

RUTH JOLENE MAXON — HR PORT; Junior Exec 11; Tennis 11,12; moved from Ibadan, Nigeria 10.

BILLY MAYNARD McCALL — HR 202.\*

BRYAN LLOYD McCOY — HR 102; Modern Dance Club 11; International Club 10; Project ECO 11, A Cappella Choir 11; Sophomore Mixed Chorus 10; All-State Choir 10; "Guys and Dolls," "A Thurber Carnival," "One Flew Over the Cuckoo's Nest," "Of Thee I Sing," casts and crews 10,12.

DAN H. McCULLOUGH — HR 114B; Football 10,11,12; Wrestling 10,11; Intramurals 12.

NANCY SUE McCULLOUGH — HR FAST; Modern Dance Club 11; Pep Club 10,11; Junior Exec 11;

DECA 12, historian 12; AHS Volunteers 11; Basketball 10; moved from Los Alamos, New Mexico 10.

JOY LYNN McCULLY — HR 127; International Club 12; Student Tutor 12; Concert Band 11,12; Varsity Band 10; Marching Band 10,11,12; Orchestra 10,11,12; "Of Thee I Sing," "Doctor Faustus," One-Acts, crews 12; Pit Orchestra 12; Nat'l. Merit Letter of Commendation.

JAMES R. McGEE — HR 112; International Club 10; Nat'l. Merit Letter of Commendation.

BARBARA ANNE McVEIGH — HR PORT.

MARY ELIZABETH MEADOR — HR 114A; Pep Club 10; DECA 12, president 12; Student Tutor 12; AHS Volunteers 12; Track 10; Basketball 11.

MICHAEL RICHARD MENSING — HR 206; Project ECO 12; Football 10; Wrestling 10,11,12; Cross-Country 11.

DAVID LAURENT MECIER — HR B11; Senior Senate 12; Web 12; Intramurals 10,11,12.

DAVID MERRITT — HR 105.\*

KARL ERIK METHUM — HR FAST; T&I 12; VICA 12.

RICK A. MICHAL — HR 102.\*

MARY LEONE MICHEL — HR 104; Project ECO 10; Scratch Pad 11; Flag Corps 11,12; A Cappella Choir 12; Sophomore Mixed Chorus 10; "Guys and Dolls," "One Flew Over the Cuckoo's Nest," "Of Thee I Sing," cast and crews 10,12.

MERNA MIDDLE — HR 120.\*

BRIAN MILLER.\*

GREG MILLER.\*

JUDY MILLER — HR NCRM; Key Club 12.

TERESA ANN MILLER — HR BAND; Health OCC. 12; AHS Volunteers 12; A Cappella Choir 11,12; Sophomore Mixed Chorus 10; Jr.-Sr. Pops 10; Madrigal 10,11,12; "Of Thee I Sing" cast 12.

JOE W. MILLIKEN — HR 303; Cheersquad 11,12; T&I 12; Baseball 10,11,12; Indoor Track 10,11,12; Basketball 10.

STEVE DONALD MINNAUGH — HR 315; T&I 12; moved from Alta, Iowa 10.

MOHAMMOD REZA MINAEI — HR 108.

JAMES MISCHKE — HR 108; Teen-Age Republicans 11; Lab assistant 10,11,12.

DANIEL LORAN MOHR — HR 317; Intramurals 12, Concert Band 11,12; Varsity Band 10; Marching Band 10,11,12; Drum Ensemble 11; Nat'l. Merit Letter of Commendation.

MARY F. MONTAG — HR 103; Scratch Pad 12; AHS Volunteers 11;

A Cappella Choir 12; Sophomore Mixed Chorus 10; Jr.-Sr. Pops 11; Madrigal 12.

ANGELA ROSE FARRIS MOODY — HR 104; moved from Nebraska City, Nebr.; Modern Dance Club 11; Drill Team 10; A Cappella Choir 10, 11; One-Acts cast 10; Foreign Language Club 10,11; FHA 10,11; Candy Striper 10.

MARY L. MOORE — HR 208; International Club 10,11; DECA 12.

MICHAEL MOORE — HR AUD.\*

RANDALL SCOTT MOORE — HR 318; Bike Club 10,11; International Club 10,11,12; Nat'l. Merit Letter of Commendation.

PHILLIP DUNN MORELAND — HR ART A; Debate 10; Model U. N. 10; One-Acts, cast and crews 10,11.

BETTY JANE MORGAN — HR 202; Modern Dance Club 11,12; Pep Club 10,12; Junior Exec. 11; Senior Senate 12; Web 12; Spirit 12; Synchronized Swimming 10,11; Sophomore Mixed Chorus 10; "Of Thee I Sing," "Guys and Dolls," casts 10,12.

WALTER DUFF MORRIS — HR 114B; Chess Club 12; Intramurals 10,12.

SANDRA ANN MORRISON — HR FAST; Modern Dance Club 10,11,12; Drill Team 11,12; Senior Senate 12; Track 11; A Cappella Choir 11,12; Sophomore Mixed Chorus 10; Madrigal 10,11; "Guys and Dolls," "Of Thee I Sing," casts 10,12.

JOEL JAY MORTON — HR 127; Web 12; Baseball 10, 11; Basketball 10,11,12.

JOEL BRIAN MOUNT — HR 112; VICA 12.

CYNTHIA D. MULIC — HR B11.\*

EDWARD O. MUMBY — HR 114A; T&I 12; VICA 12; State Parliamentary 12; Key Club 10; Swimming 11; Nat'l. VICA Leadership Conference.

ANAND G. NARIBOLI — HR B11; Tennis 10,11,12.

ERIC KARL NELSON — HR 120; Thespians 11; Model U.N. 10; "Guys and Dolls," "One Flew Over the Cuckoo's Nest," "A Thurber Carnival," "Story Theatre," One-Acts cast and crews 10,11.

KIM NELSON — HR NCRM.\*

ROXANNE LEA NEWELL — HR 303; Pep Club 10,12; Girls' Service Committee 10; Sophomore Mixed Chorus; Jr.-Sr. Pops 12.

PER NILSSON — HR 127; International Club 12; Tennis 12; exchange student from Sweden.

RHONDA SUE NILSSON — HR 108; DECA 12; AHS Volunteers 11; Track 10.

JEFF C. NORDIN — HR 315; DECA 12.

WAYNE C. NORTON — HR 305; Track 10,11,12; Indoor Track



10,11,12; Cross-Country 10,11,12.

PATRICIA O'CONNOR — HR 317.\*

JUDY A. OLSON — HR 208; Drill Team 11,12; T&I 12.

LISA MARIE OLSON — HR 120; Lab Assistant 12; moved from Mick-  
leham, England 12.

PAUL ORNGARD — HR AUD 6.\*

WAYNE D. OSTERLOO — HR  
ART A; T&I 12;

JEFF ALLAN OWINGS — HR 202;  
DECA 12; Baseball 10,11,12; Foot-  
ball 10,11,12; Basketball 10; Intra-  
murals 11,12.

JOHN PHILLIP PACKER — HR  
202; T&I 12.

JOHN PANOS.\*

LISA K. PAULSEN.\*

GREG L. PAULSON — HR 301;  
DECA 12.

CATHERINE JANE PEARSON —  
HR PORT; Pep Club 10; Girls' Ser-  
vice Committee 10; International  
Club 10; Orchestra 11,12; A Cappella  
Choir 11,12; Sophomore Mixed Cho-  
rus 10; Madrigal 11,12.

LINDA PEARSTON.\*

DEBRA JEAN PELZ — HR 114A;  
Drill Team 10; DECA 12.

RICK PERRIN — HR B11; Web 11;  
Intramurals.

TOM ERIC PERRY — HR 105.

BRIAN J. PESEK — HR 104; Thes-  
pians 12; Young Democrats 10,11,12;  
Concert Band 12; Varsity Band 10,  
11; Pep Band 11,12; Marching Band  
10,11,12; State Band 12; "One Flew  
Over the Cuckoo's Nest," "Look  
Homeward, Angel," "A Thurber  
Carnival," "Story Theatre," "Of  
Thee I Sing," "Doctor Faustus,"  
"The Skin of Our Teeth," "Oedipus  
Tyrannus," One-Acts, cast and crews  
10,11,12.

MARK LEO PETERS — HR 120;  
Tennis 10; Nat'l. Merit Semi-Fina-  
lists.

KAREN MARIE PILLE — HR  
NCRM; Student Council 11; Health  
Occup. 12; Varsity Band 10,11,12;  
Pep Band 10,11,12; Sophomore  
Mixed Chorus 10; One-Acts crew 12.

DENNIS POFFENBERGER — HR  
301.\*

JENNIFER ANN POORMAN —  
HR 108; DECA 12.

FATOMEH PORHEIDAR.\*

RUSSELL POUNDS — HR 315;  
Student Council 12; chairman 12;  
Junior Exec. 11; secretary 11; Senior  
Senate 12; President 12; Web 12;  
Football 11; "Doctor Faustus," "The  
Skin of Our Teeth," One-Acts, casts  
and crews 12; Nat'l. Merit Semi-Fin-  
alist.

KATHY POWELSON — HR 305.\*

DANIEL T. PRESLEY — HR 317;  
Audio-Visual 11,12; Concert Band  
12; Varsity Band 10,11; Marching  
Band 10,11,12; Stage Band 12.

LISA J. PRESTEMON — HR 103;  
Girls' Service Committee 12; Stu-  
dent Review Board 12; Senior Senate  
12; Marching Band 10, 11, 12; Twirl-  
er 10,11,12.

PEGGY PRIM.\*

KEVIN LLOYD QUINN — HR 208;  
SPIRIT 12; Indoor Track 10,11,12;  
Track 10,11,12; Cross-Country  
10,11,12; A Cappella Choir 11,12;  
Sophomore Mixed Chorus 10; Mad-  
rigal 12.

ANNETTE KAY RAPER — HR  
304; Pep Club 10; Student Council  
11,12, committee chairman 12, secre-  
tary 12; Student-Faculty Coalition  
12, co-Chairman 12; Girls' State 11;  
Cadet Teaching 12; Lab Assistant  
11,12; A Cappella Choir 11,12, vice-  
president 12; Sophomore Mixed  
Chorus; Christmas Formal Commit-  
tee 12.

ALISON DELAINE RASCH — HR  
304; moved from Reston, Virginia 12;  
Nat'l. Honor Society 10,11; Nat'l.  
French Honor Society 10; Interna-  
tional Women's Year 1975 Club  
11, chairperson.

MARSHA JEAN READ — HR 318;  
Student Council 10; Scratch Pad 11;  
Concert Band 10,11,12; Pep Band  
11,12; Marching Band 10,11,12; A  
Cappella Choir 11; Sophomore  
Mixed Chorus 10; play casts and  
crews 10,11,12; SCIBA Honor Band  
12; Band Ensembles 10,11,12.

GARY L. REDMILES — HR  
ARTA; Student Council 10; DECA  
12; Baseball 10,11,12; Football 10;  
Intramurals 10,11,12.

ERIC JEFFREY REED — HR 317;  
Football 10.

JOHN F. REGER — HR 114B.

THOMAS G. REILLY — HR 127.\*

JANICE M. RHEAD — HR 202;  
DECA 12.

ELIZABETH RICHARDS — HR  
301; Pep Club 10; Boys' Swimming  
Manager 10,11,12; Swimming 11,12;  
Timerettes 10; Concert Band  
10,11,12; Marching Band 10,11,12;  
Orchestra 12; Nat'l. Merit Finalist.

LORI ANN RICHTSMEIER — HR  
PORT; Pep Club 10,12; Basketball  
10, 11,12; Intramurals 10,11,12; A  
Cappella Choir 12; Sophomore  
Mixed Chorus 10.

SUSAN KAY RICKETTS — HR  
114A; Pep Club 10; One-Acts Cast  
12.

DEANNA R. RIES — HR 212.\*

BRIAN DAVID RINEBARGER —  
HR B11.\*

DAVID McDANIEL ROBERTS —  
HR 105.

WILLIAM ROBERTSON — HR  
104.\*

BRETT DAVIS ROBINSON — HR  
120; T&I 12; VICA 12; Baseball 10;  
Football 10; "One Flew Over the  
Cuckoo's Nest," One-Acts, casts and  
crews 10, 11,12.

CHARLES ROBINSON — HR  
NCRM; Web 11,12; A Cappella  
Choir 11,12; Sophomore Mixed  
Chorus 10; Summer Chorus 11,12;  
Madrigal 12; "Guys and Dolls," "One  
Flew Over the Cuckoo's Nest," One-  
Acts, casts and crews 10,11.

MICHELLE RENEE ROBINSON  
— HR BAND; Modern Dance Club  
10,11,12; Pep Club 10; Track  
10,11,12; Concert Band 10,11,12;  
Marching Band 10,11,12; Twirler  
10,11,12; Orchestra Ensembles 10;  
"Guys and Dolls" crew 10.

DONNA M. ROD — HR 303; Pep  
Club 10; Girls' Service Committee  
10; International Club 12, secretary-  
treasurer 12; Intramurals 10, Orches-  
tra 0,11,12; Chamber Orchestra  
10,11,12; Orchestra Ensembles 11,12;  
All-State Orchestra 11,12; A Cap-  
pella Choir 11,12; Sophomore Mixed  
Chorus 10; Madrigal 11.

KENT ROHOVIT.\*

ELIZABETH JEAN ROMANS —  
HR 108.\*

TED WILLIAM ROD — HR 305;  
Football 10; Golf 11,12; Intramurals  
10,11,12; One-Acts casts 12; Nat'l.  
Merit Finalist.

RONALD A. ROSSMILLER — HR  
305.\*

AVID SCOTT ROWLEY — HR  
317; Scratch Pad 12; Web 12; DECA  
12; Tennis 10,11,12; Intramurals  
10,11,12.

BRIAN ERNEST RUNGE — HR  
103; SPIRIT 12.

RHONDA . RUSHING — HR 208;  
Jr.-Sr. Pops 12.

RITVA ANNELI SAHAVIRTA —  
HR 120; Exchange student from  
Helsinki Finland.

PEGGY EVA SAMUELSON — HR  
318; DECA 12; AHS Volunteers  
11,12; Synchronized Swimming 11; A  
Cappella Choir 11,12; Sophomore  
Mixed Chorus 10; Madrigal 11,12;  
"Doctor Faustus" crew 12.

RICH DEAN SANDVE — HR ART  
A; T&I 12; VICA 12 . Football  
10,11,12; Indoor Track 10,11,12;  
Track 10,11,12.

NEIL R. SAUKE — HR 114B; Foot-  
ball 12; Tennis 12; Intramurals 12.

DEBRA LYNN SCHIEL — HR  
FAST; Girls' Service Committee  
10,11; Synchronized Swimming  
10,11; Concert Band 10,11,12, vice-  
president 12; Pep Band 11,12;  
Marching Band 10,11,12.

MARK E. SCHMIDT — HR 301;  
Scratch Pad 12.

MARILYN RENAE SCHNOR-  
MEIER — HR PORT Pep Club  
10,12. Girls' Service Committee 12;  
DECA 12; Basketball 10, manager  
10; Intramurals 12; "Guys and Dolls"

crew 10.

PAUL ROBERT SCHULTZ — HR  
114 A; Baseball 10,11,12; Football  
10,11,12; Basketball 10; Intramurals  
10; AHS Volunteers.

DIANE R. SCHWIEDER — HR  
206; Young Democrats 10,11,12; In-  
ternational Club 10,11; Environmen-  
tal Action Club 10,11; Project ECO  
10; Cadet Teaching 11; Health Occ.  
12; Track 11; Intramurals 10,11,12.

HEINRICH GOTLEIB SECKER —  
HR B11; Project ECO 11; Scratch  
Pad 12; Wrestling 10,11; Football 10;  
Intramurals 12; Orchestra 10,11,12.

JULIE ROE SEDERBURG — HR  
105; International Club 10; Student  
Tutor 12; Concert Band 11; Varsity  
Band 10; Pep Band 10,11; Marching  
Band 10,11; Stage Band 10,11; "Guys  
and Dolls" crew 10; Nat'l. Merit Fin-  
alist.

ARNE SEIM — HR 104; Baseball  
10,11,12; Football 10,11,12; Basket-  
ball 10; Concert Band 10,11,12;  
Marching Band 10.

ERIC SERVER — HR 120; Intra-  
murals 12.

SANDY KAY SCHAFER — HR  
NCRM; Modern Dance Club  
10,11,12; Cheersquad 11; Pep Club  
10,11; Student Council 10; Student-  
Faculty Coalition 10; Junior Exec 11;  
Senior Senate 12; A Cappella Choir  
11,12; Sophomore Mixed Chorus 10.

KATHERINE HAMMOND SHA-  
KESHAFT — HR BAND; Thespi-  
ans 10,11,12, secretary 11,12; Inter-  
national Club 10,11,12; "Guys and  
Dolls," "One Flew Over the Cuckoo's  
Nest," "A Thurber Carnival," "Story  
Theatre," "Look Homeward, Angel,"  
"Oedipus Tyrannus," "Of Thee I  
Sing," "The Skin of Our Teeth,"  
"Doctor Faustus," One-Acts, casts  
and crews 10,11,12; Summer Theatre  
10,11; Foreign Exchange Student to  
France 11; Nat'l. Merit Letter of  
Commendation.

PAULA SHARP — HR 301.\*

PAT JOHN SHAUGHNESSY —  
HR 108; Wrestling 10,11.

SUSAN LEE SHERICK — HR 315;  
Pep Club 10,11; Office Ed. 12; Intra-  
murals 10,11.

TAMMY SHUBERT — HR 305.

DENISE SIKORSKI — HR 37;  
Modern Dance Club 11; Office Ed.  
12, president 12; Marching Band  
11,12; Flag Corps 11,12, Captain 12;  
Jr.-Sr. Pops 11; "Guys and Dolls,"  
"One Flew Over the Cuckoo's Nest,"  
casts and crew 10,11.

JAMI LEA SIMON — HR 103;  
Thespians 11,12, president 12; Stu-  
dent Council 12, secretary 12;  
Scratch Pad 12; Web 12; SPIRIT  
11,12; Lab Assistant 12; A Cappella  
Choir 12; "Guys and Dolls," "A  
Thurber Carnival," "Story Theatre,"  
"Of Thee I Sing," "Doctor Faustus,"  
"The Skin of Our Teeth," "Oedipus  
Tyrannus," One-Acts, casts and  
crews 10,11,12; Summer Theatre  
10,11.



DEANA SLATER — HR 304; Modern Dance Club 10,11,12; Cheersquad 10,11,12; Pep Club 10,11,12; Girls' Service Committee 10; Student Council 10; Junior Exec 11; Senior Senate 12; Project ECO 12; AHS Volunteers 12; Gymnastics 10, 11; Madrigal 10.

SCOTT R. SMAY — HR 318; Boys' State 11, Scratch Pad 12; Web 12; SPIRIT 11,12; Tennis 10,11,12; Intramurals 11,12; Nat'l. Merit Finalist.

GARY SMITH.\*

MIKE DUANE SMITH — HR BAND; moved from Boone County.

SCOTT FRANK SMITH — HR 114B; Web 12.

CRAIG SNIDER — HR FAST.\*

DIANNE L. SPEAR — HR 112; Varsity Band 10,11,12; Marching Band 10,11,12.

DEE M. SPURGEON — HR 202; Cheersquad 10,12; Pep Club 10,11,12; Student Council 11; DECA 12; Batgirls 10; Synchronized Swimming 10,11; Track 10,11; Intramurals 10; Sophomore Mixed Chorus 10.

THAD J. STEVENS — HR PORT; Student Council 10; DECA 12; Baseball 10; Intramurals 10,11,12; "One Flew Over the Cuckoo's Nest" crew 11.

MARTHA MURRAY STEWART — HR 114A; Thespians 12; International Club 10,11,12; Scratch Pad 10,11,12; Sophomore Mixed Chorus 10; Madrigal 10,11,12; "Of Thee I Sing," "The Skin of Our Teeth," "Doctor Faustus," "Look Homeward, Angel," "Oedipus Tyrannus," One-Acts, casts and crews 11,12; Summer Theatre 11; Nat'l. Letter of Commendation.

CLAYTON JAMES STOCKDALE — HR 206; Football 10,11,12; Indoor Track 10,11; Track 10,11; Intramurals 12.

DOUGLAS ROBERT STOECKER — HR B11; DECA 12; Sophomore Mixed Chorus 10.

STEVE MICHAEL STOECKER — HR 105; Wrestling 11,12; Intramurals 11,12.

DELAYNE JARMON STOKKE — HR 104; Web 12; Concert Band 11,12, president 12, Varsity Band 10; Pep Band 12; Marching Band 10,11,12; Orchestra 12.

MELISSA KAY STOLL — HR NCRM; Modern Dance Club 10,12; Pep Club 10,11,12; Girls' Service Committee 10,11,12; Student Council 10,12; Student Faculty Coalition 10; International Club 10,11,12; Scratch Pad 12; Web 12; Student Tutor 10,11,12; A Cappella Choir 12; "Guys and Dolls," "Of Thee I Sing," casts and crews 10,12.

ROY STOTTS — HR 105; Student Council 11,12.

AMY SUE STRICKLER — HR 303

JIM ROBERT STRIKE — HR 108;

DECA 12; Football 10,11,12, Quad-captain 12; Indoor Track 10; Intramurals 10,11,12.

JOHN B. STURTEVANT — HR 315; DECA 12.

KATHY ANNE STURTZ — HR 305; DECA 12; Student Tutor 11; AHS Volunteers 11; Intramurals 10; Varsity Band 10,11; Pep Band 10,11.

MURRAY SWEITZER — HR ART A; Pep Club 10,12; DECA 12; Intramurals 10,11,12; One-Acts casts and crews 12.

WENDY KATHARINE SWENSON — HR 102; Student Council 12, committee Chairman 12, Co-president 12; International Club 10; Concert Band 10,12; Marching Band 10,12; Stage Band 10,12; All-State Band 10; Sophomore Mixed Chorus 10, president 10; Madrigal 10,12; "Of Thee I Sing," "Doctor Faustus," "Guys and Dolls," One-Acts, casts and crews 10,12; spent junior year in London, England; Nat'l. Merit Letter of Commendation.

GREGORY A. SWIFT — HR 114B; Chess.

KAY E. STUVE — HR 317; Office Ed. 12.

DAN ROBERT SULLIVAN — HR 103; Wrestling 10,11,12; Football 10, 11,12.

DAN C. SVEC — HR 208; Student Council 10,11; Student Faculty Coalition 10; Intramurals 10,11,12.

ANNETTE MARIE SWAN — HR 304; Pep Club 10; Girls' Service Committee 10,11; Web 12; Cadet Teaching 12; A Cappella Choir 11; Sophomore Mixed Chorus 10; Jr.-Sr. Pops 11; Madrigal 10,11; "Guys and Dolls," "Of Thee I Sing," casts and crews 10,12.

DENNIS LEE SWEENEY — HR 318; Indoor Track 10,11,12; Track 10,11,12; Ham Radio Club 10; Varsity Band 10, Marching Band 10.

ROGER L. SYDNES — HR FAST.

REDA TANNOUS — HR 112; Track 10.

KEITH TAYLOR — HR 301; DECA 12; Intramurals 12.

COLIN TESDALL — HR 202.\*

BOB PAUL THOMPSON — HR 206; Project ECO 12; AHS Volunteers.

KIM L. THOMPSON — HR 114A; Pep Club 10, Indoor Track 12; Golf 10; Track 10,11,12; Basketball 10,11; CrossCountry 11,12; Intramurals 10,12.

STEPHEN M. THOMPSON — HR B11; Tennis 10,11,12.

NATALIE ANN THORSON — HR 105; Cheersquad 12; Pep Club 10; Student Council 11; Batgirls 11; Synchronized Swimming 10; Track 10,11,12; Basketball 10,11; Cross-Country 11,12.

JULIA TIPTON — HR 104; Thespians 11,12; "Guys and Dolls," "One Flew Over the Cuckoo's Nest," "A Thurbur Carnival," "Story Theatre," "Look Homeward, Angel," "Oedipus Tyrannus," "Doctor Faustus," One-Acts, casts and crews 10,11,12; Nat'l. Merit Finalist.

MERCEDES ELAINE TOLEDO — HR 120; moved from Areavo, Puerto Rico 12.

FRANK EUGENE TRCKA — HR NCRM; Chess Club 11; Indoor Track 12; Track 12; Intramurals 10,11,12;

TONY TREMBLY — HR BAND.\*

JODIE LYNN TRYON — HR 303; Pep Club 10,12; Student Council 11; Scratch Pad 11; Web 12; Track 10; Basketball 10,11; Intramurals 10,11,12; Concert 10,11,12, secretary 12; Marching Band 10,11,12; All-State Band 12; Orchestra 12; Orchestra Ensembles 10,11,12; Sophomore Mixed Chorus 10; "Guys and Dolls," crew 10.

SHAREE LYNN TSCHETTER — HR 108; Cheersquad 10,11,12; Pep Club 11,12; Student Council 10,11,12; AHS Volunteers 11; Synchronized Swimming 10; Intramurals 12; Sophomore Mixed Chorus 10.

MICHAEL J. VACLAV — HR 305; Chess Club 11,12, president 12; Student Council 11; Scratch Pad 12; Audio-Visual 10,11.

MIKE VALENTINE — HR 103.

CAROL VAN CLEAVE — HR 208.\*

YVETTE MARIE VANDER GAAST — HR 304; Drill Team 12; Concert Band 12; Varsity Band 10,11; Marching Band 10,11,12; "Guys and Dolls," crew 10.

BETH A. VAUGHN — HR 318; Modern Dance Club 11; Drill Team 10,11; Pep Club 10; Girls' Service Committee 10,11; Health Occ. 12; lab assistant 10.

JEAN VOSS — HR ART A.\*

NANCY RUTH WALKER — HR 114B.

DALE EDWARD WARREN — HR 127; T&I 2.

RENEE M. WATSON — HR 112.\*

DAVID A. WEDIN — HR 301; Student Council 12, treasurer 12; Model U.N. 11,12, co-head delegate 12; International Club 10,11; Baseball 10; Football 10; Track 10; Intramurals 11,12; Concert Band 11,12; Varsity Band 10; Pep Band 10,11,12; Marching Band 10, 11,12; Stage Band 12; "Skin of Our Teeth," cast and crew 12;

SUSAN LORA WEE — HR PORT.

JEFF JERALD WEIR — HR 202; Student Council 12; DECA 12; Football 10,11,12, quad-captain 12; Indoor Track 10,11; Track 10; Intramural 10,11,12.

DAVE WEISS — HR 212.\*

JEANNE L. WESTBROOK — HR

318; Concert Band 12; Pep Band 12; Marching Band 12; "Of Thee I Sing" cast 12; moved from Atlantic, Iowa 12; Y-Teens; GRA; Basketball; Softball; Drama; Thespians.

ROB R. WHITE — HR NCRM; Web 12; SPIRIT 12.

KAREN WILLHAM — HR BAND; Modern Dance Club 12; Cheersquad 10,11,12; Pep Club 10,11,12; Student Council 10,11,12; Junior Exec 11; Senior Senate 12; Web 12; SPIRIT 11,12; Health Occ. 12; Batgirls 10; Track 11.

RONDA ANN WILLSHER — HR 303 Modern Dance Club 10,11; Drill Team 10,11, Co-captain 11; Girls' Service Committee 10,11, co-president 11; Student Council 10; Junior Exec 11; Scratch Pad 10, 11; Marching Band 10,11,12; Twirler 10,11,12; "Of Thee I Sing" cast 10; Exchange student to Germany.

CATHERINE LEE WOOD — HR 315; Drill Team 12; International Club 10,11; Health Occ. 12; A Cappella Choir 11,12; Sophomore Mixed Chorus 10; Madrigal 10,11,12; "Guys and Dolls," "One Flew Over The Cuckoo's Nest," "The Skin of Our Teeth," One-Acts casts and crews 10,12.

DENISE CLESTA WOODWARD — HR 305; Pep Club 10,11; Timettes 10,11; Basketball 10,11; Intramurals 11;

ALLEN J. YUNCLAS — HR 317.

DALE LEE ZIMMERMAN — HR 103; Intramurals 10,11,12; Concert Band 11,12; Varsity Band 10; Pep Band 11,12; Marching Band 10,11,12; Stage Band 10,11,12; Nat'l. Merit Finalist.

LEESHA ZIMMERMAN — HR 305; Drill Team 11,12; Pep Club 10,12; Student Council 12; Senior Senate 12; International Club 10,11,12; A Cappella Choir 10; "Guys and Dolls" Cast 10.

KIMBERLY A. ZUPAN — HR 208.\*

\*Information not available.



# A Ames

Abbott, Michelle 28, 178  
 Abel, Darrill 202, 33  
 Abel, Gregory 166  
 Abian, Lisa 166  
 Abian, Rimma 7, 87, 113, 178, 184, 128  
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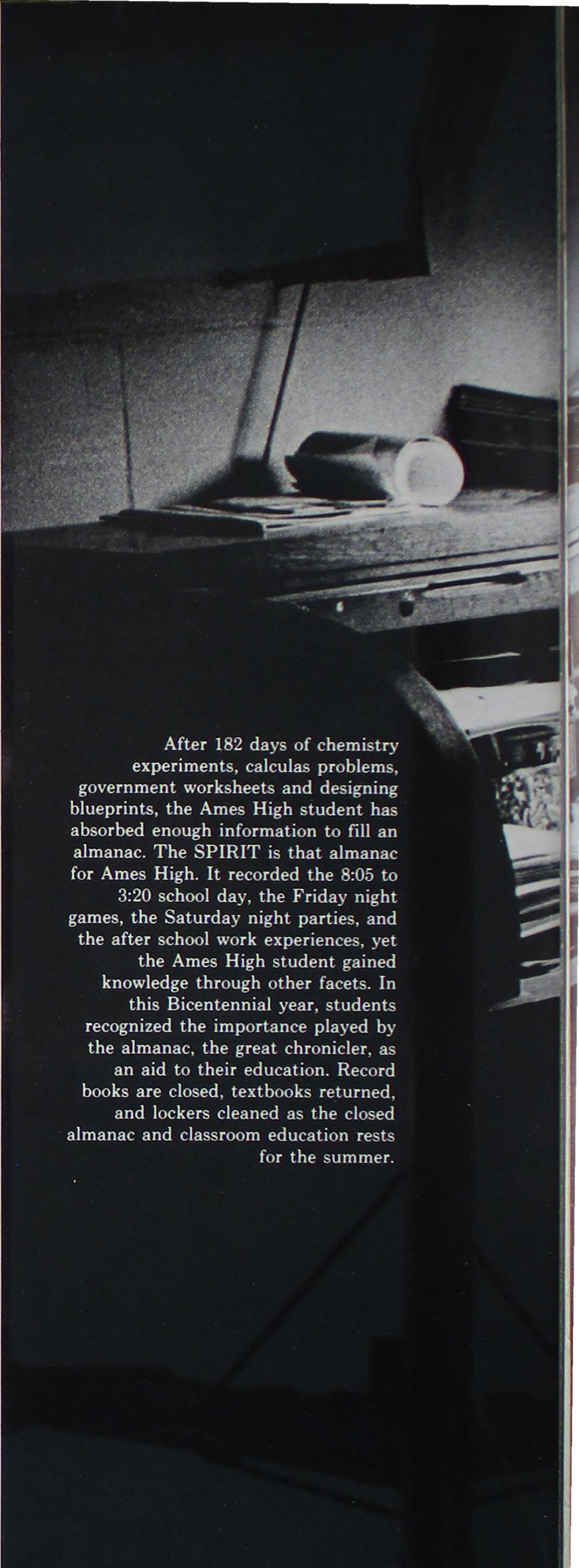
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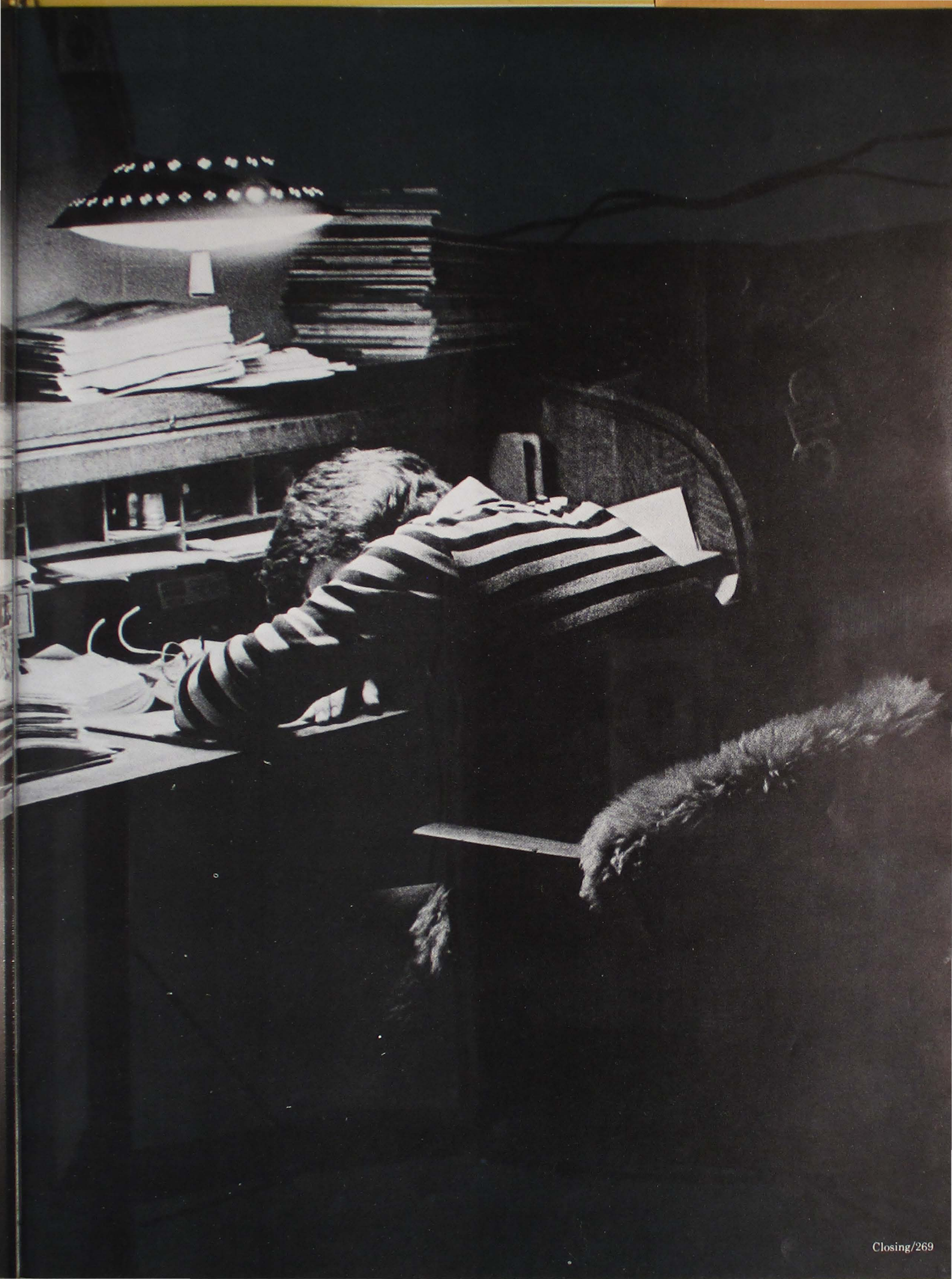


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**Spirit Almanac**  
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After 182 days of chemistry experiments, calculus problems, government worksheets and designing blueprints, the Ames High student has absorbed enough information to fill an almanac. The SPIRIT is that almanac for Ames High. It recorded the 8:05 to 3:20 school day, the Friday night games, the Saturday night parties, and the after school work experiences, yet the Ames High student gained knowledge through other facets. In this Bicentennial year, students recognized the importance played by the almanac, the great chronicler, as an aid to their education. Record books are closed, textbooks returned, and lockers cleaned as the closed almanac and classroom education rests for the summer.







A casual glance through the SPIRIT doorway would only suggest the atmosphere of a successful publication, but for those on the inside, SPIRIT is:

Painting the room ... pancakes and sausages ... once is not enough ... pica rulers ... frisbee baseball ... cow pies on Connie's farm ... rhubarb pie ... Lamoni ... Tri-brow ... hepatitis ... mailboxes ... buffet

... cattle call ... yellow ... clock decorations ... Wiggle ... vomit list ... personality interviews ... Eau Claire ... Connie's cottage ... turnpuke ... Where is Julie Carey? ... 'KC do' ... Laura's lectures ... Felix & Oscar's ... celebrities ... Pine Lake ... Eric's disease ... T-shirt days ... rat claws ... Donde esta el bano? ... cows spotting the hills ... Valentine throne ... progressive dinner ... Crash

Schweider ... Pizza Shack roof leak ... Jami in the ballot box ... Connie Martin's birthday cake ... "One Flew Over the Cuckoo's Nest" ... Jami's dirges ... rain at Nine Eagles ... tourney news ... Connie's sweater ... Eric's awards ... no copy sheets ... Tri-brows necklace ... our Junior Miss ... snipe hunt ... SPIRIT Sweetheart ... senior pics due ...

# Yellow



CLOCKWISE FROM BOTTOM LEFT: Kathy "BoBo" Bodine makes a splash at the spring campout. Betty "Boop" Morgan applies her steady hand to the headlines. Several staff members put finishing touches on their deadlines. A 10-"man" pyramid with two accessories at the fall campout. Connie Birdsall displays fall campout cans from her notorious collection.



KNEELING: Connie Birdsall, Connie Martin, Betty Morgan, Julie Carey, Jami Simon, Brooke Cholvin, Mark Karas, STANDING: Tom Rolnicki, Lisa Burger, Diane Weigel, Tom Rockwell, Martha Lagmarcino, Cindy Birdseye, Melissa Stoll, Scott

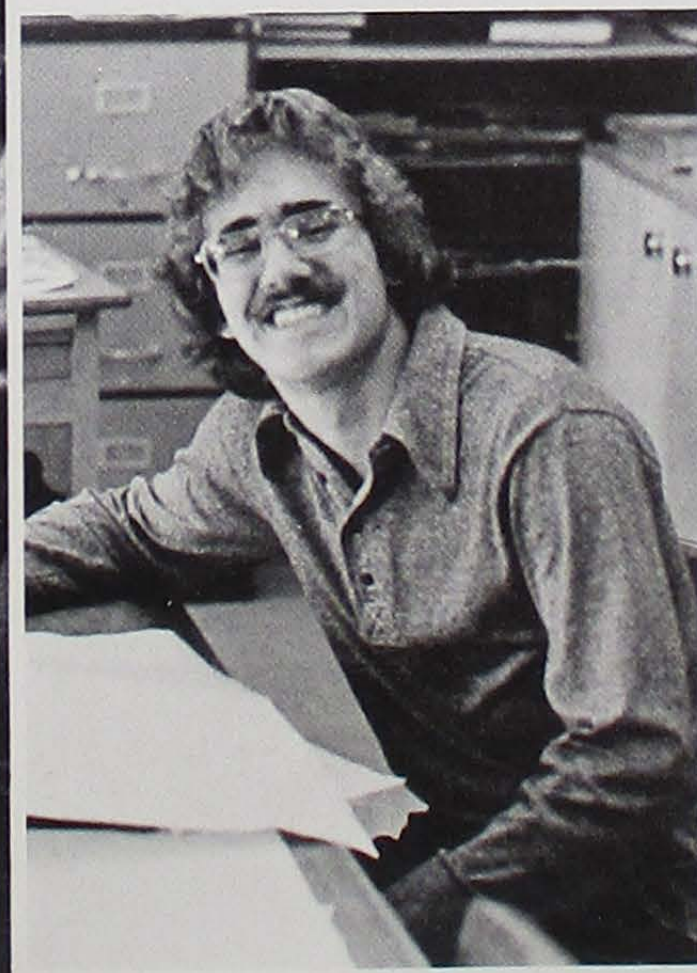
Gibson, Kathy Bodine, Brian Smith, Pat Freeman, Kevin Quinn, Sue Smith, Eric Butler, Dave Schweider, Libby Beall, Doug Robinson, Brian Runge, Rob White, Laura Hickman, Jon Randolph, Greg Anderson



That Place ... Julie's Caddy ...  
 Libby, Libby, Libby ... secret pals  
 and valentines ... gamma globulin  
 ... Eric, are you there? ... hot  
 chocolate ... rail pictures ... ad sales  
 ... work nights ... editor turns  
 actress ... 35 or 45 spaces ...  
 furniture in front of darkroom door  
 ... no snow for winter spread ...  
 Libby's green bean cake ... grin if  
 you've got one ... sack races ... Big  
 Bo ... Laura's blouse ... Jami's

lousy One-Acts... foosball showdown  
 between Connie and Laura ...  
 Topeka ... Craig ... Best Western  
 Motel ... "Lucky Lady"... Lisa  
 'Bugger' ... "Tell Laura I Love Her"  
 ... Manhattan ... canoe relays ...  
 cutline contests ... SPIRIT convoy  
 ... DECA secret sign ... Laura falls  
 in the pool ... "Get Down Tonight"  
 ... Medalist ... Ottumwa ... Rudy's  
 quips ... fireworks ... stapling party  
 ... spoons ... corrective fashion show

... almanacs ... deadlines ... where  
 is Tom Rockwell? ... Brian's movie  
 ... Egyptian Rat Killer ... All  
 American ... phlebitus ... Greg is a  
 lost cause ... editors moonlight as  
 hostesses ... Connie's farm ... all  
 deadlines met!



CLOCKWISE FROM TOP RIGHT: The Ratso (Jami Simon) whips up another dirge for a Tourney news fallen team. Melissa Stoll competes in the Iowa Junior Miss pageant. Laura Hickman pours another round of pancakes for the Celebrity Supper. Libby Libby Libby (Beall) and Lisa (Buger) laugh it up with the leftover sausage. Mark "Tri-brow" Karas shows off his Ultra Brite smile.





# 1976 SPIRIT Staff

Co-Editors — Connie Birdsall, Laura Hickman  
 Business Manager — Lisa Berger  
 Feature Editor — Pat Freeman  
 Student Life Editor — Melissa Stoll  
 Classes Editor — Eric Butler  
 Academics Editor — Connie Martin  
 Sports Editor — Scott Gibson  
 Ads Editor — Karen Willham  
 Design Editor — Betty Morgan  
 Bicentennial Editor — Julie Carey  
 Assistant Class Section Editor — Brooke Cholvin  
 Assistant Student Life Editor — Jamie Simon  
 Kevin Quinn, Martha Lagomarcino, Dave Schweider  
 Assistant Ads Editor — Sue Smith  
 Assistant Ads Editor and Photographer — Brian Runge  
 Assistant Sports Editor — Cindy Birdseye, Tom Rockwell  
 Assistant Academics Editor — Libby Beall  
 Index Editor — Candy Block  
 Photographers — Mark Karas, Greg Anderson, John Randolph, Kathy Bodine, Brian Smith, Doug Robinson, Scott Smay  
 Assistant Business Manager — Mark Karas  
 Advisor — Tom Rolnicki  
 Artist — Rob White

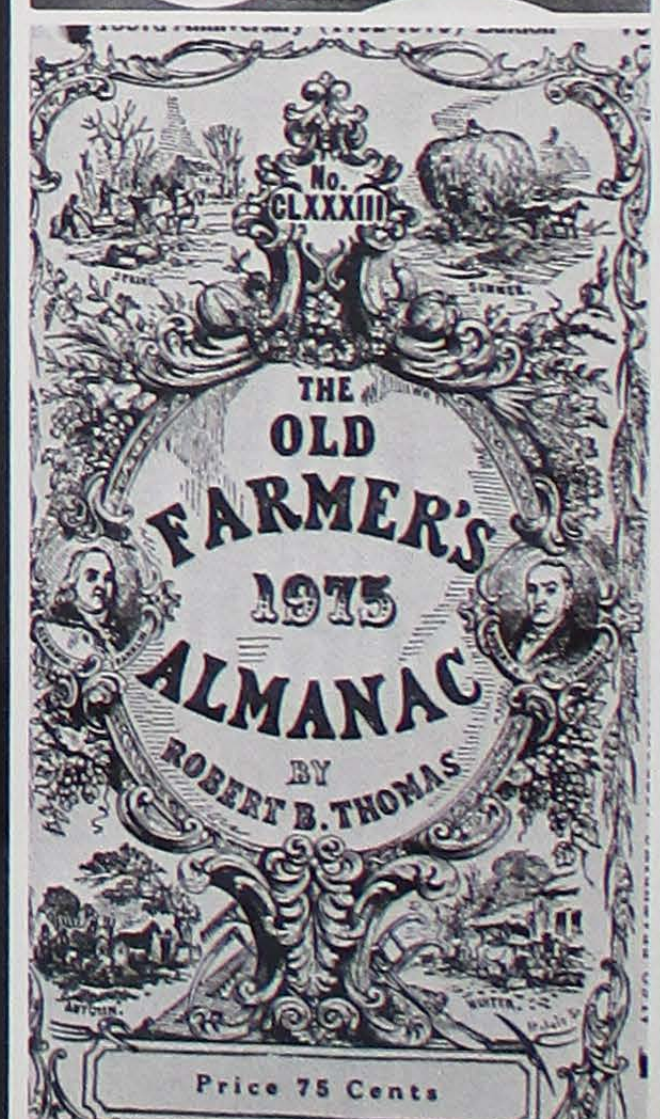
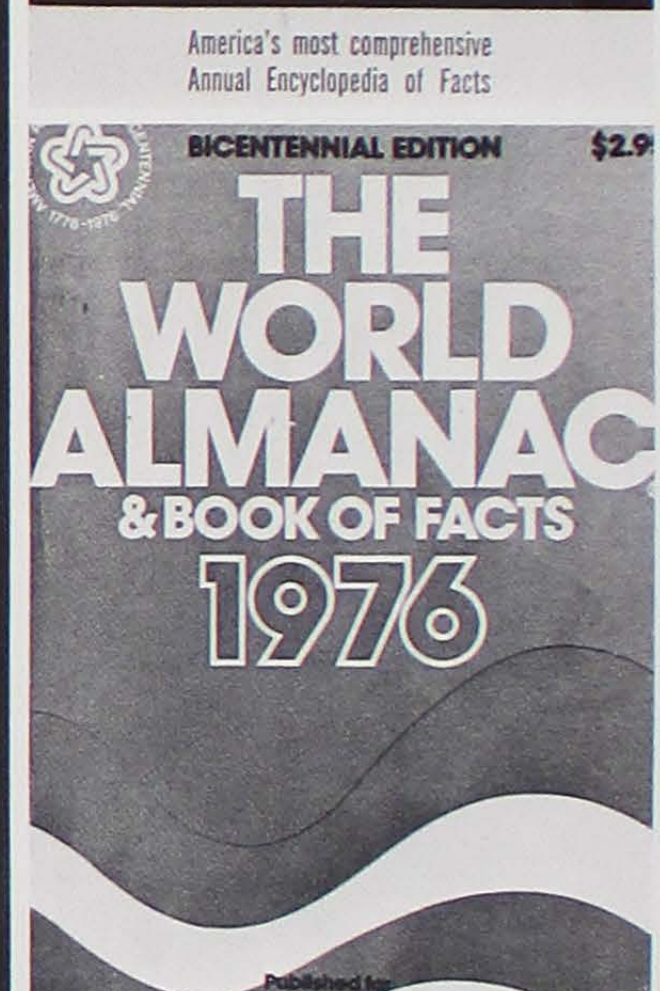
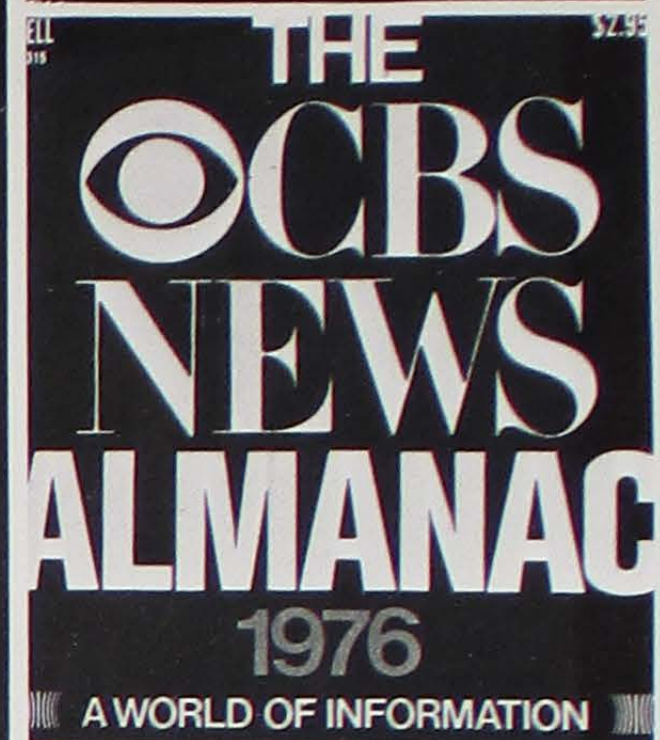
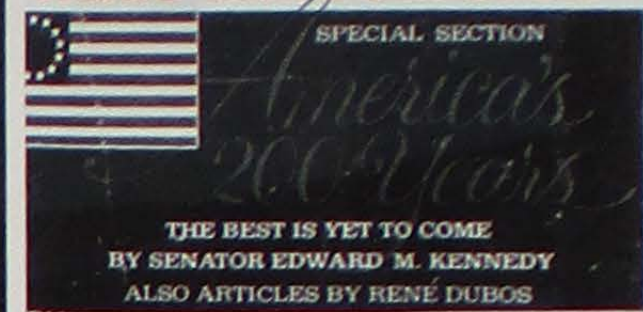
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## Acknowledgements

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## INFORMATION PLEASE ALMANAC Atlas and Yearbook





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# PIRIT SALUTES THE AL

## Maple Ice Cream Superbe

Wash and scald cover, container and dasher of 4 qt. ice cream freezer. Chill thoroughly before using.

Pour into a saucepan

1½ cups maple syrup

Bring to boiling and boil for 5 min. (until quantity is reduced to 1¼ cups.). Remove from heat and set aside to cool.

Blend together

1½ qts. cream, chilled

1 tablespoon vanilla extract

¼ teaspoon salt

Add the maple syrup and mix well. Pour mixture into freezer container and cover tightly. Place in freezer tub. (For electric freezer, follow manufacturer's directions.) Fill tub with alternate layers

8 parts crushed ice

1 part rock salt

Turn handle slowly 5 min. Then turn rapidly until handle becomes difficult to turn (about 15 min.). Add more ice and salt as necessary. Carefully withdraw cover and remove dasher. Pack down ice cream and cover with waxed paper. Replace cover and plug dasher opening with cork. Repack freezer with ice and salt, using

4 parts crushed ice

1 part rock salt

Wrap freezer in several thicknesses of heavy paper or cloth and let stand for 2 to 3 hrs. for ice cream to ripen.

Serve the ice cream with coarsely chopped Butternuts.

Makes about 3 qts. ice cream.

## George Washington's Rules to Live By

Speak not of doleful things in time of mirth, nor sit at the table; speak not of melancholy things, as death and wounds, and if others mention them, change the subject if you can, the discourse.

Tell not your dreams but to your intimate friends.

Gaze not on the marks or blemishes of others, and ask not how they came.

Labor to keep alive in your breast that little spark of celestial fire called conscience.

When out on a fishing trip with your rod and reel you're more likely to land a big one if 1) the barometer is rising or high 2) the moon is new or full 3) the moon is in the astrological sign of either Cancer, Pisces or Scorpio.

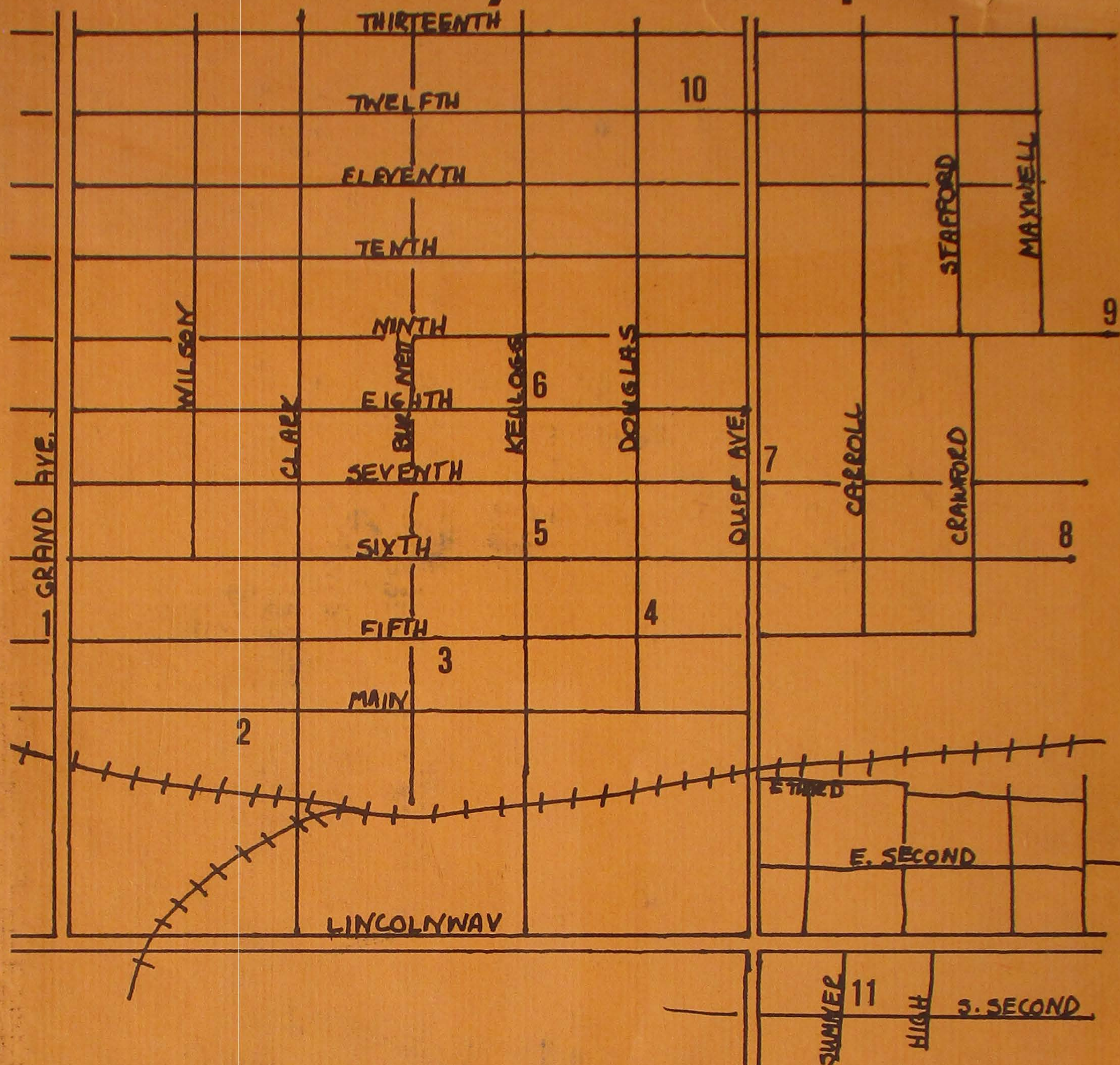
The best fishing usually occurs when the water temperature is between 55 F-74 F. (the closer to 65 the better) The direction of the wind can even affect your luck, with breezes from the south and west being most advantageous.

Following are the days in the remainder of the year that will be best for fishing: Aug. 30-31, Sept. 27, Oct. 5-6, 24-25, Nov. 1-3, Dec. 26-27.

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# Ames Center-City historical spots 1976



## Key

1. Hoggatt House — 507 Grand Avenue, erected 1873. L.Q. Hoggatt was involved in Ames affairs since 1864 serving, among other capacities, as sheriff. The first school was named after him.
2. Chicago and Northwestern Depot — Main Street, east of Grand Avenue. Erected in 1900, was unusual in being built on the inside of a curve. Service dwindled from a high service of 14 daily passenger runs to discontinuance in 1956. Now serves as a City Hall annex.
3. Armory Hall — 308 5th Street. Erected in 1905 to house Company O, 55th Regiment, Iowa National Guard. Fifth Street was originally called Story Street.
4. W.M. Greeley home — 502 Douglas Avenue. Erected 1882. Contained leaded glass windows, elaborate hand-curved woodwork and parqued floors. Now serves as Adams Funeral Home.
5. First Congregational Church, 6th and Kellogg Avenue. Cornerstone laid 1899, the oldest church building in Ames still housing a congregation.
6. 802 Kellogg Avenue — Present building was constructed on the stones which formed the foundation of the old North School (1875) that housed elementary and secondary students.
7. Munn home — 726 Duff Avenue. Erected 1874 by Hiram Lester Munn, this home has remained in the Munn family ever since. Munn Lumber Company began operations in 1891.
8. 320 and 324 East 6th Street — Two sections of the former St. John's Episcopal Church, erected 1899. The oldest existing church building in town, but no longer serving a congregation.
9. Greeley Mausoleum — Ames Municipal Cemetery, East 9th Street, on the south side. Contains the remains of W.M. Greeley, his wife, Mary, and her parents. The inside is completely lined with white marble and contains two white marble benches located under two stained glass windows.
10. Mary Greeley Hospital — 12th and Douglas Avenue. Built in 1915 in memory of his wife, Mary. Donated to the City of Ames in 1916.
11. "The Octagon" — 128 Sumner Avenue. Erected 1870 for Dr. Starr. The eight-sided construction is unique in Ames.



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